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TV&Satellite week

16-22 March 2019

NEW

BILLIONS
The wolves of Wall Street join forces

NEW

THE BAY
Is this crime drama the new **Broadchurch?**

NEW

PROVEN INNOCENT
Kelsey Grammer stars as a corrupt lawyer

NEW DRAMA

Ben Affleck
On his latest mission in the heist thriller Triple Frontier
NETFLIX

HotList This week's 28

Saturday 16

FA Cup quarter-finals

FOOTBALL *BT Sport 2 HD & BBC1 HD*

Watford take on Crystal Palace (BT Sport 2, kick-off 12.15pm), Swansea play Manchester City (BT Sport 2, kick-off 5.20pm), and Wolves host Manchester United (BBC1, kick-off 7.55pm).

Six Nations

RUGBY UNION *ITV HD & BBC1 HD*

On the final day of the championship, Italy host France (ITV, kick-off 12.30pm), Wales take on Ireland (BBC1, kick-off 2.45pm), and England play Scotland (ITV, kick-off 5pm).

Teddy Pendergrass: If You Don't Know Me

DOCUMENTARY *Sky Arts HD, 9pm*

A new documentary tells the tumultuous life story of the R&B and soul singer, best known for the hits *Don't Leave Me This Way* and *If You Don't Know Me by Now*.

The Jonathan Ross Show

CHAT SHOW *ITV HD, 9.30pm*

Jonathan is joined by guests Jack Whitehall, who is about to embark on his biggest ever UK tour, actor Ralph Fiennes, and *Countdown*'s Rachel Riley. Music is from US rapper Lizzo.

Full listings start on **p33**

Sunday 17

F1: Grand Prix

FORMULA ONE *Sky Sports F1 HD, race starts 5.10am*

Lewis Hamilton begins his pursuit of a sixth world title as this season's Formula One championship gets underway in Melbourne, Australia. *See sport, page 26*

All Star Musicals

ENTERTAINMENT *ITV HD, 6pm*

John Barrowman hosts as celebrities including Alan Titchmarsh and money expert Martin Lewis take to the stage to impress musical theatre experts and an audience in London's West End.

Skeletons of the Mary Rose: The New Evidence

DOCUMENTARY *C4 HD, 8pm*

The crew of Henry VIII's warship, sunk in 1545, was thought to be a perfect example of Tudor society. This documentary finds out if that was true.

Psychic

DRAMA *Sky Arts HD, 9pm*

Brendan Gleeson directs and stars as a larger-than-life psychic forced out of retirement by his two manipulative sons (played by the actor's real-life sons Domhnall and Brian) in this short film.

Full listings start on **p43**

Monday 18

Food Unwrapped

FACTUAL *C4 HD, 8.30pm*

As the new series begins, Jimmy Doherty finds out how Sri Lanka is coping with a looming coconut shortage, and Kate Quilton discovers if compostables could be the answer to plastic pollution.

Harry's Heroes: The Full English

ENTERTAINMENT *ITV HD, 9pm*

Former England footballers work to get back in shape and on the pitch with Harry Redknapp as manager. Concludes tomorrow. *See feature, page 11*

Proven Innocent

DRAMA *Universal HD, 9pm*

EDITOR'S CHOICE A Chicago lawyer (Rachelle Lefevre) takes on wrongful-conviction cases. Kelsey Grammer co-stars as a corrupt lawyer. *See feature, page 12*

The House of Extraordinary People

DOCUMENTARY *Channel 5 HD, 10pm*

Individuals with disabilities move into a house in Yorkshire to share what it's like to stand out from the crowd. Continues to Wednesday. *See feature, page 16*

Full listings start on **p53**

Tuesday 19

Amy Schumer: Growing

COMEDY *Netflix*

In this stand-up special, comedian and Hollywood actress Amy Schumer spills the beans on her engagement and marriage, personal growth and her mother's misguided advice.

Arrow

SUPERHERO DRAMA *Sky One HD, 8pm*

Kelsey Grammer narrates this special landmark episode, the show's 150th, which is presented as a behind-the-scenes documentary with a camera crew following Oliver Queen and Team Arrow.

The Internet's Dirtiest Secrets: The Cleaners

DOCUMENTARY *BBC4 HD, 9pm*

A new documentary looks at the world of the content moderators, who have the stressful task of trawling through violent and disturbing online material.

Shetland

CRIME DRAMA *BBC1 HD, 9pm*

LAST ONE! Olivia has almost given up hope of finding her daughter. Perez (Douglas Henshall) is trying to reassure her when terrible news reaches them in the explosive finale.

Full listings start on **p63**

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best shows on TV...

Wednesday 20

Churchill's Secret Son

***DOCUMENTARY** Yesterday, 8pm*

Newspaper tycoon, MP, wartime minister and peer of the realm Brendan Bracken was Winston Churchill's closest advisor for more than 30 years, but was he also Churchill's illegitimate son?

Married at First Sight

***REALITY** C4 HD, 9pm*

As the romantic reality series returns, the first couples to head down the aisle to get hitched are nurse Steph and property manager Jonathan, and office manager Verity and IT consultant Jack.

The Bay

***CRIME DRAMA** ITV HD, 9pm*

EDITOR'S CHOICE Morven Christie plays a detective who is drawn into the case of two 15-year-olds reported missing in Morecambe. *See feature, page 8*

Billions

***DRAMA** Sky Atlantic HD, 9pm*

EDITOR'S CHOICE Hedge-fund king 'Axe' Axelrod (Damian Lewis) and former US Attorney Chuck Rhoades (Paul Giamatti) join forces in season four. *See feature, page 6*

■ Full listings start on **p73**

Thursday 21

Blockbusters

***QUIZ SHOW** Comedy Central HD, 8pm*

In this comedy reboot, Dara Ó Briain hosts the quiz show made famous by the late Bob Holness. As in the original, students answer letter-based questions for a chance to go for the Gold Run.

The Rookie

***CRIME DRAMA** Sky Witness HD, 9pm*

Castle's Nathan Fillion stars as the owner of a construction company who, at 40, becomes an officer with the Los Angeles Police Department, making him its oldest rookie. *See feature, page 7*

Pose

***DRAMA** BBC2 HD, 9pm*

Ryan Murphy's groundbreaking series is set in New York in 1987 when those in the LGBT community found freedom to express themselves in an underground ballroom culture. *See feature, page 12*

Fraud: How They Steal Your Bank Account

***DOCUMENTARY** ITV HD, 9pm*

Cameras follow specialist police as they tackle criminals stealing credit cards and take on an international gang who have taken millions from ATMs.

■ Full listings start on **p83**

Friday 22

The OA

***SUPERNATURAL THRILLER** Netflix*

Brit Marling returns in this mind-bending thriller as OA, who has transported her consciousness into an alternative-universe version of herself, where she was never kidnapped. *See Watchlist, page 14*

The Dirt

***DRAMA** Netflix*

Douglas Booth and *Game of Thrones'* Iwan Rheon are among the cast in a drama telling the story of how American rock band Mötley Crüe became one of the most notorious groups in history.

England v Czech Republic

***FOOTBALL** ITV HD, kick-off 7.45pm*

Gareth Southgate's England side will be looking to make a perfect start as they kick off their Euro 2020 qualifying campaign with a match against the Czech Republic at Wembley Stadium.

Can I Improve My Memory?

***FACTUAL** C4 HD, 8pm*

Michael Buerk presents a memory challenge, which sees celebrities tested on unlikely topics, including Valerie Singleton on UK grime artists and Joey Essex on William the Conqueror.

■ Full listings start on **p93**

16 – 22 March 2019

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Ben Affleck plays an ex-Special Forces operative on a mission to steal a drug lord's fortune

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Paul Giamatti and Damian Lewis return in *Billions*, Morven Christie investigates in *The Bay*, Kelsey Grammer stars in new legal drama *Proven Innocent*, and Harry Redknapp coaches a team of former England stars in *Harry's Heroes: The Full English*

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NEW ACTION DRAMA

Triple Frontier

From Wednesday 13 March, Netflix

Ben Affleck leads a team of former Special Forces soldiers on an epic heist in South America...

Ben Affleck heads the cast of Netflix's new adrenaline-fuelled thriller about five former Special Forces operatives who reunite to carry out a highly dangerous heist in South America.

Their plan is to steal $75million from the heavily fortified home of a notorious drug lord, and bring him down in the process.

The band of brothers have not seen each other for several years and, as they struggle with life after the military, each has their own reason for wanting the money. But when things don't go according to plan, tensions inevitably rise and the bond of trust is tested.

TV&Satellite Week caught up with Affleck, 46, to find out more about the action drama…

What appealed to you about *Triple Frontier*? It's an interesting story because you don't know whether to root for these guys or not. They get tempted by this job where they have the potential to make a lot of money and they also feel like they're doing something good, but is it good?

And what is it that drives your character, Tom Davis? He's divorced from his wife and they have a teenage daughter. He has a lot of frustration at not being able to provide for his family in the way that he really wants to do.

How does *Triple Frontier* differ from other action movies? There are some really nice surprises in the plot. Usually the studios will say to you, 'Here are the rules for this kind of movie. Here's what we can do and here's what we can't do.' But our director, JC Chandor, decided to break those rules, which makes you feel as though anything can happen. As a result, the story in *Triple Frontier* feels much more immediate, urgent and alive.

Garrett Hedlund and Charlie Hunnam as brothers Ben and William

For you, what was the highlight of making the film? That came when I started to work with real-life former Special Forces operatives who we met up with to research our characters. It was incredible to talk to them and to hear their stories. We wanted to convincingly replicate how they looked and how they moved while working, so we spent a lot of time with them.

And what did you learn during that process? They talked to us about being these extremely skilled high achievers who were very accomplished in the military, but how they would have to make a transition into another way of life when they returned home. Often that would be into a life that didn't use any of the skills that they'd developed over the past 20 years, or however long they had been in service. I found it really moving that they almost had to start over again when that ended.

How would you describe the team's relationship to money? In this movie, the allure of millions of dollars represents those very real moments when we're tempted to do something that goes against our personal values. However, I do think this is something everybody struggles with. In fact, that's what makes this movie really interesting, because it's about people and the choices they make and how these choices go on to define them.

But *Triple Frontier* is also about greed. Do you think that is a natural human trait? Yes, I do. More than 2,600 years ago, Buddha said that he wanted people to rid themselves of greed, hatred and delusion, so those things have obviously been around for a while. We're biologically programmed to want things. It's all tied up with our survival instinct.

Ben Miller
Garrett Hedlund
William's younger brother became a mixed martial arts fighter after leaving the military and is a very strong asset to the team.

Tom Davis
Ben Affleck
The ex-Special Forces operative can't afford to send his teen daughter to college, which motivates him to lead the heist.

Francisco Morales
Pedro Pascal
The pilot is dealing with a drug problem, a new baby and the suspension of his aviator's licence.

MONEY

The old colleagues are reunited for the heist

Are you greedy for anything in your own life? I'm greedy for more time. For me, spending time with my kids is the most important thing in my life and it's definitely the thing I chase after the most. Beyond that, I'm probably most greedy for work, for opportunities in my profession, which is always going to be hard. As an actor, you're always chasing that – there's no seniority; there's no tenure. You're just as good as the next script that falls into your hands. Though that can be exciting, too!

After a testing few years, what are your hopes for the future? I'm optimistic. Nothing in life is easy, but I've found that hard work and commitment can make it better. You can actually affect the outcome of your life by what you put into it, so I'm going to do my best in 2019. I'm very lucky. I have three amazing kids and they have an amazing mum [Affleck's ex-wife, actress Jennifer Garner]. On top of that, I also get to work with people that I really admire. So I'm just focusing on moving forward.

WORDS: ADAM TANSWELL. PHOTOS: MELINDA SUE GORDON/NETFLIX

Wolves of Wall Street

Axe and Chuck forge an uneasy alliance to bring down their rivals in *Billions*...

NEW DRAMA
Billions
Wednesday, Sky Atlantic HD, 9pm

The ruthless world of hedge funds and high finance returns to our screens this week with the fourth season of US drama, *Billions*.

We left off with sworn enemies Chuck Rhoades (Paul Giamatti) and Bobby 'Axe' Axelrod (Damian Lewis) both in deep trouble.

While Chuck was fired from his job as US Attorney, arrogant hedge-fund manager Axe was furious at the decision of Taylor Mason (Asia Kate Dillon) to leave Axe Capital to set up a rival fund.

'Axe is increasingly paranoid,' says Lewis. 'For him, Taylor going is like one of his chicks leaving the coop. You bring them up, nurture them and then they fly away. Axe is infuriated someone could do that.'

UNLIKELY ALLIANCE

As Axe plots revenge against his ex-intern, he finds an unexpected ally when bitter adversary Chuck suggests they work together to achieve their aims.

'Chuck and Axe both want vengeance,' says Lewis. 'There is an unlikely alliance between them because they both need things.'

While Axe is out to destroy Taylor, Chuck wants to be State Attorney General, facing off with his own former protégé Bryan Connerty (Toby Leonard Moore), who was given Chuck's job.

'Chuck feels liberated by being fired, but wants to get back in the game, so he runs for state office,' says Giamatti. 'He is in danger of losing his political power and thinks it's a good idea to join up with Axe. But it's like two tigers in the zoo: they get along, but they could still go after each other.'

Asia Kate Dillon and Samantha Mathis as Taylor and Sara

Joining the show for the new 12-part season is Samantha Mathis as top executive Sara Hammon, who is brought on board by Taylor to help run the new company and protect it from Axe's hostility.

'As much as Taylor would like to be out of Axe's line of fire, it's not possible,' says Dillon. 'But Taylor is the type of person who functions best under pressure. The heat that's coming from Axe Capital is fuelling Taylor to work more efficiently.'

Since joining the show in season two as financial genius Taylor, Dillon has become well-known in the US for playing the first nonbinary character on American TV.

'Nonbinary is a term used by some people, myself included, who feel that their gender identity falls outside the traditional boxes of man or woman,' explains Dillon.

The 34-year-old is relishing the chance to play Taylor in *Billions*, despite the character's loathsome obsession with wealth and power.

'I grew up in a poor family and worked in restaurants for 17 years while trying to become a working actor,' says Dillon. 'Because I know what it's like to not have money, I turn down roles if I don't want to play them. I'd rather go pick up five days of work in a restaurant than do something I didn't like.'

WORDS: IAN MACEWAN, RICHARD MCCLURE. PHOTOS: ABC, JEFF NEUMANN/SHOWTIME, SKY

Paul Giamatti as Chuck Rhoades and Damian Lewis as Bobby Axelrod

'It's like two tigers in a zoo: they get along, but they could still go after each other'

PAUL GIAMATTI

FORCE for change

Nathan Fillion plays the LAPD's oldest rookie cop in Sky Witness' new drama...

With watch commander Sergeant Wade Grey

NEW CRIME DRAMA

The Rookie

Thursday, Sky Witness HD, 9pm

As wise-cracking author Richard Castle in the long-running US crime series *Castle*, Nathan Fillion was constantly sticking his nose into police investigations, to the annoyance of his partner in crime-solving, detective Kate Beckett.

In his latest TV incarnation, the 47-year-old actor gets to play detective for real as the oldest new recruit on the LA police force.

In *The Rookie*, Fillion plays 40-year-old divorcé John Nolan, who makes the life-changing decision to become a cop. After witnessing a bank robbery, he decides to close his construction company and move to California to start his life all over again.

FEELING NEEDED

'John is at a point in his life when he just wants to matter,' explains Fillion. 'Now he no longer needs to clothe and shelter a family, his job is superfluous. His experience during a bank robbery showed him that he absolutely needed the police to be there – if they weren't, he'd have died. And he's inspired to be relevant in that way.'

However, John's decision to do good is met by scepticism from some of his new colleagues, including watch commander Sergeant Wade Grey (played by Richard T Jones), who sees him as a walking mid-life crisis.

'For me, a mid-life crisis is about wanting to feel younger and buying a sports car,' laughs Fillion. 'But John knows the world is changing around him and that if you don't change with it, you get left behind. It's not a crisis, it's a chrysalis.'

AMAZING STORIES

The series was inspired by a real-life police officer, who Fillion met in order to get some advice. 'I wanted to find out how his perspective differed from that of his fellow rookies,' he says. 'You want some amazing stories? Talk to a cop.'

This week, John finds himself in at the deep end with a domestic-violence case and a deadly street shootout. So how did Fillion handle the physical part of playing a police officer?

'When *Mission: Impossible – Fallout* came out last year, there was a lot of press about how many of the stunts Tom Cruise did, which is really incredible,' he smiles. 'However, just kneeling down is a stunt for me.'

New boy John confronts violence on the streets

Nathan Fillion as John Nolan

Sean Meredith
Jonas Armstrong
Jess' fisherman husband is doing his best to look after his growing family, but he's keeping some secrets.

DC Ahmed 'Med' Kharim
Taheen Modak
The rookie on the force is keen to learn, but he's frustrated that Lisa seems intent on sidelining him with clerical work.

Jess Meredith
Chanel Cresswell
Expecting a fifth child with husband Sean, Jess is at her wits' end when the twins go missing after an outing to the youth club.

DI Anthony Manning
Daniel Ryan
Lisa's boss instructs her to take rookie Med with her as she works on the case of missing teenage twins.

DS Lisa Armstrong
Morven Christie
The family liaison officer juggles a demanding police job with looking after two teenage kids of her own.

Shifting sands

Morven Christie plays a conflicted family liaison officer in coastal crime drama *The Bay*

NEW CRIME DRAMA

The Bay

Wednesday, ITV HD, 9pm

'Leave your home life at home,' is the advice police officer DS Lisa Armstrong, played by Morven Christie, gives to a rookie early on in new ITV crime drama *The Bay*.

And as the story unfolds, it becomes clear that it's advice Lisa would do well to follow herself.

Set in the Lancashire coastal town of Morecambe, the backdrop to the series is the notoriously dangerous Morecambe Bay, where a group of Chinese cockle pickers lost their lives in 2004 when they were cut off by the incoming tide.

In the drama, the bay becomes the site of another, fictional tragedy when a pair of 15-year-old twins go missing. Christie's character is a family liaison officer (FLO) assigned to work with the traumatised parents, fisherman Sean Meredith (Jonas Armstrong) and pregnant mother Jess (Chanel Cresswell).

STUCK IN THE MIDDLE

But Lisa suddenly finds herself compromised by an unexpected personal connection. Her dilemma complicates the challenging work of a FLO, whose role is to support the distressed family and be a point of contact with the police, while also taking part in the ongoing investigation, in which the family may fall under suspicion.

'The FLO is essentially sitting in the middle, and could be seen as a cuckoo in the nest,' explains 37-year-old Christie, who played art restorer Amanda in *Grantchester* and the mother of an autistic boy in *The A Word*.

'Lisa is really good at her job, but she's also a human being who gets some things really right, and some really wrong. You see her personal life unravel alongside her professional life as the two collide.'

Since *The Bay* centres on a serious crime that rocks a coastal community, the drama has been dubbed 'the new *Broadchurch*'.

So does Christie agree? 'I haven't actually seen *Broadchurch*!' she laughs. 'I doubt they're similar, but people always want to find a similarity. When I first read the script, this felt really different because of where it is set and the characters, so that was refreshing.'

WORLDS APART

As with *Broadchurch*, the setting plays a key role in *The Bay*.

'You often have dramas set in generically northern towns, but this is specifically about Morecambe,' says Christie. 'It's beautiful, with this extraordinary coastline, and the landscape has a vastness to it. I grew up in the Highlands, and it's quite similar. The mood of the place changes when the clouds come in.'

The Bay also focuses heavily on the characters' domestic lives, including Lisa, who lives with her two teenage kids and her mother.

'So much of it is about families,' says Christie. 'There are these two women – Lisa and Jess – who, in lots of ways, have parallel lives. This puts you at the heart of how they are affected by what happens.'

Already in a tricky position thanks to her personal connection to the case, Lisa is not happy when her boss DI Manning (Daniel Ryan) saddles her with showing rookie Med (Taheen Modak) the ropes.

'On day one of this investigation, Lisa doesn't want to be dragging a newbie along with her,' Christie says. 'She's had a heavy night and has a hangover, and just wants to get on with the job. As the story unfolds, she becomes even less comfortable with Med's presence.'

While *The A Word* was set in the nearby Lake District, Christie says that the places are worlds apart. 'You can see the Lake District across the water, but that is full of wealthy middle-class walkers,' she says. 'When you move back from the sea, you start to see families that are struggling, and the story is set in the centre of that. But there is so much love in this story, and that's what's really important – the strength of family.'

Lisa is assigned to look after Jess and Sean Meredith

WORDS: IAN MACEWAN. ALISON SLADE. PHOTOS: BBC, ITV

STORY OF THE WEEK

Soap Diary

This week's soaps at a glance

Sally is trapped after the roof collapses

CORONATION STREET

Tragedy strikes as Carla's world caves in

» **There's carnage on** the cobbles when the Underworld roof collapses, leaving one unlucky resident brown bread and Carla's reputation in tatters.

The tragedy happens just when it seems Carla might get her happy ending. On hearing that Peter is leaving town, she lays her heart on the line to her ex. But Peter likens her to alcohol, explaining that, while he loves her, he knows that she's bad for him.

Carla is left devastated

As Carla's personal life implodes, so does her factory. The machinists hold a protest against her plan to outsource production, and Sally and Gina are up on the scaffolding when the roof caves in.

Sally is trapped under the debris, and others are stunned and injured. Tim, Abi and Tyrone try to help, but soon after the emergency services arrive, the last remaining section of the roof collapses.

Carla is horrified when she sees the damage – Gary had told her that the roof needing replacing, but she asked him to do a patch job. And she's beside herself when she discovers that someone has been killed. Is she to blame?

» **PLUS** Rana keeps Kate waiting on their wedding day, Natalie has a challenging proposition for Nick, and Sarah decides to spoil boyfriend Gary on his birthday.

whatsontv.co.uk/soaps

ALSO IN THE SOAPS THIS WEEK...

EMMERDALE

» Kim vows to destroy Cain (above), Rhona struggles with the menopause, Chas and Paddy announce their baby news, Tracy and Leyla fall out, and Charity tells Vanessa that Lisa is terminally ill.

EASTENDERS

» Ruby asks Phil to help her get revenge on rapists Ross and Matt (above), Bex gets the hots for Kush, Denise sets her heart on opening a salon, and Sharon and Mel argue over E20 repairs.

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Harry's new goal

Back row: Harry Redknapp, Lee Sharpe, Steve Howey, Mark Wright, David Seaman, Chris Waddle, Neil Ruddock, Mark Chamberlain, John Barnes. Front row: Paul Merson, Robbie Fowler, Matt Le Tissier, Rob Lee, Ray Parlour

Can **Harry Redknapp** get a team of retired football legends back into shape?

NEW ENTERTAINMENT

Harry's Heroes: The Full English

Monday & Tuesday, ITV HD, 9pm

Harry Redknapp enjoyed great success as a football manager and became 'king of the jungle' after winning last year's *I'm a Celebrity*, but he'll be facing one of his toughest ever challenges this week.

Redknapp, 72, will be returning to the touchline to coach a group of retired England internationals in a game against Germany. The two-parter follows his efforts as he tries to get the out-of-shape players back to match fitness.

'They'd let themselves go a bit,' says Redknapp. 'We had a match at the start against a team of 15-year-olds – I had to finish it early because I was so worried about them!'

For players such as David Seaman, Paul Merson, Neil 'Razor' Ruddock, Robbie Fowler and Chris Waddle, who were at their peak in the 1980s and 1990s, it was a shock to the system to adopt the training regimes and strict diets of modern footballers as they battled to shed the pounds. But Redknapp says he was more than happy to help get them in shape.

Matt Le Tissier in his heyday for England

Redknapp in his managerial days

'I had a bit of a heart scare a few years ago,' he explains. 'So I know how important it is for middle-aged people to stay fit and active. I have to admit I was a bit worried about Razor. I thought he was a heart attack waiting to happen!'

With former England legend John Barnes as his assistant, Redknapp even flew his squad out to a training camp in Spain.

'It was great to see the way some of the lads bought into it,' he says. 'Matt Le Tissier was amazing and lost 10kg, but they all did really well – though Razor went off on a cruise during filming and he may actually have put weight on. He split his shorts when he got back.'

Redknapp reckons his group of stars would take some beating if they were around today. 'I think they'd win the Premier League,' he says. 'A forward line of Waddle, Le Tissier, Fowler and Merson, they'd beat anyone.'

But can they turn it on against the Germans? You'll have to watch to the end to find out, but former England goalkeeper Seaman certainly had a score to settle.

'Euro 1996 was one of the highlights of my career,' Seaman, 55, recalls. 'But I still remember the pain of losing that semi-final against Germany. Hopefully we'll finally be able to get some revenge.'

You liked...

RuPaul's Drag Race on Netflix

In this long-running reality show, Emmy-winning performer RuPaul searches for America's next big drag queen by setting contestants a series of outlandish challenges as they vie for a cash prize. The latest series has just started on Netflix, with guest judges including Miley Cyrus and Cara Delevingne.

Now try this

RuPaul's Drag Race UK on BBC3 Online

The show gets a UK version on BBC3 Online later this year when Alan Carr and Graham Norton join RuPaul and US regular Michelle Visage on the judging panel to crown Britain's very own drag superstar. 'I can't wait to see what the UK queens have got in store,' says Carr.

WORDS: SEAN MARLAND, RICHARD MCCLURE. PHOTOS: GETTY, ITV, PA IMAGES, REX

Look Who's Back...

A familiar face appearing in a new show this week

Dara Ó Briain

Blockbusters

Thursday, Comedy Central HD, 8pm

The 47-year-old comic started out as a kids' TV presenter in Ireland in the 1990s. As well as hosting BBC2's *Mock the Week* since 2005, he's featured in *Three Men in a Boat*, *Dara and Ed's Great Big Adventure* and presented *The Apprentice: You're Fired!* A keen scientist with a degree in maths and physics, he's also hosted *Stargazing Live* with Brian Cox and *School of Hard Sums* with Marcus du Sautoy.

HIS NEW SHOW

This week, Ó Briain takes the helm of a reboot of much-loved quiz *Blockbusters*, originally hosted by the late Bob Holness. The new show follows the old format with students answering letter-based questions for the chance to go for the Gold Run and win prizes. 'I remember *Blockbusters* and Bob asking the questions,' says Ó Briain. 'I didn't apply to go on – I thought I'd play the long game and wait to host it! Our version is more gag heavy and was great fun to film.'

New host Dara Ó Briain

Rachelle Lefevre as Madeline and Kelsey Grammer as Bellows

Bad Grammer

Frasier star **Kelsey Grammer** plays a corrupt prosecutor in a new legal drama

Having a ball

Ryan Murphy's dazzling new drama

NEW DRAMA

Pose

Thursday, BBC2 HD, 9pm

Ryan Murphy is on a roll right now. The US writer-producer has scored big hits with his *American Crime Story* dramas and the ongoing chills of *American Horror Story*.

This week, he changes tack when his new eight-part BBC2 drama *Pose* enters the world of ballroom club culture in 1980s New York.

The series follows several 'houses' – alternate families run by 'mothers' and mostly made up of gay and transgender youths. Boasting the largest transgender cast in a TV drama, many of the stars are actually familiar with this hidden world.

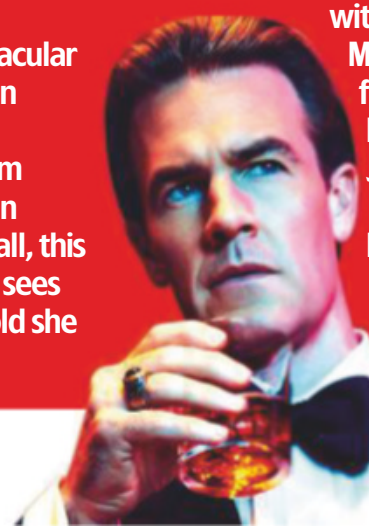
'I started in the scene when I was 14,' says MJ Rodriguez, who plays Blanca. 'Ryan wanted to tell our stories how we lived them.'

After a spectacular opening scene in which dancers steal outfits from a museum for an underground ball, this week's episode sees Blanca being told she is HIV-positive.

'Blanca knows the cards are stacked against her,' says Rodriguez. 'But it's important to live and not just survive.'

The cast includes *American Horror Story* regular Evan Peters as Stan, a businessman who works in Trump Tower. Stan embarks on an affair with trans sex worker Angel (Indya Moore), but wants to keep it secret from his wife Patty (Kate Mara) and his boss Matt (*Dawson's Creek*'s James Van Der Beek).

'There was a culture of greed in Manhattan at the same time as the ballroom scene,' says Van Der Beek. 'This shows what happens when the two worlds meet.'



James Van Der Beek as Matt

WORDS: EMMA BULLIMORE, JUDY EWENS, SEAN MARLAND, RICHARD MCCLURE. PHOTOS: ABC, BBC, ©BRINK FILMS & KEYNOTE PRODUCTIONS, CBS, COMEDY CENTRAL, GETTY, SKY, THE CW, UNIVERSAL

Lefevre with co-star Russell Hornsby

NEW DRAMA

Proven Innocent

Monday, Universal HD, 9pm

For 20 years, Kelsey Grammer played lovably pompous psychiatrist Dr Frasier Crane in the hit comedy *Cheers* and its spin-off *Frasier*.

Since *Frasier* ended in 2004, Grammer has branched out into darker roles, including his latest as corrupt state attorney Gore Bellows in Universal's new legal drama *Proven Innocent*.

Seventeen years ago, Bellows prosecuted the then 18-year-old Madeline Scott (Rachelle Lefevre) and her brother for the murder of their friend. After 10 years behind bars, the verdict was overturned and the siblings were released.

Madeline is now a defence lawyer on a mission to exonerate people convicted of crimes they didn't commit and has teamed up with Ezekiel 'Easy' Boudreau (Russell Hornsby), the lawyer who got her freed. This means her coming up against Bellows, who still believes she's guilty...

TV&Satellite Week met up with Grammer, 64, to find out more...

Grammer as Frasier Crane

What attracted you to *Proven Innocent*? I liked that Gore Bellows is not your classic villain who's irredeemable. He's not a moustache-twirling evil prosecutor, but he's got blinders about Madeline. She's like the great white whale that got away. He can't stop thinking she's guilty, and since she's been let out, that needs to be remedied. There are also twists and turns that are classic mystery-solving stuff.

Bellows also has political ambitions, doesn't he? He's trying to become attorney general of Illinois but he doesn't have the power that, say, Tom Kane, the character I played in *Boss*, had. Tom Kane was the mayor and a big shark, Gore Bellows is a minnow.

How serious is the talk of *Frasier* coming back? We're talking to a few writing teams and if we find a network that wants to write a cheque, we might well have a decent third act for the *Frasier* trilogy.

What would the premise be? In the last episode, he went to Chicago to find his love, played by Laura Linney, and it seems to me you would have to pick up from what happened after his plane landed. One idea I thought was wonderful was that it went really well for them, but after 10 years they decided to go their separate ways. Another idea was he got there and she said, 'I'm marrying another guy!' Love was always elusive for Frasier and he was funny when he was not with anybody.

MJ Rodriguez stars as Blanca

BOX SET

All episodes of *Pose* will be available as a box set on BBC iPlayer from Thu 21 March.

What else can I watch?

We search the TV schedules to uncover the shows you might have missed...

Stephen Amell as Green Arrow

Arrow

TUESDAY Sky One HD, 8pm

To mark the 150th episode of the comic-book series, this special instalment is presented as a behind-the-scenes documentary, narrated by Kelsey Grammer. As a camera crew follows hero Oliver Queen (Stephen Amell), Felicity Smoak (Emily Bett Rickards) and others associated with Team Arrow, they give their thoughts on vigilantism and Green Arrow's role in Star City. Meanwhile, Oliver must also deal with the return of his son, William (guest star Jack Moore), from boarding school, as well as a new threat to the city – a vigilante-hunting villain.

Grey's Anatomy

WEDNESDAY Sky Witness HD, 9pm

With its 332nd episode this week, the show overtakes *ER* as the longest-running primetime medical drama in US TV history. Most of the action takes place at Jackson's party to thank Amelia and Koracick for their life-saving surgery on his mother, Catherine. When Koracick arrives with Teddy, who is pregnant with Owen's baby, Owen reacts badly, while Alex's unstable mother, Helen (Lindsay Wagner), turns up.

Psychic

SUNDAY Sky Arts HD, 9pm

Brendan Gleeson directs and stars in this dark short film as a charismatic psychic forced out of retirement and taken on tour by his two conniving sons (Gleeson's real-life sons Domhnall and Brian). But a TV presenter (Ingrid Craigie) is determined to ensure that any hopes for a cult following are short-lived.

Criminal Minds

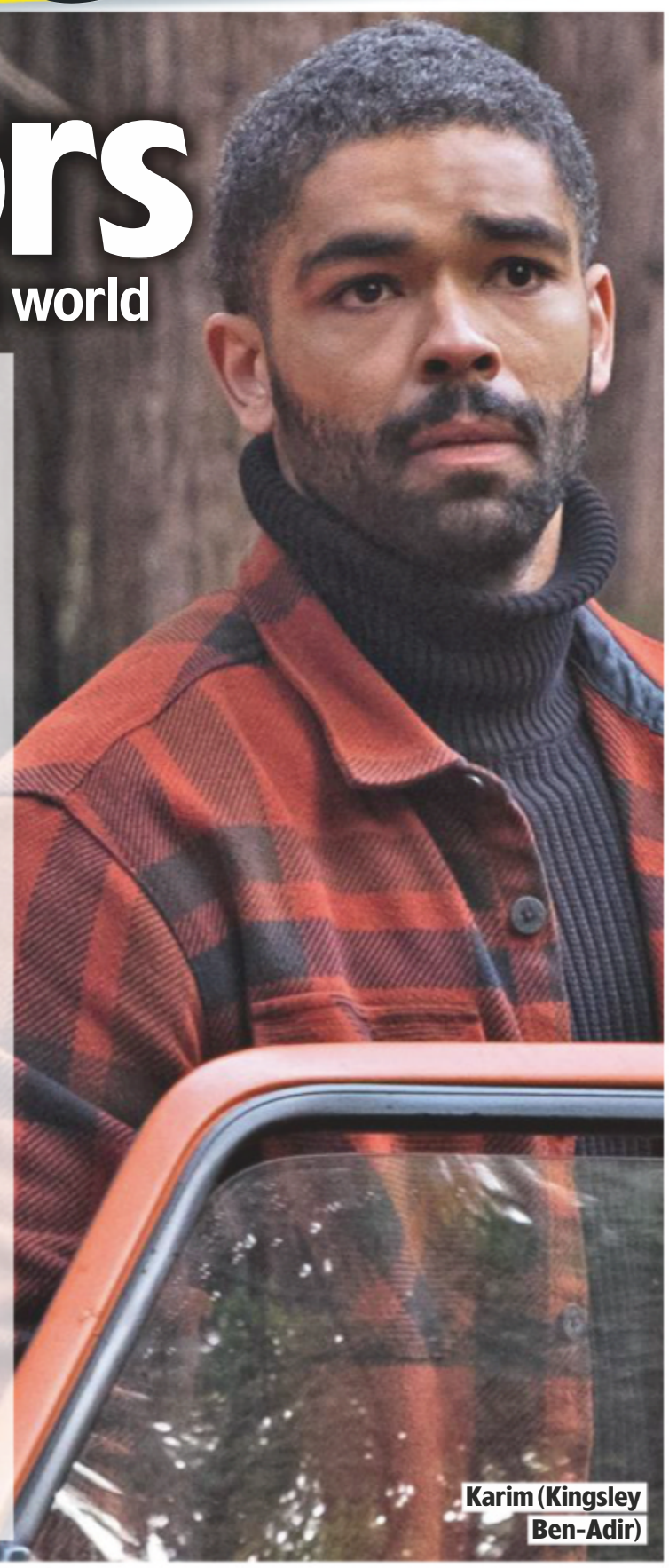
MONDAY Sky Witness HD, 9pm

Rossi (Joe Mantegna) prepares to marry Krystall (Gail O'Grady) in the season 14 finale of the crime drama, with legendary crooner Johnny Mathis, who plays himself, guesting as best man. Ahead of the ceremony, the team investigate a series of deadly shootings that take place after multiple car collisions.

Your Watchlist

Soul survivors

British actor Kingsley Ben-Adir on *The OA*'s weird world



Karim (Kingsley Ben-Adir)

NETFLIX The OA

NEW *Genre:* Supernatural thriller *Available:* Friday 22 March *Season:* 2 *Episodes:* 8 *Runs:* 60mins (approx)
TVSW says: Compelling and groundbreaking

***Stranger Things* might** have stolen all the headlines, but there's another supernatural drama on Netflix that's well worth checking out.

The OA returns for a new series this week, picking up the mind-bending, dimension-hopping story of Prairie Johnson (Brit Marling), who was freed after being held in a cellar for seven years by scientist Hap (Jason Isaacs). He'd been experimenting on people who'd had near-death ordeals to see what happens to the human soul after we die.

Prairie (Brit Marling)

The first season ended with Prairie's fate in the balance after she was hit by a bullet, but as *The OA* resumes, her story collides with private eye Karim Washington (Kingsley Ben-Adir), who is investigating a missing teenager.

We caught up with British actor Ben-Adir, who's also starred in *Vera* and *Peaky Blinders*, to hear about his big US break…

How would you describe Karim? He's an isolated figure, living on a houseboat. But he is determined to get to the bottom of this missing-persons case. He eventually crosses paths with Prairie and it gets more and more weird.

Karim spends a lot of time driving around. How did you find that? The car was an automatic and really hard to drive. I got used to it in the end and wanted to keep it after the shoot, but it was too expensive to ship back home.

You must be thrilled to be joining such a big US show? It's what I have been working towards all these years. I'd been close to getting other big roles, so this is my first real opportunity. It was a challenge filming over so many months. I was whacked by the end and went off to India for a while to recover.

***The OA* is made by Brad Pitt's production company. Did you have any dealings with him?** Oh yeah, Brad wanted to have breakfast every day… No, not really. He was off doing other stuff.

Now that you're in a big US drama, will you have time for any more British shows? I have just finished filming the latest series of *Peaky Blinders*, but I've left *Vera* now. Brenda Blethyn is an absolute legend. She was so supportive and helped me so much along the way.

France (third from left) and the rest of the Fab Five

Back in style

The Fab Five offer makeover magic

NETFLIX Queer Eye

NEW *Genre:* Makeover show *Available:* Friday 15 March *Season:* 3 *Episodes:* 8 *Runs:* 45mins (approx)
TVSW says: Confidence-boosting, feelgood and oh-so fun

It was only a year ago that Netflix relaunched Emmy-winning US show *Queer Eye* by sending out a new 'Fab Five' of experts to refresh ordinary people's style and self-esteem.

Now, the show is back for a third run, with Doncaster-born fashion expert Tan France and the gang heading to Kansas City to work their makeover magic.

'There's much more of a gender balance this time,' reveals France. 'We help as many women as men and the female stories are equally compelling. We also have our first duo – two sisters who are the most charismatic people you'll ever see on TV.'

France says that he's happy to give tips to his co-stars – food expert Antoni Porowski, interior designer Bobby Berk, culture vulture Karamo Brown and grooming guru Jonathan Van Ness – but only if they ask for it.

'Bobby and Ant will ask my opinion but Karamo and Jonathan are very headstrong with their fashion. They don't need my help,' he laughs.

However, France reveals that there is one downside to dishing out fashion advice.

'There is so much pressure on me to be stylish,' he says. 'Even on a 12-hour flight, I have to put a proper look together in case people think I look like a tramp.'

WORDS: EMMA BULLIMORE, JUDY EWENS, RICHARD MCCLURE. PHOTOS: BBC, FACEBOOK WATCH, ITV, NETFLIX

The hedonistic Mötley Crüe in the film

NETFLIX The Dirt

NEW *Genre:* ***Rock biopic*** *Available:* ***Friday 22 March*** *Runs:* ***108mins***
TVSW says: ***Outlandish, Spandex-clad escapades***

With *Bohemian Rhapsody* taking awards ceremonies by storm, there's another highly entertaining rock movie to enjoy this week when *The Dirt* debuts on Netflix.

The film follows the antics of hard-living US metal band Mötley Crüe, who were notorious for their sex-and-drugs misbehaviour. Iwan Rheon, best-known as Ramsay Bolton in *Game of Thrones*, plays guitarist Mick Mars, with another British actor, Douglas Booth – who portrayed Boy George in BBC2 drama *Worried about the Boy* – playing bassist Nikki Sixx.

The real-life band were heavily involved in the making of the movie, which also stars Machine Gun Kelly as drummer Tommy Lee and *The Punisher*'s Daniel Webber as lead singer Vince Neil, and even reunited to record new songs for the film's soundtrack.

'It was really important for us not to whitewash anything,' says Sixx. 'You've got four outrageous characters and it was important we didn't pull any punches.'

Watch it or dodge it...

What the critics are saying about the latest releases...

NETFLIX Isn't It Romantic

Genre: ***Spoof romcom*** *Runs:* ***88mins***

Rebel Wilson is an absolute hoot in a starring role that makes the most of her quirky talents in this hilarious sendup of romantic comedies. Liam Hemsworth and *Modern Family* actor Adam DeVine co-star.

NETFLIX Paddleton

Genre: ***Comedy drama***
Runs: ***89mins***

Critics have described this film as a moving and nuanced portrayal of friendship. It's about two misfits, Andy (Ray Romano) and Michael (Mark Duplass), who embark on a road trip after Michael is diagnosed with terminal cancer.

What we're watching...

A sneak peek at what's being watched in the *TV&Satellite Week* office...

THIS WEEK: TRAVELOGUES

BBC iPlayer Africa with Ade Adepitan

Season: ***1*** *Episodes:* ***4*** *Runs:* ***60mins***

Ade Adepitan's enthusiasm knows no bounds as he negotiates the often rough terrain of Africa in his wheelchair to find out how the continent is changing in this entertaining and enlightening series.

Martin Clunes: Islands of America

Season: ***1*** *Episodes:* ***4*** *Runs:* ***60mins***

Warren star Martin Clunes makes an engaging guide as he explores some of the many thousands of islands scattered off the shores of America.

NETFLIX Jack Whitehall: Travels with My Father

Seasons: ***2*** *Episodes:* ***11*** *Runs:* ***30mins***

Comedian Jack Whitehall and his crotchety dad Michael are chalk-and-cheese travel companions as they visit Asia and Europe with their very different views.

NETFLIX Conan Without Borders

Season: ***1*** *Episodes:* ***6*** *Runs:* ***42mins***

US late-night talk show host Conan O'Brien hits the road on a humorous world tour to six very different countries, including Italy, South Korea and Mexico.

Martin Clunes meets islanders off the coast of Georgia

Catch up before the new series...

BBC iPlayer The Blue Planet

Genre: ***Natural history*** *Available:* ***Now***
Seasons: ***2*** *Episodes:* ***15***
Runs: ***58mins***

With the new four-part series *Blue Planet Live* coming up on BBC1 later this month, now's a good time to see the previous two seasons of the landmark natural history series, narrated by Sir David Attenborough, and marvel at the spectacular variety of life in the depths of the oceans.

For fans of Will Smith...

Facebook Watch Will Smith's Bucket List

Genre: ***Reality*** *Available:* ***Now***
Season: ***1*** *Episodes:* ***6*** *Runs:* ***21mins***

Will Smith travels the world to take on adrenalin-fuelled challenges, including skydiving in Dubai with his wife, actress Jada Pinkett Smith, racing a Formula One car in Abu Dhabi and running a half-marathon in Cuba. New episodes go live every Wednesday at facebook.com/willsmithsbucketlist.

World of difference

Nine people share their experiences of how it feels to **stand out from the crowd**...

NEW REAL LIFE

The House of Extraordinary People

Mon-Wed, Channel 5 HD, times vary

For its new documentary series *The House of Extraordinary People*, Channel 5 has brought together nine strangers who, for one reason or another, tend to attract attention because of the way they look.

By gathering under the same roof in a house in Yorkshire, the idea is that the group will be able to open up to each other, share experiences of being different and gain inspiration from each other in terms of facing their fears.

Most of the housemates did not choose to be different, since their distinctive appearances are caused by medical conditions. However, for two of them, it is a positive choice they have made.

UNUSUAL MODIFICATIONS

Ted, 60, from Bristol, has many multicoloured facial tattoos and other body modifications that are designed to make him look like an exotic parrot. And while his is a pretty outlandish tale, amputee Dan's story is even more unusual.

When people first meet him, they usually assume he'd been in a car crash or lost his leg in some sort of accident. But Dan, 74, actually chose to have his left leg amputated when he was 65, after years of suffering with a little-known condition body integrity identity disorder (BIID).

'I hated the idea of having two legs ever since I was a small child,' he explains. 'I felt like I was an imposter in my skin, and the feeling kept getting more intense. I always wanted to be one-legged.'

While causing some sufferers to want to have limbs amputated, BIID makes others feel an intense desire to be blind, deaf or paralysed. Dan was diagnosed with the disorder in his late 50s and had therapy, but he was still so unhappy being able-bodied that he eventually found a surgeon in Thailand who agreed to remove his leg just below the knee.

MUTUAL ACCEPTANCE

'It's extreme, but I wanted to be happy in my skin, and now I am,' says Dan, who's from Wyoming, USA. 'I enjoy just about every aspect of being who I am now.'

Dan's hoping his participation in the series will help raise awareness of BIID. But how will the group react to him choosing to be disabled?

'If anything, I feel more accepted than I do with most other people,' he explains. 'We've all experienced being different and we react to that by being more accepting of others who are different.'

WORDS: HANNAH DAVIES, IAN MACEWAN. PHOTOS: BBC, C4, CHANNEL 5, ITV, SKY, UKTV

THE HOUSEMATES

1 Bashir
Born with vitiligo, 24-year-old Londoner Bashir has white patches on his skin. 'As I get older, my black spots flourish,' he says. 'I'm the Benjamin Button of vitiligo!'

2 Dan
Body integrity identity disorder caused Dan, 74, to realise his dream of having a healthy leg amputated. 'I've never had an instant of regret about the surgery,' he says.

3 Harnaam
Polycystic ovary syndrome has caused Harnaam, 27, to have thick facial hair. 'I'm not scared of anything, I'll talk to anyone,' she says. 'It's simple – I'm a bearded lady, get over it.'

4 Kristin
Kristin, 36, has primordial dwarfism and is 3ft 5.5in tall. She dislikes the fact that strangers stare and point at her. 'A lot of the time, I try not to notice what's going on around me,' she says.

5 Aly
With a height of nearly 7ft, Aly, 29, towers over her housemates. 'I'm 6ft 9in,' she says, 'and I try to own it but I also try to be graceful and considerate – as much as I can be.'

6 Rachael
Neurofibromatosis has given 43-year-old Rachael thousands of benign tumours on her skin. 'I'd like to have self-confidence without worrying what other people are thinking all the time,' she shares.

7 Rowdy
His legs were amputated when he was three, so Rowdy, 31, gets about on his hands. 'I would like to change the constant assumption that I can't do things,' he says.

8 Ted
Body-modification lover Ted, 60, has changed his appearance to look like a parrot. 'I wanted to look like a parrot because I love their colours and their characters,' he explains.

9 Lucas
Born with a facial deformity, Lucas, 22, has also appeared on C4's *The Undateables*. 'I want people to know that a personality is a much bigger thing than the way that someone looks,' he says.

Churchill's Secret Son
Wednesday, Yesterday, 8pm

His close relationship with Winston Churchill sparked rumours that he was his illegitimate child, but the truth about Brendan Bracken is just as remarkable. Rising from humble beginnings, the Irishman became a newspaper tycoon, cabinet minister and close associate of Britain's popular wartime prime minister.

Teddy Pendergrass: If You Don't Know Me
Saturday, Sky Arts HD, 9pm

A profile of the former Harold Melvin & the Blue Notes singer, who released five consecutive platinum solo albums, and managed to resume his singing career after being involved in a near-fatal car accident that left him paralysed from the chest down.

Fraud: How They Steal Your Bank Account
Thursday, ITV HD, 9pm

Organised crime steals £2million from our bank accounts every day. This one-off documentary follows a lengthy investigation into a gang that steals credit cards, learns about corrupt bank insiders and watches police close in on an international ATM skimming scam.

Who filters social-media content?

Watching the **web**

The **secret army of 'cleaners'** who moderate what we see on social media

NEW FACTUAL

The Internet's Dirtiest Secrets: The Cleaners
Tuesday, BBC4 HD, 9pm

Exactly who is policing social-media content on the internet? This *Storyville* documentary hears from 'cleaners' working in Manila in the Philippines, whose job it is to trawl through thousands of Facebook, Google and Twitter posts every day, and decide whether to delete them.

CENSORSHIP

'They labour in the shadows of social-media platforms,' explains information studies expert Sarah Roberts. 'They are out of sight and out of mind.'

Talking anonymously to the film-makers, the 'cleaners' describe themselves as 'policemen.' But the question of what is and isn't moderated is hugely contentious.

LA-based artist Illma Gore says she had her social-media accounts shut down when she posted her painting of a nude Donald Trump, and photographer Khaled Barakeh says he had his images of child victims of the war in Syria censored.

'The social-media companies are deciding what's illegal and what's legitimate,' claims David Kaye, a UN specialist in freedom of expression.

As well as looking at how the cleaners' political and religious views may influence their decisions, the film examines the heavy toll the sort of material they have to view – from IS beheadings to child abuse – can have on their mental health.

'It was like a virus in me, slowly penetrating my brain,' says an ex-employee. 'I needed to quit.'

Can I Improve My Memory?
Friday, C4 HD, 8pm

Memory grandmaster Mark Channon helps fashion stylist Gok Wan, *TOWIE*'s Joey Essex and ex-*Blue Peter* presenter Valerie Singleton attempt to learn hundreds of facts about unfamiliar subjects before being quizzed by Michael Buerk in front of an audience.

DID YOU KNOW?

The wreck of the *Mary Rose* was discovered by fishermen in the Solent in 1836 when their nets got caught on its timbers. Find out more about Henry VIII's favourite warship in **Skeletons of the Mary Rose: The New Evidence, Sunday, C4 HD, 8pm**

Films week's

reviewed by **Jason Best**

PREMIERE OF THE WEEK

Sam was no master criminal, but he'd give the heist his best shot

Blue iguana

Sam Rockwell is in over his head as an American crook in London's gangland

CRIME CAPER

Sunday, Sky Premiere HD, 2.10pm & 10.10pm ★★★

There is something endearingly goofy about Sam Rockwell, and this British-made crime caper finds him in typically oddball form. He plays an American ex-con who is enticed into jumping the pond with a fellow parolee (Ben Schwartz) to pull off a score in London at the behest of Phoebe Fox's smart but gawky English lawyer.

The heist in question is a highly contrived and convoluted affair. Fox's Katherine owes money to big-time gangster Arkady (Peter Polycarpou) and to clear the debt she has to intercept a package being exchanged at the Natural History Museum – which is where Rockwell's Eddy and Schwartz's Paul come in. Naturally, the stick-up doesn't go exactly to plan…

The ensuing escapade won't tickle every funny bone. Some will find the combination of quirky comedy and gory thrills jarring, and the self-consciously tricky, self-referential narrative will annoy others – indeed, there are times when writer-director Hadi Hajaig is winking so hard at us you'd think he would sprain an eyelid.

But the uniformly excellent performances should draw you back in. Peter Ferdinando puts hilarious menace into the role of a violent East End crook who sports double denim and a Billy Ray Cyrus mullet, while Amanda Donohoe plays strikingly against type as his brassy Cockney mother. And Simon Callow is a hoot in a brief cameo as plummy Uncle Martin, sent with a trio of equally posh chums to eavesdrop on a gang of gorblimey criminals. Fox and Schwartz are great, too, as the gauche Katherine and mouthy Paul.

In the end, though, it is Rockwell who makes the movie; zany and playful, and carrying with him both a hint of vulnerability and a whiff of danger. 2018, 15, 101 MIN

STAR RATINGS ★★★★★ Excellent ★★★★ Very good ★★★ Good ★★ Average ★ Poor

NEW RELEASE EVERY DAY premieres

Plus *turn over for...*
This week's films at a glance p20
Day-by-day guide p21
Pay-per-view highlights p25

Nobody could touch Jeremy when it came to playing tag

COMEDY

Tag

Friday, Sky Premiere HD, 12.20pm & 8pm ★★★

For one month every year, five middle-aged men give full rein to their inner child by resuming the game of tag they have been playing since the age of nine. This year, however, the stakes are higher: Jerry (Jeremy Renner), the only member of the gang never to have been tagged, is apparently planning to quit the game after his impending wedding…

Inspired by a true story, this knockabout comedy won't be for everyone, but its raucous silliness is good fun if it finds you in the right mood. The game cast certainly have a terrific rapport – with Hannibal Buress nailing laughs as the neurotic Sable, Ed Helms playing another of his gung-ho nerds as Hoagie, Jake Johnson oozing befuddlement as pothead Chilli and Jon Hamm turning on the smarm as conceited insurance company boss Bob.

Things get very crude and rowdy, but the slapstick stunts are impressively vigorous and the men's imperishable camaraderie comes across vividly. 2018, 15, 100MIN

DRAMA

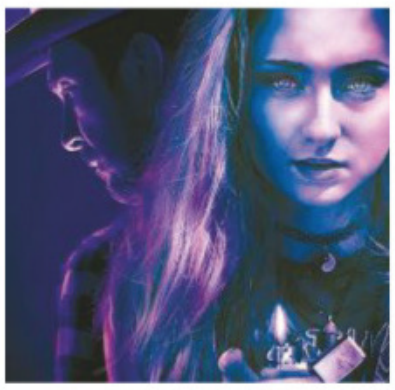
Uncle John

Tuesday, Sky Premiere HD, 9.35am & 6pm ★★★★

Two wildly different films appear to be running side by side in this beautifully acted indie drama.

In one, John Ashton's carpenter is keeping mum about the whereabouts of a local ne'er do well who has gone missing; in the other, a young graphic designer (Alex Moffat) is falling in love with his beautiful new co-worker (Jenna Lyng).

When the film's romantic comedy and crime mystery strands finally converge, the outcome is thrilling, but still enigmatic. 2015, 15, 114MIN



THRILLER

Josie

Monday, Sky Premiere HD, 10.15am & 6.20pm ★★

Sporting copious tattoos and cut-off shorts, Sophie Turner's alluring high-school student has just moved alone to a small town, but what is she doing striking up friendships with both Dylan McDermott's middle-aged loner and the local delinquent (Jack Kilmer) who has been the bane of his existence?

As much of a tease as its enigmatic heroine, this slow-burn thriller fizzles out before it reaches its denouement. 2016, 15, 87MIN

ACTION COMEDY

Kills on Wheels

Wednesday, Sky Premiere HD, 11.45pm ★★★★

There is nothing the least bit po-faced or pious about this Hungarian action comedy, which features three paraplegics as its heroes and tackles the subject of disability in a strikingly offbeat way, with the wheelchair-using trio becoming hitmen.

Events become more and more bizarre, which only adds to the film's mordant fun, and the refreshing way it portrays disability on screen. Subtitled. 2016, 15, 103MIN

These guys didn't need to walk the walk

THRILLER

Danger One

Thursday, Sky Premiere HD, 2.25pm & 10.10pm ★★

Two cash-strapped LA paramedics (Tom Everett Scott and James Jurdi) fall into temptation one night after they find $1million sewn into the clothes of a dying man they are rushing to hospital. But keeping the money turns out to be far from a wise move…

This slapdash action comedy veers all over the place but the performances are engaging. 2018, 15, 101 MIN

Nicolas was all tooled up for a chainsaw massacre

THRILLER

Mandy

Saturday, Sky Premiere HD, 10.10pm ★★★★

The prospect of Nicolas Cage going full-bore crazy in a gory grindhouse revenge thriller will have fans of the genre salivating.

Cage's lumberjack and his wife, (Andrea Riseborough) fall foul of a deranged cult led by Linus Roach's Manson-like leader, and when things kick off, we are in for chainsaw duels and a one-hundred per cent Cage freak-out. 2018, 18, 121 MIN

FilmFinder The pick of the week at a glance

Comedy & Drama

Kissing Candice ★★★

Sunday, Sky Select HD, 6.05pm

Nothing is clear-cut in this moody, often dreamlike portrait of an epileptic teenager (Ann Skelly) in an Irish town who becomes dangerously entangled with a local gang. 2017, 15, 108MIN

The Fabulous Baker Boys ★★★★

Monday, Paramount HD, 11.10pm

Jeff and Beau Bridges play lounge entertainers while Michelle Pfeiffer makes whoopee atop a piano in this appealing romcom. 1989, 15, 108MIN

Our Little Sister ★★★★

Monday, BBC4 HD, 11.30pm

From Japan comes a beguiling, unhurried story about three sisters who invite their teenage half-sister to live with them following the death of their father. Subtitled. 2015, PG, 127MIN

Patrick ★★★

Friday, Sky Family HD, 6.20pm

Inheriting a pampered pooch from her grandmother opens up new opportunities for Beattie Edmondson's bumbling teacher in an enjoyable if fairly predictable romcom. 2018, PG, 94MIN

Sci-Fi & Horror

Terminator 2: Judgment Day ★★★★★

Monday, Sky 5 Star Movies HD, 8pm

Arnold Schwarzenegger is back, this time playing a good robot sent to save humanity, in the best of the five (so far) *Terminator* films. 1991, 15, 146MIN

Transformers: Dark of the Moon ★★★

Tuesday, Film4 HD, 9pm/Film4+1, 10pm

Some awesome action makes up for a thin plot as the shape-changing robots return, again aided by Shia LaBeouf's Sam Witwicky. 2011, 12, 154MIN

The Tall Man ★★★

Wednesday, Horror, 9pm/ Horror+1, 10pm

The inhabitants of a rundown town blame a legendary figure for a series of child abductions in this tense chiller starring Jessica Biel. 2012, 15, 106MIN

Edge of Tomorrow ★★★

Thursday, 5Star, 9pm/5Star+1, 10pm

Tom Cruise and Emily Blunt have seen it all before in a time-twisting action movie in which their characters battle through the same day of an alien invasion over and over again. 2014, 12, 113MIN

Thriller

Sicario ★★★★

Saturday, C4 HD, 10.25pm/ C4+1, 11.25pm

With a mood of impending catastrophe, this tense crime story stars Emily Blunt as an FBI agent battling drug smuggling on the Mexican border. 2015, 15, 121MIN

Gangster Squad ★★★

Saturday, ITV HD, 10.45pm/ ITV+1, 11.45pm

An enjoyably stylised 1940s-set crime story starring Josh Brolin and Ryan Gosling as two LA cops out to get Sean Penn's Mob boss. 2013, 15, 113MIN

EDITOR'S CHOICE

The Ones Below ★★★★

Friday, BBC2 HD, 11.05pm

An expectant couple (Clémence Poésy and Stephen Campbell) strike up a neighbourly rapport with fellow parents-to-be (Laura Birn and David Morrissey) after the latter move into the downstairs flat of their plush London home. But the friendship turns into suspicion and paranoia in this stylish and gripping psychological thriller. In the hands of director David Farr, just the sight of a pair of shoes neatly placed outside a flat proves unexpectedly chilling. 2015, 15, 86MIN

Classic

The Fly ★★★★

Sunday, Horror, 6.35pm/ Horror+1, 7.35pm

Remade in 1986, this is the original chilling story about a scientist who transforms into a fly when an experiment goes horrifically wrong. 1958, PG, 95MIN

Jaws ★★★★★

Wednesday, Sky 5 Star Movies HD, 8pm

Over 40 years on, Steven Spielberg's adaptation of Peter Benchley's bestseller about a giant malevolent shark remains a masterclass in generating screen suspense. 1975, 12, 125MIN

The Godfather Part II ★★★★★

Wednesday, Sky 5 Star Movies HD, 10.10pm

A return to Mario Puzo's Mafia trilogy that focuses on the reign of Michael Corleone (Al Pacino). 1974, 18, 200MIN

Cabaret ★★★★★

Friday, Talking Pictures, 10pm

The winner of eight Oscars and boasting some of the best ever show tunes, this scintillating musical finds Liza Minnelli as a singer and Joel Grey as the MC at a 1931 Berlin nightclub. 1972, 15, 128MIN

Films may be edited for television. The running times given are those of the original cinema releases.

PHOTO: ALAMY

Films day-by-day

Saturday 16 March

Ryan hoped Zazie wouldn't be hair today, gone tomorrow

COMIC-BOOK ADVENTURE

Deadpool 2

Sky Premiere HD, 11.45am & 8pm/Sky Premiere+1, 12.45pm & 9pm; Sky Action HD, 3.50pm & 10.20pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Ryan Reynolds' wisecracking Marvel Comics superhero Wade Wilson, aka Deadpool, is back for his second solo adventure and it is every bit as outrageous, irreverent and fourth-wall breaking as before. This time around he has to contend with Josh Brolin's time-travelling cyborg, Cable, assembling a rag-tag band of would-be daredevils, including Zazie Beetz's blithely sassy Domino, to help him. *Also on Sunday-Friday*. 2018, 15, 119MIN

COMEDY DRAMA

The Second Best Exotic Marigold Hotel

C4 HD, 8pm/C4+1, 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

The sequel to 2011's surprise box-office hit about a group of British pensioners in India unsurprisingly sticks with the winning formula of cherished British thespians playing to type. Maggie Smith, Judi Dench, Bill Nighy and their fellow veterans are all still there in Dev Patel's dilapidated Jaipur hotel, which is bursting at the seams with new storylines, and a new guest in the form of Richard Gere. 2015, PG, 122MIN

CRIME THRILLER

Gangster Squad

ITV HD, 10.45pm/ITV+1, 11.45pm ★★★

Sex ●●● Violence ●●● Language ●●●

It may be brash, loud and laughably anachronistic, but this stylised crime thriller's version of 1940s Los Angeles history is undeniably entertaining. Very loosely based on real events, the film revolves around an elite band of two-fisted, straight-shooting cops, led by Josh Brolin's square-jawed war veteran and Ryan Gosling's skirt-chasing sergeant, who are brought together to bring down Sean Penn's ruthless Mob boss Mickey Cohen. 2013, 15, 113MIN

COMIC-BOOK ADVENTURE

Avengers Assemble

BBC1 HD, 11pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Marvel Comics' pantheon of costumed heroes – Iron Man, the Hulk, Captain America, Thor et al – are pulled together by Samuel L Jackson's spy boss Nick Fury to fend off the threat posed by Thor's evil adopted brother Loki (Tom Hiddleston). The seismic smackdowns will leave comic-book nerds arguing over who deserves to come out on top long after the final credits have rolled, but everyone else can enjoy the film's sly humour and slick special effects. 2012, 12, 143MIN

ALSO ON SATURDAY

The Road
AMC HD, 6.50pm ★★★★
Viggo and Kodi have a long way to go.

Take Shelter
AMC HD, 9pm ★★★★
Michael Shannon's going underground.

Mandy
Sky Premiere HD, 10.10pm ★★★★
Nicolas Cage goes into overdrive.

Sicario
C4 HD, 10.25pm ★★★★
Emily Blunt declares war on drugs.

People You May Know
Sky Premiere HD, 12.20am ★★★
Halston puts Nick online.

■ Full listings start on p33

Sunday 17 March

No one would take Natalie away from her home on the range

WESTERN

Jane Got a Gun

Film4 HD, 11.25pm/Film4+1, 12.25am ★★★

Sex ●●● Violence ●●● Language ●●●

Natalie Portman makes a stand as a doughty frontierswoman in a would-be revisionist Western with feminist ambitions. In 1871 New Mexico, Portman's eponymous Jane strives to preserve her wounded, bedridden husband (Noah Emmerich) from a remorseless outlaw gang. But as her enemies draw closer to her secluded ranch she is forced to call on the help of the embittered Civil War veteran who was once her fiancé (Joel Edgerton). A near-unrecognisable Ewan McGregor oozes menace as their evil adversary. 2015, 15, 98MIN

DRAMA

Kissing Candice

Sky Select HD, 6.05pm ★★★

Sex ●●● Violence ●●● Language ●●●

A strange, hallucinatory film about a restless teenager (Ann Skelly) in a dead-end Irish seaside town. Writer-director Aoife McArdle has a background in music videos and commercials, and her first feature film is more about evoking mood than shaping a straightforward story. There are thriller-like elements involving a gang of local thugs and the fate of a missing boy, but they are filtered through the visionary fugues triggered by the heroine's epilepsy. 2017, 15, 108MIN

COMEDY DRAMA

Magic Mike XXL

Channel 5 HD, 9pm/ Channel 5+1, 10pm ★★

Sex ●●● Violence ●●● Language ●●●

This rowdy sequel to the surprise 2012 hit picks up the bumping and grinding three years after Channing Tatum's eponymous Mike hung up his G-string and sees him rejoin his old colleagues from the Kings of Tampa dance troupe for one last hurrah at a male-stripping convention. Lovers of the first movie will find plenty of prime beefcake on display, but non-devotees will find the drama very undernourished. *Also on Friday*. 2015, 15, 115MIN

CRIME THRILLER

Stealing Cars

BBC2 HD, 11.55pm ★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE Smart but rebellious teenager Billy (Emory Cohen) winds up in juvenile detention after adding car theft to his long list of misdemeanours in this indie drama inspired by true events. Cohen puts in a livewire performance as the angry young man and there are solid supporting turns from the likes of John Leguizamo and Mike Epps, but it's a shame we don't see more of William H Macy and Felicity Huffman as Billy's parents. 2015, 15, 97MIN

ALSO ON SUNDAY

Labyrinth
Channel 5, 1pm ★★★★
Sarah Connelly is simply amazed.

The Towering Inferno
ITV4 HD, 1.55pm ★★★★
Paul and Steve light up the screen.

The Fly
Horror, 6.35pm ★★★★
David Hedison buzzes off.

Blue Iguana
Sky Premiere HD, 10.10pm ★★★
Sam's over here. See review, page 18.

Carlito's Way
Sky Select HD, 11.45pm ★★★★
Al Pacino wants a piece of the action.

■ Full listings start on p43

Films day-by-day

Monday 18 March

This would be the biggest movie monster Bruno would ever play

REAL-LIFE DRAMA

Downfall

Film4 HD, 9pm/Film4+1, 10pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

This detailed depiction of the final days of the Third Reich has been criticised for humanising Adolf Hitler. Yet, if anything, the fact that the architect of the Final Solution stands revealed as a man and not some mythic demigod renders his actions and ideology all the more monstrous. This is a brave and impeccably moral film that dares to peer into one of the darkest corners of history, capped by an astonishing performance by Bruno Ganz, who died in February, as Hitler. Subtitled. 2004, 15, 155MIN

CRIME DRAMA

Bomb City

Sky Select HD, 6.15pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Bomb City is the nickname for Amarillo, Texas, home to a nuclear weapons disassembly site. And, right from the start of this powerful true-story drama, set in 1997 and based on a notorious hate crime, we know an explosion lies in store as tension builds between the city's revered high-school football heroes and its maligned sub-culture of punks. The movie is definitely 'on the nose', but it puts us squarely on side with the outcast punks. 2017, 15, 95MIN

COMEDY BIOPIC

Redoubtable

Sky Select HD, 10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Michel Hazanavicius, the director of 2011's joyous silent movie pastiche *The Artist*, proves similarly playful with this cheekily comic biopic of French New Wave legend Jean-Luc Godard. The film alights on Godard (played by Louis Garrel) in 1967, as he falls in love with actress Anne Wiazemsky (Stacy Martin) Hazanavicius impudently plunders the style and tricks of Godard's earlier films, turning the director into a figure of fun. Subtitled. 2017, 15, 107MIN

DRAMA

Our Little Sister

BBC4 HD, 11.30pm ★★★★

Sex ●●● Violence ●●● Language ●●●

At the funeral of their estranged father, three sisters invite their 14-year-old half-sister to come and live with them, even though her presence stirs painful memories of the break-up of their family years before. Based on a graphic novel, but a world away from animated manga fantasy, this gently moving Japanese drama carefully observes the everyday details of the women's lives in their quiet seaside town and slowly gets under our skin. Subtitled. 2015, PG, 127MIN

ALSO ON MONDAY

Josie
Sky Premiere HD, 6.20pm ★★
Sophie Turner is the new girl in town.

Terminator 2: Judgment Day
Sky 5 Star Movies HD, 8pm ★★★★★
Arnold Schwarzenegger saves the day.

Dracula
Horror, 9pm ★★★★
Christopher Lee wants to drink your blood.

The Fabulous Baker Boys
Paramount HD, 11.10pm ★★★★
Jeff and Beau are a hard act to follow.

The Painted Veil
AMC HD, 12m't ★★★★
Naomi and Edward can't shake the disease.

■ Full listings start on p53

Tuesday 19 March

It turned out Coco could play songs in any old skeleton key

FAMILY CHOICE

ANIMATED FANTASY

Coco

Sky Disney HD, 9.05am & 8pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Twelve-year-old Miguel (voiced by Anthony Gonzalez) goes in search of his musical idol (Benjamin Bratt) in the land of the dead in Pixar's Oscar-winning animated adventure, which serves as a visually dazzling celebration of Mexican culture. As he ventures into the underworld with his skeletal guide Hector (Gael Garcia Bernal), Miguel's quest provides Pixar's animators with abundant opportunities for action, spectacle and humour, while the heartfelt story delves into aspects of family, love and memory. 2017, PG, 105MIN

SCI-FI ADVENTURE

Transformers: Dark of the Moon

Film4 HD, 9pm/Film4+1, 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

The third sci-fi blockbuster inspired by the shape-changing toys is here and it is everything you would expect – and more. The explosions are bigger, the special effects are more spectacular, and star Shia LaBeouf (before Mark Wahlberg took over) is even more irritating. Once again, Earth's fate hangs in the balance as the good Autobots and evil Decepticons slug it out, reducing most of Chicago to rubble. 2011, 12, 154MIN

MUSIC BIOPIC

The Doors

Syfy HD, 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

Notwithstanding Val Kilmer's uncanny impersonation of hellbound rock star Jim Morrison, this musical biopic of the seminal 1960s band is an uneven affair. You can't help but feel that director Oliver Stone actually doesnt care much for the band's transcendental music (the script keeps suggesting that they ought to make a proper blues album, although anyone who has heard the band's live blues jams knows what a bad idea that would have been!). 1995, 18, 108MIN

SURVIVAL THRILLER

The High Frontier

Sky Select HD, 12.20am ★★★

Sex ●●● Violence ●●● Language ●●●

Andrzej Chyra's gruff widower takes his two sons (Bartosz Bielenia and Kuba Henriksen) to the remote mountain cabin where he used to work as a border guard. This Polish survival thriller puts machismo under the microscope as it piles challenges and threats upon the trio, including the arrival of a menacing stranger (Marin Dorocinski) in the midst of a fierce blizzard. The pacing is uneven but the best scenes exert a powerful grip. Subtitled. 2016, 15, 98MIN

ALSO ON TUESDAY

Nanny McPhee
Sky Family HD, 4.25pm ★★★
Emma Thompson is no Mary Poppins.

Uncle John
Sky Premiere HD, 6pm ★★★★
John Ashton remains silent.

From Dusk Till Dawn
Syfy HD, 10pm ★★★
George Clooney's in it up to his neck.

Hannibal
Sky Sci-Fi & Horror HD, 10.45pm ★★★
Anthony Hopkins is pleased to eat you.

Kaleidoscope
Film4 HD, 12m't ★★★
What has Toby Jones been up to?

■ Full listings start on p63

Wednesday 20 March

'You know, guys, I don't think we are playing Game of Thrones'

COMEDY ADVENTURE

Jumanji: Welcome to the Jungle

Sky Hits HD, 9.55am & 9pm ★★★

Sex ●●● Violence ●●● Language ●●●

Kevin Hart, Karen Gillan, Jack Black and Dwayne Johnson, are the brawny and brainy avatars of four high-school kids magically stranded inside a jungle video game in this belated follow-up to the 1995 fantasy comedy. Amid the rampaging animals and galloping fun, Johnson is a scream as the teenage nerd who now has the body of a strapping adventure hero, while Gillan perfectly captures the writhing discomfort of a wallflower transformed into a midriff-baring, Lara Croft-style badass. 2017, 12, 119MIN

COMEDY

Horrible Bosses

ITV2 HD, 9pm/ITV2+1, 10pm ★★★

Sex ●●● Violence ●●● Language ●●●

Nine to Five meets *Strangers on a Train* in this farcical comedy, which revolves around a trio of hapless wage slaves (Jason Bateman, Jason Sudeikis and Charlie Day) who are so fed up with their respective bosses from hell (Kevin Spacey, Colin Farrell and Jennifer Aniston) that they decide to bump them off. The would-be assassins' bungling efforts produce a steady supply of laughs, though the jokes are often on the crude side. 2011, 15, 98MIN

SCI-FI ADVENTURE

Star Wars: The Last Jedi

Sky Sci-Fi & Horror HD, 9pm ★★★★

Sex ●●● Violence ●●● Language ●●●

While there are too many plot holes, and far too many last-hope moments as Resistance heroes Rey (Daisy Ridley), Finn (John Boyega) and Poe (Oscar Isaac) strive to avoid total annihilation by the evil First Order, the latest *Star Wars* film has spectacle and energy to spare. And characters such as Adam Driver's conflicted bad guy Kylo Ren and, especially, Mark Hamill's magnificently grizzled, reluctant saviour Luke Skywalker continue to surprise. 2017, 12, 152MIN

THRILLER

Seven

ITV4 HD, 11.15pm/ ITV4+1, 12.15am ★★★★

Sex ●●● Violence ●●● Language ●●●

This thriller from director David Fincher is an unremittingly dark look into the mind of a psychopath. Fincher shrewdly allows your imagination to do most of the work, and the film's violence is lessened thanks to clever editing and the power of suggestion. Morgan Freeman is superb as a detective who is nearing retirement and forced to take on an eager young partner (Brad Pitt) in the pursuit of a vicious serial killer. 1995, 18, 127MIN

ALSO ON WEDNESDAY

Jaws
Sky 5 Star Movies HD, 8pm ★★★★★
That boat's still not getting any bigger.

Layer Cake
TCM HD, 9pm ★★★★
Daniel Craig's not exactly ecstatic.

The Tall Man
Horror, 9pm ★★★
It's a mystery for Jessica Biel.

The Godfather Part II
Sky 5 Star Movies HD, 10.10pm ★★★★★
Al Pacino takes control.

Kills on Wheels
Sky Premiere HD, 11.45pm ★★★★
Szabolcs Thuróczy is in the hot seat.

■ Full listings start on p73

Thursday 21 March

If Mark was going out, he'd go out with a bang

ACTION THRILLER

Shooter

Film4 HD, 9pm/Film4+1, 10pm ★★★★

Sex ●●● Violence ●●● Language ●●●

A taut, streamlined action thriller with Mark Wahlberg as a cynical former gunnery sergeant who finds himself framed for a political assassination and sets out to clear his name with the help of his former buddy's girlfriend Kate Mara and FBI agent Michael Peña. Director Antoine Fuqua is smart enough to know that the best way to plug the numerous holes in the plot is simply to keep the whole thing barrelling along at 100mph so that no one has a chance to question the logic of the story. 2007, 15, 126MIN

DRAMA

Leave No Trace

Sky Select HD, 8pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Winter's Bone director Debra Granik strikes gold again with a superb film about a father and daughter living off the grid. Thomasin McKenzie plays an adolescent girl named Tom who has been living with her haunted army veteran father (Ben Foster) in a secret camp in the midst of a national park near Portland, Oregon. Based on Peter Rock's 2009 novel *My Abandonment*, the film is deeply compelling yet entirely unshowy. 2018, 12, 109MIN

HORROR THRILLER

Drive Angry

5Star, 11.15pm/5Star+1, 12.15am ★★★

Sex ●●● Violence ●●● Language ●●●

Nicolas Cage burns up the road with a tongue-in-cheek supercharged performance that is just right for this raunchy souped-up supernatural action thriller. Cage's angry avenger has escaped from the afterlife to rescue his infant granddaughter from a bloodthirsty satanic cult, pursued by William Fichtner's scarily ruthless bounty hunter from hell. Director Patrick Lussier barely lets his foot off the accelerator as the film barrels along to its fiery climax. 2011, 18, 104MIN

GANGSTER THRILLER

Goodfellas

TCM HD, 11.15pm/ TCM+1, 12.15am ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Martin Scorsese brought his own experiences of growing up in New York's Little Italy to this gangster drama based on the memoirs of real-life Mafia hood Henry Hill (played by Ray Liotta). There are few films that match its chillingly authentic depiction of organised crime and its terrifying portrayal of evil as embodied by psychopathic 'wise guys' Joe Pesci and Robert De Niro. 1990, 18, 143MIN

ALSO ON THURSDAY

The Disaster Artist
Sky Drama HD, 6.10pm ★★★★
Make room for James Franco.

Edge of Tomorrow
5Star, 9pm ★★★
Emily and Tom seize the day.

Priest
Horror, 9pm ★★★
Paul Bettany has right on his side.

Danger One
Sky Premiere HD, 10.10pm ★★
Tom and James take the money and run.

Wildling
Sky Hits HD, 12.35am ★★★
Can Bel Powey be tamed?

■ Full listings start on p83

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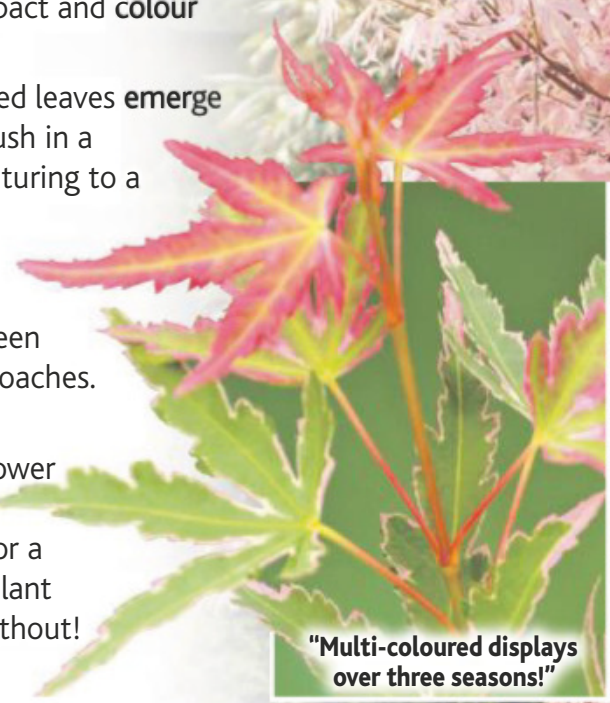
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Films day-by-day

Friday 22 March

Liam realised he could use his work as a smokescreen

WAR DRAMA

Schindler's List

Sky 5 Star Movies HD, 7.15am & 8pm ★★★★★

Sex ●●● Violence ●●● Language ●●●

Steven Spielberg finally reached full maturity as a director with this searing adaptation of Thomas Keneally's novel *Schindler's Ark*. The film tells the true story of German businessman Oskar Schindler (Liam Neeson), a philandering entrepreneur in World War Two Germany whose schmoozing with the Nazi authorities was a cover for his efforts to save his Jewish workforce from the Holocaust. Stunningly shot by cinematographer Janusz Kaminiski, the film picked up seven Oscars, including Best Picture and Director. 1993, 15, 195MIN

ROMANTIC COMEDY

Patrick

Sky Family HD, 6.20pm ★★★

Sex ●●● Violence ●●● Language ●●●

This pooch-themed romcom stars Beattie Edmondson as a harried young London teacher who is aghast when her grandmother bequeaths her a dribbling, disobedient, highly spoilt and demanding pug called Patrick. Helmed by *Absolutely Fabulous* director Mandie Fletcher, this genial, undemanding movie wins no best in show awards, but Edmondson makes a likeable heroine and her canine co-star will no doubt win over susceptible dog lovers. 2018, PG, 94MIN

SCI-FI THRILLER

Jurassic World: Fallen Kingdom

Sky Action HD, 8pm ★★★

Sex ●●● Violence ●●● Language ●●●

Three years on from 2015's *Jurassic Park* reboot, Chris Pratt's rugged dinosaur wrangler Owen and Bryce Dallas Howard's heel-wearing executive Claire (now more sensibly shod) get back into action when a volcano threatens the ill-fated theme park's abandoned island. Director JA Bayona delivers the requisite scares and thrills, even if the pumped-up story remains as preposterous as ever. 2018, 12, 128MIN

COMIC-BOOK ADVENTURE

Iron Man 3

BBC1 HD, 10.35pm ★★★★

Sex ●●● Violence ●●● Language ●●●

Robert Downey Jr is back as wisecracking billionaire inventor Tony Stark, aka superhero Iron Man. Gwyneth Paltrow also returns as Pepper Potts and Ben Kingsley plays a new adversary, The Mandarin – part Osama bin Laden, part Fu Manchu – a terrorist mastermind responsible for a series of bombings. But don't worry about the plot; it is Stark's snarky one-liners, delivered by Downey with a whip-cracking snap, that make the film a winner. 2013, 12, 130MIN

ALSO ON FRIDAY

Crazy, Stupid, Love
ITV2 HD, 8pm ★★★★
Ryan gives Steve a few tips.

Tag
Sky Premiere HD, 8pm ★★★
Jeremy Renner can't be touched.

Cabaret
Talking Pictures, 10pm ★★★★★
Liza Minnelli doesn't sit alone in her room.

Everly
Film4 HD, 10.50pm ★★★
Everyone's gunning for Salma Hayek.

The Ones Below
BBC2 HD, 11.05pm ★★★★
Clémence and Stephen expect the worst.

■ Full listings start on p93

PAY-PER-VIEW HIGHLIGHTS

The pick of the week's films on Sky, Virgin & other platforms

Bohemian Rhapsody
★★★★

The winner of the Best Actor Oscar, Rami Malek looks and moves the part as legendary Queen frontman Freddie Mercury in a rousing biopic chronicling the years leading up to the band's iconic 1985 Live Aid performance at Wembley Stadium. Unashamedly corny in places, and not a little clunky in others, the movie gets things absolutely right where it matters most – capturing the excitement of the band's music. 12, 134MIN

Disobedience
★★★★

The black sheep of an Orthodox Jewish family (Rachel Weisz) causes more than a stir when she returns to her North London community in this heady and suspenseful, beautifully acted adaptation of Naomi Alderman's novel. The film unfolds amid a world of stifling claustrophobia, which makes the story's moments of transgressive desire all the more explosive. 15, 114MIN

Fantastic Beasts: The Crimes of Grindlewald
★★★

PREMIERE (Available from Mon) See review, right. 12, 134MIN

The Grinch
★★★

Benedict Cumberbatch voices the title character in this animated comedy based on the classic story by Dr Seuss about a curmudgeonly green creature determined to ruin Christmas for the annoyingly chipper citizens of Whoville. The film won't go down as a festive classic, but it remains colourful, breezy fun. U, 86MIN

Halloween
★★★★

Forty years on from John Carpenter's groundbreaking 1978 horror film, scream queen Jamie Lee Curtis reprises her iconic role as Laurie Strode – now a hard-ass grandma – for a final showdown with that unforgettable cinematic bogeyman Michael Myers. The film delivers a series of neat hat-tips to the original. 18, 106MIN

The Hate U Give
★★★★

Amandla Stenberg's 16-year-old is adept at navigating the social divide between her poor, mostly black home neighbourhood and the rich, mostly white school she attends. But her two worlds collide when she witnesses the fatal shooting of her childhood best friend at the hands of the police. Based on the best-selling novel by Angie Thomas, this coming-of-age story is both an accessible teen movie and topical drama. 12, 113MIN

It could be an open and shut case for Eddie

PREMIERE

FANTASY ADVENTURE

Fantastic Beasts: The Crimes of Grindewald

Available from Monday ★★★

Sex ●●● Violence ●●● Language ●●●

Eddie Redmayne's bashful hero Newt Scamander is back for the second episode of the new series spun from JK Rowling's expanding Potterverse. But as Newt and his allies get drawn deeper into the gathering storm brought about by dark wizard Grindelwald (Johnny Depp), the story tends to be overwhelmed by Rowling's prodigiously inventive flair. 2018, 12, 134MIN

Nina
★★★

A French teacher (Julia Kijowska) is struggling to have a child with her husband (Andrzej Konopka), but when the couple hit upon a free-spirited young lesbian (Eliza Rycembel) as a potential surrogate, Nina lights a fuse that will ignite unexpected desires and explode her marriage. The film is overlong, but the female stars have terrific chemistry. Subtitled. 15, 140MIN

Slaughterhouse Rulez
★★★

A band of plucky public school pupils, including Finn Cole's working-class northerner, fight for survival against subterranean monsters in this larky but very gory horror comedy, from the production company of Simon Pegg and Nick Frost. They also have roles, along with Michael Sheen and Margot Robbie. The movie is very hit-and-miss, but is sufficiently weird and rowdy to be fun. 15, 103MIN

Triple Frontier
★★★

PREMIERE (Available on Netflix from Wed) Five US Special Forces veterans – Oscar Isaac, Ben Affleck, Charlie Hunnam, Garrett Hedlund and Pedro Pascal – reunite to pull off the ultimate high-stakes heist in this muscular crime thriller. Inevitably, the mission hits unforeseen snags, loyalties get strained and things turn sour... The action has suitable heft, but the movie is very formulaic. *See Feature, Page 4.* 15, 125MIN

Widows
★★★

PREMIERE (Available from Mon) Steve McQueen, the director of *12 Years a Slave*, teams up with *Gone Girl* author Gillian Flynn for a heist thriller starring Viola Davis and Michelle Rodriguez. Based on Lynda La Plante's iconic 1980s TV series and relocated to Chicago, the movie doesn't entirely pull off its uneasy mix of gloss and grit, and its twists are far too blatantly signposted to generate any suspense. 15, 130MIN

Wildlife
★★★★

PREMIERE (Available from Mon) Carey Mulligan and Jake Gyllenhaal will really wring your heart in this achingly sad movie about a crumbling marriage in early-1960s Montana. And so, too, will young Australian actor Ed Oxenbould as the couple's emotionally bruised son. Director Paul Dano adapted the film with his actress partner Zoe Kazan from the book by acclaimed US novelist Richard Ford. 12, 105MIN

Sport week

Your **ultimate guide** to the best of the week's live action

THE MAIN EVENT

F1: Australian Grand Prix

As the new season gets underway in Melbourne, Sky Sports' **Martin Brundle** gives us six reasons to be excited...

LIVE MOTORSPORT

Sun, Sky Sports F1 HD, Main Event HD & Sky One HD, race starts 5.10am

British world champion Lewis Hamilton roars back on to the track on Sunday with the start of the new Formula One season in Melbourne.

This season could be the most exciting for years with new aerodynamic regulations being introduced to create more wheel-to-wheel racing and overtaking.

'The cars will look different with wider, but simplified, front wings,' says former F1 driver and Sky Sports expert Martin Brundle. 'This season is all about change, with lots of new team pairings and some fearsomely fast young drivers.'

Here, Brundle picks his big talking points ahead of race one…

LEWIS THE LEGEND

Mercedes' Lewis Hamilton is chasing a sixth F1 championship. Will he be motivated to make history or will he take his foot off the gas?

Five-time winner Lewis Hamilton

'Lewis has reached the perfect crossover point of experience, fitness, bravery, race craft and technical knowledge,' says Brundle. 'I wouldn't be surprised if he matches or surpasses Michael Schumacher's seven world titles before he retires.'

NEW-LOOK GRID

Mercedes and Haas are the only teams to field the same driver pairing in 2019 as they did in 2018. This season will feature plenty of drivers in new colours, including Daniel Ricciardo, who switches from Red Bull to Renault. 'Never underestimate Daniel. Renault will win a race or two and reduce the gap between them and Mercedes, Ferrari and Red Bull,' says Brundle.

YOUNG BRITS

This year, 20 per cent of the drivers are rookies, including British newcomers Lando Norris at McLaren and reigning Formula 2 champ George Russell at Williams. 'They are the best-prepared young drivers ever to enter F1,' says Brundle. 'Neither will be in front-running cars, but they still have a chance to shine.'

FIRED-UP FERRARI

With talented 21-year-old Charles Leclerc teaming up with Sebastian Vettel, can the Scuderia catch up with Mercedes? 'Ferrari have a unique pressure from their home fans and the media,' explains Brundle. 'Providing they hit the sweet spot with the new aero regulations, they should be championship contenders again.'

McLaren's Lando Norris

POLE POSITION

Robert Kubica returns to F1 after an absence of eight years. The Polish driver is lining up for Williams after he nearly lost his arm in a horrific rallying accident in 2011. 'It's a fairy-tale story,' says Brundle. 'He's worked long and hard to get back in physical shape for the demands of F1.'

POWER PLAY

After underperforming using Renault engines, Red Bull will be switching to Honda power this year. 'It's now or never for Red Bull and Honda. There is nowhere else to go if this doesn't work,' reveals Brundle. 'I expect them to win races in 2019 and be championship contenders in 2020.'

2019 RACE CALENDAR

This year, Sky Sports has live TV rights for all 21 races. C4 will show live coverage of the British Grand Prix, and broadcast a highlights package of the other races on Sunday evenings.

17 Mar	Australia
31 Mar	Bahrain
14 Apr	China
28 Apr	Azerbaijan
12 May	Spain
26 May	Monaco
9 Jun	Canada
23 Jun	France
30 Jun	Austria
14 July	Great Britain
28 July	Germany
4 Aug	Hungary
1 Sep	Belgium
8 Sep	Italy
22 Sep	Singapore
29 Sep	Russia
13 Oct	Japan
27 Oct	Mexico
3 Nov	USA
17 Nov	Brazil
1 Dec	Abu Dhabi

WORDS: RICHARD MCCLURE. PHOTOS: GETTY, PA IMAGES, REX, SKY

LIVE RUGBY UNION

Six Nations

Saturday, BBC1 HD & ITV HD

This 2019 championship is set for a thrilling finale with the final round of matches played on Saturday. Proceedings begin at the Stadio Olimpico where Italy take on France (ITV HD, kick-off 12.30pm), followed by a titanic tussle between Wales and 2018 champions Ireland at the Principality Stadium (BBC1 HD, kick-off 2.45pm). The action then switches to Twickenham as England and Scotland face off in the Calcutta Cup (ITV HD, kick-off 5pm), with Gregor Townsend's side seeking a first win on English soil since 1983.

Wales' Gareth Davies evades Ireland's James Ryan

England's Harry Kane

LIVE FOOTBALL

Euro 2020 qualifiers

Thu & Fri, Sky Sports Football HD, Main Event HD & ITV HD

Gareth Southgate's Three Lions begin their Euro 2020 qualifiers at Wembley on Friday against the Czech Republic (ITV HD, kick-off 7.45pm). If England finish in the top two of Group A, they will automatically qualify for the finals. On Thursday, Scotland play on Kazakhstan's artificial pitch (Sky Sports Football HD & Sky Sports Main Event HD, kick-off 3pm) and Northern Ireland host Estonia (Sky Sports Football HD & Sky Sports Main Event HD, kick-off 7.45pm).

LIVE FOOTBALL

FA Cup quarter-finals

Saturday & Sunday, BBC1 HD & BT Sport 2 HD

This year's last eight will be giving their all this weekend. Saturday's action starts at Vicarage Road where Watford host Crystal Palace (BT Sport 2 HD, kick-off 12.15pm). That's followed by Manchester City's trip to Swansea City (BT Sport 2 HD, kick-off 5.20pm), before a tasty clash between Wolves and Manchester United (BBC1 HD, kick-off 7.55pm). The sixth round concludes on Sunday with Millwall v Brighton (BBC1 HD, kick-off 2pm).

Manchester United's Luke Shaw and Wolves winger Adama Traoré

Michael van Gerwen

LIVE DARTS

Premier League

Thursday, Sky Sports Action HD

The Premier League heads to Berlin for a second year running this week following 2018's sellout success at the Mercedes-Benz Arena. World No.1 Michael van Gerwen has been the early pacesetter in this year's contest and tops the table, while Northern Ireland's Daryl Gurney is also in good form.

Sport A-Z and football planner ›››

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Sport week

TEASER Lewis Hamilton has now won five F1 world titles. Name the driver who has won seven? Answer at bottom of page

A-Z GUIDE
This week's sport on TV

AUSTRALIAN RULES

LIVE Carlton Blues v Richmond Tigers
Thu 8am BT Sport 2
Coverage of the opening AFL match of the season from the MCG.

LIVE Collingwood Magpies v Geelong Cats
Fri 8.30am BT Sport 3
AFL coverage from the MCG.

LIVE Melbourne Demons v Port Adelaide Power
Fri 2.30am BT Sport 3
AFL coverage from the MCG of another opening-round match.

BASEBALL

LIVE St Louis Cardinals v Philadelphia Phillies
Mon 5pm BT Sport/ESPN
Pre-season action from Roger Dean Chevrolet Stadium in Jupiter, Florida.

LIVE Colorado Rockies v Cincinnati Reds
Mon 8pm BT Sport/ESPN
Pre-season coverage from Salt River Fields at Talking Stick, Scottsdale.

LIVE Oakland Athletics v Seattle Mariners
Wed & Thu 9.30am BT Sport/ESPN
Coverage of the opening MLB games of the season, as the American League West teams meet twice at Tokyo Dome in Japan.

BASKETBALL

LIVE College Basketball
Sat 3pm, 5pm, 7.30pm, 10pm, 12.30am & 2.30am; Sun 5pm & 7.15pm BT Sport/ESPN; Sun 6pm BT Sport 3
The American East Championship, the Big 12 and the SEC semi-finals.

LIVE Boston Celtics v Atlanta Hawks
Sat 4.30pm Sky Sports Arena & Sky Sports Mix
NBA Eastern Conference coverage from TD Garden.

LIVE Milwaukee Bucks v Philadelphia 76ers
Sun 7.15pm Sky Sports Arena
Coverage of the NBA Eastern Conference clash from Fiserv Forum.

LIVE NCAA Women's Championship
Mon 11pm BT Sport/ESPN
Coverage from Division I.

LIVE NCAA Men's Tournament
Tue & Wed 10.30pm & 1am; Thu & Fri 4pm, 6.30pm, 9pm, 11pm & 1.30am BT Sport/ESPN
Action from Division I, including several first-round matches.

LIVE Philadelphia 76ers v Boston Celtics
Wed 11pm Sky Sports Main Event & Sky Sports Arena
NBA Eastern Conference coverage from Wells Fargo Centre.

LIVE Washington Wizards v Denver Nuggets
Thu 11pm Sky Sports Main Event & Sky Sports Arena
NBA action from Capital One Arena.

LIVE Toronto Raptors v Oklahoma City Thunder
Fri 11.30pm Sky Sports Main Event & Sky Sports Arena
NBA action from Scotiabank Arena.

BOXING

LIVE Errol Spence Jr v Mikey Garcia
Sat 2am ITV4
Coverage of the bout for the IBF world welterweight title at AT&T Stadium in Arlington, Texas.

COMBAT SPORTS

LIVE Darren Till v Jorge Masvidal
Sat 6pm & 8pm BT Sport 1
Coverage of the UFC welterweight bout from The O2 Arena.

LIVE Emmanuel Sanchez v Ashleigh Grimshaw
Fri 2am Sky Sports Action
Coverage of the featherweight bout in Thackerville, Oklahoma.

CRICKET

LIVE South Africa v Sri Lanka
Sat 10.55am Sky Sports Cricket
Coverage of the fifth one-day international in the series from Newlands in Cape Town.

LIVE New Zealand v Bangladesh
Sat-Tue 9.55pm Sky Sports Cricket, Sat-Tue 11pm Sky Sports Main Event
Coverage of the final Test from Christchurch.

LIVE South Africa v Sri Lanka
Tue & Fri 3.55pm Sky Sports Cricket; Tue 4pm Sky Sports Main Event
Coverage of the first two T20 internationals in the three-match series from Newlands, Durban, and Centurion, Cape Town.

CYCLING

LIVE Tirreno-Adriatico
Sat & Sun 1pm; Mon & Tue 12.45pm Euro2
Coverage of stages four, five, six and seven of the elite race in Italy.

LIVE Nokere Koerse
Wed 2pm Euro2
Coverage of the one-day race in Flanders, Belgium, featuring a 195.6km ride from Deinze to Nokere.

LIVE Handzame Classic
Fri 2.30pm Euro2
Coverage of the one-day race from Belgium, featuring a 199km journey through the Flanders region.

LIVE Six Days Manchester
Fri 8pm Euro2
Coverage of day one from the National Cycling Centre.

DARTS

LIVE Premier League Darts
Thu 7pm Sky Sports Action
Coverage of the seventh round of the season at Mercedes-Benz Arena in Berlin. See page 27.

EQUESTRIAN

LIVE Show Jumping
Sun 2pm Sky Sports Mix
Coverage of the Dutch Masters, a Grand Slam of Show Jumping event in s-Hertogenbosch.

FIGURE SKATING

LIVE World Championships
Wed & Thu 7.30am; Fri 8.30am Euro2
Coverage of the ladies' and men's short discipline and the ladies' free discipline at Saitama Super Arena in Japan.

GAELIC GAMES

LIVE St Patrick's Day Schools' Cup Finals
Mon 1pm BBC2 (N Ireland)
Action from the MacRory Cup final between St Michael's Enniskillen and Omagh CBS and the Ulster Schools Cup final between Campbell College and Methodist College.

GOLF

LIVE The Kenya Open
Sat & Sun 9.30am Sky Sports Golf & Sky Sports Mix; Sat 10.30am & Sun 10am Sky Sports Main Event
European Tour from Karen Country Club in Nairobi.

LIVE The Players Championship
Sat 6pm & Sun 5pm Sky Sports Golf; Sat 6am & Sun 7pm Sky Sports Main Event
Coverage of the third and fourth days of a tournament widely regarded as the unofficial fifth Major, from TPC at Sawgrass in Florida.

LIVE Maybank Championship
Thu & Fri 3.30am & 7.30am Sky Sports Main Event & Sky Sports Golf
Coverage of the European Tour event at the Saujana Golf and Country Club in Kuala Lumpur, Malaysia.

LIVE Valspar Championship
Thu & Fri 12.45pm & 7pm Sky Sports Golf; Thu & Fri 12.45pm, Thu 10pm, Fri 9.45pm Main Event
England's Paul Casey defends his PGA Tour title at the Innisbrook Resort in Palm Harbour, Florida.

HOCKEY

LIVE Australia v Argentina
Sat 4am BT Sport 2
Coverage of the men's FIH Pro League match from Sydney Olympic Park Hockey Centre.

LIVE Australia v Argentina
Sat 6am BT Sport/ESPN
Coverage of the women's FIH Pro League match from Sydney Olympic Park Hockey Centre.

LIVE Australia v New Zealand
Sun 6am BT Sport 2
Coverage of the women's FIH Pro League match from Sydney Olympic Park Hockey Centre.

LIVE China v Argentina
Thu 8am BT Sport 1
Coverage of the women's FIH Pro League match from Wujin Stadium.

LIVE China v New Zealand
Fri 8am BT Sport 2
Coverage of the women's FIH Pro League match from Wujin Hockey Stadium in Changzhou.

HORSE RACING

LIVE ITV Racing from Uttoxeter
Sat 1.30pm ITV4
Ed Chamberlin presents coverage of the 3.35 Midlands Grand National from Uttoxeter, and races at 1.50, 2.25 and 3.00. Plus, three races from Kempton Park.

ICE HOCKEY

LIVE Los Angeles Kings v Florida Panthers
Sat 8pm FreeSports
Coverage of the NHL clash from Staples Centre, Los Angeles.

LIVE Glasgow Clan v Cardiff Devils
Wed 7pm FreeSports
Coverage of the Elite Hockey League match from Braehead Arena.

MOTORCYCLING

LIVE Asia Talent Cup
Sat 7.15am; Sun 4.30am BT Sport 3
Coverage of round two, races three and four from Buriram, Thailand.

LIVE World Superbikes
Sat 5.30am Euro2
Coverage of race two at the second round of the season in Thailand, staged at Chang International Circuit in Buriram Province. Highlights: Wed 10.15pm ITV4.

MOTORSPORT

LIVE Virgin Australia Supercars
Sat 7am & 2.15am BT Sport 2
Coverage of races five and six from the Melbourne 400 at Albert Park.

F1: Australian Grand Prix
Sat 8am Sky Sports Main Event; Sat 8am & 12.30am Sky Sports F1; Sat 12noon C4
Highlights of the qualifying session from Albert Park, Melbourne.

LIVE F1: Australian Grand Prix
Sat 3.30am, 4.30am & 5.05am Sky Sports Main, Sky Sports F1 & Sky One
Build-up and coverage of the first round of the season at Albert Park, Melbourne, as Lewis Hamilton begins his quest to retain his title. Race starts at 5.10am. See page 26.

F1 Australian Grand Prix
Sun 2pm C4, 6pm Sky Sports F1
Highlights from the opening round of the season.

LIVE NASCAR
Sun 7pm FreeSports
Coverage of the Auto Club 400, the sixth round of the season from Auto Club Speedway in Fontana, California.

LIVE Formula E: China GP
Fri 11.15pm, 1.30am & 3am BT Sport 1, 3.05am Euro1
Action from the practice sessions and qualifying ahead of round six of the Formula E Championship in Sanya, China.

LIVE Jaguar I-Pace eTrophy Series
Fri 12.15am & 4.45am BT Sport 1
Qualifying and race action from round four in Sanya, China.

NETBALL

LIVE Mystics v Magic
Sat 3am Sky Sports Action & Sky Sports Mix
Coverage of the ANZ Premiership match from the fourth round of fixtures at Eventfinda Stadium.

LIVE Steel v Tactix
Sat 5am & 6am Sky Sports Action & Sky Sports Mix
Coverage of the ANZ Premiership match at ILT Stadium Southland, Invercargill.

LIVE Stars v Pulse
Mon 6.40am Sky Sports Main Event, Sky Sports Action & Sky Sports Mix
Coverage of the ANZ Premiership match at Pulman Arena.

LIVE Loughborough Lightning v Wasps
Mon 6.45pm Sky Sports Main Event, Sky Sports Action & Sky Sports Mix
Coverage of the Superleague match from the 10th round of fixtures at Sir David Wallace Arena.

POOL

LIVE Champions Cup
Thu 7pm FreeSports
Coverage of week six of the event, featuing the leading IPA players.

RUGBY LEAGUE

LIVE Gold Coast Titans v Canberra Raiders
Sun 7.05am Sky Sports Arena
Coverage of the match from the opening round of ARL, taking place at Cbus Super Stadium.

LIVE Betfred Super League
Sun 2.55pm Sky Sports Arena
Coverage of a crucial game.

LIVE Toronto Wolfpack v Batley Bulldogs
Sun 5pm Sky Sports Arena
Coverage of the English second-tier match from Lamport Stadium.

The Super League Show
Mon 11.20pm BBC1 (North); Tue 1pm BBC2
Highlights of Warrington Wolves v Wigan Warriors, Castleford Tigers v Salford Red Devils and Hull FC v Wakefield Trinity.

LIVE St George-Illawarra Dragons v South Sydney Rabbitohs
Thu 8.45am Sky Sports Arena
Australian Rugby League coverage from UOW Jubilee Oval.

LIVE Wakefield Trinity v Warrington Wolves
Thu 7pm Sky Sports Arena
Coverage of the Betfred Super League from Mobile Rocket Stadium.

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TEASER ANSWER MICHAEL SCHUMACHER

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1 Pre-planted begonia basket **£14.99**

2 BASKETS - ~~£29.98~~

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HURRY OFFER MUST END MARCH 26th

Begonia 'Apricot Shades Improved' Baskets

For hassle-free gardening, look no further than a pre-planted basket for easy, summer-long colour and interest. Your pre-planted basket will contain Begonia 'Apricot Shades Improved' which produces large, cascading, double blooms that will pour from your basket from July to October. You'll be enjoying gorgeous flowers in shades of apricot and orange that reach 6-10cm (2.5-4") in diameter all summer and well into autumn. These tuberous begonias will perform whatever the weather and can be placed in sunny or semi shaded positions. **Supplied as 27cm (10.5in) pre-planted baskets. Pre-order for May delivery.**

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Product Code	Item Description	Price	Qty	Total
KA1167	Begonia Apricot Shades Pre-planted basket x1	£14.99		
TKA1168	Begonia Apricot Shades Pre-planted basket x2 ~~£29.98~~	**£18**		
81740	Garden Grow Hanging Basket wall bracket x1	£2.99		
T57594P	Garden Grow Hanging Basket wall bracket x2	£5.49		
KA2524	Maxicrop Plant Treatment	£1.00		
			P&P	£4.95
			Grand Total	

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Offer subject to availability. We reserve the right to substitute varieties if necessary. *Please note that savings are based on the equivalent of multiples of the cheapest pack size. © 2019 Thompson & Morgan. † For full T & C's, please visit www.thompson-morgan.com. Regretfully we are unable to ship live plants to the following areas: HS, IV41-IV56, KW15-KW17, PA34, PA41-48, PA60-PA78, PA80, PH40-PH44, TR21-TR24, ZE1-ZE3.

LIVE Canberra Raiders v Melbourne Storm
Fri 6.55am Sky Sports Arena
ARL coverage from GIO Stadium.

LIVE Brisbane Broncos v North Queensland Cowboys
Fri 8.50am Sky Sports Arena
ARL action from Suncorp Stadium.

LIVE Castleford Tigers v St Helens
Fri 7pm Sky Sports Arena
Betfred Super League coverage from Mend-A-Hose Jungle.

RUGBY UNION

LIVE Highlanders v Crusaders
Sat 6.30am Sky Sports Action
Super Rugby coverage from New Zealand at Forsyth Barr Stadium.

LIVE Italy v France
Sat 12noon ITV
Six Nations coverage from Stadio Olimpico in Rome.

LIVE Lions v Rebels
Sat 1pm Sky Sports Arena
Super Rugby coverage.

LIVE Wales v Ireland
Sat 2pm BBC1 & S4C
Both teams could be in the hunt for the Six Nations title at the Principality Stadium. See page 27.

LIVE England v Scotland
Sat 4.15pm ITV
Coverage of the final match of this year's Six Nations at Twickenham.

LIVE England Women v Scotland Women
Sat 7.30pm Sky Sports Action & Sky Sports Mix
Coverage from Twickenham of the final round of the women's Six Nations.

LIVE Clermont Auvergne v Pau
Sun 11.25am Sky Sports Action
Coverage of the French top-flight clash from Stade Marcel-Michelin.

LIVE Wales Women v Ireland Women
Sun 1.15pm S4C
All the action from the Six Nations encounter at Cardiff Arms Park.

LIVE Leinster Schools Rugby
Sun 1.50pm FreeSports
Coverage of a match in the competition for secondary schools.

LIVE Northampton Saints v Saracens
Sun 2.30pm BT Sport 1
Coverage from Franklin's Gardens of the Premiership Rugby Cup final. Highlights: Mon 7pm Channel 5.

LIVE Toulouse v Lyon
Sun 3.45pm Sky Sports Action
Coverage of the French top-flight clash from Stade Ernest-Wallon.

Six Nations Highlights
Sun 5pm BBC2, 6pm BBC2 (Wales)
Action from the final round.

LIVE Blues v Highlanders
Fri 6.30am Sky Sports Action
Super Rugby action from Eden Park in Auckland, New Zealand.

LIVE Merthyr v Pontypridd
Fri 7pm BBC2 (Wales)
Action from the WRU National Cup quarter-final at The Wern.

LIVE Leicester Tigers v Northampton Saints
Fri 7pm BT Sport 1
Gallagher Premiership action from Welford Road.

LIVE Connacht v Benetton
Fri 7pm FreeSports
Pro14 action at The Sportsground.

SKIING

LIVE Alpine
Sat 8.15am, 9.15am, 11am Euro1, 12noon Euro2
Coverage from Soldeu in Andorra of the men's and women's giant slalom.

LIVE Nordic Combined
Sat & Sun 10.45am Euro2
Coverage of the men's HS109 event from Schonach, Germany.

LIVE Biathlon
Sat 12.15pm & 3pm; Sun 12.15pm & 2.45pm Euro1
The World Championships from Ostersund, Sweden, including the women's and men's relays.

LIVE Cross-Country
Sat 1.45pm; Sun 10.15am & 1.30pm Euro1
Coverage from Falun in Sweden.

LIVE Alpine
Sun 8.15am, 9.15am, 11.30am Euro1, 12noon Euro2
Action from Soldeu of the women's giant slalom and men's slalom.

LIVE Biathlon
Thu 3.15pm Euro2; Fri 3.15pm Euro1
Coverage from Oslo, Norway.

LIVE Cross-Country Skiing
Fri 5.15pm Euro2
Coverage from Quebec, Canada.

SNOOKER

LIVE Gibraltar Open
Sat 6pm; Sun 6.45pm Euro2
Coverage of the semi-final and final.

LIVE Tour Championship
Tue-Fri 12.45pm & 6.45pm ITV4
Coverage up to the semi-finals from Venue Cymru in Llandudno.

TENNIS

LIVE BNP Paribas Open
Sun 8pm BT Sport 1
Action from the final at Indian Wells.

LIVE Miami Open
Tue-Fri 4pm BT Sport 1
Action from the WTA Tour event.

WINTER SPORTS

LIVE Ski Jumping
Sat 5pm Euro1; Sun 3.45pm Euro1
Coverage of the World Cup meeting from Vikersund in Norway, featuring the men's HS240 competition.

LIVE Women's Curling World Championships
Sat 6.30pm; Mon 1pm & 6pm; Tue 6pm; Wed 8am & 6pm; Thu 1pm & 7.30pm; Fri 6pm Euro1
Coverage of the round-robin matches at Silkeborg Sportscentre in Denmark. The hosts face USA in the opening match on Saturday.

LIVE Ski Jumping
Thu 9.45am & Fri 1.15pm Euro1
Coverage of qualifying for the men's individual HS240 event from Planica, Slovenia.

WRESTLING

LIVE WWE Late Night Raw
Mon 12m't Sky Sports Arena
US grappling action.

LIVE WWE Late Night Smackdown
Tue 12m't Sky Sports Arena

LIVE NCAA Championship
Thu 4pm BT Sport 3
Action from the first round of the NCAA Division I Wrestling Championships.

Football planner

LIVE CHAMPIONSHIP

Leeds United v Sheffield United

Saturday, Sky Sports Football HD & Sky Sports Main Event HD, kick-off 12.30pm

With both sides pushing for automatic promotion to the Premier League, there is plenty at stake in this Yorkshire derby. Blades midfielder Kieran Dowell has been a revelation since joining on loan from Everton.

LIVE PREMIER LEAGUE

Fulham v Liverpool

Sunday, Sky Sports Premier League HD & Sky Sports Main Event HD, kick-off 2.15pm

Despite the efforts of sacked boss Claudio Ranieri, Fulham look doomed to make a swift return to the Championship. The Whites lost 2-0 at Anfield in November with Mohamed Salah and Xherdan Shaqiri on target for the title-chasing Reds.

LIVE PREMIER LEAGUE

Everton v Chelsea

Sunday, Sky Sports Premier League HD & Sky Sports Main Event HD, kick-off 4.30pm

Chelsea might make some changes following their long-haul trek to Kiev for the Europa League last week. Ross Barkley is likely to get a mixed reception when he returns to Goodison Park for the first time since leaving the club last season.

Saturday 16

LIVE Newcastle Jets v Central Coast Mariners
6.30am BT Sport 1 (k-o 6.35am)
A-League clash.

LIVE Melbourne Victory v Brisbane Roar
8.45am BT Sport 1 (k-o 8.50am)
A-League at Marvel Stadium.

LIVE Watford v Crystal Palace
11.45am BT Sport 2 (k-o 12.15pm)
Coverage of the FA Cup quarter-final at Vicarage Road.

LIVE Leeds United v Sheffield United
12noon Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
Championship at Elland Road.

LIVE Hamburg v Darmstadt
12noon BT Sport 1
Bundesliga 2 encounter.

LIVE Swansea City v Manchester City
5pm BT Sport 2 (kick-off 5.20pm)
Action from the quarter-final stage of the FA Cup at the Liberty Stadium.

LIVE Hertha Berlin v Borussia Dortmund
5.15pm BT Sport 3 (k-o 5.30pm
Bundesliga at the Olympiastadion.

LIVE SPAL v AS Roma
5.15pm FreeSports
Serie A at Stadio Paolo Mazza.

LIVE Wolverhampton Wanderers v Manchester United
7.30pm BBC1 (kick-off 7.55pm)
FA Cup quarter-final at Molineux.

LIVE New York Red Bulls v San Jose Earthquakes
7.50pm Sky Sports Football
MLS at Red Bull Arena.

Sunday 17

LIVE Wellington Phoenix v Western Sydney Wanderers
6am BT Sport 1
A-League at the Westpac Stadium.

LIVE Sydney FC v Melbourne City
8am BT Sport 1
A-League at Lottoland.

LIVE Dundee v Celtic
12noon Sky Sports Main Event & Sky Sports Football (kick-off 12.30pm)
Scottish Premiership at Dens Park.

LIVE Bayer Leverkusen v Werder Bremen
12.30pm BT Sport 2
Bundesliga at the BayArena.

LIVE Fulham v Liverpool
1.30pm Sky Sports Premier League; 2pm Sky Sports Main Event (kick-off 2.15pm)
Premier League at Craven Cottage.

LIVE Millwall v Brighton & Hove Albion
1.40pm BBC1 (kick-off 2pm)
FA Cup quarter-final at the Den.

LIVE Reims v Nantes
2pm BT Sport 3
Ligue 1 encounter.

LIVE Eintracht Frankfurt v Nuremberg
2.30pm BT Sport 2
Bundesliga clash.

LIVE Bordeaux v Rennes
4pm BT Sport 3
Ligue 1 at the Matmut Atlantique.

LIVE Everton v Chelsea
4.15pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm)
Premier League at Goodison Park.

LIVE Bayern Munich v Mainz
4.45pm BT Sport 2 (k-o 5pm)
Bundesliga at the Allianz Arena.

LIVE Real Betis v Barcelona
7.30pm ITV4 (kick-off 7.45pm)
La Liga at Estadio Benito Villamarin.

LIVE PSG v Marseille
7.45pm BT Sport 2 (kick-off 8pm)
Ligue 1 at the Parc des Princes.

LIVE FC Cincinnati v Portland Timbers
9.15pm Sky Sports Football & Sky Sports Mix
MLS at Nippert Stadium.

Monday 18

LIVE Mansfield Town v Lincoln City
7.30pm Sky Sports Football; 7.45pm Sky Sports Main Event (kick-off 7.45pm)
League Two at One Call Stadium.

LIVE Regensburg v Greuther Furth
7.30pm BT Sport 1
Bundesliga 2 clash.

Thursday 21

LIVE Kazakhstan v Scotland
2.30pm Sky Sports Main Event & Sky Sports Football (k-o 3pm)
Coverage of the Group I Euro 2010 qualifier at the Astana Arena.

LIVE Germany Under-21s v France Under-21s
5.15pm Eurosport (k-o 5.30pm)
Friendly match at Stadion Essen.

LIVE Northern Ireland v Estonia
7.30pm Sky Sports Main Event & Sky Sports Football (k-o 7.45pm)
Coverage of the Group C Euro 2020 qualifier from Windsor Park.

LIVE England Under 21s v Poland Under 21s
7.30pm BT Sport 2 (k-o 7.45pm)
Friendly at Ashton Gate.

LIVE Belgium v Russia
7.40pm Sky Sports Premier League & Sky Sports Mix (kick-off 7.45pm)
Group I Euro 2020 qualifier.

Friday 22

LIVE Bulgaria v Montenegro
4.55pm Sky Sports Football; 5pm Sky Sports Main Event (kick-off 5pm)
Group A Euro 2020 qualifier from Vasil Levski National Stadium.

LIVE England v Czech Republic
7pm ITV (kick-off 7.45pm)
Group A Euro 2020 qualifying fixture at Wembley Stadium.

LIVE Moldova v France
7.40pm Sky Sports Main Event & Sky Sports Football (k-o 7.45pm)
Group H Euro 2020 qualifier.

LIVE Portugal v Ukraine
7.40pm Sky Sports Premier League & Sky Sports Mix (kick-off 7.45pm)
Coverage of the Group B Euro 2020 qualifier from Estadio da Luz.

PHOTOS: PA IMAGES

TV&Satellite week

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Veronica spicata 'Bubblegum Candles'

A recent introduction, Veronica spicata 'Bubblegum Candles' is a free-flowering variety that makes a fabulous patio plant. Short, pink flower spikes are borne in profusion throughout summer above the bright green foliage. This neat little perennial has a compact, clump-forming, spreading habit that works beautifully in containers or planted at the front of borders. Also makes a useful plant for wildlife areas where it attracts bees and butterflies.

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KA9010	6 veronica jumbo plug plants	£19.99		
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D9733	3 Pack Garden Work Gloves Medium	£7.99		
D9734	3 Pack Garden Work Gloves Large	£7.99		
58600	25 litres incredicompost® + 100g pack of incredibloom® Fertiliser	£9.99		
56335	70 litres incredicompost® + 210g pack of incredibloom® Fertiliser	£14.99		
T56850P	1 patio pot + saucer	£9.99		
T59095P	2 patio pot + saucers	£17.99		
KA2524	Maxicrop plant treatment. One treatment covers your whole order.	£1	Tick [ ]	
			P&P	**£4.95**
			TOTAL	

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Saturday

16 March

Evening Planner

Football

FA Cup
BT Sport 2 HD & BBC1 HD, kick-offs 12.15pm, 5.20pm & 7.55pm
Watford v Crystal Palace, Swansea v Man City, and Wolves v Man Utd in the QFs

Rugby Union

Six Nations
ITV HD & BBC1 HD, kick-offs 12.30pm, 2.45pm & 5pm
The final round sees Italy v France, Wales v Ireland, and England v Scotland

Documentary

Teddy Pendergrass: If You Don't Know Me
Sky Arts HD, 9pm
The tragic life story of the Harold Melvin & The Blue Notes lead singer

Chat show

The Jonathan Ross Show
ITV HD, 9.30pm
Actor Ralph Fiennes, comic Jack Whitehall and maths genius Rachel Riley have a chat, plus rapper Lizzo performs

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	◂ 6.40 Pointless...	7.30 Match of the Day: The FA Cup – Live: Wolverhampton Wanderers v Manchester United (Kick-off 7.55)					10.00 News	10.20 Match of the Day
102 BBC2	◂ 6.30 Race Across...	7.30 The Great British Sewing Bee		8.30 Dad's Army	9.00 QI XL	9.45 Robbie Williams: One Night at the Palladium		
103 ITV	◂ 4.15 Six Nations...	7.30 The Voice UK				9.30 The Jonathan Ross Show		10.30 News
104 CHANNEL 4	7.00 Great Canal Journeys		8.00 Film: The Second Best Exotic Marigold Hotel					10.25 Film: Sicario
105 CHANNEL 5	◂ 6.15 The Yorkshire...	7.30 Elizabeth: Our Queen – The Early Years				9.30 The Queen Mum: The Lost Year		10.30 Film: Inferno
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own		9.00 Rob & Romesh vs... Fashion		10.00 Comedians...	10.30 Karl Pilkington...
Entertainment								
116 BBC4	7.00 The Inca: Masters of the Clouds		8.00 Hunters of the South Seas		9.00 Trapped			
118 ITV2	◂ 6.25 Film: The Hobbit: The Battle of the Five Armies				9.00 Film: Horrible Bosses			
136 MORE4	◂ 6.55 Four in a Bed		8.00 Emergency Helicopter Medics		9.00 Film: The Beatles: Eight Days a Week – The Touring Years			
135 E4	7.00 The Big Bang Theory	7.55 Film: Home Alone					10.00 Film: Transporter 2	
107 SKY WITNESS	7.00 Border Security: Canada's Front Line				9.00 How I Caught the Killer		10.00 Britain's Most Evil Killers	
108 SKY ATLANTIC	7.00 Without a Trace				9.00 Game of Thrones			
110 GOLD	7.00 Only Fools and Horses				9.00 Michael McIntyre's Comedy Roadshow		10.00 The Young Ones	
111 DAVE	7.00 Would I Lie to You?	7.40 Red Dwarf			9.00 Have I Got a Bit More Old News for You		10.00 QI	
119 ITV3	7.00 Lewis				9.00 Agatha Christie's Poirot			
120 ITV4		7.15 Film: The Way West				9.40 Film: The Dirty Dozen		
112 COMEDY CENTRAL	◂ 6.00 Film: Daddy Day Care		8.00 Your Face or Mine		9.00 Film: Forgetting Sarah Marshall			
114 SYFY	◂ 6.50 Film: Star Trek III – The Search for Spock				9.00 Timecop			
109 W	7.00 My Family				9.00 The Catherine Tate Show			10.15 Flack
113 UNIVERSAL	7.00 Private Eyes				9.00 Film: Wayne's World 2			
124 FOX	7.00 NCIS: New Orleans				9.00 Lucifer		10.00 The Orville	
122 SKY ARTS	7.00 Alicia Keys: Live at Baloise Session				9.00 Teddy Pendergrass: If You Don't Know Me			
Documentary								
125 DISCOVERY	7.00 Naked and Marooned with Ed Stafford		8.00 Extinct or Alive		9.00 Outback Truckers		10.00 Mighty Ships	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Shark Attack File 3		9.00 Intruders		10.00 I'm Alive	
129 NAT GEO	7.00 Supercars		8.00 Car SOS Special: 7 Day Challenge		9.00 Car SOS		10.00 Bugatti Chiron: Super Car Build	
130 HISTORY	7.00 Forged in Fire		8.00 In Search Of		9.00 WWII: The Air War			
155 YESTERDAY	7.00 TOTP2		8.00 Easy Listening Hits at the BBC		9.00 Impossible Engineering			
166 EDEN	7.00 Forces of Nature with Brian Cox		8.00 24 Hours on Earth		9.00 Dino Hunt		10.00 Animal Babies	
Films								
301 SKY PREMIERE	◂ 5.45 Jurassic World: Fallen Kingdom		8.00 Deadpool 2					10.10 Mandy
302 SKY HITS	◂ 6.50 Darkest Hour				9.00 Rampage			
303 5 STAR MOVIES	◂ 6.30 This Is Spinal Tap		8.00 The Bourne Supremacy				10.00 Forrest Gump	
304 SKY DISNEY	◂ 6.15 Maleficent		8.00 A Wrinkle in Time				10.00 Cool Runnings	
305 SKY FAMILY	◂ 6.20 Peter Rabbit		8.00 Nanny McPhee			9.45 My Girl		
306 SKY ACTION	◂ 5.55 Jumanji: Welcome to the Jungle		8.00 Solo: A Star Wars Story					10.20 Deadpool 2
307 SKY COMEDY	◂ 6.20 Bean		8.00 Blockers			9.45 Pitch Perfect		
308 SKY THRILLER	7.05 In Darkness				9.00 Murder on the Orient Express			
309 SKY DRAMA	◂ 6.00 Save the Last Dance		8.00 Lady Bird			9.45 Fifty Shades Freed		
310 SKY SCI-FI	7.00 Predator				9.00 Predator 2			
311 SKY SELECT	◂ 6.00 RocknRolla		8.00 Tombstone					10.15 Three Billboards Outside...
313 FILM4	◂ 6.45 The Devil Wears Prada				9.00 Lucy			
315 TCM	◂ 6.45 O Brother, Where Art Thou?				9.00 Mechanic: Resurrection			
Sport								
401 MAIN EVENT	◂ 6.00 PGA Tour Golf – Live: Day three of the Players Championship from TPC at Sawgrass in Florida							
402 PREMIER LEAGUE	7.00 Sky Sports Tonight		8.00 PL Greatest...	8.30 Renault Game of the Day				10.30 Match Choice
403 FOOTBALL	7.00 SPFL Greatest...	7.30 MLS...	7.50 MLS – Live: New York Red Bulls v San Jose Earthquakes: From Red Bull Arena				10.00 EFL Highlights	
404 CRICKET	7.00 Best of England v New Zealand		8.00 Test Cricket		9.00 One-Day International Cricket		9.55 Test Cricket – Live	
413 BT SPORT 1	◂ 6.00 UFC – Live: The prelims		8.00 UFC – Live: Darren Till v Jorge Masvidal					
414 BT SPORT 2	◂ 5.00 Emirates FA Cup – Live	7.45 Brothers in Football				9.30 PL World		10.15 Europa League Highlights

◂ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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Saturday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)(HD)
10.00 **Saturday Kitchen's Red Nose Show** A special Comic Relief edition of the programme. (S)(HD)
11.30 **Mary Berry's Quick Cooking** 1/6. Recipes that deliver on flavour but save on time. (S)(R)(HD)(AD)
12.00 NOON **Football Focus** (S)(HD)
1.00 PM **BBC News** (S)(HD)
1.15 **Bargain Hunt** (S)(R)(HD)(AD)
2.00 **Six Nations Rugby Build-Up** A look ahead to the clash between Wales and Ireland. (S)(HD)
2.30 LIVE **Six Nations Rugby Union** Wales v Ireland: John Inverdale presents all the action from both teams' fifth and final match, held at the Principality Stadium. Kick-off is at 2.45. (S)(HD)
4.45 **Escape to the Country** (S)(R)(HD)
5.30 **Impossible Celebrities** (S)(HD)

6.40 Pointless Celebrities

6 PM

6.20 **BBC News** (S)(HD)
6.30 **Local News** (S)
6.40 **Pointless Celebrities** A radio-themed edition of the quiz, with Sarah-Jane Crawford, Dave Berry, Gemma Cairney, Harriet Scott, Liz Kershaw, Tony Livesey, Ken Bruce and Paddy O'Connell. (S)(HD)

7 PM

7.30 LIVE **Match of the Day: The FA Cup** Wolverhampton Wanderers v Manchester United: Gary Lineker presents coverage of the quarter-final at Molineux, as the sides aim to book a place at Wembley Stadium in the semi-finals. Kick-off is at 7.55. *Subsequent programmes subject to change.* (S)(HD)

8 PM

9 PM

10 PM

10.00 **BBC News** (S)(HD) Followed by **Lottery Update** (S)
10.20 **Match of the Day** Including highlights of West Ham v Huddersfield Town. (S)
■ *Match of the Day 2* can be seen tomorrow at 10.30pm
11.00 FILM **Avengers Assemble** Adventure starring Robert Downey Jr, Chris Evans, Mark Ruffalo, Chris Hemsworth and Scarlett Johansson. Superheroes Iron Man, The Hulk, Thor and Captain America team up to save the planet from an alien invasion. (S)(HD)(AD) (2012, 12, 135min) ★★★★
1.15 AM **Weather for the Week Ahead** Seven-day forecast. (S)(HD)
1.20 **to 6.00** AM **BBC News** (S)(HD)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.45 AM **All Over the Place: Asia** (S)
7.15 **Wild & Weird** (S)(HD)
7.30 **Absolute Genius** (S)(R)(HD)
8.00 **Top Class** (S)(R)(HD)
8.30 **The Dog Ate My Homework** (S)
9.00 **Deadly on a Mission** (S)(R)(AD)
9.30 **Nature's Microworlds** (S)(R)
10.00 FILM **Bolt** Animation. (S)(HD)(AD) (2008, PG, 90min) ★★★★
11.30 **Homes Under the Hammer** (S)(R)
12.00 NOON **Rick Stein's Long Weekends** (S)(R)(HD)(AD)
1.00 PM **Nigellissima** (S)(R)(HD)(AD)
1.30 **My Life on a Plate** (S)(R)(HD)(AD)
2.15 **Money for Nothing** (S)(R)(HD)
3.00 **Pilgrimage: The Road to Santiago** (S)(R)(HD)(AD)
4.00 **Little Cat Diaries** (S)(R)(HD)
4.30 **Final Score** Today's results. (S)(HD)
5.30 **James May's Cars of the People** 1/3. (S)(R)(HD)(AD)

10.45 Behind the Candelabra

6.30 **Race Across the World** 2/6. The five teams head to their next checkpoint – Baku in Azerbaijan – a journey that will see them leave behind the familiarity of the West for the exotic East. (S)(R)(HD)(AD)
7.30 **The Great British Sewing Bee** 5/8. Joe Lycett challenges the contestants to make garments from recycled materials, from curtains and soft furnishings to the offcuts left from previous episodes. (S)(R)(HD)(AD)
8.30 **Dad's Army** Captain Mainwaring enlists an unusual recruit. (S)(R)
9.00 **QI XL** 11/16. Phill Jupitus, Cally Beaton and Rhod Gilbert tackle a potpourri of topics. (S)(HD)
9.45 **Robbie Williams: One Night at the Palladium** The singer performs an evening of music taken from his album *Swings Both Ways*. (S)(R)(HD)
10.45 FILM **Behind the Candelabra** Emmy award-winning biopic starring Michael Douglas as flamboyant pianist Liberace, focusing on his secret five-year relationship with his much-younger lover Scott Thorson. With Matt Damon. (S)(HD)(AD) (2013, 15, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.35 AM FILM **Yves Saint Laurent** Biopic of the influential fashion designer, starring Pierre Niney and Guillaume Gallienne. Partly subtitled. (HD) (2014, 15) ★★★
2.15 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **CITV** (HD)
7.30 **Scrambled!** (S)(HD)
9.25 **ITV News** (S)(HD)
9.30 **James Martin's Saturday Morning** With guest Bonnie Tyler. (S)(HD)
11.40 **ITV News** (S)(HD)
12.00 NOON LIVE **Six Nations** Italy v France: Coverage of the match at the Stadio Olimpico in Rome. Kick-off is at 12.30. (S)(HD)
2.45 PM **Celebrity Catchphrase** With Rob Beckett, Ruth Jones and Jordan Banjo. (S)(R)(HD)(AD)
3.50 **ITV News** (S)(HD)
4.00 **Local News** (S)(HD)
4.15 LIVE **Six Nations** England v Scotland: Coverage of the match from the fifth and final round of fixtures, as this year's tournament draws to a close at Twickenham. Kick-off is at 5.00. (S)(HD)

7.30 The Voice UK

LIVE **Six Nations** (started at 4.15pm)

7.30 **The Voice UK** 11/14. Emma Willis hosts the first of the knockout rounds, with the regular coaching panel being joined by guests Anne-Marie, James Arthur, Olly Alexander and Nicole Scherzinger. (S)(HD)
■ Repeated tomorrow
9.30 **The Jonathan Ross Show** 3/10. The host is joined by comedian Jack Whitehall, actor Ralph Fiennes, *Countdown* star Rachel Riley and rapper Lizzo, who is performing live in the studio. (S)(HD)
■ Repeated tomorrow
10.30 **ITV News** (S)(HD)
10.45 FILM **Gangster Squad** Fact-based period crime thriller starring Josh Brolin, Ryan Gosling and Emma Stone. In 1940s LA, a secret police unit fight back against mobster Mickey Cohen and his thugs. (S)(HD)(AD) (2013, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.55 AM **Jackpot247** (HD)
3.00 **WOS Wrestling** (S)(R)(HD)(AD)
3.50 **to 6.00** AM **ITV Nightscreen** (HD)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.00 AM **The King of Queens** (S)(R)
6.50 **The Big Bang Theory** Triple bill of the sitcom. (S7) (S)(R)(HD)(AD)
8.00 **Everybody Loves Raymond** (S)(R)
9.00 **Frasier** Triple bill. (S3) (S)(R)(AD)
10.30 **The Simpsons** (S)(R)(AD)
12.00 NOON **Formula 1 Australian Grand Prix Qualifying Highlights** The battle for pole position at Albert Park in Melbourne. (S)(HD)
1.30 PM **Four in a Bed** (S)(R)(HD)
4.00 **Sun, Sea and Brides to Be** A wedding's guest list grows too big to handle. (S)(HD)
5.00 **A Place in the Sun: Winter Sun** Ben Hillman tries to find a perfect home in Spain's Mar Menor for a Kent family. (S)(R)(HD)
5.35 **The Secret Life of the Zoo** The keepers introduce male frogs to Bertha. (S)(R)(HD)(AD)

10.25 Sicario

6.30 **News** (S)(HD)
7.00 **Great Canal Journeys** Timothy West and Prunella Scales travel down the River Nile, discovering how the first canals were constructed by Ancient Egyptians to help build a temple. (S)(R)(HD)(AD)
8.00 FILM **The Second Best Exotic Marigold Hotel** Comedy drama sequel starring Dev Patel and Maggie Smith. With the original Best Exotic Marigold Hotel a roaring success, owner Sonny decides the time is right to expand his business empire. However, he and the rest of the residents must pull out all the stops to impress a potential investor's inspector – a task that proves to be easier said than done. With Judi Dench. (S)(HD) (2015, PG, 145min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.25 FILM **Sicario** Crime drama with Emily Blunt and Josh Brolin. (S)(HD)(AD) (2015, 15, 135min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.40 AM **The Last Leg** Hosts Adam Hills, Josh Widdicombe and Alex Brooker are joined by guest Victoria Coren Mitchell. (S)(R)(HD)
1.35 **Hollyoaks** (S)(SL)(R)(HD)(AD)
3.45 **Selling Houses with Amanda Lamb** In Somerset. (S)(R)(HD)
4.40 **Come Dine with Me** A week of parties in Londonderry. (S)(R)(HD)
5.35 **to 5.55** AM **Kirstie's Fill Your House for Free** (S)(R)(HD)

+1 hour 204 | 142 | 13 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (HD) High Definition (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!** (HD)
9.55 **Rise of the Teenage Mutant Ninja Turtles** (S)(R)(HD)
10.25 FILM **A Knight's Tale** Medieval romantic action comedy with Heath Ledger, Mark Addy and Shannyn Sossamon. (S)(HD) (2001, PG, 155min) ★★★
1.00 PM **Friends** Five episodes of the sitcom, including at: **2.55** 4/24. Phoebe shocks everyone by announcing she is married. (S2) (S)(R)(HD)
3.25 FILM PREMIERE **Twin Sister's Obsession** Thriller starring Lindsay Hartley. (S)(HD) (2018, PG, 100min) ★★
5.05 **The Yorkshire Vet: Meet the Greens** Peter Wright reflects on a much loved farming couple. (S)(R)(HD)(AD)

10.30 Inferno

6.15 **The Yorkshire Vet** 2/10. Peter visits one of his oldest clients, whose lame cow is in pain. Suspecting a broken pedal bone, Peter turns shoemaker, fashioning a heel to help take the weight off its foot. (S)(R)(HD)(AD)
7.25 **News** (S)(HD)
7.30 **Elizabeth: Our Queen – The Early Years** 1/8. A look at Elizabeth II's life, featuring interviews with some of the prime ministers, close friends, royal household members and special advisers who know her best. Chronicling from her birth in April 1926 and her childhood years to 1952, where on a tour of Kenya, the Queen received news of her father George VI's early death. (S)(R)(HD)
9.30 **The Queen Mum: The Lost Year** SERIES FINALE 2/2. A look into the difficult time faced by the Queen Mother following her husband George VI's death. (S)(HD)
10.30 FILM **Inferno** Thriller starring Tom Hanks and Felicity Jones. (S)(HD) (2016, 12, 140min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Undercover Benefits Cheat** A claimant who boasts of selling illegal steroids. (S)(R)(HD)
1.10 **Teleshopping** (S)(HD)
3.15 **Hiroshima: The Aftermath** Documentary. (S)(R)(HD)
4.00 **GPs: Behind Closed Doors** (S)(R)(HD)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Divine Designs** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

5.00 AM LIVE **Formula 1** Australian Grand Prix qualifying session. Start time is at 6.00. (S)(HD)
7.30 **The F1 Show** NEW EDITION
8.00 **The Simpsons** (R)(HD)
10.00 **Soccer AM** NEW EDITION (HD)
11.30 **Football's Funniest Moments** Comical incidents. (S)(R)(HD)
12.00 NOON **The Flash** (S5) (R)(HD)
1.00 PM **Supergirl** (S4) (R)(HD)
2.00 **NCIS: Los Angeles** *Joyride:* 11/22. (S10) (S)(R)(HD)
3.00 **Gillette Soccer Saturday** Jeff Stelling and guests preside over the day's football action, including previews and up-to-the-minute scores. (HD)
5.15 **PL Greatest Games** (S)(R)
5.30 **The Simpsons** *It's a Mad, Mad, Mad, Mad Marge:* Otto ditches his fiancée at the altar. (R)(HD)

7.00 The Simpsons

6.00 **The Simpsons** *Behind the Laughter:* Spoof behind-the-scenes special of the animation. (R)(HD) **6.30** *My Mother the Carjacker:* Homer's mother asks for help. (S)(R)(HD)
7.00 **The Simpsons** *The President Wore Pearls:* Lisa is elected student president. (S)(R)(HD) **7.30** *The Regina Monologues:* With the voice of Tony Blair. (S)(R)(HD)
8.00 **A League of Their Own** Anthony Joshua, Mo Farah and Emma Bunton join panellists Jamie Redknapp, Andrew Flintoff and Jack Whitehall, and host James Corden. (S)(R)(HD)(AD)
9.00 **Rob & Romesh vs... Fashion** 3/6. Rob and Romesh examine the world of fashion and meet model David Gandy, before trying to get a job on the catwalk. (S)(R)(HD)(AD)
10.00 **Comedians Watching Football with Friends** 2/8. Topical comedy. (R)(HD)
10.30 **Karl Pilkington: The Moaning of Life** 2/5. Finding out how people achieve happiness. (S)(R)
11.30 **Strike Back: Silent War** (R)(HD)
12.30 AM **SEAL Team** (S2) (S)(R)(HD)
1.30 **Football's Funniest Moments** Comical incidents. (S)(R)(HD)
2.00 **Hour of Power** (R)(HD)
3.00 **The F1 Show** (R)(HD)
3.30 LIVE **Australian F1 GP** (HD)
5.05 **to 7.00** AM LIVE **Australian F1 Grand Prix** From Albert Park, Melbourne. Start time is at 5.10. *See feature, page 26* (HD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.30am-12.00noon Six Nations Sin Bin (S)(R)(HD) **4.45pm** Tudur's TV Flashback (S)(R)(HD) **5.15-5.30pm** Weatherman Walking (S)(R)(HD)

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations

N. IRELAND
Sky **972**, Freesat **969**
5.00pm Final Score from Northern Ireland (S)(HD) **5.15-5.30pm** Sporting Traditions (S)(R)

WALES
Sky **971**, Freesat **971**
6.30pm The Hairy Bikers' Pubs That Built Britain (S)(R)(HD)(AD) **7.00-7.30pm** Mortimer & Whitehouse: Gone Fishing (S)(R)(HD)(AD)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn Byw **10.00** Yr Anialwch **11.00** Helo Syrjeri **11.30** Cefn Gwlad (AD) **12.30pm** Ffermio **1.00** Bois y Pizza **SERIES FINALE 1.30** Angell yn India (AD) **2.00 LIVE** Clwb Rygbi Rhyngwladol **5.15** Newyddion a Chwaraeon **5.30** Gwyl Corau Meibion Cymry Llundain **7.00** 3 Lle: Ryland Teifi **7.30** Fferm Ffactor: Selebs **NEW EDITION 8.30** Noson Lawen **9.30** Dafydd Hywel **10.30** Jonathan **11.30pm-12.05am** Hansh

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **The Inca: Masters of the Clouds** 1/2. The Inca Empire's achievements.
8.00 **Hunters of the South Seas** 2/3. Will Millard spends time with whale hunters from the Indonesian village of Lamalera.
9.00 **Trapped** NEW EPISODE 9/10. Andri must get Thorhildur out of town. **9.50** SERIES FINALE 10/10. The identity of the killer is revealed and Andri and Hinrika face a race against time to protect their loved ones. Subtitled. (S2)
10.45 **Top of the Pops: 1987** With Sam Fox, Whitesnake, Tom Jones and ABC.
11.20 **Top of the Pops: 1987**
11.50 **Ultimate Cover Versions at the BBC**
12.50 AM **Promises & Lies: The Story of UB40**
1.50 **The Inca: Masters of the Clouds** As 7.00pm.
2.50 **to 3.50** AM **James May's Big Trouble in Model Britain**

MORE4

136 136 830 | 147 195 | 14 | 124

8.55 AM **Jamie's Comfort Food**
9.15 **A Place in the Sun: Winter Sun** Triple bill.
12.25 PM **Location, Location, Location** Double bill.
2.35 **Come Dine with Me**
5.20 **Four in a Bed** The Angel Inn in Wangford, Suffolk. **5.50** Moaps Farm in Dane Hill, East Sussex. **6.20** Jabajak in Carmarthenshire, Wales.
6.55 **Four in a Bed** The Clarendon Royal Hotel in Gravesend, Kent. **7.25** The winning guest house is announced.
8.00 **Emergency Helicopter Medics** A teenager falls from a coastal cliff, and a mountain biker is in distress in the Cumbrian mountains.
9.00 FILM **The Beatles: Eight Days a Week – The Touring Years** Director Ron Howard's documentary charting the brief period pop band The Beatles spent on the road. Contributors include Paul McCartney and Ringo Starr. (2016, 12, 113min) ★★★★
11.15 **24 Hours in A&E** Patients include a 26-year-old man with a dislocated jaw.
12.20 AM **Ramsay's Kitchen Nightmares USA**
2.15 **The Good Fight** 2/13. (S2)
3.15 **to 3.45** AM **8 Out of 10 Cats: Jimmy, Sean and Jon's Best Bits**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Totally Bonkers Guinness World Records**
6.15 **Emmerdale**
8.50 **Coronation Street**
11.50 **The Voice UK**
1.05 PM **BGT: Top 10 Standout Stars** Memorable acts.
2.10 **You've Been Framed! Gold** Home-video clips.
2.40 FILM **Yogi Bear** Comedy. (2010, U, 80min) ★★★
4.20 FILM **Ella Enchanted** Comic fantasy adventure. (2004, PG, 96min) ★★
6.25 FILM **The Hobbit: The Battle of the Five Armies** Conclusion of the fantasy adventure trilogy starring Martin Freeman and Richard Armitage. Dwarf king Thorin descends into madness as his homeland stands on the brink of war. (2014, 12, 144min) ★★★
9.00 FILM **Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. With Jennifer Aniston and Colin Farrell (2011, 15, 93min) ★★★
11.05 **Family Guy** Triple bill of the animated comedy. (S3)
12.30 AM **American Dad!** (S9)
1.25 **Ibiza Weekender**
2.20 **to 2.45** AM **Totally Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 28 | 122

6.00 AM **Rude(ish) Tube Shorts**
6.15 FILM **The Great Muppet Caper** (1981) ★★★
8.00 **The Goldbergs**
8.30 **Schooled**
9.00 **Young Sheldon**
9.30 **The Big Bang Theory**
10.25 **Don't Spook the Bride**
11.30 **Great Celebrity Bake Off for Stand Up to Cancer**
12.50 PM **Extreme Cake Makers**
1.00 FILM **We Bought a Zoo** Drama. (2011) ★★★
3.25 **The Big Bang Theory**
7.00 **The Big Bang Theory** 13/24. The gang treat themselves to a Sheldon-free weekend. (S9) **7.30** 14/24. Bernadette and Howard enlist Sheldon in their fight against a neighbour's balcony. (S12)
7.55 FILM **Home Alone** Comedy starring Macaulay Culkin and Joe Pesci. (1990, PG, 100min) ★★★★
10.00 FILM **Transporter 2** Action thriller sequel starring Jason Statham. A highly skilled driver sets out to rescue the kidnapped son of a politician from a vicious drug dealer. (2005, 15, 88min) ★★★
11.40 **Gogglebox** Armchair reviews of *The Last Kingdom*.
12.45 AM **Celebs Go Dating**
3.40 **Young Sheldon**
4.20 **Brooklyn Nine-Nine**
5.05 **to 6.00** AM **Rules of Engagement**

+1 hour 235 | 146 | 29 | 123

SATURDAY Entertainment

Saturday

Sky Witness

107 107 807 112 111

6.00 AM **The Real A&E**
7.00 **Paramedics**
9.00 **Highway Cops**
10.00 **Highway Patrol**
11.00 **Motorway Patrol**
12.00 NOON **Brit Cops: Law & Disorder** Five editions.
5.00 PM **Border Security: America's Front Line**
6.00 **Border Security: Canada's Front Line** A bag is found in a restricted area. **6.30** A man's declared reasons for studying in Canada may not be academic.

7.30 Border Security: Canada

7 PM
7.00 **Border Security: Canada's Front Line** A burglar is arrested. **7.30** An American's trip to Alaska goes awry.
8 PM
8.00 **Border Security: Canada's Front Line** Officers halt a father and son carrying ammunition. **8.30** A gold bar is found.
9 PM
9.00 **How I Caught the Killer** A 14-year-old girl was thought to have run away, but closer analysis of the case revealed the truth.
10 PM
10.00 **Britain's Most Evil Killers** A profile of Italian killer Danilo Restivo, jailed for murdering and mutilating his neighbour.
11.00 **World's Most Evil Killers** The crimes of Thierry Paulin.
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **Criminal Minds** (S1&2)
4.00 **America's Front Line**
5.00 **to 6.00** AM **Border Line Security: Canada's Front Line**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Fish Town** Life in Brixham.
8.00 NEW **Deep Ocean Live: The Mission**
8.30 **The Bachelor King**
10.00 **Making of David Attenborough's Bachelor King**
11.00 **CSI** 8&9/23. (S4)
1.00 PM **CSI** Triple bill. (S4)
4.00 **Without a Trace** 1/23. Pilot episode of the drama. **5.00** 2/23. The team search for a missing boy. **6.00** 3/23. A woman is kidnapped by a car thief. (S1)

6.00 Without a Trace

7.00 **Without a Trace** *Between the Cracks:* 4/23. The team are assigned to find an aspiring model who has gone missing.
8.00 **Without a Trace** *Suspect:* 5/23. Jack and the team hunt for a boarding-school pupil who has gone missing. (S1)
9.00 **Game of Thrones** *And Now His Watch Is Ended:* 4/10. Arya is brought before the commander of the Brotherhood Without Banners. **10.10** *Kissed by Fire:* 5/10. Jon proves himself and Tyrion learns the true cost of a wedding. (S3)
11.25 **Game of Thrones** 6&7/10. Double bill of the fantasy drama. (S3)
1.50 **Last Week Tonight with John Oliver** Talk show.
2.25 **Dexter** 3/12. (S8)
3.30 **Barry** 4/8. (S1)
4.05 **to 6.00** AM **The Guest Wing**

+1 hour 208

GOLD

110 110 810 124 310

7.25 AM **Sorry!**
8.40 **Goodnight Sweetheart**
9.20 **The Two Ronnies Sketchbook**
10.40 **David Jason: My Life on Screen** The actor's transition from supporting roles to leads.
11.40 **The Good Life**
12.20 PM **Only Fools and Horses** Ten episodes, including at: **5.00** Rodney starts going out with a policewoman. **5.40** Del meets an old flame. **6.20** The Trotter brothers mourn Grandad's death.

7.00 Only Fools and Horses

7.00 **Only Fools and Horses** Uncle Albert has a nasty fall into the pub cellar. **7.40** Rodney aspires to be a pop star. Guest stars DJ Mike Reed. **8.20** The Trotters spot an opportunity and agree to dog-sit while Boycie and Marlene go on holiday.
9.00 **Michael McIntyre's Comedy Roadshow** With Patrick Kielty, Neil Delamere, Jeff Green and Kerry Godliman.
10.00 **The Young Ones** The lads borrow a video recorder to watch horror films. **10.50** The gang appear on *University Challenge*.
11.35 **The Young Ones**
12.20 AM **Michael McIntyre's Comedy Roadshow**
1.20 **The Life of Rock**
2.00 **The Young Ones**
2.40 **Green Wing**
3.35 **to 4.00** AM **Harry Hill's TV Burp**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Rising Damp**
6.50 FILM **Carry On Dick** Comedy starring Sid James, Kenneth Williams and Barbara Windsor. (1974, PG, 86min) ★★★
8.30 **Agatha Christie's Marple** Triple bill of the drama.
2.50 PM **Agatha Christie's Poirot** *The Mysterious Affair at Styles:* Captain Hastings asks Poirot to help him solve the baffling murder of his friend.
5.00 **Lewis** *The Soul of Genius:* A botanist unearths a body of a recently buried professor.

8.30 Agatha Christie's...

7.00 **Lewis** *The Indelible Stain:* A visiting professor is found dead the morning after delivering a speech that many students and academics believed could spark racist activity. Guest stars David Soul and Patrick Baladi.
9.00 **Agatha Christie's Poirot** *Dead Man's Folly:* The sleuth's old friend Ariadne Oliver stages a game of murder hunt at a summer fete, but things take a dark twist when the girl playing the victim really does turn out to be dead.
11.00 **Lewis** *Whom the Gods Would Destroy:* An Oxford graduate is found murdered, setting in motion an investigation that leads Lewis and Hathaway to a senior university figure.
1.00 **to 2.25** AM **Classic Emmerdale**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **The Car Chasers**
6.25 **The Professionals**
7.15 **The Return of Sherlock Holmes** Double bill.
9.30 **ITV Racing: Opening Show**
10.30 NEW **Jump Girls** Documentary.
12.45 PM **River Monsters**
1.15 **World of Sport: Kings of the Canvas**
1.30 LIVE **ITV Racing** From Uttoxeter and Kempton Park.
4.00 FILM **The Towering Inferno** Epic disaster drama with Paul Newman and Steve McQueen. (1974, 12, 165min) ★★★★

4.00 The Towering Inferno

7.15 FILM **The Way West** Western starring Kirk Douglas and Robert Mitchum. A wagon train of pioneers embark on a dangerous trek across the great American plains. With Richard Widmark, Lola Albright and William Lundigan. (1967, PG, 122min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.40 FILM **The Dirty Dozen** Action adventure about a squad of reprieved criminals on a suicidal World War Two mission. Stars Lee Marvin. (1967, 15, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.45 AM **The Contender** 1/12. Reality boxing show.
2.00 **to 5.55** AM LIVE **The Big Fight** Errol Spence Jr v Mikey Garcia: Coverage of the bout for the IBF World Welterweight title at AT&T Stadium in Arlington, Texas.

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **It's Me or the Dog**
10.00 **A Town Called Eureka** Five episodes. (S4)
3.00 PM **Stargate SG-1** (S3)
5.00 **Stargate SG-1** *Foothold:* 14/22. The team receive a shock. **6.00** *Pretence:* 15/22. Skaara is put on trial. **7.00** *Urgo:* 16/22. A curious entity invades the crew's minds. (S3)
8.00 **Marvel's Inhumans** *Make Way for Medusa:* 4/8. Medusa and Louise desperately hunt for Black Bolt. (S1)
9.00 **Curfew** 4/8. Roman admits to Meg he is the real reason they are racing. (S1)
10.00 **Caught on Dashcam**
12.00 M'T **Caribbean Cops**
1.00 AM **Brit Cops: Rapid Response**
2.00 **Brit Cops: Law & Disorder**
4.00 **to 6.00** AM **RSPCA Animal Rescue**

Pick

152 123 11 144

6.00 AM **Nothing to Declare**
9.00 **60 Minute Makeover**
1.00 PM **60 Minute Makeover**
2.00 **The F1 Show**
2.30 **Caught Red Handed**
4.00 **Children's Hospital**
5.00 **Motorway Patrol**
6.00 **Border Security: America's Front Line**
7.00 **Stop, Search, Seize**
8.00 **To Catch a Smuggler: JFK Airport**
9.00 **Brit Cops: War on Crime** Following police officers in Lincolnshire.
10.00 **Banged Up Abroad** The story of Zoe McGarry.
11.00 **Ross Kemp: Extreme World** The actor visits the most dangerous places on Earth.
12.00 M'T **The Force: Essex**
1.00 AM **Road Wars**
2.00 **Brit Cops: Rapid Response** Double bill.
4.00 **to 6.00** AM **Highway Patrol**

+1 hour 252 92 145

Dave

111 111 811 127 227 12 157

7.10 AM **Projects**
8.00 **American Pickers**
12.00 NOON **Top Gear**
2.30 PM **Gavin & Stacey**
7.00 **Would I Lie to You?** With Jimmy Carr, Marcus Brigstocke, Terry Christian and Jamelia.
7.40 **Red Dwarf** 5/6. The crew members meet their evil doubles. **8.20** 6/6. The crew discover their time on *Red Dwarf* was a virtual reality game. (S5)
9.00 **Have I Got a Bit More Old News for You** Hosted by Alexander Armstrong, with Josh Widdicombe and Germaine Greer.
10.00 **QI** With Matt Lucas.
11.00 **Hypothetical** 6/8. (S1)
12.00 M'T **Judge Romesh**
1.00 AM **Have I Got a Bit More Old News for You**
2.10 **to 4.00** AM **Hoff the Record**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Bob's Burgers** (S9)
8.35 **The Fresh Prince of Bel Air** 11/24. (S3)
9.00 **Friends** (S8)
12.30 PM FILM **Just My Luck** Romantic comedy with Lindsay Lohan. (2006, PG, 103min) ★★★
2.30 **Wipeout USA**
3.30 **Friends** (S8)
6.00 FILM **Daddy Day Care** Family comedy. (2003, PG, 92min) ★★★
8.00 **Your Face or Mine**
9.00 FILM **Forgetting Sarah Marshall** Romantic comedy. (2008, 15, 110min) ★★★★
11.10 FILM **Kick-Ass** Comic-book action thriller. (2010, 15, 117min) ★★★
1.40 AM **Impractical Jokers**
2.10 **Impractical Jokers: Inside Jokes**
2.35 **Bad Robots**
4.15 **to 5.00** AM **The Fresh Prince of Bel Air**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **Income Property**
9.25 **Bring It!**
10.20 **Manzo'd with Children**
11.15 **The Millionaire Matchmaker**
12.10 PM **Real Housewives of Potomac**
1.05 **The Real Housewives of Orange County**
2.00 **Sam and Billie Faiers: The Mummy Diaries**
3.00 **Cupcake Wars**
4.55 **Dinner Date**
7.00 **Dinner Date** Sasha from London looks for love. **8.00** With Dani from Lancashire.
9.00 **Botched** Dr Terry Dubrow repairs a DJ's oversized chest.
10.00 **Ibiza Weekender** Head rep David has a surprise for the team. **11.00** David tries to take charge following Deano's departure.
12.00 M'T **to 12.55** AM **Mob Wives: The Last Stand**

+1 hour 231 120 119

True Ent

179 189 61 142

6.00 AM **The Waltons** (S4)
7.00 **Little House on the Prairie** 16/22. (S2)
8.00 **Murder, She Wrote**
1.00 PM FILM **The Jazz Singer** Remake of the Al Jolson talkie, starring Neil Diamond. (1980, PG, 115min) ★★★
3.00 FILM **Daniel's Daughter** Romantic drama. (2008, PG, 88min) ★★
5.00 FILM **She Drives Me Crazy** Road movie. (2007, PG, 120min) ★★
7.00 FILM **Three Weeks, Three Kids** Comedy. (2011, PG, 84min) ★★
9.00 **Line of Duty** 6/6. Fleming is determined to prove Denton had a role in the ambush. (S2) **10.15** 1/6. The armed-response unit shoot a criminal. (S3)
11.30 **Taggart**
1.00 **to 3.00** AM **Danielle Steel's Daddy**

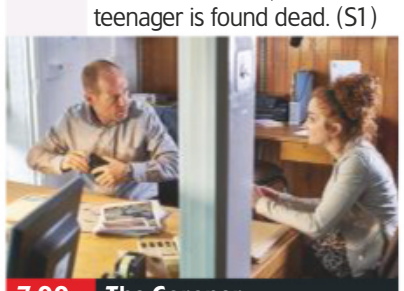
+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries** (S4)
8.00 **Maisie Raine** (S1&2)
10.00 **Rizzoli & Isles** 8&9/15. (S3)
12.00 NOON **Inspector George Gently** *Bomber's Moon:* A German businessman is found dead in the harbour.
2.00 PM **The Murdoch Mysteries Films: Under the Dragon's Tail** As shown at 8.00pm.
4.00 **Jonathan Creek** As 10.00pm.
6.00 **The Coroner** 1/10. A solicitor takes over the job of coroner in her home town, and a teenager is found dead. (S1)



7.00 The Coroner

7.00 **The Coroner** *How to Catch a Lobster*: 2/10. When a body washes ashore, Jane thinks it is a botched sea burial. (S1)

8.00 **The Murdoch Mysteries Films: Under the Dragon's Tail** Murdoch is charged with investigating the murder of a back street abortionist, leading him into sordid music halls, elegant mansions and the lure of a temptress in the process.

10.00 **Jonathan Creek** *The Clue of the Savant's Thumb*: A body vanishes from a locked study, baffling Jonathan.

12.00 M'T **Inspector George Gently** *Gently Upside Down:* A schoolgirl's killing brings Gently into the alien world of pop and media celebrity when it turns out the victim's best friend is a rising TV presenter.
2.00 **to 4.00** AM **Quantico**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S5)
8.00 **Teleshopping**
11.00 **The Librarians** 6/12. (S4)
12.00 NOON **FILM Grimm's Snow White** Fantasy adventure starring Eliza Bennet and Jane March. (2012, 12, 90min) ★
1.50 PM **FILM Star Trek The Motion Picture** Sci-fi starring William Shatner. (1979, U, 132min) ★★★
4.30 **FILM Star Trek II: The Wrath of Khan** Sci-fi adventure starring William Shatner. (1982, 12, 113min) ★★★★

6.50 Star Trek III...

6.50 **FILM Star Trek III – The Search for Spock** Sci-fi adventure starring William Shatner and Leonard Nimoy. The crew of the USS Enterprise seek to free the trapped soul of their dead comrade, Spock. (1984, PG, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Timecop** *A Rip in Time:* 1/9. Sci-fi drama starring TW King. Logan travels back to 19th-century London to prevent a copycat Jack the Ripper from murdering women and potentially changing the course of history. With Cristi Conaway. (S1)

11.10 **FILM Outbreak** Thriller. (1995, 15, 128min) ★★★
1.40 AM **Siren** 5/16. (S2)
2.40 **Future Man** 9/13. (S2)
3.10 **The Librarians** 6/12. (S4)
4.10 **to 6.00** AM **FILM Doomsday Device** Sci-fi with Mike Hatton. (2017, PG, 120min) ★★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **The Bill** A gang member is shot and his dying words are the name of corrupt ex-policeman Ray Moore.
7.00 Lewis's girlfriend is attacked in a hospital car park.
8.00 Tash agrees to testify against Ray Moore.
9.00 Lewis heads for Sun Hill to tender his resignation.
10.00 Jack reopens an old rape case from 20 years ago.
11.00 **Tipping Point** Game show.
1.00 PM **Tipping Point** Six further editions of the game show.

9.35 The Catherine Tate Show

7.00 **My Family** Susan wants her and Ben to renew their wedding vows.
7.40 Susan accompanies her attractive boss on an art-buying trip.
8.20 Michael succeeds on getting the Harpers to appear on TV quiz show *The Weakest Link*.

9.00 **The Catherine Tate Show** Bernie the Irish nurse is feeling a little romantic.
9.35 Comedy sketches, featuring Nan Taylor.

10.15 **Flack** *Brooke:* 4/6. PR guru Robyn helps the founder of a cosmetics company. (S1)

11.20 **Women on the Verge** 4/6. Alison ruins Martin's plans. (S1)
12.00 M'T **John Bishop: In Conversation with David Walliams**
1.00 AM **Judge Faith**
1.20 **to 3.00** AM **Celebrity MasterChef**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Gone** 9/12. (S1)
9.00 **CSI: Miami** 4/25. (S4)
10.00 **CSI: Miami** Triple bill. (S4)
1.00 PM **CSI: Miami** 8/25. A woman is killed with a nailgun.
2.00 9/25. A bank robbery ends in a shootout.
3.00 10/25. A drug lord is gunned down in his mansion.
4.00 11/25. Horatio resumes a hunt for a rapist.
5.00 12/25. Delko's sister is arrested for possessing drugs.
6.00 13/25. Two people are shot on a dance floor. (S4)

9.00 Wayne's World 2

7.00 **Private Eyes** *The Good Soldier:* 9/18. Angie and Shade are hired to track down a soldier who has gone AWOL. (S2)

8.00 **Private Eyes** *Kissing The Canvas:* 10/18. Shade is hired by a boxer to prove a fight was fixed, only to see his old manager. (S2)

9.00 **FILM Wayne's World 2** Comedy sequel starring Mike Myers and Dana Carvey as cable TV show hosts Wayne and Garth, discovering their destiny is to stage a massive rock concert – Waynestock. (1993, PG, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

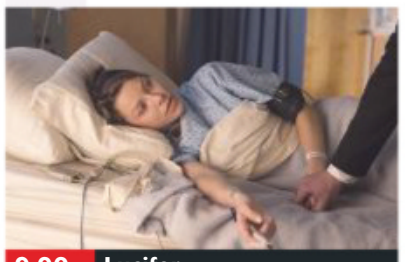
11.00 **Law & Order: Special Victims Unit** 3/24. Stabler and Benson investigate a woman's disappearance. Guest stars Stephen Rea. (S11)
12.00 M'T **Law & Order: Special Victims Unit** Triple bill. (S11)
3.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Bull** 16/23. (S1)
9.00 **Bones** 4/24. (S9)
10.00 **NCIS** 10/24. (S11)
11.00 **The Mentalist** 13/23. (S2)
12.00 NOON **NCIS** 11/24. (S11)
1.00 PM **Bones** 5/24. (S9)
2.00 **NCIS** 12/24. (S11)
3.00 **The Mentalist** 14/23. (S2)
4.00 **Bones** 6/24. (S9)
5.00 **NCIS** 13/24. (S11)
6.00 **The Mentalist** 15/23. A chef is poisoned during a competition, so the agents question the other contestants (S2)



9.00 Lucifer

7.00 **NCIS: New Orleans** *Rogue Nation:* 1/24. Pride remains on probation after his takedown of the corrupt Mayor Hamilton.

8.00 **NCIS: New Orleans** *#1 Fan:* 2/24. Pride is kidnapped by an admiring fan to help her locate a serial killer. (S4)

9.00 **Lucifer** *A Good Day to Die:* 13/18. Lucifer returns to hell to find an antidote to the professor's poison before it kills Chloe. (S2)

10.00 **The Orville** *Blood of Patriots:* The captain must initiate peace talks with the Union's sworn enemies, the Krill. (S2)
11.00 **Family Guy** 10&11/22. Double bill of the animation. (S3)
12.00 M'T **American Dad!** 15&16/20. Double bill. (S10)
1.00 AM **Family Guy** (S3)
2.00 **American Dad!** (S10)
3.00 **Family Guy** (S3)
4.00 **to 5.00** AM **American Dad!**

+1 hour 224 158

Saturday

7 PM | 8 PM | 9 PM | 10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **News**
8.00 **Rich Kids of Beverly Hills**
11.00 **News: Daily Pop**
12.00 NOON **Rich Kids of Beverly Hills**
3.00 PM **Botched**
5.00 **Total Bellas**
6.00 **Dating: No Filter**
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians** Scott introduces the kids to his new girlfriend
9.00 Kim prepares for the birth of her third child, and Khloe struggles to choose a godparent for her baby.
10.00 Kylie gives birth to her first baby, Stormi.
11.00 **Dating: No Filter**
12.00 M'T **Botched**
1.00 AM **Busy Tonight**
1.30 **Busy Tonight**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **Bryn Terfel at 50**
8.10 **Ludovico Einaudi: Elements – Live**
9.30 **Tales of the Unexpected**
12.00 NOON **Trailblazers: Dance** Dance videos.
1.00 PM **Too Young to Die**
4.00 **Bafta: Life in Pictures**
5.00 **Portrait Artist of the Year 2019** 5/11.
6.00 **The History of Comedy**
7.00 **Alicia Keys: Live at Baloise Session**
9.00 **NEW Teddy Pendergrass: If You Don't Know Me** A profile of the soul singer.
11.00 **Marvin Gaye: What's Going On** A profile of the soul singer.
12.15 AM **Brian Johnson's A Life on the Road**
1.15 **Video Killed the Radio Star**
1.45 **Living On Soul**
3.35 **Rock and Roll**
5.00 **to 6.00** AM **Buster Keaton: The Genius Crushed by Hollywood**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Kirstie's Vintage Gems** Creating a 1950s-style playroom.
9.20 **Escape to the Chateau: DIY** Five editions.
2.20 PM **Ramsay's Hotel Hell**
3.20 **The Simpsons**
4.50 **FILM Cloudy with a Chance of Meatballs 2** Animated comedy adventure sequel. (2013, U, 93min) ★★★
6.40 **Ramsay's Hotel Hell**
7.40 **The Great Celebrity Bake Off for Stand Up to Cancer** 2/5. With James Acaster, Russell Tovey, Rylan Clark-Neal and Michelle Keegan.
9.00 **Gogglebox**
10.00 **24 Hours in Police Custody** The work of Bedfordshire Police.
11.40 **8 Out of 10 Cats Does Countdown**
12.40 AM **Gogglebox**
2.50 **The Big Narstie Show**
3.50 **to 4.45** AM **Everybody Loves Raymond**

5USA

141/169 153 | 21 | 129

9.00 AM **CSI: NY** 1/25. (S5)
9.40 **Columbo: Caution! Murder Can Be Hazardous to Your Health** Mystery drama.
11.25 **Columbo: A Matter of Honour** Crime drama.
1.00 PM **Columbo: Blueprint for Murder** Mystery.
2.35 **Columbo: Requiem for a Falling Star** Mystery.
4.00 **Murder, She Wrote** (S1)
7.05 **NCIS** *Philly:* 5/24. The murder of a petty officer is linked to a missing MI6 agent.
8.00 *Shell Game:* 6/24. A petty officer is kidnapped. (S14)
9.00 **Law & Order: Criminal Intent** *Lady's Man:* 11/16. (S8)
10.00 **Criminal Minds: Beyond Borders** 9/13. (S1)
10.55 **Law & Order: Special Victims Unit** (S10)
1.55 AM **CSI: NY** (S5)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **Access**
8.10 **8 Simple Rules**
8.35 **Two and a Half Men**
1.05 PM **FILM Jungle 2 Jungle** Comedy with Tim Allen. (1997, PG, 104min) ★★
3.10 **FILM Journey 2: The Mysterious Island** Fantasy sequel starring Dwayne Johnson. (2012, PG, 94min) ★★★
5.00 **Harry & Meghan: A Royal Romance**
7.05 **FILM Big Momma's House** Comedy starring Martin Lawrence and Nia Long. (2000, 12, 98min) ★★★
9.00 **FILM Grown Ups 2** Comedy sequel starring Adam Sandler. (2013, 12, 99min) ★
11.05 **FILM The Sweetest Thing** Romantic comedy. (2002, 15, 89min) ★
12.55 AM **Fresh Off the Boat**
3.10 **to 4.00** AM **Last Man Standing**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Pie in the Sky**
11.00 **Sharpe**
1.00 PM **A Place to Call Home** Double bill.
3.00 **To the Manor Born**
5.00 **Father Brown**
6.00 **The Brokenwood Mysteries** *Over Her Dead Body*: 2/4. The coffin of a local poet falls from the hearse revealing that the corpse is not his but a woman identifiable only by a notable tattoo. (S3)
8.00 **Murdoch Mysteries** *Painted Ladies:* 7/18. A man's body is found in a swan-shaped boat. (S10)
9.00 **Taggart** *So Long Baby:* An abandoned baby is found at a crime scene.
10.00 *Fact & Fiction:* Burke and the team investigate a novelist.
11.00 **Ashes to Ashes** (S1)
1.35 AM **The Brokenwood Mysteries** As 6.00pm.
3.25 **to 4.00** AM **Garden Hopping**

SATURDAY Entertainment & Lifestyle

Saturday

AMC

186 186 840 332 381

Programmes start at 12noon.

12.00 NOON **FILM The Musketeer** Adventure. (2001, PG, 104min) ★★★
2.00 PM **Star Files**
2.15 Halt and Catch Fire (S1)
6.50 FILM The Road Apocalyptic drama with Viggo Mortensen. (2009, 15, 111min) ★★★★
9.00 FILM Take Shelter Psychological drama starring Michael Shannon. (2011, 15, 120min) ★★★★
11.25 FILM The Captive Thriller starring Ryan Reynolds. (2014, 15, 112min) ★★
1.30 AM **FILM Knowing** Sci-fi mystery thriller. (2009, 15, 116min) ★★
3.45 to 5.30 AM **FILM American Outlaws** Fact-based Western. (2001, 12, 94min) ★

CBS Drama

147 197 71 134

7.30 AM **Tomorrow's World**
8.00 Teleshopping
9.00 The District (S1)
1.00 PM **The District** (S1)
2.00 It's a Miracle with Roma Downey
4.00 Judge Judy Ten editions of real-life small-claims cases.
9.00 Psychic Private Eyes A woman wants to know who shot her son on her doorstep.
10.00 Medium *How to Beat a Bad Guy:* 15/22. Allison dreams about an unsolved attack on a self-defence instructor. **11.00** *Allison Rolen Got Married:* 16/22. A look back at Allison and Joe's wedding. **12.00** M'T *There Will Be Blood – Type A:* 17/22. Allison and her daughters dream about the same mysterious girl. (S6)
1.00 AM **Medium** (S6)
3.00 to 6.00 AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **The Key of David**
9.00 Diagnosis Murder
2.00 PM **NCIS** (S2)
7.00 48 Hours: Mystery Ambition, greed and gunshots at a Napa Valley winery. **8.00** New clues, new witnesses and a shocking revelation in the case of Natalie Wood's death.
9.00 NCIS *Moonlighting:* 20/24. An NCIS polygraph specialist comes under suspicion. **10.00** *Obsession:* 21/24. Tony becomes obsessed with finding a murder victim's sister. **11.00** *Borderland:* 22/24. The agents track down a serial killer. (S7)
12.00 M'T **NCIS** (S7)
1.50 AM **Ultimate Force** (S4)
2.55 Mission: Impossible
3.50 The High Chaparral
4.40 to 6.00 AM **The District**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy** Eight editions of real-life small-claims cases.
1.00 PM **Judge Judy** Nine further editions of real-life small-claims cases.
5.00 Airline Five editions.
7.30 Medical Detectives
8.00 Unsolved Mysteries Stories of French aviators in the 1920s, and the case of a woman who preys on older men and may have committed murder.
9.00 Cold Blood Triple bill of the series, reconstructing gruesome murder investigations.
12.00 M'T **Cold Blood**
1.00 AM **Cold Blood**
3.00 I Survived
3.45 Celebrity Damage Control
4.30 Dog and Beth: On the Hunt
5.10 to 6.00 AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **Bruce Forsyth's Play Your Cards Right**
9.00 Catchphrase
12.00 NOON **The Price Is Right** Game show.
1.00 PM **The Price Is Right**
3.00 The Chase
5.00 The Chase Celebrity Special
6.00 The Chase
7.00 Celebrity Eggheads With Dennis Taylor.
7.45 Pointless Celebrities With Verity Rushworth and Sue Jenkins.
9.00 The Chase Celebrity Special Jon Culshaw, Tina Malone, Hilary Jones and Charlotte Jackson play the quiz.
10.00 Celebrity Who Wants to Be a Millionaire?
11.00 Classic Who Wants to Be a Millionaire?
2.00 AM **The Chase Celebrity Special**
3.00 to 6.00 AM **The Chase**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Pets Make You LOL**
7.00 Teleshopping
9.00 Queer Eye
10.00 Impractical Jokers
1.00 PM **Impractical Jokers**
2.00 Fresh Prince of Bel Air
4.05 FILM Hot Shots! Part Deux Zany comedy sequel starring Charlie Sheen and Valeria Golino. (1993, 12, 89min) ★★★
6.00 Takeshi's Castle
8.00 Friends (S9&10)
9.00 Friends The gang visit Barbados. (S9)
10.00 Friends (S10)
12.05 AM **Friends** (S10)
12.35 Friends (S10)
1.05 FILM Hellboy Comic-book horror fantasy with Ron Perlman. (2004, 12, 122min) ★★★★
3.25 Ali G in Da USAiii
4.20 to 6.00 AM **Takeshi's Castle**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Barefoot Contessa – Back to Basics**
8.00 The Pioneer Woman
11.00 Jamie at Home
12.00 NOON **Ace of Cakes**
1.00 PM **Paul Hollywood: City Bakes** Los Angeles.
2.00 Man v Food with Casey Webb Seven editions.
5.30 Man v Food Triple bill.
7.00 Cheap Eats
8.00 Jamie's Super Food Recipes include prawns with vegetables and salsa. **8.30** Recipes include green-tea roasted salmon and ginger rice.
9.00 Man Finds Food The secret culinary highlights of Argentina. **9.30** A restaurant hidden in an ancient cave in Mexico City.
10.00 Mystery Diners
12.00 M'T **Restaurant: Impossible**
1.00 to 3.00 AM **Diners, Drive-Ins and Dives**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Perfect**
7.00 Nigellissima
8.00 MasterChef
12.00 NOON **Nigel and Adam's Farm Kitchen**
2.00 PM **Gordon's Great Escape** In Thailand.
3.00 A Cook Abroad: Tony Singh's India
4.00 Nigellissima
5.00 Simply Nigella
6.00 The Hairy Bikers' Northern Exposure
8.00 Rick Stein's Seafood Odyssey Catching turbot off the Cornish coast. **8.30** Spicy squid salad.
9.00 Rick Stein's Long Weekends The chef samples the cuisine of Vienna.
10.00 Nigel and Adam's Farm Kitchen
12.00 M'T **Jack Stein: Born to Cook**
2.00 AM **Teleshopping**
5.00 to 6.10 AM **Jack Stein: Born to Cook**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
12.00 NOON **Dance Moms**
1.00 PM **Dance Moms**
4.00 The Real Housewives of Beverly Hills
7.00 Escaping Polygamy Rachel Jeffs reaches out for help in rescuing her sister from a remote compound.
8.00 Zombie House Flipping Keith Ori embarks on a house flip in a prime school district, but a series of problems delay the completion date.
9.00 My Ghost Story: Caught on Camera Two women seek a spiritual encounter at a former jail in Virginia. **10.00** A woman discovers an evil entity in her basement. **11.00** A woman finds a human bone in the garden of her home.
12.00 M'T **to 4.00** AM **Hardcore Pawn**

Paramount Network

153 188 187 54

9.00 AM **Dogs Make You Laugh Out Loud 3**
9.30 Home and Away
11.50 Gilmore Girls (S3)
2.40 PM **FILM Plaza Suite** Neil Simon comedy drama. (1971, PG, 110min) ★★★
4.55 FILM The Odd Couple II Comedy sequel. (1998, 15, 92min) ★
6.50 FILM Overboard Romantic comedy with Kurt Russell. (1987, PG, 112min) ★★★
9.00 Lee Evans Live: A Different Planet The comedian concludes his 1996 UK tour with a gig in London's West End.
10.30 Impractical Jokers US Special: Anatomy of a Challenge
10.55 Marvel's Agent Carter
11.55 The X-Files (S3)
12.55 AM **The X-Files** (S3)
4.25 Lip Sync Battle
5.10 to 6.00 AM **Now That's Funny!**

Quest

144 144 866 172 217 37 167

6.00 AM **Classic Car Rescue**
7.00 X-Machines
8.00 Wheeler Dealers
12.00 NOON **How It's Made**
2.00 PM **Deadliest Catch**
3.00 Mighty Trains
4.00 Outback Opal Hunters
5.00 Rocky Mountain Railroad Grain haulage.
6.00 Wheeler Dealers
7.00 Salvage Hunters
8.00 Salvage Hunters – Best Buys
9.00 EFL on Quest
10.30 Al Murray's Great British Pub Quiz With guest captains James May and Andy Parsons.
11.30 Wheels That Fail
12.00 M'T **Nasa's Unexplained**
1.00 AM **Wheeler Dealers: Trading Up**
2.00 Fantomworks
3.00 Destroyed in Seconds
4.00 Wheeler Dealers: Trading Up
5.00 to 6.00 AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.30 The Zoo
7.30 Bondi Vet
8.00 Wildlife at the Zoo
9.00 My 600lb Life
11.00 My 600lb Life: Where Are They Now?
1.00 PM **Curvy Brides Boutique** Double bill.
2.00 Say Yes to the Dress
6.00 Long Island Medium
7.00 24 to Life
8.00 My 600lb Life: Where Are They Now?
9.00 NEW SERIES Deadline: Crime with Tamron Hall
10.00 Copycat Killers NEW EDITION
11.00 Body Cam NEW EDITION
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 Murder Comes to Town
3.00 FBI Files
3.50 Animal Cops Phoenix
4.40 Bondi Vet
5.30 to 6.00 AM **Say Yes...**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Countryside 999**
7.00 Teleshopping
8.00 Homes Under the Hammer Double bill.
10.00 Escape to the Country
12.00 NOON **Beeny's Restoration Nightmare**
1.00 PM **Beeny's Restoration Nightmare**
6.00 Escape to the Country
8.00 Helicopter ER Attending a hillside accident.
9.00 Cops UK: Bodycam Squad Following the work of police officers.
10.00 Helicopter ER A family outing ends in horror for a young mother after a seaside crash.
11.00 Inside the Mind of a Serial Killer
12.00 M'T **Nurses Who Kill**
1.00 AM **Nightwatch: Emergency After Dark**
2.00 Teleshopping
4.00 Inside Harley Street
4.50 to 6.00 AM **My Ghost Story: Caught on Camera**

Sony Crime

157 193 40 143

7.00 AM **Bizarre Murders**
12.00 NOON **True Crime with Aphrodite Jones**
1.00 PM **True Crime with Aphrodite Jones**
5.00 CSI 7&6/22. (S14)
7.00 CSI *Girls Gone Wild:* 10/22. Finn goes missing after stabbing a man who tried to rape her. **8.00** *Keep Calm and Carry-On:* 12/22. The body of a woman is found on a road just outside an airport. **9.00** *Boston Brakes:* 13/22. The team investigate an attempt on the life of a journalist. (S14)
10.00 Fatal Attraction A young couple disappear from a motel.
11.00 Fatal Attraction
1.00 AM **Fatal Attraction**
3.00 to 4.00 AM **Body of Evidence**

+1 hour 257 60

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 Paddington Stn 24/7
10.00 Celebrity 5 Go Motorhoming
2.00 PM **Ben Fogle: New Lives in the Wild**
4.00 The Yorkshire Steam Railway: All Aboard
5.00 Chris Tarrant: Extreme Railway Journeys
6.00 Ancient Mysteries: Lost City of the Pharaohs
7.00 Secrets of the Nazi Occult
8.00 World War II in Colour
9.00 Britain's Favourite Chocolate
11.00 Kate v Meghan: Princesses at War?
12.00 M'T **Story of Britain's Favourite Royal**
1.30 AM **Doomsday of Pompeii: Rome Unwrapped**
2.30 Britain's Biggest Cash Grab
3.30 to 4.00 AM **Criminals: Caught on Camera**

5Spike

150 154 31 141

9.00 AM **Police Interceptors**
10.00 Strongman Champions League World Series 2018 NEW EDITION
11.00 Traffic Cops
12.00 NOON **Weather Gone Viral**
1.00 PM **Can't Pay? We'll Take It Away!**
3.00 FILM Destroyer World War Two drama. (1943, b/w, U, 99min) ★★
5.10 FILM The Duel at Silver Creek Western drama. (1952, U, 77min) ★★
6.50 FILM Jesse James Western. (1939, U, 106min) ★★★
9.00 FILM The Expendables 3 Action thriller sequel. (2014, 12, 126min) ★★
11.25 FILM Alien Hunter Sci-fi thriller. (2003, 15, 88min) ★★★
1.20 AM **The X-Files** (S9)
2.20 Criminals: On Camera
2.50 to 3.00 AM **Access**

+1 hour 250

True Crime

180 212 68 153

6.00 AM **Psychic Detectives**
11.00 North Mission Road
1.00 PM **North Mission Road**
4.00 The Investigators
7.00 The Investigators Documentary going behind the scenes of the prison system. **8.00** The story of an arsonist fire captain.
9.00 Trace Evidence: The Case Files of Dr Henry Lee Childhood friends accuse each other of murder after a body is discovered in a room where the two fought. **10.00** A retired police officer has gone missing. **11.00** The lone witness to a fire that destroyed a historic building is killed.
12.00 M'T **Trace Evidence: The Case Files of Dr Henry Lee**
1.00 to 3.00 AM **Psychic Detectives**

+1 hour 280 69

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes to the Dress: Bridesmaids**
10.00 Say Yes to the Dress: Atlanta Six editions.
1.00 PM **Say Yes to the Dress: Atlanta**
3.00 My Lottery Dream Home Four editions.
5.00 Curvy Brides Boutique
7.00 Say Yes to the Dress: UK Double bill.
8.00 My 3000lb Family
9.00 My Face Is Killing Me: Body Bizarre
10.00 Body Bizarre NEW EDITION The UK's shortest married couple both have dwarfism and are expecting their second child.
11.00 Dr Pimple Popper
12.00 M'T **My 3000lb Family**
1.00 AM **My Face Is Killing Me: Body Bizarre**
2.00 Body Bizarre
3.00 Say Yes... Bridesmaids
5.00 to 6.00 AM **Say Yes to the Dress: Atlanta**

+1 hour 240 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Mighty Ships**
9.00 **Fast N' Loud**
11.00 **Misfit Garage**
12.00 NOON **Outback Truckers**
1.00 PM **How Do They Do It?**
2.00 **World War II in Colour** Double bill of the series.
4.00 **UFOs: The Lost Evidence** Double bill of the series.
6.00 **Robson Green's Australian Adventure** The actor visits Australia's Northern Territory, beginning in the waters of Darwin harbour.

10.00 Mighty Ships

7.00 **Naked and Marooned with Ed Stafford** The adventurer tries to live on a remote Fijian island for 60 days.
8.00 **Extinct or Alive** Forrest Galante heads to Newfoundland to search for the white wolf, declared extinct in 1930.
9.00 **Outback Truckers** Anthony and Danielle tackle an urgent water-drilling job to replace a collapsed well.
10.00 **Mighty Ships** The crew of luxurious cruise liner *Le Boreal* brave ferocious weather conditions in Antarctica.
11.00 **How Do They Do It?**
12.00 M'T **Chasing Classic Cars**
1.00 AM **Outback Truckers** Carl gets behind the wheel to transport a sizeable load.
2.00 **Combat Dealers**
3.00 **Wheeler Dealers**
4.40 **Gold Rush**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Africa's Trees of Life**
7.00 **From Cubs to Kings**
8.00 **Pet Nation Renovation**
9.00 **Animal Cops Houston**
1.00 PM **Amanda to the Rescue**
2.00 **Big Cat Tales**
3.00 **Africa's Trees of Life**
4.00 **Africa's Outsiders**
5.00 **Africa's Super Seven** The animals of South Africa at their most powerful.
6.00 **Saving Africa's Giants with Yao Ming** NBA star Yao Ming travels to Africa to tackle ivory poaching.

6.00 Saving Africa's Giants...

7.00 **Amanda to the Rescue** Amanda rescues as many dog as she can in Puerto Rico in the wake of Hurricane Maria.
8.00 **Shark Attack File 3** Experts explore a sudden increase in the bull shark population in Sydney Harbour.
9.00 **Intruders** A young couple in Boston are kept awake at night by mysterious noises coming from the ceiling.
10.00 **I'm Alive** A family who were attacked by a swarm of killer bees, and a man bitten by a bull shark in the Bahamas.
11.00 **Monsters Inside Me** A man is hit by thousands of parasites.
12.00 M'T **Monsters Inside Me** An athlete is hit by a rare disease that makes him hallucinate.
1.00 AM **Monsters Inside Me**
3.50 **Big Cat Tales**
4.40 **Meet the Orangutans**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Megafactories**
1.00 PM **Megafactories** Exploring the factory where BMW builds its second-generation X3s. **2.00** A look behind the scenes of the Aston Martin HQ.
3.00 **Supercars** The design and construction of some of the fastest motors on the planet. **4.00** The construction of the Lexus LFA supercar. **5.00** The world of designers at Chevrolet who have developed the Corvette ZR1. **6.00** The engineering secrets of the Ferrari FF.

10.00 Bugatti Chiron: Super...

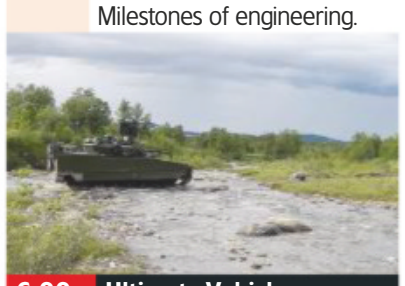
7.00 **Supercars** A look at the design secrets of the Gumpert Apollo Enraged, a $1million hand-built racing car.
8.00 **Car SOS Special: 7 Day Challenge** Tim, Fuzz and guest Ross Kemp try to restore a Land Rover in just seven days.
9.00 **Car SOS** Tim and Fuzz restore a Triumph TR4 belonging to a man left unable to drive it by a stroke.
10.00 **Bugatti Chiron: Super Car Build** The creation of a new version of the company's record-breaking supercar.
11.00 **Supercar Megabuild** Jodie Kidd wants a family saloon capable of reaching 200mph. **12.00** M'T Shane Lynch and Dan Baruffo build a DeLorean from scratch.
1.00 AM **Supercar Megabuild**
2.00 **Supercars** Double bill.
4.00 **to 5.00** AM **Megafactories**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Mountain Men**
8.00 **Hunting Hitler**
10.00 **WW2 Treasure Hunters**
12.00 NOON **American Pickers**
2.00 PM **Pawn Stars** Six editions of the series, including at: **4.00** A 1944 steel penny. **4.30** Madonna's 1988 day planner arrives at the shop.
5.00 **Storage Wars** Mary learns a harsh lesson about Dave. **5.30** Mary is forced far out of her comfort zone.
6.00 **Ultimate Vehicles** Milestones of engineering.


6.00 Ultimate Vehicles

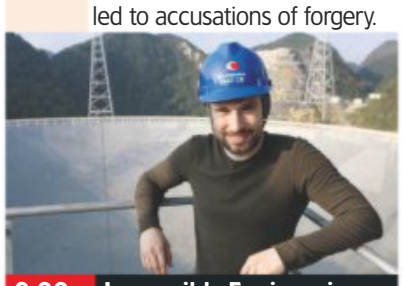
7.00 **Forged in Fire** Seven losing competitors return to the forge for a shot at redemption and a second chance at glory.
8.00 **In Search Of** Zachary Quinto continues his quest to prove that the city of Atlantis not only existed, but was a thriving empire.
9.00 **WWII: The Air War** Veterans recall some of the most dangerous missions of World War Two, as footage brings to life the devastation, dogfights and sacrifice that occurred 30,000 feet in the air.
11.00 **Behind Bars: World's Toughest Prisons** Life in the Carcel Distrital prison and correctional facility, Colombia.
12.00 M'T **Ancient Aliens** Experts investigate whether the US military has a secret space programme.
1.00 **to 6.00** AM **Ancient Aliens**

+1 hour 230 271

Yesterday

155 129 19 159

6.00 AM **Time Team**
8.00 **Queen Victoria's Last Love: Abdul Karim**
9.00 **Time Team** Four editions.
1.00 PM **The Blue Planet**
3.00 **David Attenborough's Natural Curiosities**
4.00 **The Blue Planet** The effects of tides on marine life. **5.00** A look at marine life in coastal regions.
6.00 **David Attenborough's Natural Curiosities** Nature's evolutionary anomalies. **6.30** Creatures that have led to accusations of forgery.


9.00 Impossible Engineering

7.00 **TOTP2** A selection of hit performances from the 1960s to the present day. **7 PM**
8.00 **Easy Listening Hits at the BBC** Archive performances including Sergio Mendes & Brasil 66, and Andy Williams. **8 PM**
9.00 **Impossible Engineering** Documentary series examining the history of pioneering modern-day megastructures. **9 PM**
10.00 **Impossible Engineering** Revealing that behind every marvel of modern engineering is a cast of historic trailblazers. **10 PM**
11.00 **Private Lives** Examining the private lives of six historical figures, beginning with Princess Margaret.
12.00 M'T **Abandoned Engineering**
1.00 AM **Elegance and Decadence: The Age of the Regency**
2.00 **to 3.00** AM **Inquisition**

+1 hour 255 200

Disc. History

171 262

6.00 AM **Mighty Ships**
8.00 **Battlefield**
10.00 **Nazi Death Ray**
11.00 **Nazi Cavemen**
12.00 NOON **Nazis on Drugs**
1.00 PM **Nazi Killer Bugs**
2.00 **Hitler's Gold**
3.00 **Mighty Ships**
5.00 **Treasure Quest**
6.00 **Everest Rescue**
7.00 **Blowing Up History**
8.00 **Cooper's Treasure** Darrell Miklos searches for another shipwreck.
9.00 **Lost Children of Roman Ashkelon** Examining child murder in the ancient world.
10.00 **Travel Spies**
11.00 **Battlefield**
1.00 AM **Nazi Death Ray**
2.00 **Nazi Cavemen**
3.00 **Nazis on Drugs**
4.00 **Nazi Killer Bugs**
5.00 **to 6.00** AM **Hitler's Gold**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Dino Hunt**
10.00 **Animal Babies**
11.00 **The Hidden River**
12.00 NOON **The Great Human Odyssey**
1.00 PM **Forces of Nature**
2.00 **24 Hours on Earth**
3.00 **Dino Hunt**
4.00 **Animal Babies**
5.00 **The Hidden River**
6.00 **Great Human Odyssey**
7.00 **Forces of Nature with Brian Cox**
8.00 **24 Hours on Earth**
9.00 **Dino Hunt**
10.00 **Animal Babies**
11.00 **The Hidden River**
12.00 M'T **The Great Human Odyssey**
1.00 AM **Forces of Nature with Brian Cox**
2.00 **24 Hours on Earth**
3.00 **Dino Hunt**
3.50 **Animal Babies**
4.40 **The Hidden River**
5.30 **to 6.00** AM **Angry Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Snakes in the City** Five editions.
1.00 PM **Snakes in the City** Five further editions.
6.00 **Dangerous Encounters** Hunting for the world's deadliest snakes. **7.00** Dr Brady Barr encounters a dangerous snake in Indonesia. **8.00** Brady searches for the largest wild python he can find, but to measure it, he will have to catch it first. **9.00** Brady searches for deadly reptiles and amphibians.
10.00 **Close Encounters** Hunting for a snake that measures over 30 feet long.
11.00 **Snake Underworld**
12.00 M'T **Anaconda: Silent Killer** The truth about the anaconda snake.
1.00 AM **Rise of Snakezilla**
2.00 **to 5.00** AM **Snakes in the City**

History 2

163 273 274 330 390

8.00 AM **Ancient Aliens**
10.00 **Ancient Impossible**
12.00 NOON **The Universe**
2.00 PM **In Search of Aliens**
4.00 **Ancient Aliens**
7.00 **Rome: Rise and Fall of an Empire** The story of General Marius.
8.00 **America's Secret Slang** A look at the ways that American English was transformed by the high seas, the ancient world and the movers and shakers of big business.
9.00 **Top Shot** The contestants must hit a series of apples with a crossbow. **10.00** The split-second judgement of the remaining 13 contenders is fully tested.
11.00 **Decoding the Past**
12.00 M'T **The Universe**
2.00 AM **Ancient Impossible**
4.00 **to 5.00** AM **Decoding the Past**

PBS America

160 276 94 155

8.00 AM **Through a Lens Darkly: Black Photographers and the Emergence of a People**
9.15 **Nuclear Nightmare: Inside the Cuban Missile Crisis**
10.55 **Bomber Boys: The Fighting Lancaster**
3.10 PM **Nuclear Nightmare: Inside the Cuban Missile Crisis**
4.50 **Bomber Boys: The Fighting Lancaster**
7.55 **Bomber Boys: The Fighting Lancaster** All the participants reflect on the experience.
9.00 **Africa's Great Civilisations** The history of the continent.
10.20 **The Magic of Houdini with Alan Davies** A look at the life and work of the escapologist.
11.30 **Love Me**
12.45 **to 2.00** AM **Africa's Great Civilisations**

CI

156 156 835 223 222 328 380

6.00 AM **On the Case**
7.00 **Deadly Wives**
8.00 **Killer In Plain Sight**
10.00 **Motive to Murder**
12.00 NOON **On the Case with Paula Zahn**
1.00 PM **Crimes That Shook Britain**
3.00 **Town & Country Murder**
4.00 **Snapped**
5.00 **Robbie Coltrane's Critical Evidence**
6.00 **Buried in the Backyard**
7.00 **Shallow Grave**
8.00 **Leah Remini: Scientology & the Aftermath**
9.00 **Sex, Fame and Murder**
10.00 **Snapped**
11.00 **Sex, Lies and Murder**
12.00 M'T **Deadly Wives**
1.00 AM **Sex, Fame and Murder**
2.00 **Buried in the Backyard**
3.00 **Crimes That Shook Britain**
5.00 **to 6.00** AM **On the Case**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SATURDAY Films

Saturday

Sky Premiere

301 301 842 431 401 501

6.00 AM **People You May Know**
7.40 **Patrick** As shown at 4.00pm.
9.30 **Jurassic World: Fallen Kingdom** As 5.45pm.
11.45 **Deadpool 2** As 8.00pm.
2.00 PM **Backstabbing for Beginners** Fact-based drama. (2018, 15, 108min) ★★
4.00 **Patrick** Romantic comedy. (2018, PG, 94min) ★★★
5.45 **Jurassic World: Fallen Kingdom** Action sequel. (2018, 12, 128min) ★★★

10.10 Mandy

8 PM

8.00 **Deadpool 2** Action comedy sequel starring Ryan Reynolds. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. With Josh Brolin (2018, 15, 119min) ★★★★
SEX ●○○ VIOLENCE ●●○ LANG ●●●

9 PM

10 PM

10.10 **PREMIERE** **Mandy** Fantasy horror starring Nicolas Cage, Andrea Riseborough and Linus Roache. (2018, 18, 121min) ★★★★ *See review, page 19*
SEX ●●● VIOLENCE ●●● LANG ●●○

11 PM

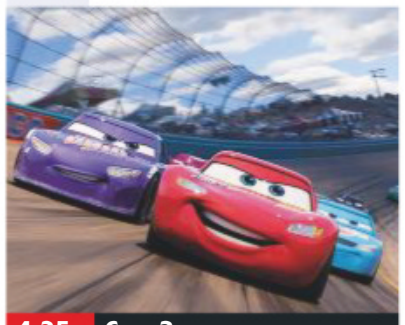
12.20 AM **People You May Know** Romantic comedy drama. (2017, 15, 92min) ★★★
2.00 **Racer and the Jailbird** Belgian thriller. Subtitled. (2017, 15, 130min) ★★★
4.15 **to 6.00** AM **Apostasy** Drama. (2017, PG, 95min) ★★★★

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.10 AM **The Lion King 3: Hakuna Matata!** Animated sequel. (2004, U, 73min) ★★★
7.30 **Cars 3** As shown at 4.25pm.
9.20 **Frankenweenie** As 11.45pm.
10.55 **Maleficent** As 6.15pm.
12.40 PM **A Wrinkle in Time** Fantasy adventure, as 8pm.
2.40 **Cool Runnings** As 10.00pm.
4.25 **Cars 3** Animated sequel. (2017, U, 102min) ★★★
6.15 **Maleficent** Fantasy adventure. (2014, PG, 97min) ★★★★



4.25 Cars 3

8.00 **A Wrinkle in Time** Fantasy adventure starring Storm Reid. After the disappearance of her scientist father, three beings send a girl, her brother and her friend to space in order to find him. With Oprah Winfrey. (2018, PG, 109min) ★★
SEX ●○○ VIOLENCE ●○○ LANG ●○○

10.00 **Cool Runnings** Fact-based comedy starring John Candy. (1993, PG, 99min) ★★★
SEX ●○○ VIOLENCE ●○○ LANG ●●○

11.45 **Frankenweenie** Tim Burton's stop-motion animation children's fantasy. (2012, b/w, PG, 87min) ★★★★
1.25 AM **The Black Hole** Sci-fi starring Anthony Perkins. (1979, PG, 97min) ★★★
3.10 **Night Crossing** Fact-based adventure starring John Hurt. (1982, PG, 106min) ★★
5.05 **to 6.30** AM **Basil the Great Mouse Detective** Animation. (1986, U, 75min) ★★★

Sky Family

305 305 846 436 406 505

6.25 AM **Cats & Dogs** As 4.45pm.
8.00 **The Smurfs** As 3.00pm.
9.50 **Peter Rabbit** As 6.20pm.
11.30 **Nanny McPhee** As 8.00pm.
1.15 PM **A Wizard's Tale** Animation. (2018, U, 97min) ★★
3.00 **The Smurfs** Family adventure. (2011, U, 102min) ★★
4.45 **Cats & Dogs** Fantasy comedy. (2001, PG, 87min) ★★★★
6.20 **Peter Rabbit** Comedy with the voice of James Corden. (2018, PG, 95min) ★★★

6.20 Peter Rabbit

8.00 **Nanny McPhee** Fantasy with Emma Thompson. In late-Victorian England, a nanny with a magical stick tames the seven mischievous children of a widowed undertaker. (2004, U, 98min) ★★★
SEX ●○○ VIOLENCE ●○○ LANG ●○○

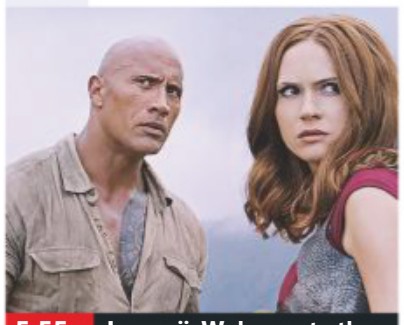
9.45 **My Girl** Comedy drama starring Dan Aykroyd. A tomboy suffers pangs of loneliness when a new woman enters the life of her widower father. (1991, PG, 105min) ★★
SEX ●○○ VIOLENCE ●○○ LANG ●○○

11.35 **My Girl 2** Family drama sequel starring Dan Aykroyd and Anna Chlumsky. (1994, PG, 99min) ★★
1.25 AM **The Swan Princess: The Secret of the Castle** Romantic animated adventure sequel. (1997, U, 89min) ★★
2.50 **Home Alone 2: Lost in New York** Comedy sequel. (1992, PG, 120min) ★★
5.00 **to 6.45** AM **A Wizard's Tale** Animation, as shown at 1.15pm.

Sky Action

306 306 847 437 407 502

7.30 AM **Walking Tall** Action drama. (2004, 15, 87min) ★★
9.00 **Avatar** Fantasy adventure. (2009, 12, 162min) ★★★★
11.45 **The Incredible Hulk** Fantasy. (2008, 12, 107min) ★★★
1.45 PM **Justice League** Adventure. (2017, 12, 120min) ★★
3.50 **Deadpool 2** As 10.20pm.
5.55 **Jumanji: Welcome to the Jungle** Fantasy comedy starring Dwayne Johnson. (2017, 12, 119min) ★★★



5.55 Jumanji: Welcome to the...

8.00 **Solo: A Star Wars Story** Sci-fi prequel set before the events of *Star Wars: A New Hope*, starring Alden Ehrenreich, Emilia Clarke and Woody Harrelson. A headstrong pilot gets mixed up with a bunch of mercenaries while trying to appease a crime lord. (2018, 12, 135min) ★★★★
SEX ●○○ VIOLENCE ●○○ LANG ●○○

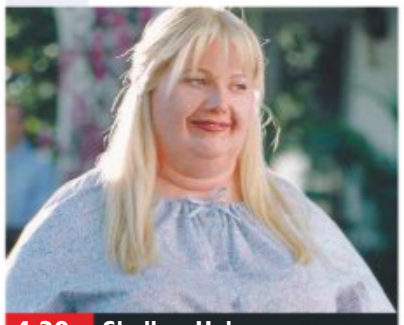
10.20 **Deadpool 2** Action comedy sequel starring Ryan Reynolds. (2018, 15, 119min) ★★★★
SEX ●○○ VIOLENCE ●●○ LANG ●●●

12.25 AM **Mad Max** Cult action thriller starring Mel Gibson. (1979, 18, 93min) ★★★★★
2.00 **Mad Max 2** Futuristic action thriller starring Mel Gibson. (1981, 18, 95min) ★★★★
3.40 **Mad Max Beyond Thunderdome** Action thriller. (1985, 15, 107min) ★★★
5.30 **to 6.00** AM **Sky Cinema Preview**

Sky Comedy

307 307 848 438 408 506

7.00 AM **Bruce Almighty** Comedy. (2003, 12, 96min) ★★★
8.50 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
10.50 **Bean** As shown at 6.20pm.
12.30 PM **Blockers** As 8.00pm.
2.20 **Pitch Perfect** As 9.45pm.
4.20 **Shallow Hal** Romantic comedy starring Jack Black. (2001, 12, 113min) ★★★★
6.20 **Bean** Comedy starring Rowan Atkinson and Peter MacNicol. (1997, PG, 90min) ★★★



4.20 Shallow Hal

8.00 **Blockers** Comedy starring Leslie Mann, Ike Barinholtz and John Cena. Three parents try to stop their daughters from losing their virginity on prom night. (2018, 15, 102min) ★★★★
SEX ●●○ VIOLENCE ●○○ LANG ●●○

9.45 **Pitch Perfect** Musical comedy set in the world of American college a cappella singing, starring Anna Kendrick and Rebel Wilson. (2012, 12, 112min) ★★★★
SEX ●○○ VIOLENCE ●○○ LANG ●●○

11.45 **The Other Guys** Farcical crime comedy starring Will Ferrell and Mark Wahlberg. (2010, 12, 107min) ★★★★
1.45 AM **Midnight Run** Comedy thriller with Robert De Niro. (1988, 18, 122min) ★★★★
4.00 **Where's the Money** Comedy. (2017, 15, 86min) ★★
5.30 **to 7.15** AM **Indiscreet** Romantic comedy with Cary Grant and Ingrid Bergman. (1958, PG, 100min) ★★★

Sky Hits

302 302 843 433 403

7.00 AM **Wonder Wheel** Comedy drama. (2017, 12, 101min) ★★★
8.45 **Darkest Hour** As 6.50pm.
11.00 **Rampage** As 9.00pm.
1.00 PM **Life of the Party** Comedy, as shown at 10.50pm.
3.00 **Muppets Most Wanted** Comedy starring Ricky Gervais. (2014, U, 103min) ★★★
4.50 **Geostorm** Sci-fi starring Gerard Butler. (2017, 12, 120min) ★

Sky 5 Star Movies

303 303 844 434 404 508

6.45 AM **The Breakfast Club** (1984)
8.25 **Sunset Boulevard** As 4.55am.
10.20 **The Bourne Supremacy** (2004)
12.10 PM **Forrest Gump** As 10.00pm.
2.35 **V for Vendetta** As 12.25am.
4.50 **The Breakfast Club** John Hughes's teen comedy drama. (1984, 15, 97min) ★★★★★
6.30 **This Is Spinal Tap** Spoof rock music documentary. (1983, 15, 83min) ★★★★★

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Directors**
7.00 **Ocean's 11** (1960, PG) ★★★
9.35 **The Man from Galveston** Western. (1963, b/w, U) ★★
10.45 **A Time for Killing** (1968) ★★
12.45 PM **Jeremiah Johnson** Adventure. (1972, PG) ★★★
3.00 **Gunsight Ridge** Crime Western. (1957, b/w, U, 85min) ★★★
4.45 **The Train Robbers** Western. (1973, U, 92min) ★★

Talking Pictures

328 445 81 306

6.00 AM **Jackpot** (1960, b/w) ★★
7.20 **The Crooked Sky** (1957) ★★
8.50 **At the Earth's Core** Sci-fi. (1976, PG, 86min) ★★★
10.40 **Desert Mice** (1959, b/w) ★★★
12.25 PM **The Rainbow Jacket** Drama. (1953, PG, 96min) ★★
2.30 **Two-Way Stretch** Comedy. (1959, b/w, U, 87min) ★★★★
4.15 **The Bulldog Breed** Comedy. (1960, b/w, PG, 97min) ★★

Horror

317 149 70 138

8.00 AM **Princess of Mars** Sci-fi. (2009, 12, 90min) ★★
9.50 **Horror Highlights**
10.00 **Sliders** 23-25/25. (S3)
1.00 PM **Sliders** 1&2/22. (S4)
3.00 **2012: Supernova** Sci-fi action thriller starring Brian Krause. (2009, 12, 87min) ★★
4.45 **2012: Ice Age** Disaster drama starring Patrick Labyorteaux. (2011, 12, 87min) ★

primetime

6.50 **Darkest Hour** Drama starring Gary Oldman. Prime Minister Winston Churchill seeks to rally the nation against Germany's advance across Europe. (2017, PG, 122min) ★★★
9.00 **Rampage** Fantasy adventure starring Dwayne Johnson. When three animals become infected with a pathogen, a primatologist and a geneticist try to stop them from destroying Chicago. (2018, 12, 107min) ★★★
10.50 **Life of the Party** Comedy starring Melissa McCarthy. (2018, 12, 105min) ★★
12.45 AM **The Sixth Sense** Thriller. (1999, 15, 108min) ★★★★★
2.35 **Patti Cake$** Music drama. (2017, 15, 109min) ★★★
4.25 **to 6.20** AM **Muppets Most Wanted** As shown at 3.00pm.

8.00 **The Bourne Supremacy** Spy thriller sequel based on the novel by Robert Ludlum, starring Matt Damon. A former CIA assassin tries to discover why his enemies want to kill him. (2004, 12, 108min) ★★★★
10.00 **Forrest Gump** Multi-Oscar-winning whimsical fable starring Tom Hanks as a simpleton who leads a charmed existence over four turbulent decades of US history. With Robin Wright. (1994, 12, 136min) ★★★★
12.25 AM **V for Vendetta** Action thriller starring Natalie Portman. (2005, 15, 132min) ★★★
2.40 **Chinatown** Mystery thriller. (1974, 15, 131min) ★★★★★
4.55 **to 6.55** AM **Sunset Boulevard** Hollywood melodrama. (1950, b/w, PG, 110min) ★★★★★

6.45 **O Brother, Where Art Thou?** Offbeat period comedy from the Coen brothers, starring George Clooney, John Turturro and Tim Blake Nelson. In the 1930s, three men escape from a chain gang and set out to recover some hidden loot. (2000, 12, 106min) ★★★★
9.00 **Mechanic: Resurrection** Action thriller sequel starring Jason Statham and Jessica Alba. (2016, 15, 98min) ★★
11.10 **Goodfellas** Martin Scorsese's gangster drama with Robert De Niro, Ray Liotta and Joe Pesci. (1990, 18, 143min) ★★★★★
2.05 AM **Longmire** 1/10. (S5)
3.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

6.15 **The Man Between** Cold War thriller starring James Mason. (1953, b/w, U, 100min) ★★
8.15 **Forbidden** Thriller starring Douglass Montgomery and Patricia Burke. An actress refuses to grant her unhappy husband a divorce, so he makes plans to murder her instead. (1948, b/w, PG, 90min) ★★
10.00 **Morgan – A Suitable Case for Treatment** Comedy with David Warner and Vanessa Redgrave. (1965, b/w, PG, 97min) ★★★
12.00 M'T **The Day the Earth Caught Fire** Sci-fi starring Edward Judd. (1961, b/w, PG, 96min) ★★
2.00 AM **Bitter Harvest** Drama. (1963, 15, 96min) ★★
3.50 **to 6.00** AM **Only Two Can Play** Comedy with Peter Sellers. (1961, b/w, PG, 106min) ★★★

6.35 **Impact Earth** Sci-fi drama starring Bernard Curry, Brooke Langton and Caitlin Carver. (2015, 12, 90min) ★★
8.30 **Tales from the Darkside**
9.00 **Extinction** Sci-fi horror starring Matthew Fox and Jeffrey Donovan. Two survivors of a global viral outbreak must bury their differences when they come under attack. (2015, 15, 108min) ★★
11.10 **Demonic** Horror starring Maria Bello. (2015, 15, 83min) ★★
12.45 AM **See No Evil 2** Horror with Glenn Jacobs and Danielle Harris. (2014, 15, 90min) ★★
2.35 **Boogeyman** Horror thriller. (2004, 15, 89min) ★
4.20 **to 4.30** AM **Horror Highlights**

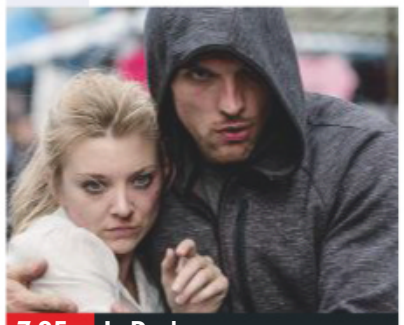
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.10 AM **Déjà Vu** Sci-fi thriller. (2006, 12, 126min) ★★★★
8.30 **Get Rich Or Die Tryin'** (2005)
10.40 **Murder on the Orient Express** As 9.00pm.
12.40 PM **Ocean's Eleven** Thriller. (2001, 12, 116min) ★★★★
2.50 **Ocean's Twelve** Caper thriller. (2004, 12, 125min) ★★★★
5.00 **Ocean's Thirteen** Thriller. (2007, PG, 122min) ★★★
7.05 **In Darkness** Suspense thriller. (2018, 15, 100min) ★★★



7.05 In Darkness

In Darkness (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

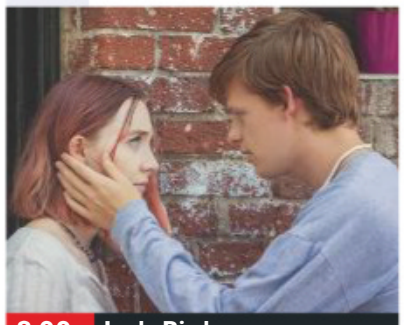
9.00 **Murder on the Orient Express** Mystery directed by and starring Kenneth Branagh. When a murder occurs on the train he is travelling on, celebrated detective Hercule Poirot is recruited to solve the case. With Daisy Ridley. (2017, 12, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Get Rich Or Die Tryin'** Music drama starring Curtis '50 Cent' Jackson and Terrence Howard. (2005, 15, 117min) ★
1.00 AM **Lowlife** Comedy drama starring Nicki Micheaux. (2017, 18, 96min) ★★★★
2.45 **Shot Caller** Crime drama starring Jon Bernthal. (2017, 15, 121min) ★★★
4.55 **to 6.40** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.05 AM **American Wrestler: The Wizard** Drama. (2016) ★★
8.05 **Steel Magnolias** Melodrama. (1989, PG, 115min) ★★★★
10.10 **The Pursuit of Happyness** Drama. (2006, 12) ★★★
12.10 PM **Lady Bird** As 8.00pm.
1.55 **Carousel** Musical fantasy. (1956, U, 123min) ★★★★
4.10 **Lost in Translation** Drama. (2003, 15, 102min) ★★★★★
6.00 **Save the Last Dance** Drama. (2001, 12, 113min) ★★★



8.00 Lady Bird

8.00 **Lady Bird** Comedy drama starring Saoirse Ronan and Laurie Metcalf. A teenager has a difficult relationship with her mother while growing up in California. (2017, 15, 94min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

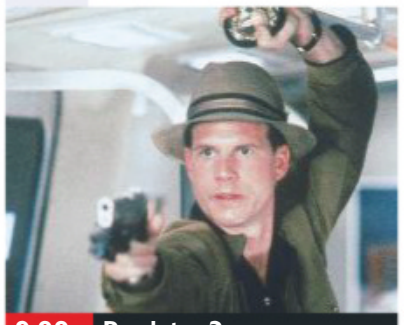
9.45 **Fifty Shades Freed** Conclusion of the romantic thriller trilogy based on EL James's novel, with Jamie Dornan and Dakota Johnson. (2018, 18, 105min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Notorious** Music biopic starring Angela Bassett, Jamal Woolard and Derek Luke. (2009, 15, 122min) ★★★
1.45 AM **My Friend Dahmer** Drama starring Ross Lynch, Anne Heche and Alex Wolff. (2017, 15, 107min) ★★★★
3.45 **to 6.20** AM **South Pacific** Rodgers and Hammerstein's classic musical starring Mitzi Gaynor and Rossano Brazzi. (1958, U, 151min) ★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **AVP: Alien Vs Predator**
7.45 **Aliens Vs Predator – Requiem** As 5.15pm.
9.30 **Predator** As 7.00pm.
11.30 **Predator 2** As 9.00pm.
1.30 PM **Predators** As 11.00pm.
3.30 **AVP: Alien Vs Predator** Sci-fi. (2004, 15, 101min) ★★★
5.15 **Aliens Vs Predator – Requiem** Sci-fi horror sequel. (2007, 15, 89min) ★
7.00 **Predator** Sci-fi action fantasy. (1987, 18, 107min) ★★★★



9.00 Predator 2

Predator (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Predator 2** Sci-fi action sequel starring Danny Glover as a tough cop facing a ferocious alien in 1997 Los Angeles. With Gary Busey, Ruben Blades, Maria Conchita Alonso and Bill Paxton. (1990, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Predators** Sci-fi action sequel starring Adrien Brody. A group of highly trained killers land on an alien planet in order to be hunted down as entertainment for the resident alien race. (2010, 15, 102min) ★★★
1.00 AM **AVP: Alien Vs Predator** Sci-fi, as shown at 3.30pm.
2.45 **Aliens Vs Predator – Requiem** As 5.15pm.
4.30 **The Lego Movie 2: Special**
5.00 **to 6.00** AM **Previews**

Sky Select

311 311 852 | 442 412 | 510

6.30 AM **Brothers in Arms** Turkish drama. (2016, 15, 135min) ★★
8.55 **Growing Up Smith** Comedy. (2015, 12, 98min) ★★★
10.45 **Hanna** Action thriller. (2011, 12, 111min) ★★★★
12.45 PM **Zodiac** Crime drama. (2006, 15, 157min) ★★★★
3.30 **The Hurricane** Fact-based drama with Denzel Washington. (1999, 15, 142min) ★★★
6.00 **RocknRolla** Crime comedy. (2008, 15, 114min) ★★

8.00 Tombstone

8.00 **Tombstone** Western starring Kurt Russell and Val Kilmer. Gunslinger Wyatt Earp abandons his plans to hang up his guns when he runs into a marauding outlaw and his gang. With Sam Elliott and Bill Paxton. (1993, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

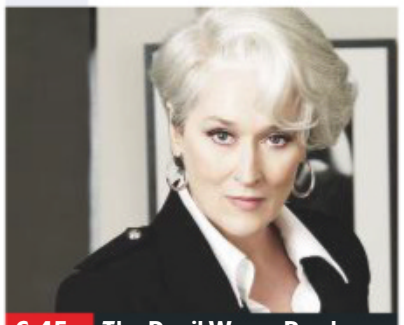
10.15 **Three Billboards Outside Ebbing, Missouri** Crime drama starring Frances McDormand. (2017, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Thoroughbreds** Crime comedy starring Olivia Cooke. (2017, 15, 92min) ★★★★
1.55 **Boogie Nights** Adult comedy drama with Mark Wahlberg. (1997, 18, 156min) ★★★★
4.35 **to 6.35** AM **Sweet Bean** Japanese drama starring Kirin Kiki. Subtitled. (2015, PG, 113min) ★★★★

Film4

313 313 853 | 428 429 | 15 | 300

■ **Films start at 11.00am**
11.00 AM **Baby's Day Out** Comedy. (1994, PG, 99min) ★★
1.00 PM **Rango** Animated Western. (2011, PG, 107min) ★★★★
3.10 **Paddington** Family comedy. (2014, PG, 95min) ★★★★
4.55 **Fast Girls** Sports drama. (2012, 12, 90min) ★★★
6.45 **The Devil Wears Prada** Satirical comedy starring Meryl Streep. (2006, PG, 109min) ★★★



6.45 The Devil Wears Prada

The Devil Wears Prada (film started at 6.45pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Lucy** Sci-fi thriller with Scarlett Johansson. A courier seeks revenge on the gangsters who kidnapped her after a drug grants her superhuman abilities. (2014, 15, 90min) ★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10.45 **Jackass Presents: Bad Grandpa** Slapstick road movie comedy starring Johnny Knoxville, a spin-off from the MTV show. (2013, 15, 92min) ★★★ **10 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

12.35 AM **Piranha 3DD** Tongue-in-cheek horror sequel. (2011, 18, 79min) ★
2.10 **to 3.55** AM **Underworld: Awakening** Horror thriller sequel. (2012, 18, 88min) ★★ **11 PM**

+1 hour 314 430 45 301

True Movies

319 424 62 303

6.00 AM **Little House on the Prairie**
7.00 **The Waltons** (S4)
11.00 **Dreams Lost, Dreams Found** Drama. (1987, PG, 102min) ★★
1.00 PM **Love Takes Wing** Western. (2009, PG, 88min) ★★★
3.00 **Love Finds a Home** Family Western starring Sarah Jones. (2009, PG, 88min) ★★
5.00 **Montana Sky** Romantic thriller starring Ashley Williams.

7.00 **Stagecoach** Remake of the classic 1939 Western, starring Willie Nelson and Kris Kristofferson. A stagecoach carrying a group of famous gunslingers makes a dangerous journey through Apache territory. With Johnny Cash. (1986, U, 100min) ★★★
9.00 **Convoy** Action comedy with Kris Kristofferson and Ali MacGraw. Speeding truckers flee for the state line pursued by the police. (1978, 12, 110min) ★★★
11.00 **High Noon** Remake of the classic Western, starring Tom Skerritt. (2000, PG, 95min) ★★
1.00 AM **The Waltons** (S6&7)
3.00 **to 6.00** AM **Little House on the Prairie**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Presumed Dead** Thriller. (2006, 15, 90min) ★★★
10.50 **Dangerous Company** Thriller. (2015, PG, 87min) ★
12.35 PM **Kramer Vs Kramer** Drama. (1979, PG, 104min) ★★★★
2.40 **The Golden Voyage of Sinbad** Fantasy starring John Phillip Law. (1973, U, 104min) ★★★
4.45 **Batteries Not Included** Sci-fi. (1987, PG, 105min) ★★★★

6.55 **Charlie's Angels** Action comedy thriller based on the 1970s TV series, starring Drew Barrymore, Cameron Diaz and Lucy Liu as three private eyes sent on a mission to investigate the kidnapping of a computer magnate. (2000, 15, 97min) ★★
9.00 **Charlie's Angels: Full Throttle** Action comedy thriller sequel starring Cameron Diaz. (2003, 12, 106min) ★
11.15 **How I Spent My Summer Vacation** Darkly comic crime thriller starring Mel Gibson. (2012, 15, 92min) ★★★★
1.20 AM **Drive Hard** Thriller with John Cusack. (2014, 15, 92min) ★
3.20 **to 6.00** AM **Gold** Action thriller. (1974, 12, 124min) ★★

+1 hour 322 50

Movies 24

325 419 513

7.00 AM **Secret Summer** (2016) ★★
9.00 **A Harvest Wedding** Romantic comedy. (2017, PG, 84min) ★★
11.00 **One Winter Proposal** Comedy. (2019, PG, 84min) ★★
1.00 PM **Mystery 101** Crime drama. (2019, PG, 120min) ★★
3.00 **Valentine in the Vineyard** Romance. (2019, PG) ★★
5.00 **Truly, Madly, Sweetly** Drama. (2018, PG, 120min) ★★

7.00 **Cooking with Love** Romantic comedy starring Ali Liebert. A television producer is faced with the unexpected when a hot-headed chef becomes the new host of her cooking show. (2018, PG, 90min) ★★
9.00 **Falling for You** Romantic comedy starring Taylor Cole. A radio presenter is forced to find a last minute replacement for a charity bachelor bake-off she is hosting. (2018, PG, 84min) ★★
11.00 **Savannah Sunrise** Comedy starring Shawnee Smith. (2016, PG, 88min) ★★
1.00 AM **Frozen in Love** Romantic drama. (2018, PG, 84min) ★★
3.00 **to 5.00** AM **Will You Merry Me?** Comedy. (2008, PG) ★★

+1 hour 326 420

Movies4Men

323 426 48 305

6.00 AM **The Thing... from Another World** Thriller. (1951, b/w) ★★★
7.40 **Stonados** Disaster drama. (2013, PG, 90min) ★
9.30 **The Body Stealers** Sci-fi drama. (1969, PG, 105min) ★★
11.20 **Battle Stations** War drama. (1956, b/w, U, 81min) ★★
1.00 PM **Pompeii** 1&2/2. Drama.
5.00 **The Walls of Hell** Adventure. (1964, b/w, PG, 88min) ★★

6.55 **Hell River** Wartime drama about an attack on a German convoy by Yugoslav partisans. Stars Rod Taylor and Adam West. (1974, PG, 99min) ★★
9.00 **Sahara** World War Two action drama remake starring James Belushi. An American tank sergeant and his crew attempt to escape the advancing German army across the North African desert. (1995, 15, 106min) ★★
11.15 **Sniper: Reloaded** Action adventure starring Chad Michael Collins and Richard Sammel. (2011, 15, 91min) ★★
1.10 AM **Hearts of War** World War Two drama starring Jonathan Scarfe. (2007, 15, 93min) ★★
3.00 **to 4.00** AM **Spies in the Sky**

+1 hour 324

FILMS ON OTHER CHANNELS

7pm TILL LATE

7.05 **Big Momma's House** *5STAR* ★★★
7.15 **The Way West** *ITV4* (HD) ★★
7.55 **Home Alone** *E4* (HD) ★★★★
8.00 **The Second Best Exotic Marigold Hotel** *C4* ★★★
9.00 **Horrible Bosses** *ITV2* ★★★
9.00 **Take Shelter** *AMC* ★★★★
9.00 **The Expendables 3** *5Spike* ★★
9.00 **Grown Ups 2** *5STAR* (HD) ★
9.00 **The Beatles: Eight Days a Week – The Touring Years** *More 4* Documentary. (HD) ★★★★
9.00 **Wayne's World 2** *Universal* ★★★
9.00 **Forgetting Sarah Marshall** *Comedy Central* ★★★★
9.40 **The Dirty Dozen** *ITV4* ★★★★
10.00 **Transporter 2** *E4* (HD) ★★★
10.25 **Sicario** *Channel 4* (HD) ★★★★
10.30 **Inferno** *Channel 5* (HD) ★★
10.45 **Gangster Squad** *ITV* Period crime thriller. (HD) ★★★
10.45 **Behind the Candelabra** *BBC2* Biopic. (HD) ★★★★
11.00 **Avengers Assemble** *BBC1* Adventure. (HD) ★★★★
11.05 **The Sweetest Thing** *5STAR* ★
11.10 **Kick-Ass** *Comedy Central* ★★★
11.10 **Outbreak** *Syfy* ★★★
11.25 **The Captive** *AMC* ★★
11.25 **Alien Hunter** *5Spike* ★★★

SATURDAY Sport

SKY HD SD VIRGIN HD BT HD

16 March

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

7.30 AM **The F1 Show**
8.00 **Formula 1** The Australian Grand Prix qualifying session.
9.30 **Fight Night International** Katie Taylor v Rose Volante.
10.30 LIVE **European Tour Golf** Day three of the Kenya Open from the Karen Country Club in Nairobi.
12.00 NOON LIVE **EFL Leeds United v Sheffield United.** Coverage of the Championship match from Elland Road. Kick-off **12.30pm**.
3.00 PM **Live from the Players** The world's top golfers prepare for the third day of the event.
6.00 LIVE **PGA Tour Golf** Coverage of the third day's play of the Players Championship from TPC at Sawgrass in Florida.
11.00 LIVE **Test Cricket New Zealand v Bangladesh** Day two of the final Test in the series, held at Hagley Oval in Christchurch.
1.30 AM **Formula 1** The Australian Grand Prix qualifying session.
3.00 **The F1 Show**
3.30 **to 8.00** AM LIVE **Formula 1** The Australian Grand Prix: From Melbourne. Start-time **5.10am**. *See feature, page26*

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **PL Today**
7.30 **Premier League Preview**
8.00 **Premier League Best Goals**
9.00 **PL Today**
9.30 **Premier League Preview**
10.00 **Soccer AM** Football magazine.
11.30 **PL Today**
12.00 NOON **Gillette Soccer Saturday** Jeff Stelling and guests preside over the day's action.
6.00 PM **Goals Express**
7.00 **Sky Sports Tonight**
8.00 **PL Greatest Games**
8.30 **Renault Game of the Day** A full re-run of the day's top Premier League match.
10.30 **Match Choice** Highlights from the Premier League.
11.00 **Premier League Highlights** Action from West Ham United v Huddersfield Town.
11.30 Burnley v Leicester City.
12.00 M'T Action from Bournemouth v Newcastle United.
12.30 AM **Premier League Best Goals**
1.00 **Premier League Highlights**
2.30 **Premier League Best Goals**
3.00 **Premier League Highlights**
4.30 **Premier League Best Goals**
5.00 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
6.45 **EFL** Doncaster Rovers v Barnsley.
10.00 **Soccer AM** Football magazine.
11.30 **SPFL Matters**
12.00 NOON LIVE **EFL Leeds United v Sheffield United.** Coverage of the Championship match from Elland Road. Kick-off **12.30pm**.
3.00 PM **Gillette Soccer Saturday** Jeff Stelling and guests preside over the day's football action.
6.00 **EFL Greatest Games**
7.00 **SPFL Greatest Games**
7.30 **MLS Greatest Games**
7.50 LIVE **MLS New York Red Bulls v San Jose Earthquakes.** Coverage of the inter-conference match from Red Bull Arena.
9.55 **MLS Greatest Games**
10.00 **EFL Highlights** Action from the Football League.
11.00 **Football's Greatest Players**
12.00 M'T **EFL Greatest Games**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **Championship Season Review**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **Football's Greatest Players**
5.30 **to 6.00** AM **Football Years**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Best of England v Pakistan**
7.00 **Cricket's Greatest Games**
8.00 **Test Cricket** As 8.00pm.
9.00 **Best of England v Pakistan** Action from the archives.
10.00 **Test Cricket** As 8.00pm.
10.55 LIVE **One-Day International Cricket South Africa v Sri Lanka** Coverage of the fifth and final contest in the series, taking place at Newlands in Cape Town.
7.00 PM **Best of England v New Zealand** Four editions.
8.00 **Test Cricket** New Zealand v Bangladesh: Action from the opening day's play of the third and final Test of the series, held at Hagley Oval in Christchurch.
9.00 **One-Day International Cricket** South Africa v Sri Lanka: Action from the fifth and final one-day international in the series, held at Newlands in Cape Town.
9.55 LIVE **Test Cricket New Zealand v Bangladesh** Full coverage of the second day of the third and final Test in the series, taking place at Hagley Oval in Christchurch.
5.30 **to 6.00** AM **Best of England v Pakistan**

Sky Sports The Players

405 405 859 | 515 505

6.00 AM **British Masters Masterclass** Double bill.
7.30 **PGA Tour Golf** Action from the second day's play of the Players Championship.
9.30 LIVE **European Tour Golf** Coverage of day three of the Kenya Open from the Karen Country Club in Nairobi, where the event is being held for the first time on the European Tour.
12.30 PM **Live from the Players** The world's top golfers prepare for the third day of the event.
6.00 LIVE **PGA Tour Golf** Coverage of the third day of the Players Championship, widely regarded as the unofficial fifth Major, held at TPC at Sawgrass in Florida.
11.00 **Feherty Talks to Sergio Garcia & Cabrera Bello** The Spanish players chat to David Feherty.
12.00 M'T **The Players Championship Official Film** A look back at the 2015 staging of the tournament.
1.00 AM The 2016 tournament.
2.00 Action from the 2017 event.
3.00 The 2018 staging.
4.00 As shown at 12.00m't.
5.00 to 6.00 AM As 1.00am.

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **What I Wore**
6.30 LIVE **Hyundai A-League Newcastle Jets v Central Coast Mariners.** At McDonalds Jones Stadium. Kick-off **6.35am**.
8.45 LIVE **Hyundai A-League Melbourne Victory v Brisbane Roar.** All the action from Marvel Stadium. Kick-off **8.50am**.
11.00 **Champions League Magazine**
11.30 **Jaguar I-Pace eTrophy Series**
12.00 NOON LIVE **Bundesliga 2 Hamburg SV v Darmstadt 98.** Coverage from Volksparkstadion. Kick-off **12.00noon**.
2.00 PM **No Filter Boxing**
2.30 **Mobil 1: The Grid**
3.00 **Irish Rally Review**
3.30 **Formula E: Street Racers**
4.00 **Hyundai A-League**
5.30 **No Filter Boxing** Behind-the-scenes boxing action.
6.00 LIVE **UFC Fight Night** The prelims from London's O2 Arena.
8.00 LIVE **UFC Darren Till v Jorge Masvidal.** The welterweight bout from London's O2 Arena.
11.30 **Hyundai A-League**
1.00 AM **World Poker Tour Series**
3.00 **to 6.00** AM **Hyundai A-League**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **Premier League Preview**
6.30 **Premier League Match Pack**
7.00 LIVE **Virgin Australia Supercars** The Melbourne 400.
8.45 **Premier League Preview**
9.15 **No Filter Boxing**
9.45 **Formula E: Street Racers**
10.15 **What I Wore: Gary Lineker**
10.30 **Premier League Preview**
11.00 **Saturday Morning Savage**
11.45 LIVE **Emirates FA Cup Watford v Crystal Palace.** The quarter-final encounter from Vicarage Road. Kick-off **12.15pm**.
2.45 PM **BT Sport Score**
5.00 LIVE **Emirates FA Cup Swansea v Manchester City.** The quarter-final tie from the Liberty Stadium. Kick-off **5.20pm**.
7.45 **Brothers in Football**
9.30 **Premier League World**
10.00 **What I Wore: Hector Bellerin**
10.15 **Europa League Highlights**
11.15 **Emirates FA Cup**
2.15 AM LIVE **Virgin Australia Supercars** The Melbourne 400.
3.45 **BT Sport Reload**
4.00 **to 6.00** AM LIVE **Men's Hockey Australia v Argentina.** From Sydney. Push-back **4.00am**.

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **BT Sport Reload**
6.15 **MotoGP Highlights**
7.15 LIVE **Motorcycling: Asia Talent Cup** Race three from the Asia Talent Cup in Buriram.
8.15 **Mobil 1: The Grid**
8.45 **Ligue 1**
10.15 **Gladbach v Freiburg**
11.45 **BT Sport Reload**
12.00 NOON **No Filter Boxing**
12.30 PM **Ligue 1**
2.00 **PSA Squash**
3.30 **WTA Tennis**
5.15 LIVE **Bundesliga Hertha Berlin v Borussia Dortmund** Coverage of the clash from Olympiastadion. Kick-off **5.30pm**.
7.30 **Bundesliga 2**
9.00 **Bundesliga** Schalke v RB Leipzig.
10.00 **Ligue 1** Lyon v Montpellier.
11.00 **Bundesliga**
12.30 AM **Ligue 1**
2.00 **UEFA Champions League**
2.30 **Irish Rally Review**
3.00 **Formula E: Street Racers**
3.30 **Jaguar I-Pace eTrophy Series**
4.00 **Mobil 1: The Grid**
4.30 LIVE **Motorcycling: Asia Talent Cup** From Buriram.
5.30 **to 6.00** AM **Formula E: Street Racers**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
6.30 LIVE **Super Rugby Highlanders v Crusaders.** From Dunedin. Kick-off **6.35am**.
8.35 **Rugby Greatest Games**
8.40 **Boxing Gold**
9.30 **Fight Night International**
10.30 **Boxing Gold**
11.00 **Fight Night International**
12.00 NOON **Boxing Gold**
12.30 PM **Fight Night International**
1.30 **Super League Gold**
3.30 **Fight Night International**
4.30 **Sporting Records**
5.00 **Fight Night International**
6.00 **Darts Gold**
6.30 **Fight Night International**
7.30 LIVE **Women's Six Nations Rugby Union England v Scotland.** Kick-off **7.30pm**.
9.45 **Boxing Gold**
10.00 **Fight Night International**
11.00 **Women's Six Nations**
1.15 AM **Super League Gold**
1.45 **Boxing Gold**
2.00 **Super League Gold**
3.00 LIVE **ANZ Premiership Netball Northern Mystics v WBOP Magic.** From Eventfinda Stadium. Centre-pass **3.10am**.
4.45 **to 5.00** AM **Super League Gold**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Game Changers**
7.30 **Premier League World**
8.00 **Premier League Preview**
8.30 **Premier League World**
9.00 **Premier League Preview**
9.30 LIVE **European Tour Golf** Day three of the Kenya Open.
2.00 PM **Game Changers: Super Bowl LIII Special**
2.30 **My Icon**
3.00 **Game Changers**
3.30 **Fight Night International**
4.30 LIVE **NBA: Boston Celtics v Atlanta Hawks.** Tip-off **4.30pm**.
7.00 **Game Changers: Super Bowl LIII Special**
7.30 LIVE **Women's Six Nations Rugby Union England v Scotland.** Kick-off **7.30pm**.
9.45 **My Icon**
12.00 M'T **Game Changers**
12.30 AM **Mix Shorts**
3.00 LIVE **ANZ Premiership Netball Northern Mystics v WBOP Magic.** Centre-pass **3.10am**.
5.00 **to 6.00** AM LIVE **ANZ Premiership Netball Southern Steel v Mainland Tactix.** Centre-pass **5.10am**.

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM LIVE **Women's Hockey Australia v Argentina.** From Sydney. Push-back **6.00am**.
8.00 **BT Sport Reload**
8.15 **ESPN FC** Football news.
8.45 **College Basketball**
2.00 PM **Special Olympics** Action from the 2019 Special Olympics in Abu Dhabi, United Arab Emirates.
3.00 LIVE **College Basketball** College basketball action from the American East Championship.
5.00 LIVE **College Basketball** Coverage of the SEC semi-final 1.
7.30 LIVE **College Basketball** Coverage of the SEC semi-final 2.
10.00 LIVE **College Basketball** Action from the Big 12 Championship.
12.30 AM LIVE **College Basketball** The ACC Championship action.
2.30 LIVE **College Basketball** Action from the Pac-12 Championship.
4.30 **BT Sport Reload**
5.00 **to 6.00** AM **Special Olympics**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.15 AM **Alpine Skiing**
8.15 LIVE **Alpine Skiing** World Cup coverage from Soldeu in Andorra.
10.15 **Ski Jumping** From Norway.
11.00 LIVE **Alpine Skiing** Further coverage from Soldeu in Andorra.
12.15 PM LIVE **Biathlon** Coverage of the World Championships from Ostersund, Sweden.
1.45 LIVE **Cross-Country Skiing** Coverage of the World Cup meeting from Falun in Sweden.
3.15 LIVE **Biathlon** Further coverage of the World Championships.
5.00 LIVE **Ski Jumping** World Cup coverage from Vikersund, Norway.
6.00 **Nordic Combined Skiing**
6.35 LIVE **Curling World Championships Denmark v USA.** From Silkeborg, Denmark.
9.30 **Biathlon** From Sweden.
10.30 **Alpine Skiing** From Andorra.
12.30 AM **World Superbikes**
1.30 **to 1.50** AM **Eurosport News**

Eurosport 2

411 411 865 | 524 522 | 413 436

5.30 AM LIVE **World Superbikes** Coverage of qualifying and race one from round two in Thailand.
10.00 **Cycling: Paris-Nice**
10.45 LIVE **Nordic Combined Skiing** From Schonach, Germany.
12.00 NOON LIVE **Alpine Skiing** Coverage from Soldeu in Andorra.
1.00 PM LIVE **Cycling: Tirreno-Adriatico** Stage four.
3.45 **Cycling: Paris-Nice**
5.00 **World Superbikes**
6.00 LIVE **Snooker: Gibraltar Open** Coverage of day two.
8.30 **Cycling: Paris-Nice** Stage seven.
9.30 **Cycling: Tirreno-Adriatico**
10.30 **World Superbikes**
11.30 **Cycling: Paris-Nice**
12.30 AM **Ski Jumping**
1.30 **Alpine Skiing**
2.00 **Ski Jumping**
3.00 **Biathlon**
4.00 **Cycling: Paris-Nice**
5.00 **to 5.30** AM **World Superbikes**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Highlights**
8.00 **Betfred Super League**
8.15 **Great Sporting Moments**
8.30 **WWE from the Vault**
9.00 **Sporting Records**
9.30 **Darts Gold**
10.00 **WWE Smackdown**
12.00 NOON **WWE Main Event**
1.00 PM LIVE **Super Rugby Lions v Rebels.** Kick-off **1.05pm**.
2.50 **Rugby Greatest Games**
3.00 **NBA: The Starters**
3.30 **Sporting Records**
4.00 **NBA: The Starters**
4.30 LIVE **NBA: Boston Celtics v Atlanta Hawks.** Tip-off **4.30pm**.
7.00 **Betfred Super League**
7.15 **NBA** Pistons v Lakers.
9.00 **NBA GameTime**
9.30 **Sporting Greats**
10.30 **WWE from the Vault**
11.30 **Betfred Super League**
11.45 **Great Sporting Moments**
12.00 M'T **NBA GameTime**
12.30 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

5.55 AM LIVE **Formula 1** The Australian Grand Prix qualifying session from Albert Park, Melbourne. Start time **6.00am**.
7.30 **Highlights**
2.30 PM **F1 2019 Launch**
3.00 **Formula 1**
4.30 **The F1 Show**
5.45 **The Lotus 49 Story**
6.00 **Formula 1**
7.30 **The F1 Show**
8.00 **F1: 2018 Season Review**
9.00 **The Lotus 49 Story**
9.15 **Nico & Keke**
9.30 **F1 2019 Launch**
10.00 **Formula 1**
11.30 **The F1 Show**
12.00 M'T **F1: 2018 Season Review**
1.00 AM **F1 2019 Launch**
1.30 **Formula 1**
3.00 **The F1 Show**
3.30 **to 8.00** AM LIVE **Formula 1** The Australian Grand Prix: From Melbourne. Start-time **5.10am**. *See feature, page26*

Sunday

17 March

Evening Planner

Formula One

F1: Grand Prix
Sky Sports F1 HD & Sky One HD, race starts 5.10am
The 2019 season starts in Melbourne, and Lewis Hamilton goes for a sixth title

Entertainment

All Star Musicals
ITV HD, 6pm
A panel of mentors headed by Elaine Paige and host John Barrowman train seven celebrities for a West End show

Documentary

Skeletons of the Mary Rose: The New Evidence
C4 HD, 8pm
Cutting-edge technology is used to work out the backgrounds of the crew

Drama

Psychic
Sky Arts HD, 9pm
Brendan Gleeson stars and directs sons Brian and Domhnall in a dark short film about a family searching for cult status

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 Countryfile		8.00 Antiques Roadshow		9.00 Baptiste		10.00 News	10.30 Match of the...
102 BBC2	7.00 Inside the Factory		8.00 Top Gear		9.00 Race Across the World		10.00 The Misadventures of Romesh...	
103 ITV	◂ 6.00 All Star Musicals		8.00 Midsomer Murders				10.00 News	10.15 Joanna Lumley's India
104 CHANNEL 4	7.00 Escape to the Chateau		8.00 Skeletons of the Mary Rose: The New...		9.00 Traitors		10.00 8 Out of 10 Cats Does Countdown	
105 CHANNEL 5	7.00 The World's Most Luxurious Cruise Ship		8.00 All Inclusive Holiday: Is it Worth It?		9.00 Film: Magic Mike XXL			
106 SKY ONE	7.00 The Simpsons		8.00 MacGyver		9.00 Hawaii Five-0		10.00 NCIS: Los Angeles	
Entertainment								
116 BBC4	7.00 Inside Christies		8.00 James May's Big Trouble in Model...		9.00 Steve Jobs: Billion Dollar Hippy		10.00 Born Digital: First Cuts	
118 ITV2	◂ 6.00 Film: Happy Feet Two		8.00 Film: Spectre					
136 MORE4	◂ 6.55 Come Dine with Me		8.00 999: On the Frontline		9.00 Emergency Helicopter Medics		10.00 999: What's Your Emergency?	
135 E4	◂ 6.35 The Big Bang Theory				9.00 Celebs Go Dating		10.00 Naked Attraction	
107 SKY WITNESS	7.00 Nothing to Declare		8.00 Border Security: Canada's Front Line		9.00 The Good Doctor		10.00 Criminal Minds	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Game of Thrones			
110 GOLD	7.00 Still Open All Hours			8.20 Saluting Dad's Army		9.20 I'm Alan Partridge		
111 DAVE	7.00 Top Gear		8.00 Cops UK: Bodycam Squad		9.00 Have I Got a Bit More Old News for You		10.00 Hypothetical	
119 ITV3	◂ 6.55 Agatha Christie's Poirot		8.00 The Durrells				10.00 Grantchester	
120 ITV4	◂ 5.10 Film: Dr No	7.30 La Liga – Live: Real Betis v Barcelona: From Estadio Benito Villamarin (Kick-off 7.45)				9.45 Film: Ali		
112 COMEDY CENTRAL	◂ 6.10 Film: The Karate Kid				9.00 Film: Role Models			
114 SYFY	◂ 6.50 Film: Star Trek VI: The Undiscovered Country				9.00 Film: Safe			
109 W	◂ 6.40 My Family		8.00 Dr Christian: 12 Hours to Cure Your...		9.00 The Shift: Women on the Force		10.00 Inside the Ambulance	
113 UNIVERSAL	7.00 NCIS		8.00 Law & Order: Special Victims Unit		9.00 Chicago Med		10.00 In Ice Cold Blood	
124 FOX	7.00 NCIS				9.00 Bull		10.00 The Passage	
122 SKY ARTS	7.00 André Rieu: My Musical Year		8.00 Classic Albums		9.00 Psychic	9.40 Imelda May: Live at Baloise Session		
Documentary								
125 DISCOVERY	7.00 Churchill's Toyshop		8.00 How the Universe Works		9.00 Homestead Rescue		10.00 Arctic Rescue	
162 ANIMAL PLANET	7.00 Amanda to the Rescue		8.00 Big Cat Tales		9.00 Wild Hawaii		10.00 After the Attack	
129 NAT GEO	7.00 Supercars		8.00 Car SOS Special: 7 Day Challenge		9.00 Car SOS			
130 HISTORY	7.00 Epic Warrior Women		8.00 The Curse of Oak Island: Digging...		9.00 Forged in Fire: Knife or Death		10.00 Knight Fight	
155 YESTERDAY	7.00 Full Steam Ahead		8.05 'Allo 'Allo!				10.00 Impossible Railways	
166 EDEN	7.00 Life in the Undergrowth		8.00 Frontier Borneo		9.00 Vet Safari		10.00 Galapagos	
Films								
301 SKY PREMIERE	◂ 5.45 Jurassic World: Fallen Kingdom		8.00 Deadpool 2					10.10 Blue Iguana
302 SKY HITS	7.00 Baywatch				9.00 Star Wars: The Last Jedi			
303 5 STAR MOVIES	◂ 5.40 Walk the Line		8.00 The Bourne Ultimatum				10.00 A Clockwork Orange	
304 SKY DISNEY	◂ 6.15 Brave		8.00 Disney's Dumbo		9.10 One Hundred and One Dalmatians			10.35 Cinderella
305 SKY FAMILY	◂ 6.00 Big		8.00 Nanny McPhee & The Big Bang				10.00 Charlotte's Web	
306 SKY ACTION	◂ 5.30 Ready Player One		8.00 Jurassic World: Fallen Kingdom					10.15 S.W.A.T
307 SKY COMEDY	◂ 6.20 Mr Bean's Holiday		8.00 Book Club				10.00 Father Figures	
308 SKY THRILLER	7.00 The Taking of Pelham 1 2 3				9.00 Red Sparrow			
309 SKY DRAMA	◂ 5.50 Philadelphia		8.00 Hidden Figures					10.10 The Disaster Artist
310 SKY SCI-FI	7.00 Alien: Director's Cut				9.00 Aliens: Special Edition			
311 SKY SELECT	◂ 6.05 Kissing Candice		8.00 Unsane			9.45 Leave No Trace		
313 FILM4	◂ 6.45 Thor				9.00 Captain America: The First Avenger			
315 TCM		7.15 Fort Defiance			9.00 The Glimmer Man			
Sport								
401 MAIN EVENT	7.00 PGA Tour Golf – Live: The fourth and final day of the Players Championship from TPC at Sawgrass in Florida						10.00 Formula 1	
402 PREMIER LEAGUE	7.00 Gary Neville's Soccerbox			8.30 Goals on Sunday			10.00 Premier League Highlights	
403 FOOTBALL	7.00 EFL Goals...	7.30 Football Years	8.00 EFL Greatest Games		9.00 MLS...	9.15 MLS – Live: FC Cincinnati v Portland Timbers: From Nippert Stadium		
404 CRICKET	7.00 Test Cricket		8.00 One-Day International Cricket		9.00 Test Cricket		9.55 Test Cricket – Live	
413 BT SPORT 1	7.00 Unmatched		8.00 WTA Tennis – Live: The final of the BNP Paribas Open at Indian Wells					10.30 Premiership...
414 BT SPORT 2	7.00 Bundesliga...	7.30 BT...	7.45 Ligue 1 – Live: Paris Saint-Germain v Marseille: From Parc des Princes (Kick-off 8.00)				10.00 Vanarama...	10.30 Bundesliga

◂ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)(HD)
9.15 **Match of the Day** (S)(R)(HD)
10.00 **The Andrew Marr Show** (S)(HD)
11.00 **Sunday Politics** (S)
11.30 NEW SERIES **Walks of Life** Cultural and spiritual narratives in the British countryside. (S)(HD)(AD)
12.30 PM **Flog It!** From Hendon. (S)(R)
12.50 **BBC News** (S)(HD)
1.00 **Weather for the Week Ahead** (S)
1.05 **Songs of Praise** (S)(HD)
1.40 LIVE **Match of the Day: The FA Cup** Millwall v Brighton & Hove Albion: Coverage of the concluding quarter-final from The Den. Kick-off is at 2.00. (S)(HD)
4.15 **A Question of Sport** (S)(R)(HD)
4.45 **Pointless Celebrities** (S)(R)(HD)
5.35 NEW **Comic Relief 2019: The Best Bits** Highlights from this year's Red Nose Day fundraiser. (S)(HD)

9.00 Baptiste

6 PM
6.35 **BBC News** (S)(HD)
6.50 **Local News** (S)

7 PM
7.00 **Countryfile** The team are in north west Wales, where Joe Crowley visits a sheep farm, Margherita Taylor enjoys barbecued mushrooms, and Steve Brown meets a watersports group. (S)(HD)

8 PM
8.00 **Antiques Roadshow** Fiona Bruce presents from Salford's MediaCityUK, and meets *Blue Peter* presenters past and present to discuss the contents of the time capsules buried on the show. (S)(HD)

9 PM
9.00 **Baptiste** *Lucy:* 5/6. Edward takes drastic measures to keep Clare safe, while Julien has to break the news to his family that they must remain in hiding for the time being. (S1) (S)(HD)(AD)

10 PM
10.00 **BBC News** (S)(HD)
10.20 **Local News** (S)
10.30 **Match of the Day 2** A review of the day's Premier League action, including Fulham v Liverpool. (S)(HD)
11.20 **Rugby Union: Women's Six Nations Highlights** Lee McKenzie presents action from the final round of fixtures. (S)(HD)
11.50 **The Celebrity Apprentice USA** 7/13. The teams must create a health and fitness PR stunt. (S)(HD) **12.35** AM 8/13. A Harry Potter-themed presentation. (S)(HD)
1.20 AM **Weather for the Week Ahead** Seven-day forecast. (S)(HD)
1.25 **to 6.00** AM **BBC News** (S)(HD)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

7.00 AM **Great British Garden Revival** Advice on roses. (S)(R)(HD)
8.00 **The Edible Garden** (S)(R)(HD)(AD)
8.30 **Gardeners' World** (S)(R)(HD)
9.00 **Countryfile** (S)(R)(HD)
9.55 **Saturday Kitchen Best Bites** Highlights of the series. (S)(HD)
11.25 **The Hairy Bikers' Chicken and Egg** (S)(R)(HD)(AD)
12.25 PM **Best Bakes Ever** (S)(R)(HD)
12.50 FILM **Three Coins in the Fountain** Romantic drama. (S)(HD) (1954, U, 100min) ★★★
2.30 **Money for Nothing** (S)(R)(HD)
3.30 **Coast** (S)(R)(HD)
4.00 **Natural World** The vultures of eastern Africa. (S)(R)(HD)(AD)
5.00 **Six Nations Rugby Special** Highlights of the final round of fixtures, including Wales v Ireland at the Principality Stadium. (S)(HD)

9.00 Race Across the World

6 PM
6.00 **Australia: Earth's Magical Kingdom** 1/3. How animals have adapted to thrive across Australia, including a tree-dwelling kangaroo and a bird that spreads fire. (S)(R)(HD)(AD)

7 PM
7.00 **Inside the Factory** Gregg Wallace visits Britain's biggest brewery in Burton upon Trent, and Ruth Goodman looks at how the town became the country's centre of brewing in the 19th century. (S)(R)(HD)(AD)

8 PM
8.00 **Top Gear** SERIES FINALE 5/5. Matt LeBlanc test-drives the new Aston Martin V8 Vantage, while Chris Harris makes the case that a Ford Fiesta is better than a Lamborghini. (S)(HD)

9 PM
9.00 **Race Across the World** 3/6. The teams head across the deserts, mountains and Silk Road cities of Central Asia, watching a grisly 13th-century Kazakh sport. (S)(HD)(AD)
■ Repeated on Thursday

10 PM
10.00 **The Misadventures of Romesh Ranganathan** 1/3. The comedian explores countries that are rarely visited by tourists. His first destination is Haiti, where he attends Vodou ceremonies. (S)(R)(HD)(AD)
11.00 **White Gold** 2/6. Vincent is forced to employ Ronnie's son. (S2) (S)(R)
11.30 **Top Gear: Extra Gear** SERIES FINALE 5/5. Testing a rear-wheel drive Audi R8 V10. (S)(HD)
11.55 FILM PREMIERE **Stealing Cars** Prison drama. (S)(HD) (2015, 15, 95min) ★★★ *See review, page 21*
1.30 AM **Sign Zone: Question Time** From Ealing, west London. (S)(R)
2.30 **Sign Zone: Holby City** (S)(R)(AD)
3.30 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **CITV** (HD)
7.30 **Scrambled!** (S)(HD)
9.25 **ITV News** (S)(HD)
9.30 **Parveen's Indian Kitchen** 9/10. Visiting an unusual vegetable market in Mumbai. (S)(HD)
10.30 **This Morning – On Sunday** (S)
11.30 **Ainsley's Caribbean Kitchen** 9/10. Ainsley visits Antigua. (S)(HD)
12.30 PM **ITV News** (S)(HD)
12.40 **The Voice UK** (S)(R)(HD)
2.40 **Tenable** Five sea-loving women from Sussex compete. (S)(R)(HD)
3.40 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)(HD)
4.35 **ITV News** (S)(HD)
4.45 **Local News** (S)(HD)
5.00 **The Chase Celebrity Special** Patrick Baladi, Vicky Williamson, John Craven and Kevin Eldon play for charity. (S)(R)(HD)

8.00 Midsomer Murders

6 PM
6.00 NEW **All Star Musicals** John Barrowman hosts a show from the London Palladium in which celebrities perform songs from hit musicals. Alan Titchmarsh, Amy Walsh, Martin Lewis, Joel Dommett, Daniel Brocklebank, Tessa Peake-Jones and London Hughes are among the famous faces trying to impress a panel of musical theatre stars including Elaine Paige and Kristin Chenoweth, who will also perform an exclusive duet. (S)(HD)(AD)

7 PM
7.00 **Inside the Factory** Gregg Wallace visits Britain's biggest brewery in Burton upon Trent, and Ruth Goodman looks at how the town became the country's centre of brewing in the 19th century. (S)(R)(HD)(AD)

8 PM
8.00 **Midsomer Murders** SERIES FINALE *Death of the Small Coppers:* 2/2. The headmaster of a local school is murdered, his body found pinned to the wall in the manner of his own butterfly collection. Barnaby and Winter investigate a secretive organisation the man was a member of, but also uncover the possibility of a connection between the killing and the impact of pesticides on a rare butterfly. (S20) (S)(HD)(AD)

10 PM
10.00 **ITV News** (S)(HD)
10.15 **Joanna Lumley's India** 2/3. Joanna visits the Maharaja of Dungarpur, a Dalit community in Gujarat and the enormous World One Tower in Mumbai. (S)(R)(HD)(AD)
11.10 **The Jonathan Ross Show** 3/10. With comedian Jack Whitehall, actor Ralph Fiennes, *Countdown* star Rachel Riley and rapper Lizzo, who is performing live in the studio. (S)(R)(HD)
12.05 AM **Jackpot247** (HD)
3.00 **ITV Nightscreen** (HD)
5.05 **to 6.00** AM **The Jeremy Kyle Show** Studio guests air their differences. (S)(SL)(R)(HD)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

5.55 AM **The Big Bang Theory** 4&5/24. (S7) (S)(R)(HD)(AD)
6.45 **The Simpsons** (S)(R)(AD)
7.35 **Frasier** 17&18/24. (S3) (S)(R)(AD)
8.30 **Everybody Loves Raymond** (S)(R)
9.30 **Sunday Brunch** With Frank Turner, Sarah Hadland, Paul Whitehouse and Tom Bennett. Plus, music from John Newman. (S)(HD)
12.30 PM **Jamie's Quick & Easy Food** Lamb hotpot. (S)(R)(HD)(AD)
1.00 **The Simpsons** (S)(R)(AD)
2.00 **Formula 1 Australian Grand Prix Highlights** (S)(HD)
4.00 **A Place in the Sun: Winter Sun** Double bill. (S)(R)(HD)
5.15 **The Great Celebrity Bake Off for Stand Up to Cancer** 2/5. James Acaster, Russell Tovey, Rylan Clark-Neal and Michelle Keegan take part. (S)(R)(HD)(AD)

9.00 Traitors

6 PM
6.30 **News** (S)(HD)

7 PM
7.00 **Escape to the Chateau** Dick Strawbridge and Angel Adoree expand the project by setting up a luxury campsite on the grounds, but they only have six weeks before the first guests arrive. (S)(R)(HD)(AD)

8 PM
8.00 NEW **Skeletons of the Mary Rose: The New Evidence** Scientists attempt to identify the crew of Henry VIII's flagship, many of whom were of African origin, and trace their surviving descendants. (S)(HD)(AD)

9 PM
9.00 **Traitors** 5/6. Feef comes under pressure to get results, even though her life is now in danger, and tries to seek help from Peter. (S1)(S)(HD)(AD)
■ Repeated on Friday

10 PM
10.00 **8 Out of 10 Cats Does Countdown** Lee Mack and Victoria Coren Mitchell take on Alan Carr and Dane Baptiste. (S)(R)(HD)
10.55 **Ramsay's 24 Hours to Hell and Back** (S)(R)(HD)(AD)
11.55 **Ride Upon the Storm** 8/10. (S1)
1.05 AM FILM **American Hustle** Drama starring Christian Bale. (S)(HD)(AD) (2013, 15, 140min) ★★★★★
3.25 **Selling Houses with Amanda Lamb** In Somerset. (S)(R)(HD)
4.20 **Come Dine with Me** (S)(R)(HD)
5.15 **Liam Bakes** (S)(R)(HD)(AD)
5.40 **Kirstie's Fill Your House for Free** In Brighton and Devon. (S)(R)(HD)
5.50 **to 6.30** AM **Countdown** (S)(R)

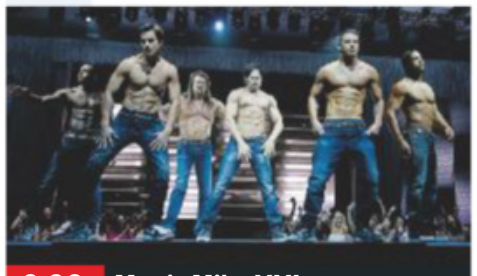
+1 hour 204 | 142 | 13 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (HD) High Definition (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.50 **Rise of the Teenage Mutant Ninja Turtles** (S)(R)(HD)
10.00 **Make You Laugh Out Loud** Compilation of clips. (S)(R)(HD)
10.30 **Friends** Five episodes of the sitcom, including at: **12.30** PM 9/24. Phoebe discovers the truth about her father. (S2) (S)(R)(HD)
1.00 PM **FILM Labyrinth** Fantasy starring David Bowie. (S)(HD) (1986, U, 125min) ★★★★
3.05 **Canada: A Year in the Wild** 1/4. Documentary exploring the epic wilderness through all four seasons. (S)(R)(HD) **4.05** 2/4. In Winter, beavers hide from predators. (S)(R)(HD) **5.05** 3/4. In Spring, a wood frog thaws out. (S)(R)(HD)



9.00 Magic Mike XXL

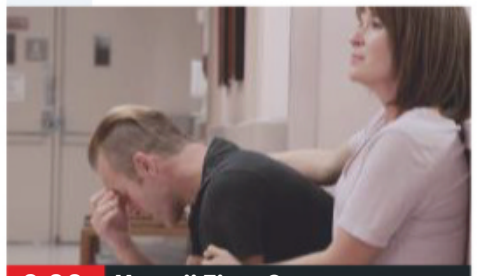
6.00 **Canada: A Year in the Wild** 4/4. The wildlife of the epic wilderness in Summer, as mountain goat kids follow their mothers to a spring. (R)
6.55 **News** (S)(HD)
7.00 **Building the World's Most Luxurious Cruise Ship** Following engineers as they construct the *Seven Seas Explorer*, aiming to make it the most luxurious ship of its size in the world. (S)(R)(HD)
8.00 **All Inclusive Holiday: Is it Worth It?** Consumer expert Alexis Conran investigates all-inclusive holidays and asks whether they are good value for money. (S)(R)(HD)
9.00 **FILM Magic Mike XXL** Drama sequel starring Channing Tatum, Matt Bomer and Joe Manganiello. A retired male stripper is persuaded to make a comeback for one final performance alongside a troupe of dancers. The guys head off on a road trip to the venue, making new friends and picking up a few new moves along the way. (S)(HD) (2015, 15, 130min) ★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.20 **FILM Hansel & Gretel: Witch Hunters** Dark comic horror fantasy. (S)(HD)(AD) (2013, 15, 110min) ★★★
1.00 AM **Teleshopping** (S)(HD)
3.00 **Access** Showbiz news. (S)(HD)
3.10 **FILM Movie 43** Comedy. (S)(HD) (2013, 15, 95min) ★
4.45 **House Doctor** (S)(R)(AD)
5.10 **Divine Designs** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

5.05 AM **LIVE Australian F1 Grand Prix** From Albert Park, Melbourne. Start time is at 5.10. *See feature, page 26* (HD)
7.00 **LIVE Australian F1 GP: Paddock** Updates. (HD)
8.00 **Formula 1** The Australian Grand Prix: Another chance to see the opening round of the season from Albert Park. (HD)
10.00 **WWE Raw Hits** (HD)
11.00 **Australian F1 GP: On the Grid** The opening race. (R)(HD)
11.35 NOON **Formula 1** As 8am. (R)
1.35 PM **MacGyver** (S3) (R)(HD)
2.30 **Portrait Artist of the Year 2019** 5/11. With sitters including Mark Gatiss. (S)(R)
3.30 **Modern Family** 12&13/22. Double bill. (S7) (S)(R)(HD)
4.30 **The Simpsons** Triple bill. (S)(R)



9.00 Hawaii Five-0

6.00 **Modern Family** 7/22. Alex is up for a job that requires a family interview. (S10) (S)(HD)
6.30 **The Simpsons** *Werking Mom:* Marge gets a makeover. (S)(R)(HD)
7.00 **The Simpsons** *Marge v Singles, Seniors, Childless Couples and Teens, and Gays:* Marge tries to halt a campaign. (S)(R)(HD) **7.30** *I, (Annoyed Grunt)-Bot:* Homer builds a robot. (S)(R)
8.00 **MacGyver** **NEW EPISODE** *Fence & Suitcase & Americium-241:* 12/22. Angus and the crew team up with a master thief to catch a criminal who has stolen a bomb. (S3) (S)(HD)
9.00 **Hawaii Five-0** **NEW EPISODE** *Ka hauli o ka mea hewa 'ole, he nalowale koke (A Bruise Inflicted on an Innocent Person Vanishes Quickly):* 12/22. Grace is in a car accident. (S9) (S)(HD)
10.00 **NCIS: Los Angeles** **NEW EPISODE** *The Sound of Silence:* 12/22. The chief of logistics for a naval weapons station collapses on the job, and the team must find out why it happened. (S10) (S)
11.00 **Magnum P.I.** *The Ties That Bind:* 9/22. Thomas tries to find out who kidnapped a 16-year-old girl. (S1) (S)(R)(HD)(AD)
12.00 M'T **S.W.A.T.** *Contamination:* 12/22. Hondo tries to find two men bent on killing millions. (S1) (S)(R)(HD)(AD)
1.00 AM **The Force: Essex** (S)(R)
2.00 **Brit Cops: Law & Disorder** (R)
3.00 **to 6.00** AM **Road Wars** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
11.20pm Sportscene **12.35am** Rugby Union: Women's Six Nations Highlights **1.05** The Celebrity Apprentice USA **2.35** Weather for the Week Ahead **2.40-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations

WALES
Sky **952**, Virgin **864**, Freesat **964**
10.30pm BBC Wales Live – Brexit Debate **11.30** Rugby Union: Women's Six Nations Highlights **12.00m't** The Celebrity Apprentice USA **1.30am** Weather for the Week Ahead **1.35-6.00am** BBC News

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations

N. IRELAND
Sky **972**, Freesat **969**
9.00pm Ceiliúradh na Féile Pádraig **10.00** Race Across the World **11.00-11.30pm** Sunday Politics Northern Ireland

WALES
Sky **971**, Freesat **971**
5.00pm Australia: Earth's Magical Kingdom **6.00-7.00** Scrum V Six Nations Special **10.00** White Gold **10.30** Match of the Day 2 **11.20-11.30pm** Grand Tours of Scotland

ITV

WALES
11.30am The Island Strait **12.00noon-12.30pm** Newsweek Wales

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **8.50** Penblwyddi Cyw **8.55** Pen-Blwydd Pwy? **9.00** Clwb Rygbi Rhyngwladol **11.00** Rownd a Rownd **11.55** Chwedloni **12.00** Yr Wythnos **12.30pm** Adre **1.00** Dros Gymru **1.15 LIVE** Clwb Rygbi Rhyngwladol **3.30** Dechrau Canu Dechrau Canmol **4.00** Y Siambr **5.00** Ffermio **5.30** Newyddion a Chwaraeon **5.40** Pobol y Cwm **7.30** Dechrau Canu Dechrau Canmol **8.00** Côr Cymru 2019 **9.00** Enid a Lucy **10.00** Y Byd ar Bedwar **10.30** Ar Goll **11.00-11.35pm** Chwaraeon y Dyn Bach

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Inside Christies** 2/2. An umbrella stand turns out to be worth millions.
8.00 **James May's Big Trouble in Model Britain** 2/2. Hornby hires its first female product designer.
9.00 **Steve Jobs: Billion Dollar Hippy** Evan Davis traces the history of Steve Jobs' time in control at Apple, with contributions from the company's co-founder Steve Wozniak and Stephen Fry.
10.00 **NEW Born Digital: First Cuts** Compilation of short films marking the 30th anniversary of the internet, exploring the digital world from different points of view.
12.00 M'T **Rich Hall's Countrier Than You** The comedian, writer and musician explores the origins of country music in Nashville and Austin.
1.30 AM **A Scottish Soldier: A Lost Diary of WWI**
2.00 **Being the Brontës**
3.00 **to 4.00** AM **Inside Christies**

MORE4

136 136 830 | 147 195 | 14 | 124

8.55 AM **Jamie's Comfort Food**
9.20 **Food Unwrapped**
9.50 **Location, Location, Location** Double bill.
12.00 NOON **Come Dine with Me** Five nights in Brighton.
2.35 PM **Four in a Bed**
5.20 **Come Dine with Me** The first of five parties in Surrey. **5.50** A Vietnamese menu. **6.20** Hairdresser Ben hosts a Mexican fiesta.
6.55 **Come Dine with Me** A musical evening in Surrey. **7.25** Uber-competitive businessman John offers a home-cooked menu.
8.00 **999: On the Frontline** An ambulance crew comes to the aid of an elderly man with anxiety who has phoned 999 14 times.
9.00 **Emergency Helicopter Medics NEW EDITION** A paraglider is treated for multiple injuries after a crash on the Cumbrian coast.
10.00 **999: What's Your Emergency?** Paramedics in Cheshire respond to a 20-year-old woman who has stopped breathing.
11.05 **Nightwatch Nation: Emergency 911**
12.00 M'T **Ramsay's Kitchen Nightmares USA**
1.00 AM **Emergency Helicopter Medics**
2.00 **The Good Fight** 3/13. (S2)
3.10 **to 3.55** AM **8 Out of 10 Cats Uncut**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **Emmerdale**
8.35 **Coronation Street**
11.35 **NEW BGT: Top 10 Astonishing Acts**
12.35 PM **Catchphrase: Celebrity Special**
1.35 **You've Been Framed! Gold** Home-video clips.
2.40 **FILM Antz** Computer-animated comedy with the voice of Woody Allen. (1998, PG, 83min) ★★★
4.20 **FILM Dr Seuss' The Lorax** Animated adventure. (2012, U, 82min) ★★★
6.00 **FILM Happy Feet Two** Animated musical comedy sequel featuring the voices of Elijah Wood, Robin Williams and Hank Azaria. A penguin and his son must find a way to free their flock after they are cut off from the sea and left to starve. (2011, U, 100min) ★★★
8.00 **FILM Spectre** Spy thriller starring Daniel Craig and Christoph Waltz. James Bond goes in search of the elusive mastermind behind a secret criminal network with links to his own past. (2015, 12, 145min) ★★★★
10.50 **Family Guy** 22/22. (S3)
11.25 **Family Guy** *Pawtucket Pete:* Peter and Brian compete to be mascots. (S17)
11.50 **Family Guy** 14/22. (S3)
12.15 AM **American Dad!**
1.10 **The Cleveland Show**
1.35 **to 2.30** AM **Timewasters**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 28 | 122

6.00 AM **Hollyoaks**
8.25 **Rude(ish) Tube Shorts**
8.50 **Speechless**
11.20 **The Goldbergs**
11.50 **Schooled**
12.20 PM **FILM The Muppet Movie** Family comedy. (1979, U, 97min) ★★★
2.10 **Brooklyn Nine-Nine**
3.10 **Young Sheldon**
4.40 **The Big Bang Theory** Four episodes, including at: **6.05** 21/24. Penny thinks about a return to acting. (S8) **6.35** 22/24. Howard questions his engineering abilities. **7.05** 23/24. Sheldon and Leonard's mums meet. (S8) **7.35** 14/24. Sheldon's grandmother visits. **8.00** 15/24. Raj is torn between two girls. (S9) **8.30** 14/24. Leonard is disappointed. (S12)
9.00 **Celebs Go Dating NEW EDITION** 16/20. The group take a trip to Tenerife, where Megan McKenna goes on a blind date.
10.00 **Naked Attraction** With a 27-year-old singer and a 50-year-old audiologist.
11.05 **The Big Bang Theory**
12.00 M'T **Tattoo Fixers: Extreme** An X-rated inking.
1.05 AM **Celebs Go Dating**
2.10 **First Dates**
3.05 **The Hangover Games**
3.30 **to 6.00** AM **Hollyoaks**

+1 hour 235 | 146 | 29 | 123

Facebook.com/TVSatelliteWeekMagazine

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

SUNDAY Entertainment

Sunday

Sky Witness

107 107 807 112 111

6.00 AM **Customs UK**
7.00 **UK Border Force**
8.00 **60 Minute Makeover**
12.00 NOON **Paramedics**
2.00 PM **Road Wars**
4.00 **UK Border Force**
5.00 **Nothing to Declare** A teacher fails to declare more than $10,000 in cash. **5.30** A passport is lost. **6.00** Customs officials arrest a heroin smuggler. **6.30** A man tries to hide bark and duck eggs from customs officials.

11.00 Murders That Shocked...

7 PM

7.00 **Nothing to Declare** Frog fat is found in a Korean woman's luggage. **7.30** Officers seize a stash of pornography.

8 PM

8.00 **Border Security: Canada's Front Line** Toy trucks arouse suspicion. **8.30** Officers discover a suitcase full of meat.

9 PM

9.00 **The Good Doctor** *Breakdown:* 17/18. Shaun tries to figure out the cause of a child's injuries. (S2)

10 PM

10.00 **Criminal Minds** *Sick and Evil:* 14/15. The agents head to Lewiston, Maine, to investigate a string of murders. (S14)
11.00 **Murders That Shocked the Nation** Armin Meiwes.
12.00 M'T **Britain's Most Evil Killers**
1.00 AM **Criminal Minds** (S2)
3.00 **Blindspot** 13/22. (S4)
4.00 **Madam Secretary** (S5)
5.00 **to 6.00** AM **Border Security: Canada's Front Line**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The Guest Wing**
7.00 **Fish Town**
8.00 **Without a Trace** (S1)
1.00 PM **Deep Ocean: The Mission** Underwater broadcasts.
1.30 **The Bachelor King**
3.00 **Making of David Attenborough's Bachelor King**
4.00 **Blue Bloods** Triple bill of the drama, including at: **5.00** 3/22. Erin's trial against Chao Lin is jeopardised. **6.00** 4/22. Danny and Baez work the case of a detective who was gunned down. (S8)

7.00 Blue Bloods

7.00 **Blue Bloods** *The Forgotten:* 5/22. Danny and Baez are sent to investigate the murder of a single mother.

8.00 **Blue Bloods** *Brushed Off:* 6/22. A famous basketball player is found dead of an apparent overdose. (S8)

9.00 **Game of Thrones** *Second Sons:* 8/10. Daenerys and her entourage discover Yunkai's 'powerful friends' are the Second Sons. **10.15** *The Rains of Castamere:* 9/10. Robb and his bannermen gather at the Twins. (S3)
11.20 **Game of Thrones** 10/10. (S3)
12.45 AM **Real Time with Bill Maher** NEW EDITION Topical discussion show.
1.55 **Tin Star** 8/9. (S2)
2.55 **Dexter** 4/12. (S8)
4.00 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208

GOLD

110 110 810 124 310

7.25 AM **Sorry!**
8.40 **The Two Ronnies Sketchbook**
9.40 **Goodnight Sweetheart**
10.20 **Only Fools and Horses**
1.00 PM **Only Fools and Horses** Nine episodes, including at: **3.40** The Trotter brothers mourn Grandad's death. **4.20** Uncle Albert has a fall. **5.00** Rodney joins a band. **5.40** The Trotters dog-sit. **6.20** Del persuades a gullible Denzil to lend him his redundancy money.

8.20 Saluting Dad's Army

7.00 **Still Open All Hours** Granville holds a sale to get rid of his old stock. **7.40** Granville discovers there is a gap in the shop's security.

8.20 **Saluting Dad's Army** Alexander Armstrong looks at how the show transferred to the radio and stage before finally coming to an end on TV.

9.20 **I'm Alan Partridge** A bored Alan goes looking for some excitement by getting epically drunk.

10.00 **I'm Alan Partridge** Alan meets his biggest fan. **10.40** Alan jumps for joy at the news that his arch-enemy has died.
11.20 **The Young Ones** Neil falls ill. **12.05** AM The students resort to bank robbery.
12.55 AM **The Life of Rock with Brian Pern**
2.10 **The Fast Show**
3.15 **to 4.00** AM **The League of Gentlemen**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Rising Damp**
6.25 **Heartbeat** Double bill.
8.20 **Love Your Garden**
9.25 FILM **Bugsy Malone** Gangster musical spoof starring Scott Baio and Jodie Foster. (1976, U, 93min) ★★★★
11.15 **Agatha Christie's Marple** Double bill of the drama.
3.25 PM **Agatha Christie's Poirot** *One, Two, Buckle My Shoe:* The sleuth's dentist is found dead. **5.40** *Peril at End House – Part One:* The sleuth meets an accident-prone woman.

8.00 The Durrells

6.55 **Agatha Christie's Poirot** *Peril at End House – Part Two:* The Belgian sleuth's Cornish holiday comes to a dramatic conclusion.

8.00 **The Durrells** 7/8. Henry Miller comes to stay with the family, and stirs up tension among Louisa and her children.

9.00 **The Durrells** 8/8. The family meet members of a travelling circus, and get involved in helping them to drum up business. (S3)

10.00 **Grantchester** 1/6. DC Phil Wilkinson arrests Sidney on a charge of sexual assault on a teenage girl. (S2)
11.00 **Grantchester** 2/6. Sidney and Geordie investigate the apparent suicide of a Cambridge lecturer. (S2)
12.05 AM **Wire in the Blood**
1.50 **Agatha Christie's Poirot**
2.40 **to 5.45** AM **Classic Emmerdale**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **Kojak**
6.50 **Minder**
9.00 **The Sweeney**
10.05 **The Return of Sherlock Holmes** Double bill.
12.20 PM **Columbo: Forgotten Lady** Mystery drama.
1.55 FILM **The Towering Inferno** Epic disaster drama with Steve McQueen and Paul Newman. (1974, 12, 165min) ★★★★
5.10 FILM **Dr No** James Bond adventure starring Sean Connery and Ursula Andress. (1962, PG, 111min) ★★★★

9.45 Ali

7.30 LIVE **La Liga** Real Betis v Barcelona: Coverage of the Spanish top-flight encounter from the Estadio Benito Villamarin. Kick-off is at 7.45.

9.45 FILM **Ali** Biopic starring Will Smith as world heavyweight boxing champion Muhammad Ali. With Mario Van Peebles and Jon Voight. (2001, 15, 159min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.55 AM **The Contender** 2/12. Tension between the teams escalates, as Gold Team coach Naazim Richardson becomes involved in a heated exchange with Blue Team fighter Brandon Adams.
2.10 **to 2.40** AM **The Car Chasers**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **It's Me or the Dog**
10.00 **Supergirl** (S1)
1.00 PM **Supergirl** (S1)
3.00 **Stargate SG-1** (S3)
7.00 **Stargate SG-1** *Crystal Skull:* 21/22. The team encounter a strange crystal skull. (S3)
8.00 **The Flash** *Memorabilia:* 12/23. Nora uses Sherloque's memory machine, but gets trapped inside Grace's mind. (S5)
9.00 **Supergirl** *Blood Memory:* 11/23. Kara meets Nia's mother. (S4)
10.00 **Arrow** *Past Sins:* 11/23. The past comes back to haunt both Oliver and Laurel. (S7)
11.00 **MacGyver** 12/22. (S3)
12.00 M'T **Hawaii Five-0** (S9)
1.00 AM **NCIS: Los Angeles**
2.00 **A League of Their Own**
3.00 **Duck Quacks Don't Echo** Double bill.
5.00 **to 6.00** AM **Animal 999**

Pick

152 123 11 144

6.00 AM **Police 10/7**
7.00 **Border Patrol**
8.00 **Motorway Patrol**
10.00 **Highway Cops**
11.00 **999 Frontline**
12.00 NOON **Brit Cops: Law & Disorder** Double bill.
2.00 PM **The Dog Whisperer**
3.00 **Monkey Life**
6.00 **Monkeys: An Amazing Animal Family**
7.00 **Border Security: America's Front Line** NEW EDITIONS
8.00 **Nothing to Declare**
9.00 **Britain's Most Evil Killers** The crimes of Peter Sutcliffe.
10.00 **How I Caught the Killer** A serial killer known as the Camden Ripper.
11.00 **The Force: North East**
1.00 AM **Brit Cops: Rapid Response**
2.00 **Road Wars**
3.00 **Caught on Dashcam**
4.00 **to 6.00** AM **Motorway Patrol**

+1 hour 252 92 145

Dave

111 111 811 127 227 12 157

7.10 AM **Projects**
8.00 **Top Gear**
9.00 **Cops UK: Bodycam Squad**
11.00 **Top Gear**
12.30 PM **Gavin & Stacey**
5.00 **Sin City Motors**
6.00 **Lazy Boy Garage**
7.00 **Top Gear** A celebration of the Ford Transit's 40th birthday at the Nurburgring circuit.
8.00 **Cops UK: Bodycam Squad** Two teenagers throwing bricks engage in a rooftop stand-off.
9.00 **Have I Got a Bit More Old News for You** Hosted by Martin Clunes.
10.00 **Hypothetical** With Roisin Conaty, Victoria Coren-Mitchell, Darren Harriott and Phil Wang.
11.00 **Mock the Week**
1.00 AM **Have I Got a Bit More Old News for You**
2.00 **to 4.00** AM **Hoff the Record**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **Friends** (S8&9)
10.30 FILM **Just My Luck** Romantic comedy. (2006, PG) ★★★
12.30 PM FILM **Legally Blonde 2: Red, White & Blonde** Comedy sequel. (2003, PG, 95min) ★★
2.25 **Friends** (S9)
6.10 FILM **The Karate Kid** Martial arts drama with Jaden Smith. (2010, PG, 140min) ★★★
9.00 FILM **Role Models** Comedy starring Paul Rudd and Seann William Scott. (2008, 15, 96min) ★★★★
11.00 **Joe Lycett: That's the Way, A-Ha, A-Ha, Joe Lycett** Stand-up show.
12.00 M'T **Lip Sync Battle**
1.00 AM **Bob's Burgers** (S9)
1.30 **Broad City** 8/10. (S5)
2.00 **The Cleveland Show**
3.00 **South Park**
4.15 **to 5.00** AM **The Fresh Prince of Bel Air**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **Income Property**
9.25 **Bring It!**
10.25 **The Bachelorette**
12.00 NOON **The Real Housewives of Orange County** Five editions.
5.15 PM **Don't Be Tardy**
6.15 **The Bachelorette** NEW EDITION Part one of two. Rachel prepares to choose between the last three suitors.
8.00 **Sam and Billie Faiers: The Mummy Diaries** Greg gets ready for his first red carpet.
9.00 NEW SERIES **The Only Way Is Essex: Thailand** The gang take a trip to Thailand.
10.00 **The Real Housewives of Potomac** NEW EDITION Ashley presents Michael with an ultimatum.
11.00 **Botched**
11.55 PM **to 12.55** AM **The Real Housewives of New York City**

+1 hour 231 120 119

True Ent

179 189 61 142

6.00 AM **The Waltons** (S4)
7.00 **Little House on the Prairie** 17/22. (S2)
8.00 **Touched by an Angel**
1.00 PM **Danielle Steel's A Perfect Stranger** Romantic drama.
3.00 **Danielle Steel's No Greater Love** Romantic melodrama.
5.00 **Danielle Steel's Remembrance** Romantic drama.
7.00 **M*A*S*H** (S4)
9.00 FILM **The Edge of the Garden** Drama starring Rob Estes and Sarah Manninen. (2011, PG, 89min) ★★★
11.00 FILM **Another Day** Romantic fantasy with Shannen Doherty. (2001, PG, 89min) ★★
1.00 **to 3.00** AM FILM **A Touch of Hope** Biopic starring Anthony Michael Hall. (1999, PG, 97min) ★★

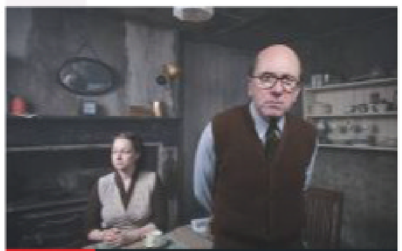
+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.15 AM **Rizzoli & Isles** (S3)
11.00 **The Coroner** (S1)
1.00 PM **Father Brown** As shown at 7.00pm & 8.00pm.
3.00 **Inspector George Gently** *Gently Upside Down:* A schoolgirl with links to a rising TV star is murdered.
5.00 **Frankie Drake Mysteries** 8/10. The case of a missing horse leads the team into the gardens of Toronto's elite. (S2)
6.00 **Murdoch Mysteries** 9/18. Brackenreid leaves Toronto to help an old friend. (S12)



9.00 Rillington Place

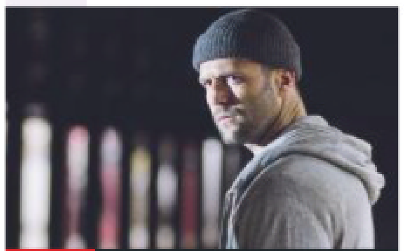
7.00 **Father Brown** *The Hammer of God:* The cleric investigates when a man is killed at the unveiling of a new church clock.
8.00 **Father Brown** *The Flying Stars:* The priest discovers that a supposed accidental drowning was actually a murder.
9.00 **Rillington Place** *Ethel:* 1/3. Fact-based drama exploring the crimes of John Reginald Christie in 1940s and 1950s London. Stars Tim Roth. **10.15** *Tim:* 2/3. Newlyweds Tim and Beryl are befriended by the Christies. (S1)
11.35 **Rillington Place** 3/3. Christie finds it increasingly difficult to maintain his charade. (S1)
12.55 AM **Bite Club** 5/8. Zoe and Dan investigate the murder of an affluent couple. (S1)
1.55 **New Tricks**
2.50 to 4.00 AM **Quantico**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S5)
8.00 **Teleshopping**
11.00 **The Librarians** 7/12. (S4)
12.00 NOON **FILM Independents' Day** Sci-fi adventure. (2016, 15, 91min) ★★
2.00 PM **FILM Star Trek IV: The Voyage Home** Sci-fi adventure sequel. (1986, PG, 119min) ★★★★
4.30 **FILM Star Trek V: The Final Frontier** Sci-fi adventure sequel starring William Shatner and Leonard Nimoy. (1989, PG, 100min) ★★



9.00 Safe

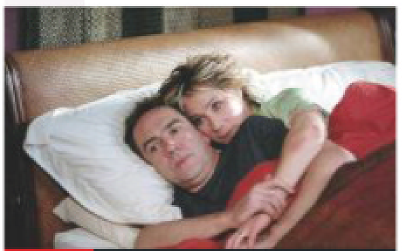
6.50 **FILM Star Trek VI: The Undiscovered Country** Sci-fi adventure starring William Shatner and Leonard Nimoy. Galactic peace is threatened when Kirk and his crew are accused of murdering the Klingon leader. (1991, PG, 109min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
9.00 **FILM Safe** Action thriller starring Jason Statham. A suicidal ex-cop strives to save a 10-year-old Chinese maths prodigy from the Russian Mafia and the Chinese Triads. With Catherine Chan. (2012, 15, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **FILM Final Recall** Sci-fi thriller. (2017, 15, 90min) ★
1.00 AM **FILM Daylight's End** Horror. (2016, 15, 105min) ★★
3.10 **The Librarians** (S4)
4.10 to 6.00 AM **FILM Avengers Grimm: Time Wars** Fantasy. (2017, 12, 110min) ★

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.00 AM **Extreme Makeover: Home Edition** Double bill.
8.25 **Doctor Who** Eight episodes of the drama, including at: **2.35** PM *Nightmare in Silver:* 13/14. An old enemy returns. **3.35** *The Name of the Doctor:* 14/14. The Doctor's greatest secret is revealed.(S7)
4.35 PM **Doctor Who: The Day of the Doctor**
6.00 **My Family** Susan and Ben renew their wedding vows. **6.40** Michael's university interview proves a disaster.



7.20 My Family

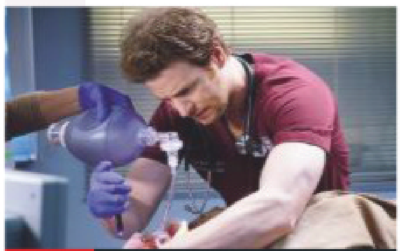
7.20 **My Family** Michael gets the Harpers accepted to appear on *The Weakest Link*.
8.00 **Dr Christian: 12 Hours to Cure Your Street** In Southampton, patients include a hairdresser with chronic back pain.
9.00 **The Shift: Women on the Force** 1/6. The unfolding stories of three women working for West Yorkshire Police.
10.00 **Inside the Ambulance** Joel and Sam treat a woman who is in excruciating pain after injuring her leg.
11.00 **999 Rescue Squad** Emergency services respond to the shooting of a man outside a mosque.
12.00 M'T **One Born Every Minute**
1.00 AM **Grimm** 4/13. (S6)
1.45 to 3.00 AM **Celebrity MasterChef**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Private Eyes** (S2)
10.00 **NCIS** Triple bill. (S4)
1.00 PM **NCIS** 1/19. Tony's car is destroyed in an explosion. **2.00** 2/19. The agents search for a missing infant. **3.00** 5/19. A Navy SEAL is shot dead while threatening to jump from a roof. **4.00** 6/19. A sailor dies in mysterious circumstances. **5.00** 7/19. Gibbs takes a case connected to his daughter. **6.00** 8/19. An admiral is found executed. (S5)



9.00 Chicago Med

7.00 **NCIS** *Lost and Found:* 9/19. The team search for a survivalist wanted in connection with a robbery and murder. (S5)
8.00 **Law & Order: Special Victims Unit** *Class:* 17/22. A student's body is found dumped in a red-light district. (S7)
9.00 **Chicago Med** NEW EPISODE *Who Can You Trust:* 11/20. Halstead makes a controversial decision. (S4)
10.00 **In Ice Cold Blood** 3/8. A mother turns out to be living a double life, until she becomes the perfect victim.
11.00 **Law & Order: Special Victims Unit** 5/24. (S11)
12.00 M'T **Law & Order: Special Victims Unit** 6&7/24. (S11)
2.00 AM NEW SERIES **Proven Innocent** 1/13. Legal drama. *See feature, page12* (S1)
3.00 to 5.00 AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Bull** 17/23. (S1)
9.00 **Bones** 7/24. (S9)
10.00 **NCIS** 15/24. (S11)
11.00 **The Mentalist** 16/23. (S2)
12.00 NOON **Bones** 8/24. (S9)
1.00 PM **NCIS** 16&17/24. (S11)
3.00 **Bones** 9/24. (S9)
4.00 **The Mentalist** 17/23. The new boss is unhappy with Jane. (S2)
5.00 **Bones** 10/24. Human remains are served up in a school cafeteria stew. **6.00** 11/24. The remains of a 16-year-old gymnast are found in a park. (S9)

4.00 The Mentalist

7.00 **NCIS** *Crescent City – Part One:* 18/24. The body of a congressman and former agent washes ashore in New Orleans.
8.00 **NCIS** *Crescent City – Part Two:* 19/24. DiNozzo, McGee and the FBI track political connections to the case. (S11)
9.00 **Bull** *A Higher Law:* The jury consultant agrees to represent a priest charged in a fatal hit-and-run. (S3)
10.00 **The Passage** *Stay in the Light:* 9/10. Amy learns she must be the one to decide what is best for humanity. (S1)
11.00 **The Passage** 10/10. Surprising alliances are formed and a key figure returns. (S1)
12.00 M'T **The Orville** (S2)
1.00 AM **American Dad!** (S12)
2.00 **The Walking Dead** (S9)
3.00 **American Dad!** (S6)
4.00 to 5.00 AM **Family Guy**

+1 hour 224 158

7 PM

8 PM

9 PM

10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
1.00 PM **Keeping Up with the Kardashians**
7.00 **Total Bellas** Brie drops a bombshell on her family.
8.00 **Botched** Paul Nassif helps a woman who was injured by a dog. **9.00** NEW EDITION Help for a woman whose breasts failed to develop properly.
10.00 **Very Cavallari** With the opening of the store fast approaching, Kristin has to re-establish control after the girl-drama of her staff hits fever pitch.
11.00 **Total Bellas** As 7.00pm.
12.00 M'T **Keeping Up with the Kardashians**
1.00 AM **Busy Tonight**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 to 5.00 AM **Botched**

Sky Arts

122 122 820 | 122 206

6.00 AM **John Eliot Gardiner Conducts Mendelssohn**
7.45 **Anne-Sophie Mutter: The Club Concert**
9.15 **Tales of the Unexpected**
11.45 **Too Young to Die**
12.45 PM **Great Art Walks**
1.45 **Off Camera with Sam Jones**
3.00 **The Directors**
4.00 **Nat King Cole: Afraid of the Dark**
6.00 **Portrait Artist 2019**
7.00 **André Rieu: My Musical Year**
8.00 **Classic Albums**
9.00 NEW **Psychic** Drama.
9.25 NEW **Nyet! – A Brexit Border Farce** Comedy.
9.40 NEW **Imelda May: Live**
11.15 **Brian Johnson's A Life on the Road**
12.15 **Shane MacGowan: A Wreck Reborn**
1.15 AM **Comedy Shorts**
2.25 **The History of Comedy**
3.20 **Rock and Roll**
4.45 to 6.00 AM **Free to Rock: How Rock & Roll Brought Down the Wall**

4seven

137 | 143 203 | 47 110 | 127

9.00 AM **A Place in the Sun: Summer Sun**
11.00 **A Place in the Sun: Winter Sun**
12.00 NOON **A Place in the Sun: Summer Sun**
2.00 PM **A Place in the Sun: Winter Sun** On St Lucia.
3.00 **Ramsay's Hotel Hell**
6.00 **Ramsay's 24 Hours to Hell and Back**
7.00 **The Secret Life of the Zoo** The keepers introduce some new, young males to Bertha
8.00 **The Supervet: Noel Fitzpatrick** Noel treats a 11-month-old dog who has a dislocated hip.
9.00 **Gogglebox** Double bill.
11.05 **21 Kids and Counting**
12.10 AM **Trains from Hell: Caught on Camera**
1.10 **The Great British Skinny Dip**
2.15 **999: On the Frontline**
3.15 **Skeletons of the Mary Rose: The New Evidence**
4.15 to 4.45 AM **Everybody Loves Raymond**

5USA

141/169 | 153 | 21 | 129

9.00 AM **Murder, She Wrote**
9.50 **Columbo: Mind Over Mayhem** Crime drama.
11.25 **Columbo: A Bird in the Hand** Mystery drama.
1.25 PM **Ransom for a Dead Man** *Columbo* pilot.
3.25 **Columbo: Rest in Peace, Mrs Columbo**
5.25 **Columbo: Dead Weight**
7.00 **Murder, She Wrote**
8.00 **NCIS** *Home of the Brave:* 7/24. A witness in an NCIS case is discovered to be wanted by US Immigration and Customs Enforcement. (S14) **9.00** *Blood Brothers:* 10/24. The secretary of the US Navy tries to save the life of a sailor. (S13)
10.00 **Perception** *Nemesis:* 7/10. Pierce investigates a schizophrenic. (S1)
10.55 **Law & Order: Special Victims Unit** (S10)
2.50 AM **Training Day** (S1)
3.50 to 4.00 AM **Access**

+1 hour 241 185 57 130

5STAR

128 | 151 | 30 | 131

8.00 AM **Access**
8.10 **Will & Grace** (S1)
9.55 **3rd Rock from the Sun**
12.25 PM **3rd Rock from the Sun** Five episodes. (S4)
3.00 PM **FILM Maid in Manhattan** Romantic comedy. (2002, PG, 105min) ★★★
5.05 **Can't Pay? We'll Take It Away!** Double bill.
7.00 **Can't Pay? We'll Take It Away!** Gary and Cona seek more than £3,500 owed for an unpaid loan. **8.00** A woman in Cheshire refuses to pay a veterinary practice.
9.00 **FILM 50 First Dates** Romantic comedy with Adam Sandler. (2004, 12, 99min) ★★★
11.00 **FILM Cruel Intentions 3** Teen melodrama. (2004, 15, 85min) ★
12.45 AM **Fresh Off the Boat**
3.00 **8 Simple Rules**
3.50 to 4.00 AM **Access**

+1 hour 228 186 56

Drama

143 | 130 | 20 | 158

7.10 AM **Pie in the Sky**
8.00 **The Bill**
12.00 NOON **Monarch of the Glen** Double bill.
2.00 PM **David Copperfield**
6.00 **The Doctor Blake Mysteries** 2/8. (S4)
7.00 **Murdoch Mysteries** *Painted Ladies:* 7/18. A man's body is found in a swan-shaped boat on a lake. (S10)
8.00 **The Heart Guy** NEW EPISODE *Shock Rock:* 3/10. The opening of Hugh's new cardiac clinic is upset by life-changing news. (S3)
9.00 **Silent Witness** *Discovery:* Thomas becomes determined to win justice for a murder victim.
11.35 **The Inspector Lynley Mysteries**
1.25 AM **The Heart Guy** As shown at 8.00pm.
2.35 **David Copperfield**
3.25 to 4.00 AM **Garden Hopping**

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

AMC

186 186 840 332 381

Programmes start at 12noon.

12.00 NOON **FILM The Road** Apocalyptic drama. (2009, 15) ★★★★
2.05 PM **Grey's Anatomy**
6.40 Star Files
6.55 FILM Fair Game Fact-based thriller starring Naomi Watts and Sean Penn. (2010, 12, 107min) ★★★★
9.00 Mad Men *The Runaways:* 5/14. Don has a visitor from his past. (S7)
10.00 Ride with Norman Reedus Steven Yeun joins Norman on a trip to the Bay Area in California.
11.00 FILM Four Rooms Comedy anthology (1995, 18, 94min) ★★
12.55 AM **Mad Men** As 9pm.
1.50 Ride with Norman Reedus As 10.00pm.
2.40 to 5.30 AM **FILM W** Satirical biopic. (2008, 15, 129min) ★★★★

CBS Drama

147 197 71 134

7.30 AM **The Key of David**
8.00 Teleshopping
9.00 The Love Boat
1.00 PM **The Love Boat**
2.00 Unsolved Mysteries
6.00 Diagnosis Murder *You Can Call MeJohnson:* FBI agents protect Mark from mobsters.
7.00 *Georgia on My Mind:* A murdered man's last words intrigue Dr Sloan.
8.00 *The Last Laugh – Part One:* A eminent plastic surgeon is killed.
9.00 *The Last Laugh – Part Two:* Dr Sloan sets a trap for the killer.
10.00 *Death by Extermination:* An estate agent is found dead in a new home.
11.00 CSI: Miami *Blood Moon:* 13/24. A cigar-maker is murdered. (S2)
12.00 M'T **CSI: Miami** (S2)
1.00 AM **CSI: Miami** (S2)
4.00 to 6.00 AM **Judge Judy**

CBS Justice

148 192 39 137

8.30 AM **Tomorrow's World**
9.00 Diagnosis Murder
1.00 PM **Diagnosis Murder**
2.00 NCIS (S6&1)
7.10 Gunsmoke: The Last Apache Western with James Arness, Richard Kiley, Amy Stock-Poynton and Joe Lara.
9.00 NCIS: Los Angeles *Hand-to-Hand:* 19/24. Sam goes undercover as a fighter in a mixed martial arts gym.
10.00 *Fame:* 20/24. The death of a navy lieutenant is linked to a Hollywood socialite.
11.00 *Found:* 21/24. A video of kidnapped agent Dominic Vail is posted on a jihadist website. (S1)
12.00 M'T **NCIS: Los Angeles**
12.55 AM **NCIS: Los Angeles**
1.50 Ultimate Force (S4)
2.55 Mission: Impossible
3.55 The High Chaparral
4.45 to 6.00 AM **The District**

CBS Reality

146 148 66 135

7.30 AM **Tomorrow's World**
8.00 The Key of David
8.30 The Lord's Challenge
9.00 Judge Judy
1.00 PM **Judge Judy**
5.00 Airline
7.00 Airline Staff absences in Liverpool cause a crisis.
7.30 Medical Detectives A film plot reveals clues to a woman's murder.
8.00 Unsolved Mysteries
9.00 Evil Twins
10.00 Something's Killing Me Twins Addi and Cassi discover they have a strange genetic disease.
11.00 It Takes a Killer
12.00 M'T **Cold Blood**
1.00 AM **Evil Twins** As 9pm.
2.00 Something's Killing Me
3.00 I Survived
3.45 Celebrity Damage Control Lil' Kim.
4.30 Dog and Beth: On the Hunt
5.10 to 6.00 AM **Dog Patrol**

Challenge

145 139 46 146

6.00 AM **Bruce Forsyth's Play Your Cards Right**
9.00 Gladiators
10.00 The Cube Celebrity Special
11.00 Catchphrase
1.00 PM **The Chase**
5.00 Pointless Celebrities
6.00 The Chase
7.00 Celebrity Eggheads
7.45 Pointless Celebrities Christopher Biggins and Lesley Joseph compete.
9.00 The Chase Celebrity Special With Anton Du Beke, Denise Van Outen, Diane Abbott and Matt Le Tissier.
10.00 Celebrity Who Wants to Be a Millionaire?
11.00 Classic Who Wants to Be a Millionaire?
1.00 AM **Classic Who Wants to Be a Millionaire?**
2.00 The Chase
4.00 to 6.00 AM **Dale's Supermarket Sweep**

Comedy Central Extra

127 182 308

6.00 AM **Animals Make You LOL** Clip show.
7.00 Teleshopping
9.00 Queer Eye
10.00 Impractical Jokers
12.00 NOON **Impractical Jokers: Inside Jokes**
1.00 PM **Wipeout USA**
4.00 The Middle (S3)
7.00 Friends (S10&8)
9.00 Friends (S9)
9.30 Friends (S10)
10.00 Friends Double bill. The gang visit Barbados to hear Ross address a convention. (S9)
11.00 Friends (S10)
12.00 M'T **Friends** (S10)
1.05 AM **The Mick** (S1)
2.05 FILM Bedazzled Fantasy comedy remake. (2000, 12, 93min) ★★
3.45 8 Out of 10 Cats
4.10 Nathan for You
4.30 to 6.00 AM **Impractical Jokers**

+1 hour 246 201 67 136 | +1 hour 245 180 147 | +1 hour 227

Food Network

172 291 41 148

6.00 AM **Barefoot Contessa – Back to Basics**
8.00 The Pioneer Woman
9.30 Ready Steady Cook
10.00 The Pioneer Woman
11.00 Jamie at Home
12.00 NOON **Ace of Cakes**
1.00 PM **Paul Hollywood: City Bakes** Double bill.
2.00 Diners, Drive-Ins and Dives Ten editions.
7.00 Diners, Drive-Ins and Dives Double bill.
8.00 Cheap Eats NEW EDITIONS Ali Khan starts his day with crisp and cheesy nachos.
8.30 In St Louis, Ali samples a slider piled high with pulled pork and chorizo chili.
9.00 Mystery Diners
12.00 M'T **Restaurant Stakeout** A restaurant with undisciplined staff.
1.00 to 3.00 AM **Diners, Drive-Ins and Dives**

Good Food

133 133 827 278 279 313 388

6.10 AM **Perfect**
7.00 Two Greedy Italians
8.00 Great British Bake Off
12.00 NOON **River Cottage Veg** Double bill.
2.00 PM **The Hairy Bikers' Northern Exposure**
4.00 Two Greedy Italians
5.00 The Great British Bake Off Masterclass
6.00 Rick Stein's Seafood Odyssey Double bill.
7.00 Rick Stein's Long Weekends In Vienna.
8.00 River Cottage Veg Hugh Fearnley-Whittingstall meets a vegetarian triathlete.
9.00 Hugh takes up a challenge set by a local pub landlady.
10.00 The Great British Bake Off Four editions of the baking contest.
2.00 AM **Teleshopping**
5.00 to 6.10 AM **The Great British Bake Off**

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
10.00 Police Patrol
11.00 Escaping Polygamy
12.00 NOON **Ozzy & Jack's American Roadtrip**
1.00 PM **Little Women: LA**
4.00 Judge Judy
8.00 Born This Way Cristina and Angel announce the date of their wedding, and Rachel prepares to move out.
9.00 FILM Who Killed JonBenet? Fact-based drama starring Julia Campbell, Eion Bailey and Payton Lepinski. (2016, 105min) ★★
10.45 24 to Life A 21-year-old reconciles with his sister to reunite his broken family.
11.45 Little Women: LA Tonya plans a Western party for Kerwin.
12.45 AM **Little Women: LA**
2.40 Ozzy & Jack's American Roadtrip
3.35 to 4.00 AM **Judge Judy**

Paramount Network

153 188 187 54

9.00 AM **Pets Make You LOL**
9.25 Neighbours
11.55 Gilmore Girls (S3)
12.50 PM **FILM Til Death Do Us Part** (2014) ★★
2.40 FILM Pontiac Moon Drama with Ted Danson. (1994, 12, 125min) ★★
4.50 FILM The Ghost of Greville Lodge Ghost story. (2000, PG) ★★
6.40 FILM Sommersby Period drama. (1993, 15, 112min) ★★★
9.00 FILM The Mothman Prophecies Chiller. (2001, 12, 118min) ★★★
11.20 FILM Dead Rising: Watchtower Horror. (2015, 15, 118min) ★★
1.45 AM **Life in Pieces** (S1)
2.50 LA to Vegas
3.45 Lee Evans Live: A Different Planet
4.55 Impractical Jokers US Special: Anatomy of a Challenge
5.20 Lip Sync Battle
5.45 to 6.00 AM **Access**

Quest

144 144 866 172 217 37 167

6.00 AM **Classic Car Rescue**
7.00 Mighty Trains
8.00 Deadliest Catch
9.00 Heavy Rescue
10.00 EFL on Quest
11.30 Chaos Caught on Camera
12.00 NOON **How It's Made**
1.00 PM **How It's Made**
2.00 Outback Opal Hunters
3.00 Rocky Mountain Railroad
4.00 Mighty Trains
5.00 Wheeler Dealers
7.00 Salvage Hunters
8.00 Great British Pub Quiz
9.00 Salvage Hunters
10.00 Outback Opal Hunters
11.00 Nasa's Unexplained Files Lunar soil.
12.00 M'T **Codes and Conspiracies**
1.00 AM **Wheeler Dealers**
2.00 Fantomworks
3.00 Destroyed in Seconds
4.00 Wheeler Dealers
5.00 to 6.00 AM **Overhaulin'**

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.30 The Zoo
7.30 Bondi Vet
8.00 Wildlife at the Zoo
9.00 My 600lb Life
11.00 The Bronx Zoo
12.00 NOON **My Cat from Hell** Four editions.
4.00 PM **Salvage Hunters**
6.00 Bad Dog!
7.00 Dog Detectives
8.00 I Should Have Known Lindsey and Francisco try to find their relatives.
9.00 Body Cam Two police officers respond to a domestic disturbance that ends in tragedy.
10.00 My 600lb Life
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 Murder Comes to Town
3.00 FBI Files
3.50 Animal Cops Phoenix
4.40 Bondi Vet
5.30 to 6.00 AM **Say Yes to the Dress**

+1 hour 272 149 | +1 hour 233 280 | +1 hour 244 173 76 168 | +1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Helicopter Heroes**
7.00 Teleshopping
8.00 Homes Under the Hammer Five editions.
1.00 PM **Homes Under the Hammer** Seven editions.
8.00 One Born Every Minute A couple who are about to become parents after six years of trying to conceive.
9.00 Embarrassing Bodies Dr Christian Jessen heads to Ibiza.
10.00 Louis Theroux: By Reason of Insanity The journalist examines how insanity is defined.
11.00 Long Lost Family Australia A woman tries to find two half-siblings.
12.00 M'T **Most Haunted**
1.00 AM **Paranormal Investigators**
2.00 Teleshopping
4.00 The Prosecutors: Real Crime and Punishment
5.05 to 6.00 AM **Give a Dog a Home**

Sony Crime

157 193 40 143

7.00 AM **#Murder**
1.00 PM **Babies Behind Bars**
2.30 FILM JonBenet's Mother: Victim or Killer? Docu-drama. (2016, PG, 120min) ★★
4.00 CSI 15&16/22. (S14)
6.00 CSI *Uninvited:* 18/22. The team search for a couple and their two children.
7.00 *Kitty:* 21/22. A special agent helps the team with a case.
8.00 *Dead in His Tracks:* 22/22. A 25-year-old case is rekindled. (S14)
9.00 NEW SERIES Real Detective: North of the Border A baby is kidnapped at gunpoint.
10.00 Deadly Women Women who refused to be considered second best.
11.00 Deadly Women
12.00 M'T **Deadly Women**
3.00 to 4.00 AM **Body of Evidence**

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 Chris Tarrant: Extreme Railway Journeys
10.00 The Lost City of the Pharaohs
11.00 St Paul's: Secrets of the Great Cathedral
12.00 NOON **Bargain-Loving Brits in the Sun**
2.00 PM **The Wonderful World of Puppies**
3.00 Ben Fogle: New Lives in the Wild
4.00 Paddington Stn 24/7
5.00 Chris Tarrant: Extreme Railway Journeys
7.00 Secrets of the National Trust
8.00 Britain's Great Cathedrals
9.00 Inside Windsor Castle
10.00 Secrets of Great British Castles
11.00 The Cars That Made Britain Great
12.00 M'T **Ben Fogle: New Lives in the Wild**
2.00 to 4.00 AM **Britain's Favourite Chocolate**

5Spike

150 154 31 141

9.00 AM **Access**
9.10 Extreme Weather: Caught on Camera
10.10 Traffic Cops
12.10 PM **Can't Pay? We'll Take It Away!**
1.10 FILM Will Penny Western. (1967, PG, 109min) ★★★
3.25 FILM The Alamo Western. (1960, PG, 161min) ★★★
6.40 FILM Rio Lobo Howard Hawks' US Civil War Western. (1970, PG, 110min) ★★★
9.00 FILM 3 Days to Kill Action thriller. (2014, 12, 117min) ★★★
11.20 FILM Ghosts of Mars John Carpenter's sci-fi thriller. (2001, 15, 97min) ★★★
1.25 AM **Spartacus: Vengeance** (S3)
2.30 to 3.00 AM **Criminals: Caught on Camera**

True Crime

180 212 68 153

6.00 AM **Psychic Detectives**
11.00 Suburban Secrets
1.00 PM **Suburban Secrets**
4.00 Trace Evidence: Case Files of Dr Henry Lee
7.00 Trace Evidence: The Case Files of Dr Henry Lee The cases investigated by forensic scientist Dr Henry Lee.
9.00 LA Forensics A rich couple are killed.
9.30 A policeman is gunned down.
10.00 A father is shot dead in his living room.
10.30 An attorney is found dead in her own apartment.
11.00 A make-up artist is shot in Hollywood.
11.30 A mother is stabbed to death.
12.00 M'T **LA Forensics**
12.30 AM **LA Forensics**
2.00 to 3.00 AM **The Investigators**

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes to the Dress**
8.00 Say Yes... Atlanta
10.00 Caribbean Life NEW EDITIONS
12.00 NOON **Curvy Brides Boutique** Four editions.
2.00 PM **Say Yes: Wedding SOS**
3.00 Say Yes to the Dress: Since I Said Yes
4.00 Say Yes... Big Bliss
6.00 Say Yes to the Dress
7.00 Sister Wives NEW EDITION Mitch and Aspyn prepare for their wedding day.
9.00 Seeking Sister Wife NEW EDITION The Snowdens move into their new home.
10.00 Dr Pimple Popper
12.00 M'T **Sister Wives**
2.00 AM **Seeking Sister Wife**
3.00 Say Yes to the Dress
4.00 Say Yes... Atlanta
5.00 to 6.00 AM **Caribbean Life**

+1 hour 250 | +1 hour 280 69 | +1 hour 240 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Outback Truckers**
7.00 **Fast N' Loud**
8.00 **Wheeler Dealers**
9.00 **Fast N' Loud**
11.00 **Outback Truckers**
1.00 PM **Combat Dealers**
3.00 **Sharks and the City: LA**
4.00 **Gold Rush**
5.00 **Gold Rush: White Water** Dustin leads the crew to a new mine site that quickly proves to have huge potential.
6.00 **Supertruckers** The truckers try to move four army Viking vehicles over 200km.

9.00 Homestead Rescue

7.00 **Churchill's Toyshop** Scientists and engineers working on ingenious secret weapons during World War Two.
8.00 NEW SERIES **How the Universe Works** A look at new discoveries surrounding the power of neutron stars.
9.00 NEW SERIES **Homestead Rescue** The Raneys build an entire cabin from scratch and harness a natural spring.
10.00 **Arctic Rescue** The recovery team know that a rise in temperature does not guarantee safety on the roads.
11.00 **Gold Rush** Rick's sprinkler system is shut down.
12.00 M'T **Gold Rush: White Water**
1.00 AM **Outback Truckers**
2.00 **Combat Dealers**
3.00 **Arctic Rescue** As 10.00pm.
3.50 **Above And Beyond: Nasa's Journey To Tomorrow**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Amanda to the Rescue**
7.00 **Africa's Outsiders**
8.00 **Tanked**
9.00 **Untamed China**
12.00 NOON **The Lion Queen**
3.00 PM **Amanda to the Rescue** Amanda heads to Puerto Rico.
4.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff treats patients at a monkey sanctuary in Mexico.
5.00 **Crocodile Hunter** A colony of Central American crocodiles.
6.00 **Dr Dee: Alaska Vet** Dr Dee treats a border collie puppy with a congenital issue.

7.00 Amanda to the Rescue

7.00 **Amanda to the Rescue** SERIES FINALE Amanda brings home Iceland, a blind foster puppy, and Egypt, a shy shelter dog.
8.00 **Big Cat Tales** NEW EDITION Cheetah Malaika is hunting for wildebeest so she can feed her cubs.
9.00 **Wild Hawaii** A look at the wildlife of Hawaii, exploring the array of endangered species that exist there.
10.00 **After the Attack** Tales of people who have survived animal attacks, including a man who was almost drowned by a crocodile
11.00 **Shark Attack File 3**
12.00 M'T **Big Cat Tales** As 8.00pm.
1.00 AM **Crocodile Hunter** As 5pm.
2.00 **Into Alaska** Chris investigates reports of a bear attack.
3.00 **Wildest Europe**
3.50 **Wildest Latin America**
4.40 **Meet the Orangutans**
5.10 **to 6.00** AM **Tanked**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Megafactories** Four editions of the series.
12.00 NOON **Megafactories** A visit to the Jaguar factory in Castle Bromwich, Solihull. **1.00** PM The Michigan plant where the F150 truck is built. **2.00** A look at how every Koenigsegg car is hand-built.
3.00 PM **Supercars** Four editions of the series, including at: **5.00** A visit to the factory that produces the Nissan GT-R. **6.00** The development of the Pagani Huayra.

9.00 Car SOS

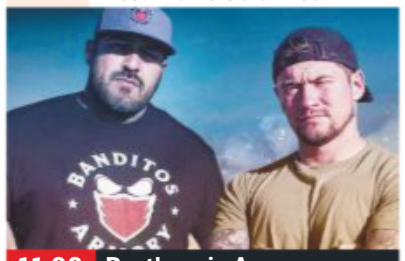
7.00 **Supercars** A visit to the Porsche factory to see how the company's designers are reimagining the iconic 911 model.
8.00 **Car SOS Special: 7 Day Challenge** Rick Wakeman drops by to check out Tim and Fuzz's latest project.
9.00 **Car SOS** The duo restore a Lotus Elise belonging to a cancer patient who had hoped to restore the vehicle with her father.
10.00 **Car SOS** The duo restore a Toyota Celica, one of the first Japanese sports coupes to find success on the global market.
11.00 **Supercar Megabuild** Shane and Dan customise a drag racing Jaguar inspired by the Spitfire aircraft, but face one of their tightest deadlines.
12.00 M'T **Supercar Megabuild**
1.00 AM **Supercar Megabuild**
2.00 **Supercars**
4.00 **to 5.00** AM **Megafactories**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **Pawn Stars**
9.00 **Swamp People**
10.00 **WWII: The Air War**
12.00 NOON **Storage Wars**
1.00 PM **Hardcore Pawn**
2.00 **Forged in Fire** Recreating a Celtic Anthropomorphic Sword. **3.00** Making a Qinglong Ji, an instrument of Chinese warfare. **4.00** One of the most famous swords in cinematic history. **5.00** Making a steel crossbow.
6.00 **American Pickers: Best Of** Showcasing Mike and Frank's most memorable finds.



11.00 Brothers in Arms

7.00 **Epic Warrior Women** Celt warrior woman Ardala, who transformed from rebellious recruit to ruthless fighter.
8.00 **The Curse of Oak Island: Digging Deeper** Brothers Rick and Marty Lagina make a discovery at Smith's Cove.
9.00 **Forged in Fire: Knife or Death** Two more bladesmiths compete to move onto the daunting final course.
10.00 **Knight Fight** The contestants take on armour and weaponry from the battles of the Normans and the Saxons.
11.00 **Brothers in Arms** The Banditos team are tasked with making a Civil War Gatling gun.
12.00 M'T **Forged in Fire**
1.00 AM **Forged in Fire**
4.00 **American Pickers: Best Of**
5.00 **Forged with Steele**
5.30 **to 6.00** AM **Milwaukee Blacksmith**

+1 hour 230 271

Yesterday

155 129 19 159

6.00 AM **Time Team**
8.00 **Nazi Murder Mysteries** Four editions of the series.
12.00 NOON **Nazi Murder Mysteries** The death of Hermann Goering.
1.00 PM **Wartime Crime** Six editions, including at: **4.00** Exploring racial tensions in 1940s California. **5.00** Murderers who took advantage of the bombings of London and Berlin. **6.00** The Mafia's rise in power after Mussolini's downfall

6.00 Wartime Crime

7.00 **Full Steam Ahead** Reliving the golden age of steam and how the Victorian railways created modern Britain.
8.05 **'Allo 'Allo!** Herr Flick orders Helga to collect evidence of the supposed plot to blow up Hitler. **8.40** René and his staff devise a plan to blow up Lt Gruber's bedroom. **9.15** René and Leclerc crack open the safe in Gruber's bedroom.
10.00 **Impossible Railways** A look at the planet's most metropolitan railways, and how they help people solve urban problems.
11.00 **Hitler's Propaganda Machine** As Hitler's ambitions spread beyond Germany, the world drew toward another great war.
12.00 M'T **Deep Wreck Mysteries** Exploring the remains of the *SS Leopoldville*.
1.00 **to 3.00** AM **Time Team**

+1 hour 255 200

Sunday

7 PM

8 PM

9 PM

10 PM

Disc. History

171 262

6.00 AM **Mighty Ships**
8.00 **Battlefield**
10.00 **Rory McGrath's Bloody Britain** Five editions.
3.00 PM **Mighty Ships**
5.00 **Everest Rescue**
7.00 **Combat Dealers** Bruce and his sidekick Freddy find a World War Two artillery gun.
8.00 **Devonport: Inside the Royal Navy** Captain Anderson oversees a test of a 4.5 inch gun on *HMS Sutherland*.
9.00 **Surviving the Cut** The training of US Air Force pararescuemen.
10.00 **Tony Robinson's World War One** The presenter explores the stalemate of trench warfare.
11.00 **Battlefield**
12.00 M'T **Battlefield**
1.00 **to 6.00** AM **Rory McGrath's Bloody Britain**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Vet Safari**
10.00 **Galapagos**
11.00 **The Brain with David Eagleman** Double bill.
1.00 PM **Life in the Undergrowth**
2.00 **Frontier Borneo**
3.00 **Vet Safari**
4.00 **Galapagos**
5.00 **The Brain with David Eagleman** Double bill.
7.00 **Life in the Undergrowth**
8.00 **Frontier Borneo**
9.00 **Vet Safari**
10.00 **Galapagos**
11.00 **The Brain with David Eagleman** Double bill.
1.00 AM **Life in the Undergrowth**
2.00 **Frontier Borneo**
3.00 **Vet Safari**
3.50 **Galapagos**
4.40 **The Brain with David Eagleman**
5.30 **to 6.00** AM **This Wild Life**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Cobra Mafia**
9.00 **Rise of Snakezilla**
10.00 **Ten Deadliest Snakes with Nigel Marven**
2.00 PM **Dangerous Encounters** Four editions of the series.
6.00 NEW SERIES **Wild Mongolia** Exploring wildlife in Mongolia, beginning with a look at the Gobi desert.
7.00 **Africa's Deadly Kingdoms** The wildlife of Africa's deserts.
8.00 **Wild Mongolia** As 6pm.
9.00 **Mega Hammerhead** Dr Neil Hammerschlag and his team go in search of the Great Hammerhead.
10.00 **Sharks Under Attack**
11.00 **700 Sharks**
12.00 M'T **When Sharks Attack** In Hawaii.
1.00 AM **In Shallow Water**
2.00 **to 5.00** AM **Ten Deadliest Snakes with Nigel Marven**

History 2

163 273 274 330 390

8.00 AM **Ancient Aliens**
10.00 **Ancient Impossible**
12.00 NOON **The Universe**
2.00 PM **Soviet Storm: WWII in the East**
4.00 **Ancient Aliens**
7.00 **Ancient Aliens** Cryptic puzzles that might have been left by aliens.
8.00 **Empire Builders** The story of the US through 12 key sites.
9.00 **James Nesbitt: Disasters That Changed Britain** The 2017 Grenfell Tower fire, in which an estimated 70 residents died. The rapid spread of the fire is thought to have been aided by the building's exterior cladding.
10.00 **Cars That Made America** Examining some of the USA's best-loved automobiles.
12.00 M'T **Ancient Aliens**
4.00 **to 5.00** AM **Alien Files: Unsealed**

PBS America

160 276 94 155

8.00 AM **Decoding Watson**
9.50 **Titanic: Band of Courage** As 3.20pm.
11.10 **Men at Lunch**
12.20 PM **Decoding Watson**
2.10 **Dunblane: Our Story**
3.20 **Titanic: Band of Courage** The story of the eight musicians who played on as the *RMS Titanic* sank.
4.40 **Men at Lunch**
5.55 **Decoding Watson**
7.45 **Dunblane: Our Story** The story of the mass shooting in Dunblane in 1996, when Thomas Hamilton killed 16 pupils and their teacher at a primary school.
9.00 **Africa's Great Civilisations** The impact of Christianity and Islam.
10.15 **I Am War** The personal accounts of five people who fought in the Afghanistan War.
11.25 **Happy Valley**
1.30 **to 2.00** AM **Jet Set**

CI

156 156 835 223 222 328 380

6.00 AM **Homicide Hunter**
8.00 **Unusual Suspects**
10.00 **999: Killer on the Line**
11.00 **Homicide Hunter**
1.00 PM **Cold Case Files 2017** Double bill.
3.00 **What The Killer Did Next** Four editions.
7.00 **Homicide Squad: Atlanta** Bridget Shiel.
8.00 **Homicide Hunter**
9.00 **Jo Frost on Britain's Killer Kids** Sharon Carr.
10.00 **When Missing Turns To Murder**
11.00 **Shallow Grave**
12.00 M'T **Buried in the Backyard**
1.00 AM **Jo Frost on Britain's Killer Kids**
2.00 **When Missing Turns To Murder**
3.00 **Homicide Hunter**
4.00 **Homicide Squad: Atlanta** As 7.00pm.
5.00 **to 6.00** AM **Cold Case Files 2017**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

SUNDAY Films

Sunday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Patrick** As 4.00pm.
7.50 **People You May Know** Comedy. (2017, 15) ★★★
9.40 **Jurassic World: Fallen Kingdom** As 5.45pm.
12.00 NOON **Deadpool 2** As 8pm.
2.10 PM **PREMIERE Blue Iguana** As shown at 10.10pm.
4.00 **Patrick** Romantic comedy. (2018, PG, 94min) ★★★
5.45 **Jurassic World: Fallen Kingdom** Action sequel. (2018, 12, 128min) ★★★

10.10 Blue Iguana

8 PM

8.00 **Deadpool 2** Action comedy sequel starring Ryan Reynolds. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. With Josh Brolin. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.10 **PREMIERE Blue Iguana** Comedy starring Sam Rockwell. Two former prisoners working in a diner are made an offer they cannot refuse. (2018, 15, 100min) ★★★
See review, page 18
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

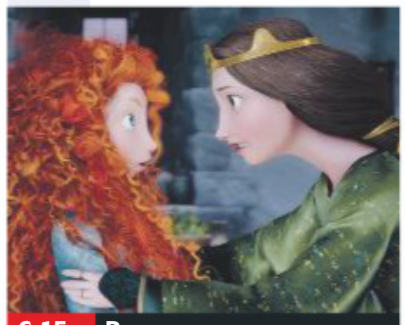
12.00 M'T **Mandy** Fantasy horror. (2018, 18, 121min) ★★★★
2.10 AM **The Butterfly Tree** Drama. (2017, 15, 97min) ★★
4.05 **to 6.00** AM **Apostasy** Drama. (2017, PG, 95min) ★★★★

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.30 AM **Lion King II: Simba's Pride** Animation. (1998) ★★★
7.55 **Monsters, Inc** As 4.35pm.
9.30 **Brave** As shown at 6.15pm.
11.10 **Disney's Dumbo** As 8.00pm.
12.20 PM **Pocahontas** (1995) ★★★
1.45 **Cinderella** As 10.35pm.
3.05 **One Hundred and One Dalmatians** As 9.10pm.
4.35 **Monsters, Inc** Animation. (2001, U, 95min) ★★★★★
6.15 **Brave** Animated adventure. (2012, PG, 89min) ★★★★


6.15 Brave

8.00 **Disney's Dumbo** Classic cartoon about the little elephant whose ears are so big he can fly. (1941, U, 64min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.10 **One Hundred and One Dalmatians** Classic cartoon adventure with the voices of Rod Taylor and Lisa Davis. (1961, U, 71min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

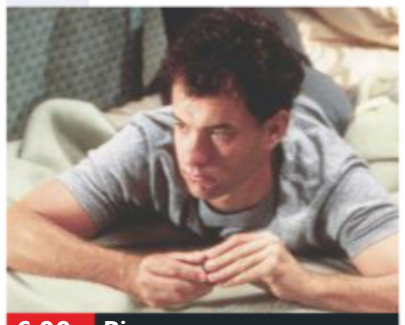
10.35 **Cinderella** Animated version of the classic fairy-tale featuring the voice of Ilene Woods. (1950, U, 75min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Swiss Family Robinson** Adventure starring John Mills. (1960, U, 128min) ★★★★
2.15 AM **Night Crossing** Fact-based adventure starring John Hurt and Beau Bridges. (1982, PG, 106min) ★★
4.10 **to 6.05** AM **The Santa Clause 2** Comedy sequel. (2002, U, 104min) ★★★★

Sky Family

305 305 846 436 406 505

6.45 AM **Gulliver's Travels** (2010)
8.15 **Ferdinand** As 4.10pm.
10.05 **Tad the Lost Explorer and the Secret of King Midas** Animation. (2017, U) ★★★
11.35 **Lego DC Super Heroes: Justice League – Attack of the Legion of Doom!** (2015)
12.55 PM **Charlotte's Web** As 10pm.
2.40 **Gulliver's Travels** Adventure. (2010, PG, 84min) ★★
4.10 **Ferdinand** (2017) ★★★
6.00 **Big** Comedy. (1988) ★★★★★


6.00 Big

8.00 **Nanny McPhee & The Big Bang** Family comedy fantasy sequel starring Emma Thompson. Nanny McPhee magically appears in the 1940s English countryside to help the mother of three unruly children. (2010, U, 109min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

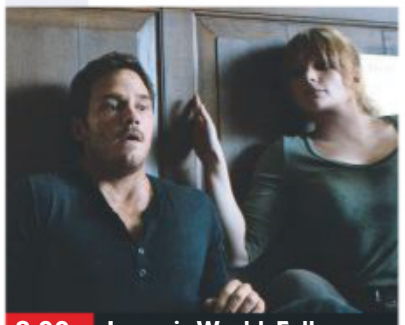
10.00 **Charlotte's Web** Screen version of EB White's book, with Dakota Fanning. (2006, U, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Thunderbirds** Adventure with Bill Paxton and Ben Kingsley. (2004, PG, 95min) ★★
1.25 AM **Titan A.E** Animated sci-fi adventure with the voices of Matt Damon and Bill Pullman. (2000, PG, 94min) ★★★
3.10 **#Roxy** Romantic comedy starring Jake Short and Sarah Fisher. (2018, PG, 90min) ★★
5.05 **to 6.40** AM **Maya the Bee: The Honey Games** Animation. (2018, U, 85min) ★★

Sky Action

306 306 847 437 407 502

6.00 AM **Batman Forever** Fantasy. (1995, 12, 121min) ★★★
8.15 **Ready Player One** As 5.30pm.
10.45 **Solo: A Star Wars Story** Sci-fi. (2018, 12, 135min) ★★★★
1.05 PM **Jurassic World: Fallen Kingdom** As shown at 8pm.
3.20 **Jaws** Thriller starring Roy Scheider and Robert Shaw. (1975, 12, 125min) ★★★★★
5.30 **Ready Player One** Fantasy adventure with Tye Sheridan. (2018, 12, 140min) ★★★★


8.00 Jurassic World: Fallen...

8.00 **Jurassic World: Fallen Kingdom** Action sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. With Rafe Spall and Toby Jones. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **S.W.A.T.** Action thriller starring Samuel L Jackson, Colin Farrell and Michelle Rodriguez. (2003, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Watchmen** Sci-fi action thriller with Malin Akerman. (2009, 18, 155min) ★★★★
3.00 **Batman: Assault on Arkham** Animated adventure featuring the voice of Kevin Conroy. (2014, 15, 76min) ★★
4.20 **to 6.00** AM **TMNT** Animated adventure featuring the voice of James Arnold Taylor. (2007, PG, 86min) ★★★★

Sky Comedy

307 307 848 438 408 506

7.15 AM **That Touch of Mink** Classic romantic comedy. (1962, U, 99min) ★★★★
9.00 **Miss Congeniality 2: Armed and Fabulous** Comedy sequel. (2005, 12, 113min) ★★
11.00 **Mr Bean's Holiday** (2007)
12.40 PM **Book Club** As 8.00pm.
2.30 **Father Figures** As 10.00pm.
4.30 **Norbit** Comedy starring Eddie Murphy. (2007, 12, 101min) ★★
6.20 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★

6.20 Mr Bean's Holiday

8.00 **Book Club** Comedy drama with Diane Keaton, Jane Fonda, Candice Bergen and Mary Steenburgen. The lives of four friends are changed for ever after they read *Fifty Shades of Grey* in their monthly book club. (2018, 12, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Father Figures** Comedy, starring Owen Wilson, Ed Helms and Glenn Close. (2017, 15, 113min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Pineapple Express** Comedy thriller starring Seth Rogen and James Franco. (2008, 18, 111min) ★★★★
2.00 AM **The Wedding Guest** Comedy starring Justin Long. (2018, 15, 105min) ★★
3.50 **Road Trip** Teen comedy starring Breckin Meyer. (2000, 15, 94min) ★★★
5.30 **to 7.20** AM **The Odd Couple** Comedy with Jack Lemmon. (1968, PG, 105min) ★★★★★

primetime

Sky Hits

302 302 843 433 403

6.20 AM **Basmati Blues** As 5.25am.
8.20 **Baywatch** As 7.00pm.
10.20 **Star Wars: The Last Jedi** Adventure, as shown at 9pm.
12.55 PM **Tully** Comedy drama. (2018, 15, 96min) ★★★★
2.35 **Life Itself** Drama starring Oscar Isaac. (2018, 15, 120min) ★★
4.35 **Maze Runner: The Death Cure** Sci-fi drama with Dylan O'Brien. (2018, 12, 142min) ★★★

7.00 **Baywatch** Action comedy with Dwayne Johnson and Zac Efron. A lifeguard teams up with a new recruit to scupper a criminal scheme. (2017, 15, 121min) ★★
9.00 **Star Wars: The Last Jedi** Fantasy adventure starring Mark Hamill. With the Resistance cornered, aspiring warrior Rey must persuade Luke Skywalker to save the galaxy once more. (2017, 12, 146min) ★★★★
11.35 **Truth or Dare** Horror with Lucy Hale. (2018, 15, 100min) ★★
1.20 AM **Rise of the Footsoldier 3** Crime prequel starring Craig Fairbrass. (2017, 18, 99min) ★
3.05 **Phantom Thread** Drama. (2017, 15, 130min) ★★★★★
5.25 **to 7.15** AM **Basmati Blues** Romantic comedy starring Brie Larson. (2017, PG, 106min) ★★

Sky 5 Star Movies

303 303 844 434 404 508

6.55 AM **The Sting** As 3.30pm.
9.10 **Walk the Line** As 5.40pm.
11.30 **The Bourne Ultimatum** As 8pm.
1.30 PM **Casablanca** Classic drama. (1942, b/w, U, 102min) ★★★★★
3.30 **The Sting** Period crime comedy starring Paul Newman. (1973, PG, 129min) ★★★★★
5.40 **Walk the Line** Biopic of Johnny Cash, starring Joaquin Phoenix. (2005, 12, 124min) ★★★★

8.00 **The Bourne Ultimatum** Spy thriller sequel starring Matt Damon. An ex-CIA assassin strives to outsmart cops, killers and his former bosses in his quest to discover his true identity. With Julia Stiles. (2007, 12, 115min) ★★★★
10.00 **A Clockwork Orange** Stanley Kubrick's futuristic satire based on the novel by Anthony Burgess, starring Malcolm McDowell and Patrick Magee. (1971, 18, 136min) ★★★★
12.20 AM **Raging Bull** Biopic of American boxer Jake LaMotta, starring Robert De Niro. (1980, b/w, 18, 119min) ★★★★★
2.30 **Dog Day Afternoon** Thriller. (1975, 15, 130min) ★★★★★
4.35 **to 6.20** AM **Casablanca** Classic drama, as shown at 1.30pm.

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Directors**
7.00 **The Hallelujah Trail** Western. (1965, U, 167min) ★★★
9.55 **Anatomy of a Murder** Drama. (1959, b/w, 12) ★★★★★
1.10 PM **The Broken Star** Western. (1956, b/w, PG, 82min)
3.00 **Four Guns to the Border** Western. (1954, U, 85min) ★★
4.45 **Mister Roberts** Comedy drama. (1955, U, 116min) ★★★

7.15 **Fort Defiance** Western starring Dane Clark and Ben Johnson. A Civil War veteran comes looking for revenge on a deserter, but they must fight side by side when they are caught up in a Navajo raid. (1951, U, 82min) ★★
9.00 **The Glimmer Man** Thriller with Steven Seagal. A former CIA agent turned cop tries to track a serial killer. (1996, 18, 91min) ★
11.00 **Enter the Dragon** Thriller with Bruce Lee. An undercover agent infiltrates a martial arts competition on an island fortress. (1973, 18, 97min) ★★★
1.05 AM **Longmire**
2.25 **Mister Roberts** As 4.45pm.
4.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **Kill Me Tomorrow** Thriller. (1957, b/w, U, 80min) ★★
7.40 **Brats** Comedy. (1930) ★★
8.05 **The Hijackers** (1963) ★★
9.25 **Home and Away** (1956) ★★
11.05 **Piccadilly Incident** Drama. (1946, b/w, PG, 102min) ★★
1.05 PM **A French Mistress** Comedy. (1960, b/w, PG, 94min) ★★
3.05 **A Challenge for Robin Hood** Adventure. (1967, U) ★★

5.05 **Ring of Bright Water** Animal adventure starring Bill Travers. (1969, U, 107min) ★★★
7.10 **Mandy** Ealing drama starring Phyllis Calvert, Mandy Miller and Jack Hawkins. The parents of a deaf-and-dumb girl clash over how she should be treated – at home or in a residential school. (1952, b/w, U, 93min) ★★★
9.00 **The Edgar Wallace Mystery Theatre** Two journalists attempt to fake a murder.
10.10 **Armchair Theatre**
11.10 **Melody** Drama starring Mark Lester. (1971, PG, 103min) ★★
1.15 AM **Expresso Bongo** Musical. (1959, b/w, PG, 111min) ★★★
3.25 **Lease of Life** Drama with Robert Donat. (1954, U, 91min) ★★
5.15 **to 6.00** AM **Talking Pictures with Tyler Butterworth**

Horror

317 149 70 138

8.00 AM **Impact Earth** Sci-fi drama. (2015, 12, 90min) ★★
9.50 **Horror Highlights**
10.00 **Star Trek: Deep Space Nine**
1.00 PM **Star Trek: Deep Space Nine**
3.00 **Shark Lake** Thriller with Dolph Lundgren. (2015, 15, 89min) ★★
4.50 **Sharknado 5: Global Swarming** Horror comedy with Olivia Newton-John and Tara Reid. (2017, 15, 90min) ★★

6.35 **The Fly** Classic horror starring Al Hedison and Vincent Price. A scientist's experiments with a matter-transference machine have horrifying consequences. (1958, PG, 95min) ★★★★
8.30 **Tales from the Darkside**
9.00 **Don't Blink** Horror starring Mena Suvari and Brian Austin Green. (2014, 15, 88min) ★★
10.50 **House at the End of the Street** Horror thriller starring Jennifer Lawrence and Max Theriot. (2012, 15, 99min) ★★
12.50 AM **Cherry Tree** Horror starring Anna Walton and Naomi Battrick. (2015, 18, 85min) ★★
2.35 **AE: Apocalypse Earth** Action thriller. (2013, PG, 87min) ★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.40 AM **Numb** Mystery thriller. (2015, 12, 90min) ★★★
8.20 **Dirty Harry** Police thriller. (1971, 18, 103min) ★★★★★
10.15 **Gran Torino** Drama. (2008, 15, 116min) ★★★★
12.15 PM **The Taking of Pelham 1 2 3** As shown at 7.00pm.
2.15 **Red Sparrow** As 9.00pm.
4.40 **Angels & Demons** Thriller. (2009, 12, 138min) ★★
7.00 **The Taking of Pelham 1 2 3** Thriller. (2009, 15) ★★★

7.00 The Taking of Pelham 1 2 3 (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Red Sparrow Spy thriller starring Jennifer Lawrence. A ballerina is recruited to a Russian intelligence service, where she is forced to use her body as a weapon. With Joel Edgerton and Matthias Schoenaerts. (2018, 15, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **K-19: The Widowmaker** Cold War thriller starring Harrison Ford and Liam Neeson. (2002, 12, 138min) ★★★
1.40 AM **Sudden Death** Thriller with Jean-Claude Van Damme. (1995, 18, 110min) ★★★
3.35 **Flightplan** Thriller starring Jodie Foster and Sean Bean. (2005, 12, 98min) ★★★★
5.15 **to 6.50** AM **Volcano: Fire on the Mountain** Disaster drama. (1997, PG, 89min) ★

Sky Drama

309 309 850 | 440 410 | 511

6.20 AM **An Ordinary Man** Drama. (2017, 15, 90min) ★★★
8.00 **Never Steady, Never Still** Drama. (2017, 15) ★★★★
10.00 **Hope Floats** Romantic drama. (1998, PG, 113min) ★★★
12.00 NOON **Hidden Figures** (2016)
2.10 PM **Unforgettable** Thriller. (2017, 15, 100min) ★★★
4.00 **Garden State** Comedy drama. (2004, 15, 102min) ★★★
5.50 **Philadelphia** Legal drama. (1993, 12, 122min) ★★★

8.00 Hidden Figures Biopic starring Taraji P Henson, Octavia Spencer and Janelle Monae. A trio of African-American women try to overcome prejudice as they work on the US space programme. With Kevin Costner. (2016, PG, 127min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 The Disaster Artist Biographical comedy drama directed by and starring James Franco. (2017, 15, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Alfie** Comedy drama remake starring Jude Law. (2004, 15, 106min) ★★★
1.50 AM **Meet Joe Black** Romantic drama starring Brad Pitt, Anthony Hopkins and Claire Forlani. (1998, 12, 181min) ★
4.50 **to 6.50** AM **Sands of Iwo Jima** World War Two drama starring John Wayne. (1949, b/w, PG, 109min) ★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **The Top Ten Show**
6.15 **Alien: Director's Cut** As 7pm.
8.15 **Aliens: Special Edition** (1986)
11.00 **Alien³** As shown at 11.45pm.
1.10 PM **Alien Resurrection** (1997)
3.15 **AVP: Alien Vs Predator** Sci-fi. (2004, 15, 101min) ★★★
5.10 **Aliens Vs Predator – Requiem** Sci-fi horror sequel. (2007, 15, 89min) ★
7.00 **Alien: Director's Cut** Ridley Scott's classic sci-fi chiller. (1979, 15, 115min) ★★★★★

5.10 Aliens Vs Predator...

Alien: Director's Cut (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

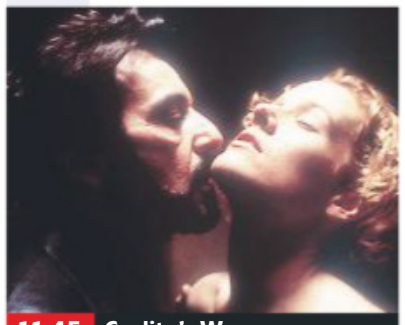
9.00 Aliens: Special Edition Extended version of James Cameron's sci-fi thriller starring Sigourney Weaver. After 57 years in hyper space, Ripley returns to the planet where she first encountered the deadly alien. (1986, 18, 154min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Alien³** Sci-fi thriller starring Sigourney Weaver, Charles Dance and Charles S Dutton. (1992, 15, 115min) ★★★
1.45 AM **Alien Resurrection** Sci-fi horror thriller starring Sigourney Weaver, Winona Ryder and Dominique Pinon. (1997, 15, 110min) ★★★★
3.45 **AVP: Alien Vs Predator** As shown at 3.15pm.
5.30 **to 6.00** AM **The Lego Movie 2: Special**

Sky Select

311 311 852 | 442 412 | 510

6.35 AM **To Kill a Mockingbird** Classic drama. (1962, b/w, PG, 129min) ★★★★★
8.45 **120 BPM** French drama. (2017, 15, 143min) ★★★★
11.10 **Inside Man** Crime drama. (2006, 15, 129min) ★★★★★
1.25 PM **The Quiet Man** Drama. (1952, U, 129min) ★★★
3.40 **Far and Away** Romantic epic. (1992, 15, 140min) ★★
6.05 **Kissing Candice** Irish drama. (2017, 15, 108min) ★★★



11.45 Carlito's Way

8.00 Unsane Horror starring Claire Foy and Joshua Leonard. A woman is committed to a psychiatric institute, where she is confronted by her greatest fear. (2018, 15, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

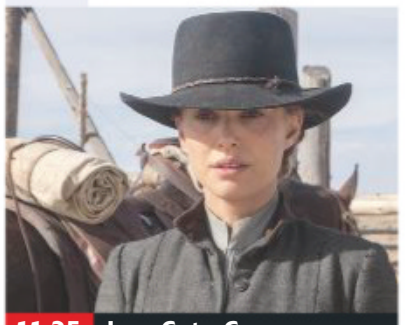
9.45 Leave No Trace Drama starring Ben Foster. A father and his daughter's ideal existence is ruined by a mistake that changes their lives forever. (2018, 12, 109min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Carlito's Way** Brian De Palma's crime thriller starring Al Pacino and Sean Penn. (1993, 18, 145min) ★★★★
2.20 AM **The Shining** Stanley Kubrick's chilling adaptation of the Stephen King bestseller, starring Jack Nicholson. (1980, 15, 119min) ★★★★★
4.30 **to 8.15** AM **Lawrence of Arabia** Epic biopic starring Peter O'Toole. (1962, PG, 221min) ★★★★★

Film4

313 313 853 | 428 429 | 15 | 300

■ **Films start at 11.00am**
11.00 AM **Song of the Sea** Animated fantasy. (2014, PG, 92min) ★★★
12.55 PM **Madagascar** Animation. (2005, U, 86min) ★★★
2.40 **The Spiderwick Chronicles** Children's fantasy adventure. (2008, PG, 91min) ★★★★
4.35 **Never Been Kissed** Romance. (1999, 12, 107min) ★★★
6.45 **Thor** *Marvel Comics'* fantasy. (2011, 12, 114min) ★★★



11.25 Jane Got a Gun

Thor (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Captain America: The First Avenger Action fantasy starring Chris Evans. A puny Brooklyn youngster tackles Nazi villains after an experimental serum turns him into a super-soldier during World War Two. (2011, 12, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.25 **Jane Got a Gun** Western starring Natalie Portman and Ewan McGregor. A rancher's wife turns to her former lover to help defend her children from a gang of outlaws. (2015, 15, 96min) ★★★
1.25 **to 3.45** AM **To the Wonder** Romantic drama with Ben Affleck and Rachel McAdams. (2012, 12, 110min) ★★

+1 hour 314 430 45 301

Sunday

8 PM | 9 PM | 10 PM | 11 PM

True Movies

319 | 424 | 62 | 303

6.00 AM **Little House on the Prairie**
7.00 **The Waltons** (S4)
11.00 **Magic Moments** Romantic drama. (1989, PG, 105min) ★★
1.00 PM **Jack Hunter and the Lost Treasure of Ugarit** Adventure.
3.00 **Jack Hunter: The Quest for Akhenaten's Tomb** Adventure.
5.00 **Jack Hunter: The Star of Heaven** Adventure starring Ivan Sergei and Joanne Kelly.

7.00 **Women of Valor** World War Two drama starring Susan Sarandon and Kristy McNichol. (1986, 15, 100min) ★★★
9.00 **To End All Wars** World War Two drama about the Allied prisoners of war who were conscripted by their Japanese captors to build the infamous Death Railway in Burma. Stars Robert Carlyle, Kiefer Sutherland, Ciaran McMenamin and Mark Strong. (2002, 15, 112min) ★★★★
11.20 **Hearts of War** World War Two drama starring Jonathan Scarfe, Nina Dobrev and Daryl Hannah. (2007, 15, 93min) ★★
1.00 AM **The Waltons** 2&3/24. (S7)
3.00 **to 6.00** AM **Little House on the Prairie**

+1 hour 320 303 304

Sony Movies

321 | 425 | 32 | 302

9.00 AM **A Deadly Obsession** Thriller. (2012, 12, 88min) ★★
10.50 **Last Chance Cafe** (2006) ★★
12.40 PM **Zoom: Academy for Superheroes** Sci-fi adventure. (2006, PG, 88min) ★★
2.30 **Charlie's Angels: Full Throttle** Action comedy thriller sequel. (2003, 12, 106min) ★
4.45 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★

7.05 **Reign of Fire** Sci-fi fantasy adventure with Christian Bale and Matthew McConaughey. In the year 2020, a British resistance leader and an American military commander team up to save the world from fire-breathing dragons. (2002, 12, 102min) ★★★
9.00 **Unbreakable** Supernatural thriller with Bruce Willis, Samuel L Jackson and Robin Wright Penn. (2000, 12, 107min) ★★★
11.20 **Legion** Action fantasy thriller. (2010, 15, 100min) ★★★
1.15 AM **21 Grams** Melodrama. (2003, 15, 124min) ★★★★
3.45 **to 6.00** AM **Jackie Chan's Who Am I?** Martial arts thriller. (1998, 12, 108min) ★★★

+1 hour 322 50

Movies 24

325 | 419 | 513

7.00 AM **I Married Who?** (2012) ★★
9.00 **My Summer Prince** Romantic comedy. (2016, PG, 84min) ★★
11.00 **Christmas in Angel Falls** Romance. (2017, U, 84min) ★★
1.00 PM **Unleashing Mr Darcy** Drama. (2016, PG, 120min) ★★
3.00 **NEW SERIES Chesapeake Shores** 1&2/10. Drama. (S3)
5.00 **Mystery 101** Crime drama. (2019, PG, 120min) ★★

7.00 **All of My Heart: The Wedding** Romantic drama starring Lacey Chabert and Brennan Elliott. A couple planning their wedding face having to sell the inn where they fell in love. (2018, PG, 120min) ★★
9.00 **All for Love** Romantic comedy starring Sara Rue and Steve Bacic. A novelist researching her latest book develops feelings for the Navy man she is studying. (2017, PG, 83min) ★★
11.00 **Love at Sea** Romantic drama. (2018, PG, 90min) ★★
1.00 AM **Hometown Hero** Romantic drama. (2016, PG, 90min) ★★
3.00 **to 5.00** AM **Harvest Love** Romantic drama starring Jen Lilley. (2017, PG, 84min) ★★

+1 hour 326 420

Movies4Men

323 | 426 | 48 | 305

6.00 AM **Operation Dames** (1959)
7.35 **Submarine Raider** (1942) ★★
9.05 **Lost Command** (1966, 15) ★★
11.45 **Tank Commandos** Action drama. (1959, b/w, PG, 81min) ★★
1.25 PM **Operation Cross Eagles** Drama. (1969, PG, 90min) ★★
3.10 **Commandos Strike at Dawn** War drama. (1943, b/w, PG) ★★
5.15 **Mosquito Squadron** War drama. (1968, U, 90min) ★★

7.05 **Pathfinders: In the Company of Strangers** World War Two adventure starring Christopher Serrone, Michael Conner Humphries and Philip De Lorenzo. In 1944, a group of American paratroopers undertake a deadly secret mission. (2011, 12, 97min) ★★
9.00 **Operation Dunkirk** World War Two action adventure starring Ifan Meredith and Kimberley Hews. (2017, 15, 96min) ★★
11.05 **Diamond Dogs** Action adventure with Dolph Lundgren. (2007, 15, 94min) ★★
12.55 AM **Phantom** Cold War action drama. (2013, 15, 94min) ★★
2.55 **to 4.00** AM **Future Combat Aircraft**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.00 PM **Happy Feet Two** *ITV2* ★★★
6.10 **The Karate Kid** *Comedy Central* Martial arts family drama. ★★★
6.40 **Rio Lobo** *5Spike* (HD) ★★★
6.40 **Sommersby** *Paramount* ★★★
6.50 **Star Trek VI: The Undiscovered Country** *Syfy* Sci-fi. ★★★★
6.55 **Fair Game** *AMC* ★★★★
8.00 **Spectre** *ITV2* (HD) ★★★★
9.00 **Magic Mike XXL** *Channel 5* Drama sequel starring Channing Tatum. (HD) ★★
9.00 **3 Days to Kill** *5Spike* ★★★
9.00 **50 First Dates** *5STAR* ★★★
9.00 **Role Models** *Comedy Central* Comedy. (HD) ★★★★
9.00 **Safe** *Syfy* Action thriller. ★★★
9.00 **Who Killed JonBenet?** *Lifetime* Fact-based drama. (HD) ★★
9.00 **The Mothman Prophecies** *Paramount Network* (HD) ★★★
9.45 **Ali** *ITV4* Biopic. (HD) ★★★★
11.00 **Four Rooms** *AMC* ★★
11.00 **Cruel Intentions 3** *5STAR* ★
11.00 **Final Recall** *Syfy* Sci-fi thriller. ★
11.20 **Hansel & Gretel: Witch Hunters** *Channel 5* (HD) ★★★
11.20 **Ghosts of Mars** *5Spike* ★★★
11.20 **Dead Rising: Watchtower** *Paramount Network* (HD) ★★

Sunday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

5.05 AM **LIVE Formula 1** The Australian Grand Prix: Coverage of the opening round of the 2019 season. Start-time **5.10am**. *See feature, page 26*
8.00 **Formula 1** The Australian GP.
10.00 **LIVE European Tour Golf** The final day of the Kenya Open from the Karen Country Club in Nairobi.
12.00 NOON **LIVE SPFL Dundee v Celtic.** Coverage of the Scottish Premiership encounter from Dens Park. Kick-off **12.30pm**.
2.00 PM **LIVE Renault Super Sunday Fulham v Liverpool.** At Craven Cottage. Kick-off **2.15pm**.
4.15 **LIVE Renault Super Sunday Everton v Chelsea.** Coverage of the Premier League clash from Goodison Park. Kick-off **4.30pm**.
7.00 **LIVE PGA Tour Golf** The final day of the Players Championship from TPC at Sawgrass in Florida.
10.00 **Formula 1** The Australian GP.
11.00 **LIVE Test Cricket New Zealand v Bangladesh.** Day three of the final Test of the series, held at Hagley Oval, Christchurch.
5.30 **to 6.00** AM **Best of England v New Zealand**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
8.30 **Premier League Best Goals**
9.30 **The Sunday Supplement**
11.00 **Goals on Sunday** As 8.30pm.
12.00 NOON **Premier League Highlights** Action from West Ham United v Huddersfield Town. **12.30** PM Burnley v Leicester City. **1.30** Bournemouth v Newcastle.
1.30 PM **LIVE Renault Super Sunday Fulham v Liverpool.** The Premier League clash from Craven Cottage. Kick-off **2.15pm**.
4.15 **LIVE Renault Super Sunday Everton v Chelsea.** Coverage of the Premier League clash from Goodison Park. Kick-off **4.30pm**.
7.00 **Gary Neville's Soccerbox**
8.30 **Goals on Sunday** A review of Saturday's football action.
10.00 **Premier League Highlights** Action from Fulham v Liverpool.
10.30 **Premier League Highlights** Action from Everton v Chelsea.
11.00 **Gary Neville's Soccerbox**
11.30 **Premier League Highlights**
12.30 AM **Gary Neville's Soccerbox**
1.00 **Premier League Highlights**
4.30 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **EFL Goals**
8.30 **EFL Greatest Games**
9.00 **EFL Goals: Leagues 1 & 2**
9.30 **The Sunday Supplement**
11.00 **EFL Goals: Championship**
12.00 NOON **LIVE SPFL Dundee v Celtic.** Kick-off **12.30pm**.
2.45 PM **One2Eleven**
3.00 **EFL Goals: Championship**
4.00 **EFL Goals: Leagues 1 & 2**
4.30 **EFL Greatest Games**
5.00 **Championship Season Review**
6.00 **EFL Goals: Championship**
7.00 **EFL Goals: Leagues 1 & 2**
7.30 **Football Years**
8.00 **EFL Greatest Games**
9.00 **MLS Greatest Games**
9.15 **LIVE MLS FC Cincinnati v Portland Timbers.**
11.20 **MLS Greatest Games**
11.30 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **Championship Season Review**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **Football's Greatest Players**
5.30 **to 6.00** AM **Football Years**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Best of England v India**
7.00 **Cricket's Greatest Games**
8.00 **Test Cricket** As 7.00pm.
9.00 **One-Day International Cricket**
10.00 **Best of England v India**
11.00 **Test Cricket** As 7.00pm.
12.00 NOON **One-Day International Cricket** As shown at 8.00pm.
1.00 PM **Test Cricket** As 7.00pm.
2.00 **One-Day International Cricket**
3.00 **Test Cricket** As 7.00pm.
4.00 **One-Day International Cricket**
5.00 **Test Cricket** As 7.00pm.
6.00 **One-Day International Cricket**
7.00 **Test Cricket** New Zealand v Bangladesh: Action from the second day of the third and final Test at Hagley Oval, Christchurch.
8.00 **One-Day International Cricket** South Africa v Sri Lanka: Action from the fifth and final one-day international in the series, held at Newlands in Cape Town.
9.00 **Test Cricket** As 7.00pm.
9.55 **LIVE Test Cricket New Zealand v Bangladesh.** Coverage of day three of the third and final Test in the series, held at Hagley Oval in Christchurch.
5.30 **to 6.00** AM **Best of England v New Zealand**

Sky Sports The Players

405 405 859 | 515 505

6.00 AM **British Masters Masterclass**
6.30 **Feherty Talks to Sergio Garcia & Cabrera Bello** As 10.00pm.
7.30 **PGA Tour Golf** Action from day three of the Players Championship.
9.30 **LIVE European Tour Golf** Coverage of the fourth and final day of the Kenya Open at the Karen Country Club in Nairobi, where the event is being held for the first time on the European Tour.
2.00 PM **Live from the Players** Preparations from TPC Sawgrass in Florida as the players gear up for the final day of the event.
5.00 **LIVE PGA Tour Golf** Coverage of the fourth and final day's play of the Players Championship, a tournament widely regarded as the unofficial fifth Major, held at TPC at Sawgrass in Florida.
10.00 **Feherty Talks to Sergio Garcia & Cabrera Bello** The Spanish players chat to David Feherty.
11.00 **Feherty Talks to Ian Poulter** The Ryder Cup star chats to pundit David Feherty.
12.00 M'T **to 6.00** AM **The Players Championship Official Film** A look back at previous stagings of the prestigious tournament.

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **LIVE Hyundai A-League Wellington Phoenix v Western Sydney Wanderers.**
8.00 **LIVE Hyundai A-League Sydney FC v Melbourne City.**
10.00 **Europa League Highlights**
11.00 **Champions League Highlights**
12.00 NOON **Jaguar I-Pace eTrophy**
12.30 PM **Irish Rally Review**
1.00 **Mobil 1: The Grid**
1.30 **BT Sport Reload**
2.00 **The Outdoor Sports Show**
2.30 **LIVE Premiership Rugby Cup Northampton Saints v Saracens.** The final. Kick-off **3pm**.
5.30 **WTA All Access**
6.00 **The Outdoor Sports Show**
6.30 **No Filter Boxing**
7.00 **Unmatched** Documentary.
8.00 **LIVE WTA Tennis** Coverage of the final of the BNP Paribas Open.
10.30 **Premiership Rugby Cup**
12.00 M'T **LIVE Madden eSports** The Madden NFL Club Championship.
1.00 AM **WTA All Access**
1.30 **No Filter Boxing**
2.00 **BT Sport Reload**
2.30 **National League Highlights**
3.00 **World Poker Tour Series**
5.00 **to 6.00** AM **Fishing: On The Bank**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **LIVE Women's Hockey Australia v New Zealand.** From Sydney Olympic Park Hockey Centre. Push-back **6.00am**.
8.00 **Emirates FA Cup**
11.00 **Emirates FA Cup Tonight**
12.00 NOON **Emirates FA Cup Highlights** Quarter-final action.
12.30 PM **LIVE Bundesliga Bayer Leverkusen v Werder Bremen.** The German top-flight clash from the BayArena. Kick-off **12.30pm**.
2.30 **LIVE Bundesliga Eintracht Frankfurt v FC Nurnberg.** The top-flight clash at Commerzbank-Arena. Kick-off **2.30pm**.
4.30 **BT Sport Reload**
4.45 **LIVE Bundesliga Bayern Munich v FSV Mainz 05.** The German top-flight clash from the Allianz Arena. Kick-off **5.00pm**.
7.00 **Bundesliga: Rising Stars**
7.30 **BT Sport Reload**
7.45 **LIVE Ligue 1 Paris Saint-Germain v Marseille.** At Parc des Princes Kick-off **8pm**.
10.00 **Vanarama National League Highlights** Recent action.
10.30 **Bundesliga** Triple bill of action.
3.00 **to 6.00** AM **Hyundai A-League**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **No Filter Boxing**
6.30 **BT Sport Reload**
6.45 **Irish Rally Review**
7.15 **Jaguar I-Pace eTrophy Series**
7.45 **MotoGP Highlights**
8.45 **BT Sport Reload**
9.00 **Bundesliga**
11.30 **Ligue 1**
2.00 PM **LIVE Ligue 1: Reims v Nantes.** Coverage of the French clash at Stade Auguste-Delaune II. Kick-off **2.00pm**.
4.00 **LIVE Ligue 1: Bordeaux v Rennes.** Coverage of the French top-flight clash at Matmut Atlantique. Kick-off **4.00pm**.
6.00 **LIVE College Basketball** College basketball action from the Sun Belt Championship.
8.00 **Irish Rally Review** Highlights from the Limerick Forest Rally.
8.30 **Jaguar I-Pace eTrophy Series Highlights** From Hong Kong.
9.00 **UFC** Britain's Darren Till faces Jorge Masvidal in a welterweight showdown at London's O2 Arena.
12.00 M'T **Ligue 1**
4.30 AM **No Filter Boxing**
5.00 **The Outdoor Sports Show**
5.30 **to 6.00** AM **Bundesliga: Rising Stars**

Sky Sports Action

407 407 861 | 517 507

5.00 AM **LIVE ANZ Premiership Netball Steel v Tactix.**
6.45 **Great Sporting Moments**
8.00 **NFL: America's Game**
9.00 **Boxing Gold**
10.00 **Sporting Records**
11.00 **Rugby Greatest Games**
11.10 **Great Sporting Moments**
11.25 **LIVE Top 14 Rugby Union Clermont Auvergne v Pau.**
1.15 PM **Darts Gold**
1.30 **Sporting Records**
2.00 **Darts Gold**
2.30 **Boxing Gold**
3.30 **Darts Gold**
3.45 **LIVE Top 14 Rugby Union Toulouse v Lyon.**
5.35 **Rugby Greatest Games**
5.45 **NFL: America's Game**
6.45 **NBA GameTime**
7.15 **Super League & Boxing Gold**
8.00 **Show Jumping** Dutch Masters.
9.00 **NFL: America's Game**
10.00 **Show Jumping** Dutch Masters.
11.00 **NFL: A Football Life**
12.00 M'T **Show Jumping**
1.00 AM **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

5.00 AM **LIVE ANZ Premiership Netball Steel v Tactix.** From ILT Stadium Southland, Invercargill. Centre-pass **5.10am**.
6.45 **My Icon**
7.00 **Game Changers Special**
8.00 **Great Sporting Moments**
8.30 **Game Changers Special**
9.00 **Sporting Records**
9.30 **LIVE European Tour Golf** The final day of the Kenya Open from the Karen Country Club in Nairobi.
2.00 PM **LIVE Show Jumping** The Dutch Masters: Coverage of the Grand Slam of Show Jumping event from the Netherlands.
5.00 **Game Changers Special**
5.30 **Sporting Records**
6.00 **Game Changers Special**
6.30 **Sporting Records**
7.00 **Game Changers Special**
7.30 **Sporting Records**
8.00 **Game Changers Special**
8.30 **Sporting Records**
9.00 **MLS Greatest Games**
9.15 **LIVE MLS FC Cincinnati v Portland Timbers.**
11.20 **MLS Greatest Games**
11.30 **My Icon**
12.00 M'T **to 6.00** AM **Highlights**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **College Basketball**
1.15 PM **College Basketball** Action from the ACC Championship.
3.15 **College Basketball** Action from the Pac-12 Championship.
5.00 PM **LIVE College Basketball** College basketball action from the SEC Championship.
7.15 **LIVE College Basketball** College basketball action from the AAC Championship.
9.15 **BT Sport Reload**
9.30 **Special Olympics Abu Dhabi** Highlights of the 2019 Special Olympics from Abu Dhabi.
10.30 **Mobil 1: The Grid**
11.00 **College GameNight** A preview of college basketball's NCAA Division I men's basketball tournament, more commonly known as March Madness.
1.00 AM **X Games Aspen**
3.00 **X Games Aspen**
5.00 **to 6.00** AM **Special Olympics Abu Dhabi 2019**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.15 AM **Alpine Skiing**
8.15 **LIVE Alpine Skiing** World Cup coverage from Soldeu in Andorra.
10.15 **LIVE Cross-Country Skiing** Coverage from Falun in Sweden.
11.30 **LIVE Alpine Skiing** Further coverage from Soldeu in Andorra.
12.15 PM **LIVE Biathlon** Coverage from Ostersund, Sweden.
1.00 **Alpine Skiing**
1.30 **LIVE Cross-Country Skiing** Further coverage from Sweden.
2.45 **LIVE Biathlon** Further coverage from Ostersund, Sweden.
3.45 **LIVE Ski Jumping** World Cup coverage from Vikersund, Norway.
5.45 **Alpine Skiing** Highlights from Soldeu in Andorra.
7.45 **Biathlon** From Sweden.
8.45 **World Superbikes**
10.15 **Lindsey Vonn: Chasing History**
11.15 **Cycling: Paris-Nice**
12.15 AM **Cycling: Tour of Taiwan**
12.35 **to 1.00** AM **Eurosport News**

Eurosport 2

411 411 865 | 524 522 | 413 436

5.30 AM **LIVE World Superbikes** Race two of round two in Thailand.
10.15 **World Superbikes**
10.45 **LIVE Nordic Combined Skiing** From Schonach, Germany.
12.00 NOON **LIVE Alpine Skiing** Coverage from Soldeu in Andorra.
1.00 PM **LIVE Cycling: Tirreno-Adriatico** Stage five.
3.45 **Cycling: Paris-Nice**
4.45 **World Superbikes**
6.00 **Snooker: Gibraltar Open**
6.45 **LIVE Snooker: Gibraltar Open** Coverage of the final.
9.00 **Cycling: Paris-Nice** Stage eight.
10.00 **Cycling: Tirreno-Adriatico**
11.00 **Cycling: Tour of Taiwan**
11.15 **World Superbikes**
12.15 AM **Cycling: Paris-Nice**
1.00 **Cycling: Tirreno-Adriatico**
2.00 **Ski Jumping** From Norway.
3.30 **Biathlon** Action from Sweden.
4.30 **Lindsey Vonn: Chasing History**
5.30 **to 6.15** AM **World Superbikes**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **Rugby Greatest Games**
7.05 **LIVE NRL Gold Coast Titans v Canberra Raiders.**
8.55 **Rugby Greatest Games**
9.00 **WWE Smackdown Hlts**
10.00 **Sporting Greats**
11.00 **Super League Gold**
12.00 NOON **WWE Experience**
1.00 PM **WWE Raw Hlts**
2.00 **Rugby Greatest Games**
2.10 **Super League Gold**
2.55 **LIVE Super League**
5.00 **LIVE Championship Rugby League Toronto Wolfpack v Batley Bulldogs.**
7.00 **Super League Gold**
7.30 **LIVE NBA Milwaukee Bucks v Philadelphia 76ers.**
9.45 **Super League Gold**
10.00 **NBA: Atlanta @ Boston**
11.45 **NBA GameTime**
12.15 AM **WWE Raw Hlts**
1.15 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

5.05 AM **LIVE Formula 1** The Australian Grand Prix: Coverage of the opening round of the 2019 season in Melbourne. Start-time **5.10am**. *See feature, page26*
8.00 **Formula 1**
10.00 **Formula 1**
2.35 PM **Damon Drives The Lotus 49**
2.45 **Nico & Keke**
3.00 **Formula 1**
5.00 **Australian F1 GP Best Bits**
5.30 **The F1 Show**
6.00 **Formula 1**
9.00 **Australian F1 GP Best Bits**
9.30 **Nico & Keke**
9.45 **The Lotus 49 Story**
10.00 **Formula 1**
11.00 **Australian F1 GP Best Bits**
11.30 **Formula 1**
1.30 AM **Australian F1 GP Best Bits**
2.00 **Formula 1**
3.00 **Australian F1 GP Best Bits**
3.30 **Formula 1**
5.30 **to 6.00** AM **Australian F1 GP Best Bits**

Monday

18 March

Evening Planner

Factual

Food Unwrapped
C4 HD, 8.30pm
Kate Quilton tries to solve plastic pollution, while Jimmy Doherty finds out about Sri Lanka's coconut shortage

Entertainment

Harry's Heroes: The Full English
ITV HD, 9pm
Former England footballers get match fit for a game against the Germans

Drama

Proven Innocent
Universal HD, 9pm
A miscarriage-of-justice victim starts her own law firm overturning convictions, in a legal drama co-starring Kelsey Grammer

Documentary

The House of Extraordinary People
Channel 5 HD, 10pm
People with unusual appearances live together and share their experiences

SKY	EVENING TIME 7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 MasterChef	8.00 EastEnders	8.30 Britain's Most...	9.00 Warren	9.30 This Time with...	10.00 News; Local News	10.35 Fleabag
102 BBC2	7.00 The Chronicles...	7.30 Only Connect	8.00 University...	8.30 Mary Berry's...	9.00 The Choir: Our School by the Tower		10.00 Cunk on Britain	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 The Kyle Files	8.30 Coronation Street	9.00 Harry's Heroes: The Full English			10.30 News
104 CHANNEL 4	7.00 News		8.00 Dispatches	8.30 Food...	9.00 24 Hours in Police Custody		10.00 Cruises from Hell: Caught on Camera	
105 CHANNEL 5	7.00 Premiership...	7.30 Criminals...	8.00 Police Interceptors		9.00 Around the World by Train with Tony...		10.00 The House of Extraordinary People	
106 SKY ONE	7.00 The Simpsons		8.00 Supergirl		9.00 A League of Their Own		10.00 Karl Pilkington: The Moaning of Life	
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 A Stitch in Time	8.00 Coast Great Guides: Heart of...		9.00 Me, My Selfie and I with Ryan Gander		10.00 Silk Road: Drugs, Death and the...	
118 ITV2	7.00 You've Been Framed! Gold				9.00 Family Guy	9.30 American Dad!	10.00 Timewasters	10.30 Family Guy
136 MORE4	◂ 6.55 The Supervet		7.55 Grand Designs		9.00 Car SOS		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Speechless	8.00 Big Bang Theory	8.30 Young Sheldon	9.00 Celebs Go Dating		10.00 Baewatch: Parental Guidance	
107 SKY WITNESS	7.00 Firefighters		8.00 Criminal Minds				10.00 Blindspot	
108 SKY ATLANTIC	7.00 Blue Bloods		8.00 Deep Ocean Live: The Dive		9.00 Film: Warning: This Drug May Kill You			10.15 Last Week Tonight with...
110 GOLD	7.00 dinnerladies diaries		8.00 dinnerladies			9.20 Men Behaving Badly	10.00 Live at the Apollo	
111 DAVE	7.00 American Pickers		8.00 Sin City Motors		9.00 QI		10.00 Room 101	
119 ITV3	7.00 Murder, She Wrote		8.00 Endeavour				10.00 Scott & Bailey	
120 ITV4	◂ 6.55 The Chase		8.00 River Monsters		9.00 The Contender			10.15 Film: Rocky II
112 COMEDY CENTRAL	7.00 Friends				9.00 The Mick		10.00 Impractical...	10.30 Impractical...
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Merlin		9.00 Film: Replicant			
109 W	7.00 My Dream Home		8.00 American Housewife		9.00 One Born Every Minute			
113 UNIVERSAL	7.00 NCIS		8.00 Law & Order: Special Victims Unit		9.00 Proven Innocent		10.00 Chicago Med	
124 FOX	7.00 NCIS				9.00 The Walking Dead		10.00 Talking Dead	
122 SKY ARTS	7.00 Mystery of the Lost Paintings		8.00 Tate Britain's Great Art Walks		9.00 André Rieu: Dance the Night Away		10.00 Portrait Artist of the Year 2019	
Documentary								
125 DISCOVERY	7.00 Supertruckers		8.00 Fast N' Loud		9.00 Garage Rehab		10.00 American Chopper	
162 ANIMAL PLANET	7.00 Mexico: Earth's Festival of Life		8.00 Alaskan Bush People		9.00 Urban Predator: Lion on the Loose		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Nazi Megastructures: Battle Ready		9.00 Air Crash Investigation		10.00 Banged Up Abroad	
130 HISTORY	7.00 American Pickers		8.00 Pawn Stars		9.00 River Hunters		10.00 Ancient Assassins	
155 YESTERDAY	7.00 Impossible Engineering		8.00 Private Lives		9.00 Abandoned Engineering		10.00 The World at War	
166 EDEN	7.00 Russia From Above		8.00 Wonders of the Universe		9.00 Angry Planet		10.00 Life in the Undergrowth	
Films								
301 SKY PREMIERE	◂ 6.20 Josie		8.00 Deadpool 2				10.10 Mandy	
302 SKY HITS	◂ 5.45 Deadpool 2		8.00 Transformers: The Last Knight					
303 5 STAR MOVIES	◂ 5.45 The Prestige		8.00 Terminator 2: Judgment Day					10.35 Snatch
304 SKY DISNEY	◂ 6.30 Frankenweenie		8.00 The Hunchback of Notre Dame		9.40 The Hunchback of Notre Dame II			
305 SKY FAMILY	◂ 6.10 Night at the Museum 2		8.00 Despicable Me		9.40 Diary of a Wimpy Kid: The Long Haul			
306 SKY ACTION	◂ 5.30 The Amazing Spider-Man 2		8.00 Spider-Man: Homecoming					10.20 Fast & Furious 8
307 SKY COMEDY	◂ 5.40 Downsizing		8.00 Step Brothers				10.00 The House	
308 SKY THRILLER	7.00 American Made				9.00 Salt			
309 SKY DRAMA	◂ 5.50 The Zookeeper's Wife		8.00 Love, Simon				10.00 Flight	
310 SKY SCI-FI	7.00 Alien Resurrection				9.00 Alien: Covenant			
311 SKY SELECT	◂ 6.15 Bomb City		8.00 Layer Cake				10.00 Redoubtable	
313 FILM4	7.00 Taxi				9.00 Downfall			
315 TCM	◂ 6.40 The Searchers				9.00 Double Team			
Sport								
401 MAIN EVENT	◂ 6.45 Netball – Live	7.45 EFL – Live: Mansfield Town v Lincoln City: From One Call Stadium (Kick-off 7.45)					10.00 The Debate	
402 PREMIER LEAGUE	7.00 Premier League Years				9.00 Premier League Review		10.00 The Debate	
403 FOOTBALL	7.00 EFL Greatest...	7.30 EFL – Live: Mansfield Town v Lincoln City: From One Call Stadium (Kick-off 7.45)					10.00 SPFL...	10.30 Soccer AM...
404 CRICKET	7.00 The Ashes 2013 – Series Review				9.00 Test Cricket		9.55 Test Cricket – Live	
413 BT SPORT 1	◂ 6.30 Bundesliga...	7.30 Bundesliga 2 – Live: SSV Jahn Regensburg v SpVgg Greuther Furth (Kick-off 7.30)				9.30 BT Sport Films: One Day In May		
414 BT SPORT 2	7.00 WTA Tennis: Indian Wells				9.00 Fishing: On The Bank		10.00 FA Cup...	10.30 UEFA...

◂ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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Monday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)(HD)
9.15 **Crimewatch Roadshow Live** In south-east England. (S)(HD)
10.00 **Homes Under the Hammer** Property show. (S)(R)(HD)(AD)
11.00 **Good Morning Dagenham** (S)(HD)
11.45 **Dom on the Spot** (S)(HD)
12.15 PM **Bargain Hunt** (S)(HD)(AD)
1.00 **BBC News** (S)(HD)
1.30 **Local News** (S)
1.45 **Doctors** Ayesha and Al tackle a challenging case. (S)(HD)(AD)
2.15 **Shakespeare & Hathaway – Private Investigators** (S)(R)(HD)
3.00 **Escape to the Country** House-hunting in Cambridgeshire. (S)(HD)
3.45 **Money for Nothing** (S)(HD)
4.30 **Flog It!** From Suffolk. (S)(R)(HD)
5.15 **Pointless** Quiz show. (S)(R)(HD)
6.00 **BBC News** (S)(HD)
6.30 **Local News** (S)

9.00 Warren

7 PM

7.00 **The One Show** Matt Baker and Alex Jones host the topical show. (S)(HD)
7.30 **MasterChef** The five cooks on the losing team compete for a place in the semi-finals. (S)(HD)(AD)
■ Continues on Wednesday

8 PM

8.00 **EastEnders** Stacey tells Ruby not to give up on Jay. (S)(HD)(AD)
8.30 **Britain's Most Controversial Landlord – Panorama** Richard Bilton meets property mogul Fergus Wilson. (S)(HD)

9 PM

9.00 **Warren** 4/6. Danny confides in Warren that he is in love with a girl from school. (S1) (S)(HD)(AD)
9.30 **This Time with Alan Partridge** 4/6. Alan meets his celebrity lookalike. (S1) (S)(HD)(AD)

10 PM

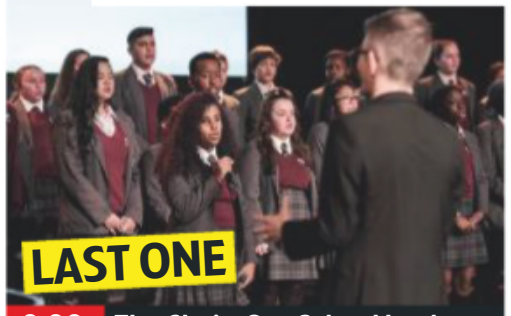
10.00 **BBC News** (S)(HD)
10.25 **Local News** (S)
10.35 **Fleabag** 3/6. A chance meeting with a stranger is an eye-opener. Guest stars Kristen Scott Thomas. (S2) (S)(HD)(AD)

11.00 **Jerk** 3/4. After a series of online dating disasters, Tim hits it off with a fellow art student. (S1) (S)(HD)
11.20 **Have I Got a Bit More Old News for You** Frank Skinner hosts, with guests Lucy Prebble and Henning Wehn. (S)(R)(HD)
12.05 AM **FILM Keeping Rosy** Thriller starring Maxine Peake. (S)(HD) (2014, 15, 85min) ★★★
1.30 **Weather for the Week Ahead** Seven-day forecast. (S)(HD)
1.35 **to 6.00** AM **BBC News** (S)(HD)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **Good Morning Dagenham** (R)
6.45 **Money for Nothing** (S)(R)(HD)
7.30 **Sign Zone: Great British Menu** (R)
8.00 **Sign Zone: Great Canadian Railway Journeys** (S)(R)(AD)
8.30 **The Week in Parliament** (S)(HD)
9.00 **BBC News** (S)(HD)
10.00 **Victoria Derbyshire** (S)(HD)
11.00 **BBC Newsroom Live** (S)(HD)
12.15 PM **Politics Live** (S)(HD)
1.00 **Women's Six Nations Highlights**
1.30 **Caribbean with Simon Reeve** (R)
2.30 **Coast** Sea cliffs. (S)(R)(HD)
3.15 **Pubs That Built Britain** (S)(R)(HD)
4.15 **Atlantic: The Wildest Ocean on Earth** (S)(R)(HD)(HD)
5.15 **Put Your Money Where Your Mouth Is** (S)(R)(HD)
6.00 **Eggheads** Quiz show. (S)(HD)
6.30 **Great Continental Railway Journeys** (S)(R)(HD)



9.00 The Choir: Our School by the...

7.00 **NEW SERIES The Chronicles of Mourne** Documentary following a year in the life of the area. (S)(HD)
7.30 **Only Connect** The Durhamites take on the Poptimists in the second quarter-final. (S)(HD)

8.00 **University Challenge** Jeremy Paxman asks the questions as the quarter-final matches continue. (S)(HD)
8.30 **Mary Berry's Quick Cooking** 2/6. Mary enlists Rick Astley to help make some speedy cheesy muffins. (S)(HD)(AD)

9.00 **The Choir: Our School by the Tower** **SERIES FINALE** 2/2. Staff and pupils are back in their building after more than a year away at a temporary site and begin to focus on the homecoming concert. (S)(HD)(AD)

10.00 **Cunk on Britain** 5/5. Philomena finds herself in Brexit Britain. (S)(R)(HD)(AD)
10.30 **Newsnight** (S)(HD)

11.10 **Weather** (S)(HD)
11.15 **Heart Transplant: A Chance to Live** Documentary following seven patients in desperate need of a new heart. (S)(R)(HD)(AD)
12.45 AM **Sign Zone: Celebrity Apprentice for Comic Relief** 1/2. Two teams of famous faces are asked to host a cabaret night. (R)
1.45 **Sign Zone: The Real Marigold on Tour** 4/4. In Mexico. (S)(R)(AD)
2.45 **Sign Zone: Countryfile** (S)(R)
3.40 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** John Barnes and David Seaman discuss being part of *Harry's Heroes: The Full English*. (S)(HD)
8.30 **Lorraine** (S)(HD)
9.25 **The Jeremy Kyle Show** (S)(HD)
10.30 **This Morning** (S)(HD)
12.30 PM **Loose Women** (S)(HD)
1.30 **ITV News** (S)(HD)
1.55 **Local News** (S)(HD)
2.00 **Judge Rinder** Criminal barrister Robert Rinder takes on real cases in a studio courtroom. (S)(HD)
3.00 **Tenable** A family from Swansea try to win a cash prize. (S)(R)(HD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(HD)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(HD)
6.00 **Local News** (S)(HD)
6.30 **ITV News** (S)(HD)

7.00 Emmerdale

7.00 **Emmerdale** Kim finds herself with a new opponent. (S)(HD)(AD)
7.30 **Coronation Street** Carla is shocked to learn Peter has bought a new boat and is leaving today. (S)(HD)(AD)

8.00 **The Kyle Files** 3/6. Jeremy Kyle investigates people's relationship with alcohol. (S)(HD)(AD)
8.30 **Coronation Street** The staff barricade themselves in the factory. (S)(HD)(AD)

9.00 **NEW SERIES Harry's Heroes: The Full English** 1/2. Harry Redknapp and John Barnes take charge of a squad of former footballers, including David Seaman, Robbie Fowler, Matt Le Tissier, Chris Waddle, Mark Chamberlain, Paul Merson and Neil Ruddock, as they try to get back in shape and back on the pitch to take on a German team. *See feature, page 11* (S)(HD)
■ Concludes tomorrow
10.30 **ITV News** (S)(HD)

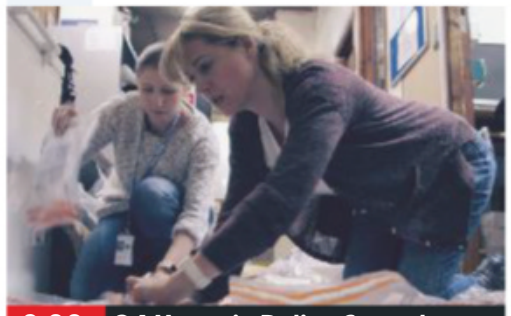
11.00 **Local News** (S)(HD)
11.15 **Out of Their Skin** 1/2. Ian Wright charts the inspiring rise of black footballers in Britain. (S)(R)(HD)
12.15 AM **Football's Foreign Legion** The story of pioneering foreign players and their legacy. (S)(R)(HD)(AD)
1.05 **Jackpot247** (HD)
3.00 **The Jeremy Kyle Show** (S)(SL)(R)
3.55 **ITV Nightscreen** (HD)
5.05 **to 6.00** AM **The Jeremy Kyle Show** Talk show. (S)(SL)(R)(HD)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Cheers** (S3) (S)(R)(HD)
7.45 **Frasier** Triple bill. (S3) (S)(R)(AD)
9.10 **Everybody Loves Raymond** (S)(R)
10.10 **Ramsay's Hotel Hell** A family-built inn in Oregon. (S)(R)(HD)(AD)
11.05 **Celebrity Undercover Boss USA** With Darius Rucker. (S)(R)(HD)
12.00 NOON **News** (S)(HD)
12.05 PM **Come Dine with Me** (S)(R)(HD)
1.05 **Find It, Fix It, Flog It** (S)(R)(HD)
2.10 **Countdown** (S)(HD)
3.00 **A Place in the Sun: Summer Sun** On the Costa del Sol. (S)(R)(HD)
4.00 **Escape to the Chateau: DIY** Two musicians want to start putting on foodie events. (S)(HD)
5.00 **Four in a Bed** (S)(HD)
5.30 **Come Dine with Me** (S)(HD)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Lily asks Prince for a divorce. (S)(HD)(AD)



9.00 24 Hours in Police Custody

7.00 **News** (S)(HD)

8.00 **NEW The Great Formula Milk Scandal: Dispatches** Kate Quilton investigates formula milk. (S)(HD)
8.30 **NEW SERIES Food Unwrapped** How Sri Lanka is coping with a coconut shortage. (S)(HD)

9.00 **24 Hours in Police Custody** Following an investigating officer in Bedfordshire Police's Internet Child Abuse Investigation Team on a case that takes her into an area of criminal behaviour she is new to. (S)(HD)(AD)
■ Repeated on Thursday

10.00 **Cruises from Hell: Caught on Camera** Footage of nautical nightmares as filmed and told by survivors, from cruise ships pounded by extreme weather to near-death experiences on board sinking vessels. (S)(R)(HD)

11.00 **60 Days on the Streets** 1/3. With Ed Stafford. (S)(R)(HD)(AD)
12.05 AM **Ramsay's Kitchen Nightmares USA** (S)(R)(HD)
12.55 **The Crystal Maze: Celebrity Special** (S)(R)(HD)(AD)
1.50 **The Big Narstie Show** (S)(R)(HD)
2.45 **Amazing Spaces** (S)(R)(HD)(AD)
3.40 **Inside Out Homes** (S)(R)(HD)
4.35 **Come Dine with Me** (S)(R)(HD)
5.30 **Kirstie's Fill Your House for Free**
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 13 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (HD) High Definition (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)(HD)
11.15 **Nightmare Tenants, Slum Landlords** (S)(R)(HD)
12.10 PM **News** (S)(HD)
12.15 **Can't Pay? We'll Take It Away!** A web of deceit. (S)(R)(HD)
1.10 **Access** Showbiz news. (S)(HD)
1.15 **Home and Away** (S)(HD)(AD)
1.45 **Neighbours** (S)(HD)(AD)
2.15 **FILM A Father's Guilty Secret** Thriller starring Willa Ford. (S)(HD) (2016, PG, 105min) ★★
4.00 **Friends** (S2) (S)(R)(HD)
5.00 **News** (S)(HD)
5.30 **Neighbours** Karl is rebuked by Clive. (S)(R)(HD)(AD)
6.00 **Home and Away** (S)(R)(AD)
6.30 **The Mystery of Missing People: A 5 News Tonight Special** (S)(HD)

9.00 Around the World by Train...

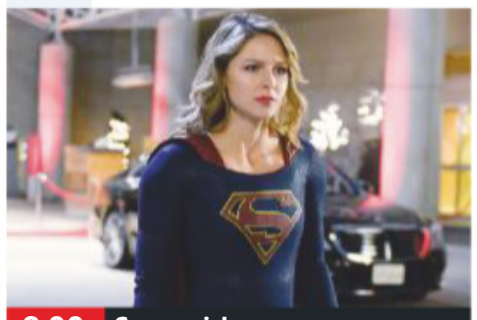
7.00 **Premiership Rugby Cup Highlights** Action from Northampton Saints v Saracens. (S)(HD)
7.30 **Criminals: Caught on Camera** Fighting crime. (S)(R)(HD)
8.00 **Police Interceptors** 2/16. Pursued by a helicopter and a team of armed response vehicles, two men armed with machetes and a shotgun make a dramatic escape on a motorbike. (S)(HD)
9.00 **Around the World by Train with Tony Robinson** 4/6. Tony travels across Australia, visiting an Outback farm where herding is done by helicopter and learning about the future facing the Great Barrier Reef. (S)(HD)
10.00 **NEW SERIES The House of Extraordinary People** 1/3. A group of strangers with unusual appearances live together for 10 days. *See feature, page 16* (S)(HD)
■ Continues tomorrow
11.05 **Benefits Britain: Life on the Dole** (S)(R)(HD)
12.05 AM **Grand Theft Auto: UK** (R)
1.00 **Teleshopping** (S)(HD)
3.00 **Access** Showbiz news. (S)(HD)
3.10 **HMS Victory: Nelson's Great Warship** (S)(R)(HD)
4.00 **Britain's Greatest Bridges** (S)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Divine Designs** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Animal House** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)(HD)
9.00 **Road Wars** (S)(R)(HD)
10.00 **Babylon 5** 21/22. (S4) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)(HD)
1.00 PM **Hawaii Five-0** 8&9/24. Double bill. (S1) (S)(R)(HD)
3.00 **Caught on Dashcam** (R)(HD)
4.00 **Modern Family** 14&15/22. Double bill. (S7) (S)(R)(HD)
5.00 **The Simpsons** (S)(R)(HD)
5.30 **Futurama** *The Late PhilipJ Fry:* The Professor invents a one-way time machine. (S)(R) **6.00** *That Darn Katz!* Earth is invaded by cats. (S)(R)(HD)
6.30 **The Simpsons** *Diatribe of a Mad Housewife:* Marge writes a novel and succeeds in getting it published. (S)(R)(HD)



8.00 Supergirl

7.00 **The Simpsons** *Margical History Tour:* Marge stimulates the children's interest in history. (S)(R)(HD) **7.30** *Milhouse Doesn't Live Here Anymore:* Milhouse moves to Capital City with his mother. (S)(R)(HD)
8.00 **Supergirl NEW EPISODE** *Menagerie:* 12/23. Kara helps J'onn on a case, but finds it is linked to Alex's investigation into Menagerie. Meanwhile, Lena shares some news with James. (S4) (S)(HD)
9.00 **A League of Their Own** Nick Grimshaw, Niall Horan and Kirsty Gallacher join host James Corden and regulars Jamie Redknapp, Andrew Flintoff and Jack Whitehall on the sports-based quiz. (S)(R)(HD)(AD)
10.00 **Karl Pilkington: The Moaning of Life** 3/5. Karl attempts to understand why people want children, including visits to a fertility festival in Japan and a natural birthing centre in Bali. (S)(R)(HD)(AD)
11.00 **SEAL Team** *Backwards in High Heels:* 11/22. (S2) (R)
12.00 M'T **The Late Late Show with James Corden: Best of the Week** (R)(HD)
1.00 AM **Motorway Patrol** (S)(R)
2.00 **Caught on Dashcam** (R)(HD)
3.00 **Arrow** 11/23. (S7) (R)(HD)
4.00 **Babylon 5** 19/22. (S4) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** 2/20. (S8) (S)(R)(HD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
No variations
WALES
Sky **952**, Virgin **864**, Freesat **964**
8.30-9.00pm X-Ray **11.20** Britain's Most Controversial Landlord – Panorama **11.50** Have I Got a Bit More Old News for You **12.35am FILM** Keeping Rosy (2014, 15) ★★★ **2.00** Weather for the Week Ahead **2.05-6.00am** BBC News
BBC1 North/North East/North West/ Yorkshire & Lincolnshire
Sky **956/955/958/957**, Freesat **966/956/955/967**
11.20pm-12.05am The Super League Show

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations
N. IRELAND
Sky **972**, Freesat **969**
1.00pm LIVE St Patrick's Day Schools' Cup Finals **4.45-5.15** Rugby Union: Women's Six Nations Highlights **10.00-10.30pm NEW** Fir Fáinne
WALES
Sky **971**, Freesat **971**
9.00-10.00pm NEW Wales: England's Colony? **11.15 NEW** Hymns and Arias **11.25 NEW** The Choir: Our School by the Tower **12.25-12.45am** Coast

ITV

As main ITV except:
WALES
11.15pm Sharp End **11.45** Out of Their Skin **12.40-1.05am** Australia with Julia Bradbury

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Becws **12.30** Côr Cymru 2019 **1.30** Ward Plant **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Cerys Matthews a'r Goeden Faled **3.30** Hela Geiriau **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Y Siambr **7.00** Heno **7.30** Pobol y Cwm **8.25** Helo Syrjeri **9.00** Newyddion 9 a'r Tywydd **9.30** Ffermio **10.00** Ceffylau Cymru **10.30-11.35pm** Iolo yn Rwsia

TV&Satellite week
New issue on sale tomorrow

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **A Stitch in Time** 4/6. Amber Butchart explores the life of Dido Belle.
8.00 **Coast Great Guides: Heart of England's South Coast** 7/8. England's coast from Brighton to Chesil.
9.00 **NEW Me, My Selfie and I with Ryan Gander** The conceptual artist investigates the selfie, discovering its roots go back hundreds of years before smartphones.
10.00 **Silk Road: Drugs, Death and the Dark Web** The hunt for the people behind an online black market in illegal drugs.
11.30 **FILM Our Little Sister** Drama starring Haruka Ayase. Subtitled. (2015, PG, 120min) ★★★★
1.30 AM **Big Sky, Big Dreams, Big Art: Made in the USA**
2.30 **Me, My Selfie and I with Ryan Gander**
3.30 **to 4.00** AM **A Stitch in Time**

MORE4

136 136 830 | 147 195 | 14 | 124

8.55 AM **Coast vs Country**
10.00 **A Place in the Sun: Winter Sun** Double bill.
12.05 PM **Location, Location, Location** Double bill.
2.15 **Come Dine with Me** Five parties in Harrogate.
4.55 **A Place in the Sun: Winter Sun** On Cyprus.
5.55 **The Secret Life of the Zoo** Black rhino Kitani is due to give birth at the zoo.
6.55 **The Supervet** Noel Fitzpatrick operates on a rabbit's broken leg.
7.55 **Grand Designs** Kevin McCloud follows the progress of a couple as they try to build the ultimate family home near York, inspired by a farm shed.
9.00 **Car SOS** Tim Shaw and Fuzz Townshend get help from actor James Nesbitt as they try to fix up a 1959 MG MGA sports car that has been kept in a damp barn for more than 40 years.
10.00 **24 Hours in A&E** A man is put in a medically induced coma following a motorcycle accident.
11.00 **8 Out of 10 Cats Does Countdown** With Bob Mortimer, Richard Osman and Matthew Crosby.
12.05 AM **Car SOS**
1.05 **24 Hours in A&E**
2.10 **The Good Fight**
3.10 **to 3.50** AM **8 Out of 10 Cats Uncut**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
7.10 **You've Been Framed!**
8.00 **Emmerdale**
8.25 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.20 **Superstore**
11.15 **You've Been Framed!**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.45 **The Ellen DeGeneres Show NEW EDITION**
2.35 **The Jeremy Kyle Show**
5.50 **Take Me Out** Dating show.
7.00 **You've Been Framed! Gold** A skateboarding mum. **7.30** Double bill of clips.
9.00 **Family Guy NEW EPISODE** *Hefty Shades of Gray:* Peter's hair turns white after a ghost-hunting adventure. (S17)
9.30 **American Dad!** *Casino Normale:* 11/22. Jay Leno falls into Roger's trap. (S13)
10.00 **Timewasters NEW EPISODE** 3/6. Victoria decides that it is time to marry off JJ. (S2)
10.30 **Family Guy** *Fast Times at Buddy CianciJr High:* 2/30. Chris develops a crush on his teacher. (S4)
11.00 **Family Guy** 15/22. (S3)
11.30 **American Dad!** 1/20. (S10)
11.55 **The Cleveland Show** (S1)
12.55 AM **Superstore** (S3)
1.50 **to 2.20** AM **Totally Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 28 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **Sabrina the Teenage Witch** Double bill.
9.00 **Melissa & Joey**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **The Goldbergs**
5.00 **Don't Tell the Bride**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks**
7.30 **Speechless NEW EPISODE** 6/23. Jimmy teaches Dylan how to deal with stress. (S1)
8.00 **The Big Bang Theory**
8.30 **Young Sheldon** (S2)
9.00 **Celebs Go Dating NEW EDITION** 17/20. Kerry Katona is persuaded to go on another date with Aaron.
10.00 **Baewatch: Parental Guidance NEW EDITION** Marlie and her partner Sam are watched by her mum.
11.05 **The Big Bang Theory**
12.00 M'T **Tattoo Fixers: Extreme** A sheep tattoo.
1.05 AM **Celebs Go Dating**
2.10 **First Dates**
3.00 **Baewatch: Parental Guidance** As 10.00pm.
3.55 **The Big Bang Theory**
4.35 **New Girl**
5.15 **to 6.00** AM **Rules of Engagement**

+1 hour 235 | 146 | 29 | 123

Monday primetime

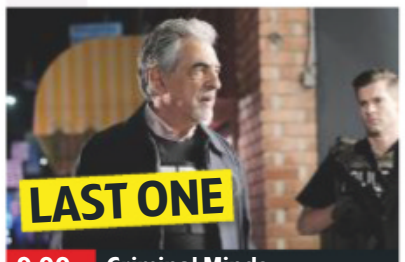
MONDAY Entertainment

Monday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Border Patrol**
8.00 **Canada's Front Line**
9.00 **Criminal Minds** 10/22. (S12)
10.00 **CSI** 5/24. (S7)
11.00 **Road Wars**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **Firefighters**
2.00 **Motorway Patrol**
3.00 **Road Wars**
4.00 **Nothing to Declare**
5.00 **Border Patrol**
6.00 **Canada's Front Line**



9.00 Criminal Minds

7 PM

7.00 Firefighters New recruits begin the training process. **7.30** The new recruits begin their breathing apparatus training.

8 PM

8.00 Criminal Minds *Wheels Up:* 1/22. The team race to take down Mr Scratch and save one of their own in the process. (S13)

9 PM

9.00 Criminal Minds SERIES FINALE *Truth or Dare:* 15/15. The agents head to LA to investigate a series of fatal shootings. (S14)

10 PM

10.00 Blindspot NEW EPISODE *The Big Blast from the Past:* 14/22. The agents delve into a case from their past. (S4)
11.00 Criminal Minds 5/23. The team investigate a rapist. (S2)
12.00 M'T **Britain's Most Evil Killers**
1.00 AM **The Good Doctor** (S2)
2.00 Brit Cops: War on Crime
3.00 Night Cops
4.00 Nothing to Declare
5.00 to 6.00 AM **Motorway Patrol**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The West Wing** (S1)
8.00 **NEW Deep Ocean Live: The Dive** From the Indian Ocean.
9.00 **House** 13&14/24. (S7)
11.00 **Without a Trace** 6/23. (S1)
12.00 NOON **Blue Bloods** (S8)
2.00 PM **The West Wing** (S1)
4.00 **House** 15/23. The team treat a teenager who has scars. **5.00** 16/23. The doctors perform open-heart surgery on a matador. (S7)
6.00 **CSI** 13/23. Grissom, Sara and Nick investigate an apparent electrocution at a casino. (S4)

10.15 Last Week Tonight...

7.00 Blue Bloods *School of Hard Knocks:* 14/22. Baez and Danny try to prevent an outbreak of violence in a high school. (S8)

8.00 Deep Ocean: The Dive Sky News broadcasts live from a submarine, 300 metres down in the Indian Ocean.

9.00 Warning: This Drug May Kill You A look at the devastating effects of addiction through the stories of four families.

10.15 Last Week Tonight with John Oliver NEW EDITION Talk show.
10.50 Real Time with Bill Maher Discussion.
12.00 M'T **The Miracle** 5/8. Tempers flare between Sole and Fabrizio. **1.05** AM 6/8. The mystery behind the weeping Madonna unravels. Subtitled. (S1)
2.10 Dexter 5/12. (S8)
3.15 Blue Bloods As 8.00pm.
4.10 to 6.00 AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310

7.10 AM **Sorry!**
8.20 **Goodnight Sweetheart**
9.40 **Last of the Summer Wine**
11.40 **Goodnight Sweetheart**
12.20 PM **2point4 Children**
1.00 **My Family**
1.40 **Are You Being Served?**
2.20 **Still Open All Hours**
3.40 **2point4 Children**
4.20 **Last of the Summer Wine**
6.20 **Are You Being Served?** The staff at Grace Brothers are up in arms when Mrs Slocombe is faced with the sack.

7.00 dinnerladies diaries

7.00 dinnerladies diaries Unseen footage of Victoria Wood and interviews with the cast as they reminisce about the show.

8.00 dinnerladies Work experience day leads to chaos in the canteen. **8.40** Tony considers asking Bren to join him on a trip to Marbella.

9.20 Men Behaving Badly Gary dedicates himself to nursing Dorothy back to health after an operation.

10.00 Live at the Apollo Danny Bhoy plays host at the Hammersmith Apollo, introducing sets by Miles Jupp and Lee Nelson.
11.00 Fawlty Towers First episode. **11.40** Basil tries to save money on building costs.
12.20 AM **Green Wing**
1.30 Live at the Apollo As 10pm.
2.25 Harry Hill's TV Burp
2.50 You Ain't Seen These, Right?
3.25 to 4.00 AM **Peep Show**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
8.00 **Murder, She Wrote**
9.00 **Judge Judy**
10.25 **On the Buses**
11.30 **Rising Damp**
12.05 PM **George and Mildred**
12.40 **Heartbeat** As 5.55pm.
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple**
5.55 **Heartbeat** *Rustlers and Hustlers:* Walker uncovers a series of horse thefts.

8.00 Endeavour

7.00 Murder, She Wrote *Shear Madness:* Jessica attends her cousin's wedding, but tragedy strikes when the groom is murdered.

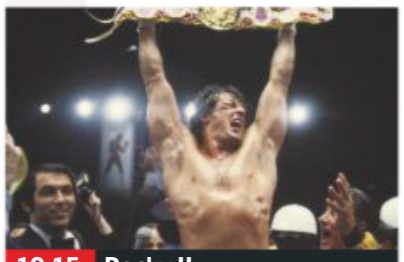
8.00 Endeavour *Prey:* The detective investigates the disappearance of a Dutch au pair and discovers a connection to an earlier unsolved case as conflict erupts between his fellow officers.

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **The Car Chasers**
6.25 **The Avengers**
7.15 **Kojak**
8.10 **Quincy ME**
9.15 **Minder**
10.20 **The Sweeney**
11.25 **The Professionals**
12.30 PM **The Avengers**
1.35 **Kojak**
2.40 **Quincy ME**
3.40 **Minder**
4.50 **The Professionals**
5.50 **The Sweeney** Regan and Carter trail stolen goods.


10.15 Rocky II

6.55 The Chase Four contestants work as a team to take on ruthless quiz genius The Chaser and secure a cash prize.

8.00 River Monsters Jeremy Wade heads to the West Indies to investigate a creature described as half-shark, half-octopus.

9.00 The Contender NEW EDITION 2/12. A fighter shares the teachings of his faith in order to help others find inner-peace.

10.15 FILM Rocky II Boxing drama sequel starring Sylvester Stallone. (1979, PG, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Car Crash Global: Caught on Camera** Featuring most extreme clips from Russia and Australia, the top five most overloaded vehicles, and the wildest clips involving cyclists.
1.45 to 2.40 AM **Lethal Weapon**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **60 Minute Makeover**
10.00 **The Biggest Loser USA**
1.00 PM **Animal 999**
2.00 **The Dog Whisperer**
3.00 **Stargate SG-1** (S3)
5.00 **A Town Called Eureka**
6.00 **Supergirl** 11/20. (S1)
7.00 **Stargate Atlantis** *The Return – Part Two:* 11/20. Jack O'Neill is taken prisoner. (S3)
8.00 **MacGyver** *Fence & Suitcase & Americium-241:* 12/22. An underworld criminal hires a master thief to steal a dirty bomb. (S3)
9.00 **Hawaii Five-0** (S9)
10.00 **NCIS: Los Angeles** (S10)
11.00 **Russell Howard Hour**
12.00 M'T **Supergirl** (S4)
1.00 AM **Criminal Minds**
2.00 **Blindspot** 14/22. (S4)
3.00 **The Force: North East**
4.00 **Duck Quacks Don't Echo** With Jimmy Carr.
5.00 **to 6.00** AM **Monkey Life**

Pick

152 123 11 144

7.00 AM **Stop, Search, Seize**
8.00 **Border Patrol**
9.00 **Road Wars**
10.00 **Police 10/7**
11.00 **My Kitchen Rules: Australia**
12.15 PM **Caught Red Handed**
1.00 **UK Border Force**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Police Force: Australia**
5.00 **Without a Trace** (S3)
6.00 **Stargate SG-1** (S8)
7.00 **Ghost Whisperer** (S5)
8.00 **Warehouse 13** (S2)
9.00 **Caught on Dashcam**
10.00 **Road Wars**
11.00 **Three Days to Live**
12.00 M'T **Police 10/7**
1.00 AM **The Force: Manchester**
2.00 **Road Wars**
3.00 **Shades of Blue** (S1)
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 12 157

7.10 AM **Projects**
8.00 **American Pickers: Best Of** Tricky excavations.
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
3.00 **Jay Leno's Garage**
4.00 **Sin City Motors**
5.00 **Top Gear** Double bill.
7.00 **American Pickers** Mike takes an epic Route 66 road trip in an antique convertible.
8.00 **Sin City Motors** A couple commission a build to celebrate their wedding anniversary.
9.00 **QI** With guests Liza Tarbuck, Susan Calman and Sandi Toksvig.
10.00 **Room 101** Double bill.
11.20 **Porters** 1/6. Comedy starring Ed Easton. (S2)
12.00 M'T **Have I Got a Bit More News for You**
1.00 AM **QI**
2.00 **to 4.00** AM **Asian Provocateur**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Fresh Prince of Bel Air** 21&22/24. (S3)
9.00 **The Middle** (S4)
10.00 **The Office (US)** (S9)
11.00 **Friends** (S8)
1.00 PM **Friends** (S8)
4.00 **Impractical Jokers**
5.00 **Friends** (S9)
9.00 **The Mick** 7&8/17. (S1)
10.00 **Impractical Jokers NEW EDITION** The guys pose as dental assistants doing and saying whatever the others tell them.
10.30 **Impractical Jokers: Inside Jokes NEW EDITION** A behind-the-scenes look at how the creepy voice changer was made for 'Devil Voices'.
11.00 **Lee Evans – Monsters**
12.00 M'T **Da Ali G Show**
1.10 AM **South Park**
3.25 **The Office (US)** (S9)
4.15 **to 5.00** AM **The Fresh Prince of Bel Air**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property NEW EDITION**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **The Millionaire Matchmaker**
2.15 **Million Dollar Listing: LA** James and David's exclusive dinner party takes an explosive turn.
3.10 **The Real Housewives of Orange County**
4.05 **The Real Housewives of Dallas** Reality series. **5.00 NEW EDITION**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **The Real Housewives of Orange County NEW EDITION** Gina's parents arrive from Long Island.
10.00 **Tanya's Extreme Therapies** Four editions.
11.45 **The Only Way Is Essex**
12.35 **to 12.55** AM **Chrisley Knows Best**

+1 hour 231 120 119

True Ent

179 189 61 142

6.00 AM **The Waltons** (S1)
7.00 **Little House on the Prairie** 15/24. (S1)
8.00 **Hamish Macbeth** (S2)
9.00 **Born and Bred** (S2)
10.00 **Due South** 7/26. (S3)
11.00 **Little House on the Prairie** 13&14/22. (S9)
1.00 PM **FILM Love Takes Wing** Western. (2009, PG, 88min) ★★★
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
5.00 **Hamish Macbeth** (S3)
6.00 **Born and Bred** (S2)
7.00 **M*A*S*H** (S4)
8.00 **Randall and Hopkirk (Deceased)**
9.00 **Taggart** *Cause to Kill:* Burke investigates a copycat killing. **10.30** *Do or Die:* An army recruit is killed.
12.00 M'T **FILM Her Own Rules** Drama. (1998, PG, 83min) ★★
2.00 **to 3.00** AM **The Avengers**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries** (S4)
9.00 **Rizzoli & Isles** 1/16. (S4)
10.00 **Rush** 13/22. (S2)
11.00 **Unforgettable** 5/22. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 6/13. (S1)
1.00 PM **Death in Paradise**
2.00 **Murdoch Mysteries** (S8)
4.00 **Rizzoli & Isles** 4/16. (S4)
5.00 **Rush** **NEW EPISODE** 18/22. Lawson finds out about Josh's relationship with Shannon. (S2)
6.00 **New Tricks** *Romans Ruined:* A Roman sword leads the team to a headless corpse.

9.00 Murdoch Mysteries

7.00 **Miss Fisher's Murder Mysteries** *Away with the Fairies:* 8/13. A popular author of fantasy stories is murdered. (S1)
8.00 **Murdoch Mysteries** *The Devil Inside:* 10/18. The detective apprehends a man who claims that the Devil is inside him. (S10)
9.00 **Murdoch Mysteries** **NEW EPISODE** *Pirates of the Great Lakes:* 10/18. Murdoch helps an Italian detective. (S12)
10.00 **Death in Paradise** 4/8. Dwayne receives a text message from beyond the grave after an old friend's funeral. (S5)
11.20 **New Tricks** *Last Man Standing – Part One:* Gerry is spooked by the discovery of UCOS's latest victim – a cop, whose body has lain untouched under a basement for 30 years.
12.40 AM **Murdoch Mysteries**
1.45 **to 4.00** AM **Quantico**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S5)
8.00 **Teleshopping**
11.00 **The Librarians** 6/10. (S3)
12.00 NOON **Merlin** 11/13. (S4)
1.00 PM **FILM** **Earthtastrophe** Sci-fi thriller with Paige Lauren Billiot. (2016, PG, 82min) ★★
3.00 **Buffy the Vampire Slayer**
5.00 **Star Trek: Voyager** 15/26. Paris attempts to break the Warp 10 barrier. (S2)
6.00 **Star Trek: The Next Generation** 1/26. A computer breakdown threatens the crew. (S3)

9.00 Replicant

7.00 **Star Trek: The Next Generation** *The Ensigns of Command:* 2/26. Data faces a race against time. (S3)
8.00 **Merlin** *A Herald of the New Age:* 10/13. The Camelot knights stumble across an eerie shrine deep in the forest. (S4)
9.00 **FILM** **Replicant** Sci-fi action thriller starring Jean-Claude Van Damme. In a chase to stop a serial killer before he claims his next victim, a cop reluctantly teams up with a clone of the murderer. (2001, 18, 96min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **FILM** **TimeCop** Sci-fi thriller with Jean-Claude Van Damme. (1994, 18, 94min) ★★★
1.10 AM **Merlin** As 8.00pm.
2.10 **The Librarians** 6/10. (S3)
3.10 **Dimension 404** 5/6. (S1)
4.00 **to 6.00** AM **Buffy the Vampire Slayer**

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **Supernanny**
7.00 **MasterChef Australia**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance at Christmas** Festive edition.
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home**
3.00 **Disaster DIY** **NEW EDITIONS** Double bill of the series.
4.00 **Extreme Makeover: Home Edition** A family whose house was ruined by water damage.
5.00 **Tipping Point** Double bill.

8.30 American Housewife

7.00 **My Dream Home** Drew and Jonathan Scott help Darren and Tory to find a spacious property in the suburbs.
8.00 **American Housewife** **NEW EPISODES** 17/24. **8.30** 18/24. Angela gets unexpectedly close to Chloe. (S2)
9.00 **One Born Every Minute** It is all hands on deck as Southmead Hospital's maternity ward reaches maximum capacity.
10.00 **One Born Every Minute** A woman has to choose whether her husband or her twin sister will be her birthing partner.
11.00 **Flack** 4/6. Robyn helps the founder of an organic cosmetics company. (S1)
12.00 M'T **The Shift: Women on the Force** 1/6. Documentary.
1.00 AM **Judge Faith**
1.25 **to 3.00** AM **Celebrity MasterChef**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Law & Order** (S8)
10.00 **Sea Patrol** 3/13. (S2)
11.00 **Private Eyes** 6/18. (S2)
12.00 NOON **Ransom** 3/13. (S2)
1.00 PM **Law & Order** (S8)
3.00 **CSI: Miami** 14&15/25. (S4)
5.00 **Major Crimes** 8/10. Lieutenant Tao questions his actions from an old investigation when the murder conviction is overturned years later. **6.00** 9/10. A bizarre turn of events leave Rusty wondering if he should have met up with his father in the first place. (S1)

9.00 Proven Innocent

7.00 **NCIS** *Corporal Punishment:* 10/19. The agents try to recapture a Marine who escaped from a psychiatric unit. (S5)
8.00 **Law & Order: Special Victims Unit** *Name:* 7/22. The remains of a missing boy are found in a playground. (S7)
9.00 **NEW SERIES** **Proven Innocent** *Pilot:* 1/13. Legal drama starring Rachelle Lefevre. *See feature, page12* (S1)
10.00 **Chicago Med** *Who Can You Trust:* 11/20. Halstead makes a controversial decision while treating a pregnant woman. (S4)
11.00 **Law & Order: Special Victims Unit** 23/23. Baby Noah's sex-trafficking father John Drake faces trial for his crimes. (S16)
12.00 M'T **Law & Order: Special Victims Unit** 1&2/23. (S3)
2.00 AM **Major Crimes** (S1)
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Bull** 18/23. (S1)
9.00 **Bones** 12/24. (S9)
10.00 **Monk** 8/16. (S4)
11.00 **NCIS** 18/24. (S11)
12.00 NOON **Bones** (S9)
2.00 PM **The Mentalist** 17/23. (S2)
3.00 **NCIS** 19/24. (S11)
4.00 **Monk** 9/16. (S4)
5.00 **Bones** 15/24. Booth looks into the murder of an heiress. (S9)
6.00 **The Mentalist** 18/23. The agents discover three dead bodies on a Native American reservation. (S2)

9.00 The Walking Dead

7.00 **NCIS** *Page Not Found:* 20/24. McGee's girlfriend Delilah makes a breakthrough in a controversial case.
8.00 **NCIS** *Alleged:* 21/24. The team investigate when the body of a navy officer is found on a rural road. (S11)
9.00 **The Walking Dead** **NEW EPISODE** *Scars:* 14/16. Eye-opening secrets from the past are revealed. (S9)
10.00 **Talking Dead** **NEW EDITION** Chris Hardwick presents a discussion on the latest episode of *The Walking Dead*.
11.00 **American Dad!** 3&4/22. Double bill of the series. (S12)
12.00 M'T **Family Guy** 22/22. (S3)
12.30 AM **Family Guy** 1/30. (S4)
1.00 **American Dad!** (S12)
2.00 **Brockmire** (S1)
3.00 **Family Guy** (S3)
4.00 **to 5.00** AM **American Dad!**

+1 hour 224 158

7 PM | **8 PM** | **9 PM** | **10 PM**

E!

123 123 834 | 156 | 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Revenge Body with Khloe Kardashian**
11.00 **Botched** Double bill.
1.00 PM **Keeping Up with the Kardashians**
3.00 **Rich Kids of Beverly Hills** Double bill.
4.00 **Total Bellas**
5.00 **Keeping Up with the Kardashians**
7.00 **Dating: No Filter**
8.00 **Botched** A woman whose breasts failed to develop properly. **9.00** A woman wants a breast reduction.
10.00 **Ladygang** **NEW EDITION**
10.30 **Nightly Pop** **NEW EDITION**
11.00 **Total Bellas** As 7.00pm.
12.00 M'T **Botched**
1.00 AM **Botched by Nature**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **Just Jillian**

Sky Arts

122 122 820 | 122 206

6.00 AM **Sons of Vienna**
6.25 **Lucia Di Lammermoor**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **Too Young to Die**
1.00 PM **Tales of the Unexpected**
2.00 **Warren Beatty: A Hollywood Obsession**
3.00 **Gene Tierney: A Forgotten Star**
4.00 **Buster Keaton: The Genius Crushed by Hollywood**
5.00 **Discovering**
7.00 **Mystery of the Lost Paintings**
8.00 **Tate Britain's Great Art Walks**
9.00 **Andre Rieu: Dance the Night Away**
10.00 **Portrait Artist of the Year 2019**
11.00 **Bafta: Life in Pictures**
12.00 M'T **Nat King Cole: Afraid of the Dark**
1.55 AM **Nureyev & Friends**
5.00 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Find It, Fix It, Flog It**
10.00 **Come Dine with Me**
12.00 NOON **A Place in the Sun: Summer Sun**
1.00 PM **A Place in the Sun: Winter Sun** On St Lucia.
2.00 **Everybody Loves Raymond** (S7)
3.00 **Frasier** (S3)
5.00 **Ramsay's Hotel Hell**
7.00 **Escape to the Chateau: DIY**
8.00 **George Clarke's Amazing Spaces**
9.00 **8 Out of 10 Cats Does Countdown** Lee Mack and Victoria Coren Mitchell take on Alan Carr and Dane Baptiste.
10.00 **Derry Girls** 2/6. (S2)
10.35 **Gogglebox**
11.35 **The Undateables**
12.40 AM **60 Days on the Streets** Documentary.
1.40 **24 Hours in Police Custody** Documentary.
2.45 **Secret Life of the Zoo**
3.50 **to 4.50** AM **The Supervet**

5USA

141/169 153 | 21 | 129

9.00 AM **CSI: NY** (S5)
10.40 **Longmire** (S4)
1.00 PM **Law & Order**
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S9)
7.05 **Law & Order** *Hunters:* 13/24. Briscoe and Curtis desperately hunt for a parolee's killer. (S9)
8.00 **NCIS** *A Bowl of Cherries:* 20/24. A vice-admiral becomes the target of a malicious hacker. (S14) **9.00** *Spinning Wheel:* 11/24. Ducky is attacked by a man who has information about his dead half-brother. (S13)
10.00 **Law & Order: Special Victims Unit** *Hothouse:* 12/22. A teenager's body is found in the Hudson River. (S10)
10.55 **Law & Order: Special Victims Unit** (S10&17)
12.55 AM **CSI: NY** (S6)
2.50 **Chicago Fire** (S2)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 | 30 | 131

8.00 AM **8 Simple Rules**
8.25 **Dance Moms**
10.05 **8 Simple Rules**
11.05 **Last Man Standing**
12.00 NOON **Two and a Half Men** 10&11/24. (S1)
1.00 PM **3rd Rock from the Sun** 9&10/24. (S4)
2.00 **Will & Grace** (S1)
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **My Wife and Kids**
5.00 **Fresh Off the Boat**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Last Man Standing**
8.00 **Rich Kids Go Skint**
9.00 **NEW** **Sex on the Streets**
10.00 **FILM** **Horrible Bosses 2** Comedy sequel starring Jason Bateman. (2014, 15, 104min) ★★
12.15 AM **8 Simple Rules**
1.10 **My Wife and Kids**
2.10 **Two and a Half Men**
3.05 **Last Man Standing**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 | 20 | 158

7.10 AM **Dickensian**
8.00 **Juliet Bravo**
9.00 **Pie in the Sky**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Bergerac**
3.25 **Lovejoy**
4.25 **Pie in the Sky**
5.30 **Birds of a Feather**
6.10 **Brush Strokes**
6.50 **Bread**
7.25 **Last of the Summer Wine** Foggy organises a trip to the seaside.
8.05 **Dalziel & Pascoe** *Wrong Time, Wrong Place:* Dalziel is accused of murder. Guest stars Michael French.
10.05 **New Tricks** *Diamond Geezers:* The team track vicious criminal Chopper Hadley. Guest stars Patrick Malahide.
11.25 **Waking the Dead**
1.35 AM **The Bill**
2.30 **to 4.00** AM **Mapp and Lucia**

MONDAY Entertainment & Lifestyle

Monday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **FILM Fair Game** (2010, 12) ★★★★
3.00 **Grey's Anatomy** (S3)
3.55 **Halt and Catch Fire** (S1)
4.50 **Star Files**
5.05 **FILM Killers** Comedy. (2010, 12, 96min) ★★
7.00 **Grey's Anatomy** (S3)
8.00 **Halt and Catch Fire** (S1)
9.00 **Ride with Norman Reedus NEW EDITION** Melissa McBride joins Norman on a quest to uncover the mysteries of her Scottish ancestors.
10.00 **James Cameron's Story of Science Fiction**
12.00 M'T **FILM The Painted Veil** Drama. (2006, 12, 124min) ★★★★
2.25 AM **Ride with Norman Reedus** As 9.00pm.
3.15 **Star Files**
3.30 **Grey's Anatomy** (S3)
4.20 **to 5.30** AM **Halt and Catch Fire**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S6)
10.00 **ER** 15/22. (S6)
11.00 **The District** (S1)
12.00 NOON **Judge Judy**
1.00 PM **Bonanza** (S6)
3.00 **Diagnosis Murder** (S2)
4.00 **Judge Judy**
6.00 **The Love Boat** (S5)
7.00 **CSI: Miami** *Money for Nothing:* 17/24. Horatio shoots a thief. (S2)
8.00 **Judge Judy**
9.00 **Medium** *Time Keeps on Slipping:* 20/22. Strange visions cause Ariel to skip 10 years into the future. (S6)
10.00 **CSI: Miami** *Wannabe:* 18/24. Speedle bonds with a forensics enthusiast. (S2)
11.00 **The Love Boat** (S5)
12.00 M'T **Judge Judy**
1.00 AM **ER** (S6)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **The District** (S1)
5.00 **to 6.00** AM **Diagnosis Murder**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Father Dowling Mysteries** (S2)
12.00 NOON **Scorpion** (S2)
1.00 PM **JAG** 21/24. (S8)
2.00 **CSI: Miami** 14/24. (S2)
3.00 **NCIS** 2/23. (S1)
4.00 **NCIS: Los Angeles** (S1)
5.00 **Father Dowling Mysteries** (S3)
6.00 **Diagnosis Murder** (S2)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *The Spider and the Fly:* 1/24. The team get close to tracking down a drug kingpin. (S8)
10.00 **NCIS: Los Angeles** *Callen, G:* 24/24. A member of a terrorist group is identified as being Callen's sister. (S1)
11.00 **Scorpion** 6/25. (S2)
12.00 M'T **CSI: Miami** (S2)
12.55 AM **NCIS** As 9.00pm.
1.50 **JAG** 20/24. (S8)
2.45 **Bonanza** 19/26. (S13)
3.40 **Walker, Texas Ranger**
4.25 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
10.00 **Airline**
11.00 **Bondi Rescue**
12.00 NOON **Medical Detectives**
1.00 PM **Judge Judy**
3.00 **Airline**
4.00 **Bondi Rescue**
5.00 **Judge Judy**
7.00 **Medical Detectives**
8.00 **Forensic Investigators**
9.00 **Ice Cold Killers**
10.00 **48 Hours: Mystery** A 15-year-old runaway who fell into the hands of a sex trafficking group.
11.00 **Wives with Knives** The case of Lori McLuckie.
12.00 M'T **Killer Cops**
1.00 AM **Ice Cold Killers**
2.00 **48 Hours: Mystery**
3.00 **I Survived**
3.45 **Celebrity Damage Control** Wesley Snipes.
4.30 **Dog and Beth: On the Hunt**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **The Price Is Right**
7.00 **Bruce's Price Is Right**
9.00 **The Chase**
10.00 **Family Fortunes**
11.00 **Supermarket Sweep**
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **All New Blockbusters**
1.30 **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **The Chase USA**
5.00 **Robot Wars Extreme**
6.00 **The Cube: Celebrity Special**
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **Bullseye**
12.00 M'T **The Chase**
3.00 AM **Who Wants to Be a Millionaire?**
4.00 **Bullseye**
4.30 **to 6.00** AM **Deal or No Deal**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Life in Pieces** (S1)
7.00 **Teleshopping**
9.00 **Friends** (S10&S1)
11.00 **Queer Eye**
12.00 NOON **Impractical Jokers** Triple bill.
2.00 PM **Wipeout USA**
3.00 **Takeshi's Castle**
4.00 **Queer Eye**
5.00 **Fresh Prince of Bel Air**
6.00 **Impractical Jokers**
8.00 **The Office (US)** (S9)
9.00 **FILM (500) Days of Summer** Comedy. (2009, 12) ★★★★
11.00 **South Park** (S4)
12.00 M'T **South Park** (S4)
12.25 AM **Good News**
1.05 **Russell Howard Live**
2.05 **8 Out of 10 Cats**
2.35 **Nathan for You**
3.00 **Drunk History**
3.25 **Another Period**
3.45 **Impractical Jokers UK**
4.10 **Bob's Burgers** (S7)
4.30 **Now That's Funny!**
5.15 **to 6.00** AM **Undateable**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Barefoot Contessa**
6.25 **Giada at Home**
7.15 **Guy's Big Bite**
8.05 **Farmhouse Rules**
9.00 **The Pioneer Woman**
11.00 **Ace of Cakes**
12.00 NOON **Cake Boss**
1.00 PM **Guy's Big Bite**
2.00 **Farmhouse Rules NEW EDITION**
3.00 **The Pioneer Woman**
5.00 **Jamie's Great Escape**
6.00 **Jamie's 15 Minute Meals** Double bill.
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins and Dives** Double bill.
9.00 **Cake Hunters NEW EDITIONS** Double bill.
10.00 **Diners, Drive-Ins and Dives** Double bill.
11.00 **Man Fire Food**
12.00 M'T **Diners, Drive-Ins and Dives** Double bill.
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Highlights**
8.00 **Home Comforts**
9.00 **NEW SERIES Gordon Ramsay's Ultimate Home Cooking**
10.00 **Everyday Gourmets**
11.00 **Rick Stein's India**
12.00 NOON **Hairy Bikers' Best of British**
1.00 PM **MasterChef: The Professionals**
2.00 **Home Comforts**
3.00 **Gordon's Ultimate Home Cooking**
4.00 **Rick Stein's India**
5.00 **Everyday Gourmets**
6.00 **Bikers' Best of British**
7.00 **Home Comforts**
8.00 **Gordon's Ultimate Home Cooking**
9.00 **Rick Stein's India**
10.00 **MasterChef: The Professionals**
11.00 **Michela's Tuscan Kitchen**
12.00 M'T **Home Comforts**
1.00 AM **Paul's Bread**
2.00 **to 6.10** AM **Highlights**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
8.00 **Police Patrol**
8.30 **Women on Patrol**
9.00 **Pawn Stars**
10.00 **Storage Wars**
11.00 **Judge Judy**
1.00 PM **Police Patrol**
1.30 **Women on Patrol**
2.00 **Zombie House Flipping**
3.00 **Judge Judy**
4.00 **Dance Moms**
5.00 **Police Patrol**
5.30 **Women on Patrol** The work of female law enforcement officers.
6.00 **Pawn Stars**
7.00 **Judge Judy**
9.00 **Zombie House Flipping** Justin's latest house flip hits a series of snags.
10.00 **Knightfall** 1/10. Partly-fictionalised historical drama starring Tom Cullen. (S1)
11.00 **Judge Judy**
12.00 M'T **Pawn Stars**
1.00 AM **Storage Wars**
2.00 **Zombie House Flipping**
3.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54

9.10 AM **Gilmore Girls**
11.05 **FILM Millionaire Mystery: The Ultimate Gift** (2006) ★★★
1.00 PM **Lost Letter Mysteries: From Paris with Love** Mystery.
2.50 **FILM Saved from Sorrow: Mysterious Grace** (2016) ★★
4.30 **FILM Lifetime of Lies** Mystery. (2016) ★★
6.20 **FILM Sex, Lies and Deception** (2018) ★★
8.00 **Grimm** 16/22. (S5)
9.00 **FILM Field of Dreams** Fantasy. (1989, PG, 106min) ★★★★★
11.10 **FILM The Fabulous Baker Boys** Comedy drama. (1989, 15, 108min) ★★★★
1.25 AM **The X-Files** (S3)
2.25 **Grimm** As 8.00pm.
3.10 **Arrow** (S1)
4.40 **Lip Sync Battle**
5.00 **Neighbours**
5.30 **to 6.00** AM **Home and Away**

Quest

144 144 866 172 217 37 167

6.00 AM **Total Fishing with Matt Hayes**
6.20 **Extreme Fisherman**
7.10 **World's Biggest Shipbuilders**
8.00 **Mighty Planes**
9.00 **Wheeler Dealers**
11.00 **Fantomworks**
12.00 NOON **Chasing Classic Cars** Double bill.
1.00 PM **Aussie Gold Hunters**
2.00 **Railroad Alaska**
3.00 **Salvage Hunters**
5.00 **Mighty Planes**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Outback Opal Hunters NEW EDITION**
10.00 **Deadliest Catch**
11.00 **How It's Made**
12.00 M'T **Wheeler Dealers**
1.00 AM **Fantomworks**
2.00 **Deadliest Drivers**
3.00 **Destroyed in Seconds**
4.00 **American Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **My Cat from Hell**
9.00 **Animal Cops Houston**
10.00 **Pit Bulls & Parolees**
11.00 **My 600lb Life**
12.00 NOON **Long Lost Family US**
1.00 PM **Salvage Hunters**
2.00 **Say Yes to the Dress**
4.00 **Say Yes to the Dress: Bridesmaids**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Say Yes to the Dress: Atlanta** Double bill.
10.00 **Sister Wives**
11.00 **FBI Case Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Phoenix**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Long Lost Family Australia**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Tipping Point**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea**
3.00 **Homes Under the Hammer**
4.00 **Most Haunted**
5.00 **Ghost Adventures**
6.00 **Antiques Road Trip**
7.00 **Celebrity Antiques Road Trip**
8.00 **Antiques Road Trip**
9.00 **Helicopter ER**
10.00 **Cops UK: Bodycam Squad**
11.00 **Helicopter ER**
12.00 M'T **Murder Made Me Famous**
1.00 AM **Born to Kill?**
2.00 **Teleshopping**
4.00 **to 6.00** AM **My Ghost Story: Caught on Camera**

Sony Crime

157 193 40 143

7.00 AM **The Glades** (S1)
8.00 **CSI** 1&2/22. (S11)
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **True Crime with Aphrodite Jones**
2.00 **#Murder**
3.00 **Bizarre Murders**
4.00 **Person of Interest** (S1)
5.00 **CSI** 1&2/22. (S11)
7.00 **Women on Death Row** Females facing the death penalty.
9.00 **Fatal Attraction** Police investigate the suspicious death of a man in his apartment.
10.00 **Bullied to Death: The Tragedy of Phoebe Prince** A Co Clare girl who hanged herself after being bullied.
11.00 **Deadly Women**
12.00 M'T **Killer Kids**
1.00 AM **Killer Kids**
2.00 **to 4.00** AM **Body of Evidence**

+1 hour 257 60

5SELECT

159 152 55 133

9.10 AM **87 Stone: Fat Chance of Work**
10.00 **Nightmare Tenants: Get Out of My House**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **5 Go Motorhoming**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Jane McDonald: BAFTA Winning Cruise**
10.00 **Ben Fogle: New Lives in the Wild**
11.00 **Eamonn & Ruth: How the Other Half Lives**
11.55 **Nightmare Tenants, Slum Landlords**
12.55 AM **My Million Pound Council House**
1.55 **The Cars That Made Britain Great**
2.50 **to 4.00** AM **Striking Out**

5Spike

150 154 31 141

9.00 AM **Criminals: Caught on Camera**
9.30 **The Virginian: Men from Shiloh** (S2)
11.05 **Police Interceptors**
12.05 PM **FILM The High and the Mighty** Aerial adventure. (1954, U, 147min) ★★★★
3.10 **FILM Apache** Western. (1954, U, 91min) ★★★
5.00 **The A-Team** (S1)
7.00 **Police Interceptors**
8.00 **Traffic Cops: Under Attack** Outnumbered cops face the prospect of a potential riot.
9.00 **FILM Hummingbird** Revenge thriller. (2013, 15, 98min) ★★★
11.05 **World's Scariest Plane Landings**
12.05 AM **Six** 1/8. (S1)
1.00 **Vikings** 1/9. (S1)
2.00 **to 3.00** AM **Nightmare Tenants, Slum Landlords**

+1 hour 250

True Crime

180 212 68 153

6.00 AM **Psychic Detectives**
10.00 **North Mission Road**
12.00 NOON **Suburban Secrets** Double bill.
1.00 PM **Bait Car: LA**
3.00 **Trace Evidence: Case Files of Dr Henry Lee**
4.00 **The Investigators**
6.00 **Suburban Secrets**
7.00 **North Mission Road** A woman is hit by a train in an apparent suicide. **7.30** A woman's mother and brother go missing, followed by the disappearance of her husband. **8.00** Documentary series following the work of the Los Angeles county coroner based at North Mission Road
9.00 **Suburban Secrets**
12.00 M'T **Suburban Secrets**
12.30 AM **Suburban Secrets**
1.00 **to 3.00** AM **The Investigators**

+1 hour 280 69

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes... Canada**
7.00 **Say Yes to the Dress**
8.00 **Say Yes... Atlanta**
9.00 **Say Yes... UK**
10.00 **Counting On**
12.00 NOON **90 Day Fiancé**
2.00 PM **Beachfront Bargain Hunt**
3.00 **Lottery Dream Home**
4.00 **Say Yes... Canada**
5.00 **Say Yes to the Dress**
6.00 **Say Yes... Atlanta**
7.00 **Counting On NEW EDITION** Josiah and Lauren have some tragic news to share.
8.00 **Say Yes... UK**
9.00 **I Am Jazz NEW EDITION**
10.00 **Dr Pimple Popper**
12.00 M'T **Say Yes... UK**
1.00 AM **I Am Jazz**
2.00 **Dr Pimple Popper**
4.00 **Beachfront Bargain Hunt**
5.00 **to 6.00** AM **My Lottery Dream Home**

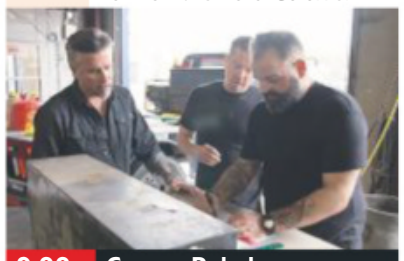
+1 hour 240 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Fast N' Loud**
7.00 **Wheeler Dealers**
8.00 **Gold Rush**
9.00 **Gold Divers**
10.00 **Supertruckers**
11.00 **Wheeler Dealers**
12.00 NOON **Mighty Ships**
1.00 PM **Combat Dealers**
2.00 **The Last Alaskans**
3.00 **Wheeler Dealers**
4.00 **Gold Divers**
5.00 **Gold Rush**
6.00 **Fast N' Loud** The crew work on the Ford Galaxie.



9.00 Garage Rehab

7.00 **Supertruckers** The Kings Heavy Haulage team move expensive cargo, beginning with two aircraft wings for Airbus.

8.00 **Fast N' Loud** Richard and the team discover that workers from a rival garage are attending a demolition derby.

9.00 **Garage Rehab NEW EDITION** Richard Rawlings and his team help to keep a 4x4 shop in Phoenix open.

10.00 **American Chopper NEW EDITION** Paul Teutul Senior and Junior return to build world-class custom motorcycles.

11.00 **Bad Chad Customs NEW EDITION**
12.00 M'T **Garage Rehab**
1.00 AM **Wheeler Dealers**
2.00 **American Chopper**
3.00 **Gold Divers**
3.50 **Garage Rehab**
4.40 **Gold Rush**
5.30 to 6.00 AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Crocodile Hunter**
7.00 **Pit Bulls & Parolees**
8.00 **Bear Country**
9.00 **Amanda to the Rescue**
10.00 **Crocodile Hunter**
11.00 **Big Cat Tales**
12.00 NOON **Wild Appalachia**
1.00 PM **Alaskan Bush People**
2.00 **Animal Cops Houston**
3.00 **Pit Bulls & Parolees**
4.00 **Africa's Trees of Life**
5.00 **Crocodile Hunter**
6.00 **How Sharks Hunt** The hunting approaches of tiger sharks and great whites.

9.00 Urban Predator: Lion on...

7.00 **Mexico: Earth's Festival of Life** A profile of the North American country, an ancient land full of diversity and mystery.

8.00 **Alaskan Bush People** Members of the Brown family share secrets about their lifestyle and reflect on the past year.

9.00 **Urban Predator: Lion on the Loose** Investigating reports that an African lion is stalking Milwaukee.

10.00 **Animal Cops Houston** An emergency mission in Galveston to try to save hundreds of trapped pets from Hurricane Ike.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Monsters Inside Me**
1.00 AM **Animal Cops Houston**
2.00 **Mexico: Earth's Festival of Life**
3.00 **Alaskan Bush People**
3.50 **Monsters Inside Me**
4.40 **Dark Days in Monkey City**
5.10 to 6.00 AM **Insane Pools: Off the Deep End**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **Fiennes: Return to the Nile** The end of the journey.
9.00 **Nazi Megastructures**
10.00 **Nazi Megastructures: America's War**
11.00 **Time Scanners**
12.00 NOON **Ancient X Files**
1.00 PM **Drain the Oceans**
2.00 **Primal Survivor** Hazen Audel takes a solo ocean voyage.
3.00 **Car SOS** Triple bill.
6.00 **Air Crash Investigation** Trying to find the cause of a collision between a passenger plane and a private aircraft.

8.00 Nazi Megastructures...

7.00 **Air Crash Investigation** Investigating Manx2 Flight 7100's crash while attempting to land at Cork Airport in 2011.

8.00 **Nazi Megastructures: Battle Ready NEW EDITION** The role of Panzers in Hitler's invasion of Poland and France.

9.00 **Air Crash Investigation NEW EDITION** A plane that crashed into a mountain with a Brazilian football team on board.

10.00 **Banged Up Abroad** The story of an opiate addict who tries to clear her debts by smuggling cocaine out of Panama.

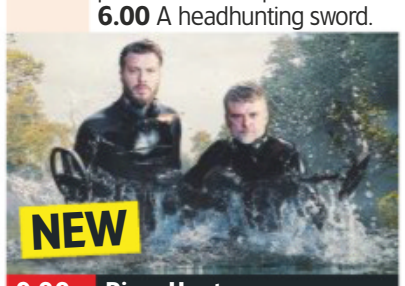
11.00 **Air Crash Investigation** The shocking reasons behind a devastating plane crash in Buenos Aires.
12.00 M'T **America's Hardest Prisons**
1.00 AM **Banged Up Abroad**
2.00 **Wicked Tuna**
3.00 **Mine Kings**
4.00 to 5.00 AM **Yukon Gold**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
9.00 **Storage Wars**
10.00 **Heavy Lifting**
11.00 **Mountain Men**
12.00 NOON **Forged in Fire**
1.00 PM **American Pickers**
2.00 **Pawn Stars**
3.00 **Storage Wars** Four editions of the series, including at: **4.30** The buyers head to West Covina in California.
5.00 **Forged in Fire** The judges pick past smiths to represent them. **6.00** A headhunting sword.



9.00 River Hunters

7.00 **American Pickers** In a Louisiana warehouse, Mike makes a move on Gypsy Grandma, the queen of arcade games.

8.00 **Pawn Stars NEW EDITIONS** Chum takes a look at an image projector. **8.30** A sword with an attached pistol.

9.00 **NEW SERIES River Hunters** Beau Ouimette and Rick Edwards search the UK's waterways for archaeological finds.

10.00 **Ancient Assassins** Examining the role of William Wallace when King Edward I invaded Scotland in 1296.

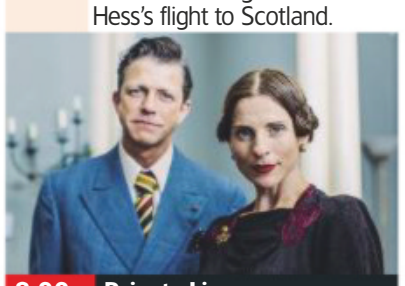
11.00 **Ancient Aliens** Extraterrestrial influences at the ancient site of Teotihuacan in Mexico.
12.00 M'T **Knight Fight** The battles of the Normans and the Saxons.
1.00 AM **Pawn Stars**
2.00 **Forged in Fire**
3.00 **Pawn Stars**
4.00 to 6.00 AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 19 159

6.00 AM **Raiders of the Lost Art**
7.10 **Brunel's Last Launch: A Time Team Special**
8.00 **Time Team**
10.00 **Secrets of the Bible**
11.00 **World War Weird**
12.00 NOON **Time Team**
2.00 PM **The Blue Planet**
3.00 **Operation Gold Rush with Dan Snow**
4.00 **Secrets of the Bible**
5.00 **World War Weird**
6.00 **Nazi Murder Mysteries** The theories relating to Rudolf Hess's flight to Scotland.



8.00 Private Lives

7.00 **Impossible Engineering** Constructing the Gotthard Base Tunnel in Switzerland, the longest rail tunnel in the world.

8.00 **Private Lives NEW EDITION** The private life of Edward VIII, uncovering the truth about his abdication of the throne.

9.00 **Abandoned Engineering** A set of World War Two sea defences built near the mouth of the River Thames.

10.00 **The World at War** How the myth of German invincibility was finally debunked by their defeat at the Battle of Stalingrad.

11.00 **The Two Ronnies** Vintage comedy, featuring the rhyming policemen sketch. **11.50** Another instalment of *Death Can Be Fatal*.
12.40 AM **The Dambusters' Great Escape: Secret History**
1.50 to 3.00 AM **Brunel's Last Launch: A Time Team Special**

+1 hour 255 200

Monday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 262

6.00 AM **Planes That Never Flew**
7.00 **Off the Rails**
9.00 **Future Weapons**
10.00 **Battlefield**
12.00 NOON **Planes That Never Flew**
1.00 PM **Off the Rails**
3.00 **Future Weapons**
4.00 **Battlefield**
6.00 **World War II in Colour**
7.00 **Cold War Armageddon**
8.00 **Edge of War** Argentina's invasion of the Falkland Islands in 1982.
9.00 **Cold War Armageddon**
10.00 **Blood Road Bomb Squad** The soldiers who deactivate bombs.
11.00 **World War II in Colour**
12.00 M'T **World War Two: The Complete History**
1.00 AM **Edge of War**
2.00 **Battlefield**
4.00 **Future Weapons**
5.00 to 6.00 AM **World War II in Colour**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Collar of Duty NEW EDITIONS**
10.00 **Animal Babies**
11.00 **Life in the Undergrowth**
12.00 NOON **NEW SERIES Russia From Above**
1.00 PM **Collar of Duty**
2.00 **Animal Babies**
3.00 **Wonders of the Universe**
4.00 **Collar of Duty**
5.00 **Animal Babies**
6.00 **Life in the Undergrowth**
7.00 **Russia From Above**
8.00 **Wonders of the Universe**
9.00 **Angry Planet**
10.00 **Life in the Undergrowth**
11.00 **Russia From Above**
12.00 M'T **Angry Planet**
1.00 AM **Wonders of the...**
2.00 **Animal Babies**
3.00 **Collar of Duty**
3.50 **Angry Planet**
4.40 **Wonders of the...**
5.30 to 6.00 AM **Angry Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Born in Africa**
11.00 **Monster Fish**
1.00 PM **Africa's Super Snake**
2.00 **Anaconda: Silent Killer**
3.00 **Rise of Snakezilla**
4.00 **Caught in the Act**
6.00 **Snakes in the City**
7.00 **Snakes in the City** Simon and Siouxsie find their lives on the line.
8.00 **Africa's Deadly Kingdoms NEW EDITION** The wildlife of South Africa's West Coast.
9.00 **Wild Gabon** Explorers go on a quest to protect the waters of the African country.
10.00 **Wild Namibia: Hyena Coast** Following scientist Ingrid Wiesel as she searches for missing brown hyena Tosca.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Monster Fish**
4.00 to 5.00 AM **Africa's Super Snake**

History 2

163 273 274 330 390

8.00 AM **Cities of the Underworld** Double bill.
10.00 **America's Book of Secrets** Scientology.
11.00 **Hangar 1: UFO Files**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Discoveries**
3.00 **Cities of the Underworld**
5.00 **Hunting Hitler**
6.00 **Hangar 1: UFO Files**
7.00 **Ancient Aliens** Theories that an ancient monolith represented an alien being.. **8.00** People who claim they met aliens while on the brink of death.
9.00 **Rome: Rise and Fall of an Empire** Spartacus's revolt against General Crassus's army.
10.00 **Barbarians Rising**
11.15 **Cities of the Underworld**
12.15 AM **Hangar 1: UFO Files**
1.15 **Ancient Aliens**
3.10 **Ancient Discoveries**
4.05 to 5.00 AM **Hunting Hitler**

PBS America

160 276 94 155

8.00 AM **Jet Set**
8.30 **Nuclear Nightmare: Inside the Cuban Missile Crisis**
10.15 **Secrets of the Colosseum**
11.30 **Africa's Great Civilisations**
12.50 PM **Nuclear Nightmare: Inside the Cuban Missile Crisis**
2.30 **Secrets of the Colosseum**
3.45 **Africa's Great Civilisations**
5.00 **Nuclear Nightmare: Inside the Cuban Missile Crisis**
6.40 **Secrets of the Colosseum**
7.50 **First Face of the Americas**
9.00 **Africa's Great Civilisations**
10.15 **Death or Freedom: The Jericho Jailbreak**
11.35 **First Face of the Americas**
12.50 to 2.00 AM **Africa's Great Civilisations**

CI

156 156 835 223 222 328 380

6.00 AM **Killer In Plain Sight**
7.00 **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **999: Killer on the Line**
12.00 NOON **Crimes That Shook Australia**
1.00 PM **Crimes That Shook Britain**
2.00 **Nightmare in Suburbia**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **999: Killer on the Line**
6.00 **Killer In Plain Sight**
7.00 **The First 48**
8.00 **Police Patrol**
9.00 **When Missing Turns To Murder NEW EDITION**
10.00 **Shallow Grave**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **When Missing Turns To Murder**
2.00 **Shallow Grave**
3.00 **Crimes That Shook Britain**
4.00 to 6.00 AM **Highlights**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

MONDAY Films

Monday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Patrick** As 2.15pm.
7.50 **Black Panther: Special**
8.20 **Blue Iguana** As 12.15am.
10.15 **PREMIERE Josie** As 6.20pm.
12.00 NOON **Deadpool 2** As 8pm.
2.15 PM **Patrick** Comedy. (2018, PG, 94min) ★★★
4.00 **The Lego Movie 2: Special**
4.30 **People You May Know** Comedy. (2017, 15) ★★★
6.20 **PREMIERE Josie** Drama. (2018, 15, 100min) ★★
See review, page19

6.20 Josie

8 PM 8.00 **Deadpool 2** Comedy starring Ryan Reynolds, Josh Brolin, Julian Dennison and Zazie Beetz. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM 10.10 **Mandy** Horror starring Nicolas Cage. The lives of a couple in a secluded forest are shattered by a cult and their demonic henchmen. (2018, 18, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

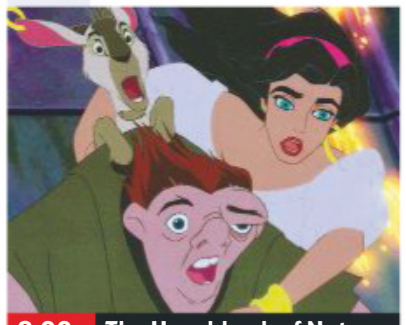
12.15 AM **Blue Iguana** Romantic comedy with Sam Rockwell. (2018, 15, 100min) ★★★
2.15 **The Butterfly Tree** Comedy drama. (2017, 15, 97min) ★★
4.05 **to 6.00** AM **Apostasy** Drama. (2017, PG, 95min) ★★★★

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.05 AM **Beauty and the Beast: Belle's Magical World** (1997)
7.20 **Cinderella II...** (2002) ★★
8.40 **Muppets Most Wanted**
10.40 **Frankenweenie** As 6.30pm.
12.10 PM **The Hunchback of Notre Dame** As 8.00pm.
1.50 **The Hunchback of Notre Dame II** As 9.40pm.
3.05 **Lou** Animation.
3.15 **Beauty and the Beast...**
4.30 **Muppets Most Wanted** (2014)
6.30 **Frankenweenie** (2012)


8.00 The Hunchback of Notre...

8.00 **The Hunchback of Notre Dame** Animated fantasy with the voice of Tom Hulce. A deformed bellringer helps a gypsy girl take sanctuary in medieval Paris. (1996, U, 91min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **The Hunchback of Notre Dame II** Animated adventure sequel. (2002, U, 63min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

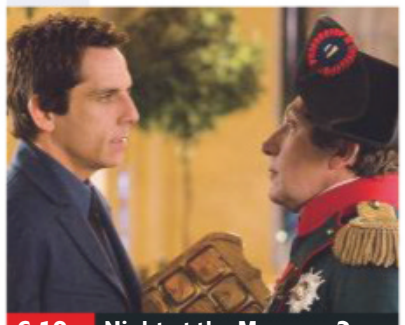
10.55 **Tron** Sci-fi thriller starring Jeff Bridges. (1982, PG, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **The Santa Clause 3: The Escape Clause** Comedy fantasy sequel starring Tim Allen and Martin Short. (2006, U, 92min) ★★★
2.30 **Million Dollar Duck** Fantasy comedy starring Dean Jones and Sandy Duncan. (1971, U, 92min) ★★
4.15 **to 6.00** AM **Tron** As 10.55pm.

Sky Family

305 305 846 436 406 505

6.40 AM **Dr Seuss' The Lorax**
8.10 **Despicable Me** As 8.00pm.
9.50 **Night at the Museum 2**
11.40 **Diary of a Wimpy Kid: The Long Haul** As 9.40pm.
1.20 PM **MouseHunt** As 11.15pm.
3.05 **Woody Woodpecker** Adventure. (2017, PG) ★
4.40 **Dr Seuss' The Lorax** Animated comedy adventure. (2012, U, 82min) ★★★
6.10 **Night at the Museum 2** Fantasy sequel. (2009) ★★★


6.10 Night at the Museum 2

8.00 **Despicable Me** Animated comedy with the voices of Steve Carell and Jason Segel. A criminal mastermind adopts three young girls as part of his plan to steal the moon. (2010, U, 94min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

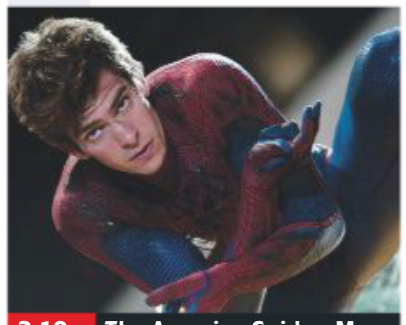
9.40 **Diary of a Wimpy Kid: The Long Haul** Comedy sequel starring Jason Drucker. A youngster hatches a plot to re-route a family road trip towards a videogame convention. (2017, U, 91min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **MouseHunt** Slapstick comedy starring Nathan Lane. (1997, PG, 98min) ★★★★
1.05 AM **Space Jam** Comedy. (1996, U, 87min) ★★★
2.45 **Against the Wild: The Great Elephant Adventure** Drama. (2017, PG, 90min) ★★
4.25 **to 6.10** AM **Cop and a Half: New Recruit** Adventure with Lou Diamond Phillips. (2017, PG, 97min) ★★

Sky Action

306 306 847 437 407 502

6.00 AM **Spider-Man: Homecoming** As 8.00pm.
8.20 **Spider-Man** Fantasy. (2002, 12, 121min) ★★★★
10.30 **Spider-Man 2** Fantasy sequel. (2004, PG, 127min) ★★★★
12.45 PM **Spider-Man 3** Fantasy. (2007, 12, 138min) ★★★
3.10 **The Amazing Spider-Man** Fantasy. (2012, 12) ★★★
5.30 **The Amazing Spider-Man 2** Action adventure sequel. (2014, 12, 142min) ★★★


3.10 The Amazing Spider-Man

8.00 **Spider-Man: Homecoming** Superhero adventure starring Tom Holland, Michael Keaton and Robert Downey Jr. Teenager Peter Parker, aka Spider-Man, must protect New York City from a menacing new villain, the Vulture. With Marisa Tomei. (2017, 12, 133min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

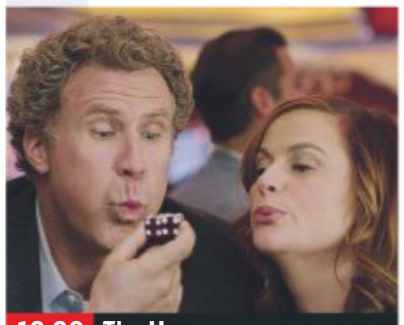
10.20 **Fast & Furious 8** Action thriller sequel starring Vin Diesel, Charlize Theron and Dwayne Johnson. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **Baby Driver** Action thriller starring Ansel Elgort and Kevin Spacey. (2017, 15, 112min) ★★★★
2.40 **Rambo** Action drama sequel starring Sylvester Stallone. (2008, 18, 92min) ★★★
4.15 **to 6.05** AM **Robin Hood** Adventure with Patrick Bergin. (1991, PG, 104min) ★★★

Sky Comedy

307 307 848 438 408 506

7.20 AM **A Little Something for Your Birthday** Comedy. (2017, 12, 94min) ★★★
9.05 **All About Steve** Comedy. (2009, 12, 94min) ★★
10.50 **Beetlejuice** Fantasy comedy. (1988, 15, 92min) ★★★★
12.30 PM **Step Brothers** As 8pm.
2.20 **The House** As 10.00pm.
3.55 **Pretty in Pink** Drama. (1986, 15, 99min) ★★★
5.40 **Downsizing** Sci-fi comedy. (2017, 15, 135min) ★★★


10.00 The House

8.00 **Step Brothers** Comedy starring Will Ferrell and John C Reilly. Two middle-aged unwilling stepbrothers learn that they must share a room after their single parents get married. With Richard Jenkins. (2008, 15, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The House** Comedy with Will Ferrell, Amy Poehler and Ryan Simpkins. (2017, 15, 88min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Talladega Nights: The Ballad of Ricky Bobby** Action comedy starring Will Ferrell. (2006, 15, 108min) ★★★
1.40 AM **Planes, Trains and Automobiles** Comedy starring Steve Martin and John Candy. (1987, 15, 92min) ★★★★
3.20 **All About the Money** Adventure starring Eddie Griffin. (2017, 15, 90min) ★
5.00 **to 6.50** AM **Roxanne** Comedy. (1987, PG, 102min) ★★★★

Sky Hits

302 302 843 433 403

7.15 AM **The Top Ten Show**
7.35 **Deadpool 2** As 5.45pm.
9.50 **Transformers: The Last Knight** As shown at 8.00pm.
12.40 PM **Blade Runner 2049** Sci-fi. (2017, 15, 164min) ★★★★★
3.25 **A Wrinkle in Time** Family fantasy. (2018, PG, 109min) ★★
5.25 **The Top Ten Show**
5.45 **Deadpool 2** Action comedy. (2018, 15, 119min) ★★★★

Sky 5 Star Movies

303 303 844 434 404 508

6.20 AM **The Prestige** As 5.45pm.
8.30 **Terminator 2: Judgment Day** Sci-fi thriller sequel, as 8.00pm.
11.05 **The Apartment** As 4.45am.
1.15 PM **Zulu** As shown at 12.25am.
3.35 **Dog Day Afternoon** Sidney Lumet's tragi-comic thriller. (1975, 15, 130min) ★★★★★
5.45 **The Prestige** Period mystery thriller starring Hugh Jackman. (2006, 12, 130min) ★★★★

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.20 **What Ever Happened to Baby Jane?** Drama. (1962) ★★★★★
10.05 **Al Capone** Gangster drama. (1959, 15, 109min) ★★★
12.15 PM **The Man from Galveston** Western. (1963, b/w, U) ★★
1.30 **Along Came Jones** Western. (1945, b/w, PG, 90min) ★★
3.20 **Fort Massacre** (1958) ★★

Talking Pictures

328 445 81 306

6.00 AM **The Plough and the Stars** Drama. (1936, b/w, PG) ★★
7.25 **Johnny Ringo** Western.
7.55 **No Way Back** (1949) ★★
9.25 **The Old Dark House** (1963) ★
11.10 **Circle of Danger** (1951) ★★
12.40 PM **Mrs Pym of Scotland Yard** Mystery. (1940, b/w, PG) ★★
2.00 **Edgar Wallace Mystery Theatre**
3.10 **The Day Will Dawn** Thriller. (1942, b/w, U, 98min) ★★★

Horror

317 149 70 138

8.00 AM **Land of the Giants**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 20/26. (S2)
11.00 **The Fly** Horror. (1958) ★★★★
12.50 PM **Horror Highlights**
1.00 **The Day of the Triffids** Sci-fi thriller. (1962, 12, 95min) ★★
3.00 **Andromeda** 16/22. (S1)
4.00 **Fire Serpent** (2007) ★★
5.50 **Horror Highlights**
6.00 **Star Trek** 21/26. (S2)

primetime

8.00 **Transformers: The Last Knight** Fantasy adventure starring Mark Wahlberg. Mechanic Cade Yeager continues his fight against the evil Decepticons in a battle which takes him to England. (2017, 12, 154min) ★★
10.40 **Insidious: The Last Key** Horror starring Lin Shaye. A parapsychologist returns to her family home to investigate supernatural disturbances. (2018, 15, 105min) ★★★
12.35 AM **CHIPS: Law and Disorder** Action comedy starring Dax Shepard and Michael Peña. (2017, 15, 100min) ★
2.25 **Armored** Crime thriller starring Matt Dillon and Columbus Short. (2009, 12, 88min) ★★
4.00 **to 6.00** AM **A Wrinkle in Time** Fantasy, as shown at 3.25pm.

8.00 **Terminator 2: Judgment Day** Sci-fi action thriller sequel starring Arnold Schwarzenegger as a cyborg from the future that has been programmed to protect humanity's destined saviour. With Linda Hamilton. (1991, 15, 146min) ★★★★★
10.35 **Snatch** Crime drama with Jason Statham. A group of small-time British crooks plan to steal a diamond from an American mobster. With Benicio Del Toro. (2000, 18, 102min) ★★
12.25 AM **Zulu** Epic historical adventure with Stanley Baker. (1963, PG, 138min) ★★★★★
2.50 **The Graduate** Comedy drama. (1967, 15, 105min) ★★★★★
4.45 **to 7.00** AM **The Apartment** Satirical comedy. (1960, b/w, PG, 120min) ★★★★★

5.00 **The Halliday Brand** Western. (1957, b/w, PG, 79min) ★★
6.40 **The Searchers** Western starring John Wayne as a man searching for his niece after she is kidnapped by Comanches. (1956, U, 114min) ★★★★★
9.00 **Double Team** Thriller starring Jean-Claude Van Damme. A special agent teams up with an arms dealer to defeat the terrorist who kidnapped his wife. (1997, 18, 93min) ★★
11.00 **O Brother, Where Art Thou?** Offbeat period comedy. (2000, 12, 106min) ★★★★
1.15 AM **Orders to Kill** Drama. (1958, b/w, PG, 111min) ★★
3.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

5.10 **Brats** Laurel and Hardy comedy. (1930, b/w, U, 20min) ★★★
5.30 **Robin's Nest** Sitcom.
6.00 **Treasure Hunt** Drama. (1952, b/w, U, 79min) ★★
7.35 **And the Same to You** Comedy with Brian Rix and Leo Franklyn. (1960, PG, 70min) ★★
9.00 **Callan** Guest stars Zena Walker.
10.00 **Seven Nights in Japan** Adventure starring Michael York. A British prince considers turning his back on his family to marry a Japanese woman – only to fall foul of a gangster. (1976, PG, 102min) ★★★
12.05 AM **Custer of the West** Western. (1966, U, 140min) ★★★
2.45 **The Bulldog Breed** Comedy. (1960, b/w, PG, 97min) ★★
4.45 **to 6.00** AM **Shadow of a Man** Drama. (1956, b/w, PG) ★★

7.00 **Star Trek: Deep Space Nine**
8.00 **Sliders** Sci-fi drama.
9.00 **Dracula** Hammer Films' original vampire film, an adaptation of Bram Stoker's classic book, starring Peter Cushing. (1958, 12, 82min) ★★★★
10.35 **The Dyatlov Pass Incident** Horror starring Gemma Atkinson and Matt Stokoe. Five students face a battle for survival when they investigate mysterious deaths that occurred in Russia's Ural mountains. (2013, 15, 96min) ★★
12.40 AM **The Monkey's Paw** Horror thriller. (2013, 91min) ★★
2.25 **The Hexecutioners** Horror. (2015, 15, 95min) ★★
4.20 **to 4.30** AM **Horror Highlights**

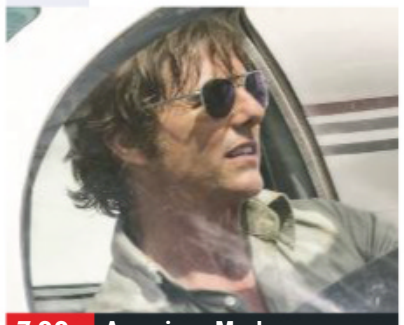
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.50 AM **Identity** Mystery thriller. (2003, 15, 90min) ★★★
8.25 **American Made** As 7.00pm.
10.20 **Salt** Thriller, as 9.00pm.
12.05 PM **Rememory** Mystery. (2017, 12, 111min) ★★★
2.00 **10x10** Thriller. (2018) ★★★
3.30 **Inconceivable** Thriller. (2017, 15, 105min) ★★
5.20 **Going in Style** Heist caper. (2016, 12, 96min) ★★★
7.00 **American Made** Biopic. (2017, 15, 115min) ★★★



7.00 American Made

American Made (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Salt** Action thriller starring Angelina Jolie. A CIA agent goes on the run after a Russian defector convinces her superiors that she's a double agent. (2010, 12, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

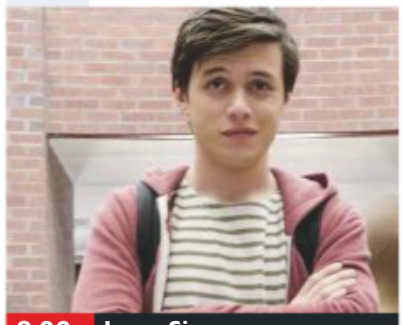
10.45 **Rising Sun** Thriller starring Sean Connery and Wesley Snipes. (1993, 18, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Black Rain** Action thriller starring Michael Douglas and Andy Garcia. (1989, 18, 120min) ★★★
3.15 **Wild Things** Thriller starring Kevin Bacon and Matt Dillon. (1998, 18, 109min) ★★
5.20 **to 7.05** AM **Deep Family Secrets** Thriller. (1997, PG, 89min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.50 AM **Awakenings** Drama. (1990, 12, 117min) ★★★★
8.55 **The Top Ten Show**
9.10 **Julie & Julia** Comedy. (2009, 12, 123min) ★★★★
11.20 **Love, Simon** As 8.00pm.
1.20 PM **Seven Pounds** Drama. (2007, 12, 117min) ★★★★
3.30 **The Prince of Tides** Drama. (1991, 15, 132min) ★★★
5.50 **The Zookeeper's Wife** Drama with Jessica Chastain. (2017, 12, 127min) ★★★



8.00 Love, Simon

8.00 **Love, Simon** Coming-of-age comedy drama about a secretly gay high-school student who begins to fall for an anonymous classmate online. Stars Nick Robinson, Jennifer Garner and Josh Duhamel. (2018, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

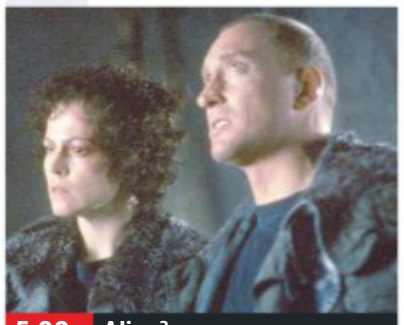
10.00 **Flight** Melodrama with Denzel Washington and Kelly Reilly. (2012, 15, 138min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Marshall** Biopic starring Chadwick Boseman, Josh Gad and Kate Hudson. (2017, 15, 118min) ★★★★
2.30 **The Senator** Fact-based thriller starring Jason Clarke, Kate Mara and Ed Helms. (2017, 12, 106min) ★★★★
4.20 **to 6.20** AM **Tommy's Honour** Fact-based drama starring Sam Neill, Peter Mullan and Ophelia Lovibond. (2016, PG, 112min) ★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **Aliens Vs Predator – Requiem** Sci-fi horror sequel. (2007, 15, 89min) ★
7.50 **Predator** As 11.15pm.
9.55 **Predator 2** As 1.15am.
12.00 NOON **Alien: Director's Cut**
2.10 PM **Aliens: Special Edition** Sci-fi blockbuster. (1986, 18, 154min) ★★★★
5.00 **Alien³** Sci-fi horror thriller. (1992, 15, 115min) ★★★
7.00 **Alien Resurrection** Horror. (1997, 15, 110min) ★★★★



5.00 Alien³

Alien Resurrection (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

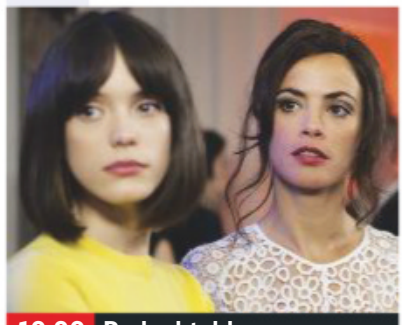
9.00 **Alien: Covenant** Ridley Scott's sci-fi thriller starring Katherine Waterston and Michael Fassbender. A crew of colonists sent to populate an alien planet have their mission diverted by a mysterious signal. (2017, 15, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Predator** Sci-fi action fantasy with Arnold Schwarzenegger. (1987, 18, 107min) ★★★★
1.15 AM **Predator 2** Sci-fi action sequel starring Danny Glover. (1990, 15, 107min) ★★★
3.15 **Alien: Director's Cut** The director's cut of Ridley Scott's classic sci-fi chiller starring Sigourney Weaver. (1979, 15, 115min) ★★★★★
5.15 **to 6.00** AM **Sky Cinema Preview** Forthcoming movies.

Sky Select

311 311 852 | 442 412 | 510

8.15 AM **The Nile Hilton Incident** African drama. Subtitled. (2017, 15, 111min) ★★★
10.20 **This Is Spinal Tap** Comedy. (1983, 15, 83min) ★★★★★
11.50 **The Blind Spot** Crime drama. (2017, 15, 105min) ★★★
1.40 PM **The Sons of Katie Elder** Western. (1965, U) ★★★
3.50 **Public Enemies** Biopic. (2009, 15, 139min) ★★★★
6.15 **Bomb City** Crime drama. (2017, 15, 90min) ★★★★



10.00 Redoubtable

8.00 **Layer Cake** Gangster thriller starring Daniel Craig, Michael Gambon and Sienna Miller. A slick London drug dealer finds himself in trouble when a drug deal goes sour. With Kenneth Cranham and Colm Meaney. (2004, 15, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

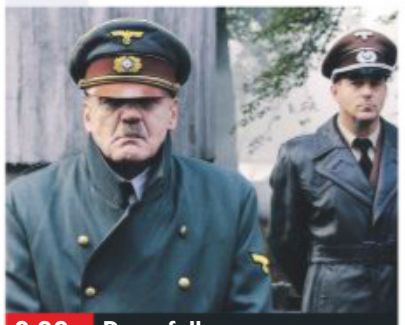
10.00 **Redoubtable** Fact-based comedy with Louis Garrel and Stacy Martin. (2017, 15, 107min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The Girl with the Dragon Tattoo** David Fincher's gripping crime thriller remake, starring Daniel Craig. (2011, 18, 157min) ★★★★
2.35 AM **French Connection II** Action thriller sequel to *The French Connection*. (1975, 18, 119min) ★★★★
4.40 **to 6.35** AM **Ace in the Hole** Billy Wilder's drama starring Kirk Douglas. (1951, b/w, PG, 112min) ★★★★★

Film4

313 313 853 | 428 429 | 15 | 300

■ **Films start at 11.00am**
11.00 AM **Invitation to a Gunfighter** Western starring Yul Brynner. (1964, U, 92min) ★★★
12.50 PM **The Last Wagon** Western. (1956, PG, 99min) ★★★
2.55 **The Miracle of Morgan's Creek** Comedy. (1943, b/w, PG, 99min) ★★★★★
5.05 **The 39 Steps** Adventure. (1959, U, 93min) ★★★
7.00 **Taxi** Comedy starring Queen Latifah. (2004, 12, 97min) ★★



9.00 Downfall

Taxi (film started at 7.00pm) **8 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Downfall** German historical drama about the final days of Adolf Hitler and the Third Reich as witnessed inside the Nazi dictator's Berlin bunker by his young secretary. Stars Bruno Ganz, Alexandra Maria Lara, Corinna Harfouch and Ulrich Matthes. Subtitled. (2004, 15, 155min) ★★★★★ **9 PM**
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

12.05 AM **Starred Up** Prison drama starring Jack O'Connell. (2013, 18, 103min) ★★★★
2.15 **to 4.00** AM **Gone Too Far!** Comedy drama starring OC Ukeje. (2013, 12, 87min) ★★

+1 hour 314 430 45 301

True Movies

319 424 62 303

6.00 AM **Little House on the Prairie**
7.00 **Cinderella** Fairy-tale adaptation.
9.00 **Daniel's Daughter** Romantic drama. (2008, PG, 88min) ★★
11.00 **Cloud Waltzing** Romance. (1987, PG, 103min) ★★★
1.00 PM **Little House on the Prairie**
3.00 **Seduced by Madness: The Diane Borchardt Story** Fact-based drama starring Ann-Margret.

7.00 **Dangerous Lessons** Thriller starring Louise Lombard and Alex Esola. A high-school teacher gets romantically involved with one of her students – who begins to stalk her and her family. (2016, 12, 85min) ★★
9.00 **Anonymous** Historical conspiracy thriller purporting to reveal the true author of Shakespeare's plays. (2011, 12, 129min) ★★★
11.25 **Hunt for the Labyrinth Killer** Mystery thriller starring Amanda Schull and Michael Nouri. (2013, 12, 87min) ★★
1.00 AM **The Waltons**
3.00 **to 6.00** AM **Little House on the Prairie**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Presumed Dead** Thriller. (2006, 15, 90min) ★★★
10.55 **A Family Lost** Thriller. (2007, PG, 88min) ★★
12.50 PM **Sony Movie News Extra**
1.00 **Super Tanker** Sci-fi action thriller. (2011, 12, 83min) ★★
2.45 **The Great Los Angeles Earthquake** Disaster drama starring Joanna Kerns, Ed Begley Jr and Dan Lauria.

6.45 **Battle: Los Angeles** Epic sci-fi adventure starring Aaron Eckhart and Michelle Rodriguez. A group of Marines set out to defend LA from invading aliens. With Bridget Moynahan. (2011, 12, 116min) ★★★
9.00 **White House Down** Action thriller starring Channing Tatum and Jamie Foxx. (2013, 12, 128min) ★★★
11.40 **The 5th Wave** Sci-fi adventure starring Chloë Grace Moretz. (2015, 15, 112min) ★★
1.55 AM **Resident Evil: Afterlife** Sci-fi horror thriller sequel. (2010, 15, 96min) ★★★
3.50 **to 6.00** AM **Autumn in New York** Romantic drama. (2000, 15, 105min) ★

+1 hour 322 50

Movies 24

325 419 513

7.00 AM **Secret Millionaire** Comedy. (2017, PG, 120min) ★★
9.00 **Love at Sea** Drama. (2018) ★★
11.00 **Summer of Dreams** Comedy. (2016, PG, 120min) ★★
1.00 PM **The Good Witch** Family drama. (2007, PG, 89min) ★★
3.00 **All for Love** Romantic comedy. (2017, PG, 83min) ★★
5.00 **The Wedding Wish** Drama. (2007, PG, 90min) ★★

7.00 **Truly, Madly, Sweetly** Drama with Nikki Deloach. A cupcake baker and a divorced dad are thrown into business together. (2018, PG, 120min) ★★
9.00 **Valentine in the Vineyard** Romance with Brendan Penny. (2019, PG, 120min) ★★
11.00 **Tomboy** Romance starring Mackenzie Vega. A woman known to be a tomboy changes her image, and finds herself being wooed by two men who appreciate her for very different reasons. (2017, PG, 120min) ★★
1.00 AM **Secret Summer** Romantic drama. (2016, PG, 84min) ★★
3.00 **to 5.00** AM **Christmas in Angel Falls** Romantic drama. (2017, U, 84min) ★★

+1 hour 326 420

Movies4Men

323 426 48 305

6.00 AM **The Narrow Margin** Thriller. (1952, b/w, PG, 71min) ★★★★
7.25 **Born to Be Bad** Melodrama. (1950, b/w, PG, 94min) ★★
9.15 **Reunion at Fairborough** Drama. (1985, PG, 110min) ★★
11.25 **Kentucky Rifle** (1956) ★★
1.05 PM **Bandidos** (1967) ★★
3.00 **Fighters of WWII**
5.00 **Allied Fighters**
6.15 **Battle of Crete**

7.10 **Magma: Volcanic Disaster** Disaster movie starring Xander Berkeley and Amy Jo Johnson. Following a series of volcanic explosions in Iceland, a vulcanologist predicts disaster and sets out to save the planet. (2006, PG, 87min) ★★
9.00 **Assassin X** Action thriller with Olivier Gruner. An ageing assassin is double crossed by his employer when he refuses to assassinate a woman he just met. (2016, 15, 102min) ★★
11.10 **Cartel War** Crime thriller. (2010, 15, 94min) ★★
1.05 AM **Absolute Fear** Thriller. (2012, 12, 91min) ★★
2.55 **to 4.00** AM **Future Combat Aircraft**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.20 PM **Sex, Lies and Deception** *Paramount Network* Drama starring Jessalyn Gilsig. ★★
9.00 **Hummingbird** *5Spike* Thriller with Jason Statham. ★★★
9.00 **(500) Days of Summer** *Comedy Central Extra* Offbeat romantic comedy. ★★★★
9.00 **Replicant** *Syfy* Sci-fi action thriller starring Jean-Claude Van Damme and Michael Rooker. ★
9.00 **Field of Dreams** *Paramount Network* Fantasy drama starring Kevin Costner. (HD) ★★★★★
10.00 **Horrible Bosses 2** *5STAR* Comedy with Jason Bateman. ★★
10.15 **Rocky II** *ITV4* Boxing drama sequel. (HD) ★★★
11.00 **TimeCop** *Syfy* Sci-fi starring Jean-Claude Van Damme. ★★★
11.10 **The Fabulous Baker Boys** *Paramount Network* Bittersweet comedy drama. (HD) ★★★★
11.30 **Our Little Sister** *BBC4* Drama. Subtitled. (HD) ★★★★
12.00 M'T **The Painted Veil** *AMC* Romantic period drama starring Naomi Watts. ★★★★
12.05 AM **Keeping Rosy** *BBC1 (Wales: 12:35am)* Thriller starring Maxine Peake. ★★★

MONDAY Sport

SKY HD SD | VIRGIN HD | BT HD

18 March

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans**
6.30 **Rugby Greatest Games**
6.40 **LIVE ANZ Premiership Netball Stars v Pulse.** Coverage from Pulman Arena. Centre-pass 6.40am.
8.15 **Darts Gold**
8.30 **Good Morning Sports Fans**
10.00 **Football Centre**
1.00 PM **Sky Sports News**
5.00 **Sky Sports News at 5**
6.00 **Sky Sports News at 6**
6.30 **Joshua Buatsi: The Knockouts**
6.45 **LIVE Netball Superleague Loughborough Lightning v Wasps.** Coverage of the first half from the Sir David Wallace Arena. Centre-pass 7.00pm.
7.45 **LIVE EFL Mansfield Town v Lincoln City.** Coverage of the League Two clash from the One Call Stadium. Kick-off 7.45pm.
10.00 **The Debate** Discussion.
11.00 **LIVE Test Cricket New Zealand v Bangladesh.** The fourth day of the third and final Test in the series, taking place at Hagley Oval in Christchurch.
5.30 **to 6.00** AM **Best of England v Sri Lanka**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
7.30 **Premier League Highlights**
8.30 **Goals on Sunday** A review of Saturday's football action.
10.00 **Premier League Years**
12.00 NOON **Premier League Highlights** Top-flight action.
2.30 PM **Premier League Highlights** Action from West Ham United v Huddersfield Town.
3.00 Burnley v Leicester City.
3.30 Action from Bournemouth v Newcastle United.
4.00 Fulham v Liverpool.
4.30 Everton v Chelsea.
5.00 **Premier League 100 Club**
6.00 **Premier League Best Goals**
7.00 **Premier League Years** Classic games, blunders and moments of skill from seasons past.
9.00 **Premier League Review** A look back at recent fixtures.
10.00 **The Debate** Discussion on the latest football news.
11.00 **Premier League Review**
12.00 M'T **The Debate** Discussion.
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **Championship Season Review**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **Championship Season Review**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **Soccer AM: The Best Bits**
6.30 **One2Eleven**
7.00 **EFL Greatest Games**
7.30 **LIVE EFL Mansfield Town v Lincoln City.** Kick-off 7.45pm.
10.00 **SPFL Round-Up**
10.15 **SPFL Greatest Games**
10.30 **Soccer AM: The Best Bits**
11.00 **MLS Round-Up Show**
11.30 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Best of England v Windies**
7.00 **Cricket's Greatest Games**
8.00 **Test Cricket** As 9.00pm.
9.00 **Best of England v Windies**
10.00 **Test Cricket** As 9.00pm.
11.00 **Cricket's Greatest Games**
12.00 NOON **Test Cricket** As 9.00pm.
1.00 PM **Best of England v Windies**
2.00 **Test Cricket** As 9.00pm.
3.00 **Cricket's Greatest Games**
4.00 **Test Cricket** As 9.00pm.
5.00 **Best of England v Windies**
6.00 **Test Cricket** As 9.00pm.
7.00 **The Ashes 2013 – Series Review** A look back at the 2013 series in England, which saw the hosts in dominant form, as they prevailed 3-0 to retain the Ashes, with Ian Bell and Graeme Swann playing starring roles.
9.00 **Test Cricket** New Zealand v Bangladesh: Action from the third day of the third and final Test from Hagley Oval in Christchurch.
9.55 **LIVE Test Cricket New Zealand v Bangladesh.** Coverage of day four of the third and final Test in the series, held at Hagley Oval in Christchurch.
5.30 **to 6.00** AM **Best of England v Sri Lanka**

Sky Sports The Players

405 405 859 | 515 505

6.00 AM **European Tour Golf** Extended action from the fourth and final day of the Kenya Open at the Karen Country Club in Nairobi.
10.30 **PGA Tour Golf** Extended highlights of the final day of the Players Championship from TPC at Sawgrass in Florida.
3.30 PM **Junior Ryder Cup**
4.30 **Junior Golf**
5.00 **Junior Ryder Cup** Highlights of the 2018 competition in Paris.
6.00 **PGA Tour Golf** Highlights of the final day's play of the Players Championship from TPC at Sawgrass in Florida.
8.00 **Junior Ryder Cup**
9.00 **British Masters Masterclass**
10.00 **PGA Tour Golf** Highlights of the final day's play of the Players Championship in Florida.
12.00 M'T **British Masters Masterclass** Double bill.
1.00 AM **Junior Ryder Cup**
2.00 **British Masters Masterclass**
3.00 **Junior Golf** Action from the 2018 Telegraph Vitality Junior Golf Championship.
3.30 **PGA Tour Golf** As 10.00pm.
5.30 **to 6.00** AM **British Masters Masterclass**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **National League Highlights**
6.30 **Champions League Magazine**
7.00 **Premier League Review**
8.00 **Emirates FA Cup**
11.00 **National League Highlights**
11.30 **Champions League Magazine**
12.00 NOON **Outdoor Sports Show**
12.30 PM **Premier League Review**
1.30 **Premiership Rugby Cup**
3.00 **PSA Squash**
4.30 **No Filter Boxing**
5.00 **Premier League Review**
6.00 **Emirates FA Cup Highlights**
6.30 **Bundesliga Highlights Show**
7.30 **LIVE Bundesliga 2 SSV Jahn Regensburg v SpVgg Greuther Furth.** The German second-tier encounter from the Continental Arena. Kick-off 7.30pm.
9.30 **BT Sport Films: One Day In May**
11.00 **BT Sport Goals Reload**
11.30 **Emirates FA Cup Highlights**
12.00 M'T **Ladbrokes SPFL Highlights**
12.30 AM **National League Highlights**
1.00 **Champions League Magazine**
1.30 **Ligue 1 Highlights**
2.30 **Irish Rally Review**
3.00 **Mobil 1: The Grid**
3.30 **BT Sport Goals Reload**
4.00 **to 6.00** AM **WTA Tennis: Indian Wells**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **PSA Squash**
7.30 **Premiership Rugby Cup**
9.00 **The Outdoor Sports Show**
9.30 **No Filter Boxing**
10.00 **Jaguar I-Pace eTrophy Series**
10.30 **Formula E: Street Racers**
11.00 **Irish Rally Review** Highlights of the Limerick Forest Rally.
11.30 **Mobil 1: The Grid**
12.00 NOON **The Football Archives**
2.00 PM **Kings Ransom**
3.00 **The Big Match Revisited**
7.00 **WTA Tennis: Indian Wells** Action from the final of the BNP Paribas Open at Indian Wells.
9.00 **Fishing: On The Bank** Highlights from round two of the 2018 UK Angling Championship at the Glebe Fishery in Leicester.
10.00 **Emirates FA Cup Highlights** Action from the quarter-finals.
10.30 **UEFA Champions League Magazine** News and action.
11.00 **Formula E: Street Racers**
11.30 **The Guru of Go**
12.30 AM **No Filter Boxing**
1.00 **ESPN Classic Boxing**
4.00 **The Outdoor Sports Show**
4.30 **Jaguar I-Pace eTrophy Series**
5.00 **to 6.00** AM **Fishing: On The Bank**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Bundesliga** VfB Stuttgart v TSG 1899 Hoffenheim.
7.45 FC Augsburg v Hannover 96.
9.30 Action from VfL Wolfsburg v Fortuna Dusseldorf.
11.15 Action from Hertha Berlin v Borussia Dortmund.
12.45 PM Action from Bayer Leverkusen v Werder Bremen.
2.15 Action from Eintracht Frankfurt v FC Nurnberg.
3.45 Action from Bayern Munich v FSV Mainz 05.
5.15 PM **Ligue 1 Highlights**
6.15 **Classic MOTD – Thrillers**
6.30 **Ladbrokes SPFL Highlights**
7.00 **Vanarama National League Highlights** Recent action.
7.30 **UEFA Champions League Highlights Show** Featuring Manchester City v Schalke 04, and Juventus v Atletico Madrid.
8.00 **UEFA Champions League Highlights Show** Bayern Munich v Liverpool, and Barcelona v Lyon.
8.30 **Bundesliga: Rising Stars**
9.00 **World Poker Tour Series**
11.00 **UFC NOW** Magazine.
12.00 M'T **UFC Top 10: Slugfests**
12.30 AM **30 for 30 Shorts**
12.45 **to 6.00** AM **Bundesliga**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Great Sporting Moments**
6.30 **Rugby Greatest Games**
6.40 **LIVE ANZ Premiership Netball Stars v Pulse.**
8.15 **Darts Gold**
8.30 **Great Sporting Moments**
9.00 **Boxing Gold**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Darts Gold**
3.00 **Boxing Gold**
4.00 **Darts Gold**
4.30 **Sporting Records**
5.30 **Darts Gold**
6.00 **NBA GameTime**
6.30 **Joshua Buatsi: The Knockouts**
6.45 **LIVE Netball Superleague Loughborough Lightning v Wasps.** Centre-pass 7.00pm.
8.45 **ANZ Premiership Netball**
10.20 **Rugby Greatest Games**
10.30 **Joshua Buatsi: The Knockouts**
11.00 **Netball Superleague**
1.00 AM **Super League Fulltime**
1.30 **NBA GameTime**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
6.40 **LIVE ANZ Premiership Netball Stars v Pulse.** Coverage from the Pulman Arena. Centre-pass 6.40am.
8.15 **My Icon**
8.30 **Game Changers: Super Bowl**
9.00 **My Icon**
9.30 **Great Sporting Moments**
10.00 **Game Changers: Super Bowl**
10.30 **Sporting Records**
11.00 **Sporting Greats**
11.30 **Drone Racing League**
12.30 PM **Sporting Records**
1.00 **Game Changers: Super Bowl**
1.30 **My Icon**
2.00 **NFL: A Football Life**
3.00 **Game Changers: Super Bowl**
3.30 **Sporting Records**
4.00 **My Icon**
4.30 **Game Changers: Super Bowl**
5.00 **WWE Raw Hlts**
6.00 **Sporting Records**
6.30 **My Icon**
6.45 **LIVE Netball Superleague Loughborough Lightning v Wasps.** At the Sir David Wallace Arena. Centre-pass 7.00pm.
8.45 **ANZ Premiership Netball**
11.00 **Netball Superleague**
1.00 **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **WRC Review**
7.00 **College Basketball**
11.00 **In Depth with Graham Bensinger** With John Calipari.
11.30 **College Basketball**
3.00 PM **Madden eSports**
4.00 **Special Olympics** The 2019 Special Olympics in Abu Dhabi.
5.00 **LIVE MLB St Louis Cardinals v Philadelphia Phillies.** Coverage of the Spring Training clash at the Roger Dean Chevrolet Stadium in Jupiter, Florida. Start-time 5pm.
8.00 **LIVE MLB Colorado Rockies v Cincinnati Reds.** The Spring Training clash from Salt River Fields at Talking Stick near Scottsdale, Arizona. Start-time 8.00pm.
11.00 **LIVE College Basketball** The 2019 NCAA Division I Women's Basketball Championship.
12.00 M'T **College GameNight**
3.00 AM **Special Olympics**
4.00 **to 6.00** AM **College Basketball**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.30 AM **Biathlon** From Sweden.
8.00 **Alpine Skiing** From Andorra.
10.00 **World Superbikes** Action from round two in Thailand.
12.00 NOON **Curling World Championships**
1.00 PM **LIVE Curling World Championships Sweden v South Korea.** The women's match from Silkeborg, Denmark.
4.00 **Figure Skating World Championships** Action from Saitama Super Arena in Japan.
6.05 **LIVE Curling World Championships Canada v Finland.** The women's match from Silkeborg, Denmark.
9.00 **Curling World Championships** Action from the women's round-robin matches in Denmark.
11.00 **Cycling: Tirreno-Adriatico**
12.00 M'T **Cycling: Tour of Taiwan**
12.15 AM **Lindsey Vonn: Chasing History** Behind the scenes.
1.15 **to 1.25** AM **Eurosport News**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.15 AM **Snooker: Gibraltar Open**
7.30 **Cycling**
9.00 **Biathlon** From Sweden.
9.30 **Lindsey Vonn: Chasing History**
10.30 **Cycling: Get to Know**
10.40 **Cycling: Paris-Nice**
11.40 **Cycling: Tirreno-Adriatico**
12.40 PM **LIVE Cycling: Tirreno-Adriatico** Coverage of the sixth stage of the race.
3.40 **Cycling: Tour of Taiwan**
3.55 **Cycling: Get to Know**
4.00 **World Superbikes**
6.00 **World Motocross**
7.00 **Cycling: Tirreno-Adriatico**
8.30 **Snooker: Gibraltar Open**
10.30 **Cycling: Tour of Taiwan**
10.45 **World Superbikes**
12.15 AM **Eurosport News**
12.30 **Cycling: Paris-Nice**
1.00 **Cycling: Tirreno-Adriatico**
2.00 **Snooker: Gibraltar Open**
3.30 **Curling World Championships**
5.00 **World Superbikes**
5.45 **to 6.00** AM **Cycling**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Raw Hlts**
8.00 **Show Jumping**
9.00 **Sporting Records**
10.00 **Sporting Greats**
11.00 **Championship Rugby League**
1.00 PM **Show Jumping** Action from the Dutch Masters.
2.00 **Sporting Greats**
3.00 **Sporting Records**
4.00 **Championship Rugby League** Toronto Wolfpack v Batley Bulldogs at Lamport Stadium.
5.00 **WWE Raw** Wrestling action.
7.00 **NBC's ProFootballTalk**
9.00 **NBA** Action from Milwaukee Bucks v Philadelphia 76ers.
10.45 **Super League Fulltime**
11.15 **WWE from the Vault**
11.30 **NBA GameTime**
12.00 M'T **LIVE WWE Raw** Wrestling coverage from America.
3.15 AM **Great Sporting Moments**
5.00 **NBA GameTime**
5.30 **to 6.00** AM **Sporting Records**

Sky Sports F1

406 406 860 | 516 506

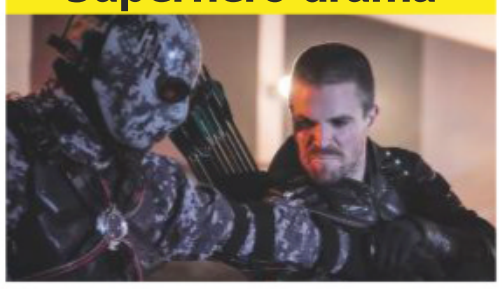
6.00 AM **The Home of F1**
11.00 **Formula 1** As 10.00pm.
12.00 NOON **The Lotus 49 Story**
12.15 PM **Formula 1** The Australian Grand Prix first practice session.
2.00 **Formula 1** The Australian Grand Prix second practice session.
3.45 **Formula 1** The Australian Grand Prix third practice session.
5.00 **Formula 1** The Australian Grand Prix qualifying session.
6.30 **The F1 Show**
7.00 **Formula 1** The Australian Grand Prix: Another chance to see the opening round of the season, held at Albert Park, Melbourne.
9.15 **Australian F1 GP Best Bits**
9.45 **Simon and the Astronaut**
10.00 **Formula 1** The Australian Grand Prix: Highlights of the opening round of the season.
11.00 **The F1 Show**
11.30 **Australian F1 GP Best Bits**
12.00 M'T **Formula 1** As 10.00pm.
1.00 **to 6.00** AM **The Home of F1**

Tuesday

19 March

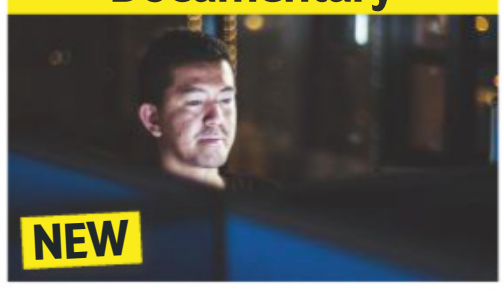
Evening Planner

Superhero drama



Arrow
Sky One HD, 8pm
Oliver lets a documentary team film him to research what Green Arrow means to Star City in the landmark 150th episode

Documentary



The Internet's Dirtiest Secrets: The Cleaners
BBC4 HD, 9pm
How thousands of online moderators delete unpalatable pictures and videos

Crime drama

Shetland
BBC1 HD, 9pm
In the series finale, Duncan remains traumatised, while DI Perez pieces the case together – but he may be too late

OnDemand

NETFLIX

Amy Schumer Growing
Available today
The comic's second stand-up special ponders marriage, pregnancy and personal growth

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Holby City †		9.00 Shetland		10.00 News; Local News	10.35 Eating...
102 BBC2	7.00 Top Gear		8.00 Inside the Factory		9.00 The Great British Sewing Bee		10.00 The Mash...	10.30 Newsnight
103 ITV	7.00 Emmerdale		8.00 Save Money: Lose Weight		9.00 Harry's Heroes: The Full English			10.30 News
104 CHANNEL 4	7.00 News		8.00 The Great Celebrity Bake Off for Stand Up to...		9.15 Derry Girls	9.45 Home	10.20 Gogglebox	
105 CHANNEL 5	7.00 Alaska: A Year in the Wild		8.00 The Yorkshire Vet		9.15 London: 2,000 Years of History		10.15 The House of...	
106 SKY ONE	7.00 The Simpsons		8.00 Arrow		9.00 SEAL Team		10.00 A League of Their Own	
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 A Stitch in Time	8.00 The Art of Japanese Life		9.00 The Internet's Dirtiest Secrets: The Cleaners – Storyville			10.25 Secrets of Silicon...
118 ITV2	7.00 You've Been Framed! Gold		8.00 You've Been Framed! Gold: Ultimate		9.00 Film: The 40 Year Old Virgin			
136 MORE4	◂ 6.55 The Supervet		7.55 Grand Designs		9.00 24 Hours in A&E		10.00 Nightwatch Nation: Emergency 911	
135 E4	7.00 Hollyoaks	7.30 Speechless	8.00 The Big Bang Theory		9.00 Celebs Go Dating		10.00 The Hangover...	10.35 Naked...
107 SKY WITNESS	7.00 Firefighters		8.00 Criminal Minds		9.00 The Good Doctor		10.00 Britain's Most Evil Killers	
108 SKY ATLANTIC	7.00 Blue Bloods		8.00 Deep Ocean Live: The Threat To Our...		9.00 The Miracle			
110 GOLD	7.00 dinnerladies diaries		8.00 dinnerladies		9.20 Fawlty Towers			
111 DAVE	7.00 American Pickers		8.00 Cop Car Workshop		9.00 QI		10.00 Live at the Apollo	
119 ITV3	7.00 Murder, She Wrote		8.00 Agatha Christie's Poirot				10.00 DCI Banks	
120 ITV4	◂ 6.45 Snooker: Tour Championship – Live: Day one of the inaugural event from Venue Cymru in Llandudno, featuring the quarter-finals							10.30 La Liga...
112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Role Models			
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Merlin		9.00 Film: Safe			
109 W	7.00 My Dream Home		8.00 Inside the Ambulance at Christmas		9.00 The Shift: Women on the Force		10.00 999 Rescue Squad	
113 UNIVERSAL	7.00 NCIS				9.00 Film: Sleeping with the Enemy			
124 FOX	7.00 NCIS				9.00 The Passage		10.00 Family Guy	10.30 American Dad!
122 SKY ARTS	7.00 Portrait Artist of the Year 2019				9.00 Robin Williams: Come Inside My Mind			
Documentary								
125 DISCOVERY	7.00 Supertruckers		8.00 Gold Rush: The Dirt		9.00 Gold Rush			
162 ANIMAL PLANET	7.00 Untamed China		8.00 Flying Wild Alaska		9.00 Predators Up Close with Joel Lambert		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Supercar Megabuild		9.00 Car SOS		10.00 Strippers: Cars for Cash	
130 HISTORY	7.00 American Pickers		8.00 Pawn Stars		9.00 Knight Fight		10.00 Brothers in Arms	
155 YESTERDAY	7.00 Impossible Engineering		8.00 Impossible Railways		9.00 The Two Ronnies			10.35 Porridge
166 EDEN	7.00 Russia From Above		8.00 Wonders of the Universe		9.00 Angry Planet		10.00 Life in the Undergrowth	
Films								
301 SKY PREMIERE	◂ 6.00 Uncle John		8.00 Deadpool 2					10.10 Mandy
302 SKY HITS	◂ 6.20 Peter Rabbit		8.00 Life of the Party				10.00 Avengers: Infinity War	
303 5 STAR MOVIES	◂ 5.15 Almost Famous		8.00 Star Trek					10.10 The Godfather
304 SKY DISNEY	◂ 6.40 Sleeping Beauty		8.00 Coco			9.50 National Treasure		
305 SKY FAMILY	◂ 6.10 The Smurfs 2		8.00 Diary of a Wimpy Kid			9.45 Thunderbirds		
306 SKY ACTION	◂ 6.00 Hellboy II: The Golden Army		8.00 Pacific Rim: Uprising				10.00 Die Hard	
307 SKY COMEDY	◂ 6.25 Table 19		8.00 Pitch Perfect 3			9.40 She's Out of My League		
308 SKY THRILLER	◂ 6.45 All the Money in the World				9.00 Breaking In			
309 SKY DRAMA	◂ 5.50 Roman J. Israel, Esq		8.00 Victoria & Abdul				10.00 The Hurricane	
310 SKY SCI-FI	7.05 After Earth				9.00 The First Purge			
311 SKY SELECT	◂ 5.20 The Insider		8.00 Isle of Dogs			9.45 The Town (Extended Cut)		
313 FILM4	◂ 6.20 Hulk				9.00 Transformers: Dark of the Moon			
315 TCM		7.25 Gun Duel in Durango			9.00 Mechanic: Resurrection			
Sport								
401 MAIN EVENT	◂ 4.00 Cricket – Live	7.30 Sky Sports Tonight					10.00 The Debate	
402 PREMIER LEAGUE	7.00 Premier League Review		8.00 Premier League Best Goals		9.00 Premier League Review		10.00 The Debate	
403 FOOTBALL	7.00 Football's Greatest Players		8.00 SPFL Round-Up	8.30 Soccer AM...	9.00 Football Countdowns		10.00 EFL Highlights	
404 CRICKET	◂ 3.55 Cricket – Live	7.30 Best of England v New Zealand		8.30 Eoin Morgan...	9.00 Test Cricket			9.55 Test Cricket – Live
413 BT SPORT 1	◂ 4.00 WTA Tennis – Live: Action from day one of the Miami Open							
414 BT SPORT 2	7.00 Premier League Review		8.00 Rocky & Wrighty: From Brockley To The Big Time			9.30 FA Cup...	10.00 UFC	

◂ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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Tuesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)(HD)
9.15 **Crimewatch Roadshow Live** (S)
10.00 **Homes Under the Hammer** A public toilet in Fife. (S)(R)(HD)(AD)
11.00 **Good Morning Dagenham** (S)(HD)
11.45 **Dom on the Spot** (S)(HD)
12.15 PM **Bargain Hunt** (S)(R)(HD)(AD)
1.00 **BBC News** (S)(HD)
1.30 **Local News** (S)
1.45 **Doctors** The consequences of Al's call to social services are made clear. (S)(HD)(AD)
2.15 **Shakespeare & Hathaway – Private Investigators** (S)(R)(HD)
3.00 **Escape to the Country** House-hunting in Gloucestershire. (S)(HD)
3.45 **Money for Nothing** (S)(HD)
4.30 **Flog It!** At Powderham Castle. (R)
5.15 **Pointless** Quiz show. (S)(R)(HD)
6.00 **BBC News** (S)(HD)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 The One Show
Matt Baker and Alex Jones host the topical show. (S)(HD)

7.30 EastEnders
Kush makes a deal with Mo, and Phil gives Ruby a reality check. (S)(HD)(AD)

8 PM

8.00 Holby City
A Simple Lie – Part Two: Fletch worries there may be more to Theo's disappearance than meets the eye, and Donna meets Xavier's mother for the first time, but things do not go smoothly. (S)(HD)(AD)

9 PM

9.00 Shetland
SERIES FINALE 6/6. Perez closes in on Zezi's location and tries to reach her before it is too late. Meanwhile, Duncan is traumatised following his discovery on the beach. (S5) (S)(HD)(AD)

10 PM

10.00 BBC News (S)(HD)
10.25 Local News (S)
Followed by **Lottery Update** (S)

10.35 Eating with My Ex
3/10. Megan wants an apology from her ex Alexi for his flirtatious ways. (S)(HD)

11.05 **NEW TO BBC1** **The Man Who Used HIV as a Weapon**
Documentary featuring the stories of five men who were deliberately infected with HIV by Daryll Rowe. *Previously on BBC3 Online.* (S)(HD)
11.55 **Should I Marry My Cousin?**
A look at the practice of first-cousin marriage in the British-Pakistani community. (S)(R)(HD)
12.30 AM **Weather for the Week Ahead**
Seven-day forecast. (S)(HD)
12.35 **to 6.00** AM **BBC News** (S)(HD)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **World's Most Photographed: James Dean** (S)(R)
6.30 **Good Morning Dagenham** (S)(R)
7.15 **Money for Nothing** (S)(R)(HD)
8.00 **Sign Zone: Great British Menu** (R)
8.30 **Sign Zone: River Walks: The Lea**
9.00 **BBC News** (S)(HD)
10.00 **Victoria Derbyshire** (S)(HD)
11.00 **BBC Newsroom Live** (S)(HD)
12.15 PM **Politics Live** (S)(HD)
1.00 **The Super League Show** (S)(HD)
1.45 **The Great British Year** (S)(R)(HD)
2.45 **Caribbean with Simon Reeve** (R)
3.45 **Pubs That Built Britain** (S)(R)(HD)
4.15 **Atlantic: The Wildest Ocean on Earth** Dolphin pods. (S)(R)(HD)
5.15 **Put Your Money Where Your Mouth Is** (S)(R)(HD)
6.00 **Eggheads** Quiz show. (S)(HD)
6.30 **Great Continental Railway Journeys** 10/10. In France. (S)(R)

9.00 The Great British Sewing Bee

7.00 Top Gear
5/5. Matt LeBlanc test-drives the new Aston Martin V8 Vantage, while Chris Harris makes the case that a Ford Fiesta is better than a Lamborghini. With guest Stephen Mangan. (S)(R)(HD)

8.00 Inside the Factory
9/10. Gregg Wallace visits a German pencil factory, learning that the main material in a pencil is not lead but graphite – the properties of which Cherry Healey then examines. (S)(HD)(AD)

9.00 The Great British Sewing Bee
6/8. The quarter-finalists face British and Irish fabrics week, as judges Patrick Grant and Esme Young ask the sewers to create a 'workers' jacket' from linen. (S)(HD)(AD)

10.00 The Mash Report
Satirical news show presented by Nish Kumar. (S)(R)(HD)
10.30 Newsnight (S)(HD)

11.10 **Weather** (S)(HD)
11.15 **Eight Go Rallying: The Road to Saigon** 4/4. The teams finally have the finishing line in their sights. (S)(R)(HD)(AD)
12.15 AM **The Choir: Our School by the Tower** 2/2. (S)(R)(HD)(AD)
1.15 **Sign Zone: MasterChef** 10/24. Another seven contestants hope to impress the judges. (S)(R)(HD)(AD)
2.15 **Sign Zone: Growing Up Gifted** 2/2. (S)(R)(HD)(AD)
3.15 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)(HD)
8.30 **Lorraine** (S)(HD)
9.25 **The Jeremy Kyle Show** Guests air their differences. (S)(HD)
10.30 **This Morning** (S)(HD)
12.30 PM **Loose Women** (S)(HD)
1.30 **ITV News** (S)(HD)
1.55 **Local News** (S)(HD)
2.00 **Judge Rinder** Criminal barrister Robert Rinder takes on real cases in a studio courtroom. (S)(HD)
3.00 **Tenable** A group of sci-fi fans answer questions based on top 10 lists, then try to score a perfect 10 in the final round. (S)(R)(HD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(HD)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(HD)
6.00 **Local News** (S)(HD)
6.30 **ITV News** (S)(HD)

8.00 Save Money: Lose Weight...

7.00 Emmerdale
Rhona hides the reality of her situation, Kim tries to gain the upper hand, and Nicola spies an opportunity. (S)(HD)(AD)
■ Repeated tomorrow on ITV2

8.00 **NEW** **Save Money: Lose Weight**
Dr Ranj Singh investigates whether there is such a thing as weight loss without dieting – and at what price – as he attempts to freeze his fat cells. (S)(HD)(AD)

9.00 Harry's Heroes: The Full English
SERIES FINALE 2/2. Harry flies the players and their wives off to Spain for a supposedly alcohol-free warm-weather training camp, but plans go awry almost immediately as Robbie Fowler gets into trouble for going out and failing to turn up for training the next morning. (S)(HD)(AD)
■ Repeated on Friday

10.30 ITV News (S)(HD)

11.00 **Local News** (S)(HD)
11.15 **Out of Their Skin** 2/2. Ian Wright charts the inspiring rise of black footballers in Britain. (S)(R)(HD)
12.15 AM **Tenable** (S)(R)(HD)
1.05 **Jackpot247** (HD)
3.00 **All Star Family Fortunes** With model Lisa Snowdon and actor Will Mellor. (S)(SL)(R)(HD)
3.45 **ITV Nightscreen** (HD)
5.05 **to 6.00** AM **The Jeremy Kyle Show** Talk show. (S)(SL)(R)(HD)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Cheers** (S3) (S)(R)(HD)
7.45 **Frasier** Triple bill. (S3) (S)(R)(AD)
9.10 **Everybody Loves Raymond** (S)(R)
10.10 **Ramsay's Hotel Hell** From Starkville, Mississippi. (S)(R)(HD)
11.05 **Celebrity Undercover Boss USA** Marcus Samuelsson. (S)(R)(HD)
12.00 NOON **News** (S)(HD)
12.05 PM **Come Dine with Me** (S)(R)
1.05 **Find It, Fix It, Flog It** (S)(R)(HD)
2.10 **Countdown** (S)(HD)
3.00 **A Place in the Sun: Winter Sun** Homes in Barbados. (S)(R)(HD)
4.00 **Escape to the Chateau: DIY** Nicole and Stefan start work on the ancient gatehouse. (S)(HD)
5.00 **Four in a Bed** (S)(HD)
5.30 **Come Dine with Me** (S)(HD)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** James prepares Cindy for her testimony. (S)(HD)(AD)

9.15 Derry Girls

7.00 News (S)(HD)

8.00 The Great Celebrity Bake Off for Stand Up to Cancer
3/5. Johnny Vegas, Big Narstie, Katarina Johnson-Thompson and Jess Phillips take part in the culinary challenge, presented by Sandi Toksvig and Noel Fielding. (S)(HD)(AD)

9.15 Derry Girls
3/6. The friends are forbidden from attending a Take That concert. (S2) (S)(HD)(AD)
9.45 Home
3/6. Sami is settling in and has finally made contact with his family. (S1) (S)(HD)(AD)

10.20 Gogglebox
Capturing the households' instant reactions to what they are watching on television from the comfort of their own sofas. (S)(R)(HD)(AD)

11.20 **First Dates** (S)(R)(HD)(AD)
12.20 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.15 **Food Unwrapped: Chaos at the Checkout** (S)(SL)(R)(HD)(AD)
2.10 **George Clarke's Amazing Caravans & Campervans** A look back at the best builds. (S)(R)(HD)
3.05 **Walks with My Dog** (S)(SL)(R)
4.00 **Inside Out Homes** (S)(R)(HD)
4.55 **Come Dine with Me** (S)(R)(HD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 13 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (HD) High Definition (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)(HD)
11.15 **Nightmare Tenants, Slum Landlords** (S)(R)(HD)
12.10 PM **News** (S)(HD)
12.15 **Can't Pay? We'll Take It Away!** Evicting Travellers. (S)(R)(HD)
1.10 **Access** Showbiz news. (S)(HD)
1.15 **Home and Away** (S)(HD)(AD)
1.45 **Neighbours** (S)(HD)(AD)
2.15 **FILM Deadly Duplicate** Thriller. (S)(HD) (2018, PG, 105min) ★★
4.00 **Friends** (S2) (S)(R)(HD)
5.00 **News** (S)(HD)
5.30 **Neighbours** Karl finds a distressed Finn in the hospital car park. (S)(R)(HD)(AD)
6.00 **Home and Away** Colby tells Chelsea about his encounter with Ross. (S)(R)(HD)(AD)
6.30 **News** (S)(HD)

9.15 London: 2,000 Years of...

7.00 Alaska: A Year in the Wild 1/4. Documentary following four seasons in the north American state, beginning with Winter, where snowfall is measured in feet rather than inches. (S)(R)(HD)(AD)

8.00 The Yorkshire Vet 3/10. Julian gets the call that vets fear – a cow has had a baby and prolapsed her entire uterus. This is a rare and life-threatening situation that is difficult for both vet and animal. (S)(R)(HD)(AD)

9.15 London: 2,000 Years of History 3/4. Dan Jones, Suzannah Lipscomb and Rob Bell examine the Great Fire of London, which swept across the city in 1666. (S)(HD)

10.15 The House of Extraordinary People 2/3. Bashir arranges a Halloween celebration, and Lucas revisits some painful memories. (S)(HD)
■ Concludes tomorrow

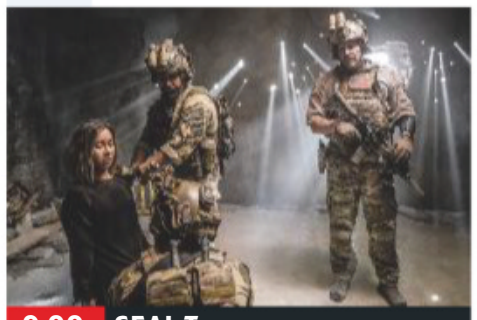
11.15 **My Obese Life** (S)(R)(HD)
12.15 AM **Can't Pay? We'll Take It Away!** (S)(R)(HD)
1.10 **Teleshopping** (S)(HD)
3.10 **GPs: Behind Closed Doors** (S)(R)(HD)
4.00 **Britain's Greatest Bridges** The Humber Bridge. (S)(SL)(R)(HD)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Divine Designs** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Animal House** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)(HD)
9.00 **Road Wars** (S)(R)(HD)
10.00 **Babylon 5** 22/22. (S4) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)(HD)
1.00 PM **Hawaii Five-0** (S1) (R)(HD)
3.00 **Caught on Dashcam** (R)(HD)
4.00 **Modern Family** 16&17/22. Double bill. (S7) (S)(R)(HD)
5.00 **The Simpsons** (S)(R)(HD)
5.30 **Futurama** *A Clockwork Origin:* The theory of evolution is tested on robots. (S)(R)(HD)
6.00 **Futurama** *The Prisoner of Benda:* An invention allows people to switch minds. (S)(R)
6.30 **The Simpsons** *Smart & Smarter:* Marge tries to get Maggie into a nursery for gifted children. (S)(R)(HD)



9.00 SEAL Team

7.00 The Simpsons *The Ziff Who Came to Dinner:* Homer is sentenced to 10 years in prison. (S)(R)(HD) **7.30** *Co-Dependent's Day:* A drunken Homer crashes the car, but lets Marge take the blame. (S)(R)(HD)

8.00 Arrow **NEW EPISODE** *Emerald Archer:* 12/23. A camera crew follow the team around as they talk about their past as vigilantes and what the Green Arrow means to Star City. (S7) (S)(HD)

9.00 SEAL Team **NEW EPISODE** *Things Not Seen:* 12/22. The team race to Turkey to try to rescue a young American who married an Isis leader, but they are in for a shock when they find her. (S2) (S)(HD)

10.00 A League of Their Own Ryder Cup legend Ian Poulter, Sky Sports presenter Olivia Wayne and comedian Josh Widdicombe are the guests on the sports-based comedy quiz, hosted by James Corden. (S)(R)(HD)

11.00 **Curfew** 4/8. Roman admits to Meg he is the real reason they are racing. (S1) (S)(R)(HD)
12.00 M'T **Motorway Patrol** (S)(R)
1.00 AM **The Force: Essex** (S)(R)
2.00 **Caught on Dashcam** (R)(HD)
3.00 **Bounty Hunters** 1&2/6. Double bill. (S2) (S)(R)(HD)(AD)
4.00 **Babylon 5** 20/22. (S4) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** 3/20. (S8) (S)(R)(HD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
8.00-9.00pm River City **11.05** Holby City **12.05am** **NEW** The Man Who Used HIV as a Weapon **12.55** Should I Marry My Cousin? **1.30** Weather for the Week Ahead **1.35-6.00am** BBC News

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Spotlight **11.05** Eating with My Ex **11.35** **NEW** The Man Who Used HIV as a Weapon **12.25am** Should I Marry My Cousin? **1.00-6.00am** BBC News

WALES
Sky **952**, Virgin **864**, Freesat **964**
11.45am-12.15pm X-Ray

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations

N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm **NEW** Fir Fáinne

WALES
Sky **971**, Freesat **971**
1.45pm First Minister's Questions **2.35** The Great British Year **3.35** Caribbean with Simon Reeve **4.35** Atlantic: The Wildest Ocean on Earth **5.35-6.00** Grand Tours of Scotland **7.00-8.00** The Choir: Our School by the Tower **11.15** Top Gear **12.15-1.15am** **NEW** The Kennedy Who Changed the World

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Mamwlad gyda Ffion Hague **12.30** Noson Lawen **1.30** Rhannu **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Sioe Gelf **3.30** Bryn-y-Maen **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Celwydd Noeth **6.30** Rownd a Rownd **7.00** Heno **7.30** Pobol y Cwm **8.00** Cefn Gwlad **9.00** Newyddion 9 a'r Tywydd **9.30** Y Byd ar Bedwar **10.00** Côr Cymru 2019 **11.00-11.35pm** Helo Syrjeri

TV&Satellite week
New issue on sale today

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **A Stitch in Time** 5/6. Looking at the clothes worn by Edward of Woodstock, the so-called Black Prince.
8.00 **The Art of Japanese Life** 2/3. James Fox explores the art and culture of cities.
9.00 **NEW The Internet's Dirtiest Secrets: The Cleaners – Storyville** Documentary exploring the complex world of digital content moderation – where undesirable material is 'cleaned' from the internet.
10.25 **Secrets of Silicon Valley** 1/2. How tech companies are shaping the future.
11.25 **Secrets of Silicon Valley** 2/2. Influencing democracy.
12.25 AM **The Search for the Lost Manuscript: Julian of Norwich**
1.25 **The Man Who Shot Tutankhamun**
2.25 **A Stitch in Time**
2.55 **to 3.55** AM **The Art of Japanese Life**

MORE4

136 136 830 | 147 195 | 14 | 124

8.55 AM **Coast vs Country**
10.00 **A Place in the Sun: Winter Sun** Double bill.
12.05 PM **Location, Location, Location** Double bill.
2.15 **Come Dine with Me** Five nights in Winchester.
4.55 **A Place in the Sun: Winter Sun** In Spain.
5.55 **The Secret Life of the Zoo** Male red panda Jung is mysteriously losing weight.
6.55 **The Supervet** A bulldog has problems with its legs.
7.55 **Grand Designs** An ambitious seaside home on the Isle of Wight.
9.00 **24 Hours in A&E** A 52-year-old who suffers from MS is brought in with suspected sepsis, and an 83-year-old woman is in A&E following a fall.
10.00 **Nightwatch Nation: Emergency 911** **NEW EDITION** In Baton Rouge, Lacey and Stacey restrain a patient who is suffering from violent hallucinations after overdosing on a synthetic drug, while Matt and Henry face a difficult challenge.
11.00 **Trauma: Ireland's Medical Emergencies** A man caught in a house fire.
12.05 AM **24 Hours in A&E**
1.05 **Nightwatch Nation: Emergency 911**
2.05 **The Good Fight**
3.15 **to 3.55** AM **8 Out of 10 Cats Uncut**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
7.10 **You've Been Framed!**
8.00 **Emmerdale**
8.25 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.20 **Superstore**
11.15 **You've Been Framed!**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.45 **The Ellen DeGeneres Show** **NEW EDITION**
2.35 **The Jeremy Kyle Show**
5.50 **Take Me Out** Dating show.
7.00 **You've Been Framed! Gold** Including footage of a sheep trying to outrun a car. **7.30** Comical clips, including a dog v crocodile showdown.
8.00 **You've Been Framed! Gold: Ultimate** Featuring clips of eccentric mums and workplace pranks.
9.00 **FILM The 40 Year Old Virgin** Comedy starring Steve Carell and Catherine Keener. After a shop worker admits he is still a virgin to his colleagues, they try almost every trick in the book to rectify the situation. (2005, 15, 116min) ★★★★
11.25 **Family Guy** 3/30. Peter wants to achieve fame. (S4) **11.55** 17/22. Brian looks after an elderly woman. (S3)
12.25 AM **American Dad!**
1.20 **to 2.20** AM **You vs Chris & Kem**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 28 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **Sabrina the Teenage Witch** Double bill.
9.00 **Melissa & Joey**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **The Goldbergs**
5.00 **Don't Tell the Bride**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks** Cleo forgets the wedding favours.
7.30 **Speechless** **NEW EPISODE** 7/23. Jimmy's brother Billy and his family invite themselves over. (S1)
8.00 **The Big Bang Theory** 14&15/24. Double bill. (S9)
9.00 **Celebs Go Dating** **NEW EDITION** 18/20. David Potts heads to Cardiff to be introduced to Luke's mum.
10.00 **The Hangover Games** **NEW EDITION** 4/10. A group of friends from Plymouth compete.
10.35 **Naked Attraction**
11.40 **The Big Bang Theory**
12.35 AM **Celebs Go Dating**
1.40 **First Dates**
2.35 **The Hangover Games**
3.00 **Tattoo Fixers: Extreme**
3.55 **The Big Bang Theory**
4.35 **New Girl**
5.20 **to 6.00** AM **Rules of Engagement**

+1 hour 235 | 146 | 29 | 123

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Border Patrol**
8.00 **Canada's Front Line**
9.00 **Criminal Minds** 11/22. (S12)
10.00 **CSI** 6/24. (S7)
11.00 **Road Wars**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **Firefighters**
2.00 **Motorway Patrol**
3.00 **Road Wars**
4.00 **Nothing to Declare**
5.00 **Border Patrol**
6.00 **Canada's Front Line**

9.00 The Good Doctor

7 PM
7.00 **Firefighters** An explosion occurs on an unoccupied housing estate. **7.30** A house fire breaks out near Dublin.

8 PM
8.00 **Criminal Minds** *To a Better Place:* 2/22. Three victims' remains are discovered in old suitcases. (S13)

9 PM
9.00 **The Good Doctor SERIES FINALE** *Trampoline:* 18/18. A bar-room fight forces Shaun to seek treatment at the hospital. (S2)

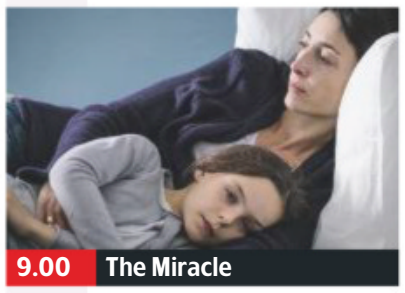
10 PM
10.00 **Britain's Most Evil Killers** The case of Stefano Brizzi, who murdered and consumed part of a police officer.
11.00 **Criminal Minds** (S2)
12.00 M'T **World's Most Evil Killers** The crimes of Thierry Paulin.
1.00 AM **Grey's Anatomy** (S15)
2.00 **Station 19** (S2)
3.00 **Criminal Minds** (S12)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The West Wing** (S1)
8.00 **NEW Deep Ocean Live: The Threat To Our Planet**
9.00 **House** 17&18/23. (S7)
11.00 **Without a Trace** 7/23. (S1)
12.00 NOON **David Attenborough's Kingdom of Plants**
1.00 PM **Blue Bloods** 14/22. (S8)
2.00 **West Wing** 15&16/22. (S1)
4.00 **House** 19&20/23. (S7)
6.00 **CSI** 14/23. Grissom tangles with an old enemy, a police officer he once suspected of carrying out a vigilante killing. (S4)


9.00 The Miracle

7.00 **Blue Bloods** *Legacy:* 15/22. Danny considers taking a new job that would ease his financial struggles. (S8)

8.00 **Deep Ocean: The Threat To Our Planet** Revealing the impact of plastic pollution on Earth's oceans.

9.00 **The Miracle NEW EPISODE** 7/8. As the Madonna is placed back on its pedestal, the results of Amin's blood test are revealed. **10.05 SERIES FINALE** 8/8. The mystery of the weeping Madonna unravels. Subtitled. (S1)

11.15 **Mommy Dead and Dearest: The Story of Dee Dee** Documentary exploring the murder of Dee Dee Blanchard.
12.55 AM **O.G.** Prison drama starring Jeffrey Wright.
3.00 **Dexter** 6/12. (S8)
4.05 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310

7.10 AM **Sorry!**
8.15 **Goodnight Sweetheart**
9.35 **Last of the Summer Wine**
11.35 **My Family**
12.15 PM **2point4 Children**
12.55 **My Family**
1.35 **Are You Being Served?**
2.15 **dinnerladies**
3.35 **2point4 Children**
4.15 **Last of the Summer Wine** Triple bill of the series.
6.20 **Are You Being Served?** Captain Peacock becomes infatuated with another woman.

9.20 Fawlty Towers

7.00 **dinnerladies diaries** Going behind the scenes of the British sitcom, featuring interviews with the cast.

8.00 **dinnerladies** Bren gets excited about her forthcoming holiday. **8.40** A convict escapes in the fog on his way to Strangeways prison.

9.20 **Fawlty Towers** First episode. Hotel owner Basil tries to attract a better class of clientele.

10.00 **Fawlty Towers** Basil tries to save money on structural alterations.
10.45 **The Fast Show** Monkfish goes undercover.
11.25 **The Fast Show**
12.05 AM **Peep Show**
1.10 **You Ain't Seen These, Right?**
1.50 **Bread**
2.25 **Harry Hill's TV Burp Compilation**
2.50 **You, Me & Them**
3.20 **to 4.00** AM **Bread**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
8.00 **Murder, She Wrote**
9.00 **Judge Judy**
10.25 **On the Buses**
11.35 **Rising Damp**
12.05 PM **George and Mildred**
12.40 **Heartbeat** As 5.55pm.
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple**
5.55 **Heartbeat** *Duty of Care:* Bellamy investigates a shooting at Ashfordly Hall.

8.00 Agatha Christie's Poirot

7.00 **Murder, She Wrote** *The Szechuan Dragon:* The body of a peg-legged man is discovered in Jessica's living room.

8.00 **Agatha Christie's Poirot** *Dead Man's Folly:* The sleuth's old friend Ariadne Oliver stages a game of murder hunt at a summer fete, but things take a dark twist when the girl playing the victim really does turn out to be dead.

10.00 **DCI Banks** *What Will Survive – Part One:* 1/6. An Estonian woman is found dead, having been buried alive. (S4)
11.00 **DCI Banks** *What Will Survive – Part Two:* 2/6. The body of an older man is found buried near Katrin's grave, and Banks uncovers Jason McCready's shocking secret. (S4)
12.00 M'T **to 2.00** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **The Avengers**
7.05 **Kojak**
8.15 **Quincy ME**
9.20 **Minder**
10.30 **The Sweeney**
11.40 **The Professionals**
12.45 PM **LIVE Snooker: Tour Championship** Day one of the inaugural event from Venue Cymru in Llandudno, featuring the first eight frames of the opening two quarter-finals.
4.30 **The Professionals**
5.35 **The Sweeney**

11.30 Van Helsing

6.45 **LIVE Snooker: Tour Championship** Jill Douglas presents further coverage of day one of the inaugural event from Venue Cymru in Llandudno, featuring the first eight frames of two quarter-finals. Analysis from Stephen Hendry, Alan McManus and Neal Foulds, and commentary by David Hendon and Phil Yates.

10.30 **La Liga Highlights** Action from the Spanish top-flight, including Real Betis v Barcelona.
11.30 **FILM Van Helsing** Fantasy adventure with Hugh Jackman and Richard Roxburgh. The Vatican sends vampire hunter Van Helsing to Transylvania to battle with Count Dracula. (2004, 12, 132min) ★★
2.05 **to 2.40** AM **The Car Chasers**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **60 Minute Makeover**
10.00 **The Biggest Loser USA**
12.00 NOON **Monkey Life**
1.00 PM **Animal 999**
2.00 **The Dog Whisperer**
3.00 **Stargate SG-1** (S4)
5.00 **A Town Called Eureka**
6.00 **Supergirl** 12/20. (S1)
7.00 **Stargate Atlantis** (S3)
8.00 **Supergirl** *Menagerie:* 12/23. (S4)
9.00 **Criminal Minds** *Truth or Dare:* 15/15. The agents travel to LA to investigate a series of fatal shootings. (S14)
10.00 **Blindspot** *The Big Blast from the Past:* 14/22. The agents delve into a case from their past. (S4)
11.00 **Russell Howard Hour**
12.00 M'T **Arrow** 12/23. (S7)
1.00 AM **SEAL Team** (S2)
2.00 **The Good Doctor**
3.00 **The Force: North East**
4.00 **Duck Quacks Don't Echo** Panel game.
5.00 **to 6.00** AM **Monkey Life**

Pick

152 123 11 144

7.00 AM **Stop, Search, Seize**
8.00 **Border Patrol**
9.00 **Road Wars**
10.00 **Police 10/7**
11.00 **My Kitchen Rules: Australia**
12.15 PM **Caught Red Handed**
1.00 **UK Border Force**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Police Force: Australia**
5.00 **Without a Trace** (S3)
6.00 **Stargate SG-1** (S8)
7.00 **Ghost Whisperer** (S5)
8.00 **Warehouse 13** (S2)
9.00 **Marvel's Inhumans** (S1)
10.00 **Air Ambulance ER**
11.00 **Britain's Most Evil Killers**
12.00 M'T **Police 10/7**
1.00 AM **The Force: Manchester**
2.00 **Road Wars**
3.00 **Colony** 10/10. (S1)
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 12 157

7.10 AM **Projects**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
3.00 **Jay Leno's Garage**
4.00 **Sin City Motors**
5.00 **Top Gear**
7.00 **American Pickers** Mike makes a mistake in Indiana, and a pick in Ohio brings an unexpected sting.
8.00 **Cop Car Workshop** John Heussi rebuilds the force's beat car.
9.00 **QI** With Sandi Toksvig, Lee Mack, Jimmy Carr and regular Alan Davies.
10.00 **Live at the Apollo** With Joe Lycett, Ivo Graham and Phil Wang.
11.00 **Hypothetical**
12.00 M'T **Have I Got a Bit More Old News For You**
1.00 AM **QI** With Jack Dee.
2.00 **to 4.00** AM **Asian Provocateur**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Fresh Prince of Bel Air** 23&24/24. (S3)
9.00 **The Middle** (S4)
10.00 **The Office (US)** (S9)
11.00 **Friends** (S8)
1.00 PM **Friends** (S*&9)
4.00 **Impractical Jokers**
5.00 **Friends** (S9)
8.00 **Friends** 23&24/24. Double bill. The gang visit Barbados to hear Ross address a convention. (S9)
9.00 **FILM Role Models** Comedy starring Paul Rudd and Seann William Scott. (2008, 15, 96min) ★★★★
11.00 **Your Face or Mine**
11.30 **Roast Battle**
12.00 M'T **Da Ali G Show**
12.35 AM **Da Ali G Show**
1.10 **The Daily Show NEW EDITION** Talk show.
1.40 **South Park** (S10)
3.25 **The Office** (S9)
4.15 **to 5.00** AM **The Fresh Prince of Bel Air**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property NEW EDITION**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **The Millionaire Matchmaker**
2.15 **Million Dollar Listing: LA** David keeps James away from a deal.
3.10 **The Real Housewives of Orange County**
4.05 **The Real Housewives of Dallas** Reality series. **5.00 NEW EDITION**
6.00 **Buying and Selling**
8.00 **Dinner Date** With Dani from Lancashire.
9.00 **Totally Unbelievable** A selection of bust-ups between famous people.
10.00 **The Real Housewives of Orange County** Gina's parents arrive from Long Island.
11.00 **Vanderpump Rules**
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 61 142

6.00 AM **The Waltons** (S1)
7.00 **Little House on the Prairie** 16/24. (S1)
8.00 **Hamish Macbeth** (S2)
9.00 **Born and Bred** (S3)
10.00 **Due South** 6/26. (S3)
11.00 **Little House on the Prairie** 15&16/22. (S9)
1.00 PM **FILM Love Finds a Home** Family Western starring Sarah Jones. (2009, PG, 88min) ★★
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
5.00 **Hamish Macbeth** (S3)
6.00 **Born and Bred** (S3)
7.00 **M*A*S*H** (S4&5)
8.00 **Randall and Hopkirk (Deceased)**
9.00 **Taggart** *Dead Man Walking:* A garage mechanic is murdered. **10.30** *Law:* A body is found near a fairground.
12.00 M'T **Barbara Taylor Bradford's Remember**
2.00 **to 3.00** AM **The Avengers**

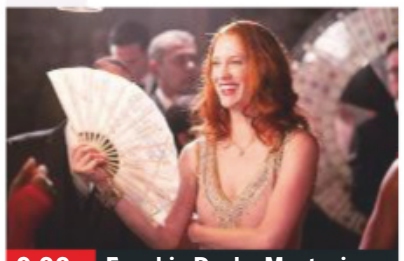
+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries** (S4)
9.00 **Rizzoli & Isles** 2/16. (S4)
10.00 **Rush** 14/22. (S2)
11.00 **Unforgettable** 6/22. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 7/13. (S1)
1.00 PM **Death in Paradise**
2.00 **Murdoch Mysteries** (S9)
4.00 **Rizzoli & Isles** 5/16. (S4)
5.00 **Rush** NEW EPISODE 19/22. Dom struggles with Sandrine's depression. (S2)
6.00 **New Tricks** *Last Man Standing – Part One.*


9.00 Frankie Drake Mysteries

7.00 **Miss Fisher's Murder Mysteries** *Queen of the Flowers:* 9/13. Phryne is asked to teach some girls how to be ladylike. (S1)
8.00 **Murdoch Mysteries** *A Murdog Mystery:* 11/18. The detective investigates when a socialite's dog is found dead. (S10)
9.00 **Frankie Drake Mysteries** NEW EPISODE *Dealer's Choice:* 9/10. Frankie is hired to work at an illegal casino. (S2)
10.00 **Death in Paradise** *Lost Identity:* 5/8. Humphrey's Aunt Mary gets caught up in a murder investigation. (S5)
11.20 **New Tricks** *Last Man Standing – Part Two:* Gerry fights to clear his name before his enemies catch up with him.
12.45 AM **Murdoch Mysteries** As shown at 8.00pm.
1.50 **to 4.00** AM **Quantico**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S5)
8.00 **Teleshopping**
11.00 **The Librarians** 7/10. (S3)
12.00 NOON **Merlin** 12/13. (S4)
1.00 PM FILM **San Andreas: Mega Eruption** Sci-fi drama. (2017, PG, 99min) ★★
3.00 **Buffy the Vampire Slayer**
5.00 **Star Trek: Voyager** 16/26. Tuvok explores the human psyche. (S2)
6.00 **Star Trek: The Next Generation** 3/26. A Federation planet requests help from the *Enterprise*. (S3)

3.00 Buffy the Vampire Slayer

7.00 **Star Trek: The Next Generation** *Who Watches the Watchers:* 4/26. Picard is mistaken for a god. (S3)
8.00 **Merlin** *The Hunter's Heart:* 11/13. Morgana and powerful warlord Helios plot to take over Camelot. (S4)
9.00 FILM **Safe** Action thriller starring Jason Statham. A suicidal ex-cop strives to save a 10-year-old Chinese maths prodigy from the Russian Mafia and the Chinese Triads. With Catherine Chan. (2012, 15, 90min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 FILM **Tactical Force** Action thriller starring Michael Jai White. (2011, 15, 84min) ★★
1.00 AM **Merlin** As 8.00pm.
2.00 **The Librarians** 7/10. (S3)
3.00 **Dimension 404** (S1)
4.00 **to 6.00** AM **Buffy the Vampire Slayer**

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **Supernanny**
7.00 **MasterChef Australia**
8.30 **My Second Restaurant in India** The kitchen is in chaos.
9.00 **Tipping Point** Quiz show.
10.00 **The Bill** Police drama.
11.00 **Inside the Ambulance at Christmas** As 8.00pm.
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home**
3.00 **Disaster DIY** NEW EDITIONS
4.00 **Extreme Makeover: Home Edition**
5.00 **Tipping Point** Quiz show.

3.00 Disaster DIY

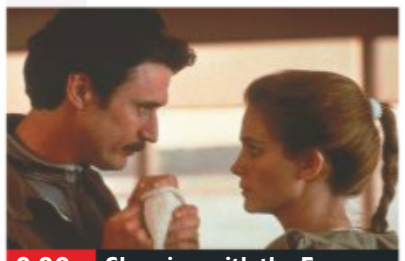
7.00 **My Dream Home** Drew and Jonathan Scott help Ben and Kristen, who are desperate to find a house to start their married life.
8.00 **Inside the Ambulance at Christmas** Two crews treat patients, both called John, who have both broken their hips.
9.00 **The Shift: Women on the Force** 1/6. The unfolding stories of three women working for West Yorkshire Police.
10.00 **999 Rescue Squad** Documentary following Yorkshire Ambulance Service's Hazardous Area Response Team.
11.00 **Inside the Ambulance at Christmas** As 8.00pm.
12.00 M'T **One Born Every Minute** A woman looks forward to the arrival of her twins.
1.00 AM **Murdered By My Father** Fact-based drama.
2.20 **to 3.00** AM **Judge Faith**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Law & Order** (S8)
10.00 **Sea Patrol** 4/13. (S2)
11.00 **Private Eyes** 7/18. (S2)
12.00 NOON **Ransom** 4/13. (S2)
1.00 PM **Law & Order** (S8)
3.00 **CSI: Miami** 16/25. The team try to clear Alexx of murder. **4.00** 17/25. A body is found in the boot of a car involved in an accident. (S4)
5.00 **Major Crimes** 10/10. A boy helps track a sniper. (S1) **6.00** 1/19. The pregnant wife of a film director is found murdered. (S2)


9.00 Sleeping with the Enemy

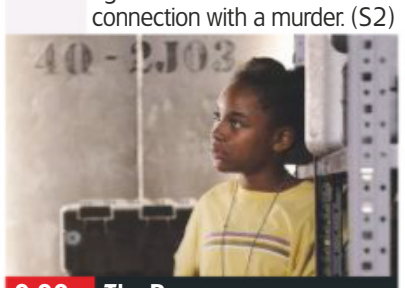
7.00 **NCIS** *Stakeout:* 12/19. Gibbs and the team set up a stake-out to catch a thief suspected of selling hi-tech Navy equipment.
8.00 **NCIS** *Dog Tags:* 13/19. A suspect in a drug-smuggling case is seemingly mauled to death by his own dog. (S5)
9.00 FILM **Sleeping with the Enemy** Suspense thriller starring Julia Roberts as a battered wife who flees her psychopathic husband. With Patrick Bergin, Kevin Anderson and Elizabeth Lawrence. (1991, 15, 100min) ★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Law & Order: Special Victims Unit** 2/23. The team investigate the murder of a boy, a woman and an elderly man. (S3)
12.00 M'T **Law & Order: Special Victims Unit** (S3)
2.00 AM **Major Crimes**
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Bull** 19/23. (S1)
9.00 **Bones** 14/24. (S9)
10.00 **Monk** 9/16. (S4)
11.00 **NCIS** 20/24. (S11)
12.00 NOON **Bones** 15&16/24. (S9)
2.00 PM **The Mentalist** 18/23. (S2)
3.00 **NCIS** 21/24. (S11)
4.00 **Monk** 10/16. A fashion designer commits murder. (S4)
5.00 **Bones** 17/24. The Jeffersonian team investigate the murder of a bailiff. (S9)
6.00 **The Mentalist** 19/23. The agents arrest a hitman in connection with a murder. (S2)


9.00 The Passage

7.00 **NCIS** *Shooter:* 22/24. A photographer who was due to testify at an army first lieutenant's court-martial is murdered.
8.00 **NCIS** *The Admiral's Daughter:* 23/24. Director Vance charges DiNozzo with a special assignment in France. (S11)
9.00 **The Passage** *Last Lesson:* 10/10. Following the explosion, surprising alliances are formed and a key figure returns. (S1)
10.00 **Family Guy** 20/20. Peter falls into a coma. (S16)
10.30 **American Dad!** 12/16. Stan seeks revenge at his school reunion. (S2)
11.00 **American Dad!** 5/22. Steve befriends a drifter. (S12)
11.30 **American Dad!** 6/22. (S12)
12.00 M'T **Family Guy** (S4)
1.00 AM **American Dad!** (S12)
2.00 **Brockmire** (S1&2)
3.00 **Family Guy** (S3&4)
4.00 **to 5.00** AM **American Dad!**

+1 hour 224 158

Tuesday

7 PM | 8 PM | 9 PM | 10 PM

E!

123 123 834 | 156 | 321 386

7.00 AM **Keeping Up with the Kardashians**
10.00 **Revenge Body with Khloe Kardashian**
11.00 **News: Daily Pop**
12.00 NOON **Botched**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Rich Kids of Beverly Hills** Reality series.
4.00 **Total Bellas**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Total Bellas**
9.00 **Botched** Fixing deformed breasts.
10.00 **Keeping Up with the Kardashians** Kim tries to shoot an entire Yeezy campaign while in Japan.
11.00 **Busy Tonight** NEW EDITION
11.30 **Dating: No Filter**
12.00 M'T **Botched**
1.00 AM **Botched by Nature**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **Darbar Festival**
7.00 **The Animal Symphony**
8.00 **I Am La Scala**
9.00 **Tales of the Unexpected**
10.00 **Steve McQueen**
11.00 **Maureen O'Hara**
12.00 NOON **Too Young to Die**
1.00 PM **Tales of the Unexpected**
2.00 **Ella Fitzgerald Swings**
2.30 **Imelda May: Live at Baloise Session**
4.00 **The Directors**
5.00 **Edward G Robinson**
6.00 **Jack Lemmon**
7.00 **Portrait Artist of the Year 2019** **8.00** NEW EDITION
9.00 **Robin Williams: Come Inside My Mind**
11.10 **James Taylor**
11.40 **The Kinks: Music Icons**
12.10 AM **Portrait Artist 2019**
1.10 **Great Art Walks**
2.10 **Warren Beatty: A Hollywood Obsession**
3.10 **Gene Tierney: A Forgotten Star**
4.10 **Edward G Robinson**
5.05 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Find It, Fix It, Flog It**
10.00 **Come Dine with Me**
12.00 NOON **A Place in the Sun: Winter Sun**
1.00 PM **A Place in the Sun: Summer Sun**
2.00 **Everybody Loves Raymond** (S7)
3.00 **Frasier** (S3)
5.00 **Ramsay's Hotel Hell**
7.00 **Escape to the Chateau: DIY**
8.00 **Great Canal Journeys**
9.00 **24 Hours in Police Custody** The work of Bedfordshire Police's Internet Child Abuse Investigation Team.
10.00 **60 Days on the Streets**
11.05 **The Great Celebrity Bake Off for Stand Up to Cancer** 3/5.
12.30 AM **Derry Girls** (S2)
1.00 **8 Out of 10 Cats Does Countdown**
2.05 **Cruises from Hell: Caught on Camera**
3.05 **The Crystal Maze: Celebrity Special**
4.05 **to 5.00** AM **Cheers**

5USA

141/169 | 153 | 21 | 129

9.00 AM **CSI: NY** (S5)
10.30 **Longmire** (S4)
1.00 PM **Law & Order** (S9)
3.00 **Murder, She Wrote**
6.00 **Law & Order** (S9)
7.00 **Law & Order** *Disciple:* 15/24. The officers find a girl's body in a hospital emergency room (S9)
8.00 **NCIS** *Willoughby:* 11/24. An operation to apprehend a corporate terrorist goes awry. (S14)
9.00 **Law & Order: Special Victims Unit** *Townhouse Incident:* 11/23. A home invasion escalates into a hostage situation. (S17) **10.00** *Transitions:* 14/22. A man is found badly beaten in a strip club's car park. Guest stars Alex Kingston. (S10)
10.55 **Law & Order: Special Victims Unit** (S10)
12.55 AM **CSI: NY** (S6)
2.50 **Chicago PD** 9/23. (S4)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **8 Simple Rules**
8.25 **Dance Moms**
10.05 **8 Simple Rules**
11.05 **Last Man Standing**
12.00 NOON **Two and a Half Men** 12&13/24. (S1)
1.00 PM **3rd Rock from the Sun** 11&12/24. (S4)
2.00 **Will & Grace** (S1)
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **My Wife and Kids**
5.00 **Fresh Off the Boat**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Last Man Standing**
8.00 **Can't Pay? We'll Take It Away!**
9.00 **Rich Kids Go Skint** NEW EDITION 7/8.
10.00 FILM **Grown Ups 2** Comedy. (2013, 12) ★
12.05 AM **8 Simple Rules**
1.00 **My Wife and Kids**
1.55 **Two and a Half Men**
2.50 **Last Man Standing**
3.35 **to 4.00** AM **3rd Rock from the Sun**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Bergerac**
8.00 **Juliet Bravo**
9.00 **Pie in the Sky**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.15 **Bergerac**
3.20 **Lovejoy**
4.20 **Pie in the Sky**
5.20 **Birds of a Feather**
6.00 **Brush Strokes**
6.40 **Bread**
7.20 **Last of the Summer Wine** Compo helps his miserable nephew.
8.00 **Judge John Deed** *Nobody's Fool:* A lawyer represents himself in a murder trial, and Deed rekindles his affair with the scheming Francesca Rochester.
10.00 **New Tricks** *Wicca Work:* The team encounter witchcraft.
11.20 **Waking the Dead**
1.30 AM **The Bill**
2.30 **to 4.00** AM **Mapp and Lucia**

TUESDAY Entertainment & Lifestyle

Tuesday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **FILM Killers** Comedy. (2010, 12, 96min) ★★
2.55 **Grey's Anatomy** (S3)
3.45 **Halt and Catch Fire**
4.35 **FILM Take Shelter** Drama starring Michael Shannon. (2011, 15, 120min) ★★★★
7.00 **Grey's Anatomy** (S3)
8.00 **Halt and Catch Fire** *Giant:* 7/10. Joe calls in a friend to help with the design of the PC. (S1)
9.00 **James Cameron's Story of Science Fiction** Double bill.
11.00 **Better Call Saul**
12.00 M'T **Better Call Saul**
1.00 AM **FILM Heartbreakers** Comedy starring Sigourney Weaver. (2001, 15, 123min) ★★
3.30 **Grey's Anatomy** (S3)
4.20 **to 5.30** AM **Halt and Catch Fire**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S6)
10.00 **ER** 16/22. (S6)
11.00 **The District** (S1)
12.00 NOON **Judge Judy**
1.00 PM **Bonanza** (S6)
3.00 **Diagnosis Murder** (S2)
4.00 **Judge Judy**
6.00 **The Love Boat** (S5)
7.00 **CSI: Miami** *Wannabe:* 18/24. Speedle bonds with a forensics enthusiast. (S2)
8.00 **Judge Judy**
9.00 **Medium** *Dead Meat:* 21/22. An animal rights activist disappears while investigating a meat processing plant. (S6)
10.00 **CSI: Miami** *Deadline:* 19/24. A city councillor's aide is found dead. (S2)
11.00 **The Love Boat** (S5)
12.00 M'T **Judge Judy**
1.00 AM **ER** 17/22. (S6)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **The District** (S1)
5.00 **to 6.00** AM **Diagnosis Murder**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Father Dowling Mysteries** (S3)
12.00 NOON **Scorpion** (S2)
1.00 PM **JAG** 22/24. (S8)
2.00 **CSI: Miami** 15/24. (S2)
3.00 **NCIS** 3/23. (S1)
4.00 **NCIS: Los Angeles** (S1)
5.00 **Father Dowling Mysteries** (S3)
6.00 **Diagnosis Murder** (S2)
8.00 **Walker, Texas Ranger**
9.00 **NCIS** *Worst Nightmare:* 2/24. The team hunts for a kidnapped girl. (S8)
10.00 *Human Traffic:* 1/25. A special agent disappears. (S2)
11.00 **Scorpion** *Tech, Drugs and Rock 'n' Roll – Part One:* 6/25. (S2)
12.00 M'T **CSI: Miami** (S2)
12.55 AM **NCIS** As 9.00pm.
1.50 **JAG** 21/24. (S8)
2.45 **Bonanza** (S13)
3.40 **Walker, Texas Ranger**
4.25 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
10.00 **Airline**
11.00 **Bondi Rescue**
12.00 NOON **Medical Detectives**
1.00 PM **Judge Judy**
3.00 **Airline**
4.00 **Bondi Rescue**
5.00 **Judge Judy**
7.00 **Medical Detectives**
8.00 **Forensic Investigators**
9.00 **Ice Cold Killers**
10.00 **Something's Killing Me NEW EDITION** Mark Staudte became ill when he experienced seizures turning his skin yellow.
11.00 **Wives with Knives**
12.00 M'T **Killer Cops**
1.00 AM **Ice Cold Killers**
2.00 **Something's Killing Me**
3.00 **I Survived**
3.45 **Celebrity Damage Control** Mariah Carey.
4.30 **Dog and Beth: On the Hunt**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **The Price Is Right**
7.00 **Bruce's Price Is Right**
9.00 **The Chase**
10.00 **Family Fortunes**
11.00 **Dale's Supermarket Sweep** Game show.
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **New Blockbusters**
1.30 **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **The Chase USA**
5.00 **Robot Wars Extreme**
6.00 **The Cube: Celebrity Special**
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **Bullseye**
12.00 M'T **The Chase**
3.00 AM **Who Wants to Be a Millionaire?**
4.00 **Bullseye**
4.30 **to 6.00** AM **Deal or No Deal**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Life in Pieces** (S1)
7.00 **Teleshopping**
9.00 **Friends** (S1)
11.00 **Queer Eye**
12.00 NOON **Impractical Jokers** Four editions.
2.00 PM **Wipeout USA**
3.00 **Takeshi's Castle**
4.00 **Queer Eye**
5.00 **The Fresh Prince** (S3)
6.00 **Impractical Jokers: Inside Jokes**
7.00 **Impractical Jokers**
8.00 **The Office (US)** (S9)
9.00 **Russell Howard's Good News**
10.00 **South Park** (S5)
12.00 M'T **Russell Howard**
1.00 AM **Chris Ramsey Live**
2.00 **8 Out of 10 Cats**
2.30 **Nathan for You**
3.00 **Drunk History**
3.25 **Another Period**
3.45 **Hood Adjacent**
4.10 **Bob's Burgers**
4.30 **Now That's Funny!**
5.15 **to 6.00** AM **Undateable**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Barefoot Contessa**
6.25 **Giada at Home**
7.15 **Guy's Big Bite**
8.05 **Farmhouse Rules**
9.00 **The Pioneer Woman**
11.00 **Ace of Cakes**
12.00 NOON **Cake Boss**
1.00 PM **Guy's Big Bite**
2.00 **Farmhouse Rules NEW EDITION**
2.30 **Farmhouse Rules**
3.00 **The Pioneer Woman**
5.00 **Jamie's Great Escape**
6.00 **Jamie's Ministry of Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins and Dives** Double bill.
9.00 **NEW SERIES Southern and Hungry**
9.30 **Southern and Hungry NEW EDITION**
10.00 **Diners, Drive-Ins and Dives** Double bill.
11.00 **Man Fire Food**
12.00 M'T **Diners, Drive-Ins and Dives** Double bill.
1.00 **to 3.00** AM **Highlights**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Highlights**
9.00 **Gordon's Ultimate Home Cooking**
10.00 **The Hairy Bikers: Mums Know Best**
11.00 **Rick Stein's India**
12.00 NOON **Hairy Bikers' Best of British**
1.00 PM **MasterChef: The Professionals**
2.00 **Home Comforts**
3.00 **Gordon's Ultimate Home Cooking**
4.00 **Rick Stein's India**
5.00 **The Hairy Bikers: Mums Know Best**
6.00 **Bikers' Best of British**
7.00 **Home Comforts**
8.00 **Gordon's Ultimate Home Cooking**
9.00 **Rick Stein's India**
10.00 **MasterChef: The Professionals**
11.00 **Michela's Tuscan Kitchen**
12.00 M'T **Home Comforts**
1.00 AM **Floyd on France**
1.25 **to 6.10** AM **Highlights**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
8.00 **Police Patrol**
8.30 **Women on Patrol**
9.00 **Pawn Stars**
10.00 **Storage Wars**
11.00 **Judge Judy**
1.00 PM **Police Patrol**
1.30 **Women on Patrol**
2.00 **Zombie House Flipping**
3.00 **Judge Judy**
4.00 **Dance Moms**
5.00 **Police Patrol**
5.30 **Women on Patrol**
6.00 **Pawn Stars**
7.00 **Judge Judy**
9.00 **Born This Way NEW EDITION** There are tears when Cristina goes dress shopping.
10.00 **Ozzy & Jack's American Roadtrip** Kelly joins Ozzy on a trip around Arizona.
11.00 **Judge Judy**
12.00 M'T **Pawn Stars**
1.00 AM **Storage Wars**
2.00 **Born This Way** As 9pm.
3.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54

9.00 AM **Gilmore Girls**
10.50 **FILM Amish Abduction** Social drama. (2015, PG, 95min) ★★
12.45 PM **FILM Alone in the Wild: Deadly Survival** Family drama. (2013, PG, 90min) ★★★
2.35 **Guilty Until Proven Innocent: Garage Sale Mystery 5** Drama.
4.25 **FILM A Mother's Fear** Drama. (2015, 12, 95min) ★★
6.20 **FILM Two Wrongs** Tense thriller. (2015, PG, 88min) ★★
8.00 **Grimm** 17/22. (S5)
9.00 **Life in Pieces NEW EPISODES** (S1)
10.00 **Designated Survivor**
11.00 **The X-Files** (S3)
12.00 M'T **Sleepy Hollow** (S2)
1.50 AM **Grimm** As 8.00pm.
2.40 **Gilmore Girls** (S3)
4.10 **Now That's Funny!**
5.00 **Neighbours**
5.30 **to 6.00** AM **Home and Away**

Quest

144 144 866 172 217 37 167

6.00 AM **Total Fishing**
6.20 **Extreme Fisherman**
7.10 **World's Biggest Shipbuilders**
8.00 **Mighty Planes**
9.00 **Wheeler Dealers**
11.00 **Fantomworks**
12.00 NOON **Chasing Classic Cars**
1.00 PM **Aussie Gold Hunters**
2.00 **Railroad Alaska**
3.00 **Salvage Hunters**
5.00 **Mighty Planes**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Mighty Trains NEW EDITION**
10.00 **History in the Making NEW EDITIONS**
11.00 **How It's Made**
12.00 M'T **Wheeler Dealers**
1.00 AM **Fantomworks**
2.00 **Deadliest Drivers**
3.00 **Destroyed in Seconds**
4.00 **American Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **My Cat from Hell**
9.00 **Money for Nothing**
10.00 **Pit Bulls & Parolees**
11.00 **My 600lb Life**
12.00 NOON **Long Lost Family US**
1.00 PM **Money for Nothing**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Bridesmaids**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **My 600lb Life NEW EDITION** Tiffany finds it difficult to stop the cycle of depressed eating.
11.00 **FBI Case Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Detroit**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Tipping Point**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In the Algarve.
3.00 **Homes Under the Hammer**
4.00 **Most Haunted**
5.00 **Ghost Adventures**
6.00 **Antiques Road Trip**
7.00 **Celebrity Antiques Road Trip**
8.00 **Antiques Road Trip**
9.00 **This Farming Life**
10.00 **Nurses Who Kill**
11.00 **Helicopter ER**
12.00 M'T **Murder Made Me Famous**
1.00 AM **Born to Kill?**
2.00 **Teleshopping**
4.00 **to 6.00** AM **My Ghost Story: Caught on Camera**

Sony Crime

157 193 40 143

7.00 AM **The Glades** (S1)
8.00 **CSI** 5&6/22. (S11)
10.00 **Fatal Attraction**
1.00 PM **True Crime with Aphrodite Jones**
2.00 **#Murder**
3.00 **Bizarre Murders**
4.00 **Person of Interest** (S1)
5.00 **CSI** 5&6/22. (S11)
7.00 **Women on Death Row** Dark tales of violent women who are sentenced to death.
9.00 **Fatal Attraction** Co-workers are concerned about their colleague when she fails to turn up for work.
10.00 **I Don't Like Mondays** Documentary tracing the bizarre events of America's first school shooting in 1979.
11.00 **Deadly Women**
12.00 M'T **Killer Kids**
2.00 **to 4.00** AM **Body of Evidence**

+1 hour 257 60

5SELECT

159 152 55 133

9.10 AM **65 Stone & House Trapped**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Stn**
1.00 PM **Celebrity 5 Go Motorhoming**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors**
7.00 **The Yorkshire Vet**
8.00 **GPs: Behind Closed...**
9.00 **British Airways: 100 Years in the Sky**
10.00 **The Secret Life of the Long-Haul Flight**
11.30 **The Cars That Made Britain Great**
12.30 AM **Nightmare Tenants**
1.30 **87 Stone: Fat Chance of Work**
2.30 **The Lost City of the Pharaohs**
3.30 **to 4.00** AM **Criminals: Caught on Camera**

5Spike

150 154 31 141

9.00 AM **Police Interceptors**
10.00 **The Virginian: Men from Shiloh** (S2)
11.35 **Police Interceptors**
1.40 PM **Cimarron Strip** (S1)
3.15 **FILM Copper Canyon** Western drama. (1950, PG, 84min) ★★
5.00 **The A-Team** (S1)
7.00 **Police Interceptors**
8.00 **Trucking Hell**
9.00 **Fights, Camera, Action! NEW EDITION** Footage of a shocking attack on a traffic warden by a group of teenagers.
10.00 **NEW SERIES Killer Weather: Nature Fights Back** Examples of extreme weather.
11.00 **FILM TimeCop** Sci-fi starring Jean-Claude Van Damme. (1994, 18, 94min) ★★★
12.55 AM **The X-Files** (S9)
1.55 **Wynonna Earp** (S2)
2.50 **to 3.00** AM **Access**

+1 hour 250

True Crime

180 212 68 153

6.00 AM **Psychic Detectives**
10.00 **North Mission Road**
12.00 NOON **Suburban Secrets** Double bill.
1.00 PM **Bait Car: LA**
1.30 **Bait Car: San Francisco**
3.00 **Trace Evidence: Case Files of Dr Henry Lee**
4.00 **The Investigators**
6.00 **Suburban Secrets**
7.00 **North Mission Road** A murdered contractor's colleague is suspected.
7.30 Documentary series following the work of the Los Angeles county coroner.
8.00 A nurse vanishes on her way home.
8.30 The bodies of several women are dumped in a Los Angeles park.
9.00 **The Investigators**
12.00 M'T **The Investigators**
1.00 **to 3.00** AM **The Investigators**

+1 hour 280 69

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes... Canada**
7.00 **Say Yes to the Dress**
8.00 **Say Yes... Atlanta**
10.00 **Counting On**
12.00 NOON **90 Day Fiancé**
2.00 PM **Beachfront Bargain Hunt**
3.00 **Lottery Dream Home**
4.00 **Say Yes... Canada**
5.00 **Say Yes to the Dress**
6.00 **Say Yes... Atlanta**
7.00 **Say Yes... UK**
8.00 **Lottery Dream Home**
9.00 **My Big Fat Fabulous Life NEW EDITION**
10.00 **Say Yes to the Dress**
11.00 **Dr Pimple Popper**
12.00 M'T **My Lottery Dream Home** Double bill.
1.00 AM **My Big Fat Fabulous Life**
2.00 **Say Yes to the Dress**
3.00 **Dr Pimple Popper**
4.00 **Beachfront Bargain Hunt** Double bill.
5.00 **to 6.00** AM **My Lottery Dream Home**

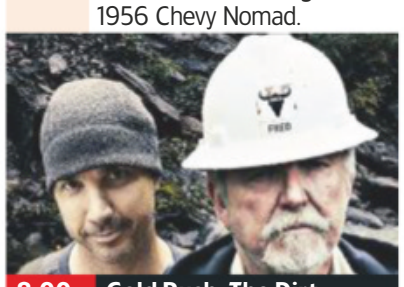
+1 hour 240 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Fast N' Loud**
7.00 **Wheeler Dealers**
8.00 **Gold Rush**
9.00 **Gold Divers**
10.00 **Supertruckers**
11.00 **Wheeler Dealers**
12.00 NOON **Mighty Ships**
1.00 PM **Combat Dealers**
2.00 **The Last Alaskans**
3.00 **Wheeler Dealers**
4.00 **Gold Divers**
5.00 **Gold Rush**
6.00 **Fast N' Loud** Building a 1956 Chevy Nomad.



8.00 Gold Rush: The Dirt

7.00 Supertruckers The firm has to shift 17 armoured vehicles from Salisbury Plain to the biggest British army base in the world.

8.00 Gold Rush: The Dirt NEW EDITION The cast and crew discuss the highs and lows of the latest gold mining season.

9.00 Gold Rush SERIES FINALE Rick desperately tries to get the last 27 ounces he needs to hit his target. Meanwhile, Tony finds out his dredge is short 30 buckets.

11.00 **Garage Rehab** Richard and his team head to Phoenix to help Fly N' High, a 4x4 shop keep its doors open.
12.00 M'T **Gold Rush** As 9.00pm.
2.00 AM **Wheeler Dealers**
3.00 **Gold Divers**
3.50 **Gold Rush**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Crocodile Hunter**
7.00 **Pit Bulls & Parolees**
8.00 **Saba and the Rhino's Secret**
9.00 **Africa's Super Seven**
10.00 **Crocodile Hunter**
11.00 **Amanda to the Rescue**
12.00 NOON **Wild Australia**
1.00 PM **Alaskan Bush People**
2.00 **Animal Cops Houston**
3.00 **Pit Bulls & Parolees**
4.00 **Saving Africa's Giants with Yao Ming**
5.00 **Crocodile Hunter**
6.00 **Into the Shark Bite**

7.00 Untamed China

7.00 Untamed China Nigel Marven finds endangered snubbed-nose monkeys, and goes on an unusual fishing trip.

8.00 Flying Wild Alaska An airline that transports supplies and people to some of the world's most inaccessible areas.

9.00 Predators Up Close with Joel Lambert Joel Lambert encounters some of the world's most dangerous predators.

10.00 Animal Cops Houston Charles and Debbie rescue dogs on the brink of turning feral from their dead owner's property.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Monsters Inside Me**
1.00 AM **Animal Cops Houston**
2.00 **Untamed China** As 7.00pm.
3.00 **Flying Wild Alaska** As 8pm.
3.50 **Monsters Inside Me**
4.40 **Dark Days in Monkey City**
5.10 **to 6.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WW2 Hell Under the Sea**
9.00 **Nazi Megastructures**
10.00 **Nazi Megastructures: America's War**
11.00 **Time Scanners**
12.00 NOON **Ancient X Files**
1.00 PM **Drain the Oceans** Uncovering historical artefacts from the bottom of the sea.
2.00 **Primal Survivor** The Darien Gap rainforest in Panama.
3.00 **Car SOS** Triple bill.
6.00 **Air Crash Investigation** A plane that crashed into a seawall in San Francisco.

7.00 Air Crash Investigation

7.00 Air Crash Investigation A look into the disaster that saw First Air Flight 6560 slam into a hillside near Resolute Bay, Canada.

8.00 Supercar Megabuild Dan and Shane build a motorcycle that can keep up with one of the world's fastest cars.

9.00 Car SOS Tim and Fuzz restore a 1997 Lotus Elise belonging to a cancer patient who had hoped to restore the vehicle herself.

10.00 Strippers: Cars for Cash Armed with a budget of £1,000, the teams scour the scrapyards in search of Ferraris and Porsches.

11.00 **Air Crash Investigation** A plane is found in a mountain, miles from its flight path.
12.00 M'T **America's Hardest Prisons**
1.00 AM **Banged Up Abroad**
2.00 **Wicked Tuna**
3.00 **Mine Kings**
4.00 **to 5.00** AM **Yukon Gold**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
10.00 **Heavy Lifting**
11.00 **Mountain Men**
12.00 NOON **Forged in Fire**
1.00 PM **American Pickers**
2.00 **Pawn Stars**
3.00 **Storage Wars** Four editions.
5.00 **Forged in Fire** The competitors look to secure a place in the final, where they will be forging the Katzbalger. **6.00** Two competitors create one of the deadliest weapons in history, the Makraka.

9.00 Knight Fight

7.00 American Pickers Mike and Frank come across a huge 200,000-square-foot factory-turned-private collection.

8.00 Pawn Stars SERIES FINALE A spear gun used to hunt marine life. **8.30** Madonna's 1988 day planner.

9.00 Knight Fight NEW EDITION A task to adapt to the weapons used by the Knights Templar during the Crusades.

10.00 Brothers in Arms NEW EDITION Rocco sets out to create a 21-barrel flintlock that fires all shots simultaneously.

11.00 **Ancient Aliens** Researchers speculate that frequencies may allow humans to connect with extraterrestrial forces.
12.00 M'T **The Curse of Oak Island**
1.00 AM **Pawn Stars**
2.00 **Forged in Fire**
3.00 **Pawn Stars**
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 19 159

6.00 AM **Searching for Shakespeare's House: A Time Team Special**
7.10 **Time Team Special: Rediscovering Ancient Britain**
8.00 **Time Team**
10.00 **Secrets of the Bible**
11.00 **World War Weird**
12.00 NOON **Time Team**
2.00 PM **The Blue Planet**
3.00 **Operation Gold Rush**
4.00 **Secrets of the Bible**
5.00 **World War Weird**
6.00 **Hitler's Propaganda Machine**

8.00 Impossible Railways

7.00 Impossible Engineering The spacecraft designed for the first manned mission to Mars, planned to launch by 2035. **7 PM**

8.00 Impossible Railways SERIES FINALE Engineering that allows trains to go faster than ever thought possible. **8 PM**

9.00 The Two Ronnies Vintage comedy, featuring the rhyming policemen sketch. **9.50** Another instalment of the gripping *Death Can Be Fatal* with a musical finale to finish. **9 PM**

10.35 Porridge Fletch shares a ward with Blanco in the prison hospital. **10 PM**

11.15 **Porridge** Double bill.
12.35 AM **Searching for Shakespeare's House: A Time Team Special**
1.40 **Time Team Special: Rediscovering Ancient Britain**
2.30 **to 3.00** AM **Battle Factory**

+1 hour 255 200

Disc. History

171 262

6.00 AM **Planes That Never Flew**
7.00 **Off the Rails**
9.00 **Future Weapons**
10.00 **Battlefield**
12.00 NOON **Planes That Never Flew**
1.00 PM **Off the Rails**
1.30 **Central Steam**
3.00 **Future Weapons**
4.00 **Battlefield**
6.00 **World War II in Colour**
7.00 **Cold War Armageddon**
8.00 **Edge of War**
9.00 **Cold War Armageddon**
10.00 **Blood Road Bomb Squad** The soldiers try to clear a landing zone for two helicopters.
11.00 **World War II in Colour**
12.00 M'T **World War Two: The Complete History**
1.00 AM **Edge of War**
2.00 **Battlefield**
4.00 **Future Weapons**
5.00 **to 6.00** AM **World War II in Colour**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Collar of Duty** NEW EDITIONS
10.00 **Animal Babies**
11.00 **Life in the Undergrowth**
12.00 NOON **Russia From Above** NEW EDITION
1.00 PM **Collar of Duty**
2.00 **Animal Babies**
3.00 **Wonders of the Universe**
4.00 **Collar of Duty**
5.00 **Animal Babies**
6.00 **Life in the Undergrowth**
7.00 **Russia From Above**
8.00 **Wonders of the Universe**
9.00 **Angry Planet**
10.00 **Life in the Undergrowth**
11.00 **Russia From Above**
12.00 M'T **Angry Planet**
1.00 **Wonders of the...**
2.00 **Animal Babies**
3.00 **Collar of Duty**
3.50 **Angry Planet**
4.40 **Wonders of the...**
5.30 **to 6.00** AM **Angry Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Hippo v Croc**
9.00 **Lions v Buffalo**
10.00 **Lions v Hippos**
11.00 **Monster Fish**
1.00 PM **Birth of a Pride**
2.00 **Leopard Kingdom**
3.00 **Clash of Tigers**
4.00 **Caught in the Act**
6.00 **Snakes in the City**
7.00 **Snakes in the City** Simon and Siouxsie hunt down mambas.
8.00 **Secrets of the Zoo** NEW EDITION Vets rush to save a pregnant warthog's life.
9.00 **Monster Croc Wrangler** NEW EDITIONS Series highlights. **9.30** Two outback ranches with some serious croc problems.
10.00 **Croc Caves of Africa**
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Monster Fish**
4.00 **to 5.00** AM **Birth of a Pride**

History 2

163 273 274 330 390

8.00 AM **Cities of the Underworld**
10.00 **America's Book of Secrets**
11.00 **Hangar 1: The UFO Files**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Discoveries**
3.00 **Cities of the Underworld**
5.00 **Hunting Hitler**
6.00 **Hangar 1: The UFO Files**
7.00 **Ancient Aliens** Conduits to other worlds that may be hidden within caves. **8.00** Examining the ancient past for evidence of alien overseers. **9.00** The possibility that aliens landed on Earth thousands of years ago.
10.00 **The Universe**
11.00 **Cities of the Underworld**
12.00 M'T **Hangar 1: The UFO Files**
1.00 AM **Ancient Aliens**
3.00 **Ancient Discoveries**
4.00 **to 5.00** AM **Hunting Hitler**

PBS America

160 276 94 155

8.00 AM **Jet Set**
8.30 **Petra: Lost City of Stone**
9.45 **Africa's Great Civilisations**
10.55 **Death or Freedom: The Jericho Jailbreak**
12.20 PM **First Face of the Americas**
1.35 **Petra: Lost City of Stone**
2.50 **Africa's Great Civilisations**
4.00 **Death or Freedom: The Jericho Jailbreak**
5.20 **First Face of the Americas**
6.35 **Petra: Lost City of Stone**
7.50 **The Black Pharaohs** Insight into the African kingdom of Kush.
9.00 **Africa's Great Civilisations** The cities that dotted Africa during Europe's Middle Ages.
10.15 **Goering's Last Secret: Revealed**
11.20 **The Black Pharaohs**
12.20 AM **Africa's Great Civilisations**
1.35 **to 2.00** AM **Jet Set**

CI

156 156 835 223 222 328 380

6.00 AM **Killer In Plain Sight**
7.00 **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **999: Killer on the Line**
12.00 NOON **Crimes That Shook Australia**
1.00 PM **Crimes That Shook Britain**
2.00 **Nightmare in Suburbia**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **999: Killer on the Line**
6.00 **Killer In Plain Sight**
7.00 **The First 48**
8.00 **Police Patrol**
9.00 **Killer Kids**
10.00 **Buried in the Backyard** NEW EDITION
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Nightmare in Suburbia**
2.00 **Buried in the Backyard**
3.00 **Crimes That Shook Britain**
4.00 **to 6.00** AM **Highlights**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

TUESDAY Films

Tuesday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Blue Iguana** As 4.00pm.
7.50 **Josie** As shown at 12.15am.
9.35 **PREMIERE** **Uncle John** Crime drama, as shown at 6.00pm.
11.35 **Deadpool 2** As 8.00pm.
1.50 PM **The Top Ten Show**
2.10 **Apostasy** British drama. (2017, PG, 95min) ★★★★
4.00 **Blue Iguana** Comedy drama. (2018, 15, 100min) ★★★
6.00 **PREMIERE** **Uncle John** Crime drama. (2015, 15, 113min) ★★★★ *See review, page 19*

6.00 Uncle John

8 PM

8.00 **Deadpool 2** Action comedy sequel starring Ryan Reynolds. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. With Josh Brolin. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.10 **Mandy** Horror starring Nicolas Cage. (2018, 18, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

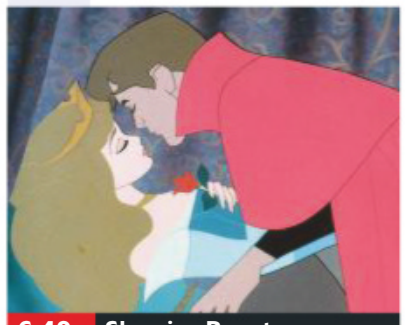
12.15 AM **Josie** Drama with Sophie Turner and Dylan McDermott. (2018, 15, 100min) ★★
2.00 **People You May Know** Romantic comedy drama with Nick Thune, Halston Sage and Kaily Smith Westbrook. (2017, 15, 92min) ★★★
3.50 **The Top Ten Show**
4.10 **to 6.00** AM **Apostasy** Drama, as shown at 2.10pm.

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.00 AM **The Fox and the Hound**
7.35 **Beauty and the Beast** (1991)
9.05 **Coco** As shown at 8.00pm.
10.55 **Sleeping Beauty** As 6.40pm.
12.15 PM **Duck Tales the Movie** Animation. (1990, U) ★★★
1.35 **Basil the Great Mouse Detective** (1986) ★★★
2.55 **National Treasure** As 9.50pm.
5.10 **Beauty and the Beast** Animation. (1991) ★★★★★
6.40 **Sleeping Beauty** Animation. (1959, U, 75min) ★★★★


6.40 Sleeping Beauty

8.00 **Coco** Animation with the voices of Anthony Gonzalez and Gael García Bernal. A boy who longs to be a musician ventures into the land of the dead to find his ancestor. (2017, PG, 102min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **National Treasure** Adventure caper starring Nicolas Cage. A treasure hunter follows a series of clues left by America's Founding Fathers as to the whereabouts of the lost fortune of the Knights Templar. (2004, PG, 131min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **The Fox and the Hound** Children's animated tale. (1981, U, 83min) ★★★
1.40 **Invincible** Sports biopic. (2006, PG, 105min) ★★
3.35 **The Santa Clause** Comedy. (1994, U, 98min) ★★★★
5.25 **to 6.50** AM **Basil the Great Mouse Detective** As 1.35pm.

Sky Family

305 305 846 436 406 505

6.10 AM **Surf's Up** As 2.50pm.
7.45 **Nanny McPhee** As 4.25pm.
9.30 **My Pet Dinosaur** As 1.20am.
11.10 **The Smurfs 2** As 6.10pm.
1.00 PM **Mary and the Witch's Flower** Animated adventure. (2017, U, 99min) ★★★
2.50 **Surf's Up** Animated comedy. (2007, PG, 85min) ★★★★
4.25 **Nanny McPhee** Fantasy . (2004, U, 98min) ★★★
6.10 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★

4.25 Nanny McPhee

8.00 **Diary of a Wimpy Kid** Family comedy starring Zachary Gordon and Robert Capron. A 12-year-old grapples with the onset of adolescence as he starts a new school. (2010, PG, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Thunderbirds** Live-action adventure based on the 1960s television show, starring Bill Paxton, Ben Kingsley, Sophia Myles and Anthony Edwards. (2004, PG, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Honey: Rise Up and Dance** Drama starring Teyana Taylor. (2018, 12, 90min) ★
1.20 AM **My Pet Dinosaur** Adventure starring Jordan Dulieu. (2017, PG, 98min) ★★
3.05 **Home Alone 2: Lost in New York** Comedy sequel starring Macaulay Culkin and Joe Pesci. (1992, PG, 120min) ★★
5.15 **to 6.50** AM **The Time Team** Animated adventure. (2017, U, 84min) ★★★

Sky Action

306 306 847 437 407 502

6.05 AM **Wild Wild West** Western. (1999, 12, 106min) ★
7.55 **The Karate Kid** Adventure. (1984, 12, 127min) ★★★★
10.05 **Birth of the Dragon** Biopic. (2017, 12, 95min) ★★★
11.45 **Deep Blue Sea** (1999) ★
1.35 PM **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
4.00 **The Bourne Identity** Thriller. (2002, 12, 119min) ★★★★★
6.00 **Hellboy II: The Golden Army** Fantasy. (2008, 12) ★★★★

6.00 Hellboy II: The Golden...

8.00 **Pacific Rim: Uprising** Sci-fi sequel starring John Boyega. The son of a war hero leads a new generation of giant robot pilots against a wave of alien Kaiju creatures. With Scott Eastwood and Cailee Spaeny. (2018, 12, 111min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

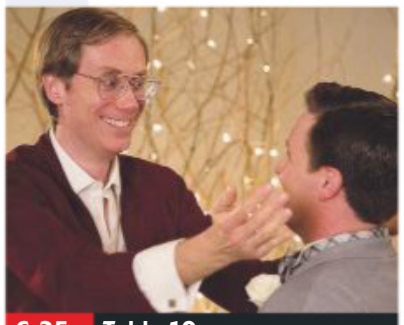
10.00 **Die Hard** Action thriller starring Bruce Willis and Alan Rickman. (1988, 15, 131min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Hudson Hawk** Action comedy starring Bruce Willis. (1991, 15, 97min) ★★★
2.00 **First Kill** Action thriller starring Bruce Willis and Ty Shelton. (2017, 15, 97min) ★★
3.45 **Ghosts of Mars** John Carpenter's sci-fi thriller starring Natasha Henstridge. (2001, 15, 97min) ★★★
5.30 **to 7.40** AM **Constantine** Supernatural horror thriller. (2005, 15, 121min) ★★★

Sky Comedy

307 307 848 438 408 506

6.50 AM **Psych: The Movie** (2017)
8.25 **The Naked Gun** Spoof thriller. (1988, 15, 85min) ★★★★
10.00 **The Naked Gun 2½: The Smell of Fear** Spoof thriller. (1991, 15, 81min) ★★★
11.35 **The Naked Gun 33⅓: The Final Insult** (1994) ★★★
1.05 PM **Pitch Perfect 3** As 8pm.
2.45 **She's Out of My League**
4.40 **Team America: World Police** Spoof. (2004, 15) ★★★★
6.25 **Table 19** Comedy. (2017) ★★


6.25 Table 19

8.00 **Pitch Perfect 3** Comedy starring Anna Kendrick. Following their win at the world championship, the Bellas reunite for one last singing competition. (2017, 12, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **She's Out of My League** Comedy starring Jay Baruchel. An unassuming geek grabs the attention of a beautiful woman, but his lack of confidence threatens the relationship. (2010, 15, 100min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Role Models** Comedy starring Paul Rudd, Seann William Scott and Jane Lynch. (2008, 15, 96min) ★★★★
1.20 AM **Zombieland** Horror comedy with Jesse Eisenberg. (2009, 15, 84min) ★★★★
2.55 **Monty Python's The Meaning of Life** Comedy sketches. (1983, 15, 103min) ★★★
4.50 **to 7.00** AM **The Fighting Temptations** Musical drama. (2003, PG, 123min) ★★★

Sky Hits

302 302 843 433 403

6.00 AM **Same Kind of Different as Me** Drama. (2016, 12) ★★★
8.05 **Peter Rabbit** As 6.20pm.
9.45 **Life of the Party** As 8.00pm.
11.45 **Battle of the Sexes** Comedy drama. (2017, 12, 121min) ★★★★
1.50 PM **Avengers: Infinity War**
4.25 **The Hurricane Heist** Action thriller. (2018, 12, 103min) ★
6.20 **Peter Rabbit** Family comedy. (2018, PG, 95min) ★★★

Sky 5 Star Movies

303 303 844 434 404 508

7.00 AM **The Top Ten Show**
7.20 **Almost Famous** As 5.15pm.
10.05 **Star Trek** As shown at 8.00pm.
12.15 PM **The Godfather** As 10.10pm.
3.15 **The Graduate** Comedy drama starring Dustin Hoffman. (1967, 15, 105min) ★★★★★
5.15 **Almost Famous** Cameron Crowe's semi-autobiographical music drama with Patrick Fugit. (2000, 15, 126min) ★★★★

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Directors**
7.00 **Mister Roberts** (1955) ★★★
9.30 **Private's Progress** (1955) ★★
11.35 **Gunsight Ridge** Crime Western. (1957, b/w, U, 85min) ★★★
1.30 PM **Springfield Rifle** Western. (1952, U, 92min) ★★★
3.30 **The Harder They Fall** Drama. (1956, b/w, 12, 104min) ★★★★
5.45 **Southwest Passage** Western. (1954, U, 75min) ★★

Talking Pictures

328 445 81 306

6.00 AM **The Limping Man** (1954)
7.30 **Johnny Ringo**
8.00 **Good Morning, Boys!** (1936)
9.40 **Surprise Package** (1960) ★★
11.40 **Kotch** Comedy. (1971, PG) ★★★
2.00 PM **The Edgar Wallace Mystery Theatre**
3.10 **High Flight** (1958, PG) ★★
4.55 **Miss MacTaggart Won't Lie Down** Short comedy.
5.30 **Robin's Nest** The bistro opens.

Horror

317 149 70 138

8.00 AM **Land of the Giants**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 21/26. (S2)
11.00 **Fire Serpent** Sci-fi horror thriller. (2007, 15, 89min) ★★
1.00 PM **Mongolian Death Worm** Sci-fi. (2010, 12, 85min) ★
3.00 **Andromeda** 17/22. (S1)
4.00 **40 Days and Nights** Disaster thriller. (2012, 15, 86min) ★
6.00 **Star Trek** 22/26. (S2)

primetime

8.00 **Life of the Party** Comedy starring Melissa McCarthy. After her husband asks for a divorce, a mother returns to college to complete her degree. (2018, 12, 105min) ★★
10.00 **Avengers: Infinity War** Fantasy adventure starring Robert Downey Jr. When a galactic warlord attempts to execute an insane plan, an army of superheroes try to stop him. (2018, 12, 149min) ★★★
12.35 AM **It Comes at Night** Horror. (2017, 15, 91min) ★★★★
2.20 **The Top Ten Show**
2.40 **Larry Gaye: Renegade Male Flight Attendant** Comedy. (2015, 15, 99min) ★★
4.30 **to 6.15** AM **The Nut Job 2: Nutty by Nature** Animated sequel. (2017, U, 91min) ★★

8.00 **Star Trek** Sci-fi adventure prequel starring Chris Pine and Zachary Quinto. Rebel Starfleet graduate James T Kirk falls foul of young Vulcan officer Spock when he joins the new Starship *Enterprise*. With Simon Pegg. (2009, 12, 121min) ★★★★★
10.10 **The Godfather** Francis Ford Coppola's classic gangster saga of a Mafia family engaged in bloody war with rival crime families. Stars Marlon Brando, Al Pacino, James Caan, Robert Duvall and Diane Keaton. (1971, 18, 167min) ★★★★★
1.10 AM **The Sting** Comedy drama. (1973, PG, 129min) ★★★★★
3.30 **The Top Ten Show**
3.45 **to 6.00** AM **The Quiet Man** John Ford's romantic drama. (1952, U, 129min) ★★★

7.25 **Gun Duel in Durango** Western starring George Montgomery and Ann Robinson. A skilled sharpshooter leaves a gang of bank robbers to marry the girl he loves. (1957, PG, 73min) ★★
9.00 **Mechanic: Resurrection** Action thriller sequel starring Jason Statham, Jessica Alba, Sam Hazeldine and Tommy Lee Jones. (2016, 15, 98min) ★★
11.10 **The Glimmer Man** Action thriller starring Steven Seagal. (1996, 18, 91min) ★
1.10 AM **Ocean's 11** Caper comedy starring Frank Sinatra, Dean Martin and Sammy Davis Jr. (1960, PG, 122min) ★★★
3.30 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

6.00 **Crow Hollow** Mystery thriller starring Donald Houston. (1951, b/w, PG, 69min) ★★
7.25 **Saloon Bar** Comedy thriller with Gordon Harker and Alec Clunes. Pub regulars try to solve a murder and free an innocent man. (1940, b/w, U, 74min) ★★
9.00 **Callan** A businessman receives incriminating photographs.
10.00 **The Chairman** Suspense thriller starring Gregory Peck as a scientist on a spy mission in Communist China. With Arthur Hill. (1969, PG, 99min) ★
12.00 M'T **Violent Playground** Crime drama. (1957, PG, 105min) ★★
2.10 AM **Melody** Romantic drama. (1971, PG, 103min) ★★
4.15 **to 6.00** AM **The Rocking Horse Winner** Drama. (1949, b/w, U, 91min) ★★

7.00 **Star Trek: Deep Space Nine**
8.00 **Sliders** 4/22. (S4)
9.00 **Alone in the Dark** Horror thriller starring Christian Slater and Tara Reid. A detective and his anthropologist ex-girlfriend have to stop an ancient species of dark demons from taking over the modern world. (2005, 18, 96min) ★
10.55 **The Green Inferno** Horror starring Lorenza Izzo and Ariel Levy. (2013, 18, 98min) ★★
12.55 AM **Phantasm** Horror thriller starring A Michael Baldwin. (1979, 18, 85min) ★★
2.45 **Wake in Fear** Thriller starring Caitlin Stasey and Markus Taylor. (2016, 15, 85min) ★★
4.20 **to 4.30** AM **Horror Highlights**

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

7.05 AM **Grosse Pointe Blank** Thriller. (1997, 15) ★★★★
9.05 **Breaking In** As 9.00pm.
10.50 **Déjà Vu** Sci-fi action thriller. (2006, 12, 126min) ★★★★
1.00 PM **Max Payne** Action thriller. (2008, 15, 95min) ★★★
2.45 **Contraband** Action thriller. (2012, 15, 105min) ★★★
4.45 **Four Brothers** Thriller. (2005, 15, 109min) ★★★
6.45 **All the Money in the World** Drama. (2017, 15) ★★★★

10.35 Don't Hang Up

All the Money in the World (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Breaking In** Thriller starring Gabrielle Union. After her father's murder, a woman travels to his home with her two children, little realising four criminals are inside. (2018, 15, 88min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.35 **Don't Hang Up** Teen horror thriller starring Gregg Sulkin, Garrett Clayton and Bella Dayne. (2016, 15, 83min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Ocean's Eleven** Caper thriller with George Clooney. (2001, 12, 116min) ★★★★
2.10 **Ocean's Twelve** Caper thriller sequel with George Clooney. (2004, 12, 125min) ★★★★
4.25 **to 6.35** AM **Ocean's Thirteen** Caper thriller sequel. (2007, PG, 122min) ★★★

Sky Drama

309 309 850 | 440 410 | 511

6.20 AM **Some Freaks** Romance. (2016, 15, 97min) ★★★
8.05 **Walk the Line** Music biopic. (2005, 12, 124min) ★★★★
10.25 **Unlovable** (2018) ★★★
12.00 NOON **The Last Movie Star** Drama. (2017, 15, 94min) ★★
1.50 PM **Coyote Ugly** Music drama. (2000, 12, 100min) ★★
3.40 **Atonement** British drama. (2007, 15, 117min) ★★★★
5.50 **Roman J. Israel, Esq** Drama. (2017, 12, 122min) ★★★

5.50 Roman J. Israel, Esq

8.00 **Victoria & Abdul** Drama starring Judi Dench and Ali Fazal. Queen Victoria strikes up an unlikely friendship with a young Indian clerk named Abdul Karim. With Eddie Izzard, Adeel Akhtar and Tim Pigott-Smith. (2017, PG, 111min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Hurricane** Fact-based drama with Denzel Washington. (1999, 15, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Any Given Sunday** Sports drama starring Al Pacino, Cameron Diaz and Dennis Quaid. (1999, 15, 162min) ★★
3.10 **A Mighty Heart** Documentary-style drama starring Angelina Jolie, Dan Futterman and Archie Panjabi. (2007, 15, 103min) ★★★★
5.10 **to 7.20** AM **Taps** Drama with George C Scott, Timothy Hutton and Tom Cruise. (1981, PG, 126min) ★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **Annabelle** As 3.10pm.
7.45 **Annabelle: Creation** As 5pm.
9.45 **The Dark Tower** Fantasy. (2017, 12, 95min) ★★
11.30 **The Day the Earth Stood Still** Thriller. (2008, 12) ★★
1.20 PM **The First Purge** As 9pm.
3.10 **Annabelle** Horror thriller. (2014, 15, 97min) ★★
5.00 **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
7.05 **After Earth** Sci-fi adventure. (2013, 12, 98min) ★★

10.45 Hannibal

After Earth (film started at 7.05pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **The First Purge** Thriller prequel starring Y'lan Noel. The US government trials a controversial experiment to legalise all crime for one night. (2018, 15, 98min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

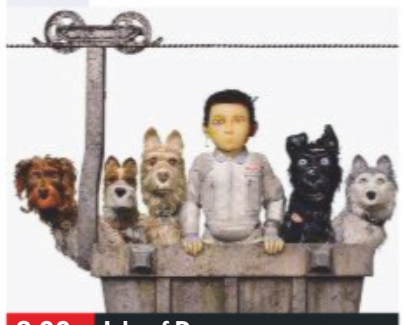
10.45 **Hannibal** Chiller sequel to *The Silence of the Lambs*, starring Anthony Hopkins and Julianne Moore. (2001, 18, 131min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.00 AM **Captain America: The Winter Soldier** Comic-book thriller sequel with Chris Evans. (2014, 12, 136min) ★★★★
3.20 **The Mummy** Adventure thriller starring Tom Cruise. (2017, 15, 105min) ★★
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Select

311 311 852 | 442 412 | 510

6.35 AM **Clash** (2016, 15) ★★★★
8.20 **The Levelling** British drama. (2016, 15, 83min) ★★★★
9.50 **Rio Grande** Western. (1950, b/w, U, 107min) ★★★★
11.40 **Sweet Country** Period drama. (2017, 15, 113min) ★★★★
1.40 PM **Five Easy Pieces** Drama. (1970, 15, 98min) ★★★★★
3.25 **Children of Men** Sci-fi thriller. (2006, 15, 109min) ★★★★★
5.20 **The Insider** Fact-based drama. (1999, 15, 157min) ★★★★★



8.00 Isle of Dogs

8.00 **Isle of Dogs** Animation with the voice of Bryan Cranston. A boy goes on a mission to rescue his furry companion when all dogs are banished to Trash Island. (2018, PG, 101min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

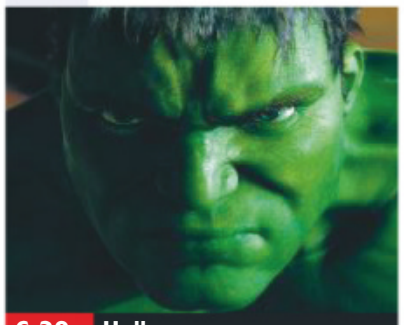
9.45 **The Town (Extended Cut)** Crime drama directed by and starring Ben Affleck, with Rebecca Hall and Jeremy Renner. (2010, 15, 144min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The High Frontier** Polish survival thriller starring Bartosz Bielenia. Subtitled. (2016, 15, 98min) ★★★
2.05 **High Plains Drifter** Western starring Clint Eastwood. (1972, 18, 105min) ★★★★
3.55 **The Wicker Man** Cult horror starring Edward Woodward. (1973, 15, 99min) ★★★★★
5.30 **to 7.05** AM **Aloys** Swiss sci-fi fantasy drama. Subtitled. (2016, 12, 91min) ★★★

Film4

313 313 853 | 428 429 | 15 | 300

■ **Films start at 11.00am**
11.00 AM **Von Ryan's Express** War drama with Frank Sinatra. (1965, PG, 117min) ★★★★
1.20 PM **North to Alaska** Western adventure with John Wayne. (1960, U, 122min) ★★★
3.45 **49th Parallel** British war drama starring Leslie Howard. (1941, b/w, U, 123min) ★★
6.20 **Hulk** Sci-fi fantasy with Eric Bana and Jennifer Connelly. (2003, 12, 138min) ★★



6.20 Hulk

Hulk (film started at 6.20pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Transformers: Dark of the Moon** Blockbuster sci-fi action adventure sequel starring Shia LaBeouf as a young man caught up in another titanic struggle between good and evil alien robots on Earth. With Rosie Huntington-Whiteley and Josh Duhamel. (2011, 12, 154min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11 PM

12.00 M'T **Kaleidoscope** Psychological thriller starring Toby Jones and Anne Reid. (2016, 15, 100min) ★★★
2.05 **to 3.50** AM **Smashed** Relationship drama with Mary Elizabeth Winstead, Aaron Paul and Megan Mullally. (2012, 15, 78min) ★★★

+1 hour 314 430 45 301

True Movies

319 424 62 303

6.00 AM **Little House on the Prairie**
7.00 **Cinderella** 2/2. Fantasy.
9.00 **She Led Two Lives** Fact-based drama. (1995, PG, 88min) ★
11.00 **Dreams Lost, Dreams Found** Drama. (1987, PG, 102min) ★★
1.00 PM **Little House on the Prairie**
3.00 **Million Dollar Murder** Drama. (2005, 15, 88min) ★★
5.00 **Murder at Devil's Glen** Thriller. (1998, 15, 88min) ★★

7.00 **Hidden Crimes** Crime thriller starring Tricia Helfer, Jonathan Scarfe and Kristen Holden-Ried. A woman sets out to save her convict brother's kidnapped son. (2009, 12, 90min) ★★
9.00 **Daylight Robbery** Heist thriller starring Geoff Bell and Vas Blackwood. A group of England football fans plan to ram-raid a London bank, using a trip to a World Cup match as their alibi. (2008, 15, 98min) ★★★
11.05 **Happy Face Killer** Fact-based drama starring David Arquette, Daryl Shuttleworth and Gloria Reuben. (2014, 15, 83min) ★★
1.00 AM **The Waltons** 6&7/24. (S7)
3.00 **to 6.00** AM **Little House on the Prairie**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **No Surrender** Thriller. (2011, PG, 90min) ★★
10.55 **Cries in the Dark** Suspense thriller. (2006, PG, 90min) ★★
1.00 PM **Tornado Warning** Sci-fi thriller. (2012, PG, 90min) ★★
2.55 **Sony Movie News Extra**
3.05 **Snowmageddon** Disaster drama. (2011, 12, 89min) ★
5.05 **The Double** Crime thriller. (2011, 12, 94min) ★★

7.00 **Hours** Suspense thriller starring Paul Walker. A desperate father struggles to keep his premature baby daughter alive in a hospital hit by Hurricane Katrina. (2013, 12, 93min) ★★
9.00 **Ghost Rider** Comic-book adventure starring Nicolas Cage, Eva Mendes and Peter Fonda. (2006, 12, 109min) ★★
11.15 **Universal Soldier: The Return** Action adventure sequel starring Jean-Claude Van Damme. (1999, 18, 83min) ★★
1.00 AM **Anonymous** Historical conspiracy thriller starring Rhys Ifans. (2011, 12, 129min) ★★★
3.45 **to 6.00** AM **The Freshman** Comedy with Matthew Broderick. (1990, PG, 102min) ★★★

+1 hour 322 50

Movies 24

325 419 513

7.00 AM **Advance & Retreat** Drama. (2016, PG, 120min) ★★
9.00 **Home by Spring** (2018) ★★
11.00 **Unleashing Mr Darcy** Romantic drama. (2016, PG, 120min) ★★
1.00 PM **The Good Witch's Gift** Fantasy sequel. (2010, PG) ★★★
3.00 **Tulips in Spring** Romantic drama. (2016, PG, 84min) ★★
5.00 **With This Ring** Romantic comedy. (2015, PG, 87min) ★★

7.00 **In My Dreams** Drama starring Mike Vogel. A couple who have never met in person have only seven days to turn dreams into reality. (2014, PG, 94min) ★★
9.00 **The Story of Us** Romantic comedy starring Sam Page. (2019, PG, 120min) ★★
11.00 **The Good Witch** Drama with Catherine Bell and Chris Potter. A beautiful and enchanting woman causes a stir in a sleepy town when she moves into an abandoned property. (2007, PG, 89min) ★★
1.00 AM **Summer of Dreams** Comedy starring Debbie Gibson. (2016, PG, 120min) ★★
3.00 **to 5.00** AM **Savannah Sunrise** Comedy. (2016, PG, 88min) ★★

+1 hour 326 420

Movies4Men

323 426 48 305

6.00 AM **Behold a Pale Horse** Drama. (1964, b/w, PG) ★
8.35 **The De Havilland Comet**
9.45 **Erebus: Into the Unknown**
11.15 **Station West** (1948) ★★★
1.10 PM **Best of the Badmen** Western. (1951, U, 84min) ★★
2.55 **Aircraft Carriers** Documentary.
4.10 **Submarine Raider** Wartime drama. (1942, U, 64min) ★★
5.40 **Submarine Warfare**

6.55 **Commandos Strike at Dawn** Wartime drama starring Paul Muni and Anna Lee. A Norwegian fisherman forms a Resistance group after his village is occupied by the Nazis. (1943, b/w, PG, 100min) ★★
9.00 **Diamond Dogs** Treasure hunt action adventure starring Dolph Lundgren, Yu Nan and Xue Zuren. (2007, 15, 94min) ★★
10.55 **Puncture Wounds** Action adventure starring Cung Le, Dolph Lundgren and Vinnie Jones. (2014, 15, 93min) ★★
12.45 AM **Redline** Thriller with Nadia Bjorlin and Angus Macfadyen. (2007, 12, 89min) ★
2.35 **to 4.00** AM **The Last Patrol** Thriller. (2000, 12, 95min) ★★

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.20 PM **Two Wrongs** *Paramount Network* Thriller starring Gillian Zinser and Ryan Blakely. ★★
9.00 **The 40 Year Old Virgin** *ITV2* Comedy with Steve Carell and Catherine Keener. (HD) ★★★★
9.00 **Sleeping with the Enemy** *Universal TV* Suspense thriller starring Julia Roberts. ★★
9.00 **Role Models** *Comedy Central* Comedy with Paul Rudd, Seann William Scott and Christopher Mintz-Plasse. (HD) ★★★★
9.00 **Safe** *Syfy* Action thriller starring Jason Statham, Catherine Chan and Robert John Burke. ★★★
10.00 **Grown Ups 2** *5STAR* Comedy sequel starring Adam Sandler, Kevin James, Chris Rock and David Spade. (HD) ★
11.00 **TimeCop** *5Spike* Sci-fi action thriller starring Jean-Claude Van Damme. ★★★
11.00 **Tactical Force** *Syfy* Action thriller starring Steve Austin and Michael Jai White. ★★
11.30 **Van Helsing** *ITV4* Fantasy adventure with Hugh Jackman and Kate Beckinsale. (HD) ★★
1.00 AM **Heartbreakers** *AMC* Comedy with Sigourney Weaver. ★★

TUESDAY Sport

SKY HD SD VIRGIN HD BT HD

19 March

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans** News and views on today's early stories, a look at the back pages, a tip on today's racing and a sporting weather forecast.
10.00 **Sky Sports News**
12.00 NOON **Sky Sports News**
1.00 PM **Sky Sports News**
4.00 **LIVE International T20 Cricket South Africa v Sri Lanka.** Coverage of the opening T20 international in the three-match series, taking place at Newlands in Cape Town.
7.30 **Sky Sports Tonight** This evening's leading sports stories.
8.00 **Sky Sports Tonight** This evening's leading sports stories.
9.00 **Sky Sports Tonight** This evening's leading sports stories.
10.00 **The Debate** Discussion on the latest football news.
11.00 **LIVE Test Cricket New Zealand v Bangladesh.** Coverage of the fifth and final day of the third and final Test in the series, taking place at Hagley Oval in Christchurch.
5.30 **to 6.00** AM **Ashes Greats**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **The Debate** Discussion.
10.00 **Premier League Years**
12.00 NOON **The Debate** Discussion.
1.00 PM **Premier League Years** A look back at classic games, infamous blunders and moments of skill from seasons past.
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games** The greatest Premier League game for each club, as voted for by fans.
5.00 **Premier League 100 Club**
6.00 **Premier League Best Goals**
7.00 **Premier League Review** A look back at recent fixtures in the Premier League, as the season continued with matches affecting both ends of the table.
8.00 **Premier League Best Goals**
9.00 **Premier League Review**
10.00 **The Debate** Discussion on the latest football news.
11.00 **Premier League Review**
12.00 M'T **The Debate**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **SPFL Round-Up**
6.15 **SPFL Greatest Games**
6.30 **Soccer AM: The Best Bits**
7.00 **Football's Greatest Players**
8.00 **SPFL Round-Up**
8.15 **SPFL Greatest Games**
8.30 **Soccer AM: The Best Bits**
9.00 **Football Countdowns**
10.00 **EFL Highlights**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Best of England v Sri Lanka**
7.00 **Cricket's Greatest Games**
8.00 **Test Cricket** As 9.00pm.
9.00 **Best of England v Sri Lanka**
10.00 **Test Cricket** As 9.00pm.
11.00 **Cricket's Greatest Games**
12.00 NOON **Test Cricket**
1.00 PM **Best of England v Sri Lanka**
2.00 **Cricket's Greatest Games**
3.00 **Test Cricket** As 9.00pm.
3.55 **LIVE International T20 Cricket South Africa v Sri Lanka.** Coverage of the opening T20 international in the three-match series, taking place at Newlands in Cape Town.
7.30 **Best of England v New Zealand** Four editions.
8.30 **Eoin Morgan: No Boundaries**
8.50 **The Great WG Grace**
9.00 **Test Cricket** New Zealand v Bangladesh: Action from the fourth day of the third and final Test at Hagley Oval, Christchurch.
9.55 **LIVE Test Cricket New Zealand v Bangladesh.** Coverage of the fifth and final day of the third and final Test in the series, taking place at Hagley Oval in Christchurch.
5.30 **to 6.00** AM **Ashes Greats**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **Nick Dougherty's Tee Time Tips** Advice from the former pro.
6.30 **British Masters Masterclass**
7.00 **Nick Dougherty's Tee Time Tips**
7.30 **British Masters Masterclass**
8.00 **School of Golf**
9.00 **British Masters Masterclass**
9.30 **The Improvers**
10.00 **PGA Tour Golf** As 2.00pm.
12.00 NOON **School of Golf**
1.00 PM **British Masters Masterclass**
1.30 **The Improvers**
2.00 **PGA Tour Golf** The final day of the Players Championship.
4.00 **School of Golf**
5.00 **Best of Open Zone 2017**
6.00 **The Improvers**
7.00 **School of Golf**
8.00 **Perfection In Paris** A look back at the 2018 Ryder Cup.
10.00 **School of Golf**
11.00 **Perfection In Paris**
1.00 AM **Best of Open Zone 2017**
2.00 **School of Golf**
3.00 **British Masters Masterclass**
3.30 **The Improvers**
4.00 **Nick Dougherty's Tee Time Tips**
4.30 **British Masters Masterclass**
5.00 **Nick Dougherty's Tee Time Tips**
5.30 **to 6.00** AM **British Masters Masterclass**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Hyundai A-League** Action from Melbourne Victory v Brisbane Roar at Marvel Stadium.
7.30 **Hyundai A-League** Newcastle Jets v Central Coast Mariners at the McDonald Jones Stadium.
9.00 **Hyundai A-League** Sydney FC v Melbourne City at Lottoland.
10.30 **Premier League Review** A look back at the best of the recent action from the Premier League.
11.30 **Classic MOTD – Thrillers**
2.00 PM **WTA Tennis: Indian Wells** Action from the final of the BNP Paribas Open at Indian Wells.
4.00 **LIVE WTA Tennis** Coverage of the opening day of the Miami Open at the Hard Rock Stadium in Miami Gardens, Florida.
12.00 M'T **The Outdoor Sports Show**
12.30 AM **Vanarama National League Highlights**
1.00 **World Poker Tour Series**
3.00 **Hyundai A-League Highlights**
4.00 **Ladbrokes SPFL Highlights**
4.30 **Emirates FA Cup Highlights** Action from the quarter-finals.
5.00 **The Football Archives: 1978/79** Classic action.
5.30 **to 6.00** AM **The Football Archives: 1979/80**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **Bundesliga 2** As 1.30pm.
7.30 **Men's Hockey** Spain v Germany. **8.30** Australia v Argentina.
9.30 **Women's Hockey** Action from Australia v Argentina.
10.30 **Ladbrokes SPFL Highlights**
11.00 **Emirates FA Cup Highlights** Action from the quarter-finals.
11.30 **Hyundai A-League Highlights**
12.30 PM **Bundesliga Highlights Show** Action from Germany.
1.30 **Bundesliga 2** SSV Jahn Regensburg v SpVgg Greuther Furth at the Continental Arena.
3.00 **BT Sport Goals Reload**
3.15 **The Big Match Revisited**
7.00 **Premier League Review** A look back at recent top-flight action.
8.00 **Rocky & Wrighty: From Brockley To The Big Time** How a young David Rocastle's meteoric rise to stardom inspired another legend in the shape of Ian Wright.
9.30 **Emirates FA Cup Highlights** Action from the quarter-finals.
10.00 **UFC** Action from Darren Till v Jorge Masvidal at the O2 Arena.
1.00 AM **ESPN Classic Boxing**
4.30 **Silly Little Game**
5.30 **to 6.00** AM **The Outdoor Sports Show**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Ligue 1** Back-to-back action from France's top division.
1.00 PM **Ligue 1** Action from Paris Saint-Germain v Marseille.
2.30 **PSA Squash** Action from the men's finals at the Canary Wharf Classic in London.
4.00 **Bundesliga Highlights Show** A round-up of recent action in the Bundesliga, including Hertha Berlin v Borussia Dortmund.
5.00 **Ligue 1 Highlights** A look back at recent action from Ligue 1, including Lille v Monaco, PSG v Marseille and Lyon v Montpellier.
6.00 **Men's Hockey** Action from Spain v Germany in Valencia.
7.00 **Men's Hockey** Action from Australia v Argentina in Sydney.
8.00 **Women's Hockey** Action from Australia v Argentina in Sydney.
9.00 **Ladbrokes SPFL Highlights** The best of the latest action in the Ladbrokes Premiership, including Aberdeen v Hearts, Rangers v Kilmarnock and Dundee v Celtic.
9.30 **Ligue 1** Lille v Monaco.
11.00 **Ligue 1** Lyon v Montpellier.
12.00 M'T **to 6.00** AM **Ligue 1** Further back-to-back football action from France's top division.

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
7.45 **Joshua Buatsi: The Knockouts**
8.00 **NFL: America's Game**
9.00 **Boxing Gold**
10.00 **Sporting Records**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Darts Gold**
2.15 **Joshua Buatsi: The Knockouts**
2.30 **Darts Gold**
3.00 **Boxing Gold**
4.00 **Darts Gold**
4.15 **Joshua Buatsi: The Knockouts**
4.30 **NBA: The Starters**
5.00 **Sporting Records**
5.30 **Darts Gold**
6.00 **Netball Superleague**
7.00 **NBC's ProFootballTalk**
9.00 **Netball Superleague**
10.00 **Wildfly Fishing**
10.30 **Top 14 Round-Up Show**
11.00 **Netball Superleague**
12.00 M'T **NBA GameTime**
12.30 AM **NBA: The Starters**
1.00 **Wildfly Fishing**
1.30 **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Netball Superleague**
4.30 **to 6.00** AM **Highlights**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Game Changers: Super Bowl**
7.30 **My Icon**
8.00 **Great Sporting Moments**
8.15 **Game Changers: Super Bowl**
8.45 **NFL – Greatest Games**
10.15 **Sporting Records**
10.45 **My Icon**
11.00 **Game Changers: Super Bowl**
11.30 **Sporting Greats**
12.00 NOON **Netball Superleague**
2.00 PM **NFL: A Football Life**
3.00 **Game Changers: Super Bowl**
3.30 **Sporting Records**
4.00 **Netball Superleague**
6.00 **Soccer AM: The Best Bits**
6.30 **Sporting Records**
7.00 **Game Changers: Super Bowl**
7.30 **Sportswomen**
8.00 **Netball Superleague** Loughborough Lightning v Wasps: Highlights of the match from the 10th round of fixtures,held at the Sir David Wallace Arena.
9.00 **Premier League Review** A look back at recent fixtures.
10.00 **Netball Superleague**
11.00 **Sportswomen**
11.30 **Soccer AM: The Best Bits**
12.00 M'T **Premier League Review**
1.00 AM **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **College Basketball**
11.00 **Formula E Championship**
12.00 NOON **ESPN FC** Football news.
12.30 PM **MLB** Double bill of action.
6.30 **ESPN FC** Football news.
7.00 **Around the Horn**
7.30 **Pardon the Interruption**
8.00 **Special Olympics Abu Dhabi**
9.00 **Madden eSports** The Madden NFL Club Championship.
10.00 **College Basketball** A look ahead to this evening's action
10.30 **LIVE NCAA Basketball Tournament** The NCAA Division I Men's Basketball Tournament.
1.00 AM **LIVE NCAA Basketball Tournament** The NCAA Division I Men's Basketball Tournament.
3.30 **BT Sport Reload**
3.45 **Mobil 1: The Grid**
4.15 **to 6.00** AM **College Basketball**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.30 AM **Cycling: Milan-San Remo**
8.30 **Cycling: Tirreno-Adriatico**
9.30 **Snooker: Gibraltar Open**
11.30 **World Superbikes** Action from round two in Thailand.
1.00 PM **Figure Skating World Championships** Action from Saitama Super Arena in Japan.
6.00 **LIVE Curling World Championships** Coverage of a women's round-robin match from Silkeborg Sportscentre, Denmark.
9.00 **Figure Skating World Championships** Action from the pairs' free discipline at Saitama Super Arena in Japan. **10.00** The ladies' free discipline at Saitama Super Arena in Japan.
11.00 **Cycling: Tirreno-Adriatico**
12.00 M'T **Cycling: Tour of Taiwan**
12.15 AM **Motorsport: Formula E**
12.45 **FIA World Endurance Championship** A review of the 1000 Miles of Sebring.
1.15 **to 1.25** AM **Hockey: Pro League**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.00 AM **Highlights**
8.15 **World Superbikes**
9.00 **Fencing: Grand Prix Series**
10.10 **Lindsey Vonn: Chasing History**
11.15 **Cycling: Get to Know**
11.25 **Cycling: Tour of Taiwan**
11.45 **Cycling: Tirreno-Adriatico**
12.40 PM **LIVE Cycling: Tirreno-Adriatico** Stage seven.
3.40 **Cycling: Tour of Taiwan**
4.00 **Athletics: European Indoors**
6.00 **Athletics: Diamond League**
7.00 **Cycling: Tirreno-Adriatico**
8.30 **Cycling: Milan-San Remo**
9.30 **Cycling: Tour of Taiwan**
9.45 **Equestrian**
10.45 **Show Jumping**
11.45 **Hockey: Pro League**
11.50 **Eurosport News**
12.00 M'T **Eurosport News**
12.30 AM **Biathlon**
1.00 **Cycling: Tour of Taiwan**
1.15 **Cycling: Tirreno-Adriatico**
2.00 **Curling World Championships**
4.00 **to 6.00** AM **Highlights**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Highlights**
9.00 **Sporting Records**
10.00 **Super League Fulltime**
10.30 **Sporting Greats**
11.00 **Super League Gold**
11.45 **Joshua Buatsi: The Knockouts**
12.00 NOON **Super League Fulltime**
12.30 PM **WWE from the Vault**
1.00 **Great Sporting Moments**
1.30 **NBA: The Starters**
2.00 **Super League Fulltime**
2.30 **Sporting Greats**
3.00 **Sporting Records**
3.30 **NBA: The Starters**
4.00 **Super League Fulltime**
4.30 **WWE from the Vault**
5.00 **WWE Smackdown**
7.00 **NBA GameTime**
7.30 **Top 14 Round-Up Show**
8.00 **NBA GameTime**
8.30 **NBA: The Starters**
9.00 **WWE Raw** Wrestling action.
12.00 M'T **LIVE WWE Smackdown** Wrestling coverage from America.
2.00 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **The F1 Show**
11.30 **Formula 1** As 11.15pm.
12.30 PM **Australian F1 GP Best Bits**
1.00 **Formula 1** As 5.45pm.
3.15 **Australian F1 GP Best Bits**
3.45 **Nico & Keke**
4.00 **Damon Drives The Lotus 49**
4.10 **Australian F1 GP: Pit Lane**
5.10 **Australian F1 GP: On The Grid**
5.45 **Formula 1** The Australian Grand Prix: Another chance to see the opening round of the season, held at Albert Park, Melbourne.
8.00 **Australian F1 GP: Paddock**
8.30 **Australian F1 GP Best Bits** The best moments from the Australian Grand Prix.
9.00 **F1 Classic Races** A look back at the 1999 Malaysian Grand Prix.
11.15 **Formula 1** Highlights of the Australian Grand Prix.
12.15 AM **Australian F1 GP Best Bits**
12.45 **Nico & Keke**
1.00 **to 6.00** AM **The Home of F1**

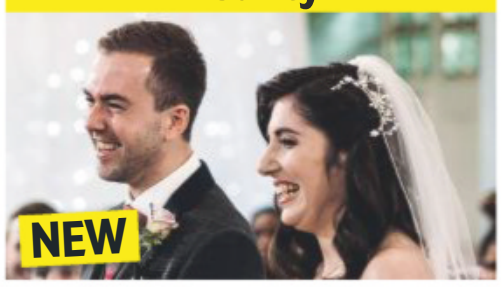
Wednesday 20 March

Evening Planner

Documentary

Churchill's Secret Son
Yesterday, 8pm
Asking if Brendan Bracken, Churchill's Conservative ally in refusing to appease Hitler, had a biological tie to the PM

Reality

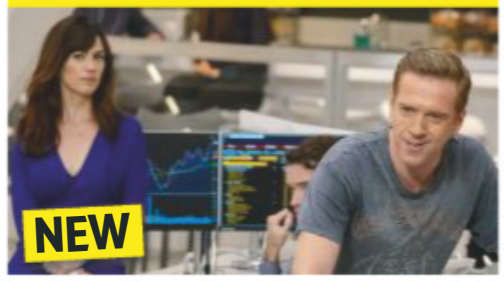


Married at First Sight
C4 HD, 9pm
Office manager Verity and IT consultant Jack are one of two pairs meeting and getting hitched – on the same day

Crime drama

The Bay
ITV HD, 9pm
In a Morecambe-set mystery, Morven Christie plays a detective who realises she has a link to a missing-persons case

Drama



Billions
Sky Atlantic HD, 9pm
The financial battle of wits is back for series four, and former enemies Axe and Chuck join forces against an oligarch

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show		8.00 The Sheriffs Are Coming		9.00 MasterChef		10.00 News; Local News	10.35 Glow Up...
102 BBC2	7.00 Antiques Road Trip		8.00 Great British Menu		9.00 MotherFatherSon		10.00 White Gold	10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Coronation Street	8.00 Britain's...	8.30 Coronation Street	9.00 The Bay		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 The Supervet: Noel Fitzpatrick		9.00 Married at First Sight		10.00 Mums Make Porn	
105 CHANNEL 5	7.00 Spring In Alaska: A Year in the Wild		8.00 GPs: Behind Closed Doors		9.00 Critical Condition		10.00 The House of Extraordinary People	
106 SKY ONE	7.00 The Simpsons		8.00 A League of Their Own: US Road Trip...		9.00 Magnum P.I.		10.00 Bounty Hunters	10.30 Strike Back...
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 A Stitch in Time	8.00 The Mekong River with Sue Perkins		9.00 How to Go Viral: The Art of the Meme...		10.00 The Joy of Data	
118 ITV2	7.00 You've Been Framed! Gold				9.00 Film: Horrible Bosses			
136 MORE4	◂ 6.55 The Supervet		7.55 Grand Designs		9.00 Phil Spencer's History of Britain in...		10.00 It Was Alright in the 1990s	
135 E4	7.00 Hollyoaks	7.30 Speechless	8.00 The Goldbergs	8.30 Schooled	9.00 Celebs Go Dating		10.00 First Dates	
107 SKY WITNESS	7.00 Firefighters		8.00 Criminal Minds		9.00 Grey's Anatomy		10.00 Station 19	
108 SKY ATLANTIC	7.00 Blue Bloods		8.00 Deep Ocean Live: Interactive		9.00 Billions			10.10 Game of Thrones: Greatest...
110 GOLD	7.00 dinnerladies diaries		8.00 dinnerladies			9.25 Live at the Apollo		10.25 Peep Show
111 DAVE	7.00 American Pickers		8.00 Last Stop Garage		9.00 QI		10.00 Hypothetical	
119 ITV3	7.00 Murder, She Wrote		8.00 Agatha Christie's Poirot					10.20 Lewis
120 ITV4	◂ 6.45 Snooker: Tour Championship – Live: Day two of the inaugural event from Venue Cymru in Llandudno, featuring the quarter-finals							10.15 World Superbike Highlights
112 COMEDY CENTRAL	7.00 Friends		8.00 Your Face or Mine		9.00 Lip Sync Battle		10.00 The Cleveland Show	
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Merlin		9.00 Marvel's Runaways		10.00 Future Man	10.30 Film: Drive
109 W	7.00 My Dream Home		8.00 Inside the Ambulance at Christmas		9.00 Sex, Knives & Liposuction		10.00 One Born Every Minute	
113 UNIVERSAL	7.00 NCIS				9.00 In Ice Cold Blood		10.00 Law & Order: Special Victims Unit	
124 FOX	7.00 NCIS						10.00 Bull	
122 SKY ARTS	7.00 Portrait Artist of the Year 2019		8.00 Bafta: Life in Pictures		9.00 Film: Jane Fonda In Five Acts			
Documentary								
125 DISCOVERY	7.00 Supertruckers		8.00 Mighty Ships		9.00 Tanked		10.00 Moonshiners	
162 ANIMAL PLANET	7.00 Untamed China		8.00 Flying Wild Alaska		9.00 The Lions of Sabi Sand: Brothers in Blood			
129 NAT GEO	7.00 Air Crash Investigation		8.00 Alaska's Toughest Pilots		9.00 Alaska State Troopers		10.00 Lawless Island: Alaska	
130 HISTORY	7.00 American Pickers		8.00 Pawn Stars		9.00 The Curse of Oak Island		10.00 River Hunters	
155 YESTERDAY	7.00 Impossible Engineering		8.00 Churchill's Secret Son		9.00 Porridge			
166 EDEN	7.00 Russia From Above		8.00 Wonders of the Universe		9.00 Angry Planet		10.00 Life in the Undergrowth	
Films								
301 SKY PREMIERE	◂ 6.10 Blue Iguana		8.00 Deadpool 2					10.10 Josie
302 SKY HITS		7.15 Daddy's Home 2			9.00 Jumanji: Welcome to the Jungle			
303 5 STAR MOVIES	◂ 6.00 Star Trek II: The Wrath of Khan		8.00 Jaws					10.10 The Godfather Part II
304 SKY DISNEY	◂ 6.15 Maleficent		8.00 Cinderella			9.20 National Treasure: Book of Secrets		
305 SKY FAMILY	◂ 6.35 The Cat in the Hat		8.00 The Lego Movie			9.45 The Flintstones		
306 SKY ACTION	◂ 6.00 Kong: Skull Island		8.00 Guardians of the Galaxy				10.00 Guardians of the Galaxy Vol. 2	
307 SKY COMEDY	◂ 5.55 Pretty Woman		8.00 Snatched			9.40 Rough Night		
308 SKY THRILLER	◂ 6.00 Atomic Blonde		8.00 RocknRolla				10.00 Bad Samaritan	
309 SKY DRAMA	◂ 6.15 The Breakfast Club		8.00 Serenity				10.00 Phantom Thread	
310 SKY SCI-FI	◂ 6.40 Black Panther				9.00 Star Wars: The Last Jedi			
311 SKY SELECT	◂ 6.05 Mary Magdalene			8.15 Lady Bird			10.00 Mandy	
313 FILM4		7.15 Paddington			9.00 Titanic			
315 TCM	◂ 6.30 The Cowboys				9.00 Layer Cake			
Sport								
401 MAIN EVENT	7.00 Sky Sports Tonight		7.40 Gillette Soccer Special				10.00 Sky Sports News at Ten	
402 PREMIER LEAGUE	7.00 Premier League World		7.40 Gillette Soccer Special			9.45 PL...	10.00 Premier League 100 Club	
403 FOOTBALL	7.00 Football's Greatest...		7.40 Gillette Soccer Special				10.00 EFL Highlights	
404 CRICKET	7.00 International T20 Cricket							10.30 Test Cricket
413 BT SPORT 1	◂ 4.00 WTA Tennis – Live: Day two of the Miami Open							
414 BT SPORT 2	7.00 PSA Squash Highlights		8.00 Rugby Tonight		9.00 UFC NOW		10.00 Iron Man: The Sean Fallon Story	

◂ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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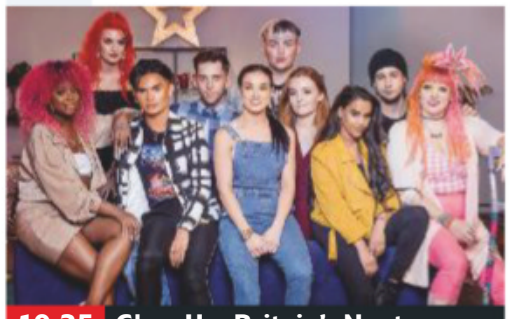
Wednesday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)(HD)
9.15 **Crimewatch Roadshow Live** (S)
10.00 **Homes Under the Hammer** Property auctions. (S)(R)(HD)(AD)
11.00 **Good Morning Dagenham** (S)(HD)
11.45 **Dom on the Spot** (S)(HD)
12.15 PM **Bargain Hunt** (S)(R)(HD)(AD)
1.00 **BBC News** (S)(HD)
1.30 **Local News** (S)
1.45 **Doctors** Rob and Karen get a call from social services. (S)(HD)(AD)
2.15 **Shakespeare & Hathaway – Private Investigators** 8/10. Frank and Lu protect a troubled teenager. (S1) (S)(R)(HD)(AD)
3.00 **Escape to the Country** (S)(R)(HD)
3.45 **Money for Nothing** (S)(HD)
4.30 **Flog It!** Antiques show. (S)(HD)
5.15 **Pointless** Quiz show. (S)(R)(HD)
6.00 **BBC News** (S)(HD)
6.30 **Local News** (S)



10.35 Glow Up: Britain's Next...

7 PM

7.00 **The One Show** Matt Baker and Alex Jones host the magazine show, with stories of interest from around the UK, plus celebrity guests in the studio. (S)(HD)

8 PM

8.00 **The Sheriffs Are Coming** 4/4. Rob and Gerald recoup money owed to a former care home worker, while Mike and Billy seek out a builder who took a grandmother's cash then disappeared without doing the job he promised. (S)(R)(HD)(AD)

9 PM

9.00 **MasterChef** 19/24. As the semi-finals continue, the nine remaining cooks serve a three-course fine-dining menu for 80 guests at Glyndebourne Opera House in Sussex. (S)(HD)(AD)
■ Continues on Friday

10 PM

10.00 **BBC News** (S)(HD)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 **Glow Up: Britain's Next Make-Up Star** 3/8. The make-up artists produce online videos. (S)(HD)
11.35 **Tiredness, Tears and Tantrums: Diary of a New Mum** Annie Price discusses the trials and tribulations of the first six weeks of motherhood, including meeting a professional breastfeeding counsellor and learning infant first aid. (S)(R)(HD)
12.30 AM **Weather for the Week Ahead** Seven-day forecast. (S)(HD)
12.35 **to 6.00** AM **BBC News** (S)(HD)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **World's Most Photographed: Mahatma Gandhi** (S)(R)
6.30 **Good Morning Dagenham** (S)(R)
7.15 **Money for Nothing** (S)(R)(HD)
8.00 **Sign Zone: Great British Menu** (R)
8.30 **Sign Zone: Great Canadian Railway Journeys** (S)(R)(AD)
9.00 **BBC News** (S)(HD)
10.00 **Victoria Derbyshire** (S)(HD)
11.00 **BBC Newsroom Live** (S)(HD)
11.15 **Politics Live** (S)(HD)
1.00 PM **Think Tank** (S)(R)(HD)
1.45 **The Great British Year** (S)(R)(HD)
2.45 **Caribbean with Simon Reeve** (R)
3.45 **Pubs That Built Britain** (S)(R)(HD)
4.15 **Atlantic: The Wildest Ocean** (S)(R)
5.15 **Put Your Money Where Your Mouth Is** (S)(R)(HD)
6.00 **Eggheads** Quiz show. (S)(HD)
6.30 **Great Continental Railway Journeys** 1/10. The Balkans. (S)(R)

9.00 MotherFatherSon

7.00 **Antiques Road Trip** Antiques experts Charlie Ross and James Braxton face their final auction in Dorchester, before Anita Manning and Charles Hanson embark on a journey around the west of Scotland. (S)(R)(HD)

8.00 NEW SERIES **Great British Menu** 1/29. Chefs Paul Walsh, Luke Selby and Ben Marks compete in the London and South East heats, each preparing starters and fish courses. (S)(HD)
■ Continues tomorrow

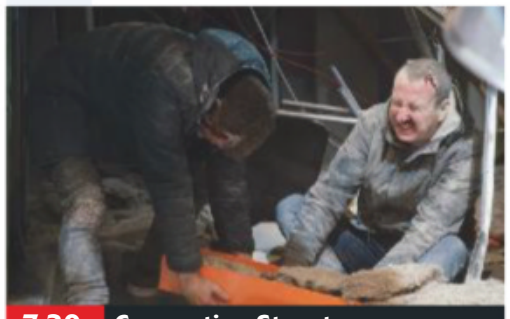
9.00 **MotherFatherSon** 3/8. Kathryn dedicates herself full time to Caden's rehabilitation. Meanwhile, Max's enemies are beginning to circle, sensing that his British media empire may be weakening. (S1) (S)(HD)(AD)

10.00 **White Gold** 3/6. Vincent infiltrates the local Freemason brotherhood. (S2) (S)(HD)(AD)
10.30 **Newsnight** (S)(HD)
11.10 **Weather** (S)(HD)
11.15 **Rome Unpacked** 1/2. Exploring the culture and gastronomy of Italy's capital. (S)(R)(HD)(AD)
12.15 AM 2/2. Visiting the 12th-century Basilica di San Clemente. (S)(R)(HD)(AD)
1.15 **Sign Zone: MasterChef** 11/24. The last group of seven amateur cooks enter the kitchen. (S)(R)(HD)(AD)
2.15 **Sign Zone: Africa with Ade Adepitan** (S)(R)(AD)
3.15 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)(HD)
8.30 **Lorraine** (S)(HD)
9.25 **The Jeremy Kyle Show** (S)(HD)
10.30 **This Morning** (S)(HD)
12.30 PM **Loose Women** (S)(HD)
1.30 **ITV News** (S)(HD)
1.55 **Local News** (S)(HD)
2.00 **Judge Rinder** Following criminal barrister Robert Rinder as he takes on real-life cases in a studio courtroom. (S)(HD)
3.00 **Tenable** A Bognor Regis family answer questions based on top 10 lists, then try to score a perfect 10 in the final round. (S)(R)(HD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(HD)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(HD)
6.00 **Local News** (S)(HD)
6.30 **ITV News** (S)(HD)



7.30 Coronation Street

7.00 **Emmerdale** Maya attempts to win over Pollard. (S)(HD)(AD)
7.30 **Coronation Street** Tim, Abi and Tyrone force their way into the factory to search for survivors. (S)(HD)(AD)

8.00 **Britain's Brightest Family** 7/15. The Vlok family take on the Goughs for a place in the quarter-finals. (S)(HD)
8.30 **Coronation Street** Carla reveals that she knew the roof was unsafe. (S)(HD)(AD)

9.00 NEW SERIES **The Bay** 1/6. Crime drama starring Morven Christie. DS Lisa Armstrong is assigned as the Family Liaison Officer to the case of a pair of missing teenage twins in Morecambe. *See feature, page 8* (S)(HD)(AD)

10.00 **ITV News** (S)(HD)
10.30 **Local News** (S)(HD)
10.45 **Peston** Political magazine presented by Robert Peston, featuring interviews with members of Westminster. (S)(HD)
11.40 **La Liga Highlights** A round-up of the latest action from the Spanish top flight, including Real Betis v Barcelona. (S)(R)(HD)
12.35 AM **Jackpot247** (HD)
3.00 **Lethal Weapon** *Brotherly Love:* 12/18. Riggs and Murtaugh find themselves embroiled in a car-theft ring. (S1) (S)(SL)(R)(HD)(AD)
3.45 **ITV Nightscreen** (HD)
5.05 **to 6.00** AM **The Jeremy Kyle Show** Talk show. (S)(SL)(R)(HD)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.30 AM **Cheers** (S3) (S)(R)(HD)
7.45 **Frasier** Triple bill. (S4) (S)(R)(AD)
9.10 **Everybody Loves Raymond** (S)(R)
10.10 **Ramsay's Hotel Hell** A dog-friendly hotel in Vermont. (S)(R)(HD)(AD)
11.05 **Undercover Boss USA** (S)(R)(HD)
12.00 NOON **News** (S)(HD)
12.05 PM **Come Dine with Me** (S)(R)(HD)
1.05 **Find It, Fix It, Flog It** (S)(R)(HD)
2.10 **Countdown** (S)(HD)
3.00 **A Place in the Sun: Summer Sun** On the Costa Blanca. (S)(R)(HD)
4.00 **Escape to the Chateau: DIY** Dick helps Ben and Billie restore a traditional wine press. (S)(HD)
5.00 **Four in a Bed** (S)(HD)
5.30 **Come Dine with Me** The third dinner party in Manchester. (S)(HD)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** The day of Mac's trial finally arrives. (S)(HD)(AD)

10.00 Mums Make Porn

7.00 **News** (S)(HD)

8.00 **The Supervet** 3/6. Noel Fitzpatrick suspects that an 18-month-old Australian Shepherd dog may be suffering from nerve compression, and a Jack Russell puppy is rushed in with a crushed pelvis after a freak accident. (S)(HD)

9.00 NEW SERIES **Married at First Sight** 1/4. Return of the romantic reality experiment in which experts select compatible couples from a list of applicants, then invite them to marry one another. (S)(HD)(AD)

10.00 NEW SERIES **Mums Make Porn** 1/3. Five mothers research the impact free online porn is having on their children's generation and decide to make their own alternative porn film. (S)(HD)(AD)
11.00 **Derry Girls** 3/6. (S2) (S)(R)(HD)
11.30 **Gogglebox** (S)(R)(HD)(AD)
12.30 AM FILM **Insidious: Chapter 2** Supernatural thriller sequel. (S)(SL)(HD) (2013, 15, 105min) ★★★
2.20 **Inside Out Homes** (S)(R)(HD)
3.15 **Coast vs Country** (S)(R)(HD)
4.10 **Come Dine with Me** (S)(R)(HD)
5.05 **All Star Driving School** (S)(R)
5.30 **Kirstie's Fill Your House for Free** A drab dwelling. (S)(R)(HD)
5.50 **to 6.25** AM **Countdown** (S)(R)

+1 hour 204 | 142 | 13 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (HD) High Definition (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!** (HD)
9.15 **Jeremy Vine** (S)(HD)
11.15 **Nightmare Tenants, Slum Landlords** (S)(R)(HD)
12.10 PM **News** (S)(HD)
12.15 **Can't Pay? We'll Take It Away!** A takeaway dispute. (S)(R)(HD)
1.10 **Access** Showbiz news. (S)(HD)
1.15 **Home and Away** (S)(HD)(AD)
1.45 **Neighbours** (S)(HD)(AD)
2.15 **FILM Her Evil Twin** Thriller starring Sonya Walger. (S)(HD) (2014, PG, 105min) ★★
4.00 **Friends** (S2) (S)(R)(HD)
5.00 **News** (S)(HD)
5.30 **Neighbours** Elly gets support from Fay. (S)(R)(HD)(AD)
6.00 **Home and Away** Alf and Martha reminisce about old times together. (S)(R)(HD)(AD)
6.30 **News** (S)(HD)

9.00 Critical Condition

7.00 Spring In Alaska: A Year in the Wild 2/4. Spring arrives in the American state, a season marked by the return of migrating birds and the re-emergence of hibernating creatures. (S)(R)(HD)(AD)

8.00 GPs: Behind Closed Doors Dr Samar Shefta treats a severely underweight patient who she suspects has a urine infection, while another patient with numb feet visits the surgery. (S)(HD)(AD)

9.00 Critical Condition 2/4. A patient is flown into the hospital by helicopter after being involved in a car accident, and another man is brought in and treated after falling through a skylight in a roof. (S)(HD)

10.00 The House of Extraordinary People SERIES FINALE 3/3. Harnaam, Bashir and Lucas go speed-dating, and the housemates take a trip to a spa – but many of them find it hard to relax. (S)(HD)

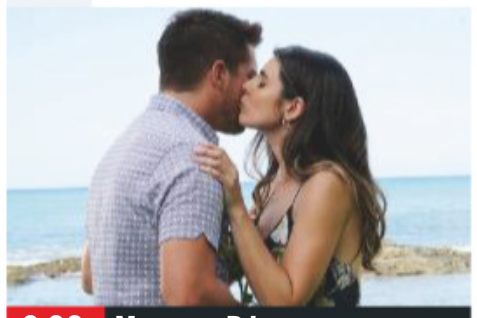
11.05 **Millionaire Shoplifters & Proud** (S)(R)(HD)
12.05 AM **All Inclusive Holiday: Is it Worth It?** (S)(R)(HD)
1.00 **Teleshopping** (S)(HD)
3.00 **FILM The Vow** Romantic drama starring Channing Tatum. (S)(HD) (2012, 12, 105min) ★★★
4.45 **House Doctor** (S)(SL)(R)
5.10 **Divine Designs** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Animal House** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)(HD)
9.00 **Road Wars** (S)(R)(HD)
10.00 **Babylon 5** 1/22. (S5) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)(HD)
1.00 PM **Hawaii Five-0** (S)(R)(HD)
3.00 **Brit Cops: Frontline Crime UK** A domestic incident. (R)(HD)
4.00 **Modern Family** 18&19/22. Double bill. (S7) (S)(R)(HD)
5.00 **The Simpsons** (S)(R)(HD)
5.30 **Futurama** *Lrrreconcilable Ndndifferences:* An alien leader has a midlife crisis. (S)(R)(HD)
6.00 **Futurama** *The Mutants Are Revolting:* Bender throws a party. (S)(R)(HD)
6.30 **The Simpsons** *Wandering Juvie:* Bart is sent to a juvenile detention centre. (S)(R)(HD)



9.00 Magnum P.I.

7.00 The Simpsons *My Big Fat Geek Wedding:* Principal Skinner and Mrs Krabappel get engaged. (S)(R) **7.30** *Catch 'Em If You Can:* Marge and Homer sneak away on a second honeymoon. (S)(R)(HD)

8.00 A League of Their Own: US Road Trip 2.0 3/7. In Florida, Jamie Redknapp, Jack Whitehall and Andrew Flintoff go deep-sea fishing for sharks and hunt for crocodiles. (S)(R)(HD)(AD)

9.00 Magnum P.I. NEW EPISODE *Bad Day to Be a Hero:* 10/22. Thomas tries to help a woman whom Rick has a crush on after her poker game – organised to pay back a debt – is held up by gunmen. (S1) (S)(HD)

10.00 Bounty Hunters NEW EPISODE 3/6. A broke Nina has to make a tough decision. (S2) (HD)
10.30 Strike Back: Silent War 3/10. Section 20 race to locate the stolen nuclear missile. (S7) (R)(HD)

11.30 **Karl Pilkington: The Moaning of Life** (S)(R)(HD)(AD)
12.30 AM **Road Wars** (R)(HD)
1.00 **Motorway Patrol** (S)(R)
2.00 **Comedians Watching Football with Friends** (R)(HD)
2.30 **Duck Quacks Don't Echo** (S)(R)
3.00 **A League of Their Own: Unseen** (S)(R)(HD)(AD)
4.00 **Babylon 5** 21/22. (S4) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm Nolan Live (S)(HD) **11.35** Glow Up: Britain's Next Make-Up Star (S)(HD) **12.35am** Tiredness, Tears and Tantrums: Diary of a New Mum (S)(R)(HD) **1.30-6.00am** BBC News (S)(HD)
WALES
Sky **952**, Virgin **864**, Freesat **964**
10.30pm BBC Wales Live (S)(HD) **11.05** Match of the Day Wales (S)(HD) **11.35** Glow Up: Britain's Next Make-Up Star (S)(HD) **12.35am** Tiredness, Tears and Tantrums: Diary of a New Mum (S)(R)(HD) **1.30** Weather for the Week Ahead (S)(HD) **1.35-6.00am** BBC News (S)(HD)

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations
N. IRELAND
Sky **972**, Freesat **969**
10.00-10.30pm Spotlight (S)(R) **11.15** White Gold (S)(HD)(AD) **11.45** Cunk on Britain (S)(R)(HD)(AD) **12.15-1.15am** Rome Unpacked (S)(R)(HD)(AD)
WALES
Sky **971**, Freesat **971**
No variations

ITV

As main ITV except:
WALES
8.00-8.30pm Coast & Country (S)(HD)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Y Dref Gymreig **12.30** Tywysogion **1.30** Helo Syrjeri **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Y Ras **3.30** Y Tyrchwyr gyda Iolo Williams (AD) **4.00** Awr Fawr **5.00** Stwnsh **6.00** Newyddion S4C a'r Tywydd **6.05** Pobol y Rhondda **6.30** Mwy o Sgorio **7.00** Heno **7.25** Sgorio **10.00** Ar Goll **10.35-11.40pm** Fferm Ffactor: Selebs

TV&Satellite week
More channels than any other TV magazine

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **A Stitch in Time** 6/6. Amber Butchart focuses on the life of ill-fated queen Marie Antoinette.
8.00 **The Mekong River with Sue Perkins** 3/4. The presenter reaches Laos.
9.00 **NEW How to Go Viral: The Art of the Meme with Richard Clay** Art historian Professor Richard Clay explores how internet memes are shaping our culture and politics.
10.00 **The Joy of Data** Exploring the world of data, revealing exactly what it is and how it is captured, stored and shared.
11.00 **Hollywood's Brightest Bombshell: The Hedy Lamarr Story**
12.25 AM **Beyond the Walls: In Search of the Celts**
12.55 **Make! Craft Britain**
1.55 **Awesome Beauty: The Art of Industrial Britain**
2.55 **to 3.55** AM **How to Go Viral: The Art of the Meme**

MORE4

136 136 830 | 147 195 | 14 | 124

8.55 AM **Coast vs Country**
10.00 **A Place in the Sun: Winter Sun** Double bill.
12.05 PM **Location, Location, Location** Double bill.
2.15 **Come Dine with Me**
4.55 **A Place in the Sun: Winter Sun** Searching for a home on the Costa Blanca.
5.55 **The Secret Life of the Zoo** The keepers are concerned about an Andean bear cub.
6.55 **The Supervet** A rare breed of bulldog with multiple issues, a lame husky and a Maltese-bichon frise cross suffering from seizures.
7.55 **Grand Designs** Kevin McCloud follows software executive Andy and garden designer Nicki, who are planning to build a 'floating' house on the River Thames.
9.00 **Phil Spencer's History of Britain in 100 Homes SERIES FINALE** 8/8. The presenter explores 14 groundbreaking abodes, including a perfectly preserved 1970s house and a £4.5 million property.
10.00 **It Was Alright in the 1990s** The decade's shows.
11.05 **24 Hours in A&E**
12.10 AM **8 Out of 10 Cats Does Countdown**
1.10 **Phil Spencer's History of Britain in 100 Homes**
2.15 **The Good Fight**
3.15 **to 3.55** AM **8 Out of 10 Cats**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
7.10 **You've Been Framed!**
8.00 **Emmerdale**
9.00 **You've Been Framed!**
9.25 **Ellen DeGeneres Show**
10.20 **Superstore**
11.15 **You've Been Framed and Famous! Gold**
12.15 PM **Emmerdale**
1.15 **You've Been Framed!**
1.45 **The Ellen DeGeneres Show NEW EDITION**
2.35 **The Jeremy Kyle Show**
5.50 **Take Me Out** A builder, a blacksmith, a business manager and an estate agent vie for the attention of 30 single women.
7.00 **You've Been Framed! Gold** Triple bill of comical mishaps filmed by viewers, narrated by Harry Hill.
9.00 **FILM Horrible Bosses** Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three longtime friends hatch a plot to get rid of their tyrannical employers. With Jennifer Aniston, Colin Farrell and Kevin Spacey. (2011, 15, 93min) ★★★
11.05 **Family Guy** 5/30. Loretta cheats on Cleveland. (S4) **11.30** 18/22. Meg starts dating a naturist. (S3)
11.55 **American Dad!**
12.55 AM **The Cleveland Show**
1.25 **to 2.20** AM **Superstore**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 28 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **Sabrina the Teenage Witch** Double bill.
9.00 **Melissa & Joey**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **The Goldbergs**
5.00 **Don't Tell the Bride**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks**
7.30 **Speechless NEW EPISODE** 8/23. JJ tries to romance fellow student Claire. (S1)
8.00 **The Goldbergs NEW EPISODE** 13/24. Erica struggles with her career choice. (S6)
8.30 **Schooled NEW EPISODE** 3/13. Lainey and Principal Glascott encounter an overbearing parent. (S1)
9.00 **Celebs Go Dating NEW EDITION** 19/20. A visit to a waterpark in Tenerife.
10.00 **First Dates**
11.05 **The Big Bang Theory**
12.00 M'T **Tattoo Fixers: Extreme**
1.05 AM **Celebs Go Dating**
2.05 **First Dates**
3.00 **The Goldbergs**
3.25 **Schooled**
3.45 **The Big Bang Theory**
4.30 **New Girl**
5.15 **to 6.00** AM **Rules of Engagement**

+1 hour 235 | 146 | 29 | 123

WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Border Patrol**
8.00 **Canada's Front Line**
9.00 **Criminal Minds** 13/22. (S12)
10.00 **CSI** 7/24. (S7)
11.00 **Road Wars**
12.00 NOON **Brit Cops: Law & Disorder**
1.00 PM **Firefighters**
2.00 **Motorway Patrol**
3.00 **Road Wars**
4.00 **Nothing to Declare**
5.00 **Border Patrol**
6.00 **Canada's Front Line**

9.00 Grey's Anatomy

7 PM

7.00 **Firefighters** A fire breaks out at an industrial site. **7.30** One of the new graduates is joined by a veteran firefighter.

8 PM

8.00 **Criminal Minds** *Blue Angel:* 3/22. The team members head to Detroit, where two men have been found dead. (S13)

9 PM

9.00 **Grey's Anatomy NEW EPISODE** *We Didn't Start the Fire:* 15/22. Jackson throws a party to celebrate Catherine's surgery. (S15)

10 PM

10.00 **Station 19 NEW EPISODE** *Weather the Storm:* 7/17. A violent windstorm touches down in Seattle. (S2)
11.00 **Criminal Minds** 7/23. (S2)
12.00 M'T **Murders That Shocked the Nation**
1.00 AM **World's Most Evil Killers**
2.00 **Madam Secretary** (S5)
3.00 **Night Cops**
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The West Wing** (S1)
8.00 **NEW Deep Ocean Live: Interactive**
9.00 **House** 21&22/23. (S7)
11.00 **Without a Trace** 8/23. (S1)
12.00 NOON **David Attenborough's Kingdom of Plants**
1.00 PM **Blue Bloods** 15/22. (S8)
2.00 **The West Wing** (S1)
4.00 **House** (S7&8)
6.00 **CSI** 15/23. A couple are killed, and it becomes apparent the bodies were left where they could easily be found. (S4)

9.00 Billions

7.00 **Blue Bloods** *Tale of Two Cities:* 16/22. Danny and Baez investigate the murder of a man who was living a double life. (S8)

8.00 **Deep Ocean: Interactive** An interactive show in which scientists answer questions about *Deep Ocean Live*.

9.00 **NEW SERIES Billions** 1/12. Return of the drama. New opponents threaten the alliance between Bobby Axelrod and Chuck Rhoades. *See feature, page 6* (S4)

10.10 **Game of Thrones: Greatest Moments** The most thrilling moments.

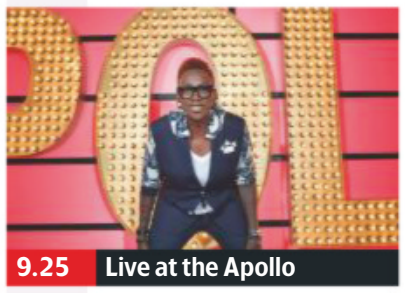
12.40 AM **Tin Star** 8/9. As tensions run high, Jack and Angela are forced to reveal a devastating truth to Anna. (S2)
1.40 **Barry** 5&6/8. (S1)
2.50 **Dexter** 7/12. Dexter takes on a protégé. (S8)
4.00 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310

7.10 AM **Sorry!**
8.20 **Goodnight Sweetheart**
9.40 **Last of the Summer Wine**
11.40 **My Family**
12.15 PM **2point4 Children**
1.35 **Are You Being Served?**
2.15 **dinnerladies**
3.35 **2point4 Children**
4.15 **Last of the Summer Wine** Triple bill of the sitcom.
6.20 **Are You Being Served?** Thieves break into the store, without realising the first-floor staff are working late.



9.25 Live at the Apollo

7.00 **dinnerladies diaries** Behind the scenes of the sitcom, featuring interviews with the cast.

8.00 **dinnerladies** The staff bet on Bren's chances of romance with Tony. **8.40** Twinkle and Stan spoil Petula's plans for a peaceful family Christmas.

9.25 **Live at the Apollo** Gina Yashere plays host at the Hammersmith Apollo, introducing sets by Sam Simmons and Ellie Taylor.

10.25 **Peep Show** Mark is distraught after being mugged by two teenagers.

11.00 **Peep Show**
11.35 **The League of Gentlemen**
12.55 AM **Goodnight Sweetheart**
1.35 **Live at the Apollo**
2.30 **Harry Hill's TV Burp Compilation**
2.55 **Harry Hill's TV Burp**
3.20 **to 4.00** AM **Bread**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
8.00 **Murder, She Wrote**
9.00 **Judge Judy**
10.25 **On the Buses**
11.35 **Rising Damp**
12.05 PM **George and Mildred**
12.40 **Heartbeat** As 6.00pm.
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
4.00 **Agatha Christie's Marple**
6.00 **Heartbeat** *Shadows from the Past:* Sgt Miller reopens an old murder case.

7.00 Murder, She Wrote

7.00 **Murder, She Wrote** *The Sicilian Encounter:* Jessica's British MI6 agent friend Michael Haggerty takes over a case in Sicily.

8.00 **Agatha Christie's Poirot** *Murder on the Links:* The detective investigates when a victim of fraud is found murdered on a golf course – but his inquiries are complicated by the discovery of a tramp's mutilated body nearby.

10.20 **Lewis** *Counter Culture Blues:* A veteran rock band become mixed up in the murder of an orphan.

12.20 **to 2.20** AM **Law & Order: UK** 6/6. A 12-year-old boy is intimidated into keeping silent about a shooting. (S5) **1.15** 1/7. DS Sam Casey is brought in to investigate the shooting of Devlin outside the Old Bailey. (S6)

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport: Footballing Upsets**
6.15 **The Chase**
7.15 **The Avengers**
8.25 **Kojak**
9.30 **Quincy ME**
10.35 **Minder**
11.40 **The Professionals**
12.45 PM **LIVE Snooker: Tour Championship** Jill Douglas presents coverage of day two at Venue Cymru in Llandudno.
4.30 **The Professionals**
5.35 **The Sweeney**

11.15 Se7en

6.45 **LIVE Snooker: Tour Championship** Jill Douglas presents further coverage of day two of the inaugural event from Venue Cymru in Llandudno, featuring the conclusion of two quarter-finals, played over the best of 17 frames. Analysis from Stephen Hendry, Alan McManus and Neal Foulds, and commentary by David Hendon and Phil Yates.

10.15 **World Superbike Highlights** Action from the second round of the season in Thailand.

11.15 **FILM Se7en** David Fincher's thriller starring Brad Pitt and Morgan Freeman. A veteran homicide detective and his young partner pursue a serial killer. With Gwyneth Paltrow. (1995, 18, 127min) ★★★★
1.50 **to 2.45** AM **Lethal Weapon**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **60 Minute Makeover**
10.00 **The Biggest Loser USA**
12.00 NOON **Monkey Life**
1.00 PM **Animal 999**
2.00 **The Dog Whisperer**
3.00 **Stargate SG-1** (S4)
5.00 **A Town Called Eureka**
6.00 **Supergirl** 13/20. (S1)
7.00 **Stargate Atlantis** *Irresponsible:* 13/20. The team are taken hostage by Kolya. (S3)
8.00 **Arrow** *Emerald Archer:* 12/23. A camera crew follow Oliver and the team around. (S7)
9.00 **SEAL Team** 12/22. (S2)
10.00 **The Good Doctor** *Trampoline:* 18/18. (S2)
11.00 **Russell Howard Hour**
12.00 M'T **Magnum P.I.** (S1)
1.00 AM **Grey's Anatomy**
2.00 **Bounty Hunters** (S2)
2.30 **A League of Their Own: Unseen**
3.00 **Station 19** 7/17. (S2)
4.00 **Duck Quacks Don't Echo**
5.00 **to 6.00** AM **Monkey Life**

Pick

152 123 11 144

7.00 AM **Stop, Search, Seize**
8.00 **Border Patrol**
9.00 **Road Wars**
10.00 **Police 10/7**
11.00 **My Kitchen Rules: Australia**
12.15 PM **Caught Red Handed**
1.00 **UK Border Force**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Police Force: Australia**
5.00 **Without a Trace** (S3)
6.00 **Stargate SG-1** (S8)
7.00 **Ghost Whisperer** (S5)
8.00 **Warehouse 13** (S2)
9.00 **Murders That Shocked the Nation**
10.00 **Elementary** (S3)
11.00 **How I Caught the Killer**
12.00 M'T **Police 10/7**
1.00 AM **The Force**
2.00 **Road Wars**
3.00 **Brit Cops**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 12 157

7.10 AM **Projects**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
3.00 **Jay Leno's Garage**
4.00 **Sin City Motors**
5.00 **Top Gear** Double bill.
7.00 **American Pickers**
8.00 **NEW SERIES Last Stop Garage** Documentary following a team of mechanics in Canada. **8.30 NEW EDITION**
9.00 **QI** With Jack Dee.
10.00 **Hypothetical NEW EDITION** 7/8. With Ivo Graham, Cariad Lloyd, John Robins and Katherine Ryan.
11.00 **Porters** 1/6. (S2)
11.40 **Judge Romesh**
12.10 AM **Have I Got a Bit More Old News for You**
1.10 **QI** With John Bishop.
2.10 **to 4.00** AM **Asian Provocateur: Mum's American Dream**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Fresh Prince of Bel Air** 1&2/26. (S4)
9.00 **The Middle** (S4)
10.00 **The Office (US)** (S9)
11.00 **Friends** (S9)
1.00 PM **Friends** (S9)
4.00 **Impractical Jokers**
5.00 **Friends** (S10)
7.00 **Friends** 5&6/18. (S10)
8.00 **Your Face or Mine NEW EDITION** 4/10.
8.30 **Your Face or Mine**
9.00 **Lip Sync Battle**
10.00 **The Cleveland Show**
11.00 **Romesh Ranganathan: Irrational Live** Stand-up comedy show recorded in 2016 at London's Hammersmith Apollo.
12.00 M'T **Da Ali G Show**
12.35 AM **Da Ali G Show**
1.10 **The Daily Show NEW EDITION** Talk show.
1.40 **South Park** (S10)
3.25 **The Office** (S9)
4.15 **to 5.00** AM **The Fresh Prince of Bel Air**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property NEW EDITION**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **The Millionaire Matchmaker**
2.15 **Million Dollar Listing: LA**
3.10 **The Real Housewives of Orange County**
4.05 **The Real Housewives of Dallas** Reality series. **5.00 NEW EDITION**
6.00 **Buying and Selling**
8.00 **Dinner Date NEW EDITION**
9.00 **Sam and Billie Faiers: The Mummy Diaries NEW EDITION** The stress of the wedding results in a huge row between Billie and Greg.
10.00 **The Only Way Is Essex: Thailand** The gang take a trip to Thailand.
11.00 **Celebrity Showmance**
12.00 M'T **to 12.55** AM **Real Housewives of Potomac**

+1 hour 231 120 119

True Ent

179 189 61 142

6.00 AM **The Waltons** (S1)
7.00 **Little House on the Prairie** 17/24. (S1)
8.00 **Hamish Macbeth** (S3)
9.00 **Born and Bred** (S3)
10.00 **Due South** 5/26. (S3)
11.00 **Little House on the Prairie** 17&18/22. (S9)
1.00 PM **FILM Daniel's Daughter** Romance. (2008, PG, 88min) ★★
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
5.00 **Hamish Macbeth** (S3)
6.00 **Born and Bred** (S3)
7.00 **M*A*S*H** 2&3/25. (S5)
8.00 **Randall and Hopkirk (Deceased)**
9.00 **Taggart** *The Best and the Brightest:* Two students are killed. **10.30** *Users and Losers:* An unemployed man is found kicked to death.
12.00 M'T **Barbara Taylor Bradford's Remember**
2.00 **to 3.00** AM **The Avengers**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 382

7.10 AM **Murdoch Mysteries** (S4)
9.00 **Rizzoli & Isles** 3/16. (S4)
10.00 **Rush** 15/22. (S2)
11.00 **Unforgettable** 7/22. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 8/13. (S1)
1.00 PM **Death in Paradise**
2.00 **Murdoch Mysteries** (S9)
4.00 **Rizzoli & Isles** 6/16. (S4)
5.00 **Rush** NEW EPISODE 20/22. Leon investigates a number of video store burglaries. (S2)
6.00 **New Tricks** *Last Man Standing – Part Two:* Gerry fights to clear his name.

9.00 Bite Club

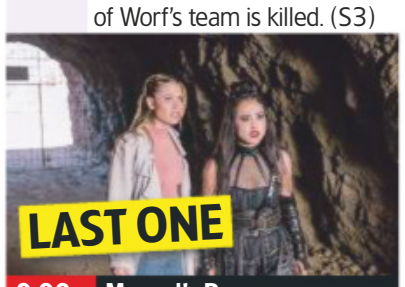
7.00 **Miss Fisher's Murder Mysteries** *Death by Miss Adventure:* 10/13. Phryne and Dot investigate the death of a factory girl. (S1)
8.00 **Murdoch Mysteries** *The Missing:* 12/18. Murdoch investigates when a man claims he is the rightful heir to a fortune. (S10)
9.00 **Bite Club** NEW EPISODE 6/8. Dan becomes the prime suspect in the serial killer case. (S1)
10.00 **Death in Paradise** 6/8. A chef is found fatally stabbed the morning after the opening of his new restaurant. (S5)
11.20 **New Tricks** *The Curate's Egg:* The team investigate the case of a murdered vicar who received racist hate mail in the lead up to his death.
12.40 AM **Murdoch Mysteries** As shown at 8.00pm.
1.45 **to 4.00** AM **Quantico**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 375

6.00 AM **Star Trek: Voyager** (S5)
8.00 **Teleshopping**
11.00 **The Librarians** 8/10. (S3)
12.00 NOON **Merlin** 13/13. (S4)
1.00 PM FILM **Geo-Disaster** Sci-fi. (2017, PG, 120min) ★★
3.00 **Buffy the Vampire Slayer**
5.00 **Star Trek: Voyager** 17/26. The crew struggle to intercept a rogue Cardassian missile threatening a heavily populated planet. (S2)
6.00 **Star Trek: The Next Generation** 5/26. A member of Worf's team is killed. (S3)



9.00 Marvel's Runaways

7.00 **Star Trek: The Next Generation** *Booby Trap:* 6/26. The *Enterprise* is caught in an intergalactic booby trap. (S3)
8.00 **Merlin** *The Sword in the Stone: Part One:* 12/13. Morgana and her army strike, forcing Arthur to go on the run. (S4)
9.00 **Marvel's Runaways** SERIES FINALE *Split Up:* 13/13. Xavin explains that she was promised Karolina as part of a prophecy. (S2)
10.00 **Future Man** NEW EPISODE 10/13. (S2)
10.30 FILM **Drive** Stylish film-noir thriller. (2011, 18, 100min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.40 AM **Marvel's Runaways**
1.40 **Future Man** As 10.00pm.
2.10 **Merlin** As 8.00pm.
3.10 **The Librarians** (S3)
4.00 **to 6.00** AM **Buffy the Vampire Slayer**

+1 hour 214 136

W

109 109 809 | 125 211 | 311 383

6.10 AM **Supernanny**
7.00 **MasterChef Australia**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance at Christmas** As 8.00pm.
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home**
3.00 **Disaster DIY** NEW EDITION **3.30** SERIES FINALE
4.00 **Extreme Makeover: Home Edition** The team rebuild the home of a girl scout volunteer.
5.00 **Tipping Point** Double bill.

5.00 Tipping Point

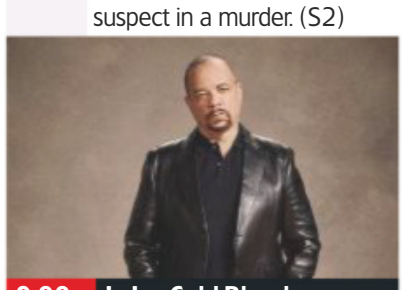
7.00 **My Dream Home** Drew and Jonathan Scott help Julie and Adam, who are ready to find a home of their own for their family.
8.00 **Inside the Ambulance at Christmas** Aaron and Chris are called to a man suffering potentially life-threatening injuries.
9.00 **Sex, Knives & Liposuction** Cherry Healey meets women undergoing cosmetic surgery procedures.
10.00 **One Born Every Minute** Same-sex couple Marion and Rachel discover that an emergency C-section is needed.
11.00 **The Shift: Women on the Force** 1/6. Documentary.
12.00 M'T **Flack** 4/6. (S1)
1.00 AM **KKK: The Fight for White Supremacy**
2.00 **to 3.00** AM **John Bishop: In Conversation with Cuba Gooding Jr**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 385

8.00 AM **Law & Order** (S8)
10.00 **Sea Patrol** 5/13. (S2)
11.00 **Private Eyes** 8/18. (S2)
12.00 NOON **Ransom** 5/13. (S2)
1.00 PM **Law & Order** (S8)
3.00 **CSI: Miami** 18/25. The team fight a 'double jeopardy' ruling. **4.00** 19/25. Wealthy women are robbed at a spa. (S4)
5.00 **Major Crimes** 2/19. A complex murder-suicide case has the department reeling. **6.00** 4/19. A witness in the team's care becomes the main suspect in a murder. (S2)



9.00 In Ice Cold Blood

7.00 **NCIS** *Internal Affairs:* 14/19. The agents are investigated by the FBI on suspicion of murdering arms dealer La Grenouille.
8.00 **NCIS** *In the Zone:* 15/19. Nikki Jardine volunteers to help Tony investigate the murder of a US Marine in Baghdad. (S5)
9.00 **In Ice Cold Blood** NEW EDITION 4/8. A single mother takes several rich lovers, but the deception leads to her murder.
10.00 **Law & Order: Special Victims Unit** *Stolen:* 3/23. The kidnapping of a baby leads the team to an adoption racket. (S3)
11.00 **Law & Order: Special Victims Unit** 4/23. An HIV-positive man is suspected of rape. (S3)
12.00 M'T **Law & Order: Special Victims Unit** 5&6/23. (S3)
2.00 AM **Major Crimes** (S2)
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Bull** 20/23. (S1)
9.00 **Bones** 16/24. (S9)
10.00 **Monk** 10/16. (S4)
11.00 **NCIS** 22/24. (S11)
12.00 NOON **Bones** (S9)
2.00 PM **The Mentalist** 19/23. (S2)
3.00 **NCIS** 23/24. DiNozzo is sent on assignment to France. (S11)
4.00 **Monk** 11/16. (S4)
5.00 **Bones** 19/24. (S9)
6.00 **The Mentalist** 20/23. Jane finds a new adversary in cult leader Bret Stiles. Guest stars Malcolm McDowell. (S2)

9.00 NCIS

7.00 **NCIS** *Honour Thy Father:* 24/24. Gibbs travels to his home town after hearing news of his father's death. (S11)
8.00 **NCIS** *Twenty Klicks:* 1/24. Gibbs and McGee travel to Russia to escort a computer expert linked to classified intel. (S12)
9.00 **NCIS** *Toil and Trouble:* 11/24. A politician shuts down Gibbs's murder investigation. Guest stars Wynn Crawford. (S16)
10.00 **Bull** *A Higher Law:* 10/22. The jury consultant agrees to represent a priest charged in a fatal hit-and-run. (S3)
11.00 **American Dad!** (S12)
12.00 M'T **Family Guy** (S4)
1.00 AM **American Dad!** (S12)
2.00 **The Walking Dead** 14/16. An outsider's arrival forces Alexandria to rehash devastating old wounds. (S9)
3.00 **to 5.00** AM **Family Guy**

+1 hour 224 158

Wednesday

7 PM **8 PM** **9 PM** **10 PM**

E!

123 123 834 | 156 | 321 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Revenge Body with Khloe Kardashian**
11.00 **News: Daily Pop**
12.00 NOON **Botched**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Rich Kids of Beverly Hills** Reality series.
4.00 **Total Bellas**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Keeping Up with the Kardashians**
9.00 **Total Bellas** Brie drops a bombshell on her family.
10.00 **Dating: No Filter**
11.00 **Busy Tonight** NEW EDITION Talk show.
11.30 **Ladygang**
12.00 M'T **Botched**
1.00 AM **Botched by Nature**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **Classical Destinations**
6.40 **Manon**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **Too Young to Die**
1.00 PM **Tales of the Unexpected**
1.30 **Gregory Porter: Live**
2.45 **Off Camera with Sam Jones** Don Cheadle.
4.00 **James Taylor: Music Icons**
4.30 **The Kinks: Music Icons**
5.00 **Discovering**
7.00 **Portrait Artist 2019**
8.00 **Bafta: Life in Pictures**
9.00 **Jane Fonda In Five Acts**
11.30 **Nyet! – A Brexit Border Farce** Comedy.
11.45 **Psychic** Short drama.
12.10 AM **Imelda May: Live at Baloise Session**
1.40 **Teddy Pendergrass: If You Don't Know Me**
3.40 **Al Green: Music Icons**
4.10 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Find It, Fix It, Flog It**
10.00 **Come Dine with Me**
12.00 NOON **A Place in the Sun: Summer Sun**
1.00 PM **A Place in the Sun: Winter Sun**
2.00 **Everybody Loves Raymond** (S7)
3.00 **Frasier** (S3)
5.00 **Ramsay's Hotel Hell**
7.00 **Escape to the Chateau: DIY** Johnny and Ashley finish off their work on the library ceiling.
8.00 **The Great Celebrity Bake Off for Stand Up to Cancer** 3/5. Johnny Vegas, Big Narstie, Katarina Johnson-Thompson and Jess Phillips take part.
9.15 **Gogglebox**
10.20 **21 Kids and Counting**
11.20 **8 Out of 10 Cats Does Countdown**
12.25 AM **The Undateables**
1.30 **60 Days on the Streets**
2.35 **Ramsay's Hotel Hell**
3.30 **to 5.00** AM **Cheers**

5USA

141/169 153 21 129

9.00 AM **Access**
9.10 **CSI: NY** Double bill.
10.40 **Longmire** (S4)
1.00 PM **Law & Order** (S9)
3.00 **Murder, She Wrote** (S1)
6.00 **Law & Order** (S9)
7.00 **Law & Order** *Shield:* 17/24. A police officer is murdered. (S9)
8.00 **NCIS** *Off the Grid:* 12/24. Gibbs tries to infiltrate an infamous anti-government militia. (S14)
9.00 **Gone** NEW EPISODE *Ride:* 2/12. The team investigate when three college students request rides home through a popular app, but subsequently vanish. (S1)
10.00 **Law & Order: Special Victims Unit** *Ballerina:* 16/22. (S10)
10.55 **Law & Order: Special Victims Unit** (S10)
12.55 AM **CSI: NY** (S6)
2.50 **Taken** 11/16. (S2)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **8 Simple Rules**
8.25 **Dance Moms**
10.05 **Fresh Off the Boat**
11.05 **Last Man Standing**
12.00 NOON **Two and a Half Men** 14&15/24. (S1)
1.00 PM **3rd Rock from the Sun** 13&14/24. (S4)
2.00 **Will & Grace** (S1)
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **My Wife and Kids**
5.00 **Fresh Off the Boat**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Last Man Standing**
8.00 **Can't Pay? We'll Take It Away!**
9.00 FILM **The Break-Up** Comedy drama. (2006, 12, 107min) ★★★
11.10 FILM **The Sweetest Thing** Comedy. (2002) ★
1.05 AM **My Wife and Kids**
1.55 **Two and a Half Men**
2.50 **Last Man Standing**
3.35 **to 4.00** AM **3rd Rock from the Sun**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Bergerac**
8.00 **Juliet Bravo**
9.00 **Pie in the Sky**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.15 **Bergerac**
3.20 **Lovejoy**
4.20 **Pie in the Sky**
5.20 **Birds of a Feather**
6.00 **Brush Strokes**
6.40 **Bread**
7.20 **Last of the Summer Wine** Sid challenges Foggy to a round of golf.
8.00 **Wallander** *Before the Frost:* A childhood friend of Linda's disappears.
10.00 **New Tricks** *Bank Robbery:* A police informant resurfaces after 17 years on the run with details about an armed robbery. Guest stars Steven Berkoff.
11.20 **Waking the Dead**
1.45 AM **The Bill**
2.40 **to 4.00** AM **Mapp and Lucia**

Wednesday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **FILM Take Shelter** Drama. (2011, 15, 120min) ★★★★
3.25 **Grey's Anatomy** (S3)
4.20 **Halt and Catch Fire**
5.15 **FILM Furry Vengeance** Family comedy. (2010, PG, 88min) ★★
7.00 **Grey's Anatomy** (S3)
8.00 **Halt and Catch Fire** *The 214s:* 8/10. Bosworth makes a sacrifice for the good of the PC project. (S1)
9.00 **Better Call Saul** (S1)
11.00 **Mad Men** (S7)
12.00 M'T **FILM The Master of Disguise** Comedy with Dana Carvey. (2002, PG, 80min) ★
1.35 AM **Better Call Saul**
3.20 **Star Files**
3.35 **Grey's Anatomy** (S3)
4.25 **to 5.30** AM **Halt and Catch Fire**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S6)
10.00 **ER** 17/22. (S6)
11.00 **The District** (S1)
12.00 NOON **Judge Judy**
1.00 PM **Bonanza** (S6)
3.00 **Diagnosis Murder** (S2)
4.00 **Judge Judy**
6.00 **The Love Boat** (S5)
7.00 **CSI: Miami** *Deadline:* 19/24. A city councillor's aide is found dead. (S2)
8.00 **Judge Judy**
9.00 **Medium** *It's a Wonderful Death:* 22/22. Tragedy strikes when Allison's tumour returns. (S6)
10.00 **CSI: Miami** *The Oath:* 20/24. A police officer is killed after routinely stopping a driver. (S2)
11.00 **The Love Boat** (S5)
12.00 M'T **Judge Judy**
1.00 AM **ER** 18/22. (S6)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **The District** (S1)
5.00 **to 6.00** AM **Diagnosis Murder**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Father Dowling Mysteries** (S3)
12.00 NOON **Scorpion** (S2)
1.00 PM **JAG** 23/24. (S8)
2.00 **CSI: Miami** 16/24/ (S2)
3.00 **NCIS** 4/23. (S1)
4.00 **NCIS: Los Angeles** (S2)
5.00 **Father Dowling Mysteries** (S3)
6.00 **Diagnosis Murder** (S3)
8.00 **Walker, Texas Ranger** *Circle of Life:* 23/26. Walker encounters a friend's husband. (S5)
9.00 **NCIS** *Short Fuse:* 3/24. A robber is shot. (S8)
10.00 **NCIS: Los Angeles** *Black Widow:* 2/25. The team tracks a dangerous hit squad. (S2)
11.00 **Scorpion** (S2)
12.00 M'T **CSI: Miami** (S2)
12.55 AM **NCIS** As 9.00pm.
1.50 **JAG** 22/24. (S8)
2.45 **Bonanza** (S13)
3.40 **Walker, Texas Ranger**
4.25 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
10.00 **Airline**
11.00 **Bondi Rescue**
12.00 NOON **Medical Detectives**
1.00 PM **Judge Judy**
3.00 **Airline**
4.00 **Bondi Rescue**
5.00 **Judge Judy**
7.00 **Medical Detectives**
8.00 **Forensic Investigators** A hit and run leaves a 12-year-old boy dead.
9.00 **Ice Cold Killers**
10.00 **City in Fear** A Chicago murderer who poisoned bottles of painkillers.
11.00 **Wives with Knives**
12.00 M'T **Killer Cops**
1.00 AM **Ice Cold Killers**
2.00 **City in Fear**
3.00 **I Survived**
3.45 **Celebrity Damage Control**
4.30 **Dog and Beth: On the Hunt**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **The Price Is Right**
7.00 **Bruce's Price Is Right**
9.00 **The Chase**
10.00 **Family Fortunes**
11.00 **Dale's Supermarket Sweep** Game show.
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **New Blockbusters**
1.30 **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **The Chase USA**
5.00 **Robot Wars Extreme**
6.00 **The Cube**
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **Bullseye**
12.00 M'T **The Chase**
3.00 AM **Celebrity Who Wants to Be a Millionaire?**
4.00 **Bullseye**
4.30 **to 6.00** AM **Deal or No Deal**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Life in Pieces**
7.00 **Teleshopping**
9.00 **Friends**
11.00 **Queer Eye**
12.00 NOON **Impractical Jokers** Double bill.
2.00 PM **Wipeout USA**
3.00 **Takeshi's Castle**
4.00 **Queer Eye**
5.00 **Fresh Prince of Bel Air**
6.00 **Impractical Jokers**
8.00 **The Office (US)** (S9)
9.00 **FILM Not Another Teen Movie** Comedy. (2001, 15, 89min) ★
10.45 **South Park** (S5)
12.05 AM **Good News**
1.05 **Russell Howard Live**
2.05 **8 Out of 10 Cats**
2.35 **Broad City** (S5)
3.00 **Drunk History**
3.25 **Another Period**
3.45 **Hood Adjacent** NEW EDITION
4.10 **Bob's Burgers** (S8)
4.30 **Now That's Funny!**
5.15 **to 6.00** AM **Undateable**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Barefoot Contessa**
6.25 **Giada at Home**
7.15 **Guy's Big Bite**
8.05 **Farmhouse Rules**
9.00 **The Pioneer Woman**
11.00 **Ace of Cakes**
12.00 NOON **Cake Boss**
1.00 PM **Guy's Big Bite**
2.00 **Farmhouse Rules** NEW EDITION
2.30 **Farmhouse Rules**
3.00 **The Pioneer Woman**
5.00 **Jamie's Great Escape**
6.00 **Ministry of Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins and Dives** Double bill.
9.00 **NEW SERIES Guy And Hunter's European Vacation** Double bill.
10.00 **Diners, Drive-Ins...**
11.00 **Man Fire Food**
12.00 M'T **Diners, Drive-Ins...**
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Perfect**
7.00 **MasterChef: The Professionals**
8.00 **Martin: Home Comforts**
9.00 **Ramsay's Ultimate Home Cooking** NEW EDITIONS
10.00 **The Hairy Bikers: Mums Know Best**
11.00 **Rick Stein's India**
12.00 NOON **Best of British**
1.00 PM **MasterChef: Pros**
2.00 **Martin: Home Comforts**
3.00 **Ramsay's Ultimate Home Cooking**
4.00 **Rick Stein's India**
5.00 **Mums Know Best**
6.00 **Bikers' Best of British**
7.00 **Martin: Home Comforts**
8.00 **Ramsay's Ultimate Home Cooking**
9.00 **Rick Stein's India**
10.00 **MasterChef: The Professionals**
11.00 **Tuscan Kitchen**
12.00 M'T **Home Comforts**
1.00 AM **The Hairy Bakers**
2.00 **to 6.10** AM **Highlights**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
8.00 **Police Patrol**
8.30 **Women on Patrol**
9.00 **Pawn Stars**
10.00 **Storage Wars**
11.00 **Judge Judy**
1.00 PM **Police Patrol**
1.30 **Women on Patrol**
2.00 **Zombie House Flipping**
3.00 **Judge Judy**
4.00 **Dance Moms**
5.00 **Police Patrol**
5.30 **Women on Patrol**
6.00 **Pawn Stars**
7.00 **Judge Judy** Real-life small-claims cases.
9.00 **Little Women: Atlanta** Amanda and Jordan convince the group to go on a fishing trip.
10.00 **Little Women: LA** Christy celebrates eight years of sobriety.
11.00 **Judge Judy**
12.00 M'T **Pawn Stars**
1.00 AM **Storage Wars**
2.00 **Little Women: Atlanta**
3.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54

9.00 AM **Gilmore Girls**
10.50 **FILM Bond of Silence** Mystery drama. (2010, PG, 98min) ★★
12.40 PM **FILM Crimes of the Mind** Thriller. (2014, PG, 84min) ★★
2.35 **The Novel Murders: Garage Sale Mystery VI** Mystery drama.
4.20 **FILM Patient Killer** Psychological thriller. (2015, PG, 89min) ★
6.10 **FILM The Killer Nurse** Thriller with Willa Ford. (2014, PG, 89min) ★★
8.00 **Grimm** 18/22. (S5)
9.00 **Designated Survivor** *The Confession:* 3/21. (S1)
10.00 **Taken** *Leah:* 8/10. (S1)
10.55 **The X-Files** 9/24. (S3)
11.55 **Wynonna Earp** (S2)
12.55 AM **The Strain** (S1)
2.40 **LA to Vegas**
3.25 **Grimm** As 8.00pm.
4.10 **Lip Sync Battle**
5.00 **Neighbours**
5.30 **to 6.00** AM **Home and Away**

Quest

144 144 866 172 217 37 167

6.00 AM **Total Fishing**
6.20 **Robson Green: Extreme Fisherman**
7.10 **Mega Shippers**
8.00 **Mighty Planes**
9.00 **Wheeler Dealers**
11.00 **Fantomworks**
12.00 NOON **Chasing Classic Cars**
1.00 PM **Gold Hunters**
2.00 **Railroad Alaska**
3.00 **Salvage Hunters**
5.00 **Mighty Planes**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Salvage Hunters** NEW EDITION
10.00 **Tony Robinson's Wild West**
11.00 **How It's Made**
12.00 M'T **Wheeler Dealers**
1.00 AM **Fantomworks**
2.00 **Deadliest Drivers**
3.00 **Destroyed in Seconds**
4.00 **American Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **My Cat from Hell**
9.00 **Money for Nothing**
10.00 **Pit Bulls & Parolees**
11.00 **My 600lb Life**
12.00 NOON **Long Lost Family US**
1.00 PM **Money for Nothing**
2.00 **Say Yes to the Dress**
4.00 **Say Yes to the Dress: Bridesmaids**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Long Lost Family US** NEW EDITION
11.00 **FBI Case Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Detroit**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Tipping Point**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea**
3.00 **Homes Under the Hammer**
4.00 **Most Haunted**
5.00 **Ghost Adventures**
6.00 **Antiques Road Trip**
7.00 **Celebrity Road Trip**
8.00 **Antiques Road Trip**
9.00 **One Born Every Minute** Documentary.
10.00 **Nightwatch: Emergency After Dark** NEW EDITION
11.00 **Helicopter ER**
12.00 M'T **Murder Made Me Famous** Robert Durst.
1.00 AM **Born to Kill?**
2.00 **Teleshopping**
4.00 **to 6.00** AM **My Ghost Story: On Camera**

Sony Crime

157 193 40 143

7.00 AM **The Glades** (S1)
8.00 **CSI** 7&9/22. (S11)
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **True Crime with Aphrodite Jones**
2.00 **#Murder**
3.00 **Bizarre Murders**
4.00 **Person of Interest** (S1)
5.00 **CSI** As 8.00am.
7.00 **Women on Death Row** Females facing the death penalty.
9.00 **Fatal Attraction** Police unearth a murder scene when they visit an address to check on the welfare of the occupant.
10.00 **FILM Aileen: Life and Death of a Serial Killer** Documentary by Nick Broomfield and Joan Churchill. (2003, 15, 93min) ★★★
12.00 M'T **Killer Kids**
2.00 **to 4.00** AM **Body of Evidence**

+1 hour 257 60

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **Too Fat for Love**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers with Alan Davies**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Celebrity 5 Go Motorhoming**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers with Alan Davies**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **Anne Boleyn: Queen for a Thousand Days**
11.00 **Babel: The Real Stairway to Heaven**
1.00 AM **65 Stone & House Trapped in My House**
2.00 **Conspiracy: Murder at the Vatican**
3.00 **to 4.00** AM **Bargain-Loving Brits in the Sun**

5Spike

150 154 31 141

9.00 AM **Criminals: Caught on Camera**
9.30 **The Virginian: Men from Shiloh** (S2)
11.05 **Police Interceptors**
1.10 PM **FILM Destroyer** War drama. (1943, b/w, U, 99min) ★★
3.20 **FILM Flaming Feather** Western adventure. (1951, U, 79min) ★★
5.00 **The A-Team** (S1)
7.00 **Police Interceptors: Deadly Pursuits** A collection of the most extreme police chases.
8.00 **Police Interceptors** Bob and BoBo pursue a white van through the back streets.
9.00 **FILM Red Heat** Action thriller. (1988, 18, 106min) ★★★
11.15 **Spartacus: Vengeance**
1.35 AM **The X-Files** (S9)
2.30 **to 3.00** AM **Criminals: Caught on Camera**

+1 hour 250

True Crime

180 212 68 153

6.00 AM **Psychic Detectives**
10.00 **North Mission Road**
12.00 NOON **Suburban Secrets** Double bill.
1.00 PM **Bait Car: San Francisco** Triple bill.
2.30 **Bait Car**
3.00 **Trace Evidence: Case Files of Dr Henry Lee**
4.00 **The Investigators**
6.00 **Suburban Secrets**
7.00 **North Mission Road** A woman's body is found in a cement tomb.
7.30 A mummified body discovered at an amusement park.
8.00 The death of a jockey causes confusion.
8.30 LA airport baggage handlers make a grim discovery.
9.00 **LA Forensics**
12.00 M'T **LA Forensics**
12.30 AM **LA Forensics**
1.00 **to 3.00** AM **The Investigators**

+1 hour 280 69

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes to the Dress Canada**
7.00 **Say Yes to the Dress**
8.00 **Say Yes... Atlanta**
9.00 **Say Yes... UK**
10.00 **Counting On**
12.00 NOON **90 Day Fiancé**
2.00 PM **Beachfront Bargain Hunt**
3.00 **My Lottery Dream Home** Double bill.
4.00 **Say Yes... Canada**
5.00 **Say Yes to the Dress**
6.00 **Say Yes... Atlanta**
7.00 **Say Yes... UK**
8.00 **90 Day Fiancé: Elizabeth & Andrei**
10.00 **Sister Wives** Mitch and Aspyn to get married.
12.00 M'T **90 Day Fiancé: Elizabeth & Andrei**
2.00 AM **Sister Wives**
4.00 **Beachfront Bargain Hunt** Double bill.
5.00 **to 6.00** AM **My Lottery Dream Home**

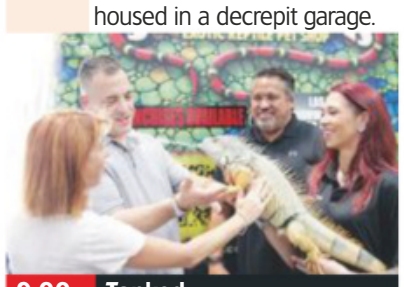
+1 hour 240 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Fast N' Loud**
7.00 **Wheeler Dealers**
8.00 **Gold Rush**
9.00 **Gold Divers**
10.00 **Supertruckers**
11.00 **Wheeler Dealers**
12.00 NOON **Mighty Ships**
1.00 PM **Combat Dealers**
2.00 **The Last Alaskans**
3.00 **Wheeler Dealers**
4.00 **Gold Divers**
5.00 **Gold Rush**
6.00 **Fast N' Loud** A 1962 Corvette housed in a decrepit garage.



9.00 Tanked

7.00 **Supertruckers** The truckers try to move four Army Viking vehicles, but securing them onto their trailers proves difficult.

8.00 **Mighty Ships** The *Umiak I*, the world's most powerful ice-breaking carrier, and how it delivers supplies to a Canadian nickel factory.

9.00 **Tanked NEW EDITION** Golden State Warriors basketball star Demarcus Cousins wants a tank for his new house.

10.00 **Moonshiners NEW EDITION** Josh tries to build a mobile still but tempers flare when it is easier said than done.

11.00 **Gold Rush**
1.00 AM **Tanked** As 9.00pm.
2.00 **Mythbusters Jr NEW EDITION** Testing if spider silk is stronger than steel.
3.00 **Moonshiners** As 10.00pm.
3.50 **Tanked** As 9.00pm.
4.40 **Gold Divers**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Crocodile Hunter**
7.00 **Pit Bulls & Parolees**
8.00 **Gorilla Encounters**
9.00 **Africa's Outsiders**
10.00 **Crocodile Hunter**
11.00 **Animal Cops Houston**
12.00 NOON **Wild Australia**
1.00 PM **Alaskan Bush People**
2.00 **Animal Cops Houston**
3.00 **Pit Bulls & Parolees**
4.00 **Jules' Most Dangerous**
5.00 **Crocodile Hunter** American venomous snakes.
6.00 **League of Monkeys**

6.00 League of Monkeys

7.00 **Untamed China** Nigel Marven explores three of the country's deserts, where he encounters sand-swimming snakes.

8.00 **Flying Wild Alaska** When winter claims its first victim in Unalakleet, Jim makes arrangements to transport the casket.

9.00 **The Lions of Sabi Sand: Brothers in Blood** Eyewitness testimonies tell the unusual tale of the Mapogo lions, a coalition of males that banded together to form a same-sex pride that dominated the Sabi Sands of South Africa.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Monsters Inside Me**
1.00 AM **Animal Cops Houston**
2.00 **Untamed China** As 7.00pm.
3.00 **Flying Wild Alaska** As 8pm.
3.50 **Monsters Inside Me**
4.40 **Dark Days in Monkey City**
5.10 **to 6.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WW2 Hell Under the Sea** How two British subs targeted each other.
9.00 **Nazi Megastructures**
10.00 **Nazi Megastructures: America's War**
11.00 **Egypt: Secret Chambers Revealed** The Great Pyramid.
12.00 NOON **Ancient X Files**
1.00 PM **Drain the Oceans**
2.00 **Primal Survivor**
3.00 **Car SOS** Triple bill.
6.00 **Air Crash Investigation** A plane that crashed into a Dutch apartment complex.

9.00 Alaska State Troopers

7.00 **Air Crash Investigation** The investigation into a plane that crashed into a mountain with a Brazilian football team on board.

8.00 **Alaska's Toughest Pilots** The pilots patrol the Iron Dog – one of the hardest snowmobile races in the world.

9.00 **NEW SERIES Alaska State Troopers** Crowds descend on Nome for a dog sled race, which keeps the troopers busy.

10.00 **NEW SERIES Lawless Island: Alaska** Following trapper Gary, an expert in all the things needed to live off the grid.

11.00 **Air Crash Investigation**
12.00 M'T **America's Hardest Prisons** An unlikely friendship forms between two inmates in a Maryland jail.
1.00 AM **Banged Up Abroad**
2.00 **Wicked Tuna**
3.00 **Mine Kings**
4.00 **to 5.00** AM **Yukon Gold**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars** Four editions.
10.00 **Heavy Lifting**
11.00 **Mountain Men**
12.00 NOON **Forged in Fire**
1.00 PM **American Pickers** The guys find a large collection of sideshow memorabilia.
2.00 **Pawn Stars**
3.00 **Storage Wars** Four editions.
5.00 **Forged in Fire** Fans vote online to bring back four of their favourite craftsmen. **6.00** Bladesmiths make an African Akrafena sword.

8.00 Pawn Stars

7.00 **American Pickers** Mike and Frank find a rare Superman comic as well as the very first Spider-Man comic.

8.00 **NEW SERIES Pawn Stars** Rick tests a rare 18th century weapon, and Corey finds a Mickey Mantle rookie card.

9.00 **The Curse of Oak Island NEW EDITION** The excavation of Smith's Cove uncovers many ancient structures.

10.00 **River Hunters** Beau Ouimette and presenter Rick Edwards search the UK's waterways for archaeological finds.

11.00 **Ancient Aliens** A document advising President-elect Dwight Eisenhower about officials investigating UFOs.
12.00 M'T **Forged in Fire**
1.00 AM **Pawn Stars**
2.00 **Forged in Fire**
3.00 **Pawn Stars** As 8.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 19 159

6.00 AM **The Way We Lived: A Time Team Special**
7.10 **Looking Underground: A Time Team Special**
8.00 **Time Team**
10.00 **Secrets of the Bible**
11.00 **World War Weird**
12.00 NOON **Time Team**
2.00 PM **The Blue Planet**
3.00 **Operation Gold Rush with Dan Snow**
4.00 **Secrets of the Bible**
5.00 **World War Weird**
6.00 **Hitler's Propaganda Machine**

8.00 Churchill's Secret Son

7.00 **Impossible Engineering** The Three Gorges Dam in China, which is the largest and heaviest concrete structure ever built.

8.00 **NEW Churchill's Secret Son** The tale of Tipperary-born businessman and Conservative cabinet minister Brendan Bracken.

9.00 **Porridge** Fletch is entrusted with a treasure map while in the infirmary. **9.40** Godber enters the prison championships, but Fletch is asked to fix the competition. **10.20** Harris accidentally drops stolen pills into Fletcher's midday cuppa.

11.00 **Open All Hours** Arkwright organises a sales drive.
11.40 **Open All Hours**
12.20 AM **Open All Hours**
1.00 **The Way We Lived: A Time Team Special**
2.00 **to 3.00** AM **Looking Underground: A Time Team Special**

+1 hour 255 200

Wednesday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 262

6.00 AM **Planes That Never Flew** F-104 Starfighter.
7.00 **Off the Rails**
7.30 **Central Steam**
9.00 **Future Weapons**
10.00 **Battlefield**
12.00 NOON **Planes That Never Flew**
1.00 PM **Central Steam**
3.00 **Frontline Battle Machines with Brewer**
4.00 **Battlefield**
6.00 **World War II in Colour**
7.00 **Cold War Armageddon**
8.00 **Bullet Points**
9.00 **Cold War Armageddon**
10.00 **Blood Rd Bomb Squad**
11.00 **World War II in Colour**
12.00 M'T **World War Two: The Complete History**
1.00 AM **Bullet Points**
2.00 **Battlefield**
4.00 **Frontline Battle Machines with Brewer**
5.00 **to 6.00** AM **World War II in Colour**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Collar of Duty NEW EDITION**
10.00 **Animal Babies**
11.00 **Life in the Undergrowth**
12.00 NOON **Russia From Above NEW EDITION**
1.00 PM **Collar of Duty**
2.00 **Animal Babies**
3.00 **Wonders of the Universe** Gravity.
4.00 **Collar of Duty**
5.00 **Animal Babies**
6.00 **Life in the Undergrowth**
7.00 **Russia From Above**
8.00 **Wonders of the Universe** As 3.00pm.
9.00 **Angry Planet**
10.00 **Life in the Undergrowth**
11.00 **Russia From Above**
12.00 M'T **Angry Planet**
1.00 AM **Wonders of the Universe**
2.00 **Animal Babies**
3.00 **Collar of Duty**
3.50 **Angry Planet**
4.40 **to 6.00** AM **Highlights**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Secrets Of The Zoo**
9.00 **Wild Hawaii**
10.00 **Wild Taiwan: Jungle Island**
11.00 **Monster Fish**
12.00 NOON **Monster Fish: Fantastic Beasts**
1.00 PM **Africa's Deadly Kingdoms**
4.00 **Caught in the Act**
6.00 **Snakes in the City**
8.00 **Wild Way of the Vikings** Examining the wildlife of the North Atlantic during the time of the Vikings.
9.00 **Africa's Deadly Kingdoms** The wildlife of Africa's deserts. **10.00** South Africa's West Coast.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Monster Fish**
3.00 **Monster Fish: Fantastic Beasts**
4.00 **to 5.00** AM **Africa's Deadly Kingdoms**

History 2

163 273 274 330 390

8.00 AM **Cities of the Underworld**
10.00 **America's Book of Secrets**
11.00 **Hangar 1: UFO Files**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Discoveries**
3.00 **Cities of the Underworld**
5.00 **Hunting Hitler**
6.00 **UFO Files**
7.00 **Ancient Aliens** Otherworldly influences on forces of inspiration. **8.00** Experts investigate the mysterious origins of mummification.
9.00 **Empire Builders NEW EDITION** The Ottomans.
10.00 **Warriors** The Ottoman invasion of Malta.
11.00 **Cities of the Underworld**
12.00 M'T **UFO Files**
1.00 AM **Ancient Aliens**
3.00 **Ancient Discoveries**
4.00 **to 5.00** AM **Hunting Hitler**

PBS America

160 276 94 155

8.00 AM **Goering's Last Secret: Revealed**
9.10 **Secrets of the Parthenon**
10.20 **Africa's Great Civilisations**
11.35 **Goering's Last Secret: Revealed**
12.40 PM **The Black Pharaohs**
1.50 **Secrets of the Parthenon**
3.00 **Africa's Great Civilisations**
4.20 **Goering's Last Secret: Revealed**
5.30 **The Black Pharaohs**
6.35 **Secrets of the Parthenon**
7.50 **The Search for Alfred the Great**
9.00 **Africa's Great Civilisations**
10.15 **NEW Sealab**
11.30 **The Search for Alfred the Great**
12.40 **to 2.00** AM **Africa's Great Civilisations**

CI

156 156 835 223 222 328 380

6.00 AM **Killer In Plain Sight**
7.00 **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **999: Killer on the Line**
12.00 NOON **Crimes That Shook Australia**
1.00 PM **Crimes That Shook Britain**
2.00 **Nightmare in Suburbia**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Killing Spree**
6.00 **Killer In Plain Sight**
7.00 **The First 48**
8.00 **Police Patrol**
9.00 **They Took Our Child**
10.00 **On the Case... NEW EDITION**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **They Took Our Child: We Got Her Back**
2.00 **On the Case**
3.00 **Crimes That Shook Britain**
4.00 **to 6.00** AM **Highlights**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

WEDNESDAY Films

Wednesday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Uncle John** As 4.00pm.
8.10 **People You May Know** As shown at 3.45am.
9.50 **Blue Iguana** As 6.10pm.
11.50 **Josie** As shown at 10.10pm.
1.35 PM **The Top Ten Show**
1.50 **Deadpool 2** As 8.00pm.
4.00 **Uncle John** Crime drama. (2015, 15, 113min) ★★★★
6.10 **Blue Iguana** Romantic comedy starring Sam Rockwell and Phoebe Fox. (2018, 15, 100min) ★★★

11.45 Kills on Wheels

8 PM

8.00 **Deadpool 2** Action comedy sequel starring Ryan Reynolds. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. With Josh Brolin. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.10 **Josie** Drama starring Sophie Turner and Dylan McDermott. (2018, 15, 100min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

11.45 PREMIERE **Kills on Wheels** Hungarian action comedy. Subtitled. (2016, 15, 103min) ★★★★ *See review, page 19*
1.35 AM **Mandy** Fantasy horror. (2018, 18, 121min) ★★★★
3.45 **People You May Know** Romantic comedy drama. (2017, 15, 92min) ★★★
5.30 **to 6.00** AM **Black Panther: Special**

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.50 AM **Hunchback of Notre Dame** As shown at 1.15am.
8.30 **Lou** Animation.
8.40 **Maleficent** As 6.15pm.
10.25 **101 Dalmatians** As 4.45pm.
11.55 **Cinderella** As 8.00pm.
1.15 PM **Cinderella II** (2002) ★★
2.35 **National Treasure: Book of Secrets** As shown at 9.20pm.
4.45 **101 Dalmatians** Cartoon. (1961, U, 71min) ★★★★★
6.15 **Maleficent** Fantasy adventure. (2014, PG, 97min) ★★★★

4.45 101 Dalmatians

8.00 **Cinderella** Disney's animated version of the classic fairy tale, featuring the voice of Ilene Woods. (1950, U, 75min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

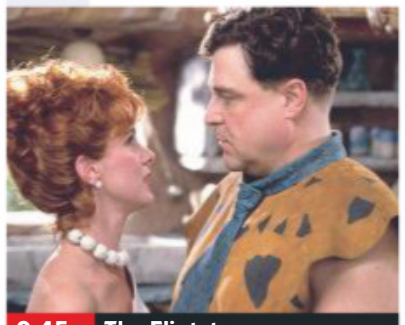
9.20 **National Treasure: Book of Secrets** Adventure starring Nicolas Cage. A treasure hunter embarks on a quest to prove that his ancestor was innocent of the assassination of President Lincoln. (2007, PG, 119min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Island at the Top of the World** Family adventure. (1974, U, 93min) ★★★
1.15 AM **The Hunchback of Notre Dame** Animated fantasy. (1996, U, 91min) ★★★
2.55 **The Santa Clause 2** Festive comedy fantasy sequel. (2002, U, 104min) ★★★★
4.50 **to 6.20** AM **Lion King II: Simba's Pride** Disney animated adventure sequel. (1998, U, 81min) ★★★

Sky Family

305 305 846 436 406 505

6.50 AM **A Yeti Adventure** (2017)
8.20 **Nanny McPhee & The Big Bang** As shown at 4.35pm.
10.20 **Diary of a Wimpy Kid: The Long Haul** As 1.00am.
12.00 NOON **The Cat in the Hat**
1.25 PM **The Lego Movie** As 8pm.
3.10 PREMIERE **Batman Unlimited: Monster Mayhem** (2015) ★★
4.35 **Nanny McPhee & The Big Bang** Comedy. (2010, U) ★★★
6.35 **The Cat in the Hat** Fantasy. (2003, PG, 82min) ★★★



9.45 The Flintstones

8.00 **The Lego Movie** Animation with the voice of Chris Pratt. An ordinary man living in a city made of the construction toy is mistakenly chosen to save the world. (2014, U, 100min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **The Flintstones** Comedy based on the cartoon series, starring John Goodman, Rick Moranis and Elizabeth Perkins. (1994, U, 93min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Flintstones in Viva Rock Vegas** Prehistoric comedy prequel starring Mark Addy. (2000, PG, 91min) ★★
1.00 AM **Diary of a Wimpy Kid: The Long Haul** Comedy sequel. (2017, U, 91min) ★★
2.40 **Aquamarine** Teen fantasy comedy with Emma Roberts. (2006, PG, 103min) ★★★
4.35 **to 6.15** AM **Journey to Oz** Animated fantasy adventure. (2017, U, 91min) ★★

Sky Action

306 306 847 437 407 502

7.40 AM **The Karate Kid Part II** Martial arts adventure sequel. (1986, PG, 113min) ★★
9.40 **Rocky Balboa** Sports drama. (2006, 12, 102min) ★★★
11.30 **Guardians of the Galaxy**
1.35 PM **Guardians of the Galaxy Vol. 2** As shown at 10.00pm.
4.00 **The Bourne Supremacy** Spy thriller starring Matt Damon. (2004, 12, 108min) ★★★★
6.00 **Kong: Skull Island** Adventure. (2017, 12, 118min) ★★★★

6.00 Kong: Skull Island

8.00 **Guardians of the Galaxy** Sci-fi adventure starring Chris Pratt, Zoe Saldana and Dave Bautista. A band of escapees from a prison space station battle an alien warlord for possession of a powerful artefact. (2014, 12, 121min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

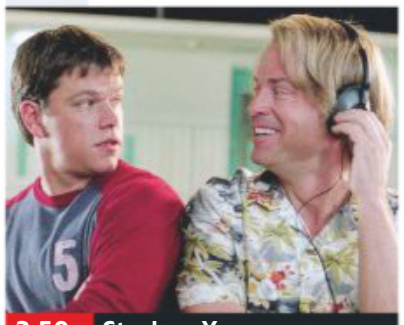
10.00 **Guardians of the Galaxy Vol. 2** Fantasy adventure sequel starring Chris Pratt. (2017, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Bad Boys** Action comedy thriller starring Martin Lawrence and Will Smith. (1995, 15, 118min) ★★★
2.20 **Bad Boys II** Action comedy thriller sequel starring Martin Lawrence and Will Smith. (2003, 15, 147min) ★★★
4.50 **to 7.20** AM **Godzilla** Hollywood remake of the Japanese monster movie, starring Matthew Broderick. (1998, PG, 139min) ★★★

Sky Comedy

307 307 848 438 408 506

7.00 AM **Room for Rent** Comedy. (2017, 15, 89min) ★★
8.35 **10 Things I Hate About You** Romantic teen comedy. (1999, 12, 97min) ★★★
10.20 **Boomerang** Romantic comedy. (1992, 15, 117min) ★★
12.20 PM **Snatched** As 8.00pm.
2.00 **Rough Night** As 9.40pm.
3.50 **Stuck on You** Comedy. (2003, 12, 118min) ★★★
5.55 **Pretty Woman** Romance. (1990, 15, 117min) ★★★★



3.50 Stuck on You

8.00 **Snatched** Comedy with Amy Schumer and Goldie Hawn. A hapless mother and daughter are kidnapped while holidaying in Ecuador. (2017, 15, 90min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **Rough Night** Comedy with Scarlett Johansson. Things go wrong for a group of girlfriends who hire a male stripper for a hen party in Miami. (2017, 15, 101min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Paul** Sci-fi comedy starring Simon Pegg and Nick Frost. (2011, 15, 103min) ★★★★
1.20 AM **Anchorman: The Legend of Ron Burgundy** Comedy starring Will Ferrell. (2004, 12, 94min) ★★★
3.00 **A Very Sordid Wedding** Comedy starring Leslie Jordan. (2017, 15, 109min) ★★
4.55 **to 6.50** AM **That Thing You Do!** Comedy drama. (1996, PG, 107min) ★★★

Sky Hits

302 302 843 433 403

6.15 AM **The Top Ten Show**
6.30 **Everything, Everything** Drama. (2017, 12, 96min) ★★
8.10 **Daddy's Home 2** As 7.15pm.
9.55 **Jumanji: Welcome to the Jungle** As shown at 9.00pm.
12.10 PM **Braveheart** Epic drama. (1995, 15, 177min) ★★★★
3.10 **My Cousin Rachel** Drama. (2017, 12, 106min) ★★★
5.00 **Hostiles** (2017) ★★★★

Sky 5 Star Movies

303 303 844 434 404 508

6.00 AM **Star Trek II: The Wrath of Khan** As shown at 6.00pm.
8.00 **Jaws** As shown at 8.00pm.
10.10 **The Godfather Part II** As shown at 10.10pm.
1.35 PM **Tombstone** As 1.35am.
3.45 **The Sting** Comedy drama. (1973, PG, 129min) ★★★★★
6.00 **Star Trek II: The Wrath of Khan** Sci-fi adventure. (1982, 12, 113min) ★★★★

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Directors**
7.05 **The Broken Star** Western. (1956, b/w, PG, 82min) ★★
8.50 **Fort Defiance** Western. (1951, U, 82min) ★★
10.30 **The Hallelujah Trail** Western. (1965, U, 167min) ★★★
1.30 PM **Man of the West** Western. (1958, 12, 96min) ★★
3.30 **How the West Was Won** Epic Western. (1962, PG) ★★★

Talking Pictures

328 445 81 306

6.00 AM **To Paris with Love** (1954)
7.35 **Johnny Ringo**
8.05 **Dateline Diamonds** (1965) ★★
9.35 **The Captive Heart** (1946)
11.40 **The Winslow Boy** (1948)
2.00 PM **The Edgar Wallace Mystery Theatre**
3.10 **Cornwall in 1946**
3.25 **Encore** Drama. (1951, b/w) ★★
5.15 **How Talkies Talk**
5.30 **Robin's Nest**

Horror

317 149 70 138

8.00 AM **Land of the Giants**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 22/26. (S2)
11.00 **40 Days and Nights** Disaster thriller. (2012, 15, 86min) ★
1.00 PM **Princess of Mars** Sci-fi. (2009, 12, 90min) ★★
3.00 **Andromeda** 18/22. (S1)
4.00 **Tremors 3: Back to Perfection** Comedy. (2001, PG) ★★★
6.00 **Star Trek** 23/26. (S2)

primetime

7.15 **Daddy's Home 2** Comedy sequel starring Will Ferrell, Mark Wahlberg and Mel Gibson. (2017, 12, 100min) ★★★
9.00 **Jumanji: Welcome to the Jungle** Fantasy action comedy in which four high-school students are drawn into the jungle setting of a video game. Stars Dwayne Johnson, Karen Gillan, Kevin Hart and Jack Black. (2017, 12, 119min) ★★★
11.15 **The Snowman** Crime drama starring Michael Fassbender. (2017, 15, 109min) ★★
1.25 AM **Proud Mary** Crime thriller. (2018, 15, 89min) ★★
3.05 **After the Reality** Comedy drama. (2016, 15, 85min) ★★★
4.45 **to 6.45** AM **Basmati Blues** Romantic musical comedy. (2017, PG, 106min) ★★

8.00 **Jaws** Steven Spielberg's monster thriller starring Roy Scheider, Robert Shaw and Richard Dreyfuss. A beach paradise on America's east coast turns into a blood-soaked nightmare when a killer shark goes on the rampage. (1975, 12, 125min) ★★★★★
10.10 **The Godfather Part II** Francis Ford Coppola's gangster sequel starring Al Pacino, Robert De Niro and Robert Duvall. (1974, 18, 200min) ★★★★★
1.35 AM **Tombstone** Western with Kurt Russell and Val Kilmer. (1993, 15, 129min) ★★★★
3.45 **to 6.20** AM **Empire of the Sun** Steven Spielberg's drama based on JG Ballard's autobiographical novel, starring Christian Bale. (1987, PG, 152min) ★★★★

6.30 **The Cowboys** Western starring John Wayne as an ageing rancher who reluctantly enlists 11 young boys to help him on a cross-country cattle drive. (1971, 12, 128min) ★★★
9.00 **Layer Cake** Gangster thriller with Daniel Craig and Michael Gambon. A slick London drug dealer finds himself in trouble when a drug deal goes sour. (2004, 15, 105min) ★★★★
11.15 **Ransom** Thriller starring Mel Gibson, Rene Russo and Gary Sinise. (1996, 15, 121min) ★★★
1.45 AM **10 Rillington Place** Thriller starring Richard Attenborough. (1970, 15, 106min) ★★★★
4.00 **to 6.00** AM **Hollywood's Best Film Directors**

+1 hour 316 417

6.00 **The Narrowing Circle** Mystery drama starring Paul Carpenter. (1956, b/w, PG, 64min) ★★
7.20 **Who Goes There!** Comedy starring Nigel Patrick and Valerie Hobson. A civil servant's son falls for a soldier's girlfriend, while his sister decides to match her up with her own boyfriend. (1952, b/w, U, 83min) ★★
9.00 **A Family at War**
10.00 **Spearhead**
11.00 **The Culpepper Cattle Co** Western starring Gary Grimes. (1972, 15, 92min) ★★★
12.50 AM **Lost in the Desert** Adventure starring Wynand Uys. (1969, U, 84min) ★★
2.30 **Brubaker** Prison drama. (1980, 15, 130min) ★★★★
5.10 **to 6.00** AM **Neil Sean Meets John Orchard**

7.00 **Star Trek: Deep Space Nine**
8.00 **Sliders** *World Killer:* 5/22. The team arrive on an apparently deserted world. (S4)
9.00 **The Tall Man** Crime mystery starring Jessica Biel. A nurse investigates a local legend when children start disappearing in her town. With Jodelle Ferland. (2012, 15, 106min) ★★★
11.05 **Creep** Horror starring Franka Potente and Vas Blackwood. (2004, 18, 85min) ★★★
12.45 AM **Haunt** Horror starring Harrison Gilbertson and Liana Liberato. (2014, 15, 82min) ★★
2.30 **Maneater** Horror starring James Remar and Sherilyn Fenn. (2015, 15, 86min) ★★
4.20 **to 4.30** AM **Horror Highlights**

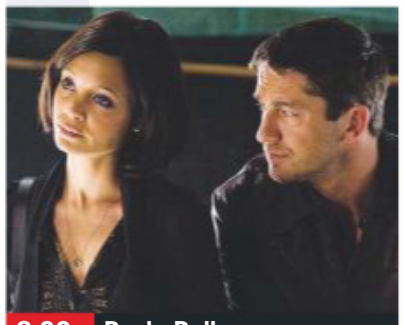
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.35 AM **City of Tiny Lights** Crime thriller. (2016, 15, 110min) ★★
8.40 **I Am Gangster** Crime drama. (2015, 15, 90min) ★★
10.40 **RocknRolla** As 8.00pm.
12.45 PM **Vantage Point** Thriller. (2008, 12, 90min) ★★
2.20 **The Mexican** Action comedy. (2001, 15, 123min) ★★
4.30 **Don't Hang Up** Horror thriller. (2016, 15, 83min) ★★
6.00 **Atomic Blonde** Spy thriller. (2017, 15, 115min) ★★★★



8.00 RocknRolla

8.00 **RocknRolla** Guy Ritchie's crime comedy thriller starring Gerard Butler, Tom Wilkinson, Thandie Newton and Mark Strong. Two East End crooks trigger a feud between a London crime boss and a Russian mobster. (2008, 15, 114min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

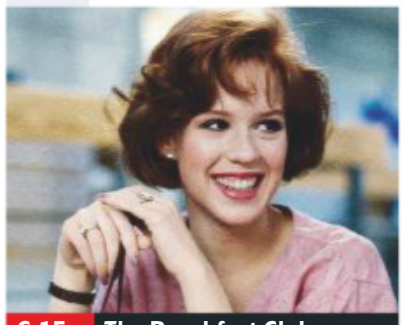
10.00 **Bad Samaritan** Thriller starring David Tennant and Robert Sheehan. (2018, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **The Negotiator** Thriller starring Jon Hamm, Dean Norris and Rosamund Pike. (2018, 15, 109min) ★★★★
1.55 AM **Rise of the Footsoldier 3** Crime thriller with Craig Fairbrass. (2017, 18, 99min) ★
3.40 **Black Butterfly** Thriller starring Antonio Banderas. (2017, 15, 90min) ★★★
5.15 **to 6.55** AM **Point Last Seen** Drama with Linda Hamilton. (1998, PG, 87min) ★★

Sky Drama

309 309 850 | 440 410 | 511

7.20 AM **Scent of a Woman** Drama. (1992, 15, 157min) ★★★★
10.00 **The Top Ten Show**
10.20 **Gifted** Comedy drama. (2017, 12, 101min) ★★★★
12.10 PM **The Mountain Between Us** Romantic adventure. (2017, 12, 103min) ★★
2.10 **Serenity** As 8.00pm.
4.10 **The Forgiven** Thriller. (2017, 15, 115min) ★★
6.15 **The Breakfast Club** Comedy drama. (1984, 15) ★★★★★



6.15 The Breakfast Club

8.00 **Serenity** Thriller starring Matthew McConaughey and Anne Hathaway. A fishing boat captain's ex-wife begs him to save her and their son from her violent husband. With Diane Lane, Jason Clarke and Djimon Hounsou. (2019, 15, 106min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

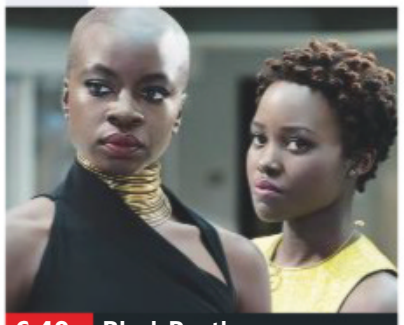
10.00 **Phantom Thread** Drama starring Daniel Day-Lewis and Vicky Krieps. (2017, 15, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Unforgettable** Thriller starring Rosario Dawson, Katherine Heigl and Geoff Stults. (2017, 15, 100min) ★★★
2.00 **United 93** Paul Greengrass's documentary-style drama. (2006, 15, 111min) ★★★★
4.00 **to 6.50** AM **A Passage to India** David Lean's adaptation of the novel by EM Forster, starring Judy Davis, Alec Guinness and Peggy Ashcroft. (1984, PG, 163min) ★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **Geostorm** As 4.40pm.
8.00 **Flatliners** Sci-fi starring Ellen Page. (2017, 15, 109min) ★★
10.00 **Black Panther** As 6.40pm.
12.20 PM **Star Wars: The Last Jedi** As shown at 9.00pm.
2.55 **Truth or Dare** As 11.35pm.
4.40 **Geostorm** Sci-fi thriller starring Gerard Butler and Jim Sturgess. (2017, 12, 120min) ★
6.40 **Black Panther** Adventure starring Chadwick Boseman. (2018, 12, 134min) ★★★★



6.40 Black Panther

Black Panther (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

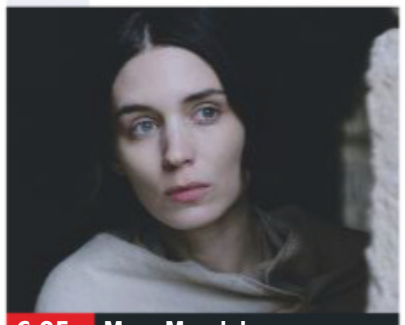
9.00 **Star Wars: The Last Jedi** Fantasy adventure starring Mark Hamill. With the Resistance cornered, aspiring warrior Rey must persuade Luke Skywalker to save the galaxy once more. With Daisy Ridley and Adam Driver. (2017, 12, 146min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Truth or Dare** Horror starring Lucy Hale and Tyler Posey. (2018, 15, 100min) ★★
1.20 AM **I See You** Horror thriller starring Neville Archambault. (2017, 15, 90min) ★★
3.00 **Strange Days** Kathryn Bigelow's sci-fi thriller starring Ralph Fiennes, Angela Bassett and Juliette Lewis. (1995, 18, 145min) ★★★
5.30 **to 6.00** AM **The Lego Movie 2: Special**

Sky Select

311 311 852 | 442 412 | 510

7.05 AM **Jeune Femme** Drama. Subtitled. (2017, 15) ★★★★
8.55 **Dean** Drama. (2016, 12) ★★★
10.35 **Alive** Survival drama. (1992, 15, 127min) ★★★
12.50 PM **Iceman** Drama. (2017, 15, 96min) ★★★
2.35 **Kramer Vs Kramer** Drama. (1979, PG, 104min) ★★★★
4.25 **Kidulthood** British urban drama. (2006, 15, 91min) ★★
6.05 **Mary Magdalene** Drama. (2018, 12, 120min) ★★



6.05 Mary Magdalene

8.15 **Lady Bird** Comedy drama starring Saoirse Ronan and Laurie Metcalf. An artistic teenager has a difficult relationship with her mother while growing up in California. (2017, 15, 94min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

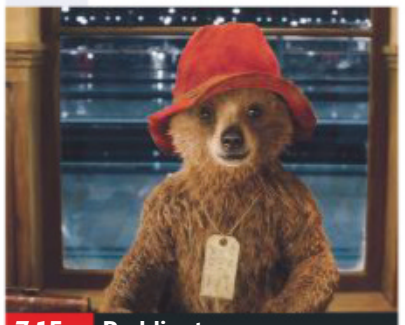
10.00 **Mandy** Fantasy horror starring Nicolas Cage and Andrea Riseborough. (2018, 18, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.05 AM **Dark River** British drama starring Ruth Wilson. (2017, 15, 90min) ★★★★
1.40 **Black Swan** Psychological thriller with Natalie Portman, Vincent Cassel and Mila Kunis. (2010, 15, 107min) ★★★
3.35 **My Friend Dahmer** Drama starring Ross Lynch. (2017, 15, 107min) ★★★★
5.30 **to 7.15** AM **Let the Sunshine In** French comedy. Subtitled. (2017, 15, 94min) ★★

Film4

313 313 853 | 428 429 | 15 | 300

■ **Films start at 11.00am**
11.00 AM **Tulsa** Adventure drama. (1949, U, 90min) ★★
12.45 PM **Retreat, Hell!** War drama. (1952, b/w, PG, 96min) ★★
2.40 **Anzio** World War Two drama. (1967, PG, 117min) ★★★
5.00 **Rear Window** Classic Hitchcock suspense movie. (1954, PG, 112min) ★★★★★
7.15 **Paddington** Family comedy starring Hugh Bonneville. (2014, PG, 95min) ★★★★



7.15 Paddington

Paddington (film started at 7.15pm) — 8 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Titanic** Oscar-winning blockbuster starring Leonardo DiCaprio and Kate Winslet. A poor young artist and the rebellious daughter of a wealthy family meet and fall in love on board the doomed ocean liner as it makes its fateful maiden voyage. With Billy Zane and Kathy Bates. (1997, 12, 195min) ★★★ — 9 PM, 10 PM, 11 PM
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 **to 4.00** AM **Boyhood** Drama filmed over the course of 12 years, with Ellar Coltrane, Patricia Arquette and Ethan Hawke. A boy goes through a series of formative experiences as he grows up. (2014, 15, 166min) ★★★★★

+1 hour 314 430 45 301

True Movies

319 424 62 303

6.00 AM **Little House on the Prairie**
7.00 **Beauty and the Beast** 1/2.
9.00 **Love Takes Wing** Family drama. (2009, PG, 88min) ★★★
11.00 **Love with a Perfect Stranger** Drama. (1986, PG, 98min) ★★
1.00 PM **Little House on the Prairie**
3.00 **Boss of Bosses** Crime biopic. (2001, 15, 90min) ★★
5.00 **Concrete Canyons** Police drama. (2010, PG, 90min) ★★

7.00 **Crimes of Passion** Suspense thriller starring Dina Meyer and Jonathan Higgins. Two co-workers plot to fleece their employer by staging a sexual harassment scenario, but a third party interferes with their well-laid plan. With Amy Sloan. (2005, PG, 86min) ★★★
9.00 **Convoy** Action comedy with Kris Kristofferson and Ali MacGraw. Speeding truckers flee for the state line pursued by the police. (1978, 12, 110min) ★★★
11.00 **And Baby Will Fall** Thriller with Anastasia Griffith and Brendan Fehr. (2011, 12, 85min) ★★
1.00 AM **The Waltons** 8&9/24. (S7)
3.00 **to 6.00** AM **Little House on the Prairie**

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Dangerous Attraction** Thriller. (2012, PG, 90min) ★★
11.05 **Second Chances** Mystery thrilller. (2010, 12, 90min) ★★
1.00 PM **Earth's Final Hours** Sci-fi thriller. (2011, 12, 84min) ★★
2.55 **Ice Quake** Sci-fi disaster drama. (2010, PG, 91min) ★★
4.50 **Sony Movie News Extra**
5.00 **Jackie Chan's The Medallion** Action comedy. (2003, PG) ★

6.55 **The Rundown** Action comedy starring Dwayne Johnson, Seann William Scott, Christopher Walken and Rosario Dawson. (2003, 12, 99min) ★★
9.00 **Charlie's Angels** Comedy thriller based on the 1970s TV series, starring Drew Barrymore, Cameron Diaz and Lucy Liu. (2000, 15, 97min) ★★
11.05 **Ultraviolet** Sci-fi thriller starring Milla Jovovich and Cameron Bright. (2006, 15, 87min) ★★★
12.55 AM **8MM** Dark thriller starring Nicolas Cage and Joaquin Phoenix. (1999, 18, 123min) ★
3.25 **to 6.00** AM **All the King's Men** Period political drama starring Sean Penn and Jude Law. (2005, 12, 128min) ★★

+1 hour 322 50

Movies 24

325 419 513

7.00 AM **Late Bloomer** Drama. (2016, PG, 120min) ★★
9.00 **All of My Heart: The Wedding** Drama. (2018, PG, 120min) ★★
11.00 **Truly, Madly, Sweetly** Drama. (2018, PG, 120min) ★★
1.00 PM **The Good Witch's Family** Drama. (2011, PG, 83min) ★★
3.00 **Cooking with Love** Romantic comedy. (2018, PG, 90min) ★★
5.00 **Chesapeake Shores** (S3)

7.00 **Falling for You** Romantic comedy drama starring Taylor Cole and Tyler Hynes. A radio presenter is forced to find a last minute replacement for a charity bachelor bake-off she is hosting. (2018, PG, 84min) ★★
9.00 **Garage Sale Mystery: Picture a Murder** Crime drama starring Lori Loughlin. Jennifer discovers an antique camera at the estate of a photography enthusiast.
11.00 **The Good Witch's Gift** Fantasy sequel starring Catherine Bell. (2010, PG, 89min) ★★★
1.00 AM **Waffle Street** Comedy. (2015, PG, 86min) ★★
3.00 **to 5.00** AM **Runaway Romance** Drama with Danielle C Ryan. (2018, PG, 90min) ★★

+1 hour 326 420

Movies4Men

323 426 48 305

6.00 AM **Berlin Express** (1948) ★★★
7.40 **On Dangerous Ground** (1951)
9.15 **The China Syndrome** Thriller. (1979, PG, 122min) ★★★★
11.40 **Stranger on Horseback** Western. (1955, U, 65min) ★★
1.05 PM **Rachel and the Stranger** Western. (1948, b/w, PG) ★★★
3.00 **Lost Command** War drama. (1966, 15, 130min) ★★
5.40 **Spitfire** The story of the aircraft.

7.10 **Mosquito Squadron** World War Two drama starring David McCallum as an RAF pilot who heads a mission to destroy a Nazi rocket base in a French chateau. (1968, U, 90min) ★★
9.00 **Sniper: Reloaded** Adventure starring Chad Michael Collins. A sniper decides to track down the gunman who ambushed his squad in the war-ravaged Congo. (2011, 15, 91min) ★★
10.55 **Storm Catcher** Action thriller starring Dolph Lundgren. (1999, 18, 91min) ★
12.45 AM **In Tranzit** Drama with Vera Farmiga and John Malkovich. (2009, 15, 113min) ★★
2.55 **to 4.00** AM **Future Combat Aircraft**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.10 PM **The Killer Nurse** *Paramount* Thriller starring Willa Ford, Brigid Brannagh and John Heard. (HD) ★★
9.00 **Horrible Bosses** *ITV2* Comedy starring Jason Bateman and Jeenifer Aniston. (HD) ★★★
9.00 **Red Heat** *5Spike* Thriller. ★★★
9.00 **The Break-Up** *5STAR* Comedy with Jennifer Aniston. ★★★
9.00 **Not Another Teen Movie** *Comedy Central Extra* Spoof teen comedy starring Chyler Leigh and Chris Evans. ★
10.00 **Aileen: Life and Death of a Serial Killer** *Sony Crime Channel* Documentary. ★★★
10.30 **Drive** *Syfy* Stylish film-noir thriller. (HD) ★★★★★
11.10 **The Sweetest Thing** *5STAR* Comedy with Cameron Diaz. ★
11.15 **Se7en** *ITV4* Dark thriller starring Brad Pitt. (HD) ★★★★
12.00 M'T **The Master of Disguise** *AMC* Comedy starring Dana Carvey and Brent Spiner. ★
12.35 AM **Insidious: Chapter 2** *Channel 4* Supernatural thriller sequel. (Signed) (HD) ★★★
3.00 **The Vow** *Channel 5* Romance with Rachel McAdams. ★★★

WEDNESDAY Sport

SKY HD SD VIRGIN HD BT HD

20 March

Sky Sports Main Event

401 401 855 511 501 402 437

6.00 AM **Good Morning Sports Fans Bitesize** The latest sports news.
7.00 **Good Morning Sports Fans**
10.00 **Sky Sports News** The latest sports news and developments.
5.00 PM **Sky Sports News at 5** The latest sports news and updates.
6.00 **Sky Sports News at 6** The latest sports news and developments.
7.00 **Sky Sports Tonight** This evening's leading sports stories.
7.30 **One2Eleven**
7.40 **Gillette Soccer Special** Jeff Stelling and guests preside over this evening's football action.
9.45 **One2Eleven**
10.00 **Sky Sports News at Ten** A round-up of the day's news.
11.00 LIVE **NBA Philadelphia 76ers v Boston Celtics.** The Eastern Conference clash from the Wells Fargo Centre. Tip-off **11.00pm**.
1.30 AM **Sky Sports News**
3.30 LIVE **European Tour Golf** Coverage of the opening day of the Maybank Championship from the Saujana Golf and Country Club in Kuala Lumpur, Malaysia, a tournament won last year by India's Shubhankar Sharma.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **The Debate** Discussion.
10.00 **Premier League Years**
12.00 NOON **The Debate** Discussion.
1.00 PM **Premier League Years** A look back at classic games, infamous blunders and moments of skill from seasons past.
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **Premier League Review** A look back at recent fixtures in the Premier League.
7.00 **Premier League World** A round-up of the latest news.
7.30 **One2Eleven**
7.40 **Gillette Soccer Special** Jeff Stelling introduces pre-match reports and news of all this evening's goals as they go in.
9.45 **PL Greatest Games**
10.00 **Premier League 100 Club**
11.00 **Premier League Review**
12.00 M'T **PL Best Goals**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
3.00 **EFL Highlights**
4.00 **One2Eleven**
4.30 **Football's Greatest Players**
5.00 **EFL Greatest Games**
5.30 **SPFL Greatest Games**
6.00 **Football Years**
7.00 **Football's Greatest Players**
7.30 **One2Eleven**
7.40 **Gillette Soccer Special**
9.45 **One2Eleven**
10.00 **EFL Highlights**
11.00 **Football's Greatest Players**
12.00 M'T **Football Years**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 514 504

6.00 AM **Best of England v Sri Lanka**
7.00 **Cricket's Greatest Games**
8.00 **Test Cricket** As 6.00pm.
9.00 **International T20 Cricket**
12.35 PM **Test Cricket** As 6.00pm.
1.30 **Best of England v Sri Lanka**
2.00 **Cricket's Greatest Games**
3.00 **Test Cricket** As 6.00pm.
4.00 **Ashes Regained: Cook's Redemption** A review of the 2015 Ashes series, which ended with a 3-2 victory for England.
6.00 **Test Cricket** New Zealand v Bangladesh: Action from the fifth and final day of the third and final Test of the series, held at Hagley Oval in Christchurch.
7.00 **International T20 Cricket** South Africa v Sri Lanka: Action from the first T20 international in the three-match series, held at Newlands in Cape Town.
10.30 **Test Cricket** As 6.00pm
11.30 **Ashes Regained: Cook's Redemption** As 4.00pm
1.30 AM **Test Cricket** As 6.00pm
2.30 **Darren Gough: In the Zone**
3.00 **Test Cricket** As 6.00pm
4.00 **Best of England v Windies**
5.00 **to 6.00** AM **Cricket's Greatest Games**

Sky Sports Golf

405 405 859 515 505

6.00 AM **PGA Tour Profiles**
6.30 **British Masters Masterclass**
7.00 **PGA Tour Profiles**
7.30 **British Masters Masterclass**
8.00 **Junior Ryder Cup**
9.00 **PGA Tour Golf**
2.00 PM **Morning Drive** Discussion.
3.00 **PGA Tour Profiles**
4.00 **PGA Tour Golf** The final day of the 2019 Players Championship.
6.00 **Inside the PGA Tour**
6.30 **Golfing World** Magazine show.
7.00 **Feherty Talks to Fred Couples**
8.00 **PGA Tour Golf** Action from the 2018 Valspar Championship.
9.00 **Feherty Talks to Fred Couples**
10.00 **Inside the PGA Tour** Golf update.
10.30 **Golfing World** Magazine show.
11.00 **Inside the PGA Tour**
11.30 **Golfing World**
12.00 M'T **PGA Tour Golf**
1.00 AM **Chronicles of a Champion Golfer** Double bill.
2.00 **British Masters Masterclass**
2.30 **Inside the PGA Tour**
3.00 **Golfing World**
3.30 **to 6.00** AM LIVE **European Tour Golf** The opening day's play of the Maybank Championship from the Saujana Golf and Country Club in Kuala Lumpur.

BT Sport 1

413 413 867 527 408 430

6.00 AM **Premiership Rugby Cup** Northampton Saints v Saracens.
7.30 **Vanarama National League Highlights** Recent action.
8.00 **Ladbrokes SPFL Highlights**
8.30 **Emirates FA Cup Highlights** Action from the quarter-finals.
9.00 **Classic MOTD – Thrillers**
12.00 NOON **Vanarama National League Highlights**
12.30 PM **Ladbrokes SPFL Highlights** The latest action from the Ladbrokes Scottish Premiership.
1.00 **Emirates FA Cup** Action from Watford v Crystal Palace.
2.30 **Emirates FA Cup** Action from Swansea City v Manchester City.
4.00 LIVE **WTA Tennis** Coverage of the second day of the Miami Open from the Hard Rock Stadium in Miami Gardens, Florida.
1.30 AM **WTA All Access**
2.00 **Ladbrokes SPFL Highlights**
2.30 **Vanarama National League Highlights** Recent action.
3.00 **BT Sport Goals Reload**
3.30 **Football Archives: 1980/81**
4.00 **Football Archives: 1981/82**
4.30 **Football Archives: 1982/83**
5.00 **to 6.00** AM **Fishing: On The Bank**

BT Sport 2

414 414 868 528 409 431

6.00 AM **Fishing: On The Bank**
7.00 **Men's Hockey** Action from Australia v New Zealand.
8.00 **Women's Hockey** Action from Australia v New Zealand.
9.00 **Emirates FA Cup Highlights** Action from the quarter-finals.
9.30 **Ladbrokes SPFL Highlights**
10.00 **Ligue 1 Highlights**
11.00 **Bundesliga Highlights Show**
12.00 NOON **Hyundai A-League Highlights** Recent action.
1.00 PM **Survive and Advance**
3.00 **The Big Match Revisited**
7.00 **PSA Squash Highlights** Action from the Canary Wharf Classic.
8.00 **Rugby Tonight** BT Sport's panel of experts are joined by guests and a live studio audience to discuss all things rugby and look ahead to the upcoming domestic, European and international action.
9.00 **UFC NOW** Magazine show.
10.00 **Iron Man: The Sean Fallon Story** Documentary.
11.15 **Irish Rally Review**
11.45 **BT Sport Goals Reload**
12.00 M'T **Rugby Tonight**
1.00 AM **ESPN Classic Boxing**
4.30 **to 6.00** AM **Thunder & Lightning**

BT Sport 3

417 417 869 529 410 432

6.00 AM **Cricket: Big Bash League** Back-to-back T20 action.
12.00 NOON **Mobil 1: The Grid**
12.30 PM **Formula E: Street Racers**
1.00 **Irish Rally Review** Highlights from the Limerick Forest Rally.
1.30 **FIA World Endurance Championship** Highlights from the 1000 Miles of Sebring.
2.30 **The Outdoor Sports Show**
3.00 **BT Sport Goals Reload**
3.30 **Ligue 1 Highlights**
4.30 **Bundesliga Highlights Show**
5.30 **BT Sport Reload**
6.00 **BT Sport Goals Reload**
6.30 **Premier League World**
7.00 **Men's Hockey** Action from Australia v Argentina in Sydney.
8.00 **Women's Hockey** Action from Australia v New Zealand in Sydney.
9.00 **World Poker Tour Series**
11.00 **Vanarama National League Highlights** Recent action.
11.30 **Ladbrokes SPFL Highlights**
12.00 M'T **PSA Squash Highlights**
1.00 AM **UFC NOW** Magazine.
2.00 **Emirates FA Cup Highlights**
2.30 **Bundesliga Highlights Show**
3.30 **Ligue 1 Highlights**
4.30 **Hyundai A-League Highlights**
5.30 **to 6.00** AM **BT Sport Reload**

Sky Sports Action

407 407 861 517 507

6.00 AM **Boxing Gold**
7.00 **Wildfly Fishing**
7.30 **Great Sporting Moments**
7.45 **Joshua Buatsi: The Knockouts**
8.00 **NFL: America's Game**
9.00 **Boxing Gold**
10.00 **Sporting Records**
10.30 **Wildfly Fishing**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Sporting Records**
2.00 **Wildfly Fishing**
2.30 **Darts Gold**
3.00 **Boxing Gold**
4.00 **Darts Gold**
4.15 **Joshua Buatsi: The Knockouts**
4.30 **Sporting Records**
5.00 **Wildfly Fishing**
5.30 **Sports Unlimited**
6.30 **Top 14 Round-Up Show**
7.00 **NBC's ProFootballTalk**
9.00 **Watersports World**
10.00 **Motorsport Mundial**
10.30 **NFL: America's Game**
11.30 **Top 14 Round-Up Show**
12.00 M'T **NFL: America's Game**
1.00 AM **Top 14 Round-Up Show**
1.30 **Super League Gold**
2.00 **NFL – Greatest Games**
3.30 **Darts Gold**
4.00 **to 6.00** AM **Highlights**

Sky Sports Mix

121 121 819 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **Game Changers: Super Bowl**
8.00 **Sporting Records**
8.30 **Game Changers: Super Bowl**
9.00 **Netball Superleague**
10.00 **My Icon**
10.30 **Sporting Records**
11.00 **Game Changers: Super Bowl**
11.30 **Sporting Greats**
12.00 NOON **Netball Superleague**
1.00 PM **Game Changers: Super Bowl**
1.30 **My Icon**
2.00 **Netball Superleague**
3.00 **Game Changers: Super Bowl**
3.30 **Sporting Records**
4.00 **My Icon**
4.15 **Joshua Buatsi: The Knockouts**
4.30 **Game Changers: Super Bowl**
5.00 **WWE Main Event**
6.00 **Netball Superleague** Loughborough Lightning v Wasps.
7.00 **Wildfly Fishing**
7.30 **My Icon**
7.40 **Gillette Soccer Special**
9.45 **Powerboating**
10.45 **Wildfly Fishing**
11.15 **Netball Superleague**
12.15 AM **My Icon**
12.30 **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 530 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **X Games Aspen**
9.30 LIVE **MLB Oakland Athletics v Seattle Mariners.** The opening game of the season from Tokyo, Japan. Start-time **9.30am**.
12.30 PM **ESPN FC** Football news.
1.00 **X Games Aspen**
3.00 **NCAA: Indoor Track & Field**
5.00 **Special Olympics Abu Dhabi**
6.00 **NCAA Basketball Tournament**
10.00 **College Basketball**
10.30 LIVE **NCAA Basketball Tournament** The NCAA Division I Men's Basketball Tournament.
1.00 AM LIVE **NCAA Basketball Tournament** The NCAA Division I Men's Basketball Tournament.
3.30 **BT Sport Reload**
4.00 **Madden eSports**
5.00 **to 6.00** AM **Special Olympics Abu Dhabi**

Eurosport 1

410 410 864 523 521 412 435

6.25 AM **Equestrian**
7.30 **FIA World Endurance Championship**
8.00 LIVE **Curling World Championships** Coverage of a women's round-robin match.
11.00 **Alpine Skiing**
1.00 PM **Lindsey Vonn: Chasing History** Behind the scenes.
2.00 **Figure Skating World Championships**
4.00 **Ski Jumping**
5.00 **Curling World Championships**
6.00 LIVE **Curling World Championships** Coverage of a women's round-robin match from Silkeborg Sportscentre, Denmark.
9.00 **Figure Skating World Championships** Action from the ladies' short discipline. **10.00** The pairs' short discipline.
11.00 **Cycling: Nokere Koerse**
12.00 M'T **Cycling: Tour of Taiwan**
12.15 AM **World Superbikes**
1.20 **to 1.25** AM **Eurosport News**

Eurosport 2

411 411 865 524 522 413 436

6.00 AM **Alpine Skiing**
7.00 **World Superbikes**
7.30 LIVE **Figure Skating World Championships** The ladies' short discipline from Japan.
12.00 NOON **Figure Skating World Championships**
1.30 PM **Triathlon** In Pembrokeshire.
2.00 LIVE **Cycling: Nokere Koerse** Coverage of the one-day race.
4.00 **Lindsey Vonn: Chasing History**
5.00 **Figure Skating World Championships** From Japan.
7.00 **Cycling: Nokere Koerse**
8.00 **Athletics: European Indoors**
10.00 **World Superbikes**
11.00 **Fencing: Grand Prix Series**
12.05 AM **Eurosport News**
12.30 **Biathlon** From Sweden.
1.00 **Cycling: Tour of Taiwan**
1.15 **Cycling: Nokere Koerse**
2.00 **Curling World Championships**
4.00 **Cycling: Nokere Koerse**
4.45 **Cycling: Tour of Taiwan**
5.00 **to 6.00** AM **Ski Jumping**

Sky Sports Arena

408 408 862 518 508

6.00 AM **Sporting Greats**
7.00 **WWE Experience**
8.00 **Great Sporting Moments**
9.00 **Sporting Greats**
10.30 **Top 14 Round-Up Show**
11.00 **Super League Gold**
12.00 NOON **Sporting Greats**
1.00 PM **Great Sporting Moments**
1.30 **NBA: The Starters**
2.00 **Top 14 Round-Up Show**
2.30 **Sporting Greats**
3.00 **Sporting Records**
3.30 **NBA: The Starters**
4.00 **Top 14 Round-Up Show**
4.30 **NBA: The Starters**
5.00 **WWE Main Event**
6.00 **NBA GameTime**
6.30 **NBA: The Starters**
7.00 **WWE Experience**
8.00 **NRL Try Time**
9.00 **WWE Smackdown**
11.00 LIVE **NBA Philadelphia 76ers v Boston Celtics.** Tip-off **11pm**.
1.30 AM **NBA GameTime**
2.00 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 516 506

6.00 AM **The Home of F1**
11.00 **IndyCar: St Petersburg GP** Action from the Streets of St Petersburg circuit in Florida.
3.00 PM **The Lotus 49 Story**
3.15 **Nico & Keke**
3.30 **Simon and the Astronaut**
3.45 **Formula 1** Another chance to see the Australian Grand Prix.
6.00 **The F1 Show**
6.30 **Formula 1** Highlights of the Australian Grand Prix.
7.30 **Australian F1 GP Best Bits**
8.00 **The Inside Line**
8.30 **Australian F1 GP Best Bits**
9.00 **F1 Classic Races** The 1986 Australian Grand Prix.
9.45 **The Inside Line**
10.15 **The Lotus 49 Story**
10.30 **F1 2019 Launch: Behind The Scenes**
11.00 **The Inside Line**
11.30 **Formula 1** As 6.30pm.
12.30 AM **Australian F1 GP Best Bits**
1.00 **to 6.00** AM **The Home of F1**

Thursday

21 March

Evening Planner

Quiz show

Blockbusters
Comedy Central HD, 8pm
Dara Ó Briain hosts a revamp of the quiz for sixth formers, with the two-against-one and Gold Run formats intact

Crime drama

The Rookie
Sky Witness HD, 9pm
Castle's Nathan Fillion heads the cast of a cop drama as the oldest new kid on the block when he joins the LAPD

Drama

Pose
BBC2 HD, 9pm
James Van Der Beek is among the ensemble in a drama from the creator of *Glee* about the 1980s vogueing scene

Documentary

Fraud: How They Steal Your Bank Account
ITV HD, 9pm
Corruption insights from the police, such as bankers selling on details

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 DIY SOS: The Big Build		9.00 Stabbed: Britain's Knife Crime Crisis		10.00 News; Local News	10.35 Question...
102 BBC2	7.00 MOTD: The...	7.30 Mortimer &...	8.00 Great British Menu		9.00 Pose			10.30 Newsnight
103 ITV	7.00 Emmerdale	7.30 Rubbish...	8.00 Emmerdale	8.30 Australia with...	9.00 Fraud: How They Steal Your Bank...		10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Ugly House to Lovely House with...		9.00 60 Days on the Streets		10.00 24 Hours in Police Custody	
105 CHANNEL 5	7.00 Summer in Alaska: A Year in the Wild		8.00 Secrets of Your Supermarket Food		9.00 Mega Volcano: Draining the Pacific		10.00 The Sex Business: Pain for Pleasure	
106 SKY ONE	7.00 The Simpsons		8.00 The Flash		9.00 Strike Back: Silent War		10.00 Comedians...	10.30 A League of...
Entertainment								
116 BBC4	7.00 Beyond 100 Days	7.30 Top of the...	8.00 The Crusades		9.00 Queen Elizabeth I: A Timewatch Guide		10.00 Blackadder II	
118 ITV2	7.00 You've Been Framed! Gold		8.00 You've Been Framed! Gold: Favourites		9.00 Family Guy		10.00 Celebrity Juice	
136 MORE4	◂ 6.55 The Supervet		7.55 Grand Designs		9.00 999: What's Your Emergency?		10.00 Father Ted	
135 E4	7.00 Hollyoaks	7.30 Speechless	8.00 Big Bang Theory	8.30 Young Sheldon	9.00 Celebs Go Dating: The Finale		10.00 The Inbetweeners	
107 SKY WITNESS	7.00 Paramedics		8.00 Criminal Minds		9.00 The Rookie		10.00 Madam Secretary	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Tin Star		10.00 Game of Thrones: Best Episodes Ever	
110 GOLD	7.00 dinnerladies diaries		8.00 dinnerladies			9.20 Citizen Khan	10.00 Live at the Apollo	
111 DAVE	7.00 American Pickers		8.00 Sin City Motors		9.00 QI		10.00 Porters	10.40 Would...
119 ITV3	7.00 Murder, She Wrote		8.00 Vera				10.00 Law & Order: UK	
120 ITV4	◂ 6.45 Snooker: Tour Championship – Live: Day three of the event from Venue Cymru in Llandudno, featuring the second semi-final							10.15 Film: The Dirty Dozen
112 COMEDY CENTRAL	7.00 Friends		8.00 Blockbusters	8.30 Your Face or...	9.00 Film: 21 Jump Street			
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Merlin		9.00 Siren		10.00 Film: From Dusk Till Dawn	
109 W	7.00 My Dream Home		8.00 Inside the Ambulance at Christmas		9.00 Emma Willis: Delivering Babies		10.00 Flack	
113 UNIVERSAL	7.00 NCIS				9.00 Burden of Truth		10.00 Proven Innocent	
124 FOX	7.00 NCIS				9.00 Family Guy			
122 SKY ARTS	7.00 Too Young to Die		8.00 The Directors		9.00 Bafta: Life in Pictures		10.00 Off Camera with Sam Jones	
Documentary								
125 DISCOVERY	7.00 Supertruckers				9.00 Alaskan Bush People		10.00 America's Lost Vikings	
162 ANIMAL PLANET	7.00 Untamed China		8.00 Flying Wild Alaska		9.00 From Cubs to Kings		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Car SOS		9.00 Banged Up Abroad		10.00 Banged Up Abroad: Crime &...	
130 HISTORY	7.00 American Pickers		8.00 Pawn Stars		9.00 Forged in Fire		10.00 Forged in Fire: Knife or Death	
155 YESTERDAY	7.00 Impossible Engineering		8.00 Abandoned Engineering		9.00 Open All Hours			
166 EDEN	7.00 Russia From Above		8.00 Wonders of the Universe		9.00 Angry Planet		10.00 Life in the Undergrowth	
Films								
301 SKY PREMIERE	◂ 6.10 Blue Iguana		8.00 Deadpool 2				10.10 Danger One	
302 SKY HITS	7.00 Father Figures				9.00 Ocean's Eight			
303 5 STAR MOVIES	◂ 5.40 Walk the Line		8.00 Avengers: Infinity War					10.35 Serenity
304 SKY DISNEY	◂ 6.15 WALL•E		8.00 A Wrinkle in Time				10.00 Tron	
305 SKY FAMILY	◂ 6.30 The Emoji Movie		8.00 Peter Rabbit			9.40 My Girl		
306 SKY ACTION	◂ 6.00 Death Race		8.00 Dunkirk				10.00 X-Men: First Class	
307 SKY COMEDY	◂ 6.05 Bruce Almighty		8.00 Mamma Mia!				10.00 Girls Trip	
308 SKY THRILLER	7.00 Collateral				9.00 Jack Reacher			
309 SKY DRAMA	◂ 6.10 The Disaster Artist		8.00 The Leisure Seeker				10.00 Wonder Wheel	
310 SKY SCI-FI	◂ 6.30 Ready Player One				9.00 Justice League			
311 SKY SELECT	◂ 6.00 Who We Are Now		8.00 Leave No Trace				10.00 Tully	
313 FILM4	◂ 6.55 Volcano				9.00 Shooter			
315 TCM	◂ 6.45 Orders to Kill				9.00 Fire Down Below			
Sport								
401 MAIN EVENT	7.00 Sky Sports...	7.30 Euro 2020 Qualifiers – Live: Northern Ireland v Estonia: From Windsor Park (Kick-off 7.45)					10.00 PGA Tour Golf – Live	
402 PREMIER LEAGUE	7.00 Premier League World	7.40 Euro 2020 Qualifiers – Live: Belgium v Russia: From King Baudouin Stadium (Kick-off 7.45)			9.45 PL...		10.00 PL World	10.30 PL Best Goals
403 FOOTBALL	7.00 Football's...	7.30 Euro 2020 Qualifiers – Live: Northern Ireland v Estonia: From Windsor Park (Kick-off 7.45)						10.15 Euro 2020 Qualifiers...
404 CRICKET	7.00 Mind Games	7.30 Michael Holding: Whispering Death					10.05 Cricket in Mumbai	
413 BT SPORT 1	◂ 4.00 WTA Tennis – Live: Day three of the Miami Open							
414 BT SPORT 2	7.00 PL World	7.30 Under-21s International Football – Live: England U21 v Poland U21: From Ashton Gate (Kick-off 7.45)					10.00 Too Good to Go Down	

◂ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)(HD)
9.15 **Crimewatch Roadshow Live** (S)
10.00 **Homes Under the Hammer** Property show. (S)(R)(HD)(AD)
11.00 **Good Morning Dagenham** (S)(HD)
11.45 **Dom on the Spot** (S)(HD)
12.15 PM **Bargain Hunt** (S)(R)(HD)(AD)
1.00 **BBC News** (S)(HD)
1.30 **Local News** (S)
1.45 **Doctors** Beth and Jadie prepare to fight for their son. (S)(HD)(AD)
2.15 **Shakespeare & Hathaway – Private Investigators** 9/10. The duo look into a campaign of culinary sabotage. (S1) (S)(R)(HD)
3.00 **Escape to the Country** (S)(R)(HD)
3.45 **Money for Nothing** (S)(HD)
4.30 **Flog It!** Antiques show. (S)(R)(HD)
5.15 **Pointless** Quiz show. (S)(R)(HD)
6.00 **BBC News** (S)(HD)
6.30 **Local News** (S)

10.35 Question Time

7 PM

7.00 **The One Show** Matt Baker and Alex Jones host the topical show. (S)(HD)
7.30 **EastEnders** Ruby takes matters into her own hands as she sets out to get her own back on Ross. (S)(HD)(AD)

8 PM

8.00 **DIY SOS: The Big Build** Nick Knowles and the team travel to Orpington, south-east London, where they work with local tradespeople to renovate the home of a man partially paralysed following an accident. (S)(R)(HD)

9 PM

9.00 **NEW Stabbed: Britain's Knife Crime Crisis** Almost 26 years after witnessing Stephen Lawrence's murder, Duwayne Brooks looks into the current wave of knife crime and the impact it is having across the nation. (S)(HD)

10 PM

10.00 **BBC News** (S)(HD)
10.25 **Local News** (S)
10.35 **Question Time** Fiona Bruce chairs the debate, inviting an audience in Belfast to question guests on issues of the day. (S)(HD)
11.35 **This Week** Andrew Neil introduces a round-table chat, in which he, Michael Portillo and other guests take a look back at political and parliamentary developments from the past seven days. (S)(HD)
12.20 AM **Weather for the Week Ahead** Seven-day forecast. (S)(HD)
12.25 **to 6.00** AM **BBC News** (S)(HD)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **World's Most Photographed: Queen Victoria** (S)(R)(HD)
6.30 **Good Morning Dagenham** (S)(R)
7.15 **Money for Nothing** (S)(R)(HD)
8.00 **Sign Zone: The Great British Sewing Bee** (S)(R)(HD(AD)
9.00 **BBC News** (S)(HD)
10.00 **Victoria Derbyshire** (S)(HD)
11.00 **BBC Newsroom Live** (S)(HD)
12.15 PM **Politics Live** (S)(HD)
1.00 **Think Tank** (S)(R)(HD)
1.45 **The Great British Year** (S)(R)(HD)
2.45 **Talking Pictures** (S)(R)
3.25 **FILM Whisky Galore!** Comedy. (S)(HD) (1949, b/w, PG) ★★★★★
4.45 **Pubs That Built Britain** (S)(R)(HD)
5.15 **Put Your Money Where Your Mouth Is** (S)(R)(HD)
6.00 **Eggheads** Quiz show. (S)(HD)
6.30 **Great Continental Railway Journeys** 2/10. In Istanbul. (S)(R)

8.00 Great British Menu

7.00 **MOTD: The Premier League Show** Magazine programme. (S)(HD)
7.30 **Mortimer & Whitehouse: Gone Fishing** 3/6. The old friends go fly-fishing for wild rainbow trout in Derbyshire. (S)(R)(HD)

8.00 **Great British Menu** 2/29. London and South East chefs Paul Walsh, Luke Selby and Ben Marks try to impress as they serve up their main courses and desserts, inspired by various songs. (S)(HD)
■ Continues tomorrow

9.00 **NEW SERIES Pose** *Pilot:* 1/8. US drama about the underground world of 1980s ball culture, an outlet for drag queens and transgender people to compete against one another in fashion contests. Stars Ava Grey, Evan Peters and Kate Mara. *See feature, page12* (S)(HD)

10.15 **NEW Strike a Pose!** A closer look at the music of the new series. (S)(HD)
10.30 **Newsnight** (S)(HD)
11.10 **Weather** (S)(HD)
11.15 **Race Across the World** (S)(R)(HD)
12.15 AM **Sacred Rivers with Simon Reeve** 3/3. The adventurer travels along the Yangtze in China. (S)(R)
1.15 **Sign Zone: MasterChef** 12/24. The last quarter-finalists make their own afternoon tea. (S)(R)(HD)(AD)
1.45 **Sign Zone: Travelling Blind** Sara Pascoe accompanies a blind traveller on a trip to Turkey. (S)(R)
2.45 **Sign Zone: Fraud Squad NHS** (R)
3.30 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)(HD)
8.30 **Lorraine** Actor Colin Farrell talks about his role in *Dumbo*. (S)(HD)
9.25 **The Jeremy Kyle Show** (S)(HD)
10.30 **This Morning** (S)(HD)
12.30 PM **Loose Women** (S)(HD)
1.30 **ITV News** (S)(HD)
1.55 **Local News** (S)(HD)
2.00 **Judge Rinder** Real-life cases in a studio courtroom. (S)(HD)
3.00 **Tenable** A football-loving family of five from Leicester answer questions about top 10 lists from the realms of popular culture and general knowledge. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(HD)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(HD)
6.00 **Local News** (S)(HD)
6.30 **ITV News** (S)(HD)

8.30 Australia with Julia Bradbury

7.00 **Emmerdale** Maya sparks an argument, and Jai is left frustrated. (S)(HD)
7.30 **Rubbish: Britain's Tipping Point? Tonight** Investigating the problems the nation has with rubbish. (S)(HD)

8.00 **Emmerdale** Tracy's suspicions are raised, and a returning Rishi hides a development. (S)(HD)(AD)
8.30 **Australia with Julia Bradbury** 5/8. Julia embarks on a crocodile safari. (S)(HD)(AD)

9.00 **NEW Fraud: How They Steal Your Bank Account** Documentary following a police unit tracking those responsible for fraud, searching for a gang stealing hundreds of credit cards and corrupt bank insiders selling account details. (S)(HD)

10.00 **ITV News** (S)(HD)
10.30 **Local News** (S)(HD)
10.45 **Harry's Heroes: The Full English** 1/2. Harry Redknapp and John Barnes take charge of a squad of former footballers whose waistlines have expanded since they hung up their boots as they try to get back in shape and back on the pitch to take on a German team. (S)(R)(HD)
12.05 AM **Football Genius** (S)(R)(HD)
12.30 **Jackpot247**
3.00 **Rubbish: Britain's Tipping Point? Tonight** As 7.30pm. (S)(R)(HD)
3.25 **ITV Nightscreen** (HD)
5.05 **to 6.00** AM **The Jeremy Kyle Show** Talk show. (S)(SL)(R)(HD)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.25 AM **Cheers** (S3) (S)(R)(HD)
7.45 **Frasier** Triple bill. (S4) (S)(R)(AD)
9.10 **Everybody Loves Raymond** (S)(R)
10.10 **Ramsay's Hotel Hell** (S)(R)(HD)
11.05 **Undercover Boss USA** (S)(R)(HD)
12.00 NOON **News** (S)(HD)
12.05 PM **Come Dine with Me** (S)(R)(HD)
1.05 **Find It, Fix It, Flog It** (S)(R)(HD)
2.10 **Countdown** (S)(HD)
3.00 **A Place in the Sun: Winter Sun** A woman seeks a new home on Florida's Gold Coast. (S)(R)(HD)
4.00 **Escape to the Chateau: DIY** Ben and Billie show musician Sam Brown their music studio. (S)(HD)
5.00 **Four in a Bed** (S)(HD)
5.30 **Come Dine with Me** (S)(HD)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Mercedes is angered by Myra's persistence to have a big extravagant wedding. (S)(HD)(AD)

9.00 60 Days on the Street

7.00 **News** (S)(HD)

8.00 **Ugly House to Lovely House with George Clarke** Architect Carl Turner helps to transform a dark and dingy 1920s house in south-east London into a contemporary and adaptable home for a growing family. (S)(HD)(AD)

9.00 **60 Days on the Streets** 2/3. Former soldier Ed Stafford continues his first-hand view of the UK's homelessness crisis by living on the streets of London, where more than 1,000 rough sleepers bed down every night. (S)(HD)(AD)

10.00 **24 Hours in Police Custody** Following the work of an investigating officer of Bedfordshire Police's Internet Child Abuse Investigation Team on a case taking her into an area of criminal behaviour she is new to. (S)(R)(HD)
11.00 **Married at First Sight** (S)(R)(HD)
12.05 AM **999: On the Frontline** (S)(R)
1.00 **The Supervet** (S)(R)(HD)(AD)
1.55 **Walks with My Dog** (S)(SL)(R)(HD)
2.50 **The Secret Life of 5 Year Olds** Documentary. (S)(SL)(R)(HD)(AD)
3.45 **The Great Formula Milk Scandal: Dispatches** (S)(R)(HD)
4.15 **Coast vs Country** (S)(R)(HD)
5.10 **All Star Driving School** (S)(R)
5.40 **Fill Your House for Free** (S)(R)(HD)
5.50 **to 6.25** AM **Countdown** (S)(R)(HD)

+1 hour 204 | 142 | 13 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (HD) High Definition (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!** (HD)
9.15 **Jeremy Vine** (S)(HD)
11.15 **Nightmare Tenants, Slum Landlords** (S)(R)(HD)
12.10 PM **News** (S)(HD)
12.15 **Can't Pay? We'll Take It Away!** Festive dilemmas. (S)(R)(HD)
1.10 **Access** Showbiz news. (S)(HD)
1.15 **Home and Away** (S)(HD)(AD)
1.45 **Neighbours** (S)(HD)(AD)
2.15 **FILM The Nightmare Nanny** Mystery thriller. (S)(HD) (2013, PG, 105min) ★
4.00 **Friends** (S2) (S)(R)(HD)
5.00 **News** (S)(HD)
5.30 **Neighbours** Aaron spots an opportunity. (S)(R)(HD)(AD)
6.00 **Home and Away** Ziggy collapses during the half-marathon. (S)(R)(HD)(AD)
6.30 **News** (S)(HD)

8.00 Secrets of Your Supermarket...

7.00 **Summer in Alaska: A Year in the Wild** 3/4. In the Summer, Alaska's unfrozen rivers are able to flow freely once again, leading to one of the world's biggest salmon migrations. (S)(R)(HD)

8.00 **Secrets of Your Supermarket Food** **SERIES FINALE** 3/3. Sian Williams and Stefan Gates lift the lid on convenience foods, with Stefan challenged to eat nothing but ready meals for a month. (S)(HD)

9.00 **NEW Mega Volcano: Draining the Pacific** Documentary using visual effects to drain the waters of the Pacific, revealing the geological forces behind some of the most destructive natural disasters. (S)(HD)

10.00 **The Sex Business: Pain for Pleasure** 1/3. Documentary looking at how people buy, sell and market sex, hearing from an array of individuals working in Britain's multimillion-pound sex industry. (S)(R)(HD)

11.00 **FILM Die Hard with a Vengeance** Action thriller. (S)(HD) (1995, 15, 145min) ★★★
1.30 AM **Criminals: Caught on Camera** (S)(R)(HD)
1.50 **Teleshopping** (S)(HD)
3.50 **Access** Showbiz news. (S)(HD)
4.00 **Britain's Greatest Bridges** (R)
4.45 **House Doctor** (S)(SL)(R)
5.10 **Divine Designs** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Animal House** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)(HD)
9.00 **Road Wars** (S)(R)(HD)
10.00 **Babylon 5** 2/22. (S5) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)(HD)
1.00 PM **Hawaii Five-0** 14&15/24. Double bill. (S1) (S)(R)(HD)
3.00 **Brit Cops: Frontline Crime UK**
4.00 **Modern Family** 20&21/22. Double bill. (S7) (S)(R)(HD)
5.00 **The Simpsons** (S)(R)(HD)
5.30 **Futurama** *Holiday Spectacular:* The crew celebrate a trio of holidays. (S)(R)(HD) **6.00** *Benderama:* Bender gains the ability to self-replicate. (S)(R)
6.30 **The Simpsons** *Simple Simpson:* Homer becomes a masked vigilante, taking revenge by throwing pies at people. (S)(R)

8.00 The Flash

7.00 **The Simpsons** *The Way We Weren't:* Homer tells the story of his first love. (S)(R)(HD) **7.30** *Bart-Mangled Banner:* The family are sent to Alcatraz when Bart accidentally moons the American flag. (S)(R)

8.00 **The Flash** **NEW EPISODE** *Goldfaced:* 13/23. Barry and Ralph go undercover to purchase a device that could help them stop Cicada, while Iris is put in a dangerous situation. (S5) (S)(HD)

9.00 **Strike Back: Silent War** **NEW EPISODE** 4/10. Section 20's hunt for the repurposed warhead builds to a showdown with Vartak, who is armed with a bomb and determined to carry out a terrorist attack. (S7) (HD)

10.00 **Comedians Watching Football with Friends** **NEW EDITION** 3/8. With John Barnes. (HD)
10.30 **A League of Their Own US Road Trip** The trio face their final three challenges. (S)(R)(HD)(AD)

11.30 **Road Wars** Video footage of dangers on the road. (R)(HD)
12.00 M'T **The Force: Essex** Officers deal with a break-in. (S)(R)(HD)
1.00 AM **Motorway Patrol** (R)(HD)
2.00 **Curfew** 4/8. (S1) (S)(R)(HD)
3.00 **A League of Their Own – Best Bits** (S)(R)(HD)(AD)
4.00 **Babylon 5** 22/22. (S4) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** 5/20. (S8) (S)(R)(HD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
No variations
N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
10.35pm The View (S)(HD) **11.15** Question Time (S)(HD) **12.15am** This Week (S)(HD) **1.00-6.00am** BBC News (S)(HD)
WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations
N. IRELAND
Sky **972**, Freesat **969**
11.15pm-12.15am Rome Unpacked (S)(R)(HD)(AD)
WALES
Sky **971**, Freesat **971**
11.15pm Iris Prize: Involuntary Activist (S)(HD) **11.35pm-12.15am** Coast (S)(R)

ITV

As main ITV except:
WALES
8.30-9.00pm Wales This Week (S)(HD) **10.45** Britain's Brightest Family (S)(R)(HD) **11.10pm-12.30am** Harry's Heroes: The Full English (S)(R)(HD)(AD)

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Wil ac Aeron: Taith yr Alban **12.30** Cadw Cwmni gyda John Hardy **1.00** Cefn Gwlad (AD) **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Mr Hollywood a Matthew Rhys (AD) **4.00** Awr Fawr **5.00** Stwnsh: Ffeil **5.05** Stwnsh: Fideo Fi **5.15** Stwnsh: Dewi a'r Ditectifs Gwyllt **5.20** Stwnsh: Ysbyty Hospital **5.45** Stwnsh: Gwboi a Twm Twm **6.00** Newyddion S4C a'r Tywydd **6.05** Mike Phillips a'r Senghenydd Sirens **SERIES FINALE** **6.30** Rownd a Rownd (AD) **7.00** Heno **7.30** Pobol y Cwm (AD) **8.00** Y Siambr **9.00** Newyddion 9 a'r Tywydd **9.30** Pawb a'i Farn **10.30** Hansh **11.00-11.35pm** Stiwdio Gefn

TV&Satellite week
Best for Sky and Virgin

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **Beyond 100 Days** Followed by **Weather**
7.30 **Top of the Pops: 1987** Music by ABC, Billy Idol, a-ha and Pet Shop Boys.
8.00 **The Crusades** 2/3. A look at the personalities of Richard the Lionheart and his adversary Saladin.
9.00 **Queen Elizabeth I: A Timewatch Guide** Looking at the life of Elizabeth Tudor.
10.00 **Blackadder II** 4/6. Edmund is visited by the bloodthirsty Bishop of Bath and Wells. **10.30** 5/6. Lord Melchett challenges Edmund to a drinking contest that he cannot get out of. (S2)
11.00 **Blackadder II** 6/6. (S2)
11.30 **Top of the Pops: 1987**
12.00 M'T **Incredible Story of Marie Antoinette's Watch**
1.00 AM **Cornwall's Native Poet: Charles Causley**
2.00 **Capability Brown's Unfinished Garden**
3.00 **to 4.00** AM **St Petersburg: An Art Lovers' Guide**

MORE4

136 136 830 | 147 195 | 14 | 124

8.55 AM **Coast vs Country**
10.00 **A Place in the Sun: Winter Sun** Double bill.
12.05 PM **Location, Location, Location** Double bill.
2.15 **Come Dine with Me**
4.55 **A Place in the Sun: Winter Sun** In Orlando.
5.55 **The Secret Life of the Zoo** After two years alone, male onager Holmes is released into the female paddock.
6.55 **The Supervet** A nurse's cat is rushed into the surgery after being poisoned.
7.55 **Grand Designs** Kevin follows progress on a ship-themed home standing on stilts over a marsh.
9.00 **999: What's Your Emergency?** Showing the devastating effects that so-called legal highs can have on users in one community and the huge strain their use is putting on emergency services.
10.00 **Father Ted** 5/10. Dougal and Ted write a song for entry in a music contest. **10.35** 6/10. Bishop Brennan faces his worst fear. (S2)
11.05 **The Handmaid's Tale** *Unwomen:* 2/13. (S2)
12.20 AM **8 Out of 10 Cats Does Countdown**
1.20 **999: What's Your Emergency?**
2.20 **The Good Fight**
3.30 **to 3.55** AM **Food Unwrapped**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
7.10 **You've Been Framed!**
8.00 **Emmerdale**
8.25 **Coronation Street**
9.25 **Ellen DeGeneres Show**
10.20 **Superstore**
11.15 **You've Been Framed!**
12.15 PM **Emmerdale**
12.45 **Coronation Street**
1.45 **The Ellen DeGeneres Show** **NEW EDITION**
2.35 **The Jeremy Kyle Show**
5.50 **Take Me Out** Dating show.
7.00 **You've Been Framed! Gold** Double bill of clips.
8.00 **You've Been Framed! Gold: Favourites** Comical clips, with Annette Bening and Kim Jong-il lookalikes.
9.00 **Family Guy** *Brian the Bachelor:* 7/30. Brian appears on a TV dating show. **9.30** *8 Simple Rules for Buying My Teenage Daughter:* 8/30. Peter sells Meg to pay a debt. (S4)
10.00 **NEW SERIES Celebrity Juice** Return of the quiz, with new team captain Paddy McGuinness, and guests John Barrowman and Emily Atack.
10.50 **Family Guy** 20/22. (S3)
11.20 **American Dad!** Double bill of the animation. (S10&9)
12.20 AM **Timewasters** 3/6. (S2)
12.50 **Superstore** 10&11/22. (S3)
1.45 **to 2.15** AM **Totally Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 28 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **Sabrina the Teenage Witch** Double bill.
9.00 **Melissa & Joey**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **The Goldbergs**
5.00 **Don't Tell the Bride**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks**
7.30 **Speechless** **NEW EPISODE** 9/23. JJ wants to take up sled hockey. (S1)
8.00 **The Big Bang Theory** **NEW EPISODE** 15/24. Penny tries to put a stop to Leonard's plan to be a sperm donor. (S12)
8.30 **Young Sheldon** **NEW EPISODE** 15/22. Dr Sturgis and Sheldon fall out. (S2)
9.00 **Celebs Go Dating: The Finale** **SERIES FINALE** 20/20. Chelsee Healey visits a luxury spa with her date.
10.00 **The Inbetweeners** (S2)
11.10 **The IT Crowd**
12.10 AM **The Big Bang Theory**
1.10 **Celebs Go Dating: Finale**
2.10 **First Dates**
3.05 **The Inbetweeners**
4.00 **The Big Bang Theory**
4.40 **New Girl**
5.25 **to 6.00** AM **Rules of Engagement**

+1 hour 235 | 146 | 29 | 123

THURSDAY Entertainment

Thursday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Border Patrol**
8.00 **Canada's Front Line**
9.00 **Criminal Minds** 14/22. (S12)
10.00 **CSI** 8/24. (S7)
11.00 **Road Wars**
12.00 NOON **Brit Cops: Frontline Crime UK**
1.00 PM **Firefighters**
2.00 **Motorway Patrol**
3.00 **Road Wars**
4.00 **Nothing to Declare**
5.00 **Border Patrol**
6.00 **Canada's Front Line**

9.00 The Rookie

7 PM

7.00 **Paramedics** Reality documentary series following the work of Australia's ambulance paramedic crews.

8 PM

8.00 **Criminal Minds** *Killer App:* 4/22. The BAU investigate a workplace shooting committed with a drone. (S13)

9 PM

9.00 **NEW SERIES The Rookie** *Pilot:* 1/20. Crime drama starring Nathan Fillion and Alyssa Diaz. *See feature, page 7* (S1)

10 PM

10.00 **Madam Secretary NEW EPISODE** *Strategic Ambiguity:* 12/22. Elizabeth risks triggering a war with China. (S5)
11.00 **Criminal Minds** 8/23. (S2)
12.00 M'T **Murders That Shocked the Nation** Armin Meiwes.
1.00 AM **Blindspot** 14/22. (S4)
2.00 **Chicago Fire** 11/16. (S7)
3.00 **Night Cops**
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **Urban Secrets** In Glasgow.
7.00 **The West Wing** (S1)
9.00 **House** (S7&8)
11.00 **Without a Trace** 9/23. (S1)
12.00 NOON **David Attenborough's Kingdom of Plants**
1.00 PM **Blue Bloods** 16/22. (S8)
2.00 **The West Wing** (S1)
4.00 **House** 2/22. The medic returns to a much-changed Princeton-Plainsboro. **5.00** 3/22. An altruistic man suddenly collapses. (S8)
6.00 **CSI** *G*16/23. A clown is found murdered. (S4)

9.00 Tin Star

7.00 **Blue Bloods** *Close Calls*: 17/22. Danny's brother-in-law, Jimmy, finds himself caught up with the Mob.

8.00 **Blue Bloods** *Friendship, Love, and Loyalty*: 18/22. Eddie is shot on duty, and Erin and her ex-husband face off in court. (S8)

9.00 **Tin Star SERIES FINALE** *The Unseen:* 9/9. Johan prepares for what is to come, and Jack puts his plan into action. (S2)

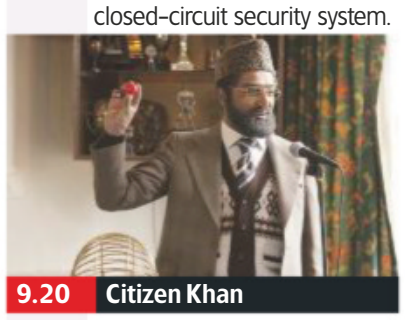
10.00 **NEW Game of Thrones: Best Episodes Ever** A look back at the most unforgettable episodes of the fantasy drama.
11.00 **Billions** 1/12. (S4)
12.10 AM **The Sopranos** 6/13. Tony attacks a former friend. **1.15** 7/13. (S2)
2.30 **Last Week Tonight with John Oliver** Talk show.
3.05 **Tin Star** As 9.00pm.
4.05 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310

7.10 AM **Sorry!**
8.20 **Goodnight Sweetheart**
9.35 **Last of the Summer Wine**
11.35 **2point4 Children**
12.55 PM **Are You Being Served?**
1.35 **dinnerladies**
3.00 **2point4 Children**
4.15 **Last of the Summer Wine** Triple bill, including at: **5.35** Nora Batty reveals a long-standing feud.
6.20 **Are You Being Served?** The staff at Grace Bros discover a novel use for a closed-circuit security system.



9.20 Citizen Khan

7.00 **dinnerladies diaries** Behind the scenes of the British sitcom, featuring interviews with the cast as they recall the show.

8.00 **dinnerladies** The crew prepare for the millennium dinner. **8.45** Petula's bizarre lifestyle catches up with her, forcing Bren to make a difficult decision.

9.20 **Citizen Khan** Mr Khan is eager to get himself onto the mosque committee.

10.00 **Live at the Apollo** Adam Hills introduces Michelle Wolf and Jamali Maddix to the stage at London's Hammersmith Apollo.
11.00 **The Young Ones** Double bill of the anarchic comedy.
12.25 AM **The League of Gentlemen** Double bill.
1.40 **Live at the Apollo**
2.35 **Suits You Sir: The Inside Leg of the Fast Show**
3.20 **to 4.00** AM **Bread**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
7.00 **Heartbeat**
8.05 **Murder, She Wrote**
9.05 **Judge Judy**
10.25 **On the Buses**
11.35 **Rising Damp**
12.05 PM **George and Mildred**
12.40 **Heartbeat** As 5.55pm.
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple**
5.55 **Heartbeat** *Every Dog His Day:* Lord Ashfordly's guests arouse suspicion in the village.

10.00 Law & Order: UK

7.00 **Murder, She Wrote** *Trials and Tribulations:* Jessica is sued for the wrongful conviction and subsequent death of a prison escapee.

8.00 **Vera** *Castles in the Air:* The detective's investigation into the murder of a young physiotherapist at a luxury country retreat unearths betrayal, guilt and the desire for atonement.

10.00 **Law & Order: UK** *Immune:* 2/7. Ronnie and Sam are given 10 hours to find a hostage following a bungled robbery. (S6)
11.00 **Law & Order: UK** 3/7. Brooks is forced to reopen a 14-year-old murder case. (S6)
12.00 M'T **Scott & Bailey** 8/8. The warring detectives reunite when Gill is abducted. (S3)
1.05 **to 2.00** AM **Agatha Christie's Poirot**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport: The Good, the Bad & the Ugly**
6.15 **The Chase**
7.15 **The Avengers**
8.20 **Kojak**
9.25 **Quincy ME**
10.30 **Minder**
11.40 **The Professionals**
12.45 PM **LIVE Snooker: Tour Championship** Coverage of the opening semi-final from Venue Cymru in Llandudno.
4.30 **The Professionals**
5.35 **The Sweeney**

10.15 The Dirty Dozen

6.45 **LIVE Snooker: Tour Championship** Jill Douglas presents further coverage of day three of the inaugural event from Venue Cymru in Llandudno, featuring the opening eight frames of the second semi-final. With analysis from Alan McManus, Neal Foulds and Stephen Hendry, and commentary by David Hendon and Phil Yates.

10.15 **FILM The Dirty Dozen** World War Two thriller with Lee Marvin. (1967, 15, 150min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
1.20 AM **River Monsters** Extreme angler Jeremy Wade heads to a river in a remote corner of South Africa, where the biggest bull shark ever recorded was caught in 2009.
1.55 **to 2.45** AM **Better Late Than Never**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **60 Minute Makeover**
10.00 **The Biggest Loser: Australia**
11.30 **Monkey Life**
12.30 PM **Animal 999**
1.00 **Monkey Life**
1.30 **Animal 999**
2.00 **The Dog Whisperer**
3.00 **Stargate SG-1** (S4)
5.00 **A Town Called Eureka**
6.00 **Supergirl** 14/20. (S1)
7.00 **Stargate Atlantis** *Tao of Rodney:* 14/20. (S3)
8.00 **Brit Cops: Law & Disorder**
9.00 **Magnum P.I.** 10/22. (S1)
10.00 **Bounty Hunters** (S2)
10.30 **A League of Their Own: Unseen**
11.00 **Russell Howard Hour**
12.00 M'T **The Flash** (S5)
1.00 AM **Strike Back: Silent War** 4/10. (S7)
2.00 **Comedians Watching Football with Friends**
2.30 **A League of Their Own**
3.00 **The Rookie**
4.00 **Duck Quacks Don't Echo**
5.00 **to 6.00** AM **Monkey Life**

Pick

152 123 11 144

7.00 AM **Stop, Search, Seize**
8.00 **Border Patrol**
9.00 **Road Wars**
10.00 **Police 10/7**
11.00 **My Kitchen Rules**
12.15 PM **Caught Red Handed**
1.00 **UK Border Force**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Police Force: Australia**
5.00 **Without a Trace** (S3)
6.00 **Stargate SG-1** (S8)
7.00 **Ghost Whisperer** (S5)
8.00 **Warehouse 13** (S2)
9.00 **Micky Flanagan Thinking Aloud**
10.00 **You, Me and the Apocalypse** 1/10. (S1)
11.00 **Murders That Shocked the Nation**
12.00 M'T **Police 10/7**
1.00 AM **Force: Manchester**
2.00 **Road Wars**
3.00 **Law & Disorder**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 12 157

7.10 AM **Projects**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
3.00 **Jay Leno's Garage**
4.00 **Sin City Motors**
5.00 **Top Gear** Double bill.
7.00 **American Pickers**
8.00 **Sin City Motors NEW EDITION** Steve is commissioned to build a spooky car.
9.00 **QI** With John Bishop.
10.00 **Porters NEW EPISODE** 2/6. Mr Pradeep is put under Simon's wing for the day. (S2)
10.40 **Would I Lie to You?**
11.20 **Mock the Week**
12.00 M'T **Have I Got a Bit More Old News for You**
1.00 AM **Porters** As 10pm.
1.40 **Asian Provocateur: Mum's American Dream** Triple bill.
3.15 **to 4.00** AM **Storage Hunters UK**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Fresh Prince of Bel Air** 3&4/26. (S4)
9.00 **The Middle** (S4)
10.00 **The Office (US)** (S9)
11.00 **Friends** (S9)
1.00 PM **Friends** (S9)
4.00 **Impractical Jokers**
5.00 **Friends** (S10&8)
8.00 **NEW SERIES Blockbusters** Dara O Briain hosts the iconic trivia-based quiz.
8.30 **Your Face or Mine**
9.00 **FILM 21 Jump Street** Action comedy spoof starring Jonah Hill and Channing Tatum. (2012, 15, 105min) ★★★
11.00 **Impractical Jokers**
11.30 **Impractical Jokers: Inside Jokes**
12.00 M'T **Ali G in Da USAiii**
1.10 AM **The Daily Show NEW EDITION**
1.40 **South Park** (S10&11)
3.25 **The Office (US)** (S9)
4.15 **to 5.00** AM **The Fresh Prince of Bel Air**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property SERIES FINALE**
12.25 PM **Real Housewives of Beverly Hills**
1.20 **The Millionaire Matchmaker**
2.15 **Million Dollar Listing: LA**
3.10 **The Real Housewives of Orange County**
4.05 **The Real Housewives of Dallas** Reality series. **5.00 NEW EDITION**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Atlanta Plastic** A woman whose dramatic weight loss has left her with sagging skin.
10.00 **Married to Medicine NEW EDITION** Simone has a surprise in store for the ladies on their last day in Hawaii.
11.00 **Marriage Boot Camp: Reality Stars**
11.55 PM **to 12.55** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 61 142

6.00 AM **The Waltons** (S1)
7.00 **Little House on the Prairie** 18/24. (S1)
8.00 **Hamish Macbeth**
9.00 **Born and Bred** (S3)
10.00 **Due South** 8/26. (S3)
11.00 **Little House on the Prairie** Double bill. (S9)
1.00 PM **FILM Just Breathe** Coming-of-age drama. (2008, PG, 90min) ★★
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
5.00 **Hamish Macbeth**
6.00 **Born and Bred** (S3)
7.00 **M*A*S*H** (S5)
8.00 **Randall and Hopkirk (Deceased)**
9.00 **Taggart** *The Thirteenth Step:* An ex-convict is found murdered. **10.30** *Tenement:* An activist is murdered in her tenement flat.
12.00 M'T **Danielle Steel's A Perfect Stranger**
2.00 **to 3.00** AM **The Avengers**

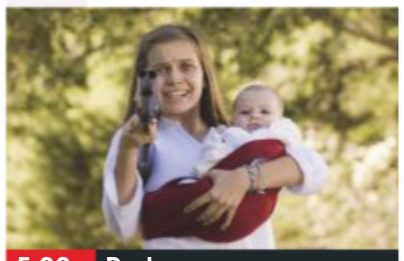
+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 | 382

7.10 AM **Murdoch Mysteries** (S5)
9.00 **Rizzoli & Isles** 4/16. (S4)
10.00 **Rush** 16/22. (S2)
11.00 **Unforgettable** 8/22. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 9/13. (S1)
1.00 PM **Death in Paradise**
2.00 **Murdoch Mysteries** (S9)
4.00 **Rizzoli & Isles** 7/16. (S4)
5.00 **Rush** NEW EPISODE 21/22. A bus hijack turns deadly when Lawson is forced to make a fatal decision. (S2)
6.00 **New Tricks** *The Curate's Egg.*


5.00 Rush

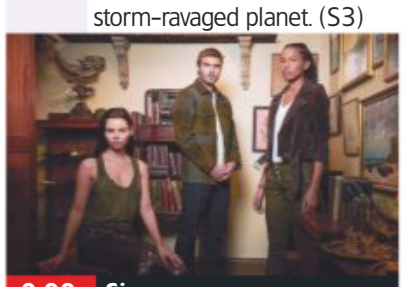
7.00 **Miss Fisher's Murder Mysteries** *Blood and Circuses:* 11/13. Phryne goes undercover as a magician's assistant. (S1)
8.00 **Murdoch Mysteries** *Mr Murdoch's Neighbourhood:* 13/18. A training exercise takes a sinister turn. (S10)
9.00 **Judge John Deed** *Evidence of Harm – Part Two:* Deed investigates why a soldier's legal funding was withdrawn.
10.00 **Death in Paradise** 7/8. A treasure hunter is found dead following a valuable discovery. Guest stars Jill Halfpenny. (S5)
11.20 **New Tricks** *The Wolf of Wallbrook:* Ted investigates the apparent suicide of a City trader who was embroiled in the cut-throat world of 1980s' London's financial district.
12.40 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 | 375

6.00 AM **Star Trek: Voyager** (S5)
8.00 **Teleshopping**
11.00 **The Librarians**
12.00 NOON FILM **Earthtastrophe** Sci-fi with Paige Lauren Billiot. (2016, PG, 82min) ★★
2.00 PM FILM **Doomsday Device** Sci-fi starring Corin Nemec. (2017, PG, 120min) ★★
4.00 **Buffy the Vampire Slayer**
5.00 **Star Trek: Voyager** (S2)
6.00 **Star Trek: The Next Generation** *The Enemy:* 7/26. Geordi is stranded on a storm-ravaged planet. (S3)


9.00 Siren

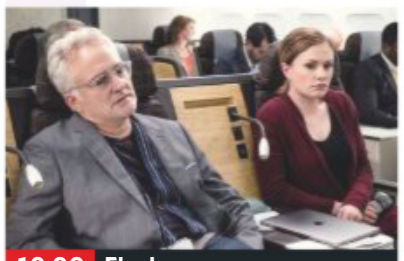
7.00 **Star Trek: The Next Generation** *The Price:* 8/26. Troi falls in love with a handsome Chrysalian delegate. (S3)
8.00 **Merlin** *The Sword in the Stone: Part Two:* 13/13. Camelot has fallen to Morgana, leaving Arthur a broken man. (S4)
9.00 **Siren** NEW EPISODE *Distress Call:* 6/16. Katrina continues to persuade the rest of the pack to get on her side. (S2)
10.00 FILM **From Dusk Till Dawn** Gory horror thriller starring George Clooney. (1995, 18, 108min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
12.10 AM **Siren** As 9.00pm.
1.10 **Merlin** As 8.00pm.
2.10 **The Librarians** 9/10. The heroes must save the magical city of Shangri-La. (S3)
3.20 **The Captains Close Up**
4.00 **to 6.00** AM **Buffy the Vampire Slayer**

+1 hour 214 136

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **Supernanny**
7.00 **MasterChef Australia**
8.00 **Tipping Point**
10.00 **The Bill**
11.00 **Inside the Ambulance at Christmas** As 8.00pm.
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home**
3.00 NEW SERIES **Renovate My Home: Leave It to Bryan** **3.30** NEW EDITION
4.00 **Extreme Makeover: Home Edition**
5.00 **Tipping Point** Double bill.


10.00 Flack

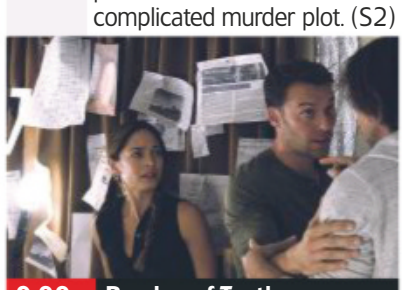
7.00 **My Dream Home** The duo help Gabby and Jim, who want to move to the suburbs but are hesitant in picking a new home.
8.00 **Inside the Ambulance at Christmas** A man with breathing difficulties desperately doesn't want to go to hospital.
9.00 **Emma Willis: Delivering Babies** Emma is on the labour ward, a consultant-led maternity unit for higher-risk mums-to-be.
10.00 **Flack** NEW EPISODE *Rodney:* 5/6. Robyn has to make a demanding problem go away. With Bradley Whitford. (S1)
11.00 **Inside the Ambulance at Christmas** As 8.00pm.
12.00 M'T **Five Star Babies: Inside the Portland Hospital** How the hospital's varied staff serve parents, including high-society 'It Girl' Hui.
1.00 **to 3.00** AM **Grimm**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 | 385

8.00 AM **Law & Order** 13/24. (S8)
10.00 **Sea Patrol** 6/13. (S2)
11.00 **Private Eyes** 9/18. (S2)
12.00 NOON **Ransom** 6/13. (S2)
1.00 PM **Law & Order** (S8)
3.00 **CSI: Miami** 20/25. The bodies of executed men are found. **4.00** 21/25. The team rush to stop a kidnapping case becoming a homcide. (S4)
5.00 **Major Crimes** 5/19. Raydor's estranged husband returns. **6.00** 7/19. A shooting at a petrol station uncovers a complicated murder plot. (S2)


9.00 Burden of Truth

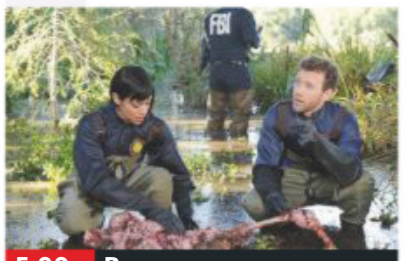
7.00 **NCIS** *Recoil:* 16/19. An operation results in the death of a serial killer, but evidence suggests he may have had an accomplice.
8.00 **NCIS** *About Face:* 17/19. Palmer comes under fire while investigating a murder at a building site on a navy base. (S5)
9.00 **Burden of Truth** NEW EPISODE *Never Face the Hangman:* 7/8. Joanna finds new evidence on the eve of Luna's trial. (S2)
10.00 **Proven Innocent** *Pilot:* 1/13. Legal drama starring Rachelle Lefevre, with guest star Kelsey Grammer (S1)
11.00 **Law & Order: Special Victims Unit** 6/23. Stabler teams up with another officer to investigate a rapist. (S3)
12.00 M'T **Law & Order: Special Victims Unit** 7&8/23. (S3)
2.00 AM **Major Crimes** (S2)
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Bull** 21/23. (S1)
9.00 **Bones** 18/24. (S9)
10.00 **Monk** 11/16. (S4)
11.00 **NCIS** 24/24. (S11)
12.00 NOON **Bones** (S9)
2.00 PM **The Mentalist** (S2)
3.00 **NCIS** 1/24. (S12)
4.00 **Monk** 12/16. (S4)
5.00 **Bones** 21/24. A body found in a swamp gives Brennan a perplexing case. (S9)
6.00 **The Mentalist** 21/23. A genius is shot dead and found with a finger removed. (S2)


5.00 Bones

7.00 **NCIS** *Kill the Messenger:* 2/24. A navy lieutenant is murdered while on his way to a meeting with the US president.
8.00 **NCIS** *So It Goes:* 3/24. Ducky visits London to work on a case involving his estranged childhood best friend. (S12)
9.00 **Family Guy** *Blue Harvest:* The Griffins are stuck indoors, so Peter passes the time by telling a story spoofing *Star Wars.*
10.00 **Family Guy** 1/22. Lois is reunited with an old flame. **10.30** 2/22. The Griffins have their TV viewing habits monitored. (S11)
11.00 **American Dad!** 9/22. Roger is obsessed with a fictional boy. **11.30** 10/22. The 200th episode of the comedy. (S12)
12.00 M'T **Family Guy** (S4)
1.00 AM **American Dad!** (S12)
2.00 **Brockmire** (S2)
3.00 **to 5.00** AM **Family Guy**

+1 hour 224 158

Thursday

7 PM
8 PM
9 PM
10 PM

E!

123 123 834 | 156 | 321 | 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Revenge Body with Khloe Kardashian**
11.00 **News: Daily Pop**
12.00 NOON **Botched**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Rich Kids of Beverly Hills** Reality series.
4.00 **Total Bellas**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Botched**
9.00 **Total Bellas** NEW EDITION
10.00 **Dating: No Filter** NEW EDITIONS
11.00 **Busy Tonight** NEW EDITION
11.30 **Nightly Pop** NEW EDITION
12.00 M'T **Botched**
1.00 AM **Botched by Nature**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **Daniel Barenboim Plays Mozart**
6.35 **Rachmaninov: Piano Concerto No 2**
7.20 **John Eliot Gardiner Conducts Mendelssohn**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **Too Young to Die**
1.00 PM **Tales of the Unexpected**
2.00 **André Rieu: Dance the Night Away**
3.00 **Classic Albums**
4.00 **Song by Song**
5.00 **Discovering**
7.00 **Too Young to Die**
8.00 **The Directors** SERIES FINALE 10/10.
9.00 **Bafta: Life in Pictures** SERIES FINALE 6/6.
10.00 **Off Camera with Sam Jones** NEW EDITION
11.15 **Portrait Artist 2019**
12.15 AM **Brian Johnson's A Life on the Road**
1.15 **Joe Cocker: Mad Dog with Soul**
3.00 **Classic Albums**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 | 47 110 | 127

9.00 AM **Find It, Fix It, Flog It**
10.00 **Come Dine with Me**
12.00 NOON **A Place in the Sun: Summer Sun**
2.00 PM **Everybody Loves Raymond** (S7)
3.00 **Frasier** (S3)
5.00 **Ramsay's Hotel Hell**
7.00 **Escape to the Chateau: DIY**
8.00 **The Supervet**
9.00 **The Great Celebrity Bake Off for Stand Up to Cancer** 3/5. With Johnny Vegas.
10.15 **Mums Make Porn** Five mothers research the impact online porn is having on their children's generation.
11.20 **Cruises from Hell: Caught on Camera**
12.25 AM **Ramsay's 24 Hours to Hell and Back**
1.30 **The Crystal Maze: Celebrity Special**
2.30 **Gogglebox**
3.35 **8 Out of 10 Cats Does Countdown**
4.30 **to 5.00** AM **Cheers**

5USA

141/169 153 | 21 | 129

9.00 AM **Access**
9.05 **CSI: NY** (S5)
10.35 **Longmire** (S4)
1.00 PM **Law & Order** (S9)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S9)
7.05 **Law & Order** *Tabula Rasa:* 19/24. The team investigate the murder of a professor. (S9)
8.00 **NCIS** *Keep Going:* 13/24. Palmer places his own life in danger to save a suicidal man. (S14)
9.00 **Taken** NEW EPISODE *Imperium:* 12/16. Mills and the FBI tackle a weapons dealer. (S2)
10.00 **Law & Order: Special Victims Unit** *Baggage:* 18/22. Stabler and Tutuola link an artist's death to a similar murder. (S10)
10.55 **Law & Order: Special Victims Unit** (S10)
12.55 AM **CSI: NY** (S6)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 | 30 | 131

8.00 AM **8 Simple Rules**
8.25 **Dance Moms**
10.05 **Fresh Off the Boat**
11.05 **Last Man Standing**
12.00 NOON **Two and a Half Men** 16&17/24. (S1)
1.00 PM **3rd Rock from the Sun** 15&16. (S4)
2.00 **Will & Grace** (S1)
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **My Wife and Kids**
5.00 **Fresh Off the Boat**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Last Man Standing**
8.00 **Can't Pay? We'll Take It Away!**
9.00 FILM **Edge of Tomorrow** Sci-fi action adventure. (2014, 12, 113min) ★★★
11.15 FILM **Drive Angry** Supernatural thriller. (2011, 18, 104min) ★★★
1.25 AM **My Wife and Kids**
2.20 **Two and a Half Men**
3.10 **Last Man Standing**
3.55 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 | 20 | 158

7.10 AM **Bergerac**
8.00 **Juliet Bravo**
9.00 **Pie in the Sky**
10.00 **Classic Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.15 **Bergerac**
3.20 **Lovejoy**
4.20 **Pie in the Sky**
5.20 **Birds of a Feather**
6.00 **Brush Strokes**
6.40 **Bread**
7.20 **Last of the Summer Wine** Compo's nephew Gordon gets married.
8.00 **Inspector George Gently** *Blue for Bluebird:* Gently and Bacchus investigate a murder at a family holiday camp. Guest stars Pixie Lott.
10.00 **New Tricks** *Ice-Cream Wars:* The squad deal with a family feud.
11.20 **Waking the Dead**
1.35 AM **The Bill**
2.30 **Juliet Bravo**
3.30 **to 4.00** AM **Garden Hopping**

Thursday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **FILM Furry Vengeance** Comedy. (2010, PG, 88min) ★★
2.45 **Grey's Anatomy** (S3)
3.40 **Halt and Catch Fire** (S1)
4.35 **FILM The Painted Veil** Romantic drama. (2006, 12, 124min) ★★★★
7.00 **Grey's Anatomy** (S3)
8.00 **Halt and Catch Fire** *Up Helly Aa:* 9/10. New complications threaten to derail the project. (S1)
9.00 **FILM A Prairie Home Companion** Robert Altman's whimsical comedy. (2006, PG, 105min) ★★★★
11.05 **FILM The Yards** Crime drama. (2000, 15, 116min) ★★★
1.15 AM **FILM The Captive** (2014, 15, 112min) ★★
3.25 **Grey's Anatomy** (S3)
4.20 **to 5.30** AM **Halt and Catch Fire**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S6)
10.00 **ER** 18/22. (S6)
11.00 **The District** (S1)
12.00 NOON **Judge Judy**
1.00 PM **Bonanza** (S6)
3.00 **Diagnosis Murder** (S2)
4.00 **Judge Judy**
6.00 **The Love Boat** (S5)
7.00 **CSI: Miami** *The Oath:* 20/24. (S2)
8.00 **Judge Judy**
9.00 **Medium** *Bring Your Daughter to Work Day:* 1/13. Allison and Bridgette find themselves inhabiting each other's bodies. (S7)
10.00 **CSI: Miami** *Not Landing:* 21/24. A plane crash points to the existence of a drugs ring. (S2)
11.00 **The Love Boat** (S5)
12.00 M'T **Judge Judy**
1.00 AM **ER** 19/22. (S6)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **The District** (S1)
5.00 **to 6.00** AM **Diagnosis Murder**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Father Dowling Mysteries** (S3)
12.00 NOON **Scorpion** (S2)
1.00 PM **JAG** 24/24. (S8)
2.00 **CSI: Miami** 17/24. (S2)
3.00 **NCIS** 5/23. (S1)
4.00 **NCIS: Los Angeles** (S2)
5.00 **Father Dowling Mysteries** (S3)
6.00 **Diagnosis Murder** (S3)
8.00 **Walker, Texas Ranger** *Test of Faith:* 24/26. (S5)
9.00 **NCIS** *Royals and Loyals:* 4/24. The team investigate the murder of a petty officer. (S8)
10.00 **NCIS: Los Angeles** *Borderline:* 3/25. Two Marines are kidnapped. (S2)
11.00 **Scorpion** 9/25. (S2)
12.00 M'T **CSI: Miami** (S2)
1.00 AM **NCIS** As 9.00pm.
1.55 **JAG** 23/24. (S8)
2.50 **Bonanza** (S13)
3.45 **Walker, Texas Ranger**
4.30 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
10.00 **Airline**
11.00 **Bondi Rescue**
12.00 NOON **Medical Detectives**
1.00 PM **Judge Judy**
3.00 **Airline**
4.00 **Bondi Rescue**
5.00 **Judge Judy**
7.00 **Medical Detectives**
8.00 **Forensic Investigators** A watchmaker helps crack a murder case.
9.00 **Ice Cold Killers** An examination of murders in Alaska.
10.00 **Evil Twins** Stories of twins on the edge.
11.00 **Wives with Knives**
12.00 M'T **Killer Cops**
1.00 AM **Ice Cold Killers**
2.00 **Evil Twins** As 10.00pm.
3.00 **I Survived**
3.45 **Celebrity Damage Control** Christian Slater.
4.30 **Dog and Beth: On the Hunt**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **The Price Is Right**
7.00 **Bruce's Price Is Right**
9.00 **The Chase**
10.00 **Family Fortunes**
11.00 **Dale's Supermarket Sweep** Game show.
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **New Blockbusters**
1.30 **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **The Chase USA**
5.00 **Robot Wars Extreme**
6.00 **The Cube**
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **Bullseye**
12.00 M'T **The Chase**
3.00 AM **Celebrity Who Wants to Be a Millionaire?**
4.00 **Bullseye**
4.30 **to 6.00** AM **Deal or No Deal**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Life in Pieces** (S2)
7.00 **Teleshopping**
9.00 **Friends** (S1)
11.00 **Queer Eye**
12.00 NOON **Impractical Jokers** Four editions.
2.00 PM **Wipeout USA**
3.00 **Takeshi's Castle**
4.00 **Queer Eye**
5.00 **Fresh Prince of Bel Air**
6.00 **Impractical Jokers: Inside Jokes**
7.00 **Impractical Jokers**
8.00 **The Office (US)** (S9)
9.00 **Russell Howard Live**
10.00 **South Park** (S5)
12.00 M'T **The Mick**
1.00 AM **Romesh Ranganathan Live**
2.00 **Good News**
3.00 **The Alternative Comedy Experience**
3.25 **Another Period**
3.45 **Hood Adjacent**
4.10 **TripTank**
4.30 **Now That's Funny!**
5.15 **to 6.00** AM **Undateable**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Barefoot Contessa**
6.25 **Giada at Home**
7.15 **Guy's Big Bite**
8.05 **Farmhouse Rules**
9.00 **The Pioneer Woman**
11.00 **Ace of Cakes**
12.00 NOON **Cake Boss**
1.00 PM **Guy's Big Bite**
2.00 **Farmhouse Rules** NEW EDITION
3.00 **The Pioneer Woman**
5.00 **Jamie's 15 Minute Meals**
6.00 **Jamie's Ministry of Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins and Dives** Double bill.
9.00 **Jamie and Jimmy's Friday Night Feast**
10.00 **Diners, Drive-Ins and Dives** Double bill.
11.00 **Man Fire Food**
12.00 M'T **Diners, Drive-Ins and Dives** Double bill.
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Highlights**
9.00 **Gordon's Ultimate Home Cooking** NEW EDITIONS
10.00 **The Hairy Bikers: Mums Know Best**
11.00 **Rick Stein's India**
12.00 NOON **Hairy Bikers' Best of British**
1.00 PM **MasterChef: The Professionals**
2.00 **Home Comforts**
3.00 **Gordon's Ultimate Home Cooking**
4.00 **Rick Stein's India**
5.00 **The Hairy Bikers: Mums Know Best**
6.00 **Bikers' Best of British**
7.00 **Home Comforts**
8.00 **Gordon's Ultimate Home Cooking**
9.00 **Rick Stein's India**
10.00 **MasterChef: The Professionals**
11.00 **Michela's Tuscan Kitchen**
12.00 M'T **Home Comforts**
1.00 AM **The Hairy Bakers**
2.00 **to 6.10** AM **Highlights**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
8.00 **Police Patrol**
8.30 **Women on Patrol**
9.00 **Pawn Stars**
10.00 **Storage Wars**
11.00 **Judge Judy**
1.00 PM **Police Patrol**
1.30 **Women on Patrol**
2.00 **Zombie House Flipping**
3.00 **Judge Judy**
4.00 **Dance Moms**
5.00 **Police Patrol** The fight for law and order on America's roads.
5.30 **Women on Patrol**
6.00 **Pawn Stars**
7.00 **Judge Judy**
9.00 **FILM Menendez: Blood Brothers** Biographical drama starring Courtney Love. (2017, 15, 120min) ★★
10.45 **Judge Judy**
11.45 **Pawn Stars**
12.15 AM **Storage Wars**
1.15 **FILM Menendez: Blood Brothers** As 9.00pm.
3.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54

9.00 AM **Gilmore Girls**
10.55 **FILM Final Recourse** Thriller with Teri Polo. (2013, PG, 91min) ★★
12.40 PM **The Art of Murder: Garage Sale Mystery**
2.30 **FILM Left for Dead** Suspense thriller. (2014, PG, 87min) ★
4.15 **FILM Perfect Seduction** Thriller. (2015, PG, 85min) ★★
6.05 **FILM A Life of Deception** Thriller. (2017, PG, 87min) ★★
8.00 **Grimm** 19/22. An altercation threatens to land Wu in trouble. (S5)
9.00 **Marvel's Agent Carter**
10.00 **Wynonna Earp** (S2)
11.00 **The X-Files** (S3)
11.55 **Taken** (S1)
12.55 AM **Sleepy Hollow**
1.50 **Sleepy Hollow** (S2)
2.40 **Grimm** As 8.00pm.
3.25 **Lip Sync Battle**
5.00 **Neighbours**
5.30 **to 6.00** AM **Home and Away**

Quest

144 144 866 172 217 37 167

6.00 AM **Total Fishing**
6.20 **Extreme Fisherman**
7.10 **Mega Shippers**
8.00 **Mighty Planes**
9.00 **Wheeler Dealers**
11.00 **Fantomworks**
12.00 NOON **Chasing Classic Cars**
1.00 PM **Aussie Gold Hunters**
2.00 **Railroad Alaska**
3.00 **Salvage Hunters**
5.00 **Mighty Planes**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Wheeler Dealers**
10.00 **Al Murray's Great British Pub Quiz** NEW EDITION
11.00 **How It's Made**
12.00 M'T **Wheeler Dealers**
1.00 AM **Fantomworks**
2.00 **Deadliest Drivers**
3.00 **Destroyed in Seconds**
4.00 **American Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **My Cat from Hell**
9.00 **Money for Nothing**
10.00 **Pit Bulls & Parolees**
11.00 **My 600lb Life**
12.00 NOON **Long Lost Family US**
1.00 PM **Money for Nothing**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Bridesmaids**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Kindred Spirits** NEW EDITION
10.00 **NEW SERIES The Dead Files** Paranormal activity at a brothel in Montana.
11.00 **FBI Case Files**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Detroit**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes...**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Fantasy Homes**
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Tipping Point**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes**
3.00 **Homes Under the Hammer**
4.00 **Most Haunted**
5.00 **Ghost Adventures**
6.00 **Antiques Road Trip**
7.00 **Celebrity Antiques Road Trip**
8.00 **Antiques Road Trip**
9.00 **Embarrassing Bodies**
10.00 **Inside the Mind of a Serial Killer NEW EDITION** Kieran Kelly.
11.00 **Harold Shipman: Catching Dr Death**
12.00 M'T **Murder Made Me Famous**
1.00 AM **Born to Kill?**
2.00 **Teleshopping**
4.00 **My Ghost Story**
4.50 **to 6.00** AM **Ghost Story: Caught on Camera**

Sony Crime

157 193 40 143

7.00 AM **The Glades** (S1)
8.00 **CSI** 10&11/22. (S11)
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **True Crime with Aphrodite Jones**
2.00 **#Murder**
3.00 **Bizarre Murders**
4.00 **Person of Interest** (S1)
5.00 **CSI** As 8.00am.
7.00 **Women on Death Row** Females facing the death penalty.
9.00 **Fatal Attraction** Police investigate the murder of a woman killed in her own home, and a surprising witness may be able to help detectives to solve the case.
10.00 **The Other Side of the Cell** Behind-the-scenes look at women's prisons.
11.00 **Deadly Women**
12.00 M'T **Killer Kids**
2.00 **to 4.00** AM **Body of Evidence**

+1 hour 257 60

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **Benefit House: Me & My 26 Kids**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Celebrity 5 Go Motorhoming**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **HMS Victory: Nelson's Great Warship**
10.00 **Portillo's Hidden History of Britain**
11.00 **The Kennedy Killing: The CIA Conspiracy**
12.00 M'T **Nightmare Tenants, Slum Landlords**
1.00 AM **Too Fat for Love**
2.00 **Winter Road Rescue**
3.00 **to 4.00** AM **Bargain-Loving Brits in the Sun**

5Spike

150 154 31 141

9.00 AM **Access**
9.15 **The Virginian: Men from Shiloh** (S2)
10.55 **Police Interceptors**
12.55 PM **FILM Last of the Comanches** Western. (1953, PG, 84min) ★★
2.45 **FILM Will Penny** Western drama. (1967, PG, 109min) ★★★
5.00 **The A-Team** (S1)
7.00 **Police Interceptors: The Fatal Four**
8.00 **Traffic Cops: Biker Hell**
9.00 **Trucking Hell NEW EDITION** Steve and his team attempt to recover a car that has crashed into a river.
10.00 **Britain's Parking Hell**
11.00 **FILM Ghosts of Mars** John Carpenter's sci-fi thriller. (2001, 15, 97min) ★★★
1.05 AM **Megastructures**
2.00 **to 3.00** AM **Fights, Camera, Action!**

+1 hour 250

True Crime

180 212 68 153

6.00 AM **Psychic Detectives**
10.00 **North Mission Road**
12.00 NOON **Suburban Secrets** Double bill.
1.00 PM **Bait Car**
1.30 **Bait Car: Atlanta**
2.00 **Bait Car**
3.00 **Trace Evidence: Case Files of Dr Henry Lee**
4.00 **The Investigators**
6.00 **Suburban Secrets**
7.00 **North Mission Road** A woman's body is found in a cement tomb.
7.30 A body is found in a suspected suicide.
8.00 Hikers in LA find a human skull.
8.30 Examining the murder of Myra Davis.
9.00 **Under Fire: Deadliest Police Shootouts**
12.00 M'T **Under Fire: Deadliest Police Shootouts**
1.00 **to 3.00** AM **The Investigators**

+1 hour 280 69

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes... Canada**
7.00 **Say Yes to the Dress**
8.00 **Say Yes... Atlanta**
9.00 **Say Yes... UK**
10.00 **Counting On**
12.00 NOON **90 Day Fiancé**
2.00 PM **Beachfront Bargain Hunt**
3.00 **Lottery Dream Home**
4.00 **Say Yes... Canada**
5.00 **Say Yes to the Dress**
6.00 **Say Yes... Atlanta**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress**
9.00 **Dr Pimple Popper**
10.00 **My 3000lb Family** NEW EDITION
11.00 **Dr Pimple Popper**
12.00 M'T **Say Yes to the Dress**
1.00 AM **Dr Pimple Popper**
2.00 **My 3000lb Family**
3.00 **Dr Pimple Popper**
4.00 **Beachfront Bargain Hunt**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 240 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Fast N' Loud**
7.00 **Wheeler Dealers**
8.00 **Gold Rush**
9.00 **Gold Divers**
10.00 **Supertruckers**
11.00 **Wheeler Dealers**
12.00 NOON **Mighty Ships**
1.00 PM **Combat Dealers**
2.00 **The Last Alaskans**
3.00 **Wheeler Dealers**
4.00 **Gold Divers**
5.00 **Gold Rush**
6.00 **Fast N' Loud Revved Up** Richard builds a Chevrolet Camaro from the wheels up.

10.00 America's Lost Vikings

7.00 **Supertruckers** Kev causes chaos in Norfolk transporting a sea crane from Great Yarmouth to the port of Felixstowe.

8.00 **Supertruckers** The Kings Heavy Haulage team move loads of expensive cargo, beginning with two aircraft wings for Airbus.

9.00 **Alaskan Bush People** NEW EDITION Following the Browns, an Alaskan family of seven children who live off the grid.

10.00 **America's Lost Vikings** NEW EDITION Experts build a replica boat to test if Vikings could have made the journey to the Midwest.

11.00 **Wheeler Dealers**
12.00 M'T **Alaskan Bush People** As shown at 9.00pm.
1.00 AM **Supertruckers**
2.00 **America's Lost Vikings**
3.00 **Alaskan Bush People**
3.50 **Gold Divers**
4.40 **Gold Rush**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Crocodile Hunter**
7.00 **Pit Bulls & Parolees**
8.00 **Saving a Species: Gorillas on the Brink**
9.00 **Africa's Trees of Life**
10.00 **Crocodile Hunter**
11.00 **Animal Cops Houston**
12.00 NOON **Wild Hawaii**
1.00 PM **Big Cat Tales**
2.00 **Animal Cops Houston**
3.00 **Amanda to the Rescue**
4.00 **Crocodile Hunter**
6.00 **India's Monkey Man Monster: Expedition Mungo**

8.00 Flying Wild Alaska

7.00 **Untamed China** Nigel Marven explores the jungles of southern China, where he finds rare Asian elephants.

8.00 **Flying Wild Alaska** Jim searches for potential landing strips at Brooks Range after unseasonably warm weather.

9.00 **From Cubs to Kings** A man sets out to rescue two weak and starved lion cubs from life as a tourist attraction.

10.00 **Animal Cops Houston** Trischa Price investigates a report of a sick horse, but the case turns out to have sinister undertones.

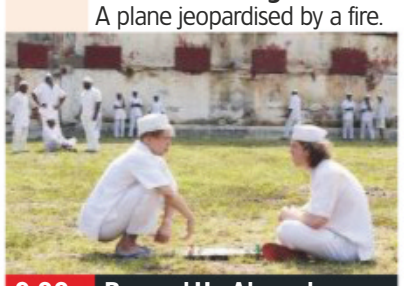
11.00 **Pit Bulls & Parolees**
12.00 M'T **Monsters Inside Me**
1.00 AM **Animal Cops Houston**
2.00 **Untamed China** As 7.00pm.
3.00 **Flying Wild Alaska**
3.50 **Monsters Inside Me**
4.40 **Dark Days in Monkey City**
5.10 **to 6.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WW2 Hell Under the Sea**
9.00 **Nazi Megastructures**
10.00 **Nazi Megastructures: America's War**
11.00 **Egypt: Secrets of the Dead**
12.00 NOON **Mystery Files**
1.00 PM **Drain the Oceans**
2.00 **Primal Survivor**
3.00 **Car SOS** Fuzz and Tim restore a former rally driver's Mini. **4.00** Revisiting vehicles from the first four series. **5.00** Restoring a Fiat Spider.
6.00 **Air Crash Investigation** A plane jeopardised by a fire.



9.00 Banged Up Abroad

7.00 **Air Crash Investigation** Aviation experts try to determine the fate of Malaysia Airlines Flight MH370.

8.00 **Car SOS** NEW EDITION Tim and Fuzz restore a 1930 Ford Model A, but replacing the wooden frame proves a challenge.

9.00 **Banged Up Abroad** NEW EDITION An Australian drug smuggler is sentenced to an Indian prison.

10.00 **Banged Up Abroad: Crime & Punishment** NEW EDITION A cocaine smuggler finds he is actually carrying a bomb.

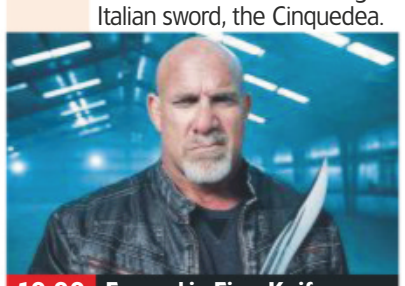
11.00 **Air Crash Investigation 9/11: The Plane That Hit the Pentagon**
12.00 M'T **America's Hardest Prisons**
1.00 AM **Banged Up Abroad**
2.00 **Wicked Tuna**
3.00 **Mine Kings**
4.00 **to 5.00** AM **Yukon Gold**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
10.00 **Heavy Lifting**
11.00 **Mountain Men**
12.00 NOON **Forged in Fire**
1.00 PM **American Pickers**
2.00 **Pawn Stars**
3.00 **Storage Wars** Four editions of the series, including at: **4.30** The teams make a trip to auctions in Palm Desert.
5.00 **Forged in Fire** The sacred and lethal Talwar sword. **6.00** Two bladesmiths forge Italian sword, the Cinquedea.



10.00 Forged in Fire: Knife or...

7.00 **American Pickers** Mike and Frank encounter a coin-op empire ruled by sisters ready to rumble for every penny.

8.00 **Pawn Stars** NEW EDITION The guys call in Rick Dale to save what might be one of the first rides from Coney Island.

9.00 **Forged in Fire** NEW EDITION The Road to Redemption competition continues with four former smiths remaining.

10.00 **Forged in Fire: Knife or Death** NEW EDITION A Medieval Messer goes up against a traditional Bolo knife.

11.00 **Forged with Steele** SERIES FINALE Alec Steele tackles the Basket Hilt Rapier.
11.30 **Milwaukee Blacksmith**
12.00 M'T **Epic Warrior Women**
1.00 AM **Pawn Stars**
2.00 **Forged in Fire**
3.00 **Pawn Stars** As 8.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 19 159

6.00 AM **The Madness of Bedlam: A Time Team Special**
7.10 **Ancient Black Ops**
8.00 **Time Team**
10.00 **Secrets of the Bible**
11.00 **World War Weird**
12.00 NOON **Time Team**
2.00 PM **Planet Earth**
3.00 **Operation Grand Canyon with Dan Snow**
4.00 **Secrets of the Bible**
5.00 **World War Weird**
6.00 **Hitler's Propaganda Machine** Hitler's ambitions spread beyond Germany.

9.00 Open All Hours

7.00 **Impossible Engineering** The Millau Viaduct in South West France, which is the tallest bridge in the world.

8.00 **Abandoned Engineering** Abandoned projects of the space age, including the mountainside Barcroft Observatory in California.

9.00 **Open All Hours** Arkwright organises a sales drive in a bid to boost profits. **9.40** Nurse Gladys Emmanuel's washing-machine difficulties prove a headache for Arkwright. **10.20** Granville is thrilled when the milkwoman makes a pass at him.

11.00 **Secrets of the Bible** Investigating the fall of Jericho.
12.00 M'T **World War Weird** How Russian scientists tried to create a human-ape hybrid.
1.00 AM **The Madness of Bedlam: A Time Team Special**
2.00 **to 3.00** AM **Ancient Black Ops**

+1 hour 255 200

Thursday

7 PM
8 PM
9 PM
10 PM

Disc. History

171 262

6.00 AM **Planes That Never Flew**
7.00 **Central Steam**
9.00 **Frontline Battle Machines**
10.00 **Battlefield**
12.00 NOON **Classic British Aircraft**
1.00 PM **Central Steam**
3.00 **Frontline Battle Machines**
4.00 **Battlefield**
6.00 **World War II in Colour**
7.00 **Cold War Armageddon**
8.00 **Bullet Points**
9.00 **Aircraft Carrier: City at Sea**
10.00 **Elite Commandos: The Royal Marines**
11.00 **World War II in Colour**
12.00 M'T **World War Two: The Complete History**
1.00 AM **Bullet Points**
2.00 **Battlefield**
4.00 **Frontline Battle Machines**
5.00 **to 6.00** AM **World War II in Colour**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **Collar of Duty** NEW EDITION **9.30** SERIES FINALE
10.00 **Creature Costumes**
11.00 **Life in the Undergrowth**
12.00 NOON **Russia From Above** NEW EDITION
1.00 PM **Collar of Duty**
2.00 **Creature Costumes**
3.00 **Wonders of the Universe**
4.00 **Collar of Duty**
5.00 **Creature Costumes**
6.00 **Life in the Undergrowth**
7.00 **Russia From Above**
8.00 **Wonders of the...**
9.00 **Angry Planet**
10.00 **Life in the Undergrowth**
11.00 **Russia From Above**
12.00 M'T **Angry Planet**
1.00 AM **Wonders of the...**
2.00 **Creature Costumes**
3.00 **Collar of Duty**
3.50 **Angry Planet**
4.40 **Wonders of the...**
5.30 **to 6.00** AM **Angry Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Africa's Deadly Kingdoms**
11.00 **Monster Fish of the Amazon**
12.00 NOON **Monster Fish of the Congo**
1.00 PM **Regime of the Queen**
2.00 **Clash of Tigers**
3.00 **Man vs Puma**
4.00 **Caught in the Act**
6.00 **Snakes in the City**
7.00 **Snakes in the City** A power station is invaded by a snake.
8.00 **Wild Florida** Exploring the wildlife of the US state.
10.00 **Monster Croc Wrangler** Double bill.
11.00 **Snakes in the City**
12.00 M'T **Animals Gone Wild**
2.00 AM **Monster Fish of the Amazon**
3.00 **Monster Fish of the Congo**
4.00 **to 5.00** AM **Regime of the Queen**

History 2

163 273 274 330 390

8.00 AM **Cities of the Underworld**
10.00 **America's Book of Secrets**
11.00 **UFO Files**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Discoveries**
3.00 **Cities of the Underworld**
5.00 **Hunting Hitler**
6.00 **UFO Files**
7.00 **Ancient Aliens** Cryptic puzzles that might have been left by aliens. **8.00** Suggesting aliens once saved humanity from great floods.
9.00 **America's Secret Slang** NEW EDITION How transportation and intoxicating substances influence the words and phrases we say every day.
10.00 **Ancient Impossible**
11.00 **Cities of the Underworld**
12.00 M'T **UFO Files**
1.00 AM **Ancient Aliens**
3.00 **Ancient Discoveries**
4.00 **to 5.00** AM **Hunting Hitler**

PBS America

160 276 94 155

8.00 AM **Sealab**
9.15 **Wild Tanzania**
10.20 **Africa's Great Civilisations**
11.35 **Sealab**
12.50 PM **The Search for Alfred the Great**
1.55 **Wild Tanzania**
3.00 **Africa's Great Civilisations**
4.15 **Sealab**
5.30 **The Search for Alfred the Great**
6.35 **Wild Tanzania**
7.50 **Timewatch: Julius Caesar's Greatest Battle**
9.00 **Africa's Great Civilisations** Henry Louis Gates Jr brings the story into the 19th century.
10.15 **Men at Lunch** The story of the famous photo 'Lunch atop a Skyscraper'.
11.35 **Timewatch: Julius Caesar's Greatest Battle**
12.50 **to 2.00** AM **Africa's Great Civilisations**

CI

156 156 835 223 222 328 380

6.00 AM **Killer In Plain Sight**
7.00 **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Killing Spree: Suffolk Strangler**
12.00 NOON **Crimes That Shook Australia**
1.00 PM **Crimes That Shook Britain**
2.00 **Nightmare in Suburbia**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Killing Spree**
6.00 **Killer In Plain Sight**
7.00 **The First 48**
8.00 **Police Patrol**
9.00 **Homicide Squad: Atlanta** NEW EDITION
10.00 **Homicide Hunter** NEW EDITION
12.00 M'T **Darkest Taboos**
1.00 AM **Homicide Squad**
2.00 **Homicide Hunter**
3.00 **Crimes That Shook Britain**
4.00 **to 6.00** AM **Highlights**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

THURSDAY Films

Thursday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Uncle John** Crime drama. (2015, 15, 113min) ★★★★
8.10 **Blue Iguana** As 6.10pm.
10.05 **People You May Know** Comedy. (2017, 15) ★★★
11.50 **Deadpool 2** As 8.00pm.
2.05 PM **The Top Ten Show**
2.25 **PREMIERE Danger One** As shown at 10.10pm.
4.25 **Josie** Drama. (2018, 15, 100min) ★★
6.10 **Blue Iguana** Comedy. (2018, 15, 100min) ★★★

10.10 Danger One

8 PM 8.00 **Deadpool 2** Action comedy starring Ryan Reynolds and Josh Brolin. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM 10.10 **PREMIERE Danger One** Comedy starring Tom Everett Scott. Two paramedics decide to keep a deceased patient's million dollars. (2018, 15, 101min) ★★
See review, page 19
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

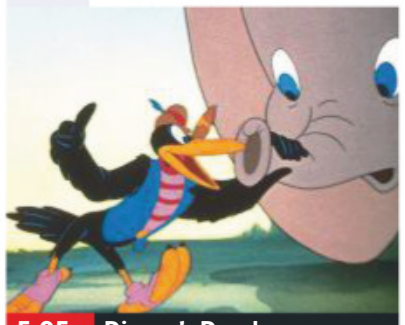
12.00 M'T **Mandy** Fantasy horror. (2018, 18, 121min) ★★★★
2.05 AM **Kills on Wheels** Comedy. (2016, 15, 103min) ★★★★
3.55 **Josie** As 4.25pm.
5.30 **to 6.00** AM **Final Score: Special** Film preview.

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.20 AM **The Fox and the Hound 2** Animation. (2006, U) ★★★
7.40 **Disney's Dumbo** As 5.05pm.
8.50 **WALL•E** As 6.15pm.
10.35 **The Lion King 3: Hakuna Matata!** (2004) ★★★
12.00 NOON **Homeward Bound: The Incredible Journey** (1992)
1.30 PM **Homeward Bound II: Lost in San Francisco** (1996)
3.05 **A Wrinkle in Time** As 8pm.
5.05 **Disney's Dumbo** (1941)
6.15 **WALL•E** (2008) ★★★★★


5.05 Disney's Dumbo

8.00 **A Wrinkle in Time** Fantasy starring Storm Reid and Oprah Winfrey. After the disappearance of her scientist father, three beings send a girl, her brother and her friend to space in order to find him. (2018, PG, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

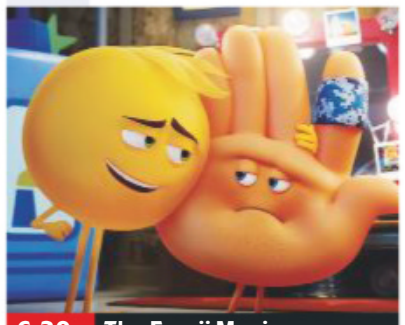
10.00 **Tron** Sci-fi thriller starring Jeff Bridges and Bruce Boxleitner. (1982, PG, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Swiss Family Robinson** Family adventure starring John Mills and Dorothy McGuire. (1960, U, 128min) ★★★★
1.55 AM **The Santa Clause 3: The Escape Clause** Comedy fantasy sequel starring Tim Allen and Martin Short. (2006, U, 92min) ★★★
3.40 **Tron** As shown at 10.00pm.
5.25 **to 6.55** AM **The Lion King 3: Hakuna Matata!** Animation. (2004, U, 73min) ★★★

Sky Family

305 305 846 436 406 505

6.15 AM **Anastasia** As 3.00am.
8.00 **The Chronicles of Narnia: The Voyage of the Dawn Treader** As shown at 4.30pm.
10.00 **Cop and a Half: New Recruit** Adventure. (2017, PG) ★★
11.45 **The Emoji Movie** As 6.30pm.
1.15 PM **Barnyard** As 1.20am.
2.50 **Peter Rabbit** As 8.00pm.
4.30 **The Chronicles of Narnia: The Voyage of the Dawn Treader** Fantasy. (2010) ★★★
6.30 **The Emoji Movie** (2017, U) ★


6.30 The Emoji Movie

8.00 **Peter Rabbit** Comedy with the voice of James Corden. A mischievous rabbit takes on a farmer in a battle of wits. With Domhnall Gleeson. (2018, PG, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 **My Girl** Comedy with Dan Aykroyd and Jamie Lee Curtis. A lonely tomboy finds a way to cope with her mother's death and her father's new romance. (1991, PG, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **The Sandlot** Family comedy starring Tom Guiry and Karen Allen. A group of youngsters spend a summer playing baseball and avoiding a fierce dog. (1993, PG, 101min) ★★★
1.20 AM **Barnyard** Animated comedy. (2006, PG, 90min) ★
3.00 **Anastasia** Animated musical. (1997, U, 94min) ★★★
4.45 **to 6.20** AM **Maya the Bee: The Honey Games** Animation. (2018, U, 85min) ★★

Sky Action

306 306 847 437 407 502

7.20 AM **The Karate Kid: Part III** Drama. (1989, PG, 111min) ★
9.20 **X-Men: First Class** As shown at 10.00pm.
11.40 **Gone in Sixty Seconds** Thriller. (2000, 15) ★★★
1.45 PM **Pirates of the Caribbean: Salazar's Revenge** Adventure. (2017, 12, 129min) ★★★
4.00 **The Bourne Ultimatum** Thriller. (2007, 12) ★★★★
6.00 **Death Race** Sci-fi thriller. (2008, 15, 105min) ★★★

6.00 Death Race

8.00 **Dunkirk** Christopher Nolan's drama starring Kenneth Branagh and Tom Hardy. Allied soldiers surrounded by the German Army wait for evacuation during the World War Two. (2017, 12, 106min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

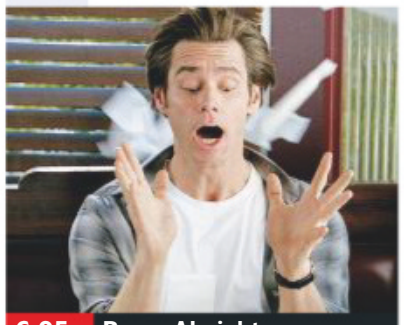
10.00 **X-Men: First Class** Sci-fi fantasy adventure exploring the origins of the *Marvel Comics* mutant superheroes at the height of the 1960s Cold War. Stars James McAvoy. (2011, 12, 131min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Mad Max** Thriller. (1979, 18, 93min) ★★★★★
2.00 **Mad Max 2** Action thriller. (1981, 18, 95min) ★★★★
3.40 **Mad Max Beyond Thunderdome** (1985) ★★★
5.30 **to 6.45** AM **Lego Batman: The Movie – DC Super Heroes Unite** (2013) ★★

Sky Comedy

307 307 848 438 408 506

6.50 AM **Ghost Town** Comedy. (2008, 12, 102min) ★★★★
8.40 **The Ugly Truth** Comedy. (2009, 15, 96min) ★★★
10.25 **Mamma Mia!** As 8.00pm.
12.25 PM **Girls Trip** As 10.00pm.
2.35 **Zoolander** Comedy. (2001, 12, 89min) ★★★★
4.15 **CHIPS: Law and Disorder** Comedy. (2017, 15, 100min) ★
6.05 **Bruce Almighty** Fantasy comedy starring Jim Carrey. (2003, 12, 96min) ★★★


6.05 Bruce Almighty

8.00 **Mamma Mia!** Musical comedy featuring Abba songs, starring Meryl Streep and Pierce Brosnan. A bride asks three of her mother's old flames to her wedding to learn which of them is her father. (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Girls Trip** Comedy with Regina Hall, Tiffany Haddish and Queen Latifah. Four old friends reconnect for a wild New Orleans weekend. (2017, 15, 122min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Fletch** Comedy adventure starring Chevy Chase. (1985, PG, 96min) ★★★
1.55 **Little Man** Comedy. (2006, 12, 98min) ★
3.40 **Road Hard** Comedy. (2015, 15, 98min) ★★
5.25 **to 7.10** AM **Whisky Galore!** Comedy with James Cosmo. (2016, PG, 98min) ★★

primetime

Sky Hits

302 302 843 433 403

6.45 AM **Thoroughbreds** As 10.55pm.
8.30 **Father Figures** As 7.00pm.
10.30 **Ocean's Eight** As 9.00pm.
12.30 PM **William Shakespeare's Romeo + Juliet** Director Baz Luhrmann's romantic drama. (1996, 12, 120min) ★★★★
2.45 **The Zookeeper's Wife** True-life drama. (2017, 12, 127min) ★★★
5.00 **Viceroy's House** Period drama. (2017, 12, 106min) ★★★

7.00 **Father Figures** Comedy starring Owen Wilson, Ed Helms and Glenn Close. Twin brothers hit the road to find the father they thought was dead. (2017, 15, 113min) ★★
9.00 **Ocean's Eight** Crime caper starring Sandra Bullock. Following in the footsteps of brother Danny, light-fingered Debbie Ocean plans a complex heist. (2018, 12, 110min) ★★★
10.55 **Thoroughbreds** Comedy crime drama starring Olivia Cooke and Anya Taylor-Joy. (2017, 15, 92min) ★★★★
12.35 AM **Wildling** Fantasy horror. (2017, 15, 92min) ★★★
2.20 **Viceroy's House** As 5.00pm.
4.15 **to 6.00** AM **Monster Family** Animation with the voice of Emily Watson. (2017, PG, 96min) ★★

Sky 5 Star Movies

303 303 844 434 404 508

6.20 AM **The Ox-Bow Incident** Western. (1943, b/w, PG) ★★★
7.55 **The Top Ten Show**
8.15 **Dirty Harry** As 12.40am.
10.15 **Avengers: Infinity War**
12.50 PM **Empire of the Sun** Drama. (1987, PG, 152min) ★★★★
3.30 **The Apartment** Comedy. (1960, b/w, PG, 120min) ★★★★★
5.40 **Walk the Line** Biopic. (2005, 12, 124min) ★★★★

8.00 **Avengers: Infinity War** Fantasy adventure starring Robert Downey Jr. When a galactic warlord attempts to execute an insane plan, an army of superheroes try to stop him. (2018, 12, 149min) ★★★
10.35 **Serenity** Sci-fi adventure starring Nathan Fillion and Summer Glau. A gang of interplanetary smugglers protect a teenage fugitive with telepathic powers from a government assassin. (2005, 15, 119min) ★★★★
12.40 AM **Dirty Harry** Police thriller starring Clint Eastwood and Andy Robinson. (1971, 18, 103min) ★★★★★
2.35 **Walk the Line** As 5.40pm.
5.00 **to 7.15** AM **The Apartment** As shown at 3.30pm.

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.15 **Man of the West** (1958) ★★
9.25 **The Harder They Fall** (1956)
11.45 **The Halliday Brand** (1957) ★★
1.30 PM **The Iron Sheriff** Western. (1957, b/w, U, 73min) ★★
3.00 **Gunsight Ridge** Crime Western. (1957, b/w, U, 85min) ★★★
4.50 **Along Came Jones** Comedy. (1945, b/w, PG, 90min) ★★

6.45 **Orders to Kill** War drama starring Eddie Albert. A US pilot is ordered into occupied France to kill a suspected traitor, but the pilot begins to believe the man is innocent. (1958, b/w, PG, 111min) ★★★
9.00 **Fire Down Below** Adventure starring Steven Seagal, Kris Kristofferson and Harry Dean Stanton. (1997, 18, 101min) ★
11.15 **Goodfellas** Crime drama with Ray Liotta and Robert De Niro. (1990, 18, 143min) ★★★★★
2.05 AM **The Last Detail** Comedy drama with Jack Nicholson, Otis Young, Randy Quaid and Carol Kane. (1973, 18, 105min) ★★★
4.00 **to 6.00** AM **Hollywood's Best Film Directors** Four editions.

+1 hour 316 417

Talking Pictures

328 445 81 306

6.00 AM **The Gilded Cage** (1955) ★★
7.30 **Johnny Ringo** Western.
8.00 **Undercover Girl** (1957) ★★
9.20 **Nobody Runs Forever** (1968) ★
11.20 **Out of the Fog** (1962) ★★
12.40 PM **Emergency** Drama. (1963, b/w, U, 63min) ★★
2.00 **The Edgar Wallace Mystery Theatre**
3.10 **Quartet** (1948, b/w, PG) ★★★
5.30 **Robin's Nest** Sitcom.

6.00 **You Pay Your Money** Thriller starring Honor Blackman. (1957, b/w, U, 68min) ★
7.15 **Last Holiday** Comedy starring Alec Guinness and Kay Walsh. (1950, b/w, U, 88min) ★★★
9.00 **Callan** An interpreter with access to top-secret information falls for a possible KGB spy.
10.00 **Soft Beds, Hard Battles** World War Two comedy starring Peter Sellers. (1973, 18, 94min) ★
11.50 **All the Way Up** Comedy starring Warren Mitchell. (1970, 12, 95min) ★★
1.50 AM **The Ugly Duckling** Horror. (1959, b/w, 12, 84min) ★★
3.30 **Piccadilly Incident** Melodrama starring Anna Neagle. (1946, b/w, PG, 102min) ★★
5.30 **to 6.00** AM **Take Two: Norman Eshley Interview**

Horror

317 149 70 138

8.00 AM **Land of the Giants**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 23/26. (S2)
4.00 **Tremors 3: Back to Perfection** Comedy. (2001, PG) ★★★
1.00 PM **Trapped in Space** Sci-fi. (1994, 15, 84min) ★★
3.00 **Andromeda** Sci-fi.
4.00 **Icetastrophe** Sci-fi disaster movie starring Victor Webster. (2014, PG, 86min) ★★

6.00 **Star Trek** 24/26. (S2)
7.00 **Star Trek: Deep Space Nine**
8.00 **Sliders** Quinn finds his long-lost brother. (S4)
9.00 **Priest** Fantasy thriller with Paul Bettany and Karl Urban. A holy man in a post-apocalyptic future breaks his vows to the church and sets out to rescue his niece from vampires. (2011, 15, 87min) ★★★
10.45 **Kill Command** Sci-fi thriller starring Vanessa Kirby. (2016, 15, 98min) ★★★
12.45 AM **Ravenous** Horror starring Guy Pearce and Robert Carlyle. (1998, 18, 101min) ★★★
2.45 **to 4.30** AM **An American Haunting** Fact-based horror. (2005, 15, 90min) ★

+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.55 AM **Broken Vows** Thriller. (2015, 15, 90min) ★★
8.30 **Collateral** As 7.00pm.
10.30 **Jack Reacher** As 9.00pm.
12.45 PM **John Q** Medical drama. (2002, 15, 116min) ★★
2.40 **Flightplan** Thriller. (2005, 12, 98min) ★★★★
4.20 **Zodiac** Crime drama. (2006, 15, 157min) ★★★★
7.00 **Collateral** Thriller starring Tom Cruise and Jamie Foxx. (2004, 15, 120min) ★★★★

7.00 Collateral

Collateral (film started at 7.00pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

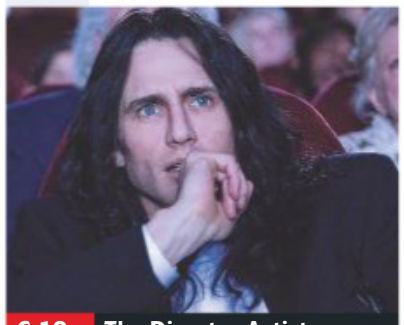
9.00 **Jack Reacher** Action thriller starring Tom Cruise. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. With Rosamund Pike. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Breakdown** Thriller starring Kurt Russell, Kathleen Quinlan and JT Walsh. (1997, 15, 94min) ★★★
1.00 AM **Lowlife** Comedy drama starring Nicki Micheaux. (2017, 18, 96min) ★★★★
2.50 **Thumper** Drama with Eliza Taylor. (2017, 18, 93min) ★★★
4.35 **to 6.25** AM **Sam Churchill: Search for a Homeless Man** Thriller with John Schneider. (1997, PG, 88min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.50 AM **Jasper Jones** Mystery. (2017, 12, 105min) ★★★★
8.40 **The Exception** Drama. (2016, 15, 107min) ★★★
10.35 **Cardboard Boxer** Drama. (2015, 15, 88min) ★★★
12.10 PM **The Leisure Seeker** As shown at 8.00pm.
2.10 **Norman** Drama. (2016, 15, 118min) ★★★★
4.15 **28 Days** Drama. (2000) ★★★
6.10 **The Disaster Artist** Comedy. (2017, 15, 103min) ★★★★



6.10 The Disaster Artist

8.00 **The Leisure Seeker** Drama with Helen Mirren and Donald Sutherland. A couple go on a journey in the faithful RV they call 'The Leisure Seeker', traveling from Boston to Key West, Florida. (2017, 15, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

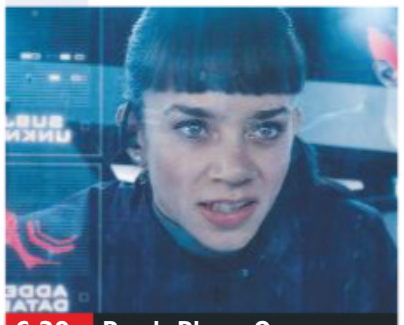
10.00 **Wonder Wheel** Woody Allen drama starring Kate Winslet and Jim Belushi. (2017, 12, 101min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **The Doors** Flamboyant music biopic directed by Oliver Stone and starring Val Kilmer, Meg Ryan and Kevin Dillon. (1991, 18, 141min) ★★★
2.10 AM **Freak Show** Comedy drama starring Alex Lawther and AnnaSophia Robb. (2017, 12, 91min) ★★★
3.50 **to 6.00** AM **Sabrina** Romantic comedy remake starring Harrison Ford. (1995, PG, 127min) ★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **The Toybox** Horror. (2017, 15, 95min) ★
7.40 **Signs** As shown at 4.30pm.
9.30 **The Lego Movie 2: Special**
10.00 **Ready Player One**
12.30 PM **Justice League** As 9pm.
2.45 **A Quiet Place** As 11.15pm.
4.30 **Signs** Drama with Mel Gibson. (2002, 12, 106min) ★★★
6.30 **Ready Player One** Steven Spielberg's fantasy adventure, starring Tye Sheridan. (2018, 12, 140min) ★★★★



6.30 Ready Player One

Ready Player One (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

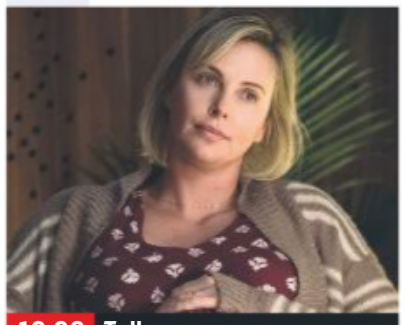
9.00 **Justice League** Adventure starring Ben Affleck. Bruce Wayne enlists the help of Wonder Woman, Aquaman, Cyborg and the Flash in the fight against super villain Steppenwolf. (2017, 12, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **A Quiet Place** Horror starring Emily Blunt and John Krasinski. (2018, 15, 90min) ★★★★
1.00 AM **Victor Crowley** Horror comedy starring Kane Hodder and Tyler Mane. (2017, 18, 83min) ★
2.35 **It Comes at Night** Horror thriller starring Joel Edgerton. (2017, 15, 91min) ★★★★
4.15 **to 6.00** AM **Escape from the Planet of the Apes** Sci-fi. (1971, PG, 98min) ★★★

Sky Select

311 311 852 | 442 412 | 510

7.15 AM **The Last Diamond** Drama. (2014, 15, 106min) ★★★
9.15 **Zama** Drama. Subtitled. (2017, 15, 115min) ★★★★
11.15 **Frost/Nixon** Drama. (2008, 15, 122min) ★★★★
1.20 PM **The Guns of Navarone** World War Two adventure. (1961, PG, 150min) ★★★★
4.00 **Field of Dreams** Fantasy. (1989, PG, 106min) ★★★★★
6.00 **Who We Are Now** Drama. (2017, 15, 95min) ★★★★



10.00 Tully

8.00 **Leave No Trace** Drama starring Ben Foster. A father and his daughter's ideal existence in a vast urban park is ruined by a small mistake which changes their lives forever. (2018, 12, 109min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

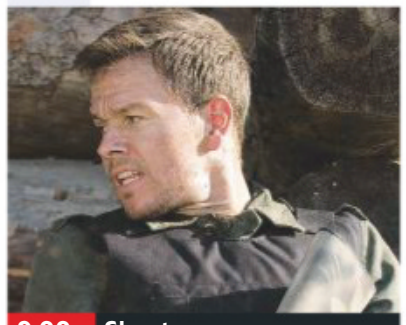
10.00 **Tully** Comedy drama starring Charlize Theron and Mackenzie Davis. (2018, 15, 96min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Django Unchained** Quentin Tarantino's Oscar-winning Western, starring Jamie Foxx, Christoph Waltz, Leonardo DiCaprio and Samuel L Jackson. (2012, 18, 162min) ★★★★
2.30 AM **L'Amant Double** Thriller starring Marine Vacth, Jeremie Renier and Jacqueline Bisset. (2017, 18, 107min) ★★★★
4.25 **to 6.25** AM **Sweet Bean** Drama starring Kirin Kiki. (2015, PG, 113min) ★★★★

Film4

313 313 853 | 428 429 | 15 | 300

■ **Films start at 11.00am**
11.00 AM **Warlock** Western drama. (1959, U, 123min) ★★★
1.25 PM **The Inn of the Sixth Happiness** Biopic with Ingrid Bergman and Curt Jurgens. (1958, PG, 151min) ★★★
4.35 **The Undefeated** Western starring John Wayne. (1969, PG, 120min) ★★★
6.55 **Volcano** Disaster movie starring Tommy Lee Jones. (1997, 12, 103min) ★★



9.00 Shooter

Volcano (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Shooter** Action thriller starring Mark Wahlberg and Danny Glover. A former Marine sniper is framed for a political assassination and forced to go on the run. (2007, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.25 **Man on Fire** Violent thriller starring Denzel Washington and Dakota Fanning. An ex-secret agent becomes a 10-year-old girl's bodyguard and will stop at nothing to find her when she is kidnapped. (2004, 18, 146min) ★★★
2.15 **to 4.00** AM **Carnage Park** Horror starring Ashley Bell. (2016, 18, 77min) ★★★

11 PM

+1 hour 314 430 45 301

True Movies

319 424 62 303

6.00 AM **Little House on the Prairie**
7.00 **Beauty and the Beast**
9.00 **Love Finds a Home** Western. (2009, PG, 88min) ★★
11.00 **Magic Moments** Romantic drama. (1989, PG, 105min) ★★
1.00 PM **Little House on the Prairie**
3.00 **Vanished Without a Trace** Thriller. (1998, PG, 85min) ★★
5.00 **The Promise** Melodrama. (1999, 15, 90min) ★★

7.00 **You Belong to Me** Thriller with Shannon Elizabeth and Christian Campbell. A woman thinks she is safe from her stalker when he kills himself – but begins to suspect he is not actually dead. (2008, 12, 89min) ★★
9.00 **Stranger in My Bed** Thriller about the mystery surrounding a woman's disappearance. Chris Kramer and Jamie Luner star. (2005, 15, 115min) ★★
11.00 **Maternal Obsession** Thriller starring Jean Louisa Kelly. A school counsellor desperate to have a child plots to steal a baby. (2010, 12, 93min) ★★
1.00 AM **The Waltons** Double bill.
3.00 **to 6.00** AM **Little House on the Prairie** Triple bill.

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Retribution** (2014) ★★★
10.55 **Taken Back: Finding Haley** Thriller. (2012, PG, 85min) ★★
12.50 PM **Sony Movie News Extra**
1.00 **Collision Earth** (2011, 12) ★★
2.50 **Seattle Superstorm** Disaster movie. (2012, PG, 95min) ★★
4.45 **Sony Movie News Extra**
4.55 **Zoom: Academy for Superheroes** Sci-fi adventure. (2006, PG, 88min) ★★

6.45 **Jackie Chan's Who Am I?** Martial arts adventure starring Jackie Chan and Michelle Ferre. (1998, 12, 108min) ★★★
9.00 **Charlie's Angels: Full Throttle** Action adventure sequel with Drew Barrymore, Cameron Diaz and Lucy Liu. The high-kicking trio hunt down villains who have stolen two encoded rings containing secret information. (2003, 12, 106min) ★
11.15 **Defendor** Comedy drama. (2009, 15, 97min) ★★★
1.25 AM **The 5th Wave** Sci-fi. (2015, 15, 112min) ★★
3.45 **The Rundown** Action comedy. (2003, 12, 99min) ★★
5.50 **to 6.00** AM **Sony Movie News Extra** The latest film news.

+1 hour 322 50

Movies 24

325 419 513

7.00 AM **June in January** (2014) ★★
9.00 **Love Exclusively** Romantic drama. (2017, PG, 90min) ★★
11.00 **With This Ring** Romantic comedy. (2015, PG, 87min) ★★
1.00 PM **The Good Witch's Charm** Fantasy. (2012, PG, 90min) ★★
3.00 **Valentine in the Vineyard** Romance. (2019, PG) ★★
5.00 **The Story of Us** Comedy. (2019, PG, 120min) ★★

7.00 **All for Love** Romantic comedy starring Sara Rue and Steve Bacic. A timid romance novelist researching her latest book develops unexpected feelings for the navy man she's studying. (2017, PG, 83min) ★★
9.00 **Love Struck Cafe** Romance starring Sarah Jane Morris. An aspiring architect must balance work and family commitments after her bosses send her home to negotiate a tricky property deal. (2017, PG, 84min) ★★
11.00 **The Good Witch's Family** Drama. (2011, PG, 83min) ★★
1.00 AM **Home by Spring** Drama. (2018, PG, 83min) ★★
3.00 **to 5.00** AM **Falling for You** Comedy. (2018, PG, 84min) ★★

+1 hour 326 420

Movies4Men

323 426 48 305

6.00 AM **The Black Parachute** Adventure. (1944, PG) ★★
7.20 **Enigma** Thriller. (1983, 15) ★
9.20 **The Racket** (1951) ★★★
11.05 **White Comanche** Western. (1967, PG, 105min) ★★
1.00 PM **Relentless** Western. (1948, PG, 92min) ★★
2.55 **The Blitz on Berlin**
4.10 **The War in the Jungle**
5.25 **Canopy** Adventure. (2013) ★★

7.05 **Firequake** Sci-fi disaster movie starring Alexandra Paul. A scientist tries to stop a series of devastating volcanic eruptions created by a new fuel source. (2014, 12, 90min) ★
9.00 **Half Past Dead** Action adventure with Steven Seagal. Crooks storm a jail in a plan to get their hands on $200million, but reckon without a tough FBI agent posing as a prisoner. (2002, 15, 98min) ★
11.05 **4 Minute Mile** Drama starring Kelly Blatz and Richard Jenkins. (2014, 15, 96min) ★★
12.55 AM **Submerged** Thriller. (2016, 15, 99min) ★★
2.55 **to 4.00** AM **The Concorde Story** Documentary.

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.05 PM **A Life of Deception** *Paramount Network* Thriller with Emmanuelle Vaugier. (HD) ★★
9.00 **A Prairie Home Companion** *AMC* Comedy starring Woody Harrelson. ★★★★
9.00 **Edge of Tomorrow** *5STAR* Sci-fi adventure. (HD) ★★★
9.00 **21 Jump Street** *Comedy Central* Action comedy with Channing Tatum. (HD) ★★★
9.00 **Menendez: Blood Brothers** *Lifetime* Biographical drama with Courtney Love. (HD) ★★
10.00 **From Dusk Till Dawn** *Syfy* Gory horror starring George Clooney and Harvey Keitel. ★★★
10.15 **The Dirty Dozen** *ITV4* Action adventure. (HD) ★★★★
11.00 **Die Hard with a Vengeance** *Channel 5* Action thriller. ★★★
11.00 **Ghosts of Mars** *5Spike* John Carpenter's sci-fi thriller. ★★★
11.05 **The Yards** *AMC* Crime drama starring Mark Wahlberg and Joaquin Pheonix. ★★★
11.15 **Drive Angry** *5STAR* Supernatural action thriller starring Nicolas Cage. ★★★
1.15 AM **The Captive** *AMC* Thriller with Ryan Reynolds. ★★

Thursday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans**
7.30 **LIVE European Tour Golf** Further coverage of day one of the Maybank Championship.
10.30 **Match Centre**
12.00 NOON **Sky Sports News**
12.45 PM **LIVE PGA Tour Golf** Coverage of the opening day of the Valspar Championship.
2.30 **LIVE Euro 2020 Qualifiers Kazakhstan v Scotland.** The Group I match from the Astana Arena. Kick-off **3.00pm**.
5.30 **Sky Sports News**
7.00 **Sky Sports Tonight**
7.30 **LIVE Euro 2020 Qualifiers Northern Ireland v Estonia.** Coverage of the Group C match at Windsor Park. Kick-off **7.45pm**.
10.00 **LIVE PGA Tour Golf** Further coverage of the opening day's play of the Valspar Championship.
11.00 **LIVE NBA Washington Wizards v Denver Nuggets.** At Capital One Arena. Tip-off **11pm**.
1.30 AM **Sky Sports News**
3.30 **LIVE European Tour Golf** Coverage of day two of the Maybank Championship.
5.30 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **PL Greatest Games**
10.00 **Premier League Years**
12.00 NOON **PL Best Goals**
1.00 PM **Premier League Years**
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **Premier League Best Goals**
7.00 **Premier League World** A round-up of the latest news surrounding the Premier League.
7.30 **One2Eleven – Jamie Carragher** With the former Liverpool and England defender.
7.40 **LIVE Euro 2020 Qualifiers Belgium v Russia.** The Group I match from the King Baudouin Stadium. Kick-off **7.45pm**.
9.45 **PL Greatest Games**
10.00 **Premier League World**
10.30 **Premier League Best Goals**
11.00 **Premier League 100 Club**
12.00 M'T **Premier League World**
12.30 AM **PL Greatest Games**
1.00 **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **PL 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Football Years**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **EFL Greatest Games**
12.30 PM **SPFL Greatest Games**
1.00 **Football Countdowns**
2.00 **Football Years**
2.30 **LIVE Euro 2020 Qualifiers Kazakhstan v Scotland.** The Group I match from the Astana Arena. Kick-off **3.00pm**.
5.30 **SPFL Greatest Games**
6.30 **Football's Greatest Players**
7.30 **LIVE Euro 2020 Qualifiers Northern Ireland v Estonia.** Coverage of the Group C match at Windsor Park. Kick-off **7.45pm**.
10.15 **Euro 2020 Qualifiers**
11.15 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 M'T **Euro 2020 Qualifiers**
1.00 AM **Football Countdowns**
2.00 **Euro 2020 Qualifiers**
3.00 **EFL Highlights**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **to 6.00** AM **Highlights**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Ashes Greats**
7.00 **Cricket's Greatest Games**
8.00 **Darren Gough: In the Zone**
8.30 **Cricket Masterclass**
9.00 **Ashes Greats**
10.00 **Cricket's Greatest Games**
11.00 **Darren Gough: In the Zone**
11.30 **Cricket Masterclass**
12.00 NOON **Mind Games**
2.00 PM **Michael Holding: Whispering Death**
4.35 **Cricket in Mumbai**
5.30 **Mind Games**
7.30 **Michael Holding: Whispering Death** Back-to-back editions looking back at the career of West Indian great Michael Holding.
10.05 **Cricket in Mumbai** Nasser Hussain examines Mumbai's influence on Indian cricket.
11.00 **Michael Holding: Whispering Death**
12.00 M'T **Darren Gough: In the Zone**
12.30 AM **Cricket Masterclass**
1.00 **Ashes Greats**
2.00 **Cricket's Greatest Games**
3.00 **Darren Gough: In the Zone**
3.30 **Cricket Masterclass**
4.00 **Ashes Greats**
5.00 **to 6.00** AM **Cricket's Greatest Games**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **PGA Tour Profiles**
6.30 **Inside the PGA Tour**
7.00 **Golfing World**
7.30 **LIVE European Tour Golf** Further coverage of day one of the Maybank Championship from the Saujana Golf and Country Club in Kuala Lumpur, Malaysia.
10.30 **British Masters Masterclass**
11.00 **PGA Tour Profiles**
11.15 **Inside the PGA Tour**
11.45 **European Tour Golf**
12.45 PM **LIVE PGA Tour Golf** Coverage of the featured groups on the opening day of the Valspar Championship at the Innisbrook Resort in Palm Harbour, Florida.
7.00 **LIVE PGA Tour Golf** Further coverage of the opening day of the Valspar Championship.
11.00 **European Tour Golf**
12.00 M'T **Junior Golf**
12.30 AM **British Masters Masterclass**
1.00 **Chronicles of a Champion Golfer** Double bill.
2.00 **Junior Golf**
2.30 **European Tour Golf**
3.30 **LIVE European Tour Golf** Coverage of the second day of the Maybank Championship.
5.30 **to 6.00** AM **Junior Golf**

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Formula E: Street Racers**
6.30 **Mobil 1: The Grid**
7.00 **Irish Rally Review**
7.30 **BT Sport Goals Reload**
7.45 **BT Sport Reload**
8.00 **LIVE Women's Hockey China v Argentina.** From Wujin Hockey Stadium. Push-back **8.00am**.
10.00 **FIA World Endurance Championship** Highlights of the 1000 Miles of Sebring.
11.00 **Emirates FA Cup Highlights** Action from the quarter-finals.
11.30 **Classic MOTD – Thrillers**
3.00 PM **BT Sport Goals Reload**
3.30 **WTA All Access**
4.00 **LIVE WTA Tennis** Coverage of day three of the Miami Open from the Hard Rock Stadium in Miami Gardens, Florida.
1.30 AM **The Outdoor Sports Show**
2.00 **Irish Rally Review**
2.30 **Women's Hockey** Action from China v Argentina.
3.30 **Vanarama National League Highlights** Recent action.
4.00 **Emirates FA Cup Highlights**
4.30 **Football Archives: 1983/84**
5.00 **Football Archives: 1984/85**
5.30 **to 6.00** AM **The Football Archives: 1985/86**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **Rugby Tonight**
7.00 **Hyundai A-League Highlights**
8.00 **LIVE AFL Carlton Blues v Richmond Tigers.** Coverage of the opening match of the season from the Melbourne Cricket Ground. Bounce-up **8.20am**.
11.00 **Ligue 1 Highlights**
12.00 NOON **Bundesliga Highlights Show** Action from Germany.
1.00 PM **This Magic Moment**
3.00 **No Filter Boxing**
3.30 **Women's Hockey** Action from China v Argentina in Changzhou.
4.30 **AFL** Another chance to see Carlton Blues v Richmond Tigers.
6.30 **Bundesliga Weekly**
7.00 **Premier League World**
7.30 **LIVE Under-21s International Football England U21 v Poland U21.** Coverage of the friendly match at Ashton Gate. Kick-off **7.45pm**.
10.00 **Too Good to Go Down** Documentary exploring the difficulty of the post-Matt Busby era at Manchester United.
11.45 **World Poker Tour Series**
1.45 AM **ESPN Classic Boxing**
4.45 **BT Sport Goals Reload**
5.00 **to 6.00** AM **Rugby Tonight**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **Cricket: Big Bash League** Back-to-back T20 action.
12.00 NOON **Rugby Tonight**
1.00 PM **No Filter Boxing**
1.30 **UEFA Champions League Magazine** News and action.
2.00 **Ladbrokes SPFL Highlights** Recent action from Scotland.
2.30 **Emirates FA Cup Highlights** Action from the quarter-finals.
3.00 **Rugby Tonight** Discussion.
4.00 **LIVE NCAA Championship** Coverage from the opening round of the NCAA Division I Wrestling Championships.
7.30 **Nature Boy** A look at the career of wrestling legend Ric Flair.
9.00 **No Filter Boxing**
9.30 **UFC Unleashed** A look back at some of the greatest fights and fighters in UFC history.
10.00 **UFC NOW** Magazine show.
11.00 **LIVE NCAA Championship** Further coverage from the first round of the NCAA Division I Wrestling Championships.
2.00 AM **UFC Unleashed**
2.30 **UFC** Darren Till v Jorge Masvidal: Action from the welterweight bout at London's O2 Arena.
5.30 **to 6.00** AM **No Filter Boxing**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **Boxing Gold**
7.00 **Great Sporting Moments**
8.00 **NFL: America's Game**
9.00 **Boxing Gold**
10.00 **Motorsport Mundial**
10.30 **Top 14 Round-Up Show**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Top 14 Round-Up Show**
1.30 **Motorsport Mundial**
2.00 **Sports Unlimited**
3.00 **Watersports World**
4.00 **Top 14 Round-Up Show**
4.30 **Motorsport Mundial**
5.00 **Top 14 Round-Up Show**
5.30 **NBA: The Starters**
6.00 **NFL: America's Game** The history of American football.
7.00 **LIVE Premier League Darts** Coverage of the seventh round of the season, which takes place at the Mercedes-Benz Arena, Berlin.
10.30 **World Rugby Show** A round-up up the latest rugby union action.
11.00 **WWE Raw** The latest wrestling action from America.
1.00 AM **WWE Main Event**
2.00 **Premier League Darts** Action from round seven at the Mercedez-Benz Arena in Berlin.
5.30 **to 6.00** AM **World Rugby Show**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Game Changers: Super Bowl**
7.30 **My Icon**
8.00 **Great Sporting Moments**
9.00 **Game Changers: Super Bowl**
9.30 **NFL – Greatest Games**
11.00 **P1 Powerboating**
12.00 NOON **Drone Racing League**
1.00 PM **P1 Powerboating**
2.00 **NFL: A Football Life**
3.00 **Game Changers: Super Bowl**
3.30 **Sporting Records**
4.00 **My Icon**
4.30 **Game Changers: Super Bowl**
5.00 **Sporting Records**
5.30 **Game Changers: Super Bowl**
6.00 **Sporting Records**
7.00 **Game Changers: Super Bowl**
7.30 **My Icon**
7.40 **LIVE Euro 2020 Qualifiers Belgium v Russia.** The Group I encounter. Kick-off **7.45pm**.
9.45 **Joshua Buatsi: The Knockouts**
10.00 **Game Changers: Super Bowl**
10.30 **Great Sporting Moments**
11.00 **NBA Action**
11.30 **Joshua Buatsi: The Knockouts**
11.45 **Game Changers: Super Bowl**
12.15 AM **My Icon**
12.30 **Great Sporting Moments**
1.00 **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **Around the Horn**
6.30 **ESPN FC** Football news.
7.00 **Pardon the Interruption**
7.30 **NCAA Basketball Tournament**
9.30 **LIVE MLB Oakland Athletics v Seattle Mariners.** From Tokyo, Japan. Start-time **9.30am**.
12.30 PM **ESPN FC** Football news.
1.00 **NCAA Basketball Tournament**
3.00 **Special Olympics Abu Dhabi**
4.00 **LIVE NCAA Basketball Tournament** The NCAA Division I Men's Basketball Tournament.
6.30 **LIVE** The NCAA Division I Men's Basketball Tournament.
9.00 **LIVE** The NCAA Division I Men's Basketball Tournament.
11.00 **LIVE** The NCAA Division I Men's Basketball Tournament.
1.30 AM **LIVE** The NCAA Division I Men's Basketball Tournament.
4.30 **BT Sport Reload**
5.00 **to 6.00** AM **Special Olympics Abu Dhabi**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.25 AM **Fencing: Grand Prix Series**
8.30 **Cycling: Tour of Taiwan**
8.45 **Cycling: Nokere Koerse**
9.45 **LIVE Ski Jumping** Qualifying action from Planica, Slovenia.
11.15 **Biathlon**
11.45 **WATTS**
12.00 NOON **Curling World Championships**
1.00 PM **LIVE Curling World Championships** Coverage of a women's round-robin match.
4.00 **Figure Skating**
5.00 **WATTS**
5.15 **LIVE International U21 Football Germany U21 v France U21.** Kick-off **5.30pm**.
7.30 **LIVE Curling World Championships** Coverage of a women's round-robin match.
9.00 **Figure Skating** From Japan.
11.30 **Cycling: Tour of Taiwan**
11.45 **Cycling: Nokere Koerse**
12.45 AM **WATTS**
12.55 **to 1.00** AM **Eurosport News**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.00 AM **Figure Skating**
7.30 **LIVE Figure Skating World Championships** The men's short discipline from Japan.
12.00 NOON **Figure Skating**
1.30 PM **WATTS**
1.45 **Ski Jumping**
2.45 **Biathlon**
3.15 **LIVE Biathlon** The World Cup meeting from Oslo, Norway.
4.45 **Ski Jumping**
5.50 **WATTS**
6.00 **Figure Skating**
8.30 **Biathlon** From Oslo, Norway.
9.30 **Ski Jumping** From Slovenia.
10.30 **Show Jumping**
11.35 **European Rally Championship**
12.05 AM **Eurosport News**
12.30 **Figure Skating**
1.30 **Alpine Skiing**
2.00 **Curling World Championships**
4.00 **International U21 Football**
5.15 **Cycling: Tour of Taiwan**
5.30 **to 6.00** AM **European Rally Championship**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **Highlights**
8.45 **LIVE NRL St George-Illawarra Dragons v South Sydney Rabbitohs.** Kick-off **8.50am**.
10.35 **Rugby Greatest Games**
10.45 **Great Sporting Moments**
11.00 **Super League Gold**
12.00 NOON **WWE from the Vault**
12.30 PM **WWE Slam City**
1.00 **Great Sporting Moments**
1.30 **NBA: The Starters**
2.00 **Sporting Greats**
3.00 **Sporting Records**
3.30 **NBA: The Starters**
4.00 **WWE Raw** Wrestling action.
6.00 **NBA GameTime**
6.30 **NBA: The Starters**
7.00 **LIVE Betfred Super League Wakefield Trinity v Warrington Wolves.** Kick-off **7.45pm**.
10.00 **NBA Action**
10.30 **NBA: The Starters**
11.00 **LIVE NBA Washington Wizards v Denver Nuggets.**
1.30 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
11.00 **Australian F1 GP: Pit Lane**
12.00 NOON **Australian F1 GP: On The Grid**
12.35 PM **Formula 1** As 6.15pm.
2.50 **The F1 Show**
3.20 **Australian F1 GP Best Bits**
3.50 **At Home With Sergio**
4.00 **The Inside Line**
4.30 **Simon and the Astronaut**
4.45 **Formula 1** The Australian Grand Prix qualifying session.
6.15 **Formula 1** The Australian Grand Prix: Another chance to see the opening round of the season, held at Albert Park, Melbourne.
8.30 **The F1 Show**
9.00 **F1 Classic Races** A look back at the 2009 German Grand Prix.
11.15 **Australian F1 GP Best Bits**
11.45 **Formula 1**
11.55 **The F1 Show**
12.25 AM **Max: My Life In F1**
12.30 **The Inside Line**
1.00 **to 6.00** AM **The Home of F1**

Friday

22 March

Evening Planner

Football

England v Czech Republic
ITV HD, kick-off 7.45pm
Gareth Southgate's men's first Euro 2020 qualifier is at Wembley against a team they have not faced since 2008

Factual

Can I Improve My Memory?
C4 HD, 8pm
Michael Buerk presents as famous faces memorise subjects unknown to them

OnDemand

NETFLIX

The OA
Available today
Vera's Kingsley Ben-Adir joins the cast of series two of the sci-fi mystery, as a PI searching for a missing teenager

OnDemand

NETFLIX

The Dirt
Available today
A biopic charting the highs and lows of Mötley Crüe's life in the music industry, starring Douglas Booth as bassist Nikki Sixx

SKY EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
Favourites								
101 BBC1	7.00 The One Show	7.30 A Question of...	8.00 EastEnders	8.30 MasterChef			10.00 News; Local News	10.35 Film: Iron...
102 BBC2	7.00 Mastermind	7.30 David...	8.00 Great British...	8.30 Gardeners'...	9.00 Australia: Earth's Magical Kingdom		10.00 QI	10.30 Newsnight
103 ITV	7.00 Euro 2020 Qualifier – Live: England v Czech Republic: From Wembley Stadium (Kick-off 7.45)						10.00 News; Local News	
104 CHANNEL 4	7.00 News		8.00 Can I Improve My Memory?		9.00 Gogglebox		10.00 The Last Leg	
105 CHANNEL 5	7.00 Autumn in Alaska: A Year in the Wild		8.00 There's a Croc in My Kitchen		9.00 Eamonn & Ruth: In Search of George...		10.00 Meghan & Harry: Inside the Palace	
106 SKY ONE	7.00 The Simpsons			8.30 Modern Family	9.00 Curfew		10.00 The Late Late Show with James...	
Entertainment								
116 BBC4	7.00 News	7.30 Top of the...	8.00 Kenny Rogers: Cards on the Table		9.00 The Secret Science of Pop		10.00 Duran Duran: There's Something You...	
118 ITV2	◂ 6.00 Take Me Out	7.30 You've Been...	8.00 Film: Crazy, Stupid, Love					10.25 Family Guy
136 MORE4	◂ 6.55 The Supervet		7.55 Grand Designs		9.00 Deutschland 86		10.00 24 Hours in A&E	
135 E4	7.00 Hollyoaks	7.30 Speechless	8.00 Film: Home Alone				10.00 The Inbetweeners	
107 SKY WITNESS	7.00 Paramedics		8.00 Criminal Minds		9.00 Chicago Fire		10.00 How I Caught the Killer	
108 SKY ATLANTIC	7.00 Blue Bloods				9.00 Game of Thrones			
110 GOLD	7.00 dinnerladies diaries		8.00 dinnerladies		9.20 Mrs Brown's Boys			
111 DAVE	7.00 American Pickers		8.00 Cops UK: Bodycam Squad		9.00 QI		10.00 Not Going Out	
119 ITV3	7.00 Murder, She Wrote		8.00 Doc Martin				10.00 Lewis	
120 ITV4	◂ 6.45 Snooker: Tour Championship – Live: Day four of the inaugural event from Venue Cymru in Llandudno, featuring the conclusion of a semi-final							10.15 The Contender
112 COMEDY CENTRAL	7.00 Friends				9.00 Impractical...	9.30 Impractical...	10.00 Bob's Burgers	10.30 The Mick
114 SYFY	7.00 Star Trek: The Next Generation		8.00 Merlin		9.00 Film: The Ninth Gate			
109 W	7.00 My Dream Home		8.00 Inside the Ambulance at Christmas		9.00 Five Star Babies: Inside the Portland...		10.00 The Shift: Women on the Force	
113 UNIVERSAL	7.00 NCIS		8.00 Film: Wayne's World 2				10.00 Law & Order: Special Victims Unit	
124 FOX	7.00 NCIS						10.00 Bull	
122 SKY ARTS	7.00 Classic Albums		8.00 Jefferson...	8.30 The Police...	9.00 Brian Johnson's A Life on the Road		10.00 Dire Straits: Alchemy 1983	
Documentary								
125 DISCOVERY	7.00 Gold Rush				9.00 Combat Dealers		10.00 Mighty Planes	
162 ANIMAL PLANET	7.00 Pit Bulls & Parolees		8.00 Lone Star Law		9.00 The Lion Queen		10.00 Animal Cops Houston	
129 NAT GEO	7.00 Air Crash Investigation		8.00 Fiennes: Return to the Nile					
130 HISTORY	7.00 American Pickers		8.00 Pawn Stars		9.00 Epic Warrior Women		10.00 Cleopatra	
155 YESTERDAY	7.00 Impossible Engineering		8.00 Deep Wreck Mysteries		9.00 The True Story of the Mary Celeste		10.00 Narrow Escapes of World War Two	
166 EDEN	7.00 Russia From Above		8.00 The Brain with David Eagleman		9.00 Angry Planet		10.00 Life in the Undergrowth	
Films								
301 SKY PREMIERE	◂ 6.15 Danger One		8.00 Tag			9.45 Deadpool 2		
302 SKY HITS	7.00 Murder on the Orient Express				9.00 Solo: A Star Wars Story			
303 5 STAR MOVIES	◂ 5.05 The Great Escape		8.00 Schindler's List					
304 SKY DISNEY	◂ 6.20 Beauty and the Beast		8.00 Cool Runnings			9.45 Invincible		
305 SKY FAMILY	◂ 6.20 Patrick		8.00 The Count of Monte Cristo					10.15 The Nutty Professor
306 SKY ACTION	◂ 5.40 Captain America: The Winter Soldier		8.00 Jurassic World: Fallen Kingdom					10.15 Maze Runner: The Death...
307 SKY COMEDY	◂ 6.20 The Stepford Wives		8.00 The House			9.35 Think Like a Man		
308 SKY THRILLER	◂ 6.50 Déjà Vu				9.00 Three Billboards Outside Ebbing, Missouri			
309 SKY DRAMA	◂ 6.05 Professor Marston and the Wonder...		8.00 Life Itself				10.00 The 15:17 to Paris	
310 SKY SCI-FI		7.15 The First Purge			9.00 Rampage			
311 SKY SELECT	◂ 5.45 Tombstone		8.00 Darkest Hour					10.10 Unsane
313 FILM4	◂ 6.40 Men in Black 3				9.00 Darkman			
315 TCM	◂ 5.15 Cool Hand Luke	7.50 The Man from Galveston			9.00 The Glimmer Man			
Sport								
401 MAIN EVENT	7.00 Sky Sports Tonight	7.40 Euro 2020 Qualifiers – Live: Moldova v France: From Stadionul Zimbru (Kick-off 7.45)				9.45 PGA Tour Golf – Live: The Valspar Championship		
402 PREMIER LEAGUE	7.00 PL 100 Club	7.40 Euro 2020 Qualifiers – Live: Portugal v Ukraine: From Estadio da Luz (Kick-off 7.45)				9.45 PL...	10.00 Premier League Best Goals	
403 FOOTBALL	7.00 One2Eleven	7.40 Euro 2020 Qualifiers – Live: Moldova v France: From Stadionul Zimbru (Kick-off 7.45)					10.00 Euro 2020 Qualifiers Highlights	
404 CRICKET	◂ 3.55 Cricket – Live	7.30 Ashes Greats		8.35 Eoin...	8.55 International T20 Cricket			
413 BT SPORT 1	7.00 Gallagher Premiership Rugby Union – Live: Leicester Tigers v Northampton Saints: From Welford Road (Kick-off 7.45)						10.00 No Filter...	10.30 BT Sport Reload
414 BT SPORT 2	◂ 4.00 WTA Tennis – Live: Day four of the Miami Open							

◂ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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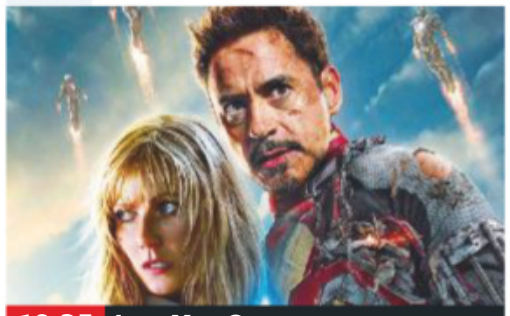
BBC1

101 101/115 801 | 101 108 | 1 101 | 101 101/106

6.00 AM **Breakfast** (S)(HD)
9.15 **Crimewatch Roadshow Live** SERIES FINALE In Dorset. (S)(HD)
10.00 **Homes Under the Hammer** (S)(R)
11.00 **Good Morning Dagenham** SERIES FINALE (S)(HD)(AD)
11.45 **Dom on the Spot** (S)(R)(HD)
12.15 PM **Bargain Hunt** (S)(HD)(AD)
1.00 **BBC News** (S)(HD)
1.30 **Local News** (S)
1.45 **Doctors** (S)(HD)(AD)
2.15 **Shakespeare & Hathaway – Private Investigators** (S)(R)(HD)
3.00 **Escape to the Country** House-hunting in Hampshire. (S)(R)(HD)
3.45 **Money for Nothing** (S)(HD)
4.30 **Flog It!** The team visit Rochester Cathedral in Kent. (S)(HD)
5.15 **Pointless** Quiz show. (S)(R)(HD)
6.00 **BBC News** (S)(HD)
6.30 **Local News** (S)


10.35 Iron Man 3

7 PM

7.00 **The One Show** Alex Jones and a guest co-host the topical show. (S)(HD)
7.30 **A Question of Sport** With Tom Heaton, Ashton Sims, Eilish McColgan and Lutalo Muhammad. (S)(HD)

8 PM

8.00 **EastEnders** Denise hopes to convince Patrick to invest in her salon idea. (S)(HD)(AD)
8.30 **MasterChef** 20/24. This contenders are tasked with creating a plate of food inspired by someone they admire. Then, six have the daunting challenge of cooking a three-course lunch at Grocers' Hall, before the surviving five cook a dish to impress judges Tracey MacLeod, Grace Dent, William Sitwell, Amol Rajan and Jimi Famurewa. (S)(HD)(AD)

9 PM

10 PM

10.00 **BBC News** (S)(HD)
10.25 **Local News** (S) Followed by **Lottery Update** (S)
10.35 FILM **Iron Man 3** Comic-book action adventure sequel starring Robert Downey Jr and Gwyneth Paltrow. Billionaire playboy Tony Stark, aka superhero Iron Man, strives to defeat the terrorist mastermind behind a series of bombings. With Guy Pearce and Rebecca Hall. (S)(HD)(AD) (2013, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.35 AM **Weather for the Week Ahead** Seven-day forecast. (S)(HD)
12.40 **to 6.00** AM **BBC News** (S)(HD)

BBC2

102 102/115 802 | 102 102 | 2 102 | 102 102/106

6.00 AM **World's Most Photographed: Greta Garbo** (S)(R)
6.30 **Good Morning Dagenham** (S)(R)
7.15 **Money for Nothing** (S)(R)(HD)
8.00 **Sign Zone: Antiques Roadshow**
9.00 **BBC News** (S)(HD)
10.00 **Victoria Derbyshire** (S)(HD)
11.00 **BBC Newsroom Live** (S)(HD)
12.15 PM **Politics Live** (S)(HD)
1.00 **Think Tank** (S)(R)(HD)
1.45 **The Great British Year** (S)(R)(HD)
2.45 **John Wayne: Talking Pictures** (R)
3.30 FILM **Rio Conchos** Western. (S)(HD) (1964, PG, 105min) ★★
5.15 **Put Your Money Where Your Mouth Is** (S)(R)(HD)
6.00 **Eggheads** Quiz show. (S)(HD)
6.30 **Great Continental Railway Journeys** 3/10. In Vienna, Michael Portillo encounters a pre-Cold War spy. (S)(R)(HD)

8.30 Gardeners' World

7.00 **Mastermind** Specialist subjects include painter Egon Schiele. (S)(HD)
7.30 **David Attenborough's Natural Curiosities** 2/6. Animals with extraordinary abilities for finding their way. (R)
8.00 **Great British Menu** 3/29. The remaining London and South East chefs cook their menus again. (S)(HD)
8.30 **Gardeners' World** Tips on how to give indigenous wildlife a boost. (S)(HD)
9.00 **Australia: Earth's Magical Kingdom** 2/3. A look at how the country's oceans – the Southern, the Pacific and the Indian – create a unique environment for numerous types of creatures. (S)(HD)(AD)
10.00 **QI** With Danny Baker, Teri Hatcher and Phill Jupitus. (S)(R)(HD)
10.30 **Newsnight** (S)(HD)
11.00 **Weather** (S)(HD)
11.05 FILM **The Ones Below** Thriller starring Clémence Poésy. (S)(HD) (2015, 15, 80min) ★★★★
12.25 AM **Sign Zone: Britain's Most Controversial Landlord – Panorama** With property mogul Fergus Wilson. (S)(R)
12.55 **Sign Zone: The 15 Billion Pound Railway** (S)(R)(AD)
1.55 **Sign Zone: Monty Don's Japanese Gardens** (S)(R)(AD)
2.55 **to 6.00** AM **Previews** (S)

ITV

103 103/176 803 | 103 113/103 | 3 103 | 103 111

6.00 AM **Good Morning Britain** (S)(HD)
8.30 **Lorraine** (S)(HD)
9.25 **The Jeremy Kyle Show** (S)(HD)
10.30 **This Morning** (S)(HD)
12.30 PM **Loose Women** (S)(HD)
1.30 **ITV News** (S)(HD)
1.55 **Local News** (S)(HD)
2.00 **Judge Rinder** Criminal barrister Robert Rinder takes on real cases in a studio courtroom. (S)(HD)
3.00 **Tenable** A family of five from north-east England answer questions about top 10 lists, then try to score a perfect 10 in the final round. (S)(R)(HD)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(HD)
5.00 **The Chase** Quiz show hosted by Bradley Walsh. (S)(HD)
6.00 **Local News** (S)(HD)
6.30 **ITV News** (S)(HD)

5.00 The Chase

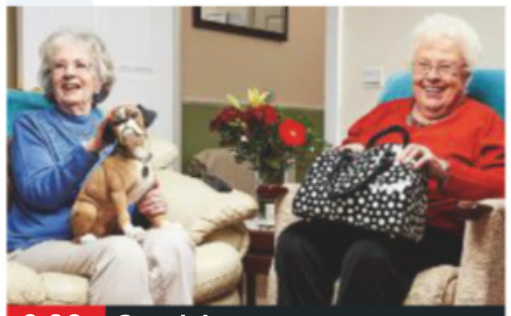
7.00 LIVE **Euro 2020 Qualifier** England v Czech Republic: Mark Pougatch presents all the action from both teams' opening Group A fixture at Wembley Stadium. Analysis from Ian Wright and Lee Dixon and commentary by Clive Tyldesley and Glenn Hoddle. Kick-off is at 7.45. (S)(HD)
10.00 **ITV News** (S)(HD)
10.30 **Local News** (S)(HD)
10.45 **Euro 2020 Qualifier Highlights** Mark Pougatch presents action from England v Czech Republic at Wembley Stadium. (S)(HD)
11.45 **Harry's Heroes: The Full English** 2/2. Harry flies the players and their wives off to Spain for a supposedly alcohol-free training camp, but plans go awry almost immediately. (S)(R)(HD)(AD)
1.05 AM **Jackpot247**
3.00 **All Star Mr & Mrs** Liam Fox and Nicole Barber-Lane, and Danny Jones and Georgia Horsley play for charity. (S)(R)(HD)
3.50 **to 6.00** AM **ITV Nightscreen** (HD)

+1 hour 203 | 114 | 33 | 112

CHANNEL 4

104 104/138 803 | 104 141 | 4 104 | 104

6.25 AM **Cheers** (S3) (S)(R)(HD)
7.45 **Frasier** Triple bill. (S4) (S)(R)
9.10 **Everybody Loves Raymond** (S)(R)
10.10 **Ramsay's Hotel Hell** (S)(R)(HD)
11.05 **Undercover Boss USA** (S)(R)(HD)
12.00 NOON **News** (S)(HD)
12.05 PM **Come Dine with Me** (S)(R)(HD)
1.05 **Find It, Fix It, Flog It** (S)(R)(HD)
2.10 **Countdown** (S)(HD)
3.00 **A Place in the Sun: Summer Sun** From Spain's Mar Menor. (S)(R)(HD)
4.00 **Escape to the Chateau: DIY** Nicole and Stefan continue their renovation of their historic chateau in Lucheux. (S)(HD)
5.00 **Four in a Bed** (S)(HD)
5.30 **Come Dine with Me** (S)(HD)
6.00 **The Simpsons** (S)(R)(AD)
6.30 **Hollyoaks** Mitchell apologises to Cleo and asks if she still needs a date to the wedding. (S)(HD)(AD)


9.00 Gogglebox

7.00 **News** (S)(HD)
8.00 NEW **Can I Improve My Memory?** Three celebrities who want to improve their memories – Gok Wan, Joey Essex and Valerie Singleton – take on a unique competition. Hosted by Michael Buerk. (S)(HD)(AD)
9.00 **Gogglebox** The armchair critics share their opinions on what they have been watching during the week. The programme captures their instant reactions and lively discussions from the comfort of their own homes. (S)(HD)(AD)
10.00 **The Last Leg** 9/10. Hosts Adam Hills, Josh Widdicombe and Alex Brooker are joined by celebrity guests for a comic review of the significant moments of the past seven days. (S)(HD)
11.05 **The Big Narstie Show** (S)(HD)
12.10 AM FILM **Paranormal Activity: The Ghost Dimension** Horror. (S)(HD) (2015, 15, 95min) ★
1.45 **Home** (S1) (S)(SL)(R)(HD)(AD)
2.10 **Traitors** (S1) (S)(SL)(R)(HD)(AD)
3.05 **The Crystal Maze: Celebrity Special** (S)(R)(HD)(AD)
4.00 **Coast vs Country** (S)(R)(HD)
4.55 **Come Dine with Me** (S)(R)(HD)
5.50 **to 6.00** AM **Jamie's Comfort Food** (S)(R)(HD)

+1 hour 204 | 142 | 13 | 109 | 121

(S) Subtitles (SL) Signing (R) Repeat (HD) High Definition (AD) Audio Description

CHANNEL 5

105 105 805 | 105 150 | 5 105 | 105 105

6.00 AM **Milkshake!**
9.15 **Jeremy Vine** (S)(HD)
11.15 **Nightmare Tenants, Slum Landlords** (S)(R)(HD)
12.10 PM **News** (S)(HD)
12.15 **Can't Pay? We'll Take It Away!** A racing debt. (S)(R)(HD)
1.10 **Access** Showbiz news. (S)(HD)
1.15 **Home and Away** (S)(HD)(AD)
1.45 **Neighbours** (S)(HD)(AD)
2.15 **FILM Twisted Sisters** Thriller. (S) (2016, PG, 105min) ★★
4.00 **Friends** (S2) (S)(R)(HD)
5.00 **News** (S)(HD)
5.30 **Neighbours** Mark admits that his conduct has been less than exemplary. (S)(R)(HD)(AD)
6.00 **Home and Away** Summer Bay throws a farewell party for Coco. (S)(R)(HD)(AD)
6.30 **News** (S)(HD)

9.00 Eamonn & Ruth: In Search...

7.00 **Autumn in Alaska: A Year in the Wild** 4/4. Autumn draws in and animals prepare for the Winter. For many creatures, this is the time when their mothers leave them to fend for themselves. (S)(R)(HD)

8.00 **There's a Croc in My Kitchen** Following people around Britain who keep predatory wild animals as unusual pets, including a crocodile, a Komodo dragon, a lynx and a wolf hybrid. (S)(R)(HD)

9.00 **NEW SERIES Eamonn & Ruth: In Search of George Clooney** 1/4. Eamonn Holmes and Ruth Langsford are in Milan, where they visit a fashion show and try to track down George Clooney. (S)(HD)

10.00 **Meghan & Harry: Inside the Palace** A look at the Duke and Duchess of Sussex's start to marriage, finding out how the former actress has adapted to her new life in the Royal Family. (S)(R)(HD)

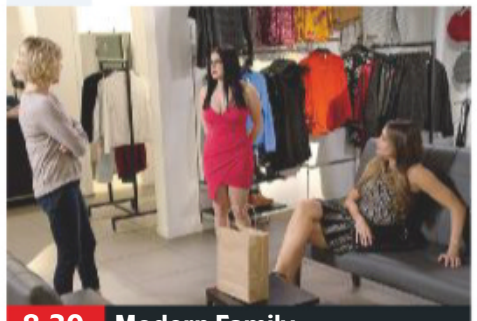
11.00 **FILM Magic Mike XXL** Drama sequel starring Channing Tatum and Joe Manganiello. (S)(HD) (2015, 15, 135min) ★★
1.15 AM **Teleshopping** (S)(HD)
3.15 **FILM Alien Hunter** Sci-fi thriller starring James Spader. (S) (2003, 15, 90min) ★★★
4.45 **House Doctor** (S)(SL)(R)
5.10 **Divine Designs** (S)(SL)(R)
5.35 **to 6.00** AM **Wildlife SOS** (S)(R)

+1 hour 205 | 155 | 44 | 128

SKY ONE

106 106 806 | 110 109

6.00 AM **Monkey Life** (S)(R)(AD)
7.00 **Animal House** (S)(R)(AD)
8.00 **The Dog Whisperer** (S)(R)(HD)
9.00 **Road Wars** (S)(R)(HD)
10.00 **Babylon 5** 3/22. (S5) (S)(R)
11.00 **NCIS: Los Angeles** (S)(R)(HD)
1.00 PM **Hawaii Five-0** 16&17/24. Double bill. (S1) (R)(HD)
3.00 **Brit Cops: Rapid Response** Tracking down drug dealers. (R)
4.00 **Modern Family** (S7&8) (S)(R)
5.00 **The Simpsons** (S)(R)(HD)
5.30 **Futurama** *Neutopia:* An alien makes Fry and the gang genderless. (S)(R)(HD)(AD)
6.00 **Futurama** *Ghost in the Machines:* Bender has difficulty accepting his death. (S)(R)(HD)
6.30 **The Simpsons** *Fraudcast News:* Reports of Mr Burns's death provoke a media storm. (S)(R)



8.30 Modern Family

7.00 **The Simpsons** *All's Fair in Oven War:* Homer challenges Marge to a cooking competition. (S)(R) **7.30** *Sleeping with the Enemy:* Marge invites school bully Nelson Muntz to live with the family. (S)(R)(HD)

8.00 **The Simpsons** **NEW EPISODE** *Krusty Meets the Clowns:* Krusty hides out in a circus. (S)(HD)

8.30 **Modern Family** **NEW EPISODE** 8/22. Haley asks Claire for some advice. (S10) (HD)

9.00 **Curfew** **NEW EPISODE** 5/8. Lou and Hanmei crash into each other while vying for position on a country lane, forcing them to venture to a nearby farm to search for spare parts. (S1) (S)(HD)

10.00 **The Late Late Show with James Corden: Best of the Week** **NEW EDITION** Highlights of the talk show, featuring celebrity interviews, music and comedy sketches. (HD)

11.00 **Comedians Watching Football with Friends** (R)(HD)
11.30 **Bounty Hunters** (R)(HD)(AD)
12.00 M'T **A League of Their Own** With Tony Adams, David Baddiel and Aisling Bea. (S)(R)(HD)
1.00 AM **Motorway Patrol** (R)(HD)
2.00 **Caught on Dashcam** (S)(R)(HD)
3.00 **A League of Their Own** (R)
4.00 **Babylon 5** 1/22. (S5) (S)(R)
5.00 **to 6.00** AM **Stargate SG-1** (R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **951**, Virgin **862**, Freesat **960**
12.40am A View from the Terrace (S)(R)(HD) **1.40** Weather for the Week Ahead (S)(HD) **1.45-6.00am** BBC News (S)(HD)

N. IRELAND
Sky **953**, Virgin **863**, Freesat **957**
12.35-6.00am BBC News (S)(HD)

WALES
Sky **952**, Virgin **864**, Freesat **964**
No variations

BBC2

SCOTLAND
Sky **970**, Freesat **970**
No variations

N. IRELAND
Sky **972**, Freesat **969**
7.30pm LIVE Friday Night Football (S)(HD) **9.50-10.00pm** Weather Watchers with Barra Best (S)(R)

WALES
Sky **971**, Freesat **971**
7.00-9.00pm LIVE Scrum V (S)(HD)

ITV

No variations

S4C

Sky **134**, Virgin **166**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion S4C a'r Tywydd **12.05pm** Gerddi Cymru **12.30** Codi Hwyl (AD) **1.00** Fferm Ffactor: Selebs **2.00** Newyddion S4C a'r Tywydd **2.05** Prynhawn Da **3.00** Newyddion S4C a'r Tywydd **3.05** Ar y Dibyn **3.30** Arfordir Cymru: Llyn **4.00** Awr Fawr **5.00** Stwnsh: Ffeil **5.05** Stwnsh: Pigo dy Drwyn **5.30** Stwnsh: Larfa **5.35** Stwnsh: Crwbanod Ninja **6.00** Newyddion S4C a'r Tywydd **6.05** Wil ac Aeron: Taith yr Alban **6.30** Rhannu **7.00** Pobol y Cwm (AD) **7.30 NEW** Dathlu Dewrder: Tlws Plant S4C **9.00** Newyddion 9 a'r Tywydd **9.30 NEW SERIES** Galw Nain Nain Nain **10.05** Dim Byd **10.35-11.40pm** Enid a Lucy (AD)

TV&Satellite week
New issue on sale now

BBC4

116 116 | 107 | 9/82 | 106 | 173 107

BBC4 programmes start at 7.00pm

7.00 PM **World News Today** Followed by **Weather**
7.30 **Top of the Pops: 1987** Featuring Shakin' Stevens, a-ha, Black and Genesis.
8.00 **Kenny Rogers: Cards on the Table** Documentary chronicling the country music singer's career.
9.00 **The Secret Science of Pop** Scientists and researchers analyse more than 50 years of UK chart music.
10.00 **Duran Duran: There's Something You Should Know** The band members discuss their 40-year career.
11.00 **Glam Rock at the BBC** Compilation of the pop and rock of the early 1970s.
12.00 M'T **Top of the Pops: 1987** As shown at 7.30pm.
12.30 AM **Sings Neil Diamond** Artists covering tracks by Neil Diamond, including UB40 and Robert Wyatt.
1.00 **Kenny Rogers: Cards on the Table** As 8.00pm.
2.00 **to 4.00** AM **Arena: American Epic**

MORE4

136 136 830 | 147 195 | 14 | 124

8.55 AM **Coast vs Country**
10.00 **A Place in the Sun: Winter Sun** Double bill.
12.05 PM **Location, Location, Location** Double bill.
2.15 **Come Dine with Me** Five nights in Cardiff.
4.55 **A Place in the Sun: Winter Sun** In Florida.
5.55 **The Secret Life of the Zoo** The Komodo dragons are given time apart.
6.55 **The Supervet** A Devon rex cat is brought in after being struck by a car.
7.55 **Grand Designs** A couple begin an ambitious project to transform a small damp bungalow in Cornwall.
9.00 **Deutschland 86** **NEW EPISODE** *Dragon Range:* 3/10. Gary Banks double-crosses Martin and Lenora, leading them into a trap. Also, Walter tries to regain favour with the Stasi, while Alex focuses on the Aids crisis. Subtitled. (S1)
10.00 **24 Hours in A&E** A sportsman grits his teeth as a doctor slots his dislocated shoulder back into place.
11.05 **24 Hours in A&E** A mother worries about her baby son, who was born with a hole in his heart and one kidney.
12.05 AM **Ramsay's Kitchen Nightmares USA**
2.05 **The Good Fight**
3.10 **to 3.50** AM **8 Out of 10 Cats**

+1 hour 236 | 196 | 86 | 125

ITV2

118 118 816 | 115 176 | 6 | 113

6.00 AM **The Funniest Animals**
6.20 **Guinness World Records**
7.10 **You've Been Framed and Famous! Gold**
8.00 **Emmerdale**
9.00 **You've Been Framed!**
9.25 **Ellen DeGeneres Show**
10.20 **Superstore**
11.15 **You've Been Framed!**
12.15 PM **Emmerdale**
1.15 **You've Been Framed!**
1.45 **The Ellen DeGeneres Show** **NEW EDITION**
2.40 **The Jeremy Kyle Show**
6.00 **Take Me Out** Dating show.
7.30 **You've Been Framed! Gold** Comical clips, narrated by Harry Hill.
8.00 **FILM Crazy, Stupid, Love** Romantic comedy starring Steve Carell, Ryan Gosling and Julianne Moore. A smooth-talking womaniser teaches a frumpy family man on the verge of divorce how to charm women. (2011, 12, 117min) ★★★★
10.25 **Family Guy** *Petarded:* 6/30. Peter tries to prove he is a genius. (S4) **10.55** *Viewer Mail 1:* 21/22. Three stories inspired by viewers' letters. (S3)
11.25 **Family Guy** 8/30. (S4)
11.50 **American Dad!** (S10)
12.40 AM **The Cleveland Show**
1.10 **Superstore** (S3)
2.10 **to 2.20** AM **Totally Bonkers Guinness World Records**

+1 hour 218 | 116 | 27 | 114

E4

135 135 829 | 106 145 | 28 | 122

6.00 AM **Hollyoaks**
7.00 **Rules of Engagement**
8.00 **Sabrina the Teenage Witch** Double bill.
9.00 **Melissa & Joey**
10.00 **The Big Bang Theory**
11.00 **The Goldbergs**
12.00 NOON **Brooklyn Nine-Nine**
1.00 PM **The Big Bang Theory**
2.00 **Melissa & Joey**
3.00 **Brooklyn Nine-Nine**
4.00 **The Goldbergs**
5.00 **Don't Tell the Bride**
6.00 **The Big Bang Theory**
7.00 **Hollyoaks**
7.30 **Speechless** **NEW EDITION** 10/23. The family's van is stolen, along with all their Christmas gifts. (S1)
8.00 **FILM Home Alone** John Hughes's comedy starring Macaulay Culkin. (1990, PG, 100min) ★★★★
10.00 **The Inbetweeners** 5/6. Will tries to flirt with a university student. **10.30** 6/6. The friends prepare for their exams. (S2)
11.00 **Rick and Morty** 7/11. (S1)
11.35 **Robot Chicken** **NEW EDITION** Comedy. (S9)
11.50 **Dream Corp LLC** **NEW EPISODE** Comedy. (S2)
12.10 AM **The Big Bang Theory**
1.05 **First Dates**
2.10 **Celebs Go Dating**
4.00 **The Big Bang Theory**
4.40 **New Girl**
5.05 **to 6.00** AM **Rules of Engagement**

+1 hour 235 | 146 | 29 | 123

Friday primetime

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

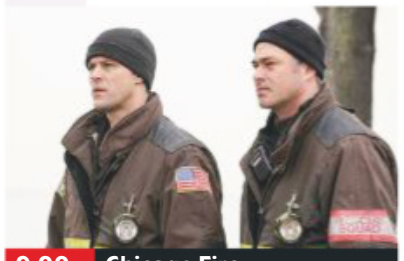
FRIDAY Entertainment

Friday

Sky Witness

107 107 807 112 111

6.00 AM **Motorway Patrol**
7.00 **Border Patrol**
8.00 **Canada's Front Line**
9.00 **Criminal Minds** 15/22. (S12)
10.00 **CSI** 9/24. (S7)
11.00 **Road Wars**
12.00 NOON **Brit Cops: Frontline Crime UK**
1.00 PM **Paramedics**
2.00 **Motorway Patrol**
3.00 **Road Wars**
4.00 **Nothing to Declare**
5.00 **Border Patrol**
6.00 **Canada's Front Line**



9.00 Chicago Fire

7 PM

7.00 Paramedics Documentary series following Australia's ambulance crews.

8 PM

8.00 Criminal Minds *Lucky Strikes:* 5/22. Garcia is hit by anxiety over a case with a connection to her past. (S13)

9 PM

9.00 Chicago Fire NEW EPISODE *Make This Right:* 12/16. Casey is asked to investigate a motorcycle accident. (S7)

10 PM

10.00 How I Caught the Killer The disappearance of a girl thought to have run away. However, closer analysis revealed the truth.
11.00 **Criminal Minds** 9/23. (S2)
12.00 M'T **Britain's Most Evil Killers** The case of Mark Bridger.
1.00 AM **World's Most Evil Killers**
2.00 **Criminal Minds** 16/22. (S12)
3.00 **Night Cops**
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Motorway Patrol**

+1 hour 207 140

Sky Atlantic

108 108 808

6.00 AM **The British**
7.00 **West Wing** 19&20/22. (S1)
9.00 **House** 2&3/22. (S8)
11.00 **Without a Trace** 10/23. (S1)
12.00 NOON **Blue Bloods** (S8)
2.00 PM **The West Wing** (S1)
4.00 **House** 4/22. The doctor looks to make a personal gain from a patient. **5.00** 5/22. The team treat a man whose dark revelations could jeopardise his life. (S8)
6.00 **CSI** 17/23. A woman's body is found strapped to the underside of a prison bus. (S4)

10.15 Game of Thrones

7.00 Blue Bloods *Risk Management:* 19/22. Danny and Baez race to find a missing girl with health problems.

8.00 Blue Bloods *Your Six:* 20/22. Danny is forced to ask his incarcerated arch enemy for help when a convict escapes. (S8)

9.00 Game of Thrones *Two Swords:* 1/10. Tyrion is sent to greet a royal party from Dorne, and Jon Snow finds himself on trial at Castle Black. **10.15** *The Lion and the Rose:* 2/10. The day of King Joffrey's wedding arrives. (S4)

11.30 **Game of Thrones** *Breaker of Chains:* 3/10. (S4)
12.45 AM **NEW SERIES High Maintenance** 1/9. The Guy receives upsetting news. (S3)
1.20 **Dexter** 8&9/12. (S8)
3.30 **Barry** 5/8. (S1)
4.05 **to 6.00** AM **The West Wing**

+1 hour 208

GOLD

110 110 810 124 310

7.10 AM **Sorry!**
8.15 **Goodnight Sweetheart**
9.35 **Last of the Summer Wine**
11.35 **2point4 Children**
12.55 PM **Are You Being Served?**
1.35 **dinnerladies**
2.55 **2point4 Children**
4.15 **Last of the Summer Wine** Triple bill, including at: **5.35** Clegg climbs a tree to prove a point, but finds getting down is not as easy.
6.20 **Are You Being Served?** Old Mr Grace asks the staff for some money-making ideas.

9.20 Mrs Brown's Boys

7.00 dinnerladies diaries Behind the scenes of how the British sitcom was made, featuring unseen footage.

8.00 dinnerladies Bren frets over the implementation of a new DIY table-clearing initiative. **8.40** Tony worries Bren will be distracted during her TV debut.

9.20 Mrs Brown's Boys The family await the fruits of their fraud.

10.00 Mrs Brown's Boys Trevor has decided to work for a mission project in Africa. **10.40** Rory and Dino have a bust-up.

11.20 **Green Wing** The end is nigh – Caroline is now engaged to Guy, while Mac has very little time to live.
1.15 AM **The Fast Show** Double bill of the series.
2.25 **The League of Gentlemen**
3.30 **to 4.00** AM **Bread**

+1 hour 210 194

ITV3

119 119 817 117 177 10 115

6.00 AM **Classic Coronation Street**
6.55 **Heartbeat**
8.00 **Murder, She Wrote**
9.00 **Judge Judy**
10.20 **On the Buses**
12.05 PM **George and Mildred**
12.40 **Heartbeat** As 5.55pm.
1.45 **Classic Emmerdale**
2.50 **Classic Coronation Street**
3.55 **Agatha Christie's Marple** *Nemesis:* The sleuth is sent on a mysterious mission.
5.55 **Heartbeat** *Services Rendered:* Peggy gets into trouble again.

10.00 Lewis

7.00 Murder, She Wrote *Deadly Misunderstanding:* Jessica hires a temporary typist whose husband is later found murdered.

8.00 Doc Martin *The Practice Around the Corner:* 5/8. Mrs Tishell returns to the village, and PC Penhale shoots himself in the foot.

9.00 Doc Martin *Hazardous Exposure:* 6/8. Penhale spreads panic throughout the village. Guest stars Christopher Fairbank. (S6)

10.00 Lewis *Whom the Gods Would Destroy:* Lewis and Hathaway investigate the murder of a middle-aged Oxford graduate.

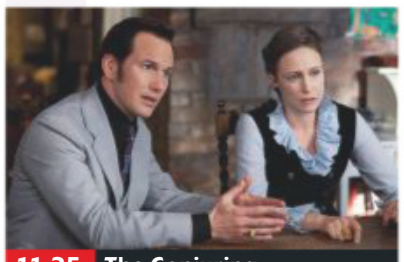
12.05 AM **Agatha Christie's Poirot** *Murder on the Links:* The detective investigates when a victim of fraud is found murdered on a golf course.
2.05 **Liverpool 1** 5/6. (S2)
3.00 **Secrets of Growing Up**
3.50 **to 5.30** AM **Road to Avonlea**

+1 hour 219 174 34 116

ITV4

120 120 818 118 178 24 117

6.00 AM **World of Sport: Crazy Racing** Obscure motorsports.
6.10 **The Chase**
7.15 **The Avengers**
8.20 **Kojak**
9.25 **Quincy ME**
10.30 **Minder**
11.40 **The Professionals**
12.45 PM **LIVE Snooker: Tour Championship** Coverage of the conclusion of a semi-final at Venue Cymru in Llandudno.
4.30 **The Professionals**
5.35 **The Sweeney**



11.35 The Conjuring

6.45 LIVE Snooker: Tour Championship Jill Douglas presents further coverage of day four of the inaugural event from Venue Cymru in Llandudno, featuring the conclusion of a semi-final, played over the best of 19 frames. With analysis from Alan McManus, Stephen Hendry and Neal Foulds, and commentary by Clive Everton and Phil Yates.

10.15 The Contender 3/12. One fighter shares the teachings of his faith in order to help others find inner-peace.

11.35 **FILM The Conjuring** Horror with Vera Farmiga and Patrick Wilson. Husband-and-wife paranormal investigators strive to exorcise a haunted house. (2013, 15, 112min) ★★★
1.50 **to 2.40** AM **Better Late Than Never**

+1 hour 220 175 154

Sky Two

151 121

6.00 AM **60 Minute Makeover**
10.00 **The Biggest Loser: Australia** Double bill.
12.30 PM **Animal 999**
2.00 **The Dog Whisperer**
3.00 **Stargate SG-1** (S4)
5.00 **A Town Called Eureka**
6.00 **Supergirl** 15/20. (S1)
7.00 **Stargate Atlantis** *The Game:* 15/20. (S3)
8.00 **The Flash** *Goldfaced:* 13/23. Barry and Ralph go undercover. (S5)
9.00 **Strike Back: Silent War** 4/10. Section 20's hunt for the warhead builds to a showdown. (S7)
10.00 **Comedians Watching Football with Friends**
10.30 **A League of Their Own**
11.00 **Russell Howard Hour**
12.00 M'T **Curfew** 5/8. (S1)
1.00 AM **Late Late Show with James Corden: Best of the Week**
2.00 **A Town Called Eureka**
3.00 **The Force: North East**
4.00 **Duck Quacks Don't Echo**
5.00 **to 6.00** AM **Monkey Life**

Pick

152 123 11 144

7.00 AM **Stop, Search, Seize**
8.00 **Border Patrol**
9.00 **Road Wars**
10.00 **Police 10/7**
11.00 **My Kitchen Rules: Australia**
12.15 PM **Caught Red Handed**
1.00 **UK Border Force**
2.00 **America's Front Line**
3.00 **Nothing to Declare**
4.00 **Police Force: Australia**
5.00 **Without a Trace** (S2)
6.00 **Stargate SG-1** (S8)
7.00 **Ghost Whisperer** (S5)
8.00 **Warehouse 13** (S2)
9.00 **The Force: Manchester**
10.00 **Inside Evil**
11.00 **World's Most Evil Killers**
12.00 M'T **The Force: Essex**
1.00 AM **Force: Manchester**
2.00 **Road Wars**
3.00 **Brit Cops: Law & Disorder**
4.00 **Highway Patrol**
4.30 **Motorway Patrol**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 252 92 145

Dave

111 111 811 127 227 12 157

7.10 AM **Projects**
8.00 **American Pickers**
9.00 **Storage Hunters UK**
10.00 **American Pickers**
1.00 PM **Top Gear**
3.00 **Jay Leno's Garage**
4.00 **Sin City Motors**
5.00 **Top Gear**
7.00 **American Pickers**
8.00 **Cops UK: Bodycam Squad** Police spot two men acting suspiciously.
9.00 **QI** With Phill Jupitus, Rich Hall, Jimmy Carr and Alan Davies.
10.00 **Not Going Out** Lucy accidentally runs over a pet rabbit. **10.40** Lee and his father have relationship counselling.
11.20 **Not Going Out**
12.00 M'T **Have I Got a Bit More News for You**
1.00 AM **Would I Lie to You?**
1.40 **Uncle**
3.20 **to 4.00** AM **Storage Hunters UK**

+1 hour 211 131 79

Comedy Central

112 112 812 132 181 307 370

8.00 AM **The Fresh Prince of Bel Air** (S4)
9.00 **The Middle** (S4)
10.00 **The Office (US)** (S9)
11.00 **Friends** (S10)
1.00 PM **Friends** (S10)
4.00 **Impractical Jokers**
5.00 **Friends** (S10)
8.00 **Friends** 17&18/18. The final episode. Monica and Chandler wait for Erica to give birth. (S10)
9.00 **Impractical Jokers**
9.30 **Impractical Jokers: Inside Jokes**
10.00 **Bob's Burgers NEW EPISODE** (S9)
10.30 **The Mick** 7&8/17. (S1)
11.30 **Broad City NEW EPISODE** 9/10. (S5)
12.00 M'T **Brickleberry** (S3)
12.30 AM **Cleveland Show**
1.30 **The Daily Show NEW EDITION**
2.00 **South Park**
3.25 **The Office (US)** (S9)
4.15 **to 5.00** AM **The Fresh Prince of Bel Air**

+1 hour 212 133

ITV Be

131 119 179 26 118

9.00 AM **LittleBe**
12.00 NOON **Income Property SERIES FINALE** Scott revisits 10 homeowners.
12.55 PM **Real Housewives of New Jersey**
2.10 **Million Dollar Listing: LA** A demanding client.
3.10 **The Real Housewives of Orange County**
4.05 **The Real Housewives of Dallas** Reality show. **5.00 NEW EDITION**
6.00 **Buying and Selling**
8.00 **Dinner Date**
9.00 **Botched** Dr Terry Dubrow transforms a woman's chest. **10.00** Dr Paul Nassif performs a rhinoplasty on a woman who had her first nose job aged 12.
11.00 **Bridezillas** A groom finds out about his fiancée's hen night.
11.55 PM **to 12.45** AM **The Only Way Is Essex**

+1 hour 231 120 119

True Ent

179 189 61 142

6.00 AM **The Waltons** (S1)
7.00 **Little House on the Prairie** 19/24. (S1)
8.00 **Hamish Macbeth** (S3)
9.00 **Born and Bred** (S3)
10.00 **Due South** 11/26. (S3)
11.00 **Little House on the Prairie** 21&22/22. (S9)
1.00 PM **FILM Charlie & Me** Family drama. (2008, PG, 88min) ★★
3.00 **Rumpole of the Bailey**
4.00 **Murder, She Wrote**
5.00 **Hamish Macbeth** (S3)
6.00 **Born and Bred** (S3)
7.00 **M*A*S*H** (S5)
8.00 **Randall and Hopkirk (Deceased)**
9.00 **Taggart** *Pinnacle:* An alcoholic cancer victim is accused of murder. **10.30** *Genesis:* A fertility clinic is targeted by angry protesters.
12.00 M'T **Danielle Steel's No Greater Love** Drama.
2.00 **to 3.00** AM **The Avengers**

+1 hour 279 152

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Alibi

132 132 826 | 126 226 | 312 | 382

7.10 AM **Murdoch Mysteries** (S5)
9.00 **Rizzoli & Isles** 5/16. (S4)
10.00 **Rush** 17/22. (S2)
11.00 **Unforgettable** 9/22. (S1)
12.00 NOON **Miss Fisher's Murder Mysteries** 10/13. (S1)
1.00 PM **Death in Paradise**
2.00 **Murdoch Mysteries** (S9)
4.00 **Rizzoli & Isles** 8/16. A woman is murdered after an ice hockey match. (S4)
5.00 **Rush** **SERIES FINALE** 22/22. Melbourne's water supply is deliberately contaminated. (S2)
6.00 **New Tricks** *Wolf of Wallbrook.*

11.00 Death in Paradise

7.00 **Miss Fisher's Murder Mysteries** *Murder in the Dark:* 12/13. Aunt Prudence's chambermaid is found drowned. (S1)
8.00 **Murdoch Mysteries** *From Murdoch to Eternity:* 14/18. Murdoch devises a tonic that he claims is the fountain of youth. (S10)
9.00 **Inspector George Gently** *Gently with the Innocents:* An elderly man is killed in his dilapidated mansion, prompting Gently and Bacchus to delve into the building's past as a children's home. Guest stars Matthew McNulty and Jill Halfpenny.
11.00 **Death in Paradise** 8/8. A backpacker is found dead in the showers of her hostel with a gun in her hand. (S5)
12.20 AM **Miss Fisher's Murder Mysteries** As 7.00pm.
1.25 **to 4.00** AM **Murdoch Mysteries**

+1 hour 232 191

Syfy

114 114 814 | 135 165 | 319 | 375

6.00 AM **Star Trek: Voyager** (S6)
8.00 **Teleshopping**
11.00 **The Librarians** As 3.00am.
12.00 NOON **Merlin** As 8.00pm.
1.00 PM **FILM** **Global Meltdown** Thriller starring MJ Almasi. (2017, PG, 105min) ★★
3.00 **Buffy the Vampire Slayer**
5.00 **Star Trek: Voyager** *Lifesigns:* 19/26. Romance blossoms in Voyager's sick bay. (S2)
6.00 **Star Trek: The Next Generation** *The Vengeance Factor:* 9/26. The crew mediate in a dispute. (S3)

9.00 The Ninth Gate

7.00 **Star Trek: The Next Generation** *The Defector:* 10/26. A Romulan admiral offers to tell Picard about his people's plans. (S3)
8.00 **Merlin** *Arthur's Bane: Part One:* 1/13. Merlin finds himself locked in a battle unlike any he has fought before. (S5)
9.00 **FILM** **The Ninth Gate** Supernatural thriller starring Johnny Depp. An unscrupulous book hunter searches for the surviving copies of a 17th-century book of demonology. (1999, 15, 133min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
11.50 **FILM** **Replicant** Sci-fi action thriller starring Jean-Claude Van Damme and Michael Rooker. (2001, 18, 96min) ★
2.00 AM **Merlin** As 8.00pm.
3.00 **The Librarians** 1/10. (S3)
4.00 **to 6.00** AM **Buffy the Vampire Slayer**

+1 hour 214 136

W

109 109 809 | 125 211 | 311 | 383

6.10 AM **Supernanny**
7.00 **MasterChef Australia**
8.00 **Tipping Point** Game show.
10.00 **The Bill** Police drama.
11.00 **Inside the Ambulance at Christmas** As 8.00pm.
12.00 NOON **Tipping Point**
2.00 PM **My Dream Home**
3.00 **Renovate My Home: Leave It to Bryan** **NEW EDITIONS**
4.00 **Extreme Makeover: Home Edition** Renovating the home of a family helping people in disaster areas.
5.00 **Tipping Point** Double bill.

10.00 The Shift

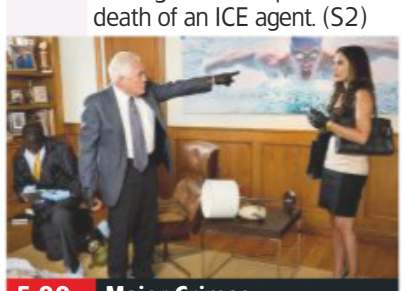
7.00 **My Dream Home** Drew and Jonathan Scott help Craig and Laurel, who are looking for their ultimate dream home.
8.00 **Inside the Ambulance at Christmas** Jamie and Stuart race to a supermarket where a man has collapsed.
9.00 **Five Star Babies: Inside the Portland Hospital** 1/2. Behind the scenes at the UK's only private maternity hospital.
10.00 **The Shift: Women on the Force** **NEW EDITION** 2/6. Neighbourhood Sergeant Helen tackles a difficult drugs investigation.
11.00 **Inside the Ambulance at Christmas** As 8.00pm.
12.00 M'T **One Born Every Minute** An emergency C-section is required to deliver twins, and a couple try to reach a compromise over baby names.
1.00 **to 3.00** AM **Grimm**

+1 hour 209 190

Universal

113 113 813 | 137 164 | 320 | 385

8.00 AM **Law & Order** (S8)
10.00 **Sea Patrol** 7/13. (S2)
11.00 **Private Eyes** 10/18. (S2)
12.00 NOON **Ransom** 7/13. (S2)
1.00 PM **Law & Order** (S8)
3.00 **CSI: Miami** 22/25. A cruise ship docked in Miami becomes the scene for a double murder. **4.00** 23/25. An heiress is found dead at a party. (S4)
5.00 **Major Crimes** 8/19. A young Latino intruder is murdered. **6.00** 9/19. The squad investigate the suspicious death of an ICE agent. (S2)


5.00 Major Crimes

7.00 **NCIS** *Judgement Day – Part One:* 18/19. The team are put in danger while hunting for the killer of a former NCIS agent. (S5)
8.00 **FILM** **Wayne's World 2** Comedy sequel starring Mike Myers and Dana Carvey. Cable TV show hosts Wayne and Garth decide to stage a massive rock concert to rival Woodstock – Waynestock. (1993, PG, 95min) ★★★ SEX ●●● VIOLENCE ●●● LANG ●●●
10.00 **Law & Order: Special Victims Unit** *Sacrifice:* 7/23. A fatal shooting takes place outside a gay club. (S3)
11.00 **Law & Order: Special Victims Unit** 8/23. The team search for a serial rapist. (S3)
12.00 M'T **Law & Order: Special Victims Unit** 9&10/23. Double bill of the drama. (S3)
2.00 AM **Major Crimes** (S2)
4.00 **to 5.00** AM **Numb3rs**

+1 hour 213 138

FOX

124 124 821 | 157 199

8.00 AM **Bull** 22/23. (S1)
9.00 **Bones** 20/24. (S9)
10.00 **Monk** 12/16. (S4)
11.00 **NCIS** 2/24. (S12)
12.00 NOON **Bones** 21&22/24. (S9)
2.00 PM **The Mentalist** 21/23. (S2)
3.00 **NCIS** 3/24. (S12)
4.00 **Monk** 13/16. (S4)
5.00 **Bones** 23/24. The team investigate the murder of a swimming coach. (S9)
6.00 **The Mentalist** 22/23. The leader of an anti human-trafficking organisation is killed. With Leslie Hope. (S2)

10.00 Bull

7.00 **NCIS** *Choke Hold:* 4/24. The NCIS team investigate the death of a Moscow-born naval research scientist.
8.00 **NCIS** *The San Dominick:* 5/24. Gibbs finds himself on board a ship that has been commandeered by pirates. (S12)
9.00 **NCIS** **NEW EPISODE** *The Last Link:* 12/24. Gibbs is asked to help search for a missing military ID bracelet. (S16)
10.00 **Bull** **NEW EPISODE** *Separate Together:* 11/22. Diana's niece and her husband are charged with armed robbery. (S3)
11.00 **American Dad!** 11/22. Steve and Snot plan a 'misfits' party. **11.30** 12/22. Stan overdoes things during a workout. (S12)
12.00 M'T **Family Guy** (S4)
1.00 AM **American Dad!** (S12)
2.00 **Brockmire** (S2)
3.00 **to 5.00** AM **Family Guy**

+1 hour 224 158

7 PM **8 PM** **9 PM** **10 PM**

E!

123 123 834 | 156 | 321 | 386

7.00 AM **News**
8.00 **Keeping Up with the Kardashians**
10.00 **Revenge Body with Khloe Kardashian**
11.00 **News: Daily Pop**
12.00 NOON **Botched**
1.00 PM **Keeping Up with the Kardashians**
3.00 **Rich Kids of Beverly Hills** Reality series.
4.00 **Total Bellas**
5.00 **Keeping Up with the Kardashians**
7.00 **News** Showbiz news.
8.00 **Very Cavallari** Kristin takes the team members to the beach.
9.00 **Botched**
10.00 **Total Bellas**
11.00 **Busy Tonight** **NEW EDITION**
11.30 **Dating: No Filter**
12.00 M'T **Botched**
1.00 AM **Ladygang**
2.00 **Teleshopping**
3.00 **Keeping Up with the Kardashians**
4.00 **to 5.00** AM **News**

Sky Arts

122 122 820 | 122 206

6.00 AM **Sounds of the Dolomites**
7.00 **A Tribute to Randy Newman**
9.00 **Tales of the Unexpected**
10.00 **Discovering**
12.00 NOON **The Barry White Story**
1.00 PM **Tales of the Unexpected**
2.00 **Ella Fitzgerald Sings**
3.00 **Great Art Walks**
4.00 **Portrait Artist 2019**
5.00 **Discovering**
7.00 **Classic Albums**
8.00 **Jefferson Airplane: Music Icons**
8.30 **The Police: Music Icons** **NEW EDITION**
9.00 **Brian Johnson's A Life on the Road** **NEW EDITION** Mark Knopfler.
10.00 **Dire Straits: Alchemy**
12.00 M'T **Brian Johnson's A Life on the Road**
1.00 AM **Teddy Pendergrass: If You Don't Know Me**
3.00 **The Barry White Story**
4.00 **to 6.00** AM **Discovering**

4seven

137 143 203 47 110 127

9.00 AM **Find It, Fix It, Flog It**
10.00 **Come Dine with Me**
12.00 NOON **A Place in the Sun: Winter Sun**
2.00 PM **Everybody Loves Raymond** (S7)
3.00 **Frasier** (S4)
5.00 **Ramsay's Hotel Hell**
7.00 **Escape to the Chateau: DIY** Ben and Billie host their foodie evening.
8.00 **Ugly House to Lovely House with George Clarke** Transforming a dark and dingy 1920s house in London.
9.00 **24 Hours in Police Custody** The work of Bedfordshire Police's Internet Child Abuse Investigation Team.
10.00 **Derry Girls** 3/6. (S2)
10.35 **The Great Celebrity Bake Off for Stand Up to Cancer** 3/5.
11.50 **Gogglebox**
2.00 AM **Mums Make Porn**
3.05 **Married at First Sight**
4.05 **to 5.05** AM **Cheers**

5USA

141/169 153 21 129

9.00 AM **CSI: NY** (S6)
10.25 **Longmire** (S4)
1.00 PM **Law & Order** (S9)
3.00 **Murder, She Wrote**
6.05 **Law & Order** (S9)
7.05 **Law & Order** *Ambitious:* 21/24. A sound-system installer is killed. (S9)
8.00 **NCIS** *Nonstop:* 14/24. The death of the petty officer brings the team back into contact with The Sherlocks. (S14)
9.00 **Perception** *Kilimanjaro:* 8/10. Pierce investigates the murder of a student in her dorm room. (S1)
10.00 **Law & Order: Special Victims Unit** *Crush:* 20/22. A teenager is hurt in a fall, but doctors find she is also suffering from injuries sustained in an attack. (S10)
10.55 **Law & Order: Special Victims Unit** (S8&10)
12.55 AM **CSI: NY** (S5)
3.50 **to 4.00** AM **Access**

+1 hour 241 185 57 130

5STAR

128 151 30 131

8.00 AM **8 Simple Rules**
8.25 **Dance Moms**
10.05 **Fresh Off the Boat**
11.05 **Last Man Standing**
12.00 NOON **Two and a Half Men** 18&19/24. (S1)
1.00 PM **3rd Rock from the Sun** 17&18/24. (S4)
2.00 **Will & Grace** (S1)
3.00 **Neighbours**
3.30 **Home and Away**
4.00 **My Wife and Kids**
5.00 **Fresh Off the Boat**
6.00 **Neighbours**
6.30 **Home and Away**
7.00 **Last Man Standing**
8.00 **FILM** **50 First Dates** Romantic comedy. (2004, 12, 99min) ★★★
10.00 **FILM** **Run All Night** Action thriller. (2015, 15, 114min) ★★★
12.15 AM **8 Simple Rules**
1.10 **My Wife and Kids**
2.05 **Two and a Half Men**
3.00 **Last Man Standing**
3.50 **to 4.00** AM **Access**

+1 hour 228 186 56

Drama

143 130 20 158

7.10 AM **Bergerac**
8.00 **Juliet Bravo**
9.00 **Pie in the Sky**
10.00 **Holby City**
11.00 **The Bill**
1.00 PM **Classic EastEnders**
2.15 **Bergerac**
3.20 **Lovejoy**
4.20 **Pie in the Sky**
5.20 **Birds of a Feather**
6.00 **Brush Strokes**
6.40 **Bread**
7.20 **Last of the Summer Wine** Foggy decides Compo and Clegg need to get fit.
8.00 **The Doctor Blake Mysteries** *Lucky Numbers:* 3/8. A lottery winner is kidnapped and held to ransom. (S4)
9.00 **Father Brown** *The Brewer's Daughter:* Sid falls for the heiress to a local brewery.
10.00 **New Tricks**
11.20 **Waking the Dead**
1.30 AM **Shetland**
2.45 **to 4.00** AM **The Bill**

FRIDAY Entertainment & Lifestyle

Friday

AMC

186 186 840 332 381

Programmes start at 1pm.

1.00 PM **FILM The Painted Veil** Romantic period drama. (2006, 12, 124min) ★★★★
3.20 **Grey's Anatomy** (S3)
4.10 **Halt and Catch Fire** (S1)
5.00 **FILM Radio** Fact-based period drama. (2004, PG, 109min) ★★
7.00 **Grey's Anatomy** (S3)
8.00 **Halt and Catch Fire** *1984:* 10/10. (S1)
9.00 **Ride with Norman Reedus** With Melissa McBride in Scotland.
9.55 **James Cameron's Story of Science Fiction** Double bill.
11.45 **Better Call Saul** (S1)
1.35 AM **Mad Men** (S7)
2.30 **Ride with Norman Reedus** As 9.00pm.
3.20 **Star Files**
3.35 **Grey's Anatomy** (S3)
4.25 **to 5.30** AM **Halt and Catch Fire**

CBS Drama

147 197 71 134

9.00 AM **Medium** (S7)
10.00 **ER** 19/22. (S6)
11.00 **The District** (S1)
12.00 NOON **Judge Judy**
1.00 PM **Bonanza** (S6)
3.00 **Diagnosis Murder** (S2)
4.00 **Judge Judy**
6.00 **The Love Boat** (S5)
7.00 **CSI: Miami** *Not Landing:* 21/24. A plane crash points to the existence of a drugs ring. (S2)
8.00 **Judge Judy**
9.00 **Medium** *The Match Game:* 2/13. Allison's attempt to play Cupid takes a dark turn. (S7)
10.00 **CSI: Miami** *Rap Sheet:* 22/24. Shots are fired at a rap concert. (S2)
11.00 **The Love Boat** (S5)
12.00 M'T **Judge Judy**
1.00 AM **ER** 20/22. (S6)
2.00 **Medium** As 9.00pm.
3.00 **CSI: Miami** As 10.00pm.
4.00 **The District** (S1)
5.00 **to 6.00** AM **Diagnosis Murder**

CBS Justice

148 192 39 137

9.00 AM **Diagnosis Murder**
11.00 **Father Dowling Mysteries** (S3)
12.00 NOON **Scorpion** (S2)
1.00 PM **JAG** 1/23. (S9)
2.00 **CSI: Miami** 18/24. (S2)
3.00 **NCIS** 6/23. (S1)
4.00 **NCIS: Los Angeles** (S2)
5.00 **Father Dowling Mysteries** (S3)
6.00 **Diagnosis Murder** (S3)
8.00 **Walker, Texas Ranger** *War Cry:* 25/26. A girl's death reveals a polluted water supply. (S5)
9.00 **NCIS** *Dead Air:* 5/24. The team investigates the deaths of a radio DJ and a naval officer. (S8)
10.00 **NCIS: Los Angeles** (S2)
11.00 **Scorpion** 10/25. (S2)
12.00 M'T **CSI: Miami** (S2)
12.55 AM **NCIS** As 9.00pm.
1.50 **JAG** 24/24. (S8)
2.45 **Bonanza** (S13)
3.40 **Walker, Texas Ranger**
4.25 **to 6.00** AM **Mission: Impossible**

CBS Reality

146 148 66 135

9.00 AM **Judge Judy**
10.00 **Airline**
11.00 **Bondi Rescue**
12.00 NOON **Medical Detectives**
1.00 PM **Judge Judy**
3.00 **Airline**
4.00 **Bondi Rescue**
5.00 **Judge Judy**
7.00 **Medical Detectives**
8.00 **Forensic Investigators** A mutilated body is identified by its tattoos.
9.00 **Ice Cold Killers** Murders committed in Alaska.
10.00 **It Takes a Killer NEW EDITIONS** Double bill.
11.00 **Wives with Knives**
12.00 M'T **Killer Cops**
1.00 AM **Ice Cold Killers**
2.00 **It Takes a Killer**
3.00 **I Survived**
3.45 **Celebrity Damage Control**
4.30 **Dog and Beth: On the Hunt**
5.10 **to 6.00** AM **Dog Patrol**

+1 hour 246 201 67 136

Challenge

145 139 46 146

6.00 AM **The Price Is Right**
7.00 **Bruce's Price Is Right**
9.00 **The Chase**
10.00 **Family Fortunes**
11.00 **Dale's Supermarket Sweep** Game show.
12.00 NOON **Wheel of Fortune** Game show.
1.00 PM **New Blockbusters**
1.30 **Catchphrase**
2.00 **Family Fortunes**
3.00 **The Chase**
4.00 **The Chase USA**
5.00 **Robot Wars Extreme**
6.00 **The Cube**
7.00 **Pointless** Quiz show.
8.00 **The Chase** Quiz show.
10.00 **Classic Who Wants to Be a Millionaire?**
11.00 **Bullseye**
12.00 M'T **The Chase**
3.00 AM **Celebrity Who Wants to Be a Millionaire?**
4.00 **Bullseye**
4.30 **to 6.00** AM **Deal or No Deal**

+1 hour 245 180 147

Comedy Central Extra

127 182 308

6.00 AM **Life in Pieces**
7.00 **Teleshopping**
9.00 **Friends**
11.00 **Queer Eye**
12.00 NOON **Impractical Jokers** Double bill.
2.00 PM **Wipeout USA**
3.00 **Takeshi's Castle**
4.00 **Queer Eye**
5.00 **Fresh Prince of Bel Air**
6.00 **Impractical Jokers: Inside Jokes**
7.00 **Playful Pups Make You Laugh Out Loud**
8.00 **The Office (US)** (S9)
9.00 **FILM Hellboy** Comic-book horror fantasy. (2004, 12, 122min) ★★★★
11.20 **South Park** (S1&10)
12.20 AM **FILM Bedazzled** Fantasy comedy. (2000, 12, 93min) ★★
2.15 **Ali G in Da USAiii**
3.50 **Impractical Jokers**
4.30 **Now That's Funny!**
5.15 **to 6.00** AM **Undateable**

+1 hour 227

Food Network

172 291 41 148

6.00 AM **Barefoot Contessa**
6.25 **Giada at Home**
7.15 **Guy's Big Bite**
8.05 **Farmhouse Rules**
9.00 **The Pioneer Woman**
11.00 **Ace of Cakes**
12.00 NOON **Cake Boss**
1.00 PM **Guy's Big Bite**
2.00 **Farmhouse Rules NEW EDITION**
2.30 **Farmhouse Rules**
3.00 **The Pioneer Woman**
5.00 **15 Minute Meals**
6.00 **Ministry of Food**
7.00 **The Pioneer Woman**
8.00 **Diners, Drive-Ins and Dives** Double bill.
9.00 **Jamie's Super Food**
10.00 **Diners, Drive-Ins and Dives** Double bill.
11.00 **Man Fire Food**
12.00 M'T **Diners, Drive-Ins and Dives** Double bill.
1.00 AM **Restaurant: Impossible**
2.00 **to 3.00** AM **Mystery Diners**

+1 hour 272 149

Good Food

133 133 827 278 279 313 388

6.10 AM **Perfect**
7.00 **MasterChef: The Professionals**
8.00 **Martin: Home Comforts**
9.00 **Gordon Ramsay's Ultimate Home Cooking NEW EDITION**
10.00 **The Hairy Bikers: Mums Know Best**
11.00 **Rick Stein's India**
12.00 NOON **Hairy Bikers' Best of British**
1.00 PM **MasterChef: Pros**
2.00 **Martin: Home Comforts**
3.00 **Ramsay's Ultimate Home Cooking**
4.00 **Rick Stein's India**
5.00 **Mums Know Best**
6.00 **Bikers' Best of British**
7.00 **Martin: Home Comforts**
8.00 **Ramsay's Ultimate Home Cooking**
9.00 **Rick Stein's India**
10.00 **MasterChef: The Pros**
11.00 **Michela's Tuscan Kitchen**
12.00 M'T **Home Comforts**
1.00 **to 6.00** AM **Highlights**

+1 hour 233 280

Lifetime

164 838 208 209 329 384

7.00 AM **Judge Judy**
8.00 **Police Patrol**
8.30 **Women on Patrol**
9.00 **Pawn Stars**
10.00 **Storage Wars**
11.00 **Judge Judy**
1.00 PM **Police Patrol**
1.30 **Women on Patrol**
2.00 **Masters of Flip**
3.00 **Judge Judy**
4.00 **Dance Moms**
5.00 **Police Patrol**
5.30 **Women on Patrol**
6.00 **Pawn Stars**
7.00 **Judge Judy**
9.00 **24 to Life NEW EDITION** Ali has some important news to break to her parents before she goes to jail.
10.00 **Escaping Polygamy** Mattie is caught breaking a cult's rules.
11.00 **Judge Judy**
12.00 M'T **Pawn Stars**
1.00 AM **Storage Wars**
2.00 **24 to Life** As 9.00pm.
3.00 **to 4.00** AM **Judge Judy**

Paramount Network

153 188 187 54

9.10 AM **Gilmore Girls**
11.05 **FILM Sex, Lies and Deception** Drama. (2018, PG, 105min) ★★
12.55 PM **FILM Lifetime of Lies** Mystery. (2016, PG, 105min) ★★
2.45 **FILM A Housekeeper's Revenge** Thriller. (2016, PG, 82min) ★★
4.25 **The Vanished Family: Aurora Teagarden Mystery 4** Mystery.
6.10 **FILM Kidnapping Lizzie: Nightmare Visions** Thriller. (2016, PG, 90min) ★★
8.00 **Grimm** 20/22. (S5)
9.00 **FILM Contact** Sci-fi. (1997, PG, 149min) ★★
11.55 **FILM Stephen King's Thinner** Thriller. (1996, 18, 92min) ★★
1.50 AM **The X-Files** (S3)
2.45 **Grimm** As 8.00pm.
3.30 **Arrow** (S1)
5.00 **Neighbours**
5.30 **to 6.00** AM **Home and Away**

Quest

144 144 866 172 217 37 167

6.00 AM **Total Fishing**
6.20 **Robson Green: Extreme Fisherman**
7.10 **Mega Shippers**
8.00 **Mighty Planes**
9.00 **Wheeler Dealers**
11.00 **Fantomworks**
12.00 NOON **Chasing Classic Cars**
1.00 PM **Aussie Gold Hunters**
2.00 **Railroad Alaska**
3.00 **Salvage Hunters**
5.00 **Mighty Planes**
6.00 **Wheeler Dealers**
7.00 **Aussie Gold Hunters**
8.00 **Salvage Hunters**
9.00 **Nasa's Unexplained**
10.00 **Codes and Conspiracies**
11.00 **How It's Made**
12.00 M'T **Wheeler Dealers**
1.00 AM **Fantomworks**
2.00 **Deadliest Drivers**
3.00 **Destroyed in Seconds**
4.00 **American Loggers**
5.00 **to 6.00** AM **Overhaulin'**

+1 hour 244 173 76 168

Quest Red

149 215 38 169

6.00 AM **Say Yes to the Dress**
6.25 **My Cat from Hell**
9.00 **Money for Nothing**
10.00 **Pit Bulls & Parolees**
11.00 **My 600lb Life**
12.00 NOON **Long Lost Family US**
1.00 PM **Money for Nothing**
2.00 **Say Yes to the Dress**
4.00 **Say Yes... Bridesmaids**
5.00 **Say Yes to the Dress**
6.00 **Salvage Hunters**
7.00 **Money for Nothing**
8.00 **My 600lb Life**
9.00 **Six Degrees of Murder NEW EDITION**
10.00 **Evil Lives Here NEW EDITION** Dennis Ryan.
11.00 **Copycat Killers**
12.00 M'T **Forensic Detectives**
1.00 AM **Couples Who Kill**
2.00 **Murder Comes to Town**
3.00 **FBI Files**
3.50 **Animal Cops Detroit**
4.40 **Bondi Vet**
5.30 **to 6.00** AM **Say Yes to the Dress**

+1 hour 249 84 170

Really

142 128 17 160

6.00 AM **Fantasy Homes by the Sea** In Margate.
7.00 **Teleshopping**
8.00 **Homes Under the Hammer** Double bill.
10.00 **Tipping Point**
12.00 NOON **Escape to the Country** Double bill.
2.00 PM **Fantasy Homes by the Sea** In Wales.
3.00 **Homes Under the Hammer**
4.00 **Most Haunted**
5.00 **Ghost Adventures**
6.00 **Antiques Road Trip**
7.00 **Celebrity Road Trip**
8.00 **Antiques Road Trip**
9.00 **NEW SERIES Ghost Adventures** Hotel Léger.
10.00 **Paranormal Investigators NEW EDITION**
11.00 **My Ghost Story**
12.00 M'T **Paranormal Witness: True Terror**
1.00 AM **Ghost Adventures**
2.00 **Teleshopping**
4.00 **to 6.00** AM **My Ghost Story: On Camera**

Sony Crime

157 193 40 143

7.00 AM **The Glades** (S1)
8.00 **CSI** 12&13/22. (S11)
10.00 **Fatal Attraction**
11.00 **Body of Evidence**
1.00 PM **True Crime with Aphrodite Jones**
2.00 **#Murder** Two teens who develop a romance over Myspace are shot.
3.00 **Bizarre Murders**
4.00 **Person of Interest** (S1)
5.00 **CSI** As 8.00am.
7.00 **Women on Death Row** Females facing the death penalty.
9.00 **Fatal Attraction** Family members frantically search for their relative when she fails to attend a Thanksgiving dinner.
10.00 **Black Widow Women** Women who seduce then murder men.
11.00 **Deadly Women**
12.00 M'T **Killer Kids**
2.00 **to 4.00** AM **Body of Evidence**

+1 hour 257 60

5SELECT

159 152 55 133

9.00 AM **Access**
9.10 **Benefits Britain**
10.00 **Nightmare Tenants, Slum Landlords**
11.00 **The Dog Rescuers**
12.00 NOON **Paddington Station 24/7**
1.00 PM **Chris Tarrant: Railway Journeys**
2.00 **GPs: Behind Closed Doors** Double bill.
4.00 **The Yorkshire Vet**
5.00 **The Dog Rescuers**
6.00 **GPs: Behind Closed Doors** Double bill.
8.00 **The Yorkshire Vet**
9.00 **World War II in Colour**
10.00 **Secrets of the Great Train Robbery**
11.00 **Secrets of Great British Castles**
12.00 M'T **Nightmare Tenants, Slum Landlords**
1.00 AM **Benefit House**
2.00 **Eamonn & Ruth: How the Other Half Lives**
3.00 **to 4.00** AM **Chris Tarrant: Extreme Railway Journeys**

5Spike

150 154 31 141

9.00 AM **Criminals: Caught on Camera**
9.30 **The Virginian: Men from Shiloh** (S2)
11.00 **Police Interceptors**
12.05 PM **FILM Seven Men from Now** Western. (1956, U, 77min) ★★★
1.45 **FILM The Alamo** Western drama. (1960, PG, 161min) ★★★
5.00 **The A-Team** (S1)
7.00 **Police Interceptors: The Fatal Four**
8.00 **Traffic Cops: On the Edge** A high-speed chase in Bradford.
9.00 **Red Arrows: Kings of the Sky**
10.00 **America's Toughest Prisons** Yukon Kuskokwim, Alaska.
11.00 **Impact Wrestling NEW EDITION**
1.00 AM **Idiot TV**
2.00 **to 3.00** AM **Under Attack**

+1 hour 250

True Crime

180 212 68 153

6.00 AM **Psychic Detectives**
10.00 **North Mission Road**
12.00 NOON **Suburban Secrets** Double bill.
1.00 PM **Bait Car**
3.00 **Trace Evidence: Case Files of Dr Henry Lee**
4.00 **The Investigators**
6.00 **Suburban Secrets**
7.00 **North Mission Road** Skeletal remains are discovered in a park.
7.30 A woman is killed by her husband.
8.00 A woman is suspected of killing her husband to access an insurance policy.
8.30 A skull is found in a shallow grave.
9.00 **Bait Car: San Francisco**
10.30 **Bait Car**
11.30 **Bait Car: LA**
12.00 M'T **Bait Car**
12.30 AM **Bait Car**
1.00 **to 3.00** AM **The Investigators**

+1 hour 280 69

TLC

140 140 831 167 168 323 377

6.00 AM **Say Yes... Canada**
7.00 **Say Yes to the Dress**
8.00 **Say Yes... Atlanta**
9.00 **Say Yes... UK**
10.00 **Counting On**
12.00 NOON **90 Day Fiancé**
2.00 PM **Beachfront Bargain Hunt**
3.00 **Lottery Dream Home**
4.00 **Say Yes... Canada**
5.00 **Say Yes to the Dress**
6.00 **Say Yes... Atlanta**
7.00 **Say Yes... UK**
8.00 **Say Yes to the Dress NEW EDITION**
9.00 **NEW SERIES Say Yes to the Dress: Lancashire**
10.00 **NEW Our Twinsane Wedding** Reality show.
11.00 **Dr Pimple Popper**
12.00 M'T **Say Yes to the Dress**
1.00 AM **Say Yes... Lancs**
2.00 **Our Twinsane Wedding**
3.00 **Dr Pimple Popper**
4.00 **Beachfront Bargain...**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 240 169

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125 125 822 250 251 322 376

6.00 AM **Fast N' Loud**
7.00 **Wheeler Dealers**
8.00 **Gold Rush**
9.00 **Gold Divers**
10.00 **Supertruckers**
11.00 **Wheeler Dealers**
12.00 NOON **Mighty Ships**
1.00 PM **Combat Dealers**
2.00 **The Last Alaskans**
3.00 **Wheeler Dealers**
4.00 **Gold Divers**
5.00 **Gold Rush**
6.00 **Fast N' Loud Revved Up** With boxer George Foreman.

3.00 Wheeler Dealers

7.00 Gold Rush Rick desperately tries to get the last 27 ounces he needs to hit his target. Meanwhile, Tony discovers his dredge is short by 30 buckets.

9.00 Combat Dealers Bruce sees an opportunity to offload a German 88mm anti-tank weapon that was used in the battle.

10.00 Mighty Planes The *Martin Mars* 'water bomber', the world's largest seaplane, which is used to combat wildfires.

11.00 **Mighty Ships** A ship that mines the seabed for gems.
12.00 M'T **Combat Dealers** As 9pm.
1.00 AM **Supertruckers**
2.00 **Mighty Planes** As 10.00pm.
3.00 **Combat Dealers** As 9.00pm.
3.50 **Gold Divers**
4.40 **Gold Rush**
5.30 **to 6.00** AM **How It's Made**

+1 hour 225 252

Animal Planet

162 162 836 256 257 325 378

6.00 AM **Crocodile Hunter**
7.00 **Amanda to the Rescue**
8.00 **India's Monkey Man Monster: Expedition Mungo**
9.00 **Africa's Trees of Life**
10.00 **Crocodile Hunter**
11.00 **Animal Cops Houston**
12.00 NOON **Pit Bulls & Parolees**
1.00 PM **Alaska: The Last Frontier**
2.00 **Animal Cops Houston**
3.00 **Big Cat Tales**
4.00 **Crocodile Hunter**
6.00 **Killer Whales** Examining killer whales' feeding behaviour.

8.00 Lone Star Law

7.00 Pit Bulls & Parolees NEW EDITION M2 and Kanani do something special for the dog that saved their lives.

8.00 Lone Star Law NEW EDITION The game wardens handle a speeding jet-ski rider, and a rowdy raccoon.

9.00 The Lion Queen The work of Andi Rive, who abandoned her city life to run a lion sanctuary in South Africa.

10.00 Animal Cops Houston Investigators rescue a 25-year-old chimpanzee living alone in a cage at his owner's house.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Pit Bulls & Parolees**
1.00 AM **Lone Star Law** As 8pm.
2.00 **Untamed China**
3.00 **Alaska: The Last Frontier**
3.50 **Monsters Inside Me**
4.40 **Dark Days in Monkey City**
5.10 **to 6.00** AM **Insane Pools: Off the Deep End**

+1 hour 262 258

Nat Geographic

129 129 824 266 268 317 373

8.00 AM **WW2 Hell Under the Sea** The Cuban missile crisis.
9.00 **Nazi Megastructures**
10.00 **Nazi Megastructures: America's War**
11.00 **King Tut's Treasure Secrets**
12.00 NOON **Mystery Files**
1.00 PM **Drain the Oceans** Evidence of underwater cities.
2.00 **Primal Survivor** Hazen treks through the Himalayas.
3.00 **Car SOS** Triple bill.
6.00 **Air Crash Investigation** A plane that crashed during a top-secret mission.

8.00 Fiennes: Return to the...

7.00 Air Crash Investigation Jets are sent to investigate an unresponsive plane, but it seems there is no one conscious on board.

8.00 Fiennes: Return to the Nile Ranulph and Joseph Fiennes prepare to make an expedition along the River Nile.

9.00 Fiennes: Return to the Nile The duo take a ferry to Luxor, where they are introduced to an ancient martial art.

10.00 Fiennes: Return to the Nile Joe skirts the crocodile infested waters of Lake Nasser before heading to the border.

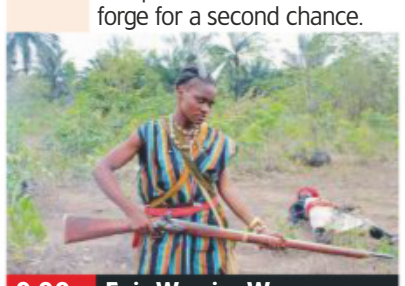
11.00 **Air Crash Investigation** A plane that crashed into a mountain with a Brazilian football team on board.
12.00 M'T **Banged Up Abroad**
1.00 AM **Banged Up Abroad**
2.00 **Wicked Tuna**
3.00 **Mine Kings**
4.00 **to 5.00** AM **Yukon Gold**

+1 hour 229 267

History

130 130 825 270 327 379

6.00 AM **American Pickers**
8.00 **Pawn Stars**
10.00 **Heavy Lifting**
11.00 **Mountain Men**
12.00 NOON **Forged in Fire**
1.00 PM **American Pickers**
2.00 **Pawn Stars**
3.00 **Storage Wars** Four editions.
5.00 **Forged in Fire** The competitors are tasked with turning salvaged junkyard steel into a weapon. **6.00** Four previous competitors return to the forge for a second chance.



9.00 Epic Warrior Women

7.00 American Pickers Mike and Frank are picking in California when Mike falls for the sweetest Ford pick-up he has ever seen.

8.00 Pawn Stars NEW EDITION Rick gets a chance to buy work by famous American artist James Whistler.

9.00 Epic Warrior Women NEW EDITION The all-female Agooji regiments, terrifying elite force of the Kingdom of Dahomey.

10.00 Cleopatra Dramatised documentary revealing the truth behind the myth of the iconic Egyptian ruler.

11.00 **Ancient Aliens** An ancient repository of knowledge known as the Akashic Record.
12.00 M'T **River Hunters**
1.00 AM **Pawn Stars**
1.30 **Pawn Stars**
2.00 **Forged in Fire**
3.00 **Pawn Stars** As 8.00pm.
4.00 **to 6.00** AM **Storage Wars**

+1 hour 230 271

Yesterday

155 129 19 159

6.00 AM **Ancient Black Ops**
8.00 **Time Team**
10.00 **Secrets of the Bible**
11.00 **World War Weird**
12.00 NOON **Time Team**
2.00 PM **Planet Earth**
3.00 **Operation Grand Canyon with Dan Snow** Recreating a pioneering expedition.
4.00 **Secrets of the Bible**
5.00 **World War Weird** An alternative explanation for the Roswell UFO sighting.
6.00 **Nazi Hunters** The search for Nazi war criminals.

8.00 Deep Wreck Mysteries

7.00 Impossible Engineering A colossal American football stadium in Texas, that features the world's largest retractable roof.

8.00 Deep Wreck Mysteries The search for traces of British warship *Curacoa*, which collided with the troop carrier *Queen Mary*.

9.00 The True Story of the Mary Celeste Experts use CGI and fresh evidence in a bid to solve the mystery of the ship.

10.00 Narrow Escapes of World War Two The story of Major General Robert Laycock and his escape from Crete.

11.00 **Secrets of the Bible** A man who believes he has solved the mystery of the Holy Grail, one of the most famous lost religious relics of all time.
12.00 M'T **World War Weird** As shown at 5.00pm.
1.00 **to 3.00** AM **Ancient Black Ops**

+1 hour 255 200

7 PM **8 PM** **9 PM** **10 PM**

Friday

Disc. History

171 262

6.00 AM **Classic British Aircraft** The Trident.
7.00 **Central Steam**
9.00 **Frontline Battle Machines with Mike Brewer**
10.00 **Battlefield**
12.00 NOON **Classic British Aircraft**
1.00 PM **Central Steam**
3.00 **Frontline Battle Machines with Mike Brewer**
4.00 **Battlefield**
6.00 **World War II in Colour**
7.00 **Cold War Armageddon**
8.00 **Bullet Points**
9.00 **Two Weeks in Hell**
11.00 **World War II in Colour**
12.00 M'T **World War Two: The Complete History**
1.00 AM **Bullet Points**
2.00 **Battlefield**
4.00 **Frontline Battle Machines with Brewer**
5.00 **to 6.00** AM **World War II in Colour**

+1 hour 271 263

Eden

166 245 247 315 389

9.00 AM **NEW SERIES Collar of Duty**
10.00 **Animal Homes**
11.00 **Life in the Undergrowth**
12.00 NOON **Russia From Above SERIES FINALE**
1.00 PM **Collar of Duty**
2.00 **Animal Homes**
3.00 **The Brain with David Eagleman**
4.00 **Collar of Duty**
5.00 **Animal Homes**
6.00 **Life in the Undergrowth**
7.00 **Russia From Above**
8.00 **The Brain with David Eagleman**
9.00 **Angry Planet**
10.00 **Life in the Undergrowth**
11.00 **Russia From Above**
12.00 M'T **Angry Planet**
1.00 AM **The Brain...**
2.00 **Animal Homes**
3.00 **Collar of Duty**
3.50 **Angry Planet**
4.40 **The Brain...**
5.30 **to 6.00** AM **Angry Planet**

+1 hour 266 246

WILD

165 165 839 264 265 318 374

8.00 AM **Wild Congo**
9.00 **Wild Amazon**
11.00 **The Flood**
1.00 PM **Amur: Asia's Amazon**
4.00 **Storm Cats**
5.00 **The Flood**
7.00 **Sea of Hope: America's Underwater Treasure** Footage of wildlife along America's coast.
8.00 **Shark Vs Tuna** Footage of sharks hunting tuna, revealing the tactics used to catch fish that are much larger and faster than they are.
9.00 **Shark Vs Predator** Rare footage of sharks being attacked and eaten by other animals.
10.00 **700 Sharks** Scientists film the feeding frenzy of a pack of sharks.
11.00 **Wild Nile**
12.00 M'T **Wild Nile**
2.00 AM **The Flood**
4.00 **to 5.00** AM **Amur: Asia's Amazon**

History 2

163 273 274 330 390

8.00 AM **Cities of the Underworld**
10.00 **America's Book of Secrets**
11.00 **UFO Files**
12.00 NOON **Ancient Aliens**
2.00 PM **Ancient Discoveries**
3.00 **Cities of the Underworld**
5.00 **Hunting Hitler**
6.00 **UFO Files**
7.00 **Ancient Aliens**
9.00 **True Monsters** The surprising truths behind history's most mythic cannibals and killers.
10.00 **Monsterquest** Investigating a 'dogman' creature spotted by eyewitnesses in Wisconsin and Michigan.
11.00 **Cities of the Underworld**
12.00 M'T **UFO Files**
1.00 AM **Ancient Aliens**
3.00 **Ancient Discoveries**
4.00 **to 5.00** AM **Hunting Hitler**

PBS America

160 276 94 155

8.00 AM **Men at Lunch**
9.15 **Wild Tanzania**
10.20 **Africa's Great Civilisations**
11.35 **Men at Lunch**
12.50 PM **Timewatch: Caesar's Greatest Battle** Battle of Alesia.
2.00 **Wild Tanzania**
3.10 **Africa's Great Civilisations**
4.20 **Men at Lunch**
5.35 **Timewatch: Caesar's Greatest Battle**
6.50 **Wild Tanzania**
7.55 **Who Killed Stalin?**
9.00 **NEW Black Watch Snipers** The experiences of a Canadian regiment during World War Two.
10.25 **Who Killed Stalin?** The circumstances surrounding the Soviet dictator's death.
11.30 **Black Watch Snipers**
1.00 **to 2.00** AM **Wild Tanzania**

CI

156 156 835 223 222 328 380

6.00 AM **Killer In Plain Sight**
7.00 **The First 48**
8.00 **Homicide Hunter**
10.00 **Unusual Suspects**
11.00 **Killing Spree**
12.00 NOON **Crimes That Shook Australia**
1.00 PM **Crimes That Shook Britain**
2.00 **Nightmare in Suburbia**
3.00 **Homicide Hunter**
4.00 **Unusual Suspects**
5.00 **Killing Spree**
6.00 **Killer In Plain Sight**
7.00 **The First 48**
8.00 **Police Patrol**
9.00 **Toughest Prisons**
10.00 **PD Cam NEW EDITIONS**
11.00 **Homicide Hunter**
12.00 M'T **Darkest Taboos**
1.00 AM **Nightmare in Suburbia**
2.00 **PD Cam**
3.00 **Crimes That Shook Britain**
4.00 **to 6.00** AM **Highlights**

+1 hour 256 224

SKY HD SD | VIRGIN HD | FREEVIEW HD | FREESAT HD | BT HD

FRIDAY Films

Friday

Sky Premiere

301 301 842 431 401 501

6.00 AM **Blue Iguana** As 4.25pm.
7.50 **Uncle John** Crime drama. (2015, 15, 113min) ★★★★
10.00 **Danger One** As 6.15pm.
11.50 **Serenity: Special**
12.20 PM **PREMIERE Tag** As 8pm.
2.10 **Deadpool 2** As 9.45pm.
4.25 **Blue Iguana** Romantic comedy with Sam Rockwell. (2018, 15, 100min) ★★★
6.15 **Danger One** Comedy starring Tom Everett Scott and James Jurdi. (2018, 15, 101min) ★★

8.00 Tag

8 PM

8.00 **PREMIERE Tag** Comedy starring Jeremy Renner. A group of former classmates organise an elaborate game of tag. (2018, 15, 100min) ★★★ *See review, page 19*
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

9.45 **Deadpool 2** Action comedy starring Ryan Reynolds and Josh Brolin. The anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

11 PM

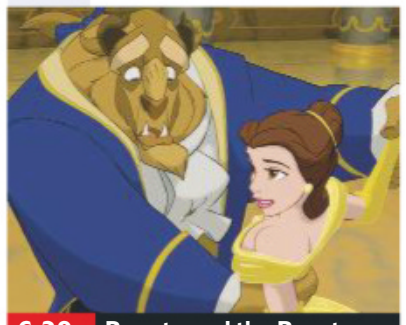
12.00 M'T **Mandy** Fantasy horror. (2018, 18, 121min) ★★★★
2.05 AM **Josie** Drama. (2018, 15, 100min) ★★
3.40 **Kills on Wheels** Comedy. (2016, 15, 103min) ★★★★
5.30 **to 6.00** AM **Black Panther: Special** Film preview.

+1 hour 312 402

Sky Disney

304 304 845 435 405 503

6.55 AM **Tinker Bell and The Pirate Fairy** As 3.10pm.
8.25 **Beauty and the Beast**
10.05 **Beauty and the Beast: Belle's Magical World**
11.45 **Cool Runnings** As 8.00pm.
1.30 PM **Beauty and the Beast: Belle's Magical World** (1997)
3.10 **Tinker Bell and The Pirate Fairy** (2014, U) ★★★
4.40 **The Hunchback of Notre Dame** (1996, U) ★★★
6.20 **Beauty and the Beast** (1991)



6.20 Beauty and the Beast

8.00 **Cool Runnings** Fact-based comedy starring John Candy as a bobsled coach who trains four Jamaicans to compete in the 1988 Winter Olympics in Calgary. (1993, PG, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

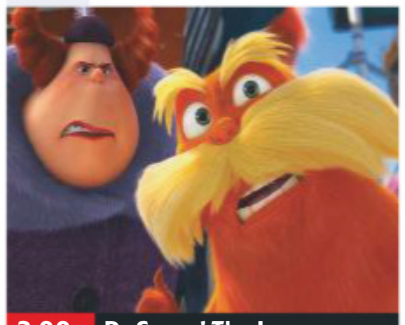
9.45 **Invincible** Fact-based drama starring Mark Wahlberg, Greg Kinnear and Elizabeth Banks. (2006, PG, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **The Black Hole** Sci-fi starring Maximilian Schell. (1979, PG, 97min) ★★★
1.20 AM **Night Crossing** Fact-based Cold War adventure starring John Hurt. (1982, PG, 106min) ★★
3.15 **Basil the Great Mouse Detective** Cartoon adventure. (1986, U, 75min) ★★★
4.40 **to 6.25** AM **Million Dollar Duck** Fantasy comedy. (1971, U, 92min) ★★

Sky Family

305 305 846 436 406 505

6.20 AM **Dr Seuss' The Lorax** As shown at 3.00pm.
7.50 **Ferdinand** As 4.30pm.
9.40 **The Count of Monte Cristo** As shown at 8.00pm.
11.55 **Space Jam** As 11.55pm.
1.30 PM **Horton Hears a Who!** Animation. (2008, U) ★★★
3.00 **Dr Seuss' The Lorax** Animation. (2012, U) ★★★
4.30 **Ferdinand** (2017, U) ★★★
6.20 **Patrick** Comedy with Ed Skrein. (2018, PG, 94min) ★★★



3.00 Dr Seuss' The Lorax

8.00 **The Count of Monte Cristo** Adventure based on Alexandre Dumas' classic tale about an unjustly imprisoned sailor who seeks revenge on those who caused his downfall. Stars Jim Caviezel. (2001, PG, 131min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

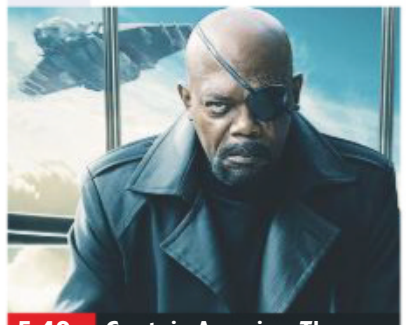
10.15 **The Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Space Jam** Live-action and animated comedy with Michael Jordan. (1996, U, 87min) ★★★
1.25 AM **Home Alone 2: Lost in New York** Sequel to the hugely popular comedy. (1992, PG, 120min) ★★
3.30 **Horton Hears a Who!** As shown at 1.30pm.
5.00 **to 6.00** AM **Lego DC Comics Super Heroes: Justice League vs Bizarro League**

Sky Action

306 306 847 437 407 502

6.45 AM **The Next Karate Kid** Drama. (1994, PG) ★★
8.45 **Superman Returns** Adventure. (2006, 12) ★★★
11.20 **Walking Tall** Drama remake. (2004, 15, 87min) ★★
12.50 PM **Robin Hood** Adventure. (2010, 12, 140min) ★★★
3.20 **The Bourne Legacy** Thriller. (2012, 12, 129min) ★★★
5.40 **Captain America: The Winter Soldier** Thriller sequel. (2014, 12, 136min) ★★★★



5.40 Captain America: The...

8.00 **Jurassic World: Fallen Kingdom** Sci-fi sequel starring Chris Pratt and Bryce Dallas Howard. While trying to protect genetically engineered dinosaurs, Owen Grady and Claire Dearing uncover a conspiracy. (2018, 12, 128min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

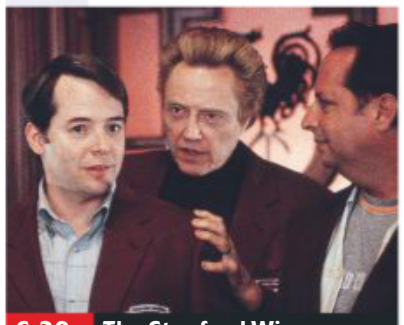
10.15 **Maze Runner: The Death Cure** Final part of the sci-fi saga starring Dylan O'Brien. A group of young people try to save their friends who are being held captive. (2018, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **300** Epic adventure. (2006, 15, 116min) ★★★★
2.45 **Braven** Action thriller. (2018, 15, 94min) ★★★
4.30 **to 7.00** AM **The Mask of Zorro** Epic adventure. (1998, PG, 137min) ★★★★

Sky Comedy

307 307 848 438 408 506

7.10 AM **The Object of My Affection** (1998) ★★★
9.10 **Roxanne** Romantic comedy. (1987, PG, 102min) ★★★★
11.05 **Norbit** Comedy. (2007) ★★
12.55 PM **The Top Ten Show 2018**
1.10 **The House** As 8.00pm.
2.50 **Napoleon Dynamite** Comedy. (2004, PG, 95min) ★★★★
4.30 **Made of Honour** Comedy. (2008, 12, 97min) ★★
6.20 **The Stepford Wives** Comedy. (2004, 12, 93min) ★



6.20 The Stepford Wives

8.00 **The House** Comedy with Will Ferrell and Amy Poehler. A couple set up an illegal casino when their daughter's scholarship falls through. (2017, 15, 88min) ★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.35 **Think Like a Man** Comedy drama with Michael Ealy and Taraji P Henson. Four women use a self-help book to learn how to control their boyfriends. (2012, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Think Like a Man Too** Comedy sequel starring Kevin Hart and Regina Hall. (2014, 12, 103min) ★★
1.40 AM **Hot Tub Time Machine** Sci-fi comedy starring John Cusack and Clark Duke. (2010, 15, 94min) ★★
3.25 **Role Models** Comedy starring Seann William Scott. (2008, 15, 96min) ★★★★
5.10 **to 6.55** AM **Clue** Murder mystery. (1985, PG, 90min) ★

Sky Hits

302 302 843 433 403

6.00 AM **Mary Magdalene** Drama. (2018, 12, 120min) ★★
8.10 **Murder on the Orient Express** As shown at 7.00pm.
10.10 **Solo: A Star Wars Story** As shown at 9.00pm.
12.40 PM **Baby Driver** As 11.20pm.
2.40 **Hostiles** Western drama. (2017, 15, 130min) ★★★★
5.05 **Gifted** Drama with Chris Evans. (2017, 12, 101min) ★★★★

Sky 5 Star Movies

303 303 844 434 404 508

7.15 AM **Schindler's List** As 8.00pm.
10.30 **The Sixth Sense** As 11.15pm.
12.30 PM **Breakfast at Tiffany's** Romantic comedy. (1961, PG, 106min) ★★★★★
2.30 **The Color Purple** Steven Spielberg's poignant drama. (1985, 15, 152min) ★★★★
5.05 **The Great Escape** Adventure starring Steve McQueen. (1963, PG, 166min) ★★★★★

TCM

315 315 854 415 416 512

6.00 AM **Hollywood's Best Film Directors** Double bill.
7.00 **Man of the West** (1958) ★★
9.00 **Ocean's 11** Caper comedy. (1960, PG, 122min) ★★★
11.40 **Four Guns to the Border** Western. (1954, U, 85min) ★★
1.30 PM **Top Gun** Western. (1955, b/w, U, 90min) ★★
3.10 **Heaven with a Gun** Western. (1969, 18, 96min) ★★

Talking Pictures

328 445 81 306

6.00 AM **Stranger in Town** (1957) ★★
7.30 **Johnny Ringo**
8.00 **Be My Guest** (1964) ★★
9.40 **Dangerous Cargo** (1954) ★
11.00 **Meet Me Tonight** (1952) ★★
12.40 PM **Cover Girl Killer** (1959) ★★
2.00 **The Edgar Wallace Mystery Theatre**
3.10 **London Docks and The River Thames 1950 – Glimpses**
3.20 **The Good Die Young** (1954)

Horror

317 149 70 138

8.00 AM **Land of the Giants**
9.00 **Star Trek: Deep Space Nine**
10.00 **Star Trek** 24/26. (S2)
11.00 **Icetastrophe** Sci-fi disaster movie. (2014, PG, 86min) ★★
1.00 PM **Age of Ice** Disaster movie. (2014, 15, 85min) ★★
2.35 **Tales from the Darkside**
3.00 **Andromeda** Sci-fi drama.
4.00 **Independents' Day** Sci-fi. (2016, 15, 91min) ★★

primetime

7.00 **Murder on the Orient Express** Mystery with Kenneth Branagh. When a murder occurs on the train he is travelling on, celebrated detective Hercule Poirot is recruited to solve the case. (2017, 12, 104min) ★★★
9.00 **Solo: A Star Wars Story** Sci-fi prequel starring Alden Ehrenreich. A headstrong pilot gets mixed up with a bunch of mercenaries while attempting to appease a crime lord. (2018, 12, 135min) ★★★★
11.20 **Baby Driver** Action thriller. (2017, 15, 112min) ★★★★
1.25 AM **Mom and Dad** Horror. (2017, 15, 86min) ★★★★
3.00 **Jungle** Fact-based adventure. (2017, 15, 115min) ★★★
5.00 **to 6.00** AM **Lego DC Super Hero Girls: Super-Villain High**

8.00 **Schindler's List** Steven Spielberg's fact-based Oscar-winning drama, starring Liam Neeson and Ben Kingsley. A German businessman employs Jews in his factory to save them from the Holocaust. (1993, 15, 195min) ★★★★★
11.15 **The Sixth Sense** M Night Shyamalan's supernatural thriller, with Bruce Willis, Haley Joel Osment and Toni Collette. (1999, 15, 108min) ★★★★★
1.05 AM **The Conversation** Thriller starring Gene Hackman. (1974, 12, 113min) ★★★★★
3.00 **The Man Who Shot Liberty Valance** John Ford's Western, with James Stewart. (1962, b/w, U, 122min) ★★★★★
5.05 **to 6.00** AM **Breakfast at Tiffany's** As 12.30pm.

5.15 **Cool Hand Luke** Prison drama. (1967, 15, 126min) ★★★★★
7.50 **The Man from Galveston** Western starring Jeffrey Hunter and James Coburn. (1963, b/w, U, 57min) ★★
9.00 **The Glimmer Man** Thriller with Steven Seagal. A New York detective travels to Los Angeles to investigate a series of ritual killings, but ends up as the main suspect. (1996, 18, 91min) ★
10.55 **Pale Rider** Western directed by and starring Clint Eastwood. (1985, 15, 115min) ★★★
1.20 AM **What Ever Happened to Baby Jane?** Drama. (1962, b/w, 12, 132min) ★★★★★
4.00 **to 6.00** AM **Hollywood's Best Film Directors** Four editions.

+1 hour 316 417

5.25 **Glimpses: All the Fun at the Fair** Footage of a fairground.
5.30 **Robin's Nest** Sitcom.
6.00 **Charley Moon** Musical starring Max Bygraves and Dennis Price. A music hall comedian returns to his home town to join a travelling circus and marry his childhood sweetheart. (1956, U, 92min) ★★
8.00 **Dick Powell Theatre**
9.00 **Callan** The assassin must break a KGB agent out of prison.
10.00 **Cabaret** Multi-Oscar-winning musical starring Liza Minnelli. (1972, 15, 128min) ★★★★★
12.30 AM **The Day After** Apocalyptic drama starring Jason Robards. (1983, 12, 122min) ★★★
3.10 **to 5.00** AM **The Swimmer** Drama starring Burt Lancaster. (1967, PG, 94min) ★★★★★

6.00 **Star Trek** 25/25. (S2)
7.00 **Star Trek: Deep Space Nine**
8.00 **Sliders** 7/22. Colin and Maggie become addicted to drugs. (S4)
9.00 **PREMIERE Road Games** Thriller with Andrew Simpson and Josephine de La Baume. Two hitch-hikers are picked up by a mysterious motorist, only to discover he is a serial killer. (2015, 15, 91min) ★★
10.55 **Outpost** Zombie horror with Ray Stevenson and Julian Wadham. (2008, 18, 86min) ★★★
12.45 AM **Eden Lake** British horror thriller starring Kelly Reilly. (2008, 18, 91min) ★★
2.35 **Kiss of the Vampire** Horror. (1962, 15, 88min) ★★
4.20 **to 4.30** AM **Horror Highlights**

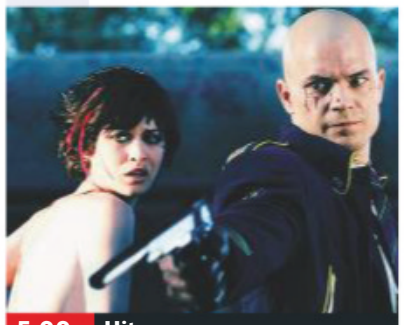
+1 hour 318 202 139

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Thriller

308 308 849 | 439 409 | 509

6.25 AM **Spinning Man** Thriller. (2018, 15, 100min) ★★★
8.20 **Ocean's Eleven** Thriller. (2001, 12, 116min) ★★★★
10.30 **Ocean's Twelve** Thriller. (2004, 12, 125min) ★★★★
12.40 PM **Ocean's Thirteen** Thriller. (2007, PG, 122min) ★★★
2.45 **The Prestige** Mystery thriller. (2006, 12, 130min) ★★★★
5.00 **Hitman** Thriller. (2007) ★★
6.50 **Déjà Vu** Sci-fi thriller. (2006, 12, 126min) ★★★★



5.00 Hitman

Déjà Vu (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Three Billboards Outside Ebbing, Missouri Crime drama starring Frances McDormand and Sam Rockwell. A woman pressures the police into continuing the investigation into her daughter's murder. (2017, 15, 115min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **All the Money in the World** Drama with Michelle Williams and Christopher Plummer. (2017, 15, 132min) ★★★★
1.15 AM **Armored** Crime thriller with Matt Dillon and Jean Reno. (2009, 12, 88min) ★★★
2.55 **Shot Caller** Crime drama starring Jon Bernthal. (2017, 15, 121min) ★★★
5.05 **to 6.50** AM **Deep Family Secrets** Thriller with Richard Crenna. (1997, PG, 89min) ★★

Sky Drama

309 309 850 | 440 410 | 511

6.00 AM **The Delinquent Season** Drama. (2017, 15) ★★★★
7.50 **Julie & Julia** Comedy. (2009, 12, 123min) ★★★★
10.00 **Rules Don't Apply** Comedy. (2016, 12, 127min) ★★★★
12.10 PM **Life Itself** As 8.00pm.
2.10 **Breaking Brooklyn** (2018) ★★
4.00 **Antwone Fisher** Drama. (2002, 15, 120min) ★★★
6.05 **Professor Marston and the Wonder Women** Biopic. (2017, 15, 108min) ★★★★

6.05 Professor Marston and...

8.00 **Life Itself** Drama starring Oscar Isaac and Olivia Wilde. Two New Yorkers marry and prepare for parenthood, while their fate is intertwined with a group of people in Spain. (2018, 15, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The 15:17 to Paris** Clint Eastwood's thriller starring Alek Skarlatos. (2018, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Flight** Drama with Denzel Washington, Don Cheadle and John Goodman. (2012, 15, 138min) ★★★★
2.10 AM **Katie Says Goodbye** Drama starring Olivia Cooke, Mary Steenburgen and Mireille Enos. (2016, 15, 88min) ★★★
3.45 **to 6.20** AM **Empire of the Sun** World War Two drama starring Christian Bale. (1987, PG, 152min) ★★★★

Sky Sci-Fi/Horror

310 310 851 | 441 411 | 507

6.00 AM **The Day the Earth Stood Still** Thriller. (2008, 12) ★★
7.50 **King Arthur: Legend of the Sword** Fantasy. (2017) ★★★
10.00 **The Mummy** Thriller. (2017, 15, 105min) ★★
12.00 NOON **The First Purge**
1.40 PM **Rampage** As 9.00pm.
3.30 **Predator** As 11.00pm.
5.20 **Predator 2** Sci-fi sequel. (1990, 15, 107min) ★★★
7.15 **The First Purge** Horror. (2018, 15, 98min) ★★

9.00 Rampage

The First Purge (film started at 7.15pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Rampage** Fantasy adventure starring Dwayne Johnson and Naomie Harris. When three animals become infected with a pathogen, a primatologist and a geneticist try to stop them from destroying Chicago. (2018, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Predator** Sci-fi with Arnold Schwarzenegger. Soldiers on a mission in a Central American jungle are stalked by an invisible alien hunter in search of human prey. (1987, 18, 107min) ★★★★
1.00 AM **Predator 2** As 5.20pm.
2.55 **The Exorcism of Emily Rose** Horror starring Tom Wilkinson. (2005, 15, 119min) ★★
5.00 **to 6.00** AM **Sky Cinema Preview** Forthcoming films.

Sky Select

311 311 852 | 442 412 | 510

6.25 AM **The Wound** Drama. (2017, 15, 88min) ★★★
8.00 **Hanna** Action thriller. (2011, 12, 111min) ★★★★
9.55 **Western** Drama. (2017) ★★
12.00 NOON **Tootsie** Comedy. (1982, 15, 116min) ★★★★
2.00 PM **Singin' in the Rain** Musical. (1952, U, 102min) ★★★★★
3.50 **Mad to Be Normal** Biopic. (2016, 15, 106min) ★★★
5.45 **Tombstone** Western. (1993, 15, 129min) ★★★★

3.50 Mad to Be Normal

8.00 **Darkest Hour** Period drama starring Gary Oldman. British Prime Minister Winston Churchill seeks to rally the nation against Germany's advance across Western Europe. (2017, PG, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

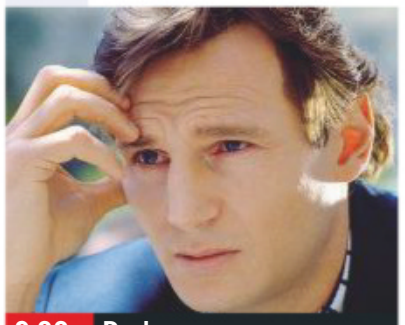
10.10 **Unsane** Horror starring Claire Foy and Joshua Leonard. (2018, 15, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Snatch** Guy Ritchie's comedy drama starring Jason Statham and Brad Pitt. (2000, 18, 102min) ★★
1.45 AM **The Exorcist** Supernatural horror starring Linda Blair. (1973, 18, 121min) ★★★★
3.55 **Pawno** Australian comedy drama with John Brumpton. (2015, 18, 83min) ★★★
5.30 **to 7.15** AM **Brigsby Bear** Drama starring Kyle Mooney. (2017, 15, 97min) ★★★★

Film4

313 313 853 | 428 429 | 15 | 300

■ **Films start at 11.00am**
11.00 AM **Support Your Local Gunfighter** Western spoof. (1971, U, 92min) ★★★
12.50 PM **The Tin Star** Western. (1957, b/w, U, 93min) ★★★★
2.45 **The 39 Steps** Adventure. (1959, U, 93min) ★★★
4.40 **The Last Frontier** Western. (1955, PG, 97min) ★★
6.40 **Men in Black 3** Sci-fi comedy sequel with Will Smith. (2012, PG, 105min) ★★★★



9.00 Darkman

Men in Black 3 (film started at 6.40pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Darkman** Fantasy thriller starring Liam Neeson as a disfigured scientist who begins a new life as shadowy superhero Darkman. With Frances McDormand. (1990, 18, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10.50 **Everly** Action thriller starring Salma Hayek. A woman forced into prostitution by a criminal overlord fights back against her oppressor. (2014, 18, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10 PM

12.30 AM **Shut In** Horror thriller. (2015, 15, 90min) ★★★
2.15 **to 4.00** AM **Underworld: Awakening** Action horror. sequel. (2012, 18, 88min) ★★

11 PM

+1 hour 314 430 45 301

True Movies

319 424 62 303

6.00 AM **Little House on the Prairie**
7.00 **Magic Moments** (1989) ★★
9.00 **The Engagement Ring** Comedy. (2005, PG, 89min) ★★★
11.00 **At the Midnight Hour** Thriller. (1995, PG, 90min) ★★
1.00 PM **Little House on the Prairie**
3.00 **Resting Place** Drama. (1986, PG, 96min) ★★★★
5.00 **House of Secrets** Mystery drama. (2014, PG, 84min) ★★

7.00 **Fatal Acquittal** Thriller starring Joely Fisher and Denise Richards. A woman is tried for murdering her husband and found not guilty, so sets out to discover the identity of the real killer. (2014, PG, 115min) ★★
9.00 **To End All Wars** World War Two drama about the Allied prisoners of war who were conscripted by their Japanese captors to build the infamous Death Railway in Burma. Stars Robert Carlyle and Kiefer Sutherland. (2002, 15, 112min) ★★★★
11.20 **The Hazing Secret** Mystery thriller. (2014, 15, 100min) ★★
1.00 AM **The Waltons**
3.00 **to 5.00** AM **Little House on the Prairie** Triple bill.

+1 hour 320 303 304

Sony Movies

321 425 32 302

9.00 AM **Time of Death** Thriller. (2013, PG, 110min) ★★
10.55 **Voices** Supernatural drama. (2008, PG, 89min) ★★
12.50 PM **Sony Movie News Extra**
1.00 **Collision Course** Action thriller. (2012, PG, 90min) ★★
2.55 **Deadly Voltage** Adventure. (2015, PG, 84min) ★★
4.45 **Sub-Zero** Action adventure. (2004, 15, 90min) ★★

6.40 **Sony Movie News Extra**
6.50 **After Earth** Sci-fi adventure starring Will and Jaden Smith. (2013, 12, 98min) ★★
9.00 **Haywire** Thriller starring Gina Carano and Michael Fassbender. Freelance secret agent Mallory Kane goes on the run after missions in Barcelona and Dublin go awry and she finds herself the target of her duplicitous bosses. (2012, 15, 88min) ★★★★
10.55 **Only God Forgives** Crime thriller. (2013, 18, 86min) ★★★
12.45 AM **Crouching Tiger, Hidden Dragon** Romantic adventure. (2000, 12, 120min) ★★★★★
3.15 **to 6.00** AM **Anonymous** Historical conspiracy thriller. (2011, 12, 129min) ★★★

+1 hour 322 50

Movies 24

325 419 513

7.00 AM **Love on the Sidelines** Comedy. (2016, PG, 86min) ★★
9.00 **Falling for You** (2018) ★★
11.00 **Chesapeake Shores**
12.00 NOON **Chesapeake Shores**
1.00 PM **The Good Witch's Wonder** Drama. (2014, PG, 90min) ★★
3.00 **Garage Sale Mystery: Picture a Murder** Mystery drama.
5.00 **All of My Heart: The Wedding** Romance. (2018, PG) ★★

7.00 **Cooking with Love** Romantic comedy starring Ali Liebert. (2018, PG, 90min) ★★
9.00 **Love, Once and Always** Drama starring Amanda Schull. A woman's childhood sweetheart plans to put a golf course on her great aunt's estate, and the pair learn that embracing the past may hold the key. (2018, PG, 120min) ★★
11.00 **The Good Witch's Charm** Family fantasy with Catherine Bell. (2012, PG, 90min) ★★
1.00 AM **Christmas in Angel Falls** Romance starring Rachel Boston. (2017, U, 84min) ★★
3.00 **to 5.00** AM **Waffle Street** Comedy starring James Lafferty. (2015, PG, 86min) ★★

+1 hour 326 420

Movies4Men

323 426 48 305

6.00 AM **Roadblock** (1951) ★★
7.25 **The Warrior and the Slave Girl** Adventure. (1958, 15) ★★
9.05 **Jamaica Inn** (1939, b/w) ★★
11.05 **Twice a Judas** As 12.05pm.
12.05 PM **Twice a Judas** (1969) ★★
1.00 **The Deadly Companions** Western. (1961, PG) ★★★
2.55 **The Enemy at the Gates**
4.10 **The Luftwaffe**
5.25 **Fighter Aces**

6.40 **The Panzer** Documentary about German tanks during World War Two.
7.35 **Revolution** Hugh Hudson's epic drama about the American War of Independence, starring Al Pacino as a trapper who becomes caught up in the struggle against the British. (1985, PG, 123min) ★
10.00 **Half Past Dead 2** Action thriller sequel starring Bill Goldberg. (2007, 15, 92min) ★★
11.55 **Gun** Crime thriller starring Curtis Jackson. (2010, 18, 78min) ★★
1.35 AM **Paratroop Command** World War Two adventure starring Richard Bakalyan. (1959, b/w, PG, 71min) ★★
3.00 **to 4.00** AM **Against All Odds**

+1 hour 324

FILMS ON OTHER CHANNELS

6pm TILL LATE

6.10 PM **Kidnapping Lizzie: Nightmare Visions** *Paramount Network* Thriller. (HD) ★★
8.00 **Crazy, Stupid, Love** *ITV2* Romantic comedy. (HD) ★★★★
8.00 **Home Alone** *E4* (HD) ★★★★
8.00 **50 First Dates** *5STAR* ★★★
8.00 **Wayne's World 2** *Universal TV* Comedy sequel. ★★★
9.00 **Hellboy** *Comedy Central Extra* Comic-book horror. ★★★★
9.00 **The Ninth Gate** *Syfy* (HD) ★★★
9.00 **Contact** *Paramount Network* Sci-fi with Jodie Foster. (HD) ★★
10.00 **Run All Night** *5STAR* Action thriller with Liam Neeson. ★★★
10.35 **Iron Man 3** *BBC1* (HD) ★★★★
11.00 **Magic Mike XXL** *Channel 5* Drama sequel. (HD) ★★
11.05 **The Ones Below** *BBC2* Thriller with Clemence Poesy. ★★★★
11.35 **The Conjuring** *ITV4* (HD) ★★★
11.50 **Replicant** *Syfy* Sci-fi. ★
11.55 **Stephen King's Thinner** *Paramount Network* Thriller. ★★
12.10 AM **Paranormal Activity: The Ghost Dimension** *C4* Horror. ★
12.20 **Bedazzled** *Comedy Central Extra* Fantasy comedy. ★★
3.15 **Alien Hunter** *C5* Sci-fi. ★★★

Friday

Sky Sports Main Event

401 401 855 | 511 501 | 402 437

6.00 AM **Good Morning Sports Fans**
7.30 **LIVE European Tour Golf** Further coverage of day two of the Maybank Championship.
10.30 **Football Centre**
12.45 PM **LIVE PGA Tour Golf** Coverage of the second day of the Valspar Championship.
5.00 **LIVE Euro 2020 Qualifiers Bulgaria v Montenegro.** The Group A match from Vasil Levski National Stadium. Kick-off 5pm.
7.00 **Sky Sports Tonight**
7.30 **One2Eleven – Robert Pires**
7.40 **LIVE Euro 2020 Qualifiers Moldova v France.** Coverage of the Group H match at Stadionul Zimbru. Kick-off 7.45pm.
9.45 **LIVE PGA Tour Golf** Further coverage of the second day of the Valspar Championship.
11.00 **Euro 2020 Qualifiers Highlights** Recent action.
11.30 **LIVE NBA Toronto Raptors v Oklahoma City Thunder.** From Scotiabank Arena. Tip-off 11.30pm.
2.00 AM **Sky Sports News**
2.30 **to 6.00** AM **LIVE European Tour Golf** Coverage of day three of the Maybank Championship.

Sky Sports Premier League

402 402 856 | 512 502

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League Best Goals**
9.00 **PL Greatest Games**
10.00 **Premier League Years**
12.00 NOON **PL Best Goals**
1.00 PM **Premier League Years** A look back at classic games, infamous blunders and moments of skill from seasons past.
3.00 **Premier League Best Goals**
4.00 **PL Greatest Games**
5.00 **Premier League 100 Club**
6.00 **Premier League Best Goals**
7.00 **Premier League 100 Club**
7.30 **One2Eleven – Robert Pires** The former Arsenal star selects his all-time favourite line-up.
7.40 **LIVE Euro 2020 Qualifiers Portugal v Ukraine.** Coverage of the Group B match from the Estadio da Luz. Kick-off 7.45pm.
9.45 **PL Greatest Games**
10.00 **Premier League Best Goals**
11.00 **Premier League Legends**
12.00 M'T **Premier League 100 Club**
1.00 AM **Premier League Years**
3.00 **PL Greatest Games**
4.00 **Premier League Best Goals**
5.30 **to 6.00** AM **Premier League 100 Club**

Sky Sports Football

403 403 857 | 513 503

6.00 AM **EFL Greatest Games**
7.00 **Football's Greatest Players**
8.00 **Football Countdowns**
9.00 **Euro 2020 Qualifiers**
10.00 **EFL Highlights**
11.00 **One2Eleven**
11.30 **Football's Greatest Players**
12.00 NOON **Euro 2020 Qualifiers**
1.00 PM **Football Countdowns**
2.00 **Football Years**
3.00 **Euro 2020 Qualifiers**
4.00 **One2Eleven**
4.55 **LIVE Euro 2020 Qualifiers Bulgaria v Montenegro.** The Group A match from Vasil Levski National Stadium. Kick-off 5pm.
7.00 **One2Eleven**
7.40 **LIVE Euro 2020 Qualifiers Moldova v France.** Coverage of the Group H match at Stadionul Zimbru. Kick-off 7.45pm.
9.45 **One2Eleven**
10.00 **Euro 2020 Qualifiers**
1.00 AM **Football Countdowns**
2.00 **SPFL Greatest Games**
2.30 **One2Eleven**
3.00 **Championship Season Review**
4.00 **EFL Greatest Games**
4.30 **Football Countdowns**
5.00 **Football's Greatest Players**
5.30 **to 6.00** AM **Football Years**

Sky Sports Cricket

404 404 858 | 514 504

6.00 AM **Best of England v New Zealand** Classic action.
7.00 **Cricket's Greatest Games**
8.00 **Cricket Masterclass**
9.00 **Best of England v New Zealand**
10.00 **Cricket's Greatest Games**
11.00 **Cricket Masterclass**
12.00 NOON **How the 2011 ICC Cricket World Cup Was Won**
2.00 PM **The Great WG Grace**
2.10 **Cricket Masterclass**
3.10 **Atherton Meets Sangakkara**
3.55 **LIVE International T20 Cricket South Africa v Sri Lanka.** Coverage of the second T20 international in the three-match series, taking place at Supersport Park in Centurion.
7.30 **Ashes Greats**
8.30 **History of Old Trafford**
8.35 **Eoin Morgan: No Boundaries**
8.55 **International T20 Cricket** South Africa v Sri Lanka.
12.30 AM **The Great WG Grace**
12.40 **Cricket Masterclass**
1.00 **Best of England v New Zealand**
2.00 **Cricket's Greatest Games**
3.00 **Cricket Masterclass**
4.00 **Best of England v New Zealand**
5.00 **to 6.00** AM **Cricket's Greatest Games**

Sky Sports Golf

405 405 859 | 515 505

6.00 AM **PGA Tour Profiles**
6.30 **British Masters Masterclass**
7.00 **PGA Tour Profiles**
7.30 **LIVE European Tour Golf** Further coverage of day two of the Maybank Championship from the Saujana Golf and Country Club in Kuala Lumpur, Malaysia.
10.30 **British Masters Masterclass**
11.00 **PGA Tour Profiles**
11.45 **European Tour Golf**
12.45 PM **LIVE PGA Tour Golf** Coverage of the featured groups on the second day of the Valspar Championship at the Innisbrook Resort in Palm Harbour, Florida.
7.00 **LIVE PGA Tour Golf** Further coverage of day two of the Valspar Championship at the Innisbrook Resort in Palm Harbour, Florida.
11.00 **European Tour Golf** Action from the second day's play of the Maybank Championship.
12.00 M'T **Junior Golf**
12.30 AM **Junior Ryder Cup**
1.30 **European Tour Golf**
2.30 **to 6.00** AM **LIVE European Tour Golf** Coverage of the third day of the Maybank Championship at the Saujana Golf and Country Club in Kuala Lumpur, Malaysia.

BT Sport 1

413 413 867 | 527 | 408 430

6.00 AM **Highlights**
8.45 **Under-21s Football**
10.15 **Premier League World**
10.45 **Bundesliga Weekly**
11.15 **BT Sport Goals Reload**
11.30 **Classic MOTD – Thrillers**
12.30 PM **Under-21s Football**
2.00 **The Big Match Revisited**
6.00 **Rugby Tonight** Discussion.
7.00 **LIVE Gallagher Premiership Rugby Union Leicester Tigers v Northampton Saints.** From Welford Road. Kick-off 7.45pm.
10.00 **No Filter Boxing**
10.30 **BT Sport Reload**
10.45 **Formula E – Shakedown**
11.15 **LIVE Formula E Championship** Coverage from Sanya, China.
12.15 AM **LIVE Jaguar I-Pace eTrophy Series** From China.
1.00 **No Filter Boxing**
1.30 **LIVE Formula E Championship** Further coverage from China.
2.15 **BT Sport Reload**
2.30 **Rugby Tonight**
3.00 **LIVE Formula E Championship** Further coverage from China.
4.45 **LIVE Jaguar I-Pace eTrophy Series** Futher action from China.
5.45 **to 6.00** AM **BT Sport Reload**

BT Sport 2

414 414 868 | 528 | 409 431

6.00 AM **Hyundai A-League Highlights** Recent action.
7.00 **Bundesliga Weekly**
7.30 **BT Sport Goals Reload**
7.45 **BT Sport Reload**
8.00 **LIVE Women's Hockey China v New Zealand.** At Wujin Hockey Stadium. Push-back 8.00am.
10.00 **Rugby Tonight** Discussion.
11.00 **PSA Squash Highlights**
12.00 NOON **Fishing: On The Bank**
1.00 PM **BT Sport Reload**
1.15 **FIA World Endurance Championship** Highlights of the 1000 Miles of Sebring.
2.15 **Formula E – Shakedown**
2.45 **BT Sport Reload**
3.00 **Rugby Tonight**
4.00 **LIVE WTA Tennis** Coverage of fourth day of the Miami Open from the Hard Rock Stadium in Miami Gardens, Florida.
12.00 M'T **WTA All Access**
12.30 AM **PSA Squash Highlights**
1.30 **LIVE WTA Tennis** Further coverage of the Miami Open.
3.30 **Women's Hockey**
4.30 **No Filter Boxing**
5.00 **Classic Boxing: Ali v Blin**
5.30 **to 6.00** AM **Classic Boxing: Conteh v Lopez**

BT Sport 3

417 417 869 | 529 | 410 432

6.00 AM **WTA All Access**
6.30 **Cricket: Big Bash League**
8.30 **LIVE AFL Collingwood Magpies v Geelong Cats.** Bounce-up 8.50am.
11.30 **Cricket: Big Bash League**
2.30 PM **BT Sport Reload**
3.00 **LIVE NCAA Championship** The quarter-finals of the NCAA Division I Wrestling Championships.
6.00 **UEFA Champions League Magazine** News and action.
6.30 **Women's Hockey**
7.30 **Formula E – Shakedown**
8.00 **World Poker Tour Series**
10.00 **LIVE NCAA Championship** Coverage of day four of the NCAA Women's Swimming and Diving Championships from the Lee & Joe Jamail Texas Swimming Center in Austin, Texas.
12.30 AM **UEFA Champions League Magazine** News and action.
1.00 **Gallagher Premiership Rugby Union** Action from Leicester Tigers v Northampton Saints.
2.30 **LIVE AFL Melbourne Demons v Port Adelaide Power.** Bounce-up 2.45am.
5.30 **to 6.00** AM **UEFA Champions League Magazine**

Sky Sports Action

407 407 861 | 517 507

6.00 AM **World Rugby Show**
6.30 **LIVE Super Rugby Blues v Highlanders.** Kick-off 6.35am.
8.30 **Boxing Gold**
10.00 **World Rugby Show**
10.30 **Sporting Records**
11.00 **NFL: America's Game**
12.00 NOON **NFL: A Football Life**
1.00 PM **Super Rugby**
2.50 **Rugby Greatest Games**
3.00 **World Rugby Show**
3.30 **Sporting Records**
4.00 **World Rugby Show**
4.30 **Sporting Records**
5.00 **NBA: The Starters**
5.30 **Darts Gold**
6.00 **Inside the NBA**
7.00 **NBC's ProFootballTalk**
9.00 **Inside the NBA**
10.00 **NBA: The Starters**
10.30 **Darts Gold**
11.00 **NFL: A Football Life**
12.00 M'T **NFL: America's Game**
1.00 AM **Sporting Records**
1.30 **Super League Gold**
2.00 **LIVE Bellator MMA Emmanuel Sanchez v Ashleigh Grimshaw.** The featherweight bout.
4.15 **Betfred Super League**
4.30 **Sporting Records**
5.00 **to 6.00** AM **Sporting Greats**

Sky Sports Mix

121 121 819 | 520 510

6.00 AM **My Icon**
7.00 **Sporting Records**
7.30 **Game Changers: Super Bowl**
8.00 **NBA Action**
8.30 **Game Changers: Super Bowl**
9.00 **My Icon**
10.00 **NFL – Greatest Games**
11.30 **Game Changers: Super Bowl**
12.00 NOON **My Icon**
12.30 PM **Drone Racing League**
1.30 **Game Changers: Super Bowl**
2.00 **NFL: A Football Life**
3.00 **Game Changers: Super Bowl**
3.30 **Sporting Records**
4.00 **WWE Experience**
5.00 **NBA** Washington Wizards v Denver Nuggets: Action from the inter-conference clash.
6.45 **Game Changers**
7.15 **Joshua Buatsi: The Knockouts**
7.30 **MLS Greatest Games**
7.40 **LIVE Euro 2020 Qualifiers Portugal v Ukraine.** Coverage of the Group B match from Estadio da Luz. Kick-off 7.45pm.
9.45 **Premier League 100 Club**
10.15 **Joshua Buatsi: The Knockouts**
10.30 **My Icon**
11.00 **Sporting Records**
11.30 **Premier League 100 Club**
12.00 M'T **to 6.00** AM **Mix Shorts**

BT Sport/ESPN

423/426 872 | 530 | 411 434

6.00 AM **In Depth with Graham Bensinger** Arnold Palmer.
6.30 **ESPN FC** Football news.
7.00 **MLB** Athletics v Mariners.
10.00 **NCAA: Indoor Track & Field**
12.00 NOON **MLB** Athletics v Mariners.
3.00 PM **Special Olympics Abu Dhabi 2019**
4.00 **LIVE NCAA Basketball Tournament** The NCAA Division I Men's Basketball Tournament.
6.30 **LIVE NCAA Basketball Tournament** The NCAA Division I Men's Basketball Tournament.
9.00 **LIVE NCAA Basketball Tournament** The NCAA Division I Men's Basketball Tournament.
11.00 **LIVE NCAA Basketball Tournament** The NCAA Division I Men's Basketball Tournament.
1.30 AM **LIVE NCAA Basketball Tournament** The NCAA Division I Men's Basketball Tournament.
4.30 **to 6.00** AM **The Two Bills**

Eurosport 1

410 410 864 | 523 521 | 412 435

7.30 AM **WATTS**
7.45 **Motorsport: Formula E**
8.15 **World Superbikes**
9.15 **Cycling: Track World Championships** From Poland.
10.15 **Curling World Championships**
11.15 **Biathlon** From Oslo, Norway.
12.15 PM **Ski Jumping** From Slovenia.
1.15 **LIVE Ski Jumping** In Slovenia.
3.15 **LIVE Biathlon** From Norway.
4.45 **Figure Skating** From Japan.
6.00 **LIVE Curling World Championships** Coverage of a women's round-robin match.
9.00 **Figure Skating** From Japan.
11.45 **European Rallying**
12.15 **to 1.15** AM **Motorsport: Formula E** From Hong Kong.
2.00 AM **European Rallying**
2.30 **WATTS**
2.35 **Motorsport: Formula E**
3.05 **LIVE Motorsport: Formula E** Qualifying for the Sanya ePrix.
4.35 **WATTS**
5.00 **to 6.30** AM **World Superbikes**

Eurosport 2

411 411 865 | 524 522 | 413 436

6.00 AM **Ski Jumping**
7.00 **Biathlon**
8.00 **European Rallying**
8.30 **LIVE Figure Skating World Championships** From Japan.
1.15 PM **WATTS**
1.30 **Cycling: Nokere Koerse**
2.30 **LIVE Cycling: Handzame Classic** Coverage from Belgium.
4.30 **Ski Jumping** From Slovenia.
5.15 **LIVE Cross-Country Skiing** From Quebec, Canada.
7.00 **Cycling: Handzame Classic**
8.00 **LIVE Cycling: Six Days Manchester** The opening day.
10.45 **Cycling: Handzame Classic**
11.50 **Eurosport News**
12.00 M'T **Eurosport News**
12.15 AM **Cross-Country Skiing**
12.30 **European Rallying**
1.00 **Cycling: Handzame Classic**
2.00 **Curling World Championships**
4.00 **Ski Jumping**
5.30 **to 6.00** AM **European Rallying**

Sky Sports Arena

408 408 862 | 518 508

6.00 AM **WWE Main Event**
6.55 **LIVE NRL Canberra Raiders v Melbourne Storm.** Kick-off 7am.
8.45 **Rugby Greatest Games**
8.50 **LIVE NRL Brisbane Broncos v North Queensland Cowboys.**
10.40 **Rugby Greatest Games**
10.45 **Betfred Super League**
11.00 **Premier League Darts**
3.00 PM **NBA Action**
3.30 **NBA: The Starters**
4.00 **NBA Action**
4.30 **Betfred Super League**
4.45 **Joshua Buatsi: The Knockouts**
5.00 **WWE Smackdown**
7.00 **LIVE Betfred Super League Castleford Tigers v St Helens.** Coverage from the Mend-A-Hose Jungle. Kick-off 7.45pm.
10.15 **Super League Gold**
10.30 **Inside the NBA**
11.30 **LIVE NBA Toronto Raptors v Oklahoma City Thunder.**
2.00 AM **Betfred Super League**
2.15 **to 6.00** AM **Highlights**

Sky Sports F1

406 406 860 | 516 506

6.00 AM **The Home of F1**
10.00 **Formula 1** The Australian Grand Prix first practice session.
11.45 **Formula 1** The Australian Grand Prix second practice session.
1.30 PM **Formula 1** The Australian Grand Prix third practice session.
2.45 **Formula 1** The Australian Grand Prix qualifying session.
4.15 **The F1 Show**
4.45 **Australian F1 GP: Pit Lane**
5.45 **Australian F1 GP: On The Grid**
6.20 **Formula 1** The Australian Grand Prix: Another chance to see the opening round of the season, held at Albert Park, Melbourne.
8.35 **Damon Drives The Lotus 49**
8.45 **At Home With Sergio**
9.00 **F1 Classic Races** A look back at the 2010 Abu Dhabi Grand Prix.
11.30 **Formula 1** Highlights of the Australian Grand Prix.
12.30 AM **Simon and the Astronaut**
12.45 **At Home With Sergio**
1.00 **to 6.00** AM **The Home of F1**

Agnes 91, swears by VIGO Joint Gel for her painful arthritic hands

"If this soothing joint gel works for me, it will work for anyone!"

Agnes has been using Vigo Joint Gel for over a year. She wouldn't be without it now.

AGNES is truly an amazing woman, full of life and energy. You can only hope to be as fit and well as she is when you reach 71, never mind 91!

Sitting with Agnes in her living room in Colchester, I asked her what was her secret for staying young. She told me, "Keeping busy and having an active life is very important. But I've not always been able to do that. If you'd seen me a year ago, things were very different".

"Up until I was 86 I felt fit as a fiddle but then it seemed I had one problem after another". I asked her what happened.

"My body started deteriorating, I think it all started after a fall I had on the high street, I don't know how it happened but I tripped and next thing I knew I was flat on my face. Lots of people came over to help me but I was mortified. My left knee was in agony and my ankle was painful too – my hands and wrists were really sore. Thankfully someone drove me home.

"I thought I'd be fine the next day but I was still in agony so I went to see my GP. He said that I'd twisted my ankle and badly bruised my knee, hands and wrists, but it should heal in a few weeks if I rested.

I started getting pains in my hands, like a throbbing pain.

"The next few weeks I was climbing the walls having to stay indoors, and my son John kept telling me off for not resting enough. Anyway my ankle healed but my knee always gave me problems after that.

"Oh well I thought, a dodgy knee isn't the end of the world, worse things can happen. Then one day I started getting pains in my hands, like a throbbing pain, but as the weeks went by it got worse – some days the pain was excruciating.

"My GP had confirmed that I had arthritis in my hands, and that the only thing I could do to ease the pain was to take painkillers and anti-inflammatories. The last thing I wanted to do was rely on painkillers for the rest of my life, but some days I had to, I could hardly button up my blouse or open a jar of coffee, never mind do any gardening. I felt totally useless and realised I was going to lose my independence.

"I'd tried to hide the pain from John, I didn't want him to worry, but one day he turned up unexpectedly and found me sobbing in the kitchen."

Two weeks after our melt down John handed me a tube of gel.

Hard to believe when Agnes looks so spritely now. So what happened to turn her health around? Agnes said:

"That day John held me in his arms and cried with me. It was heart breaking; I never wanted to be a burden to him. He said I could move in with him but I wouldn't have it. John knows how stubborn and independent I am, so he said he was going to get the best help he could find, so that I could manage at home.

"To be honest, I thought he was going to get 'meals on wheels' or something like that. Two weeks after our melt-down he came to see me and handed me a tube of gel. I could have laughed – what was he thinking? Unknown to him I'd tried every cream, potion, pills and gel under the sun. I had spent a fortune, but none of them gave me much relief. To make him happy I said I'd give it a go. He could see I was not convinced.

"He told me that he'd researched the best products for arthritis, and he came across VIGO Joint Gel. I'd never heard of it. He told me it contained proven ingredients that were anti-inflammatory and reduced pain and could even help repair damaged joints. I'd already heard of the benefits of Glucosamine, Menthol and Zinc, but there were other ingredients I'd never heard of. He said the results and reviews were incredible and he insisted that I had to use it twice a day."

"Did you use it?" I asked.

"I did, he'd gone to all the trouble to find it so I had to give it a go. I put it on my knee and hands that evening before going to bed. The next morning I didn't wake up until 9.00 – I had slept right through. I couldn't believe it; normally the pain in my hands keeps me awake. It didn't really dawn on me that it was because of the gel, I thought it was because I'd felt so drained lately.

It had made the pain in my knee and hands completely disappear.

"I put the Joint Gel on that morning, I didn't want John telling me off! In the afternoon I'd run out of milk so I went to the shops for a few things. I fully expected the normal painful walk and having to struggle to carry the shopping bag home, but I was fine, no painful joints. Maybe this was working I thought, I hoped.

"I carried on using the VIGO Joint Gel twice a day. By Sunday I felt marvellous, in fact so good that I thought I'd tackle the weeding in the garden, as it had got into a right mess. In the afternoon John *are doing, you shouldn't be doing that*'. Well I sprang up and gave him a big hug and thanked him. What for? He asked. I told him that the gel he bought had worked wonders, that it had made the pain in my knee and hands completely disappear.

"I've been using it ever since, I wouldn't be without it. There is the odd day when I still get a niggle or two, but nothing in comparison to what I went through before. I'm so grateful to John for finding this incredible gel and to the company who developed it, it truly is life changing."

Before I left she told me, "If it works for me at 91, I'm sure it would work wonders for anyone else."

VIGO Joint Gel is exclusively available from VIGO, to order call 0800 138 3515. It comes with a full, 90-day money-back guarantee.

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Kids' Weekly TV Guide

CBBC

613 613 646 701 201 204 607 600

SATURDAY

7.00am Arthur **7.15** Dennis **7.25** Danger Mouse **7.40** Shaun **7.45** MOTD Kickabout **8.00** Class Dismissed **8.15** Matilda and the Ramsay Bunch **8.35** Newsround **8.40** The Playlist **9.00** All Over the Place: Asia **9.30** Operation Ouch! **10.00** Max & Harvey: FOMO **10.15** How to Be Epic @ Everything **10.30** HH: Gory Games **11.00** Strange Hill High **11.25** Class Dismissed **11.40** Diddy TV **11.55** Scream Street **12.05pm** Now You See It **12.15** Newsround **12.20** Dumping Ground **12.50** Almost Never **1.20** Newsround **1.25** 4 O'Clock Club **1.55** Secret Life of Boys **2.20** Dumping Ground **5.40** Lifebabble **5.45** My Life: Blood Sugar Brothers **6.15** Gym Stars **6.35** Our School **7.05** Show Me What You're Made Of **7.30** Last Commanders **8.00** Operation Ouch! **8.30-9.00pm** Horrible Histories

SUNDAY As Saturday except:

7.25am Dragons: Race to the Edge **7.45** Diddy TV **8.00** Danny & Mick **8.15** Max & Harvey: FOMO **8.30** The Dog Ate My Homework **NEW 9.00** Blue Peter: Red Nose Day Special **9.30** Art Ninja **NEW 9.50** Operation Ouch! **9.55** Newsround **10.00** Pets Factor **10.20** Matilda and the Ramsay Bunch **10.35** HH: Gory Games **11.05** The Zoo **11.20** Odd Squad **11.30** Horrible Histories **12.00** Newsround **12.05pm** Nightmares of Nature **12.35** Pets Factor **12.55** Operation Ouch! **1.25** My Life: Motorcross Girl **1.55-2.00** Newsround **5.20** The Playlist **5.40-6.10** My Life: A Fighting Chance **6.35** Ice Stars **7.05** Top Class **7.35** Dumping Ground **8.00** 4 O'Clock Club **8.30** The Next Step **8.55-9.00pm** Operation Ouch!

MONDAY

7.00am Arthur **7.10** Dennis **7.25** Danger Mouse **7.35** MOTD Kickabout Round-Up **7.40** Newsround **7.45** Odd Squad **8.00** Class Dismissed **NEW 8.15** Newsround **8.20** Marrying Mum and Dad **8.50** Operation Ouch! **9.20** So Awkward **12.10pm** Almost Never **1.10** Lost & Found Jam Sessions **1.15** 4 O'Clock Club **1.45** Secret Life of Boys **2.05** Art Ninja **2.35** 4 O'Clock Club **3.05** Shaun **3.20** Zig and Zag **3.30** Odd Squad **3.45** Diddy TV **4.00 NEW** So Awkward Files **4.15** Blue Peter Bites **4.20** Newsround **4.30** All Over the Place: UK **NEW 5.00** The Worst Witch **NEW 5.30** My Life: The Street Reporter **NEW 6.00** The Deep **NEW 6.25** Scream Street **6.35** Matilda and the Ramsay Bunch **6.50** Blue Peter Bites **7.00** Horrible Histories **7.30** My Life: The Street Reporter **8.00** The Worst Witch **8.30-9.00pm** Dumping Ground

TUESDAY As Monday except:

9.20am Almost Never **1.30pm** Dumping Ground **2.10** Blue Peter: Red Nose Day Special **2.40-3.05** 4 O'Clock Club **3.15-3.20** Shaun **5.00** Almost Never **NEW 5.30** Got What It Takes? The Winner's Story **8.00** Almost Never **8.25-8.30pm** Lifebabble **8.30-9.00pm** Hetty Feather

WEDNESDAY As Monday except:

9.20am Almost Never **10.20** Jamie Johnson **1.10-1.45pm** Horrible Histories **5.00** 4 O'Clock Club **NEW 5.30** Operation Ouch! **NEW 6.55-7.00** Blue Peter Bites **7.30** Operation Ouch! **8.00** 4 O'Clock Club **8.25** Hank Zipzer **8.50-9.00pm** Operation Ouch!

THURSDAY As Monday except:

9.20am Jamie Johnson **1.40-1.45pm** Lifebabble **2.35-3.05** Dumping Ground **3.15-3.20** Shaun **4.30** Marrying Mum and Dad **5.00** Secret Life of Boys **NEW 5.25** Lifebabble **5.30-6.00** Blue Peter: Incredible Illusions **NEW 6.55-7.00** Blue Peter Bites **7.30-8.00** Blue Peter: Incredible Illusions **NEW 8.00** Secret Life of Boys **8.20** Jamie Johnson **8.50-9.00pm** Shaun

FRIDAY As Monday except:

7.35-7.40am MOTD Kickabout: Build-Up **9.20** Jamie Johnson **1.10pm** Horrible Histories **1.40-2.05** Secret Life of Boys **2.35-3.05** Dumping Ground **4.30** Dumping Ground **5.00** Dumping Ground **NEW 5.30** So Awkward **6.00** Sam & Mark's Big Friday Wind Up **NEW 7.00** The Dog Ate My Homework **7.30** So Awkward **8.00-9.00pm** Dumping Ground

CBEEBIES

614 614 647 702 202 205 608 601

SATURDAY

6.00am Something Special: We're All Friends **6.20** Baby Jake **6.30** Teletubbies **6.50** Raa Raa the Noisy Lion **7.00** Postman Pat: SDS **7.15** Bing **7.20** Bing **7.30** Hey Duggee **7.45** Peter Rabbit **8.00** Go Jetters **8.10** Octonauts **8.20** Bitz & Bob **8.35** Hey Duggee **8.40** The Furchester Hotel **8.55** Sarah & Duck **9.00** Something Special: We're All Friends **9.20** Tree Fu Tom **9.45** Go Jetters **9.55** Peter Rabbit **10.10** Biggleton **10.20** YolanDa's Band Jam **NEW EDITION 10.35** Swashbuckle **11.00** Andy's Safari Adventures **11.15** Catie's Amazing Machines **11.30** Waffle the Wonder Dog **11.40** Topsy and Tim **11.50** Sarah & Duck **12.00noon** Junk Rescue **12.15pm** Old Jack's Boat **12.30** Melody **12.40** Down on the Farm **1.00** Where in the World? **1.15** My Story **1.30** Melody and Friends **1.45** Woolly & Tig **1.50** My First **2.00** Something Special: We're All Friends **2.20** Andy's Safari Adventures **2.35** Junk Rescue **2.50** Catie's Amazing Machines **3.05** Bitz & Bob **3.15** Tree Fu Tom **3.40** Go Jetters **3.55** Peter Rabbit **4.05** Waffle the Wonder Dog **4.20** My First **4.30** Magic Hands **4.40** Treasure Champs **5.00** Gigglebiz **5.15** Molly and Mack **5.30** Katie Morag **5.45** Sarah & Duck **5.50** Charlie and Lola **6.05** Tee and Mo **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories **NEW EDITION**

SUNDAY As Saturday except:

9.20-9.45am Octonauts Special: The Over, Under Adventure **11.55am-12.00noon** Sarah & Duck **3.20-3.40pm** Tree Fu Tom

MONDAY

6.00am Something Special: We're All Friends **6.20** Baby Jake **6.30** Twirlywoos **6.45** Raa Raa the Noisy Lion **6.55** Tinpo **7.00** Postman Pat: SDS **7.20** Bing **7.35** Hey Duggee **NEW EPISODE 7.40** Hey Duggee **7.50** Peter Rabbit **8.00** Go Jetters **8.15** Octonauts **8.25** Biggleton **8.35** Justin's House **9.00** Tee and Mo **NEW EPISODE 9.10** Yakka Dee! **9.15** Kit & Pup **9.20** Numberblocks **9.25** Bing **9.35** Chuggington **9.45** Something Special: We're All Friends **10.05** Teletubbies **10.20** Baby Club **NEW EPISODE 10.35** Pablo **10.50** Let's Play **11.10** Magic Hands **NEW EPISODE 11.20** Ferne and Rory's Vet Tales **11.35** Show Me Show Me **12.00noon** My World Kitchen **12.10pm** Teacup Travels **12.25** Molly and Mack **12.45** The Adventures of Abney & Teal **1.00** Sarah & Duck **1.10** The Furchester Hotel **1.20** Alphablocks **1.25** Yakka Dee! **1.30** Numberblocks **1.35** Bing **1.45** Something Special: We're All Friends **2.05** Teletubbies **2.20** Baby Club **2.35** Pablo **2.45** Our Family **2.55** Catie's Amazing Machines **3.15** Swashbuckle **3.35** Hey Duggee **3.45** Tinpo **3.55** Peter Rabbit **4.10** Andy's Safari Adventures **NEW EPISODE 4.25** Do You Know? **4.40** Bitz & Bob **4.50** Go Jetters **5.00** Gigglebiz **5.15** Waffle the Wonder Dog **5.30** Apple Tree House **5.45** Moon and Me **6.10** Clangers **6.20** In the Night Garden **6.50-7.00pm** CBeebies Bedtime Stories

TUE/THUR/FRI As Mon except:

10.40-10.50am Pablo

WEDNESDAY As Mon except:

10.40-10.50am Pablo **3.00-3.15pm** Catie's Amazing Machines

NICK JR

615 648 715 484

SATURDAY

6.00am Peppa Pig **7.00** Paw Patrol **8.00** Shimmer and Shine **8.30** Blaze and the Monster Machines **9.00** Paw Patrol **9.30** Ben and Holly's Little Kingdom **10.00** Peppa Pig **10.30** Top Wing **11.00** Shimmer and Shine **11.30** Rusty Rivets **12.00noon** Blaze and the Monster Machines: Adventures with AJ, an eight-year-old techie who drives monster-truck Blaze. **1.00pm** Paw Patrol: Adventures with Ryder and the Paw Patrol pups. **2.00** Blaze and the Monster Machines **3.00** Paw Patrol **4.00** Butterbean's Cafe **4.30** Paw Patrol **7.00** Becca's Bunch **7.30** Peppa Pig **9.30** Ben and Holly's Little Kingdom **10.30** Peppa Pig **11.00** Paw Patrol **12.30am** Peppa Pig **4.00** Becca's Bunch **4.30** 44 Cats **4.45-6.00am** Peppa Pig

SUNDAY As Saturday except:

4.00-5.00am Shimmer and Shine

MONDAY

6.00am Peppa Pig **6.30** Ben and Holly's Little Kingdom **7.00** Butterbean's Cafe **7.30** Paw Patrol: Animated action adventure with Ryder and the Paw Patrol pups. **8.00** Blaze and the Monster Machines **8.30** Top Wing **9.00** Becca's Bunch **9.30** Peppa Pig **10.30** Paw Patrol **11.30** Blaze and the Monster Machines **12.30pm** Becca's Bunch **1.00** Paw Patrol **1.30** Shimmer and Shine **2.00** Ben and Holly's Little Kingdom **3.00** Peppa Pig **4.00** Paw Patrol **4.30** Butterbean's Cafe **5.00** Top Wing **5.30** Paw Patrol **6.00** Blaze and the Monster Machines **6.30** Shimmer and Shine **7.00** Becca's Bunch **7.30** Paw Patrol **8.30** Blaze and the Monster Machines **9.30** Paw Patrol **12.30am** Peppa Pig **4.00** Shimmer and Shine **5.00-6.00am** Peppa Pig

TUE & THUR As Mon except:

4.30am 44 Cats **4.45-5.00am** Peppa Pig: Animated adventures.

WEDNESDAY As Mon except:

3.45am 44 Cats **4.00am** Becca's Bunch **4.30-5.00am** Paw Patrol

FRIDAY As Mon except:

2.30-3.00am Paw Patrol **4.00-4.30am** Becca's Bunch

+1 hour 628

CITV

621 734 711 203 602

SATURDAY

6.00am Dino Dana **6.10** Super 4 **6.35** Make It Pop **7.00** Mission Employable **7.05** Mr Bean **7.30** Scrambled! **9.25** Mr Bean **10.25** ToonMarty **10.55** Pokémon **11.25** NinjaGo: Rise of the Spinjitzu Master **11.55** What's New Scooby-Doo? **12.55pm** Be Cool, Scooby-Doo! **1.25** Teen Titans Go! **1.55** Wishfart **2.25** ToonMarty **2.55** Monster Mayhem **3.25** Spy School **3.55** Project Z **4.25** Mr Bean **5.30** Bagel and Becky **5.55** Pokémon **6.25** Thunderbirds **6.55** Mysticons **7.25** Fangbone **8.05** Spy School **8.30** The Avatars **8.55-9.00pm** Signed Stories

SUNDAY As Saturday except:

7.05-7.30am Robozuna **10.55-11.25am** Ben 10 **12.55pm** What's New Scooby-Doo? **1.25-1.55** Wishfart **3.55-4.25** Scrambled! Record Breakers 2 **5.55-6.25pm** Robozuna

MONDAY

6.00am Dino Dana **6.25** What's New Scooby-Doo? **6.50** Wishfart **7.20** Teen Titans Go! **7.50** NinjaGo: Possession **8.20** ToonMarty **8.50** Bagel and Becky **9.20** Signed Stories **9.25** Mission Employable **9.30** Fangbone **10.00** Haunted Hathaways **10.20** Drop Dead Weird **10.50** Bear Grylls Survival School **11.40** Super 4 **12.15pm** Dino Dana **12.40** Looped **1.20** Mr Bean **1.55** Fangbone **2.25** Bagel and Becky **2.50** Wishfart **3.20** Tom and Jerry Show **3.30** What's New Scooby-Doo? **4.00** Mr Bean **4.30** Be Cool, Scooby-Doo! **5.00** Wishfart **5.30** Monster Mayhem **6.00** NinjaGo: Tournament of Elements **6.25** Powerpuff Girls **7.00** Bagel and Becky **7.30** ToonMarty **7.55** Spy School **8.25** Haunted Hathaways **8.55-9.00pm** Signed Stories

TUESDAY As Mon except:

7.20-7.50am Be Cool, Scooby-Doo! **10.50-11.40** Spy School **4.30-5.00pm** Milo Murphy's Law **6.00-6.25pm** NinjaGo: Possession

WEDNESDAY As Mon except:

7.20am NinjaGo: Possession **7.50-8.20** NinjaGo: Skybound **10.50-11.40am** Spy School **4.30pm** Robozuna **5.00-5.30pm** Project Z **NEW EPISODE 6.00-6.25pm** NinjaGo: Possession

THURSDAY As Mon except:

7.20am Robozuna **7.50-8.20** NinjaGo: Skybound **10.50-11.40am** Spy School **4.30-5.00pm** Ben 10 **6.00-6.25pm** NinjaGo: Possession

FRIDAY As Mon except:

7.20-7.35am Ben 10 **7.50-8.20** NinjaGo: Skybound **10.50-11.40am** Spy School **4.30-5.00pm** Teen Titans Go! **6.00-6.25pm** NinjaGo: Possession

NICKELODEON

604 604 642 712 714 483

SATURDAY & SUNDAY

6.00am Sam & Cat **6.30** Game Shakers **7.00** Henry Danger **7.30** Thundermans **8.30** Nicky, Ricky... **9.00** Knight Squad **9.30** Henry Danger **10.30** Game Shakers **11.00** Double Dare **11.30** Thundermans **12.30pm** Nicky, Ricky... **1.30** Henry Danger **2.30** Game Shakers **3.30** Knight Squad **4.00** School of Rock **4.30** Nicky, Ricky... **5.00** Thundermans **5.30** Henry Danger **8.00** Thundermans **8.30** Victorious **9.00** Sam & Cat **9.30** iCarly **10.00** Instant Mom **10.30** iCarly **12.00m't** Renford Rejects **12.25am** Transylvania **12.50** SpongeBob **1.00** Genie in the House **1.30** Anubis **1.55** Winx Club **2.20** SpongeBob **2.30** Max & Shred **3.00** Renford Rejects **3.25** Transylvania **3.50** SpongeBob **4.00** Genie in the House **4.30** Anubis **5.00** Winx Club **5.30-6.00am** Max & Shred

MONDAY

6.00am Sam & Cat **6.30** Knight Squad **7.00** Thundermans **8.30** Game Shakers **9.00** Thundermans **10.00** Henry Danger **11.00** Nicky, Ricky... **12.00noon** School of Rock **12.30pm** Thundermans **1.00** Henry Danger **2.00** Sam & Cat **2.30** Victorious **3.00** Game Shakers **3.30** Henry Danger **4.00** School of Rock **4.30** Nicky, Ricky... **5.00** Thundermans **5.30** Knight Squad **6.00** I Am Frankie **6.30** Thundermans **8.00** I Am Frankie **8.30** Thundermans **9.00** Nicky, Ricky... **9.30** Sam & Cat **10.00** Instant Mom **11.00** iCarly **12.00m't** Renford Rejects **12.25am** Transylvania **12.50** SpongeBob **1.00** Genie in the House **1.30** Anubis **1.55** Winx Club **2.20** SpongeBob **2.30** Max & Shred **3.00** Renford Rejects **3.25** Transylvania **3.50** SpongeBob **4.00** Genie in the House **4.30** Anubis **5.00** Winx Club **5.30-6.00am** Max & Shred

TUESDAY As Mon except:

7.30-8.30am Knight Squad **5.30-6.00pm** Henry Danger **6.30-7.30pm** Knight Squad

WEDNESDAY As Mon except:

7.30-8.30am Game Shakers **5.30-6.00pm** Henry Danger **6.30-7.30pm** Game Shakers

THURSDAY As Mon except:

7.30-8.30am Victorious **5.30-6.00pm** Henry Danger **6.30-7.30pm** Victorious

FRIDAY As Mon except:

7.30-8.30am Henry Danger **5.30-6.00pm** Henry Danger **6.30-7.30pm** Henry Danger

+1 hour 605 713

Highlights

101 Dalmation Street

Mon, Disney HD, 5pm

The *101 Dalmations* spin-off launches, and Dylan braves 'Boom Night' to find sister Dolly.

So Awkward Files

Mon, CBBC HD, 4pm

The students reflect on their time at Cranmede school and discuss their favorite moments, in a comedy mini-series.

CBeebies Bedtime Stories

Thu, CBeebies HD, 6.50pm

Mr Tumble signs *Susan Laughs*, a story about a disabled little girl who can do so many things.

CARTOON NET

601 601 640 704 732 486

Summer Camp Island

SATURDAY **6.00am** Amazing World of Gumball **6.30** OK K.O! Let's Be Heroes **7.00** Transformers Cyberverse **7.30** Ben 10 **8.00** Amazing World of Gumball **8.30** We Bare Bears **8.45** Apple & Onion **9.00** Teen Titans Go! **9.30** Unikitty **10.00** Amazing World of Gumball **10.30** Craig of the Creek **10.45** Summer Camp Island **11.00** Teen Titans Go! **4.00pm** Ben 10 **4.30** We Bare Bears **5.00** Amazing World of Gumball **5.30** Craig of the Creek **5.45** Summer Camp Island **6.00** Teen Titans Go! **6.30** Unikitty **7.00** Amazing World of Gumball **7.30** Craig of the Creek **7.45** Summer Camp Island **8.00** Teen Titans Go! **8.30** Apple & Onion **8.45** Craig of the Creek **9.00** Regular Show **10.00** Amazing World of Gumball **11.00** Adventure Time **12.00m't** Amazing World of Gumball **1.30am** Steven Universe **2.05** Uncle Grandpa **2.40** Amazing World of Gumball **5.00-6.00am** Ben 10

SUNDAY As Saturday except:
7.00-7.30am Teen Titans Go!

MONDAY **6.00am** Amazing World of Gumball **6.15** Apple & Onion **6.30** Cloudy with a Chance of Meatballs **6.45** Teen Titans Go! **7.00** Craig of the Creek **7.15** Unikitty **7.30** Teen Titans Go! **7.45** We Bare Bears **8.00** Amazing World of Gumball **8.30** Teen Titans Go! **9.00** Amazing World of Gumball **10.00** Ben 10 **10.30** Adventure Time **11.00** The Powerpuff Girls **11.30** Regular Show **12.00noon** Ben 10 **1.00pm** Adventure Time **1.30** Uncle Grandpa **1.45** Steven Universe **2.00** Amazing World of Gumball **3.00** Cloudy with a Chance of Meatballs **3.30** Teen Titans Go! **3.45** Unikitty **4.00** Ben 10 **4.30** We Bare Bears **5.00** Amazing World of Gumball **5.30** Craig of the Creek **5.45** Summer Camp Island **6.00** Teen Titans Go! **6.30** Unikitty **7.00** Amazing World of Gumball **7.30** Craig of the Creek **NEW EPISODE** **7.45** Summer Camp Island **NEW EPISODE** **8.00** Teen Titans Go! **8.30** Apple & Onion **8.45** Craig of the Creek **9.00** Regular Show **10.00** Amazing World of Gumball **11.00** Adventure Time **12.00m't** Amazing World of Gumball **1.30am** Steven Universe **2.05** Uncle Grandpa **2.40** Amazing World of Gumball **5.00-6.00am** Ben 10

TUESDAY As Mon except:
1.30-2.40am Make, Shake & Jake

WEDNESDAY As Mon except:
4.00-4.30pm Ben 10: Heatblast **9.00** Summer Camp Island **11.30pm-12.00m't** Adventure Time

THURSDAY As Mon except:
4.00-4.30pm Ben 10: Overflow

FRIDAY As Mon except:
4.00-4.30pm Ben 10: Stinkfly

+1 hour 602 705

BOOMERANG

603 603 641 730 487

Aloha, Scooby-Doo

SATURDAY
6.00am Mr Bean: The Animated Series **6.30** The Tom and Jerry Show **7.00** Be Cool, Scooby-Doo! **7.30** Taffy **8.00** The Adventures of Puss In Boots **8.30** Scooby-Doo! Mystery Incorporated **9.00** Best of Tom & Jerry **10.00** **FILM** Tom and Jerry in Shiver Me Whiskers: Animated comedy with the voice of Mark Hamill. **11.30** Tom and Jerry **12.00noon** Be Cool, Scooby-Doo! **1.00pm** The Tom and Jerry Show **2.00** Best of Scooby-Doo! **3.00** Best of Tom & Jerry **4.00** Dorothy and The Wizard of Oz **4.30** Taffy **4.50** Tom and Jerry **5.00** **FILM** Scooby-Doo and the Goblin King: Animated comedy with the voice of Lauren Bacall. **6.30** Bunnicula **7.00** Taffy **7.20** Tom and Jerry **7.30** The Adventures of Puss In Boots **8.00** Be Cool, Scooby-Doo! **8.30** Tom and Jerry **9.00** Tom & Jerry Tales **10.00** My Knight and Me **11.00** The Garfield Show **12.00m't** LazyTown **12.50am** My Knight and Me **2.00** LazyTown **3.10** The Garfield Show **4.10** LazyTown **5.00-6.00am** My Knight and Me

SUNDAY As Saturday except:
10.00-11.30am **FILM** Aloha, Scooby-Doo: Animated comedy with the voice of Casey Kasem. **12.00noon-1.00pm** Scooby-Doo's Monsters **5.00-6.30pm** **FILM** Tom and Jerry Blast Off to Mars! Animated comedy with the voice of Billy West.

MONDAY
6.00am New Looney Tunes **6.30** Tom and Jerry **7.00** Be Cool, Scooby-Doo! **7.30** Taffy **8.00** The Tom and Jerry Show **8.15** Dorothy and The Wizard of Oz **8.30** Tom and Jerry **9.00** Be Cool, Scooby-Doo! **9.30** What's New Scooby-Doo? **10.00** Tom & Jerry Tales **11.00** Wacky Races **11.30** My Knight and Me **12.00noon** What's New Scooby-Doo? **12.30pm** New Looney Tunes **1.00** Tom & Jerry Tales **1.30** The Tom and Jerry Show **2.00** Dorothy and The Wizard of Oz **2.30** Be Cool, Scooby-Doo! **3.00** The Adventures of Puss In Boots **3.30** Be Cool, Scooby-Doo! **4.00** Dorothy and The Wizard of Oz **NEW EPISODE** **4.30** Taffy **4.50** Tom and Jerry **5.00** The Adventures of Puss In Boots **5.30** Be Cool, Scooby-Doo! **6.00** The Tom and Jerry Show **6.30** Bunnicula **NEW EPISODE** **7.00** Taffy **7.20** Tom and Jerry **7.30** The Adventures of Puss In Boots **8.00** Be Cool, Scooby-Doo! **8.30** Tom and Jerry **9.00** Tom & Jerry Tales **10.00** My Knight and Me **11.00** The Garfield Show **12.00m't** LazyTown **12.50am** My Knight and Me **2.00** Make, Shake & Jake **3.10** The Garfield Show **4.10** LazyTown **5.00-6.00am** My Knight and Me

TUE-FRI As Mon except:
2.00-3.10am LazyTown

+1 hour 618 731

DISNEY

609 609 644 724 480

Coop and Cami Ask the World

SATURDAY
6.00am Go Away Unicorn! **6.30** Elena of Avalor **7.00** Hotel Transylvania **7.30** Big City Greens **8.00** **FILM** StarStruck: Musical starring Danielle Campbell. **9.35** Jessie **10.00** Miraculous: Tales of Ladybug & Cat Noir **1.00pm** Jessie **2.00** Penny on M.A.R.S **3.00** Bizaardvark **3.30** Fast Layne **4.00** Bunk'd **5.00** Jessie **9.30** K.C. Undercover **10.00** Raven's Home **11.00** Girl Meets World **11.55** Kim Possible Special **12.25am** Kim Possible **12.50** Miraculous: Tales of Ladybug & Cat Noir **1.35** The Lodge **2.00** Alex & Co **2.45** Violetta **3.35** The Evermoor Chronicles **4.20** Disney Cookabout **4.45-6.00am** Miraculous: Tales of Ladybug & Cat Noir

SUNDAY As Saturday except:
8.00am **FILM** Wendy Wu: Homecoming Warrior: Fantasy adventure starring Brenda Song. A teenager learns she is destined to protect the world from the forces of evil. **9.45-10.00am** Under The Sea: A Descendants Story **11.55pm-12.25am** Kim Possible

MONDAY
6.00am Hotel Transylvania **6.15** Stuck in the Middle **7.15** Jessie **8.15** Raven's Home **9.15** Big City Greens **9.30** Miraculous: Tales of Ladybug & Cat Noir **10.30** Elena of Avalor **11.30** Go Away Unicorn! **11.45** Big City Greens **12.00noon** Stuck in the Middle **12.30pm** K.C. Undercover **1.30** Bunk'd **2.30** Jessie **4.00** Miraculous: Tales of Ladybug & Cat Noir **5.00** **NEW SERIES** 101 Dalmatian Street **5.15** 101 Dalmatian Street **5.30** Raven's Home **6.00** **SERIES RESUMES** Coop and Cami Ask the World **6.30** Penny on M.A.R.S **7.00** Jessie **9.30** K.C. Undercover **10.00** Raven's Home **11.00** Girl Meets World **11.55** Kim Possible **12.50am** Miraculous: Tales of Ladybug & Cat Noir **1.35** The Lodge **2.00** Alex & Co **2.45** Violetta **3.35** The Evermoor Chronicles **4.20** Disney Cookabout **4.45-6.00am** Miraculous: Tales of Ladybug & Cat Noir

TUESDAY As Mon except:
6.00-6.15am 101 Dalmatian Street

WEDNESDAY As Mon except:
6.00-6.15am 101 Dalmatian Street **9.30-10.00pm** K.C Undercover: The Final Chapter

THURSDAY As Mon except:
6.00-6.15am 101 Dalmatian Street **12.30-1.30pm** K.C Undercover: The Final Chapter **9.30-10.00pm** K.C Undercover: The Final Chapter

FRIDAY As Mon except:
6.00-6.15am 101 Dalmatian Street **4.30pm** Fast Layne **5.30** **FILM** High School Musical 2: Teen musical starring Zac Efron, Vanessa Anne Hudgens and Ashley Tisdale. **7.30-8.00pm** Fast Layne

+1 hour 610 725

DISNEY JR

607 607 643 727 481

Disney Junior Music Nursery Rhymes

SATURDAY
6.00am Mickey Mouse Clubhouse **6.30** Claude **7.00** Muppet Babies **7.30** PJ Masks **8.00** Sofia the First **8.30** Puppy Dog Pals **9.00** Muppet Babies **9.30** PJ Masks: Adventures with Connor, Amaya and Greg, who by day are ordinary schoolkids, but by night are pyjama-wearing superheroes. **3.00pm** Mickey & the Roadster Racers: High-speed fun with Mickey Mouse and his pals. **3.30** Fancy Nancy Clancy **4.00** Elena of Avalor **4.30** Sofia the First **5.05** The Lion Guard **6.30** Mickey & the Roadster Racers **7.00** Tangled **7.30** Elena of Avalor **8.00** PJ Masks **8.30** The Lion Guard **9.00** Claude **9.35** Trulli Tales **10.10** PJ Masks **11.15** Zou **11.30** Henry Hugglemonster **12.00m't** PJ Masks **12.50am** The Hive **1.00** Zou **1.30** Henry Hugglemonster **2.20** The Hive **2.40** Zou **3.25** The Hive **3.45** Henry Hugglemonster **4.35** The Hive **4.45-5.00am** PJ Masks

SUNDAY As Saturday except:
11.00am-3.00pm Vampirina: Back-to-back episodes of the animation about a vampire girl and her family.

MONDAY
6.00am Muppet Babies **6.20** Paprika **6.40** PJ Masks **7.00** Mickey & the Roadster Racers: High-speed fun with Mickey Mouse and his pals. **7.15** Puppy Dog Pals **7.30** Vampirina **7.45** Fancy Nancy Clancy **8.00** Muppet Babies **8.30** PJ Masks **9.00** Puppy Dog Pals **10.00** Muppet Babies **10.20** Paprika **10.40** Mickey Mouse Clubhouse **11.40** PJ Masks **12.40pm** Paprika **1.00** Claude **1.40** Vampirina **2.30** Paprika **3.00** Muppet Babies **3.30** Vampirina **3.55** **NEW SERIES** Disney Junior Music Nursery Rhymes **4.00** Puppy Dog Pals **NEW EPISODE** **4.30** Mickey & the Roadster Racers **5.00** 101 Dalmatian Street **5.15** Fancy Nancy Clancy **5.30** Vampirina: Cartoon adventure about a young vampire girl. **6.00** PJ Masks: Cartoon adventures with Connor, Amaya and Greg, who by day are ordinary schoolkids, but by night are pyjama-wearing superheroes. **6.30** The Lion Guard **7.00** Sofia the First **7.25** Disney Junior Music Nursery Rhymes **7.30** Elena of Avalor **8.00** Puppy Dog Pals **8.30** Mickey & the Roadster Racers **9.00** Fancy Nancy Clancy **9.30** Vampirina: Animation about a young vampire girl. **10.00** PJ Masks **10.30** The Lion Guard **11.00** Sofia the First **11.25** Minnie's Bow-Toons **11.30** Henry Hugglemonster **12.00m't** PJ Masks **12.50am** The Hive **1.00** Zou **1.30** Henry Hugglemonster **2.20** The Hive **2.40** Zou **3.25** The Hive **3.45** Henry Hugglemonster **4.35** The Hive **4.45-5.00am** PJ Masks

TUE-FRI As Mon except:
5.00-5.30pm Fancy Nancy Clancy

+1 hour 608

DISNEY XD

611 611 645 707 482

Big Hero 6: The Series

SATURDAY
6.00am Phineas and Ferb **7.00** Gravity Falls **8.00** Star Wars Resistance **NEW EPISODE** **8.30** Big Hero 6: The Series **NEW EPISODE** **9.00** Marvel's Avengers Assemble **9.30** DuckTales **10.00** Star vs the Forces of Evil **11.00** Phineas and Ferb **12.00noon** K.C. Undercover **12.30pm** Gravity Falls **1.30** Supa Strikas **2.30** Big City Greens **3.00** Lab Rats **4.00** Big Hero 6: The Series **4.30** Star Wars Resistance **5.00** Marvel's Avengers Assemble **5.30** DuckTales **6.00** K.C. Undercover **7.00** Lab Rats **8.00** Big City Greens **8.30** Gravity Falls **9.30** Star Wars Resistance **10.00** Milo Murphy's Law **10.30** Furiki Wheels **11.00** Dude, That's My Ghost! **11.50** Randy Cunningham: 9th Grade Ninja **12.35am** Boyster **1.25** Counterfeit Cat **2.10** Randy Cunningham: 9th Grade Ninja **3.00** Boyster **3.45** Dude, That's My Ghost! **4.35** Counterfeit Cat **5.00-6.00am** Randy Cunningham: 9th Grade Ninja

SUNDAY As Saturday except:
9.00-9.30am Marvel's Avengers: Black Panther's Quest **7.00-8.00pm** Lab Rats: Bionic Island

MONDAY
6.00am Marvel's Spider-Man **6.30** Milo Murphy's Law **7.00** Phineas and Ferb **8.00** Gravity Falls **9.00** Furiki Wheels **9.30** Milo Murphy's Law **10.30** Space Chickens in Space **11.00** Phineas and Ferb **12.00noon** Furiki Wheels **12.30pm** Gravity Falls **1.30** DuckTales **2.00** Supa Strikas **2.30** Marvel's Avengers: Black Panther's Quest **3.00** Marvel's Spider-Man **3.30** Furiki Wheels **NEW EPISODE** **3.45** Furiki Wheels **4.00** Big City Greens **4.30** Space Chickens in Space **5.00** 101 Dalmatian Street **5.15** Milo Murphy's Law **5.30** DuckTales **6.00** Phineas and Ferb **6.30** K.C. Undercover **7.00** Lab Rats: Bionic Island **8.00** Big City Greens **8.30** Marvel's Avengers: Black Panther's Quest **9.00** Gravity Falls **9.30** Star Wars Resistance **10.00** Milo Murphy's Law **10.30** Furiki Wheels **11.00** Dude, That's My Ghost! **11.50** Randy Cunningham: 9th Grade Ninja **12.35am** Boyster **1.25** Counterfeit Cat **2.10** Randy Cunningham: 9th Grade Ninja **3.00** Boyster **3.45** Dude, That's My Ghost! **4.35** Counterfeit Cat **5.00-6.00am** Randy Cunningham: 9th Grade Ninja

TUE-THUR As Mon except:
5.30-6.00pm DuckTales Shorts

FRIDAY As Mon except:
1.30-2.00pm DuckTales Shorts: Dewey creates a special holiday for the triplets. **2.30-3.00** Marvel's Avengers Assemble: Black Panther investigates a series of mysterious monster attacks. **5.30-6.00pm** DuckTales Shorts: Webby learns how Scrooge and Mrs Beakley first met.

+1 hour 612

Coming soon

Chimerica

Alessandro Nivola stars in a tense international drama

FIRST LOOK

The cast includes Sophie Okonedo and Terry Chen

Alessandro Nivola plays Lee, an American photographer

Here are the first intriguing shots from C4's four-part thriller *Chimerica*, which is set to air later this Spring.

Based on Lucy Kirkwood's award-winning play and set during the run-up to the 2016 US presidential election, the drama centres on American photojournalist Lee Berger, played by Alessandro Nivola. His career was made when he took an iconic photo of a young man, dubbed 'Tank Man', who stood up to the Chinese military in Tiananmen Square nearly 30 years earlier. But when Lee is accused of doctoring one of his images, he fights to clear his name by trying to track down Tank Man in New York City.

Cherry Jones co-stars as Lee's colleague, recovering alcoholic Mel Kincaid, and Sophie Okonedo is market analyst Tessa Kendrick, who encounters Lee in China and the Big Apple.

F Murray Abraham is Lee's mentor, news editor Frank Sams, Terry Chen is Zhang Lin, Lee's friend when he was in China, and Ty Simpkins plays the young Lee.

'Since I wrote the original play in 2013, the questions it raises have only acquired greater relevance,' says Kirkwood. 'It's thrilling to look at our changing relationship with journalism, power, protest, and images themselves.'

WHAT'S NEXT FOR...

Dawn French

The star will appear in ITV drama **Glass Houses** as inquisitive Maggie Connors, who rocks her close-knit Devon town by gossiping on the radio. The cast also includes Mark Heap and Julie Hesmondhalgh.

Stacey Dooley

The documentary-maker and *Strictly* winner will meet bounty hunters and explore the US bail system in BBC3 Online's **Stacey Dooley and the Bounty Hunters: The Good, The Bad and The Deadly**.

Coming Back

BBC1's Caribbean crime drama **Death in Paradise** will return for a ninth and a 10th series. Ardal O'Hanlon will be back as DI Jack Mooney, while Aude Legastelois, AKA DS Madeleine Dumas, will now be a regular.

Action-packed drama **Strike Back** will return for an eighth and final series on Sky One. Starring Warren Brown (right) and Jamie Bamber, the show's seventh run is currently airing on Thursdays at 9pm.

IN PRODUCTION...

Bulletproof

Filming is underway on the second series of Sky One's hit drama, with Ashley Walters and Noel Clarke back for more thrills, spills and car chases as buddy cops Pike and Bishop. 'The action and drama are about to step up to the next level,' says Walters.

'They are on a mission again,' adds Clarke. 'The show that Ashley and I created is the hottest show on Sky. Hard work and believing in yourself can make things happen.'

Next week *On Sale Tuesday 19 March*

Project Blue Book

Aidan Gillen stars in Syfy's drama about US investigations into alleged UFO sightings.

Blue Planet Live

Liz Bonnin, Chris Packham and Steve Backshall report on the state of our seas for BBC1.

The Highwaymen

Lawmen Woody Harrelson and Kevin Costner hunt for Bonnie and Clyde in Netflix's drama.

Hanna

Amazon Prime Video's intense drama stars Esme Creed-Miles as a girl in search of her identity.

TV&Satellite week

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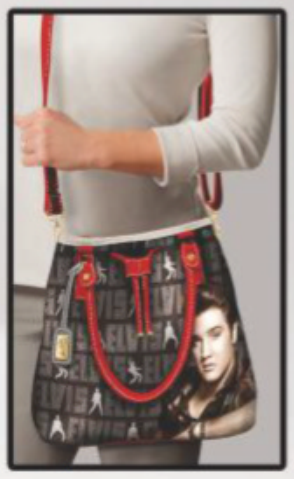

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